

HELLO GOLDEN

**10% OFF\***

**ALL GROCERIES**

TUESDAY  
**MAY 5**  
ONLY

or **15x** **More REWARDS** points



THIS PROMO IS AVAILABLE FOR **ONLINE SHOPPING<sup>†</sup>** TOO!

<sup>†</sup>Online shopping order must be picked up or delivered on promotion date to receive the discount or points.

Use your More Rewards card and you'll receive 10% off your groceries OR an additional fifteen (15) More Rewards points per dollar spent on qualifying purchases of \$50 or more. A 'qualifying purchase' excludes lotto, tobacco, prescriptions, gift cards, wine, Tim Hortons and McCafé products, postage stamps, wholesale products, clinics, diabetes care, tickets, restaurant, rewards, rebates and taxes, where applicable.

# save on foods



## CASELOT SALE

**UNREAL DEAL**

**on**

**5<sup>99</sup>**  
ea

Purex Bathroom Tissue  
12=24 Rolls or  
8=24 Rolls

**MY OFFERS**  
EXTRA UNREAL DEAL

**LOAD DEAL**



**10<sup>99</sup>**  
ea  
First 1

**12<sup>99</sup>**  
ea

Mitchell's Heritage Bacon  
or Wieners, 1 kg or 1.35 kg

**NEW DEAL. BEST PRICE. EVERY WEEK.**



works out to  
**4<sup>99</sup>**  
lb  
Western Family  
Chicken Breast  
Boneless, Skinless,  
Frozen, 3 kg, 32.99 ea



**BUY 1  
GET 1  
free**  
Pork Shoulder  
Butt Roast  
\* Fresh, Boneless  
\* of equal or lesser value



**1<sup>99</sup>**  
100g  
Ahi Tuna Steak  
or Whole Loin, Frozen or  
Previously Frozen



**\$3**  
100g  
Tre Stelle  
Cheese Slices  
Selected Varieties



**11<sup>99</sup>**  
ea  
Baker's Dozen  
Glazed Donuts  
800g



**2<sup>99</sup>**  
ea  
Long English  
Cucumber  
Canada, Mexico or  
USA, 3-Pack



**\$12**  
ea  
Sausage Rolls  
Chicken or Beef,  
8-Pack



**34<sup>99</sup>**  
ea  
Value Priced  
Coffee Pods  
100's



**8<sup>49</sup>**  
ea  
Kellogg's Jumbo  
Mini Wheats  
Selected Varieties,  
1.05 kg



**9<sup>99</sup>**  
ea  
Western Family  
Fruit  
Selected Varieties,  
Frozen, 1.5 kg



**9<sup>99</sup>**  
ea  
Frito-Lay Snacks  
Value Pack,  
Selected Varieties,  
448g



**10<sup>99</sup>**  
ea  
Coca-Cola Soft Drinks  
or Canada Dry,  
Selected Varieties,  
20 x 355 mL



**10<sup>99</sup>**  
ea  
First 1  
**LOAD NOW**  
**11<sup>99</sup>**  
ea  
Campbell's Soup  
Selected Varieties,  
12 x 284 mL



**17<sup>99</sup>**  
ea  
First 2  
**LOAD NOW**  
**18<sup>99</sup>**  
ea  
Armstrong Cheese  
Selected Varieties,  
1.35 kg



**9<sup>99</sup>**  
ea  
First 2  
**LOAD NOW**  
**10<sup>99</sup>**  
ea  
Kraft Dinner  
12 x 200g

**Leave the heavy lifting to us.**

Shop the app or [SaveOnFoods.com](http://SaveOnFoods.com)

**SHOP CASELOT ONLINE**

and our personal shoppers will deliver the savings right to your door or trunk.

Prices effective Thursday to Wednesday, April 30 to May 6, 2026  
Offers require use of More Rewards card. Selection & availability may vary by store.

Wk18 - A1

**CANADIAN** owned and operated for 110 years.

Maple leaf indicates products of Canada and products made in Canada. See actual items for details.

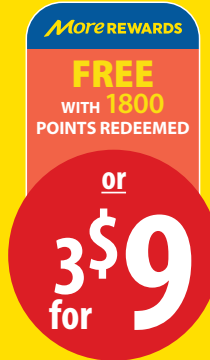
Buy big, save big.

CASELOT  
SALE



More REWARDS  
FREE  
WITH 9700  
POINTS REDEEMED  
or  
**15<sup>99</sup>**  
ea

Hunt's Tomato Sauce  
or Paste, 12 x 398 mL or 12 x 156 mL



More REWARDS  
FREE  
WITH 1800  
POINTS REDEEMED  
or  
**3\$9**  
for

Classico Pasta Sauce  
600 mL or 410 mL



**2\$7**  
for Catelli Pasta  
Selected Varieties, 900g or 700g



**15<sup>49</sup>**  
ea Aylmer Tomatoes  
(8 x 796 mL). Also Chef Boyardee  
(8 x 425g), Selected Varieties



Filippo Berio  
Extra Virgin  
Olive Oil  
3 Litres  
**39<sup>99</sup>**  
ea



**11<sup>99</sup>**  
ea Western Family  
Pieces & Stems Mushrooms  
12 x 284 mL



Campbell's  
Beef Broth  
No Salt,  
6 x 900 mL  
**9<sup>99</sup>**  
ea



**17<sup>99</sup>**  
ea Western Family Beans  
Selected Varieties, 12 x 540 mL



**19<sup>99</sup>**  
ea Bush's Best Baked Beans  
Selected Varieties, 12 x 398 mL



**11<sup>99</sup>**  
ea Lipton Chicken Noodle Soup  
912g



**13<sup>99</sup>**  
ea Campbell's Chunky  
Chicken Noodle Soup  
6 x 515 mL

More REWARDS  
FREE  
WITH 6100  
POINTS REDEEMED  
or  
**9<sup>99</sup>**  
ea



Rogers Flour  
Selected Varieties, 10 kg

More REWARDS  
FREE  
WITH 8000  
POINTS REDEEMED  
or  
**12<sup>99</sup>**  
ea



Rogers White Sugar  
10 kg



**18<sup>99</sup>**  
ea Pacific Evaporated Milk  
12 x 354 mL



Olympic  
Krema Yogurt  
Selected Varieties,  
1.75 kg  
**11<sup>49</sup>**  
ea



Hershey's Chipits  
Selected Varieties,  
925g  
**17<sup>99</sup>**  
ea



**16<sup>99</sup>**  
ea Nong Shim Bowl Noodle Soup  
Selected Varieties, 12 x 86g



Buy 2+  
**3<sup>99</sup>**  
ea  
OR 4.99 ea  
Pure Life Spring Water  
24 x 500 mL



Corona Cero 0%  
Alcohol-Free Beer,  
Bottles (12 x 330 mL)  
or Cans (12 x 350 mL)  
**21<sup>99</sup>**  
ea

Premium White  
Basmati Rice  
8 lbs  
**7<sup>99</sup>**  
ea



Sher Desi Style  
Durum Atta  
20 lbs  
**14<sup>99</sup>**  
ea



Geoland  
Jasmine Rice  
8 kg  
**23<sup>99</sup>**  
ea



# Save every day, in every aisle.

# CASELOT SALE



More REWARDS  
FREE  
WITH 8200  
POINTS REDEEMED

**Heinz Baked Beans**  
9 x 398 mL



More REWARDS  
FREE  
WITH 4800  
POINTS REDEEMED

**Mr. Noodles Instant Noodles**  
24 x 85g



**6<sup>99</sup> ea**  
**Kraft Singles Cheese Slices**  
Selected Varieties, 825g



**4<sup>99</sup> ea**  
**Philadelphia Cream Cheese**  
Selected Varieties, 340g



**6<sup>99</sup> ea**  
**Western Family Vegetables**  
Frozen, 2 kg



**6<sup>29</sup> ea**  
**Activia Yogurt**  
Selected Varieties, 12 x 100g



**7<sup>99</sup> ea**  
**Castello Havarti Cheese**  
Selected Varieties, 425g



**9<sup>99</sup> ea**  
**Chapman's Ice Cream**  
Frozen, 4 Litres



**16<sup>99</sup> ea**  
**Basil's Best Lasagna**  
Frozen, 2.27 kg



**5<sup>99</sup> ea**  
**McCain Tasti Taters**  
Frozen, 1.8 kg



**14<sup>99</sup> ea**  
**Kellogg's Eggo Waffles**  
Frozen, 48's, 1.68 kg



More REWARDS  
FREE  
WITH 7300  
POINTS REDEEMED

**Nature Valley Sweet & Salty Granola Bars**  
(980g), or Mott's Fruitsations (907g)



More REWARDS  
FREE  
WITH 4300  
POINTS REDEEMED

**Heinz Ketchup**  
1.5 Litres



**8<sup>99</sup> ea**  
**Hellmann's Mayonnaise**  
1.42 Litres



**11<sup>99</sup> ea**  
**Kraft Peanut Butter**  
2 kg



**13<sup>99</sup> ea**  
**SunRype 100% Juice Blend**  
Selected Varieties, 40 x 200 mL



**2\$8 for**  
**International Delight Coffee Enhancer**  
Selected Varieties, 946 mL



**8<sup>99</sup> ea**  
**General Mills Jumbo Honey Nut Cheerios**  
Also Selected Varieties, 1.3 kg



**15<sup>99</sup> ea**  
**Maxwell House Coffee**  
Selected Varieties, 864g



**25<sup>99</sup> ea**  
**Starbucks Premium Coffee**  
Whole Bean (907g) or Pods (24's), Selected Varieties



**19<sup>99</sup> ea**  
**SunRype 100% Pure Apple Juice**  
Also Minute Maid, Selected Varieties, 12 x 1 Litre



**8<sup>99</sup> ea**  
**Western Family Light Tuna**  
Selected Varieties, 6 x 170g

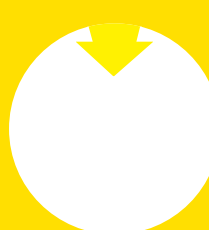
# Stock up with savings.

# CASELOT SALE

More REWARDS  
FREE WITH 11,000 POINTS REDEEMED



**Green Giant Vegetables**  
12 x 341 mL or  
12 x 398 mL



**Christie Oreo Cookies**  
Selected Varieties,  
482g



**Dare Bear Paws**  
(480g) or Wagon  
Wheels (630g),  
Selected Varieties

**4<sup>99</sup>** ea



**Christie Ritz Crackers**  
900g

**9<sup>99</sup>** ea



**Del Monte Fruit Cups**  
Also GoGo Squeeze,  
Selected Varieties, 20's

**14<sup>99</sup>** ea



**Christie Premium Plus Crackers**  
Salted or Unsalted, 900g

**7<sup>49</sup>** ea



**Mott's Fruitsations**  
Family Pack, 18 x 104 mL

**7<sup>99</sup>** ea



**Pop-Tarts**  
(1.15 kg) or Special K Crisps (500g)

**9<sup>99</sup>** ea

**Frito-Lay Potato Chips**  
Party Size, Selected  
Varieties, 415g

**2\$<sup>11</sup>**  
for



**Pepperidge Farm Goldfish Crackers**  
Selected Varieties, 616g or 750g

**8<sup>99</sup>** ea

**Chocolate Bars**  
Selected Varieties,  
4-Pack

**2\$<sup>12</sup>**  
for



**Pepsi Soft Drinks**  
Selected Varieties, 24 x 355 mL

More REWARDS  
FREE WITH 8200 POINTS REDEEMED



**Gatorade Sports Drinks**  
Selected Varieties, 24 x 591 mL

More REWARDS  
FREE WITH 14,000 POINTS REDEEMED



**Scotties Facial Tissue**  
6-Pack

**8<sup>99</sup>** ea



**Sponge Towels Ultra Paper Towels**  
3 Rolls

**6<sup>99</sup>** ea



**Tide Laundry Detergent**  
2.48 Litres

**14<sup>99</sup>** ea



**Tide Pods**  
Also Gain, 42's

**14<sup>99</sup>** ea



**Cascade Dishwasher Tabs**  
Selected Varieties,  
67's or 51's

**19<sup>99</sup>** ea



**Glad Kitchen Garbage Bags**  
30's or 52's

**8<sup>99</sup>** ea



**Purina Tidy Cats Performance Light Weight Scoopless Litter**  
7.71 kg

**27<sup>99</sup>** ea



**25% off Energizer Batteries**  
AA (24's) or AAA (16's)

**25% off**



More REWARDS  
FREE WITH 5700 POINTS REDEEMED

**8<sup>99</sup>** ea



**Ziploc Freezer Bags**  
Selected Varieties

## PERSONAL CARE SAVINGS

**2\$<sup>34</sup>**  
for

**Depend Adult Care**  
Also Poise, Selected Varieties



**2\$<sup>26</sup>**  
for

**Boost High Protein Supplement Drinks**  
Selected Varieties, 6 x 237 mL



**11<sup>99</sup>** ea

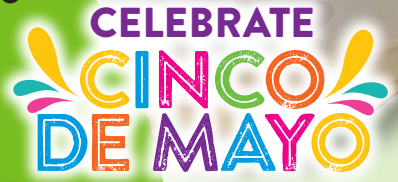
**Pears Bar Soap**  
12 x 75g



# FRESH PICKS

MIX & MATCH

## IRRESISTIBLE TRIO



**Honey Mango**  
Mexico or Canada

**Avocados**  
Mexico or Canada

**Tomatoes on the Vine**  
1.5 lbs, Canada

3 for \$6



ONLY WITH MY OFFERS  
**9.99** ea  
First 1  
LOAD NOW

**11.99** ea

**Navel Oranges**  
California, 10 lb Box

**6.99** ea

**Raspberries**  
or Blackberries, Mexico or USA, 340g

# FRESH JUICY CRISP



**5.99** ea

**Grape Tomatoes**  
Canada, Mexico or USA, 680g



**5.99** ea

**Fresh Express Salad Kit**  
USA

**6.99** ea

**Russet Potatoes**  
Canada, 10 lbs



**6.99** ea

**Cosmic Crisp Apples**  
USA, 2 lbs



**5.99** ea

**Avocados**  
Large, Mexico, 2-Pack

## GREEN GOLD GOODNESS

**NEW Premium Hass Avocados** are larger, richer and deliciously creamy. Look for very dark skin and slightly tender feel for perfect ripeness.

We pick **CANADIAN** 🍁

# FLORAL



**17<sup>99</sup>**  
ea

**Bloom You Must Bouquet**  
or Balance the Force



**Buy 2+**  
**4<sup>99</sup>**  
ea

**Mini Roses**  
4 Inch



**45<sup>99</sup>**  
ea

**Magnifica & Piccola**  
Duo Orchid

# FRESH MEAT



**12<sup>99</sup>**  
lb

Roast slow for absolute perfection.

**Sirloin Tip Roast**  
Fresh, 28.64/kg



**8<sup>99</sup>**  
lb



**Only Goodness Fresh Pork**  
Ribs, Tenderloin or Boneless Chops, Raised without Antibiotics, 19.82/kg



**3<sup>49</sup>**  
lb

**Chicken Drumsticks**  
Fresh, Warehouse Pack, 7.69/kg



**6<sup>99</sup>**  
lb

**Pork Loin Chops**  
Boneless, Center Cut, Value Pack, 15.41/kg



More REWARDS  
**FREE**  
WITH 5500  
POINTS REDEEMED

or  
**10<sup>99</sup>**  
ea

**Hot Buffalo Chicken Dip**  
Previously Frozen, 400g



RICH SAVOURY SATISFYING



**western family**



More REWARDS  
**FREE**  
WITH 4200  
POINTS REDEEMED

or  
**6<sup>99</sup>**  
ea



**Western Family Simmering Sauce**  
Selected Varieties, 400g

**PLENTY for \$20**

Pick any 4 participating meat products for only \$20!

**SAVE UP TO 40%**

on select meat products

**SHOP NOW**

# TASTY DEALS



**10<sup>99</sup>**  
ea

**Janes Chicken Strips**  
or Nuggets,  
Fully Cooked,  
Frozen, 1.1 kg



**9<sup>99</sup>**  
ea

**Schneiders Real Bacon Crumbles**  
Fully Cooked,  
300g



**14<sup>99</sup>**  
ea

**Mitchell's Ham**  
Also Selected Varieties,  
1 kg or 1.5 kg



**2\$10**  
for

**Western Family Smokies**  
Original or Cheese, 450g



**7<sup>99</sup>**  
ea

**High Liner Fish Fillets**  
in Batter, Selected Varieties,  
Frozen, 500g or 700g



**12<sup>99</sup>**  
ea

**El Monterey Taquitos**  
Selected Varieties,  
Frozen, 567g

# FRESH SEAFOOD



Pan, oven,  
or grill—it's an  
easy win!



**4<sup>99</sup>**  
100g

**Wild Sockeye Salmon Fillet**  
Previously Frozen or Frozen



**2\$ for 22**

**Western Family Raw Black Tiger Prawns**  
Easy Peeled or Peeled & Deveined, Frozen, 340g



**MIX & MATCH BUY 2 GET 1 free\***

**Western Family Seafood Appetizers**  
Selected Varieties, Frozen, 200g or 680g  
\*of equal or lesser value



**13<sup>99</sup>**  
ea

**Aqua Star Tempura Shrimp**  
31 to 40 Count, Frozen, 500g



# LIGHT CRUNCHY IRRESISTIBLE

# FOUR for \$15

Pick any **FOUR** specially marked bakery packs for only **\$15**



**Chocolate Chip Cookies**  
Selected Varieties,  
Pack of 12, **6.29 ea**



**Lemon Cranberry Scones**  
Selected Varieties,  
Pack of 4, **5.99 ea**



**Homestyle Half Loaf**  
Selected Varieties, 550g,  
**5.99 ea**



**BAKED FRESH IN STORE**

**Apple Braided Strudels**  
Selected Varieties,  
Pack of 6, **5.79 ea**



**Western Family Wraps**  
Selected Varieties,  
488g, **3.99 ea**



**Authentic Street Tortillas**  
520g, **4.99 ea**

look for this sticker

**FOUR for \$15**

Pick any **FOUR** specially marked bakery packs for only **\$15**

## MIX & MATCH



Click to earn points faster than you can say 'buns'.



**Potato Brioche Buns**  
Pack of 8, **4.99 ea**



CELEBRATE CINCO DE MAYO

ONLY WITH MY OFFERS  
**11.99 ea**  
First 4  
LOAD NOW

**12.99 ea**

**Key Lime Cream Pie**  
560g



pack of 2 **7.99**

**Strawberry Buttermilk Triangle Slice**  
Selected Varieties, Pack of 2

MADE WITH REAL Cream



pack of 2 **6.99**

**Dessert Croissants**  
Selected Varieties, Pack of 2

CELEBRATE CINCO DE MAYO



pack of 6 **3.99**

**Casa Mendosa Tortillas**  
Selected Varieties, Pack of 6



Buy 2+ **2.99 ea**  
OR 3.99 ea

**D'Italiano Thick Sliced Bread**  
Selected Varieties, 675g



**5.49 ea**

**Furlani Garlic Toast or Texas**, 638g

# PERFECTLY SLICED



Grate generously for more drama and umami punch.

**\$20** ea

**Gran Formaggio Parmesan Style Cheese**  
800g



**1.79**  
100g

**Pico de Gallo or Mango & Pineapple Salsa**



ONLY WITH MY OFFERS  
**7.99** ea  
First 1  
**LOAD NOW**

**8.49** ea  
**Western Family Squeezable Guacamole**  
Restaurant Style or Avocrema, 340g

## CELEBRATE CINCO DE MAYO



**9.49** ea

**Seven Layer Dip**  
Made Fresh in Store, Large



**3.69**  
100g

**Maple Lodge Farms Chicken Breast**  
Oven Roasted or BBQ Hot & Spicy



**3.99**  
100g

**Monterey Jack Jalapeño Cheese or Regular**

# TASTY ROASTED GOODNESS



**3.79**  
100g

**Montreal Style Beef**



**9.99** ea

**Western Family Chicken Strips**  
Original or Italian, 300g



**10% off**

**Freybe Salami**  
Selected Varieties

## SAVE BIG ON CHEDDAR



**12.99** ea

**Balderson Cheddar Cheese**  
Aged 2 Years, 280g



**13.99** ea

**Balderson Truffle Cheddar Cheese**  
or Double Smoked, 250g



**11.99** ea

**Balderson Cheddar Cheese**  
Old or Extra Old, 250g or 280g

# MINDFUL MEALS FOR MOTHER'S DAY

Treat mom to a feel-good lunch with a wholesome meal made to keep you fueled and energized. Our new Kitchen Power Bowls make celebrating her both effortless and delicious!



### CHICKEN TACO BOWL

Layers of taco corn quinoa, slaw, beans, Pico de Gallo, and rice with seasoned chicken, finished with fresh cilantro.

**9<sup>99</sup>**  
ea

### MEDITERRANEAN BOWL

Ancient grains, red peppers, grape tomatoes, and chickpeas, topped with tender grilled chicken breast.

**9<sup>99</sup>**  
ea



### FALAFEL BOWL

Mediterranean-style bowl layers ancient grains, kale, red peppers, tomatoes, and chickpeas, finished with savoury falafel.

**9<sup>99</sup>**  
ea



### THAI NOODLE BOWL

Thai-inspired noodle mix with bell peppers and slaw, finished with seasoned chicken.

**9<sup>99</sup>**  
ea



save on foods  
**KITCHEN**

GRAB  
'N'GO

MADE  
FRESH  
IN STORE

EXCLUSIVELY  
OURS



western family  
**WE'VE GOT WHOLESOME  
ALL WRAPPED UP**



**2<sup>99</sup>**  
ea

**Western  
Family Wraps**  
Selected Varieties,  
272g

# CELEBRATE CINCO DE MAYO

WITH EXTRA SAVINGS



TRY SOMETHING NEW TONIGHT

## STRIPLOIN STEAK TACOS WITH MANGO SALSA

Find recipe at [SaveOnFoods.com/recipes](http://SaveOnFoods.com/recipes)



**3<sup>99</sup>** for Ben's Original Bistro Express Rice Selected Varieties, 240g or 250g



**3<sup>99</sup>** ea Old El Paso Dinner Kit Selected Varieties, 250g or 510g



**8<sup>99</sup>** ea Armstrong Shredded Cheese Selected Varieties, 500g



**4<sup>29</sup>** ea Dairyland Sour Cream 500 mL



**4<sup>99</sup>** ea Tostitos Salsa Selected Varieties, 394 mL or 418 mL



**2<sup>29</sup>** ea Casa Fiesta Diced Green Chiles or Sliced Jalapeños, 118 mL



**7<sup>50</sup>** ea Lean Ground Pork Fresh



**3<sup>49</sup>** ea La Cocina Tortilla Chips Gluten-Free, Selected Varieties, 400g



**2<sup>58</sup>** for Que Pasa Organic Tortilla Chips 350g



**2<sup>54</sup>** for Del Monte Exotic Juice Selected Varieties, 960 mL or 1 Litre



**2<sup>54</sup>** for Jarritos Soda Mexico, Selected Varieties, 370 mL



**8<sup>49</sup>** ea Coca-Cola Soft Drinks Mexico, Glass Bottles, 4 x 355 mL

**western family**

**SPICY SAVINGS ON ALL YOUR CINCO DE MAYO ESSENTIALS.**



**FREE** WITH 1500 POINTS REDEEMED  
**2<sup>49</sup>** ea

Western Family Crema Sauce Canada, 245 mL

**2<sup>79</sup>** ea



Western Family Soft Tortillas 334g



**4<sup>49</sup>** ea

Western Family Salsa Selected Varieties, 650 mL



**2<sup>99</sup>** ea

Western Family Signature Fire Roasted Salsa 398 mL



**2<sup>79</sup>** ea

Western Family Refried Beans Selected Varieties, 398 mL

**TACO BELL**

**BRING HOME THE BELL**

SAUCY, CHEESY, CRUNCHY, SPICY



**4<sup>49</sup>** ea

Taco Bell Dinner Kit (370g) or Creamy Sauce (354 mL), Selected Varieties



**4<sup>99</sup>** ea

Taco Bell Dip Selected Varieties, 445g WHILE QUANTITIES LAST.



**2<sup>250</sup>** for

Taco Bell Seasoning 28g



**7<sup>99</sup>** ea

Taco Bell Dinner Kit 401g or 642g



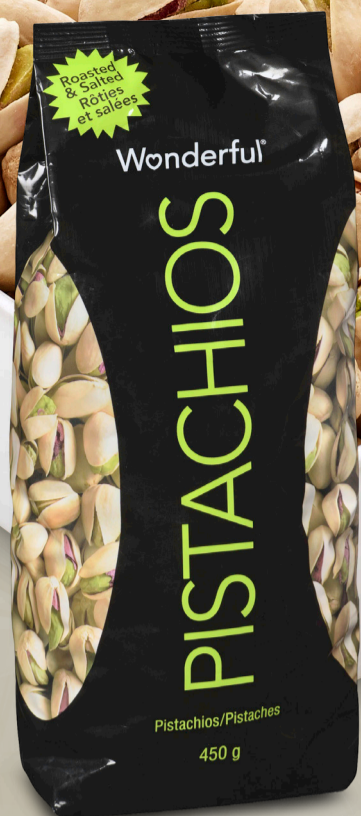
**2<sup>99</sup>** ea

Taco Bell Creamy Sauce Selected Varieties, 207 mL

# BULK

**10<sup>99</sup>**  
ea

**Wonderful Pistachios**  
Roasted & Salted or  
Lightly Salted, 450g



**2\$**  
for **10**

**Dare Candy**  
Selected Varieties, 700g

# BUY BIG, SAVE BIG



**10<sup>99</sup>**  
ea

**SunRype Fruit Source Bars**  
(12 x 37g) or Fruit To Go (24 x 14g)



**12<sup>99</sup>**  
ea

**Western Family Roasted Deluxe Mixed Nuts**  
or Roasted Cashews, 500g



**27<sup>99</sup>**  
ea

**Brightside Daily Fibre Boost**  
750g



**15<sup>99</sup>**  
ea

**Value Pack Whole Natural Almonds**  
Also Selected Varieties,  
800g or 650g



**20<sup>99</sup>**  
ea

**Frito-Lay Flavour Mix**  
(1.12 kg) or Classic  
(1.18 kg), Value Pack



**12<sup>99</sup>**  
ea

**Value Pack Walnuts Halves & Pieces**  
600g

# NATURAL

**7<sup>99</sup>**  
ea

**Bubly Pop Soft Drinks**  
6 x 355 mL



**28<sup>99</sup>**  
ea

**Kicking Horse Organic Whole Bean Coffee**  
(850g) or Ground (708g)



**19<sup>99</sup>**  
ea

**Larabar Energy Bars**  
16 x 45g



**7<sup>99</sup>**  
ea

**Angie's Boom Chicka Pop Sea Salt Popcorn**  
(255g) or Sweet & Salty (397g), Family Size



**19<sup>99</sup>**  
ea

**Annie's Macaroni & Cheese**  
10 x 170g



**Kettle Brand Potato Chips**  
Family Size, 368g

**5<sup>49</sup>**  
ea



**5<sup>99</sup>**  
ea

**Blue Diamond Almond Breeze Beverage**  
1.89 Litres



**10<sup>99</sup>**  
ea

**Olympic Organic Yogurt**  
Selected Varieties, 1.75 kg



**9<sup>99</sup>**  
ea

**Made Good Products**  
Selected Varieties



**6<sup>99</sup>**  
ea

**Fatso Peanut Butter**  
500g



**5<sup>99</sup>**  
ea

**Mary's Organic Crackers**  
155g



**12<sup>99</sup>**  
ea

**Clif Bar Energy Bars**  
10's



**9<sup>99</sup>**  
ea

**Only Goodness Cauliflower Crust Pizza**  
Frozen, 330g or 500g



**10<sup>99</sup>**  
ea

**Only Goodness Organic Cheese**  
Selected Varieties, 325g



**3<sup>99</sup>**  
ea

**Only Goodness Organic Soup**  
398 mL



**3<sup>99</sup>**  
ea

**Only Goodness Organic Kombucha**  
500 mL

# HEALTH & WELLNESS



**25% off**

**Webber Naturals Vitamins**  
Also Sesame Street,  
Selected Varieties



**15% off**

**BioX Supplements**  
Selected Varieties



**27<sup>99</sup> ea**

**Liquid I.V. Hydration Multiplier**  
Selected Varieties, 16's



**18<sup>99</sup> ea**

**Western Family Allergy Relief**  
Also Breathe Right Nasal Strips,  
Selected Varieties, 30's or 48's



**30% off**

**Eye Care Vitamins**  
Selected Varieties



**25% off**

**TheraFresh Mouthwash**  
Selected Varieties,  
473 mL



**3<sup>99</sup> ea**

**Colgate Toothpaste**  
or Toothbrush, Selected Varieties



**12<sup>99</sup> ea**

**Benylin Cough Syrup**  
Selected Varieties,  
250 mL



**14<sup>99</sup> ea**

**Aspirin Low Dose**  
Also Liv Relief Pain Cream,  
Selected Varieties



**5<sup>99</sup> ea**

**Tums Antacid**  
Selected Varieties

## Supporting Women's Health

Our pharmacists can prescribe medications for a range of women's health concerns, helping you feel your best. We can support you with:

- Contraception options
- Menstrual pain relief
- Bladder infections
- Yeast infections
- Routine vaccinations
- Other minor ailments

Some restrictions may apply. Services may vary by location.



[LEARN MORE](#)

## BABY CORNER



**36<sup>99</sup> ea**

**Huggies Mega Colossal Diapers**  
Selected Varieties



**2\$ for 25**

**Huggies Wipe Refills**  
Selected Varieties



**78<sup>99</sup> ea**

**Similac 360 Total Care**  
16 x 235 mL



**23<sup>99</sup> ea**

**Nestlé Nido Formula**  
1+ Milk Flavour,  
850g



**1<sup>99</sup> ea**

**Baby Gourmet Baby Food Purée**  
Selected Varieties,  
128 mL Pouch



**11<sup>99</sup> ea**

**Live Clean Baby Shampoo & Wash**  
750 mL

## PERSONAL CARE



**4<sup>99</sup> ea**

**Pantene Hair Care**  
(308 mL), Also Caprina  
Liquid Hand Soap (500 mL)



**7<sup>99</sup> ea**

**Nivea Pump Body Wash**  
(887 mL), Also Softsoap  
Hand Soap Refill (1.47 Litres)



**8<sup>99</sup> ea**

**Alpen Epsom Salt Bath Soak**  
(1.6 kg), Also Gillette Twin Pack (108g)



**12<sup>99</sup> ea**

**Native Hair Care**  
(487 mL), Also  
Every Man Jack 3 in 1 (852 mL)



**14<sup>99</sup> ea**

**Aveeno Body Wash**  
(975 mL), Also Batiste Dry  
Shampoo (350 mL)



**20% off**

**L'Oréal Face Care**  
Also Garnier, Selected Varieties

# STOCK UP & SAVE



**21<sup>99</sup>**  
ea

**Charmin Ultra Soft Bathroom Tissue**  
24=96 Rolls



**9<sup>99</sup>**  
ea

**Bounce Dryer Sheets**  
200's



**9<sup>99</sup>**  
ea

**Western Family Garbage Bags**  
40's or 20's



**9<sup>99</sup>**  
ea

**Downy Fabric Scent Booster**  
Also Gain, 379g



**More REWARDS**  
REDEEM **6000** POINTS & PAY **19<sup>99</sup>** ea

**Western Family Foil Club Size, 656 Feet**



**15% off**

**Vileda Cleaning Supplies**  
Selected Varieties



**15% off**

**Only Goodness Compostable Plates**  
or Bowls, Selected Varieties



**More REWARDS**  
FREE WITH 3100 POINTS REDEEMED **or 4<sup>99</sup>** ea

**Glad ClingWrap or Press'n Seal, 90 Meters**

# IM-PAW-SSIBLE DEALS



**8<sup>99</sup>**  
ea

**Milk-Bone Soft & Chewy Dog Treats**  
708g



**5<sup>99</sup>**  
for **6**

**Whiskas Perfect Portions Cat Food**  
Wet, 2 x 37.5g



**29<sup>99</sup>**  
ea

**Hartz Delectables Squeeze Up Cat Treat Variety Pack, 54's**



**20<sup>99</sup>**  
ea

**Purina Dog Chow Selected Varieties, 8 kg**

# PECK AT THESE SAVINGS



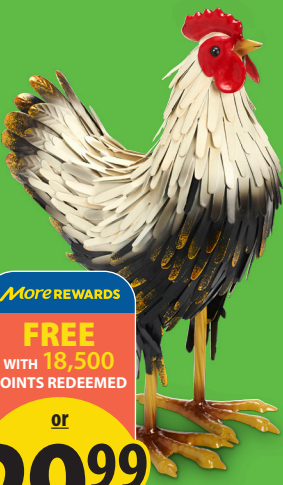
**More REWARDS**  
FREE WITH 23,000 POINTS REDEEMED **or 36<sup>99</sup>** ea

**Metal Rooster Ornament**  
Yellow & Blue Tail, 13 Inch



**More REWARDS**  
FREE WITH 18,000 POINTS REDEEMED **or 28<sup>99</sup>** ea

**Metal Rooster**  
White, Black & Blue Tail, 15 Inch



**More REWARDS**  
FREE WITH 18,500 POINTS REDEEMED **or 29<sup>99</sup>** ea

**Metal Rooster**  
White, Black & Gold Trim, 14 Inch



**More REWARDS**  
FREE WITH 23,000 POINTS REDEEMED **or 36<sup>99</sup>** ea

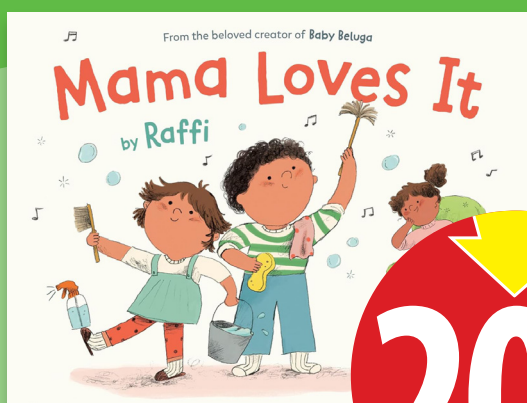
**Metal Rooster With Black Polka Dot Wings**  
14 Inch

# NOVEL BARGAINS



**20% off**

**Pocketbooks**



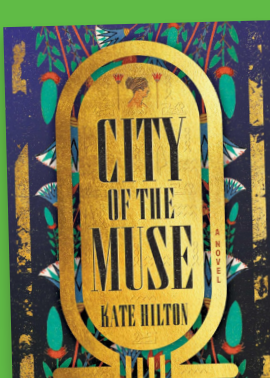
**Mama Loves It**  
Regular Retail 24.99 ea

**20% off**



**25% off**

**The Tempest Blade**  
Regular Retail 29.99 ea



**25% off**

**City of the Muse**  
Regular Retail 25.99 ea



**30% off**

**The Chambermaid's Key**  
Regular Retail 25.99 ea

*More* REWARDS

# PAY WITH POINTS

**10,000  
POINTS = \$15**

**OFF YOUR GROCERY BILL**

\*Exclusions apply. Minimum spend required of \$15 before tax. Promotion will not apply to final receipt if phone number is provided in place of the More Rewards card. See [MoreRewards.ca](http://MoreRewards.ca) or in store for details.