



# CALGARY CO-OP

## Easter Flavours, Fresh Savings

### 4 DAY SALE

April 2-5, 2026

Frozen Grade A Turkeys  
7kg's & Under  
Limit of 2  
While Supplies Last

**2.49**  
/lb  
5.49/kg



Schneiders Original Bone-In Ham  
Limit 2  
While Supplies Last



**2.79**  
/lb  
6.15/kg



Cauliflower  
Product of USA  
No. 1 Grade **4.99**  
ea



Club House Gravy Mixes or Stove Top Stuffing  
20-47g  
Select varieties

**4.5**  
for **5**



Brussels Sprouts  
Product of USA/Mexico  
No. 1 Grade

**1.99**  
/lb  
4.39/kg

## Entertaining Made Easy



Founders & Farmers Hot Cross Buns  
6 Pack or Cal & Gary's Easter Paska Bread 540g

STARTING AT **3.99**  
ea



BAKED  
fresh  
IN-STORE

Founders & Farmers Easter Cupcakes  
Chocolate or Vanilla, Red Velvet or Assorted varieties  
6 Pack

MEMBERS EARN 20%



MADE fresh IN-STORE

Founders & Farmers Spices  
14-245g Select varieties

**25% OFF**



MADE fresh IN-STORE



MADE fresh IN-STORE

Easter Egg Nibbler and Charcuterie Trays or Spinach Dip Tray  
While Quantities Last

STARTING AT **7.49**  
ea

Mini Charcuterie Box or Mini Nibbler Box or Large Spinach Dip Tray

**15.99**  
ea

Founders & Farmers Double Cream Brie or Camembert  
300g or Sliced Salami 250g

**11.99**  
ea



Dare Crackers  
100-200g  
Select varieties

SALE **2.5**  
for **6**

MEMBERS EARN 10%



Cracker Barrel Block Cheese  
600g Select varieties

**9.99**  
ea



Easter Candy & Chocolates  
Select varieties & sizes

STARTING AT **1.29**  
ea

Wild Life Mocktail or Birds & Bees or Clink or TQLA Vida  
4 Pack Select varieties

**10% OFF**

Simply Orange Juice  
1.54L Select varieties



SALE **5.99**  
ea

MEMBERS EARN 10%



Dairyland Sour Cream  
500ml  
Select varieties

SALE **3.49**  
ea

MEMBERS EARN 10%



Kraft Salad Dressing  
425ml  
Select varieties

**2.5**  
for **7**



PRICES IN EFFECT APRIL THUR 02 FRI 03 SAT 04 SUN 05 MON 06 TUES 07 WED 08 2026

## Hop in for Easter Savings!

### 4 DAY SALE

**ONLY ALBERTA BEEF**

April 2-5, 2026

**Boneless Strip Loins**  
Cryovac  
Cut from Canada AA Beef  
Limit of 2  
While Supplies Last

**11.99**  
/lb  
26.43/kg



Club House  
Gravy Mixes  
20-47g  
Select varieties

**4\$5**  
for



**ONLY ALBERTA CHICKEN**

**Chicken Drumsticks**  
Family Pack  
Grain Fed, Free Run & Air Chilled

**3.49**  
/lb  
7.69/kg



**Johnsonville Pork Sausage**  
Dinner, Breakfast, Rounds or Grinds  
Previously Frozen  
250-500g

**SALE 5.49**

**MEMBERS EARN 10%**



**Strawberries**  
1lb/454g  
Product of Mexico/USA  
No. 1 Grade

**2.99**  
ea



**BEST FROM THE WEST**

**Long English Cucumbers**  
Alberta Grown  
Canada No. 1

**SALE 2\$3**  
for

**MEMBERS EARN 10%**



**Green Giant Frozen Vegetables**  
400-750g  
Select varieties

**2.99**  
ea



**Campbell's Tetra Broth**  
250-900ml  
Select varieties

**1.88**  
ea



**Chapman's Super Premium Ice Cream**  
500ml and Yukon Bars 5-8 Pack  
Select varieties  
Limit 6

**APP EXCLUSIVE SAVINGS**  
\*Must Use Before Purchase

**2.99**  
ea  
SAVE \$1

**Without APP 3.99**



**MEMBERS NOW EARN 8¢/litre\***

\*8 cents earnings will apply to fuel litre purchases for the current fiscal year. Members earn 4¢/L in Calgary Co-op Bonus Cash instantly and 4¢/L towards Member Earnings. Calgary Co-op app download and registration required. Visit calgarycoop.com/appterm for additional terms and conditions.

**Bone In Pork Shoulder  
Blade Steak or Roast**  
Family Pack  
Western Canadian

**3<sup>99</sup>**  
/lb  
8.80/kg



**Avocados**  
4 Pack  
Product of Mexico  
No. 1 Grade  
Limit 10



**APP EXCLUSIVE SAVINGS**  
7-Meat Co-ops  
Purchase  
**3<sup>99</sup>**  
ea  
SAVE 1  
\*Clip  
Without APP  
**4<sup>99</sup>**



**Coca-Cola or Pepsi Soft Drinks**  
12 Pack Select varieties  
**2 \$15<sup>98</sup>**  
for



**Country Harvest Bread**  
Cinnamon Raisin, Protein or  
Assorted varieties  
600g

**2 \$7**  
for



**Cracker Barrel Shredded or  
Sliced Cheese**  
220-320g Select varieties

**5<sup>99</sup>**  
ea



**Christie, Dare Ultimate & Viva  
or Celebration Cookies**  
224-303g Select varieties

**2 \$8**  
for



**Tostito, Old Dutch Restaurante or  
Arriba Tortilla Chips**  
200-400g or Tostitos Salsa 418ml  
Select varieties

**SALE 2 \$8**  
for  
**MEMBERS EARN 10%**

## HEALTH & BEAUTY DEAL OF THE WEEK!



**Webber Naturals,  
Jamieson or  
Nature's Bounty**  
Vitamins and Supplements  
Select varieties and sizes

**40% OFF**

### MEMBER EXCLUSIVE APP CHALLENGE!

**SPEND \$25** in Easter Candy or Chocolates and  
get **\$5 OFF** your next Grocery Purchase

Offer valid until April 5, 2026.  
\*Calgary Co-op App download and registration required.  
Visit calgarycoop.com/appterm for details.

**DOWNLOAD NOW**



## Fuel Your Tank and Your Cravings

Save big and earn **Bonus Cash\*** on snacks, beverages  
and more at our nearest Gas Station. **VIEW DEALS**

\*Calgary Co-op App download and registration required. Additional terms & conditions apply.  
Visit calgarycoop.com/appterm for more details.



At  
Participating  
Stores

Prices in effect April 2 - 5, 2026 at all Calgary Co-op locations. All advertised items are applicable per household, while supplies last. No substitutions, buying a sale. Calgary Co-op Food Stores make every effort to supply sufficient advertised merchandise to meet your needs. Because of circumstances beyond our control, some items may be out of stock. Also, due to the size of some Calgary Co-op Food Stores, a complete list of advertised items may not be carried. No guarantee for any non-availability quantity. These challenges, although we strive for complete accuracy in our advertising, when sometimes can occur. When an error is discovered, a correction notice will be posted in Calgary Co-op Food Stores to bring the error to your attention. Therefore the right is not guaranteed. All items may not be available in all stores. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. ©2026 when applicable. Certain items may be subject to additional pricing or liquidation.  
\*Calgary Co-op App download and registration required. All items with coupon tags must apply to the purchase price including taxes, environmental and other applicable charges.  
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Health information is provided for general informational and educational purposes only and is not a substitute for professional health advice. The general information is not intended to diagnose, cure, or treat any medical condition or to replace your healthcare professional. All information, advice, or suggestions given by Calgary Co-op Food Stores is a replacement for medical advice from your doctor, dentist, or professional healthcare provider with your health care professional with any question you may have.

# Produce

**Red Mangoes**  
Product of Mexico  
No. 1 Grade

**SALE**  
**1.99**  
ea

**+ MEMBERS EARN 10%**



**Honeydew Melons**  
Product of Guatemala/Costa Rica  
No. 1 Grade

**1.99**  
/lb  
4.39/kg



**Cantaloupe**  
Product of USA  
No. 1 Grade

**1.69**  
/lb  
3.73/kg

**Pineapple**  
Product of Costa Rica  
No. 1 Grade

**5.99**  
ea



**Gala Apples**  
Product of CAN/USA  
Extra Fancy

**SALE**  
**2.49**  
/lb  
5.49/kg

**+ MEMBERS EARN 15%**



**Founders & Farmers Yellow Potatoes**  
5lb Bag Product of Western Canada  
Canada No. 1

**SALE**  
**4.99**  
ea

**+ MEMBERS EARN 10%**

**BEST FROM THE WEST**



**Mann's Green Beans**  
340g  
Product of USA

**5.99**  
ea



**Romaine Hearts**  
3 Pack  
Product of USA  
No. 1 Grade

**SALE**  
**4.99**  
ea

**+ MEMBERS EARN 10%**



**Taylor Farms Chopped Salad Kits**  
312-377g  
Assorted varieties  
Product of USA

**5.99**  
ea

**CAL & GARYS**

## In-store Cut Fruit & Vegetables

made fresh in-store



**Fruit or Vegetable Trays**  
Large  
1.71-2.18kg

**\$2 OFF**



**Sliced Strawberry Fruit Blends**  
16 or 24oz  
Assorted varieties

**15% OFF**



**Salad Blends**  
Caesar or Spring Mix  
530-689g

**15% OFF**

# Floral

**Signature Bouquet**

**34.99**  
ea



**Easter Seasonal Bouquet**

**SALE**  
**17.99**

**+ MEMBERS EARN 10%**



**Tinted Dozen Roses**  
Assorted Colours

**36.99**  
ea



**BEST FROM THE WEST**

**Hydrangeas**  
Grown in Alberta

**19.99**  
ea



**Infinity Circle Orchid in Easter Theme Ceramic**  
Grown in Canada

**39.99**  
ea



**BEST FROM THE WEST**

**Easter Theme Potted Mum**  
6"  
Grown in Canada

**14.99**  
ea

**ONLY ALBERTA BLACK ANGUS BEEF**



**Beef Flat Iron Grilling Steak**  
Cryovac  
Cut from Canada AAA Beef  
**14.99** /lb  
33.05/kg



**Prime Rib Premium Oven Roast or Grilling Steak**  
Family Pack  
Cut from Canada AA Beef  
Aged 14 Days  
**21.99** /lb  
48.48/kg

From Alberta's pastures to your plate. Learn to cook every cut to perfection.

**LEARN MORE**

**Whole Pork Tenderloin & Pork Button Bones**  
Cryovac  
Western Canadian

**5.49** /lb  
12.10/kg



**Fresh Jenner Colony Hutterite Turkeys**  
Assorted Sizes  
While Supplies Last

**4.49** /lb  
9.90/kg



**Chicken Breast Back Attached**  
Family Pack  
Grain Fed, Free Run & Air Chilled  
**5.49** /lb  
12.10/kg



**BEST FROM THE WEST**

**Spolumbo's Breakfast Pork Sausage**  
Family Pack  
18 Links  
Assorted varieties

**SALE \$12.79**  
+ MEMBERS EARN 10%

**Regular Ground Beef or Maple Leaf Extra Lean Ground Chicken**  
454g

**SALE \$7.99**

+ MEMBERS EARN 10%



**Black Garlic Boneless Pork Loin Centre Chops**  
Western Canadian  
**5.99** /lb  
13.21/kg

**NEW**



**Founders & Farmers Beef Burgers**  
Frozen 1kg

**19.99** ea

**BEST FROM THE WEST**



**Maple Leaf Natural Selection Sliced Meats or Lilydale Turkey Style Bacon**  
175-375g  
**6.99** ea



**Harvest Thick Cut Bacon or Swiss Chalet Pork Back Ribs**  
500-600g  
Assorted varieties  
**13.99** ea



**Rana Lasagna Meat or Chicken Alfredo**  
1.1kg

**APP EXCLUSIVE SAVINGS**  
**\$15.99** SAVE 17¢  
Without App **\$16.99**

# Alternative Protein



**Big Mountain Plant-Based Roast**  
950g While supplies last  
**25.99** ea



**Gardein Plant-Based Entrées**  
Frozen 390-425g  
Assorted varieties  
**9.99** ea



**Impossible Ground Patties or Nuggets**  
Frozen 226-383g

**SALE \$9.79**  
+ MEMBERS EARN 10%

# Seafood



**Wild Cod Fillets**  
Previously Frozen or Frozen  
**3.69** /100g



**NEW**  
**Dry Aged Redband Steelhead Trout Fillets**  
Farmed Previously Frozen  
**4.99** /100g



**East Coast Oysters**  
6 per Case \$12  
**\$2.00** ea



**Cal & Gary's Black Tiger Shrimp Ring with Cocktail Sauce**  
Frozen 312g  
**11.99** ea



**Cal & Gary's Marinated Salmon Fillets or Black Cod Fillet Portions**  
Frozen 113g  
Assorted varieties

**SALE 20% OFF**  
+ MEMBERS EARN 10%



**Pearlmark Bay Scallops**  
40/60 Count  
Frozen 454g  
**11.99** ea

# Bakery

Cal & Gary's Italian Rum, Dark Chocolate Raspberry, Limoncello or Assorted Elite Sweets or LaRocca Cakes  
Full or 1/2 Cakes

**MEMBERS EARN 10%**

**MADE fresh IN-STORE**

**MEMBERS EARN 10%**

Cal & Gary's Assorted Pastries  
6-8 Pack

**BAKED fresh IN-STORE**

Founders & Farmers Danish or All Butter Danish Assorted Varieties

**6<sup>99</sup>** ea

**BAKED fresh IN-STORE**

Founders & Farmers All Butter Mini Croissants  
12 Pack

**5<sup>99</sup>** ea

**BAKED fresh IN-STORE**

Founders & Farmers Flaky Rolls  
8 Pack

**3<sup>99</sup>** ea

# Deli

Grimm's Old Style Carving Ham or Honey Maple Ham  
Sliced Fresh in the Deli

**BEST FROM THE WEST**

**3<sup>99</sup>** /100g

**ITALY'S MADE EASY READY TO EAT**

Greek Salad or Greek Chicken Pasta Salad  
Made Fresh in the Deli

**2<sup>49</sup>** /100g

**BEST FROM THE WEST**

Grimm's Roast Beef or Garlic Roast Beef  
Sliced Fresh in the Deli

**4<sup>49</sup>** /100g

**Canada**

Fontaine Sante Hummus  
227-260g

**2\$8** for

**Canada**

Alexis de Portneuf Brise du Matin or Double Cream Lactose Free Brie or Coconut Brie  
125g or Woolwich Goat Logs 113g

**5<sup>99</sup>** ea

**Castello Mix & Match**  
Select varieties 125-200g

**HOT DEAL**

**3 for \$15**

**FANTINO & MONDELLO**

**Boursin**

**BUY 3 FOR \$18**

Buy any 3 Fantino & Mondello® any variety, or Boursin® 150g products for \$18

\*Buy any three (3) Fantino & Mondello® any variety or Boursin® 150g products for \$18. Only valid at participating Category Co-ops. Some restrictions may apply. While supplies last. Valid March 20<sup>th</sup>, 2024 to April 6<sup>th</sup>, 2024.

# Natural Choice

**Canada**

Smart Sweets  
Select varieties & sizes

**15% OFF**

**Canada**

NUUN Hydration Tablets  
Select varieties & sizes

**SALE 15% OFF**

**MEMBERS EARN 10%**

**Canada**

Chocxo Chocolate Passion Fruit Cups  
Select varieties & sizes

**20% OFF**

**Canada**

Mitsop Pemmican  
Select varieties & sizes

**10% OFF**

**Detox & Digestive Wellness:**  
Supporting Chronic Health Conditions  
with Dr. Terry Willard, PhD  
April 8 | 7pm | Cardel Theatre | Free Event

**naturalchoice**

**REGISTER**

# Grocery



**Lactantia Butter**  
454g and Parkay Margarine 1.28-1.36kg  
Select varieties  
**7<sup>99</sup>** ea



**General Mills Cereal**  
455-778g  
Select varieties  
**5<sup>47</sup>** ea



**Danone Oikos Original or Oikos High Protein Yogurt Tub**  
650-750g and Danone Activia Yogurt 12 Pack Select varieties

**6<sup>99</sup>** ea



**Kicking Horse Coffee**  
454g  
Select varieties

**18<sup>99</sup>** ea



**Nature Valley Bars or Gushers Fruitsnacks**  
138-226g Select varieties

**2\$6** for 6



**Philadelphia Cream Cheese**  
227-250g or Furlani Garlic Toast 288-638g  
Select varieties

**SALE \$4<sup>49</sup>**  
MEMBERS EARN 20%



**Giuseppe Thin or Rising Crust Frozen Pizza**  
439-785g Select varieties

**4<sup>99</sup>** ea



**SunRype or Del Monte Juice**  
900-960ml  
Select varieties

**3\$7** for 7



**Unico Tomatoes**  
796ml or Beans 540ml  
Select varieties

**SALE 2\$4** for 4  
MEMBERS EARN 15%



**Green Giant Canned Vegetables**  
341-398ml  
Select varieties

**4\$7** for 7



**Annie's Homegrown Pasta**  
149-170g  
Select varieties

**2\$5** for 5



**Whiskas Creamy Purrée**  
48g Select varieties  
Limit 4

**APP EXCLUSIVE SAVINGS 30% OFF**  
Without App 20% OFF



**Handi Foil Bakeware and Foilware**  
Select varieties & sizes

**SALE 20% OFF**  
MEMBERS EARN 10%



**Cadbury Dairy Milk Tablet Bars**  
80-105g Select varieties

**2\$6** for 6

# Health & Beauty



**Dove Hair Care**  
355ml or Styling 142-198g  
and Revlon Colorsilk Hair Colour 1's Select Varieties

**4<sup>99</sup>** ea



**Crest Complete and Pro-Health Toothpaste**  
120-130ml or GUM Flossers 25-90's and Dial Liquid Hand Soap 221-325ml or Nivea Roll On Antiperspirant Select varieties

**3<sup>99</sup>** ea



**Dove Bodywash**  
591ml or Vaseline Intensive Care Lotion 600ml and TheraBreath Oral Rinse 473ml Select varieties

**SALE \$8<sup>99</sup>**  
MEMBERS EARN 10%



**Dr. Teal's Epsom Salts**  
1.36kg and Foam Bath 1L or Irish Spring Bar Soap 6 Pack and Softsoap Liquid Hand Soap Refill 1.47L Select varieties

**6<sup>99</sup>** ea



**U By Kotex Tampons**  
30-32's and Kotex Liners 68-120's or Pads 22-44's Select varieties

**SALE \$9<sup>99</sup>**  
MEMBERS EARN 10%



**Imodium**  
20-24's and Pepcid 50-60's Select varieties

**22<sup>99</sup>** ea



**Claritin Allergy Relief**  
50's or Aeries 40's  
Select varieties

**SALE \$29<sup>99</sup>**  
MEMBERS EARN 20%



**Advil Pain Relief**  
50-72's and Cold & Sinus 32-40's  
Select varieties

**15<sup>99</sup>** ea



**Huggies Diapers Giga Pack**  
42-96's  
Select varieties

**26<sup>99</sup>** ea



## Phar More Care For Your Family

Skip the wait. Our pharmacists can test, diagnose, and treat strep in one visit so everyone in your family feels better faster.

[BOOK AN APPOINTMENT](#)