

Ruler
F O O D S By Kroger

Ruler
FOODS

Shop Smart, Spend Less

LOCKED SUPER SAVERS

3.79

Kroger Bacon
Select Varieties,
16 oz



Locked in Lower
Prices on the Items
You Buy Most

Just look for the lock
symbol in-store.



LOCKED SUPER SAVERS

1.99

Blackberries
6 oz or Raspberries, 6 oz



LOCKED SUPER SAVERS

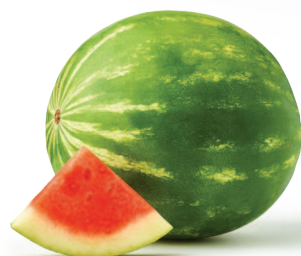
4.99 lb

Kroger 80% Lean
Ground Beef
Sold in a 3 lb Roll for \$14.97

LOCKED SUPER SAVERS

3.99

Strawberries
2 lb Clamshell



LOCKED SUPER SAVERS

4.99

Seedless
Watermelon

LOCKED SUPER SAVERS

1.79 lb

Kroger Boneless
1/2 Pork Loin
or Pork Spareribs



LOCKED IN LOWER PRICES



LOCKED SUPER SAVERS

3.99

Kroger Big K
Select Varieties,
12-Pack, 12 fl oz



LOCKED SUPER SAVERS

3.99

Kroger Purified Water
40-Pack, 16.9 fl oz



LOCKED SUPER SAVERS

1.49

Kroger Cheese
Select Varieties, 6 oz



LOCKED SUPER SAVERS

\$5

Digiorno Pizza
Select Varieties, 22.22-29.3 oz

TB01_2613_RUMOS



Prices effective Wednesday, April 29
through Tuesday, May 12, 2026.

2 locations in St. Louis, MO • Sikeston, MO • Cape Girardeau, MO • St. Charles, MO • Collinsville, IL • Highland, IL
Granite City, IL • Godfrey, IL • Belleville, IL • Fairview Heights, IL • St. Ann, MO
While supplies last. No rain checks accepted. Beer and Wine available at select stores.

Find Locked In Summer Savings On Favorites



Just look for the lock symbol in-store.

🔒

🏷️ SUPER SAVERS

6.49

Kroger Cheese Shredded, 32 oz

🔒

\$1 Kroger Big K Select Varieties, 2 Liter

🔒

🏷️ SUPER SAVERS

6.29

Kroger Ice Cream Select Varieties, 128 fl oz

🔒

2.59 Kroger Coffee Creamer Select Varieties, 32 oz

🔒

13.79 Hot Pockets Select Varieties, 12 ct

🔒

10.99 Kroger Can Coffee Select Varieties, 29 oz

🔒

6.29 Tyson Chicken Select Varieties, 23-29 oz

🔒

🏷️ SUPER SAVERS

1.39

Kroger Bread Select Varieties, 20 oz

🔒

6.59 General Mills Cereal Select Varieties, 32-35 oz

🔒

🏷️ SUPER SAVERS

5.89

Kroger Meatballs Select Varieties, 26 oz

SENIOR DAY IS WEDNESDAY, 5/6

Customers 55+ get an extra 5% OFF in-store.*

*Excludes alcohol, tobacco products, taxes, postage stamps, guest or customer service/fees and gift cards. See store for details.

FINAL COST
When You Buy 4

4/\$10

Lays, Kettle,
Cheetos or Tostitos
6.5-12 oz

SUPER SAVERS

When you buy 4 or more in the same transaction.
Quantities less than 4 are up to \$5.29 each.

Want to Save Even More?

The Ruler Foods app has \$75+ in weekly deals.

White Castle Sliders
Cheese Sliders
16

SUPER SAVERS

14.99

White Castle Classic
Cheese Sliders
16 ct

Blueberry
NATURAL & ARTIFICIAL FLAVORS
- WAFFLES -
10 WAFFLES

Buttermilk
NATURAL & ARTIFICIAL FLAVORS
- WAFFLES -
10 WAFFLES

2/\$4
Kroger Waffles
Select Varieties,
10 ct

FLAKY
Jumbo Biscuits
Butter Flavored
ARTIFICIALLY FLAVORED

FLAKY
Jumbo Biscuits
Buttermilk
NATURALLY & ARTIFICIALLY FLAVORED

1.75
Kroger
Jumbo Biscuits
Select Varieties,
8 ct

Kroger
SMALL CURD
COTTAGE CHEESE
WHOLE MILK
13g PROTEIN

2.75
Kroger
Cottage Cheese
24 oz

BOYARDEE
Mini Bites
MICROWAVE

HOT & SPICY
CHICKEN
MICROWAVE

4/\$5
Nissin Bowls
3.27-3.32 oz or
Chef Boyardee
Microwave
Bowls, 7.5oz;
Select Varieties

Stouffer's
MACARONI & CHEESE
100% REAL CHEESE

BEEF STEW
HEALTHY-TO-SERVE

2.99
Kroger
Beef Stew
20 oz or Stouffer's
Macaroni Cheese,
12 oz

Banquet
Beef Pot Pie
FLAKY

Banquet
Chicken Pot Pie
FLAKY CRUST SCRATCH

10/\$10
Banquet
Pot Pies
Select Varieties,
7 oz

Kroger
CHICKEN WINGS
BUFFALO STYLE

Kroger
CHICKEN WINGS
CRISPY TRADITIONAL

7.49
Kroger
Chicken Wings
Select Varieties,
22 oz

TUNA HELPER
Tuna Cheesy Pasta
MADE WITH REAL CHEESE

HAMBURGER HELPER
Cheeseburger Macaroni
MADE WITH REAL CHEESE

Great Northern Beans
1 LB.

1.69
Hamburger Helper
or Tuna Helper
5.3-6.9 oz or Kroger
Great Northern Beans,
16 oz

MILO'S
Family-Made Since 1948
Zero Calorie Sweet Tea

MILO'S
100% Natural
Famous Sweet Tea

3.69
Milo's Famous
Sweet Tea
128 fl oz

GATHER, GRILL & CELEBRATE!



1.25
Patriotic Paper Plates or Napkins, 8-16 ct



1.99
Patriotic Table Covers



3.99
Rubbermaid TakeAlongs Red, White, & Blue, 3-4-Pack



3.99
American Earrings, Bracelets, Bows, Scrunchies, Headband, or Claw Clip



4.99
Patriotic Aluminum Serving Trays 2 ct



4.89
Kroger Charcoal Lighter Fluid 32 fl oz

10.99
Kingsford Original Charcoal 16 lb

FUN OUTSIDE, SNACKS READY!



1.25
EDL PP Dinnerware Assorted Colors & Styles, 2-Pack



1.25
Theater Box Candy Assorted Flavors, 2.8-6.5 oz



16.99
MAXX Bubble Mower Assorted Styles



12.99
M&M's XL Bags 34-38 oz or Theater Box Candy, Assorted Flavors, 2.8-6.5 oz



63.99
Americana Walk-A-Bout 2.0 Grill Red or Admiral Blue



3.99
Flipz Pretzels 4.3-7.5 oz

BUY 2 GET 1 FREE



Water Bottle with Strap 32 oz
MIX & MATCH
BUY 2, GET 1 FREE
Of Equal or Lesser Value



Peptide Lip Gloss and Phone Lip Holder or Dreamy Lip Sleepy Mask Set, 3-Piece
MIX & MATCH
BUY 2, GET 1 FREE
Of Equal or Lesser Value



Foaming Body Scrub with Silicone Exfoliating Brush or the Body Care Dreamy Set, 4-Piece
MIX & MATCH
BUY 2, GET 1 FREE
Of Equal or Lesser Value



Facial Treatment Day & Night Collection or Glow Skincare Set in a Bag, 3-Piece



🏷️ SUPER SAVERS

2.99
Sargento
Shredded Cheese
8 oz or Slice Cheese, 10-12 ct



🏷️ SUPER SAVERS

2.99
Vlasic Pickles
24 oz

New Items Just Arrived!



2/\$5
Sargento
Balanced Breaks
Select Varieties,
4.5 oz



4.99
Kroger Protein
Vanilla Yogurt
32 oz



3.99
Nabisco
Chicken in a
Biskit Crackers
7.5 oz



9.99
White Castle
Chicken Rings
20 oz

10/\$10
Sparkling
Ice Water
17 fl oz



10.99
Sparkling Ice
Select Varieties,
12-Pack, 17 fl oz



1.79
Banquet
Sausage Links
10 ct

Available for a Limited Time. Stock Up!



2/\$3
Oreo and
Chips Ahoy
Go Cups
3.5 oz



8.49
Pepsi and
Mountain Dew
12-Pack, 16.9 oz



3.99
Kroger
Frozen Popsicles
36 ct



4.99
Gatorade
6-Pack, 20 oz



1.95
Lay's Stax
Select Varieties



7.49
Tyson Chicken
Sandwiches
24 oz



2/\$5
Kroger Deli Salads
Select Varieties, 16 oz



3/\$5
Kroger Coleslaw
16 oz, Classic Garden Salad,
12 oz or Shredded Iceberg
Lettuce, 8 oz

Locked in Lower Prices.



2/\$6
Private Selection
Sliced Cheese
Select Varieties, 8 oz



4.99
Private Selection
Cracker Cuts
Pepperoni or
Hard Salami, 12 oz



\$5
Kroger
Deli Pizza
Select Varieties,
25.6-27 oz



2/\$3
Bar S Bologna
Select Varieties,
12 oz




3.49
Kroger Fully
Cooked Bacon
2.1 oz




6.99
Kroger Mild
Sausage Patties
27 oz


Big Packs. Bigger Deals.




3.99
Kroger
Russet Potatoes
10 lb Bag




\$5
Simple Truth
Organic Baby
Spring Mix
16 oz or 50/50
Salad Mix, 16 oz




5.99
Kroger
Navel Oranges
8 lb



\$5
Bar S
Smoked Sausage
Select Varieties,
40 oz



5.69
Kroger
Lunchmeat Tubs
16 oz or Land O' Frost
Lunchmeat, 16 oz,
Select Varieties



13.99
Kroger
Boneless Skinless
Chicken Breast
5 lb Bag or Catfish
Fillets, 2 lb Bag

🌸 **BIG LOVE FOR MOM. SMALL PRICES FOR YOU!** 🌸



🛒 SUPER SAVERS

\$12

Boston Ferns
While Supplies Last



\$6 Crazy Daisy Bouquet
While Supplies Last



\$10 Masonette Jar Arrangement
While Supplies Last



5.99-17.99
HD Designs
Color Planters
9.25-14.5"



8.99-10.99
Everyday Living
Wall Art



19.99
HGTV
Umbrella Base
25 lb



25.99
HGTV Dining Chair
Assorted Colors



16.99
HGTV Poly Pro Rugs
Assorted Styles



🛒 SUPER SAVERS

46.99
HGTV Umbrella
9 ft

Prices valid Wednesday, 5/6 - Sunday, 5/10