

NESTERS MARKET

**NESTERS
BEST
DEAL**
OF THE WEEK

**EXTRA LEAN
GROUND BEEF**
Fresh, Value Pack,
15.41/kg

6⁹⁹
LB



**WESTERN FAMILY
SIGNATURE
CHERRY
TOMATOES
ON THE VINE**
Selected Varieties, 340g

4⁹⁹
EA



**PORK
TENDERLOIN**
Fresh, 8.80/kg

3⁹⁹
LB



GREEN GRAPES
Seedless, Peru
or Chile, 7.69/kg

3⁴⁹
LB

GREAT SELECTION. GREAT SERVICE.



**ARMSTRONG
CHEESE**
Selected Varieties,
600g

8⁹⁹
EA



**LA COCINA
TORTILLA CHIPS**
Gluten-Free, Selected
Varieties, 300g or 400g

2\$7
FOR



**COCA-COLA
SOFT DRINKS**
Selected Varieties,
12 x 355 mL

7⁹⁹
EA

PRICES EFFECTIVE THURSDAY TO WEDNESDAY, APRIL 30 TO MAY 6, 2026
We reserve the right to limit quantities, some items may not be exactly as illustrated or not available at all locations.
Prices do not include applicable taxes, bottle deposits, eco fees or recycling fees where applicable.
Maple Leaf indicates products of Canada and products made in Canada. See actual items for details.

Where the Locals Shop!

WK 18

FRESH GUARANTEE

Shop with confidence! If you're not 100% satisfied with your purchase, we will reimburse your money, replace the product and reward you with 500 More Rewards points.

PRODUCE | MEAT & SEAFOOD | BAKERY | DELI



PICKED AT THE PEAK-OF-FRESHNESS



INSPIRED GREENS
LETTUCE
Canada, Selected Varieties
3.99
EA



NAVEL ORANGES
USA, 5.05/kg
2.29
LB



SWEET PAPAYA
Hawaii
5.99
EA



MIXED COLOURED
PEPPERS
Canada, 9.90/kg
4.49
LB



HOT HOUSE
TOMATOES
Canada or USA, 6.59/kg
2.99
LB



GREEN ONIONS
or Radishes, Canada or
Mexico, Bunch
2\$3
FOR

NATURALLY NOURISHING OPTIONS



ORGANIC
AVOCADOS
Mexico, 3-Pack
5.99
EA



ORGANIC
LONG ENGLISH
CUCUMBERS
BC
3.99
EA

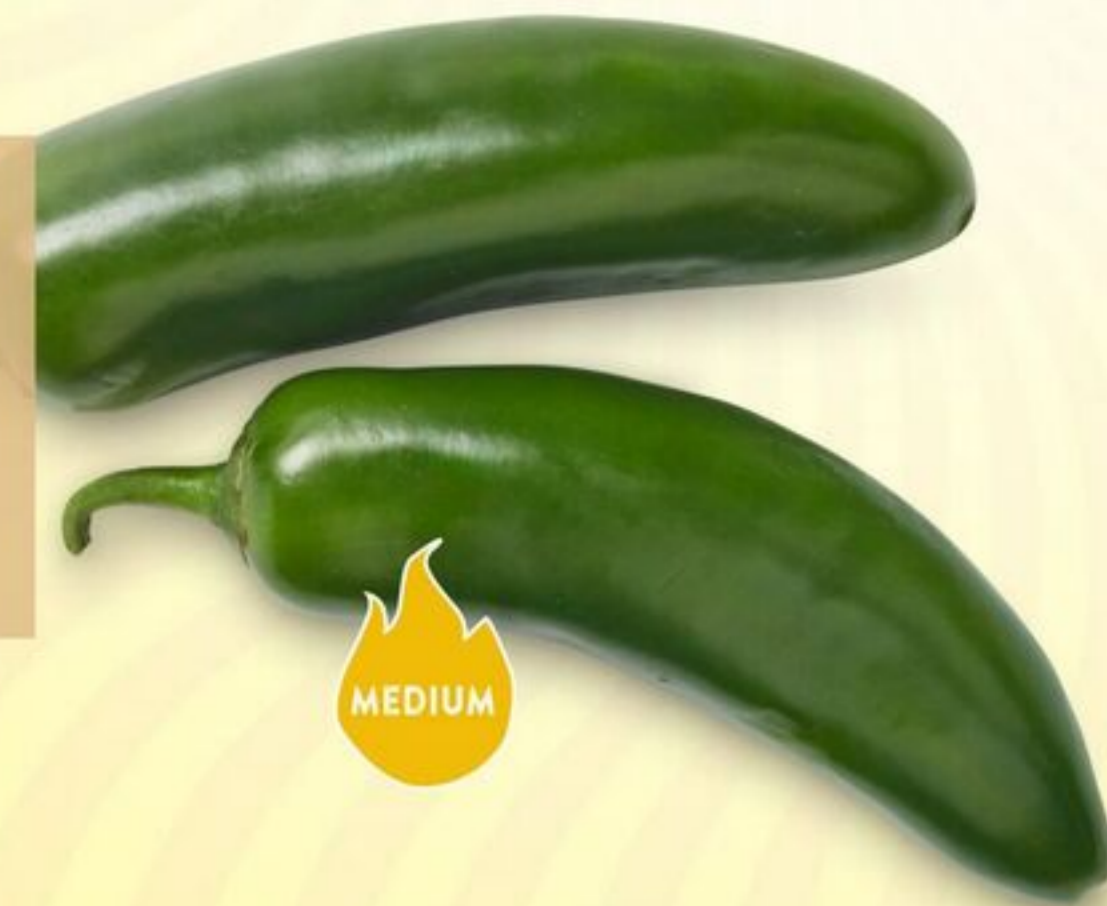


ONLY GOODNESS
ORGANIC WHITE
STUFFERS
MUSHROOMS
Canada, 454g
4.99
EA



SOME LIKE IT HOT

JALAPEÑO PEPPERS
USA, 8.80/kg
3⁹⁹
LB



THAI RED CHILIS
100g
6⁹⁹
EA



GOLD COIN
RED CHILIS
or Green, 100g
5⁹⁹
EA

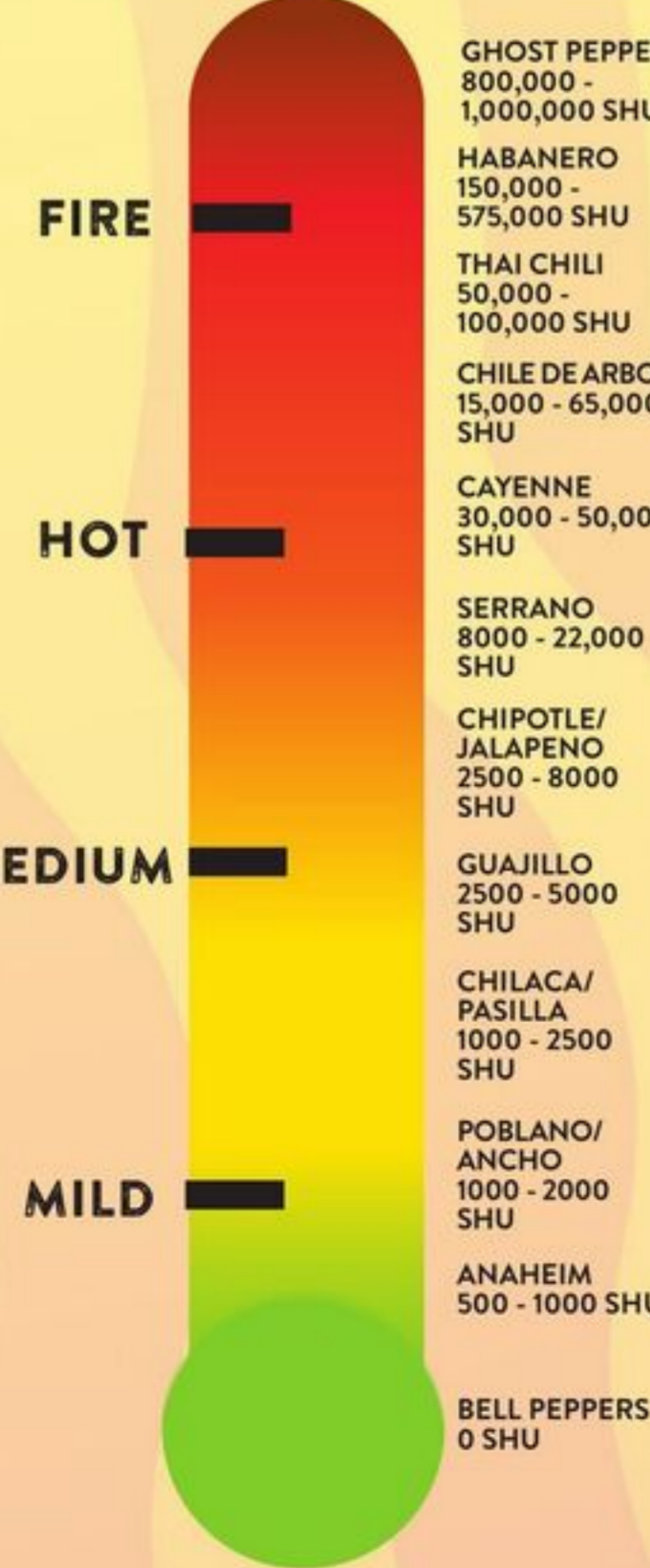


HABANERO
HOT PEPPERS
Mexico, 17.61/kg
7⁹⁹
LB



SERRANO PEPPERS
Mexico, 8.80/kg
3⁹⁹
LB

THE SCOVILLE SCALE



GHOSH PEPPER
800,000 - 1,000,000 SHU
HABANERO
150,000 - 575,000 SHU
THAI CHILI
50,000 - 100,000 SHU
CHILE DE ARBOL
15,000 - 65,000 SHU
CAYENNE
30,000 - 50,000 SHU
SERRANO
8000 - 22,000 SHU
CHIPOTLE/
JALAPEÑO
2500 - 8000 SHU
GUAJILLO
2500 - 5000 SHU
CHILACA/
PASILLA
1000 - 2500 SHU
POBLANO/
ANCHO
1000 - 2000 SHU
ANAHEIM
500 - 1000 SHU
BELL PEPPERS
0 SHU



POBLANO
PEPPERS
Mexico, 11.00/kg
4⁹⁹
LB



PEPPER NORTH
HOT SAUCE
Selected Varieties, 148 mL
7⁹⁹
EA

CHOLULA HOT SAUCE
Selected Varieties, 150 mL
5⁹⁹
EA

PRIME CUTS & CATCHES

GROUND TURKEY THIGH
Fresh, 19.82/kg

8⁹⁹
LB

SPLIT CHICKEN WINGS
Fresh, Value Pack, 15.41/kg

6⁹⁹
LB

BEEF SHORT RIB ROAST
Fresh, Boneless, 33.05/kg

14⁹⁹
LB

NESTERS OWN FULL SERVICE MEAT COUNTER

TOMAHAWK PORK CHOPS
Fresh, 24.23/kg

10⁹⁹
LB

CHICKEN BREAST
Fresh, Marinated, Boneless, Skinless, Selected Varieties

5⁴⁹
EA

WILD SOCKEYE SALMON FILLET
Previously Frozen


4⁹⁹
100G

WESTERN FAMILY RAW WHITE PRAWNS
Peeled & Deveined, 41 to 50 Count, Frozen, 340g

10⁹⁹
EA

WESTERN FAMILY FISH PORTIONS
Selected Varieties, Frozen, 800g or 568g

FREE
*SEE PRICING FOR DETAILS OR LOWER VALUE



SAVOURY SELECTIONS

PINTY'S CHICKEN
Selected Varieties, Frozen, 720g or 780g

14⁹⁹
EA

WESTERN FAMILY STUFFED PASTA
Selected Varieties, 700g

8⁹⁹
EA

FREYBE HAM
Sliced, Selected Varieties, 175g

4⁹⁹
EA

FRESH & DELI-CIOUS CHOICES



MAPLE LODGE FARMS CHICKEN BREAST
Fresh Sliced in Store, Selected Varieties

2⁹⁹
100G



FREYBE SALAMI
Sliced in Store, Selected Varieties

4²⁹
100G



ROSEMARY HAM
or Tuscany, Fresh Sliced in Store

3⁷⁹
100G



SCHNEIDERS SMOKIES
Original or Cheddar, 900g

12⁹⁹
EA



CHINESE COMBO MEAL
Made in Store, Selected Varieties, 450g

10⁹⁹
EA



PULLED ROTISSERIE CHICKEN
Selected Varieties

2⁹⁹
100G

CHEESE SHOP SELECTION



BALDERSON CHEDDAR CHEESE
Aged 2 Years, 280g

12⁹⁹
EA



GRANA PADANO PARMESAN
Italy, Cut in Store

5⁹⁹
100G



CASTELLO BLUE CHEESE
Cut in Store

3⁹⁹
100G

OLD-FASHIONED FRESHNESS



HOMESTYLE HALF LOAF
Selected Varieties, 550g

4⁹⁹
EA



CANADIAN HARVEST WHOLE GRAIN BREAD
450g

4⁴⁹
EA



KAISER ROLLS
or Scotch Baps, Baked in Store, Selected Varieties, Pack of 6

3⁴⁹
EA



BRAIDED STRUDELS
Fresh Baked in Store, Selected Varieties, Pack of 4

3⁹⁹
EA



PIZZA PRETZELS
Pack of 4

6⁹⁹
EA



CINNAMON BUNS
Baked in Store, Selected Varieties, Pack of 4

7⁹⁹
EA

GRAB-AND-GO GOODNESS



DEMPSTER'S BAGELS
Selected Varieties, Pack of 6

4⁹⁹
EA



VILLAGGIO ITALIAN BREAD
(510g) or Toscana Buns (528g), Selected Varieties

2\$7
FOR



PORTOFINO MULTIGRAIN LOAF
or Sourdough, 810g

5⁹⁹
EA

EAT WELL LIVE WELL



RISE ORGANIC KOMBUCHA
Selected Varieties, 1 Litre

7⁹⁹
EA

Organics For Life



OLYMPIC KREMA YOGURT
Selected Varieties, 1,75 kg

11⁴⁹
EA



HAPPY PLANET CREAMERY ORGANIC MILK
Grass Fed, Selected Varieties, 1,5 Litres

6⁹⁹
EA

Organics For Life



HÄAGEN-DAZS ICE CREAM
Selected Varieties, 3 x 88 mL or 450 mL

5⁹⁹
EA



SNOWCREST PERFECTLY IMPERFECT FROSTING
Selected Varieties, Frozen, 1,75 kg

12⁹⁹
EA



JONNY POPS ORGANIC WATER POPS
Selected Varieties, Frozen, 5 x 55 mL

8⁹⁹
EA

Organics For Life

SMART PANTRY STAPLES



HORNBY ORGANIC ENERGY BAR
Gluten-Free, Selected Varieties, 80g

2\$6
FOR

Organics For Life



BAREBELLS PROTEIN BAR
Selected Varieties, 55g

2\$7
FOR



THE GFB GLUTEN FREE BITES
Selected Varieties, 113g

6⁹⁹
EA

BETTER-FOR-YOU BASICS



HERDEZ SALSA
Selected Varieties, 453g

3⁹⁹
EA



SAN MARCOS CHIPOTLE IN ADOBO SAUCE
220 mL

2⁹⁹
EA



DON PANCHO CORN TORTILLAS
Gluten-Free, Pack of 72

8⁹⁹
EA



THE GRANOLA KING GOURMET GRANOLA
Selected Varieties, 750g

14⁹⁹
EA



HOLY CRAP CEREAL
Selected Varieties, 225g

8⁹⁹
EA



GRAMMA BEE'S HONEY
750 mL

10⁹⁹
EA

Click to earn points faster than you can say 'honey'.



CABANA NATURAL LEMONADE
Selected Varieties, 591 mL

3⁹⁹
EA



COVE SODA
Selected Varieties, 355 mL

2\$5
FOR



ALANI NU ENERGY DRINK
Selected Varieties, 355 mL

2\$6
FOR

PICKS OF THE WEEK



CANADIAN HERITAGE ROASTING CO. ORGANIC COFFEE
Whole Bean, Selected Varieties, 340g

16⁹⁹
EA



EARTH'S OWN BARISTA
Gluten-Free, Selected Varieties, 946 mL

4⁹⁹
EA



PRIMO PASTA
Selected Varieties, 900g

2\$6
FOR

DAVE'S GOURMET ORGANIC PASTA SAUCE
Selected Varieties, 709 mL

8⁹⁹
EA



STEFANO FAITA SOUP
Selected Varieties, 605 mL

5⁹⁹
EA



CORONA CERO NON-ALCOHOLIC BEER
6 x 330 mL

11⁹⁹
EA

EDNA'S NON-ALCOHOLIC COCKTAILS
Selected Varieties, 4 x 355 mL

13⁹⁹
EA



SAN PELLEGRINO NATURALI SPARKLING BEVERAGES
Selected Varieties, 6 x 330 mL

7⁹⁹
EA

PERSONAL WELLNESS



SPERRI ORGANIC MEAL REPLACEMENT
Selected Varieties, 4 x 330 mL

19⁹⁹ EA

Canada's first certified organic, non-GMO plant-based complete and balanced meal replacement. Made with all natural ingredients to help you get well, stay well and live well.



LOVE CHILD ORGANICS OATY CHOMPS
Selected Varieties, 6 x 23g

2^{\$9} FOR



CHILDREN'S TYLENOL
(100 mL) or Infants' (24 mL), Selected Varieties

9⁹⁹ EA



PAMPERS PURE PROTECTION BABY DIAPERS
Selected Varieties, 58's or 66's

29⁹⁹ EA



VEGA PROTEIN+ SUPERGREENS DRINK MIX
Selected Varieties, 521g or 526g

27⁹⁹ EA



JONI FEMININE CARE PRODUCTS
Selected Varieties, 12's or 16's

5⁹⁹ EA



NATIVE HAIR CARE
Selected Varieties, 487 mL

12⁹⁹ EA



METHOD DEODORANT
Selected Varieties, 75g

EARN 1500 POINTS



COLGATE TOOTHPASTE
Regular or Winterfresh, 120 mL

24⁹ EA



CETAPHIL SKIN CARE
Selected Varieties, 500 mL

19⁹⁹ EA

More REWARDS

PAY WITH POINTS

**10,000
POINTS = \$15**

OFF YOUR GROCERY BILL

*Exclusions apply. Minimum spend required of \$15 before tax. Promotion will not apply to final receipt if phone number is provided in place of the More Rewards card.
See MoreRewards.ca or in store for details.