



**55+ SENIOR DISCOUNT | TAKE AN EXTRA 10% OFF** ON IN-STORE PURCHASES TUESDAY, MAY 5  
For details & exclusions, visit FredMeyer.com/senior

**USDA CHOICE**

**Boneless Chuck Roasts**  
or Steaks, Value Pack, Limit 5

8.99/LB With Card  
-2.00/LB DIGITAL COUPON OFFER  
**\$6.99/LB**

MIX & MATCH  
BUY 1, GET 1  
**FREE**  
of Equal or Lesser Value  
With Card

**Fresh Foster Farms or Simply Raised Chicken Sale**  
Select Varieties

**80% Lean Ground Beef**  
Sold in a 3 lb Roll for \$17.97 or Steakhouse Elite Kobe Burgers, 21.28 oz for \$11.99 each; Select Varieties

**\$5.99/LB**  
With Card

MIX & MATCH  
BUY 1, GET 1  
**FREE**  
of Equal or Lesser Value  
With Card

**Private Selection Gourmet Potatoes**  
1.5 lb bag

**BIG DEAL! BIG PACKS!**

**Raspberries or Blackberries**  
12 oz

**\$3.99**  
With Card

**Washington Grown Asparagus**

**\$2.77/LB**  
With Card

First of the season!

**Mission Soft Taco Tortillas**  
10 ct

BUY 1, GET 1 of Equal or Lesser Value  
**FREE**  
With Card

**3 DAY SALE**  
SATURDAY - MONDAY ONLY

**Pork Shoulder Roasts**  
Bone-In

**\$1.49/LB**  
With Card

**Pepsi or Mountain Dew**  
12-Pack, 12 fl oz Cans

**Coca-Cola**  
6-Pack, 16.9 oz Bottles

**7UP**  
12-Pack, 12 fl oz Cans

**Poppi Prebiotic Soda**  
4-Pack, 12 fl oz Cans

MIX & MATCH  
BUY 3, GET 3  
**FREE**  
Of Equal or Lesser Value with Card.

Select Varieties, Limit 12 Packages, Plus Deposit Where Applicable

**Gatorade**  
8-Pack, 20 fl oz

**Gold Peak Tea**  
6-Pack, 16.9 fl oz

**Topo Chico Sabores**  
8-Pack, 12 fl oz Cans

**Kroger Purified Water**  
24-Pack, 8 fl oz

**Propel**  
12-Pack, 16.9 fl oz

**Coca-Cola, Pepsi or 7UP**  
or Big K, Select Varieties, 2 Liter, Limit 5 Bottles, Plus Deposit Where Applicable

**99¢**  
With Card

**Juantonio's Tortilla Chips**  
15 oz

Regular retail is up to \$3.49 each with Card.

**LOCAL**

BUY 1, GET 1 of Equal or Lesser Value  
**FREE**  
With Card

**Tillamook Cheese**  
Select Varieties, 5.5-8 oz

**LOCAL**

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value  
**FREE**  
With Card

**Oroweat Wide Pan Bread**  
Select Varieties, 24 oz

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value  
**FREE**  
With Card

**Kroger Butter**  
Select Varieties, 16 oz, Limit 5 Packages

**\$1.99**  
With Card

**Red Bull Energy Drink**  
4-Pack, 12 fl oz or Private Selection Sparkling Mineral Water, 12-Pack, 12 fl oz; Select Varieties, Plus Deposit Where Applicable

**\$9.99**  
With Card

**Simple Truth Organic Beans**  
15-15.5 oz or American Beauty Pasta, 12-16 oz; Select Varieties

**88¢**  
With Card

**Corona, Modelo or Pacifico**  
Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

16.99 -2.00 Off 1 WITH CARD & CASH BACK REBATE  
**\$14.99/EA**

\*\*Cash Back rebate via PayPal. Visit our app/site to clip Cash Back offer & see offer details.

**Pelican or Mike's Hard Lemonade**  
Select Varieties, 12-15-Pack, 11.2-12 fl oz Bottles or Cans, Plus Deposit Where Applicable

**\$14.99**

Prices valid in-store or for pickup orders placed on Saturday-Monday.

**WEEKLY DIGITAL DEALS**

Use coupons UP TO 5 TIMES per transaction. UNLIMITED transactions!



Find even more deals online!

**Large Avocados or Mangos**

**\$1.29/EA**  
With Digital Coupon  
Price without digital coupon is up to \$2.50 each with Card.

**Oscar Mayer Bacon**  
Select Varieties, 12-16 oz

**\$3.99/EA**  
With Digital Coupon  
Price without digital coupon is up to \$6.49 each with Card.

**Classico Pasta Sauce**  
Select Varieties, 15-24 oz

**\$1.79/EA**  
With Digital Coupon  
Price without digital coupon is up to \$3.19 each with Card.

**Pace Salsa**  
16 oz or Mission Tortilla Chips, 9-11 oz; Select Varieties

**\$1.99/EA**  
With Digital Coupon  
Price without digital coupon is up to \$2.99 each with Card.

\*While supplies last.

SALE DATES: Wed. April 29 - Tues. May 5, 2026. Prices and items are effective at your local Fred Meyer store. Prices do not reflect the City of Seattle Sugar Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act.

SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.



**Johnsonville Dinner Sausage**  
12-19 oz or Johnsonville Breakfast Sausage,  
9.6-12 oz; Select Varieties  
Price without digital coupon is up to \$4.99 each with Card.

**\$3.99**  
/EA  
With Digital Coupon

# WEEKLY DIGITAL DEALS

Use coupons **UP TO 5 TIMES**  
per transaction:  
**UNLIMITED** transactions!



**Red, Orange or Yellow Bell Peppers**  
or English Cucumbers  
Price without digital coupon is up to \$1.67 each with Card.

**\$1.25**  
/EA  
With Digital Coupon



**Pudding Cake**  
30 oz or Classic Cake, 6"; Select Varieties,  
In the Bakery  
**\$5**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$6.99 each with Card.



**Nestlé Drumstick Cones**  
8-20 ct or Outshine Fruit Bars,  
9-12 ct; Select Varieties  
**\$5.99**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$6.99 each with Card.



**Pepperidge Farm Cookies**  
Select Varieties,  
5-8.6 oz  
**\$2.99**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$4.99 each with Card.



**La Banderita Street Taco Tortillas**  
Select Varieties,  
14-16 ct  
**\$1.99**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$2.49 each with Card.



**Tyson Family Pack Frozen Chicken**  
Select Varieties,  
40-64 oz  
**\$9.99**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$12.99 each with Card.



**Red Baron Pizza**  
Select Varieties,  
11.12-23.45 oz  
**\$2.99**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$3.99 each with Card.



**Kellogg's Large Size Cereal**  
11-20.9 oz or Bear Naked Granola,  
11-12 oz; Select Varieties  
**\$2.49**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$3.99 each with Card.



**Angel Soft Bath Tissue**  
16 Mega Rolls  
**\$9.99**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$11.99 each with Card.



**Pepsi**  
Select Varieties,  
6-Pack, 16.9 fl oz Bottles;  
Plus Deposit  
Where Applicable  
**\$3.99**  
/EA  
With Digital Coupon  
Price without digital coupon is up to \$7.49 each with Card.

\*While supplies last.

## MIX & MATCH

# SAVE \$10 AN EXTRA

When you spend \$30 on Participating Our Brands Household, Personal Care and Beauty Items, with Card.\*

\*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



Kroger simple truth FREE FROM

# WEEKLY DIGITAL DEALS

Use coupons **UP TO 5 TIMES** per transaction.\*  
**UNLIMITED** transactions!



L'Oréal Mascara or Maybelline Liquid Lipstick  
Select Varieties, 1 ct  
**\$7.99** /EA  
With Digital Coupon

Price without digital coupon is up to \$12.99 each with Card.



Dove Body Wash  
**\$6.49** /EA  
With Digital Coupon

20 fl oz or Bar Soap, 4 ct;  
Select Varieties  
Price without digital coupon is up to \$8.99 each with Card.



Persil Laundry Detergent  
**\$8.99** /EA  
With Digital Coupon

84 fl oz or all Free & Clear Laundry Detergent, 73 fl oz;  
Select Varieties  
Price without digital coupon is up to \$11.99 each with Card.



Totino's Pizza Rolls  
Select Varieties, 50 ct  
**\$3.99** /EA  
With Digital Coupon

Price without digital coupon is up to \$5.99 each with Card.



El Monterey Family Size Burritos  
Select Varieties, 8 ct  
**\$3.99** /EA  
With Digital Coupon

Price without digital coupon is up to \$4.99 each with Card.



Clif Bars or ZBars  
Select Varieties, 5-6 ct  
**\$4.99** /EA  
With Digital Coupon

Price without digital coupon is up to \$6.99 each with Card.

\*While supplies last.

 **Toastmaster®**

**\$32<sup>99</sup>**

**Toastmaster  
12-Cup  
Coffee Maker**



SAVE \$20  
**\$99<sup>99</sup>**  
With Card

**Ninja  
Pro Plus Blender**  
Reg. 119.99



**\$94<sup>99</sup>**

**Crockpot 6-Quart  
Cook & Carry Slow Cooker**

**Toastmaster  
Flip-Over Belgian  
Waffle Maker**

**\$32<sup>99</sup>**



**SodaStream  
Terra Machine**

**\$89<sup>99</sup>**



**GoodCook®  
Large Loaf  
Pan or Large  
Cookie Sheet**

**\$8<sup>99</sup>**



# Latin Flavors

## TAKE A FLAVOR JOURNEY

Visit [FredMeyer.com/LatinFlavors](http://FredMeyer.com/LatinFlavors) to embark on new culinary adventures with vibrant tastes & authentic recipes



USDA  
CHOICE

**20% OFF**

Tag Reflects Savings  
With Card

**Boneless  
New York  
Strip Steaks**  
or Flank Steaks;  
Value Pack



**Yucatan  
Guacamole**  
8 oz or Crunchmaster  
Crackers, 4 oz;  
Select Varieties,  
In the Deli

**\$3.99**

With Card



**Tajin  
Mango Sushi Roll**  
10 oz,  
Available in Select Stores;  
Select Varieties, In the Deli

**\$9.99**



**Cacique  
Chorizo**  
Select Varieties,  
9 oz

**3/\$5**

With Card



**Limes**

**69¢**

With Card /EA



**Herdez  
Salsa**  
Select Varieties,  
16 oz

**2/\$4**

With Card



**Tres Leches  
Cake Cups**  
Select Varieties,  
6.63-6.81 oz,  
In the Bakery

**2/\$6**

With Card



**Wholly  
Guacamole**  
7.5 oz

**MIX & MATCH  
BUY 1, GET 1**  
of Equal or Lesser Value

**FREE**

With Card



**Herdez  
Guacamole**  
Select Varieties,  
15 oz, In the Deli

**\$6.49**

With Card



**Green  
Onions**

**99¢**

With Card /EA



**Simple Truth  
Organic Bone  
Broth**  
Select Varieties,  
32 oz

**2/\$7**

With Card

**Ro-Tel  
Diced Tomatoes**  
Select Varieties,  
10 oz

**2/\$3**

With Card



**Kroger  
Peeled & Deviened  
Raw Shrimp**  
31-40 ct, Sold in a  
2 lb Bag at \$17.98

**\$8.99**

With Card /LB



**Nescafé Clasico  
Instant Coffee**  
Select Varieties,  
6-8.11 oz

**\$10.99**

With Card

# SAVE MORE WITH DIGITAL COUPONS

Use coupons **UP TO 5 TIMES** per transaction. **UNLIMITED** transactions!



Find even more online!  
Scan me to download digital coupons.



**Gatorade**  
Select Varieties,  
12-Pack, 12 fl oz,  
Plus Deposit  
Where Applicable

6.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$5.99** /EA



**Darigold**  
Fit Milk  
or Chocolate Milk,  
Select Varieties,  
59 fl oz

4.49 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$3.49** /EA



2 ct or Power Up Trail Mix,  
6-14 oz; Select Varieties

5.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$4.99** /EA

**Philadelphia**  
Cream Cheese



1.99 With Card  
-50¢ Off 1  
DIGITAL COUPON OFFER

**\$1.49** /EA

**Barilla** Pasta  
12-16 oz or Annie's  
Pasta & Cheese,  
5.25-6 oz;  
Select Varieties



3.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$2.99** /EA

**Coffee-mate**  
Creamer  
32 fl oz or  
Nature's Own Bread,  
20 oz; Select Varieties



2.99 With Card  
-50¢ Off 1  
DIGITAL COUPON OFFER

**\$2.49** /EA

**Stouffer's**  
Meatloaf  
22g OF PROTEIN  
8-12.875 oz or Darigold  
Cottage Cheese, 16 oz;  
Select Varieties



6.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$5.99** /EA

**Dave's Killer Bread**  
Organic Bread  
18-27 oz or Buns,  
8 ct; Select Varieties



2.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$1.99** /EA

**Land O' Frost**  
Deli Shaved  
Lunch Meat  
Select Varieties,  
9 oz



10.99 With Card  
-2.00 Off 1  
DIGITAL COUPON OFFER

**\$8.99** /EA

**Peet's Coffee**  
Select Varieties,  
10-10.5 oz



4.99 With Card  
-2.00 Off 1  
DIGITAL COUPON OFFER

**\$2.99** /EA

**Darigold Butter**  
Select Varieties,  
16 oz



18.99 With Card  
-2.00 Off 1  
DIGITAL COUPON OFFER

**\$16.99** /EA

**Chomps**  
Meat Sticks  
Select Varieties,  
8-14 ct



28.99 With Card  
-4.00 Off 1  
DIGITAL COUPON OFFER

**\$24.99** /EA

**Huggies** Little Movers  
or Little Snugglers  
Diapers  
Select Varieties, 38-96 ct



9.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$8.99** /EA

**Swiffer**  
Refills  
Select Varieties,  
6-32 ct



14.99 With Card  
-5.00 Off 1  
DIGITAL COUPON OFFER

**\$9.99** /EA

**Bounty** Paper Towels  
6 Double Rolls or Charmin  
Bath Tissue, 6 Mega  
XL Rolls; Select Varieties



**LOCAL**

**Seattle's Best Coffee**  
Select Varieties,  
10-12 oz Bag

7.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$6.99** /EA



**Crystal Light Drink Mix**  
10 ct or Kroger Cranberry Cocktail Juice, 64 fl oz; Select Varieties

2.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$1.99** /EA



**GT's Kombucha**  
16 fl oz or Amy's Organic Soup, 14.1-14.5 oz; Select Varieties, Plus Deposit Where Applicable

2.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$1.99** /EA



3.99 With Card  
-50¢ Off 1  
DIGITAL COUPON OFFER

**\$3.49** /EA  
**Nabisco Ritz Crackers**

3-13.7 oz or Snack Crackers, 3.5-8.5 oz; Select Varieties



**General Mills Cereal**  
Select Varieties,  
8.9-12 oz

4.29 With Card  
-2.30 Off 1  
DIGITAL COUPON OFFER

**\$1.99** /EA

**SAVE MORE WITH DIGITAL COUPONS**  
Use coupons **UP TO 5 TIMES** per transaction.  
**UNLIMITED** transactions!



**Mini Cupcakes**  
Select Varieties,  
12 ct, In the Bakery

5.00 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$4** /EA

4.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER  
**\$3.99** /EA  
**Nancy's Organic Yogurt**

32 oz or Oreo Frozen Dairy Dessert, 4-6 ct; Select Varieties



**Oscar Mayer Lunchables**  
Select Varieties,  
8.9-10.7 oz

3.49 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$2.49** /EA



**Cottonelle Bath Tissue**  
Select Varieties,  
12 Mega Rolls

13.99 With Card  
-3.00 Off 1  
DIGITAL COUPON OFFER

**\$10.99** /EA



3.99 With Card  
-1.00 Off 1  
DIGITAL COUPON OFFER

**\$2.99** /EA

**Blue Diamond Almonds**  
4-6 oz or Nut-Thins,  
3.75-4.25 oz;  
Select Varieties



21.99 With Card  
-4.00 Off 1  
DIGITAL COUPON OFFER

**\$17.99** /EA

**Green Mountain or McCafé K-Cups**  
Select Varieties,  
32 ct



22.99 With Card  
-2.00 Off 1  
DIGITAL COUPON OFFER

**\$20.99** /EA

**Poise Pads**  
36-78 ct or Depend Underwear, 22-32 ct; Select Varieties

# SHOWER MOM WITH LOVE

For more ideas to celebrate Mom visit [FredMeyer.com/Mom](http://FredMeyer.com/Mom)



**\$24<sup>99</sup>**  
AND UP

Mother's Day Arrangements



Bloom Haus  
Rosearoma  
Mini Rose

**\$12<sup>99</sup>**  
AND UP



Assorted  
Bulbs

**\$10<sup>99</sup>**  
AND UP



Russell Stover  
Chocolate Gift Box  
8.1-9.4 oz or Ghirardelli  
Chocolate Gift Box,  
3.7 oz; Select Varieties

**\$6<sup>99</sup>**

With Card



CELEBRATE WITH AN  
AMERICAN GREETINGS CARD!



Fresh-Baked  
Private Selection  
Cinnamon Rolls  
4 ct or Private Selection  
Muffins, 4 ct;  
Select Varieties,  
In the Bakery

**\$5<sup>99</sup>**

With Card



HGTV  
Ryker 3-Seat Swing

**\$249<sup>99</sup>**

With Card



HD Designs  
Jar Candle  
Select Varieties,  
19 oz

**\$9<sup>99</sup>**

With Card



**\$9<sup>99</sup>**

With Card

La Terra Fina  
Cheddar & Broccoli  
Quiche

or Classic Lorraine,  
23 oz, In the Deli

**4X FUEL POINTS**  
ON 100s OF GIFT CARDS  
WITH DIGITAL COUPON TODAY!



Visit [FredMeyer.com/4Xgiftcard](http://FredMeyer.com/4Xgiftcard)  
to download coupon  
Redeem Every Day 4/29/26-5/12/26

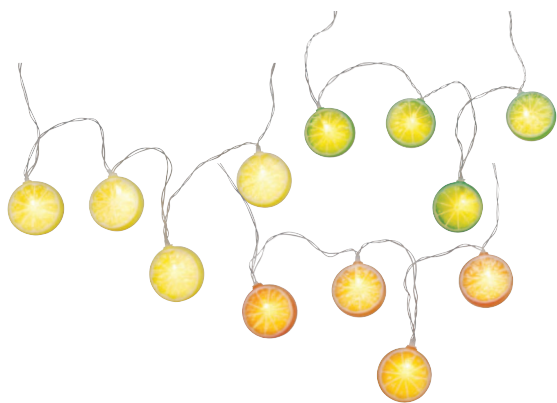
\*Limited Time offer.  
Restrictions apply, see coupon for details.



HD Designs  
Outdoors  
Birdbath  
Select Varieties

**SAVE  
30%**

Tag Reflects Savings  
With Card



Everyday Living  
String Lights  
Select Varieties, 15 ct

**SAVE  
30%**

Tag Reflects Savings  
With Card



HGTV  
Orchards Dining Chair  
Select Varieties

**\$29<sup>99</sup>**

With Card



HGTV  
Outdoor Umbrella  
Select Varieties, 9'

**\$84<sup>99</sup>**

With Card



Everyday Living  
Poly Pro  
Dinnerware  
Select Varieties

**SAVE  
30%**

Tag Reflects Savings  
With Card



Everyday Living  
Paper  
Dinnerware and  
Kitchen Towels  
Select Varieties

**SAVE  
30%**

Tag Reflects Savings  
With Card



Everyday Living  
Water Bottle  
Select Varieties,  
Gallon

**SAVE  
30%**

Tag Reflects Savings  
With Card



Everyday Living  
Inflatables  
Select Varieties

**SAVE  
30%**

Tag Reflects Savings  
With Card



Mars  
Share Size  
Candy  
Select Varieties,  
1.77-3.63 oz

**2/\$5**

With Card



Sour Patch Kids  
Candy  
Select Varieties,  
3.5-8 oz

**\$2<sup>49</sup>**

With Card



Mike & Ike  
or Hot Tamales  
Candy  
Select Varieties,  
4.25 oz

**2/\$3**

With Card



Red Vines  
3.5 lb

**\$10<sup>99</sup>**

With Card



Mars  
Fun Size Candy  
Select Varieties,  
16.15-26.46 oz

**\$9<sup>99</sup>**

With Card



Hi-Chew  
Candy  
Select Varieties,  
11.65-12.7 oz

**\$5<sup>99</sup>**

With Card



Haribo  
Gummi Candy  
Select Varieties, 7-8 oz

**2/\$4**

With Card

Seasonal selection varies by store and is limited to stock on hand.

# GROCERY ESSENTIALS



**Sargento  
Balanced Breaks**  
Select Varieties,  
3 ct

**2/\$8**  
With Card



**Takis**  
Select Varieties,  
6.5-9.9 oz  
Regular retail is up to  
\$4.59 each with Card.

**MIX & MATCH  
BUY 1, GET 1  
of Equal or Lesser Value  
FREE**  
With Card



**Lay's  
Potato Chips**  
5-8 oz  
or Doritos, 9-10.75 oz  
or Cheetos, 6.5-9 oz;  
Select Varieties

**FINAL COST  
When You Buy 4  
4/\$10**  
With Card

When you buy 4 or more in the same transaction with Card.  
Quantities less than 4 are up to \$5.49 each with Card.



**Ghost  
Energy Drink**  
16 fl oz or Bloom  
Energy Drink, 12 fl oz;  
Select Varieties,  
Plus Deposit  
Where Applicable

**2/\$5**  
With Card



**La Victoria  
Salsa**  
Select Varieties,  
15.5 oz

**MIX & MATCH  
BUY 1, GET 1  
of Equal or Lesser Value  
FREE**  
With Card



**Entenmann's  
Little Bites,  
Donuts or Cakes**  
Select Varieties,  
6.88-21 oz

**MIX & MATCH  
BUY 1, GET 1  
of Equal or Lesser Value  
FREE**  
With Card

# BOTTLES & BREWS



\*\*Cash Back  
rebate via PayPal.  
Visit our app/site  
to clip Cash Back  
offer & see offer  
details.

**17.99  
-5.00\*\* Off 1  
WITH CARD &  
CASH BACK REBATE  
\$12.99** /EA

**White Claw,  
Cayman Jack  
or Topo Chico**  
Select Varieties,  
12-Pack, 12 fl oz  
Bottles or Cans,  
Plus Deposit  
Where Applicable



**Pub Beer**  
18-Pack, 12 fl oz or  
Michelob Ultra or Budweiser,  
12-Pack, 12 fl oz; Bottles or Cans,  
Select Varieties,  
Plus Deposit Where Applicable

**\$13.99**

# SHOP OUR EXCLUSIVE BRANDS AND SAVE



**Kroger  
Sausage**  
16 oz Roll or  
Smoked Sausage,  
12-14 oz; Select Varieties

**\$3.29**  
With Card



**Kroger  
Shredded  
Iceberg Lettuce**  
16 oz

**\$3.49**  
With Card



**Private Selection  
Wide Pan Bread  
2/\$6**  
With Card

24 oz or Shredded Cheese,  
8 oz; Select Varieties



**Kroger  
Party Pail  
Ice Cream**  
Select Varieties,  
128 fl oz

**\$6.99**  
With Card



**Kroger  
Beans**  
Select Varieties,  
15.5 oz

**89¢**  
With Card



**Kroger  
Pizza**  
Select Varieties,  
16.25-31.5 oz

**\$3.99**  
With Card



**11.99 EA  
-10%  
With Card**

**\$10.79** /EA\*

**Rancho La Gloria,  
Josh Cellars  
or A to Z**  
Select Varieties,  
750 ml



**Bota Box  
or Black Box**  
3 Liters or Franzia,  
5 Liters; Select Varieties

**\$16.99**

\*When You Buy Any 6 Participating Items with Card.

# FIND YOUR FAVORITE NATURAL ITEMS

Chobani Creamer  
**2/\$9**  
With Card

24 fl oz or Stonyfield Organic Yogurt Smoothies, 6 ct; Select Varieties



Califia Farms Organic Almondmilk or Coconutmilk Select Varieties, 48 fl oz

**\$4.99**  
With Card



Nature's Path Organic Cereal or Granola Select Varieties, 10-14 oz

**\$4.49**  
With Card



Bloom Pop Prebiotic Soda 12 fl oz or La Colombe Cold Brew, 11 fl oz; Select Varieties, Plus Deposit Where Applicable

**2/\$4**  
With Card



Noosa Yogurt Select Varieties, 8 oz

**3/\$5**  
With Card



Perdue Boneless Chicken Breasts Frozen, 18 oz, No Antibiotics Ever

**\$10**  
With Card

## HOME, HEALTH & MORE!



Omron Blood Pressure Monitor Select Varieties

**\$49.99**  
With Card



Nature Made Supplements Select Varieties, 14-300 ct  
**MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value**

**FREE**  
With Card



Select Varieties, 1.24-4.5 oz

Feastables Mario Candy

**2/\$5**  
With Card



Sensodyne Toothpaste Select Varieties, 3.4 oz

**\$7.49**  
With Card



Suave Body Wash Select Varieties, 18 fl oz

**\$2.99**  
With Card



HD Designs Grill Accessories Select Varieties

**SAVE 30%**

Tag Reflects Savings With Card

## SCORE MORE IN ONE STOP



Reduce Saltini Tumbler Select Varieties, 16 oz

**\$19.99**  
With Card



Zuru Bunch O Balloons Select Varieties, 3 ct

**\$9.99**  
With Card



Glacier's Edge 8-Can Cooler Select Varieties

**\$9.99**  
With Card

# CREATE YOUR CUSTOM CAKE

Celebrate Graduation or any other special occasion by ordering online and picking up at the Bakery.

Search Custom Cakes and follow these easy steps to customize your cake:

- 1 Pick a cake flavor.**  
Choose from white, yellow, marble and chocolate.
- 2 Choose your icing.**  
Top your cake with white or chocolate buttercream, whipped topping or cream cheese icing.
- 3 Mix & match decorations.**  
Customize with sprinkles, multiple icing colors, personal photos, decor rings and more.



## TIME TO CELEBRATE

Find everything you need for an A+ party at [FredMeyer.com/graduation](http://FredMeyer.com/graduation)



**Home Chef Party Size Fried or Baked Chicken**  
24-96 Piece,  
In the Deli, 24-Hour Notice Appreciated  
STARTING AT  
**\$22**  
With Card



**Graduation Balloons**  
**\$4.99**  
AND UP



**Bloom Haus Classic Rose Bouquet**  
**\$24**



**Graduation Cupcakes**  
Select Varieties,  
12 ct, In the Bakery  
**\$9.99**  
AND UP



CELEBRATE WITH AN AMERICAN GREETINGS CARD!



**Elevate**  
*Every Occasion*

**\$8.99**

With Card  
**Private Selection Cracker Cuts**  
Select Varieties,  
10-12 oz, In the Deli





**Organic Strawberries**  
2 lb  
**\$6.99**

With Card



**Cosmic Crisp or Pink Lady Apples**

**\$1.99**  
/LB

With Card



**3/\$11**

With Card  
**Taylor Farms Salad Kits**  
7.3-13.5 oz

**Bloom Haus Butterfly Blooms Bouquet**

**\$10**



**Kroger Sweet Corn**  
4 ct Package

**\$5.99**

With Card



**Private Selection Snacking Tomatoes**  
10 oz

**2/\$7**

With Card



**GUARANTEED FRESH**



**\$7.99**  
/LB

With Card

**Boneless Top Round London Broil**



**Ball Park Beef Franks**

15 oz or Aidell's Chicken Sausage, 12 oz; Select Varieties

**\$5.49**

With Card



**Gorton's Fish Fillets**  
Select Varieties, Frozen, 16.2-24.5 oz

**BUY 1, GET 1**  
of Equal or Lesser Value

**FREE**

With Card



**Smithfield Lunch Meat**  
Select Varieties, 16 oz

**\$5**

With Card



**Fresh Atlantic Salmon Fillets**  
Farm-Raised

**\$9.99**  
/LB

With Card

**DELI & BAKERY**

Order party trays, cakes and more at  
[FredMeyer.com/fresh](http://FredMeyer.com/fresh)

**Angel Food Cake**  
Select Varieties,  
9-13 oz

**\$5**

With Card



**Home Chef Fried or Baked Chicken**  
Fully Cooked,  
8-Piece, Includes  
2 Breasts, 2 Thighs,  
2 Wings & 2 Drumsticks

**\$9.99**



**Private Selection Brown Sugar Ham**  
or Sharp Cheddar Cheese,  
\$10.99 lb with Card;  
Select Varieties,  
Sliced to Order or Grab & Go

**\$12.99**  
/LB

With Card





# SPRING IS IN THE AIR!



**\$34<sup>99</sup>**

**Premium Mixed  
Hanging Baskets**  
12" Basket



**Geranium  
Hanging Basket**  
12" Basket

**\$29<sup>99</sup>**



**\$29<sup>99</sup>**

**Geranium  
Planter**  
12" Pot

**Dahlia  
Planter**  
10" Pot

**\$26<sup>99</sup>**



**Premium  
Annual**  
4" Pot

**\$4<sup>29</sup>**



**Flowering  
Annual**  
6-Pack

**\$4<sup>49</sup>**



**Standard  
Perennials**  
6" Pot

**\$8<sup>99</sup>**  
AND UP



**Vegetable  
or Tomato**  
4" Pot

**\$2<sup>50</sup>**

# BOTTLES & BREWS



**\$9.99**

**Corona,  
Modelo or Pacifico**  
Select Varieties, 6-Pack,  
12 fl oz Bottles or Cans,  
Plus Deposit  
Where Applicable



**\$26.99**

**Coors  
or Miller**  
Select Varieties, 30-Pack,  
12 fl oz Bottles or Cans,  
Plus Deposit Where Applicable



**9.99<sup>EA</sup>**  
**-10%**  
With Card

**\$8.99**  
/EA\*

**Cook's  
or Barefoot**  
Select Varieties,  
1.5 Liters



**8.99<sup>EA</sup>**  
**-10%**  
With Card

**\$8.09**  
/EA\*

**Bogle,  
Clos Du Bois  
or 14 Hands**  
Select Varieties,  
750 ml



**18.99<sup>EA</sup>**  
**-10%**  
With Card

**\$17.09**  
/EA\*

**Meiomi  
or Four Graces**  
Select Varieties,  
750 ml



**\$10.99**

**Pfriem,  
Incline or Breakside**

Select Varieties, 4-6-Pack,  
12-16 fl oz Bottles or Cans,  
Plus Deposit  
Where Applicable

\*When You Buy Any 6 Participating Items with Card.

**CHEERS TO GREAT DEALS ON YOUR FAVORITES!**



# CELEBRATE FRESH FLAVORS



**USDA  
CHOICE**

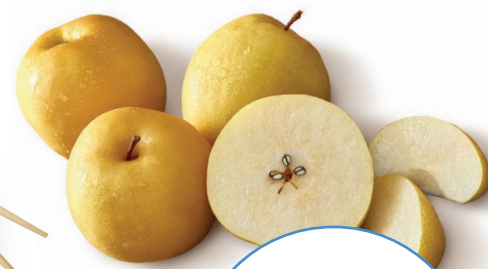
**\$7.99**  
/LB

With Card  
**Beef Flanken  
Style Ribs**  
Bone-In, Value Pack



**Poke Bowl**  
Select Varieties, 14 oz,  
Available in Select Stores,  
In the Deli

**\$10.99**



Asian  
Pears  
**\$3.79**  
/EA  
With Card



**Calbee  
Chips**  
Select Varieties,  
2.8-4 oz

**2/\$7**  
With Card



**Panda Express  
Sauce**  
Select Varieties,  
14.9-20.75 oz

**\$5.49**  
With Card



**Huy Fong  
Sriracha**  
28 oz

**\$5.99**  
With Card



**Thai Kitchen  
Coconut Milk**  
Select Varieties,  
13.66 fl oz

**\$3.29**  
With Card

# PICK UP EVERYTHING FOR GAME DAY!



**Fred Meyer**

# MARINERS

REWARDS

Visit [FredMeyer.com/Mariners](https://FredMeyer.com/Mariners) for details

**HERE'S HOW IT WORKS...** Look for these tags.

**1. LOOK FOR THE TAGS**  
Look for the Mariners logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.



**2. EARN POINTS AND REDEEM FOR...**  
Mariners tickets, experiential prizes, apparel and more!