



CELEBRATE EARTH DAY,
APRIL 22ND

Sale Starts Friday, April 17th thru Thursday, April 23rd, 2026

FRI. 17	SAT. 18	SUN. 19	MON. 20	TUE. 21	WED. 22	THUR. 23
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**GO GREEN,
SAVE GREEN**



WE ARE NOW ON
instacart



\$5⁹⁹
lb.

Chuck Steaks
USDA Choice Beef



\$14⁹⁹
lb.

New York Strip Shell Steaks
USDA Choice Beef Bone-In



\$3⁹⁹
lb.

Chairman's Reserve Prime Pork Boneless Pork Tenderloins
Fresh, All Natural



\$2⁹⁹
lb.

Boneless Chicken Breast
USDA Inspected Farm Fresh



\$1⁶⁹
lb.

Perdue Whole Chickens
Grade A, Fresh All Natural



\$7⁹⁹
lb.

Bell & Evans Boneless Chicken Breast Tenders
Fresh, All Natural Tray Pack, Skinless



\$5⁹⁹
lb.

Bell & Evans Boneless Chicken Thighs
Fresh, All Natural Tray Pack, Skinless



3/\$10
10.3-13 oz. pkgs.

Quaker Cap'n Crunch or Life Cereal
Selected Varieties



\$5⁹⁹
16.9 oz. btl.

Filippo Berio Olive Oil
Pure or Extra Light



2/\$7
for

Fresh Blueberries
High in Antioxidants
6 oz. conts.



Hass Avocados
Imported from Mexico
4 ct. pkgs.



Red Potatoes
U.S. #1
5 lb. bags

Locally Known Salads
Assorted Varieties
4 oz. clamshells



\$2⁹⁹
lb.

Red, Orange or Yellow Bell Peppers
Imported



\$4⁹⁹
ea.

Navel Oranges
California
4 lb. bag

Cara Cara Pink Seedless Navel Oranges
3 lb. bag

Minneola Oranges
California
3 lb. bag



3/\$5
28 oz. cans

Cento Tomatoes
Selected Varieties



FIND THE PERFECT RECIPE AT metfoodssi.com

WE ARE NOW ON **instacart**

3/\$10
for

Mott's 100% Apple Juice
or Apple Juice Blends or Apple Juice Drinks
64 oz. btl.



Juicy Juice 100% Juice
Selected Varieties
64 oz. btl.

Kellogg's Cereal
Selected Varieties
Frosted Mini-Wheats (13.3-16 oz.),
Frosted Krispies (10.6 oz.),
Cocoa Krispies (12.6 oz.),
Rice Krispies (9 oz.) or Crispix
or Corn Flakes (9.6 oz.)



\$6⁹⁹
ea.

Scott Paper Towels 6 Pack
Choose-A-Sheet Double Rolls
648 ct. pkg.



Scott ComfortPlus Bath Tissue 12 Pack
Double Rolls
2772 ct. pkg.

2/\$8
for

Talenti Gelato or Sorbetto
Selected Varieties
(Excludes Gelato Layers)
16 oz. conts.



\$6⁹⁹
10-12 oz. pkg.

New England Coffee
or Coffee K-Cups
(12 ct. pkg.)



2/\$5
16-24 oz. jars

Ragu Pasta Sauce
Selected Varieties



Turkey Hill Ice Cream
Selected Varieties
Including Sherbet, Simply Natural & Barbie
46 oz. conts.



2/\$8
32.5-33 oz. btl.

Arm & Hammer Liquid Laundry Detergent
or Laundry Detergent Power Paks (14 ct. pkg.)
or Dryer Sheets (100 ct. pkg.)



2/\$6
14-32 oz. pkgs.

McCain Potatoes or Onion Rings
Selected Varieties



\$8⁹⁹
28.4-82.6 oz. cont.

4C Iced Tea Mix
Selected Varieties



4/\$5
5 oz. conts.

Yoplait Oui French Style Yogurt
Selected Varieties



2/\$8
1 lb. pkgs.

Breakstone's Butter
Quarters
Sweet or Salted



2/\$10
540.8 oz. pkgs.

Pure Life Purified Water 32 Pack
16.9 oz. Bottles
(Plus Deposit Where Required)



2/\$4
8 oz. pkgs.

Breakstone's Butter
Selected Varieties



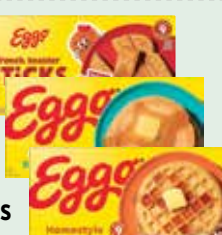
2/\$4
14 oz. btl.

Daisy Sour Cream
Original or Light



2/\$5
8.4-14.8 oz. pkgs.

Eggo Waffles, Pancakes or French Toaster Sticks
Selected Varieties



**1795 VICTORY BLVD.
STATEN ISLAND, N.Y.
PHONE ORDERS ACCEPTED**
TEL.: (718) 524-0800 • FAX: (718) 524-0834

FOOD CONNECTION

**1177 HYLAN BLVD. (CORNER OF CLOVE ROAD)
STATEN ISLAND, N.Y.
PHONE ORDERS ACCEPTED**
TEL.: (718) 720-5800 • FAX: (718) 720-4222

DELIVERY AVAILABLE - Both Locations

WE GLADLY ACCEPT ALL MAJOR CREDIT CARDS & SNAP (Supplemental Nutrition Assistance Program) BENEFITS & PARTICIPATE IN THE W.I.C. PROGRAM

Both Locations - STORE HOURS:

MON-SAT 6 AM -10 PM • SUN. 6 AM - 9 PM

So that we may serve all our customers, we reserve the right to limit sales of any item. Items offered for sale not available in case lots. Not responsible for typographical errors. Prices effective Fri., April 17 thru Thur., April 23, 2026. All Met Stores are independently owned and operated. Not all items available in all stores. Some pictures are for design purposes only and do not necessarily represent items on sale.

GROCERY SAVINGS!

\$11.99
128 oz. btl.

Mazola Oil
Corn, Vegetable Plus or Canola



2/\$9
18 oz. pkgs.

Kellogg's Family Size Corn Flakes Cereal



5/\$5
5 oz. cans

StarKist Chunk Light Tuna
In Oil or In Water



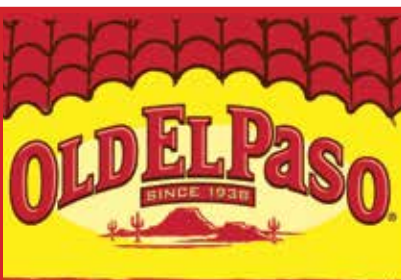
2/\$8
16 oz. btl.

Kraft Salad Dressing
Selected Varieties



3/\$5
5.5-7.3 oz. pkgs.

Kraft Macaroni & Cheese
Selected Varieties



2/\$4
16 oz. cans

Old El Paso Refried Beans
Selected Varieties



2/\$4
10 oz. cans

Old El Paso Enchilada Sauce
Mild Red



2/\$5
4.5-11 oz. pkgs.

Old El Paso Flour Tortillas or Taco Shells
Selected Varieties



2/\$5
7.4 oz. pkgs.

Old El Paso Taco Shells & Flour Tortillas



2/\$7
9 oz. conts.

Old El Paso Mild Taco Sauce



2/\$7
5.1-6.7 oz. pkgs.

Old El Paso Flavored Taco Shells or Taco Boats Tortillas
Selected Varieties



\$4.99
8.8-14 oz. pkgs.

Old El Paso Dinner Kits
Selected Varieties



\$4.99
12 oz. btl.

Kraft Buffalo Style Mayonnaise Dressing, Aioli or Burger Sauce
Selected Varieties



\$6.99
30 oz. cont.

Kraft Real Mayo Mayonnaise
Original



3/\$5
2 oz. pkgs.

McIlhenny Tabasco Hot Pepper Sauce
Selected Varieties



2/\$6
12 oz. jars

Cholula Salsa
Selected Varieties



2/\$6
8-12 oz. conts.

Cholula Sauces
Selected Varieties



2/\$7
5 oz. conts.

Cholula Hot Sauce
Original or Extra Hot



\$8.99
25.3 oz. btl.

Botticelli Olive Oil
Extra Virgin, Extra Virgin Finishing or Classic Frying



\$4.99
40 oz. btl.

Wesson Oil
Selected Varieties



\$4.99
5-6 oz. cont.

Pam Cooking Spray
Selected Varieties



3/\$5
2.6 oz. pouches

StarKist Chunk Light Tuna
or Smart Bowls Tuna Meals (4.5 oz.) or Tuna or Chicken Creations (2.6-3 oz.)



2/\$5
16.1-16.3 oz. cans

Campbell's Home Style Soup
Selected Varieties



4/\$5
4 oz. conts.

Nissin Premium Chow Mein Noodles
or Protein Cup Noodles (2.54 oz.), Cup Noodles Stir Fry Noodles (2.89-3 oz.) or Cup Noodles Ramen Bistro (3.1 oz.)



\$5.99
12 oz. cans

Libby's Corned Beef
Original or 25% Less Sodium



2/\$7
15 oz. cans

Libby's Corned Beef Hash
Original



2/\$6
14-15 oz. cans

Hormel Chili
Selected Varieties



3/\$5
5.6-5.9 oz. pkgs.

Cheetos Mac 'N Cheese
Selected Varieties



2/\$4
4.3-7.2 oz. pkgs.

Rice-A-Roni Side Dishes
Selected Varieties



\$3.99
5 lb. pkg.

Riceland Rice
Long Grain White



2/\$4
2.4 oz. pkgs.

Ben's Original Single Serve Rice
Selected Varieties



\$3.99
9 oz. pkg.

Ben's Original Street Food Rice
Selected Varieties



\$3.99
15-24 oz. jar

Classico Pasta Sauce
Selected Varieties



3/\$5
14.5 oz. cans

Del Monte Diced or Stewed Tomatoes
Selected Varieties



5/\$5
8 oz. cans

Contadina Tomato Sauce
Selected Varieties



3/\$5
16 oz. pkgs.

Anna Pasta
Selected Varieties



2/\$8
72-100 ct. pkgs.

Tetley Tea Bags
Selected Varieties



\$15.99
23.1-27.5 oz. cont.

Maxwell House Coffee
Selected Varieties (Excludes Decaf)



2/\$7
9 oz. pkgs.

Nestlé Coffee-mate Coffee Creamer Singles
24 Count Selected Varieties



\$3.99
9.38-10 oz. cont.

Nestlé Nesquik Powder Drink Mix
Selected Varieties



2/\$3
0.3-3.9 oz. pkgs.

Jell-O Gelatin or Gelling Dessert Mix
Selected Varieties



2/\$6
14.5-15.25 oz. cans

Del Monte Fruit
Selected Varieties



GROCERY SAVINGS!

3/\$10
15-24 oz. jars

Bertolli Pasta Sauce
Selected Varieties



\$10⁹⁹
20 lb. pkg.

Carolina Rice
Gold Parboiled or Extra Long Grain White



\$3⁹⁹
60 oz. pkg.

Apple & Eve 100% Juice 6 Pack
10 oz. Bottles
Selected Varieties



5/\$4
33.8 oz. btl.

Clear Choice Sparkling Water 1 Liter
Selected Varieties
(Plus Deposit Where Required)



2/\$5
for

Cheez-It Baked Snack Crackers
Selected Varieties
7 oz. pkgs.

Pringles Mingles Puffed Snacks
Selected Varieties
5.5 oz. pkgs.

Act II Popcorn
Selected Varieties
8.25 oz. pkgs.

MIX & MATCH!

Jiffy Pop Butter Popcorn
4.5 oz. pkgs.

Stauffer's Animal Crackers
Chocolate or Original
14.5-16 oz. pkgs.



2/\$7
7.7 oz. conts.

Nutella Hazelnut Spread



\$5⁹⁹
8.4 oz. pkg.

The Real Cereal Co. Organic Cereal
Rice Crisps or Corn Flakes



\$10⁹⁹
12 oz. btl.

Coombs Family Farms Organic Maple Syrup
Grade A-Amber or Dark Amber



2/\$7
11.75 oz. btl.

Made With Organic Agave Nectar
Light or Amber



2/\$6
4-4.4 oz. pkgs.

Hershey's Extra Large Chocolate Candy Bars
Selected Varieties



\$6⁹⁹
7.2-10.5 oz. pkg.

Hershey's Miniatures Chocolate Candies
Selected Varieties



\$4⁹⁹
8.8 oz. pkg.

Kinder Kinderini Shortbread Cookies



\$3⁹⁹
4.47-7.4 oz. pkg.

Quaker Rice Cakes
Selected Varieties



3/\$5
4 oz. pkgs.

Gerber 1st Foods Natural Baby Food 2 Pack
or 2nd Foods Baby Food
(2.5 oz. jars)



4/\$5
4 oz. jars

Gerber 1st or 2nd Foods Natural Baby Food
Selected Varieties



4/\$5
4 oz. jars

Beech-Nut Stage 2 Baby Food
Selected Varieties



2/\$8
46 oz. btl.

V8 Vegetable Juice
or V8 V-Fusion Vegetable & Fruit Juice Blends



\$4⁹⁹
48 oz. btl.

Sunsweet Plumgood Plum Juice Cocktail



2/\$8
60 oz. pkgs.

Kool-Aid Jammers Juice Drinks 10 Pack
Selected Varieties



2/\$8
5.4 oz. pkgs.

Juicy Juice 100% Juice 8 Pack
Selected Varieties



\$6⁹⁹
72 oz. pkg.

Spindrift Soda 6 Pack
12 oz. Cans
Selected Varieties
(Plus Deposit Where Required)



2/\$4
128 oz. btl.

Poland Spring Natural Spring Water
(Plus Deposit Where Required)



2/\$6
101.4-142.2 oz. pkgs.

Poland Spring Natural Spring Water 6 Pack
16.9 oz. Bottles or 23.7 oz. Sport Cap Bottles
(Plus Deposit Where Required)



2/\$6
96-144 oz. pkgs.

Poland Spring Natural Spring Water 12 Pack
12 oz. Bottles or 8 oz. Bottles
(Plus Deposit Where Required)



3/\$12
192 oz. pkgs.

Pure Life Purified Water 24 Pack
8 oz. Bottles
(Plus Deposit Where Required)



HOUSEHOLD SAVINGS!

\$5⁹⁹
1.34 oz. pkg.

Glade PlugIns Scented Oil Refills 2 Pack
Selected Varieties



2/\$6
11 oz. conts.

Dial Complete Liquid Antibacterial Hand Soap
Selected Varieties



\$4⁹⁹
24-24.3 oz. btl.

Dawn Liquid Dish Soap
Selected Varieties



2/\$6
19 oz. conts.

Sprayway Glass Cleaner



\$5⁹⁹
27.5 oz. cont.

Carbona 2-in-1 Oxy-Powered Carpet Cleaner
or Washing Machine Cleaner
(10.58 oz. pkg.) or Pet Stain & Odor Remover
(22 oz. cont.)



\$3⁹⁹
32 oz. cont.

Scrubbing Bubbles Bathroom Cleaner
Selected Varieties



\$3⁹⁹
22 oz. btl.

Shout Laundry Stain Remover



\$5⁹⁹
17-32 oz. cont.

Drano Clog Remover
Dual-Force Foamer or Max Gel



\$6⁹⁹
65 oz. pkg.

20 Mule Team Borax Laundry Booster



\$7⁹⁹
25.5 oz. btl.

Downy Rinse & Refresh Fabric Rinse
or Tide Deep Cleaning Fabric Rinse



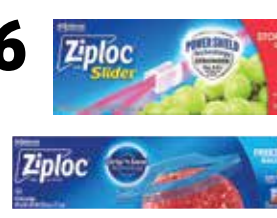
\$5⁹⁹
70-80 ct. pkg.

Snuggly Dryer Sheets
Selected Varieties



2/\$6
13-50 ct. pkgs.

Ziploc Bags
Selected Varieties



\$3⁹⁹
78 ct. pkg.

Pampers Free & Gentle Baby Wipes



\$4⁹⁹
24 oz. pkg.

Milk-Bone Dog Biscuits
Selected Varieties



2/\$7
22 oz. pkgs.

9Lives Wet Cat Food 4 Pack
Selected Varieties



2/\$5
30 oz. pkgs.

Arm & Hammer Carpet Odor Eliminator
or Cat Litter Deodorizer Powder
(20 oz.)



DAIRY SAVINGS!

2/\$8
46 oz. conts.

Simply Orange Juice
Selected Varieties



2/\$8
7.5 oz. pkgs.

Cabot Cheese Snack Sticks
10 Count
Vermont Seriously Sharp Cheddar or Vermont Extra Sharp Cheddar



\$4.99
12 ct. pkg.

Utopihen Pasture Raised Large Brown Eggs



2/\$5
8 oz. conts.

Land O Lakes Butter Spread
With Canola Oil or Light with Canola Oil



\$3.99
45 oz. cont.

Imperial Spread Original



2/\$6
16 oz. conts.

Daisy Cottage Cheese
Small Curd 4% Classic or Small Curd 2% Low Fat



2/\$5
8 oz. pkgs.

Cabot Cream Cheese Spread
Plain or Chive & Onion



2/\$3
5.3 oz. conts.

Oikos Pro Yogurt
Selected Varieties



2/\$9
21.2 oz. pkgs.

Chobani Greek Yogurt 4 Pack
Selected Varieties



\$4.99
14 oz. cont.

International Delight Cold Foam Creamer
Selected Varieties



2/\$6
8.45 oz. bits.

Wonder Melon, Wonder Lemon or Beetology Cold Pressed Juice
Selected Varieties



2/\$5
52 oz. bits.

Minute Maid Zero Sugar Drinks
Selected Varieties



2/\$5
52 oz. bits.

Gold Peak Iced Tea
Selected Varieties



2/\$6
7 oz. conts.

Cabot Sweetened Light Whipped Cream



2/\$5
7-8 oz. pkgs.

Sargento Shredded Cheese
Selected Varieties



2/\$8
8 oz. pkgs.

McCadam Cheese Bars
Selected Varieties



\$8.99
21.8-22.5 oz. pkg.

Rana Take Home Meals
Selected Varieties



2/\$6
5 oz. conts.

BelGioioso Cheese
Shredded, Grated, Shaved or Crumbled
Selected Varieties



2/\$10
16 oz. pkgs.

Wildwood Organic High Protein Tofu
Super Firm



FROZEN SAVINGS!

2/\$5
10.5-12 oz. pkgs.

Hanover Premium Vegetables
Selected Varieties



2/\$8
9-10 oz. pkgs.

Healthy Choice Simply Steamers Meals
Selected Varieties



2/\$20
54.88-56.6 oz. pkgs.

Ellio's 27-Slice Pizza
Cheese or Pepperoni



\$8.99
30 oz. pkg.

Sara Lee New York Style Cheesecake



2/\$6
7 oz. pkgs.

Jimmy Dean Breakfast Bowls
Selected Varieties



\$8.99
20 oz. pkg.

Smucker's Uncrustables Sandwiches
10 Count
Selected Varieties



2/\$5
12 oz. pkgs.

Birds Eye Southland Mashed Yellow Turnips or Butternut Squash



2/\$6
4-6 ct. pkgs.

Birds Eye Sweet Corn on the Cob
Regular Ears or Mini Ears



\$4.99
13 oz. pkg.

Birds Eye Bakes Side Dishes
Selected Varieties



\$8.99
42 oz. pkg.

Birds Eye Voila! Family Size Skillet Meals
or Oven Bake Meals (35 oz.)



2/\$6
14 oz. conts.

Goya Sofrito or Recaito Cooking Base
Frozen



3/\$10
13-14 oz. pkgs.

Banquet Mega Bowls Entrees
Selected Varieties



\$6.99
14.3-22 oz. pkg.

Farm Rich Appetizers
Selected Varieties



2/\$4
10 oz. pkgs.

Furlani Original Garlic Bread or Garlic Texas Toast
(8.45-10.15 oz.) or Why Knots? Bread Knots (8 oz.)



2/\$6
10 oz. pkgs.

Made With Organic Fruit
Selected Varieties



\$6.99
8 oz. pkg.

SunButter Jammies Sandwiches
Sunflower Seed Butter & Grape Jelly or Sunflower Seed Butter & Strawberry Jelly



\$8.99
24-26 oz. pkg.

Sara Lee French Style Whipped Cheesecake
Cookies & Creme or Strawberry



2/\$10
15-27 oz. pkgs.

Klondike Ice Cream Bars, Cones or Sandwiches
or Breyers Ice Cream Sandwiches (16 oz.)



\$5.99
11.1 oz. pkg.

Magnum Ice Cream Bars
6 Count
Selected Varieties



2/\$10
10-26 oz. pkgs.

Friendly's Ice Cream Bars, Cones or Sandwiches



2/\$8
7.5 oz. pkgs.

My/Mochi Mochi Ice Cream
or Mochi Smoothie Bites



2/\$9
24-26.4 oz. pkgs.

Minute Maid Frozen Lemonade or Juice Sticks



2/\$8
16.5 oz. pkgs.

Whole Fruit Fruit Bars 6 Pack
Selected Varieties



2/\$8
16 oz. pkgs.

Mamita's Ices
4 Count
Selected Varieties



\$4.99
11-14.25 oz. pkg.

Jolly Llama Dairy-Free Gluten-Free Cones or Sandwiches
or Sorbet Pops (12 oz.)



2/\$8
14.7 oz. pkgs.

Outshine Fruit Bars
Selected Varieties



We Carry Non-Dairy & Gluten Free
BY THE WAY BAKERY Items For Your Holiday Needs

THE BAKE SHOPPE!

Check Out our Allergy Friendly
Two Fields Bakeshop and By the Way
Bakery Frozen Bakery Items!

\$6.99
24 oz. pkg.

Village Barn Apple Pie
8-Inch



\$6.99
10 oz. pkg.

Village Barn Mini Apple Turnovers
6 Count



\$6.99
16 oz. pkg.

Village Barn Blueberry Loaf Cake



\$4.99
21 oz. pkg.

Maple Donut Bakery Assorted Donuts
12 Pack



\$4.99
6.5-7.5 oz. pkgs.

Golden Cannoli Pre-Filled Cannoli Family Pack
5 Count
Regular or Chocolate Lined



\$4.99
8 oz. pkg.

Give & Go Two-Bite Mini Donuts
12 Pack
Selected Varieties



2/\$5
15 oz. pkgs.

Bell Bialys
6 Pack
Original



2/\$5
14.4 oz. pkgs.

Bell Mini Bagels
8 Pack
Selected Varieties



NATURAL & ORGANIC ITEMS SOLD WHERE AVAILABLE

ORGANIC PRODUCE



4/\$5
for
Large Hass Avocados
Certified Organic

\$3.99
5 oz. clamshell
Organic Girl Salads
Certified Organic Assorted Varieties

\$2.99
1 lb.
Grape Tomatoes
Certified Organic

\$1.99
lb.
Extra Large Gala Apples
Certified Organic U.S. #1

\$1.99
1 lb. pkg.
Peeled Baby Carrots
Certified Organic

2/\$3
1 lb. pkg.
Fresh Carrots
Certified Organic

\$3.99
ea.
Fresh Cauliflower
Certified Organic

\$3.99
3 lb. bag
Yellow Onions
Certified Organic

\$1.99
lb.
Fresh Yams
Certified Organic U.S. #1

\$2.99
ea.
Fresh Beets
Certified Organic Bunch

GREAT FOR JUICING!

\$3.99
8 oz. cont.
Whole Baby Bella Mushrooms
Certified Organic

GREAT WITH ANY STEAK!

2/\$5
for
Jumbo Grapefruits
Certified Organic

\$3.99
9 oz. pkg.
Earthbound Farm Vegetable Medley
Certified Organic Broccoli, Cauliflower and Baby Carrots

\$3.99
4 oz. pkg.
Genuine Coconut Coconut Chunks
Certified Organic

DON'T FORGET TO ORDER YOUR STORE MADE FRUIT AND VEGETABLE PLATTERS FOR ALL YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE AND FRUIT TRAYS NOW AT YOUR LOCAL PRODUCE DEPT. (WHERE AVAILABLE)

2/\$4
for
Fresh Celery Sleeve

GREAT FOR JUICING!

\$1.99
lb.
Green Beans

\$4.99
ea.
Extra Large Pineapples

2/\$4
for
Red Leaf, Green Leaf or Romaine Lettuce

4/\$2
for
Extra Large Sunlight Lemons

5/\$5
for
Blood Oranges

2/\$5
20 oz. cont.
Butternut Squash Peeled & Cubed

99¢
lb.
Idaho or Red "A" Potatoes
U.S. #1

2/\$3
for
Fresh Radishes
Bunches

\$1.29
ea.
Fresh Mint Bunch

\$1.29
ea.
Fresh Cilantro Bunch

\$1.49
lb.
Green Kale, Collard Greens or Tuscan Kale
Bunch

\$3.99
16 oz. cont.
Great Meadow Farm Spiralized Vegetable Noodles
Assorted Varieties Gluten Free

2/\$5
9.11 oz. cont. bags
Dole Classic Romaine or Greener Selection Salad Blends

2/\$4
for
Hot House Cucumbers

\$3.99
9 oz. pkg.
Taylor Farms Chopped Escarole

\$1.49
lb.
Extra Large Bartlett Pears
Imported from Chile

\$3.99
ea.
Fresh Pomegranates

\$1.49
lb.
Extra Large Granny Smith Apples
U.S. #1

\$4.99
8 oz. clamshell
Fresh Figs

\$4.99
ea.
Red Dragon Fruit

99¢
lb.
Red Bananas

2/\$7
15.2 oz. glass
KeVita Live Probiotic Kombucha Drinks
Assorted Varieties

\$7.99
5.5-6 oz. pkg.
Wonderful No-Shells Pistachios
Assorted Varieties

STIR-FRY HEADQUARTERS!

\$3.99
12 oz. pkg.
Pero Family Farms Vegetable Stir-Fry

2/\$4
8 oz. cont. pkg.
Giorgio Sliced & Washed White Mushrooms

\$1.29
lb.
Red Onions

\$2.49
lb.
Fresh Ginger Root

99¢
lb.
Green or Yellow Squash
Imported from Mexico

\$1.49
lb.
Fresh Bok Choy or Napa Cabbage

SNACKS AND BEVERAGES

WHERE AVAILABLE (PLUS BTL. DEPOSIT WHERE REQUIRED BY LAW)

2/\$9
for
Nabisco Honey Maid Grahams
Selected Varieties 12.2-14.4 oz. pkgs.

MIX & MATCH!
Nabisco Oreo Sandwich Cookies
Selected Varieties 9.21-14.03 oz. pkgs.

2/\$7
22 oz. pkg.
Nature's Own Perfectly Crafted Bread
Selected Varieties

\$4.29
20 oz. pkg.
Arnold Brick Oven Premium White Bread

2/\$5
20 oz. pkg.
Bimbo Soft White Bread

2/\$7
10-12 oz. pkg.
Entenmann's Cookies
Selected Varieties

2/\$7
for
Lay's Potato Chips
Selected Varieties 6-8 oz. pkg.

MIX & MATCH!
Tostitos Traditional Yellow Corn Tortilla Chips
or Thin & Crispy Tortilla Chips (8 oz.) 11 oz. pkg.

\$9.99
21.8 oz. pkg.
Pepperidge Farm Goldfish Crackers
Selected Varieties

2/\$7
8-12 oz. pkgs.
Snyder's of Hanover Pretzels
Selected Varieties

2/\$10
7.4-9.6 oz. pkgs.
Late July Snacks Tortilla Chips
Selected Varieties

\$9.99
18 oz. pkg.
Barcel Takis Rolled Tortilla Chips 18 Pack
Hero Pack or Variety Pack

\$7.99
14.4 oz. pkg.
Pepsi 12 Pack
12 oz. Cans Selected Varieties

\$6.99
7.5 oz. pkg.
Pepsi Mini Cans 10 Pack
7.5 oz. Cans Selected Varieties

\$8.99
14.4 oz. pkg.
Coca-Cola 12 Pack
12 oz. Cans Selected Varieties

\$6.99
9.6 oz. pkg.
Coca-Cola 8 Pack
12 oz. Bottles Selected Varieties

\$6.99
14.4 oz. pkg.
Canada Dry 12 Pack
12 oz. Cans Selected Varieties

\$5.99
3.6 oz. pkg.
Canada Dry 8 Pack
12 oz. Bottles Selected Varieties

2/\$20
9.2 oz. pkg.
Snapple Drinks 12 Pack
16 oz. Bottles Selected Varieties

4/\$5
26 oz. cont. pkg.
Powerade Sports Drinks
Selected Varieties

2/\$20
7.2 oz. pkg.
White Claw Hard Seltzer 6 Pack
12 oz. Cans Selected Varieties

2/\$20
6.7-7.2 oz. pkgs.
Twisted Tea Hard Iced Tea 6 Pack
11.2-12 oz. Bottles or Cans Selected Varieties

2/\$20
6.7-7.2 oz. pkgs.
Corona, Modelo or Peroni Beer 6 Pack
11.2-12 oz. Bottles or Cans Selected Varieties

2/\$20
6.7-7.2 oz. pkgs.
Guinness Beer 6 Pack
11.2-12 oz. Bottles or Cans Selected Varieties

2/\$20
6.7-7.2 oz. pkgs.
Heineken or Amstel Light Beer 6 Pack
11.2-12 oz. Bottles or Cans Selected Varieties

\$12.99
14.4 oz. pkg.
Coors or Coors Light Beer 12 Pack
12 oz. Bottles or Cans Selected Varieties

\$14.99
14.4 oz. pkg.
Modelo Oro or Corona Premier Beer 12 Pack
12 oz. Bottles or Cans Selected Varieties

\$19.99 SALE PRICE
-7.00 DIGITAL REBATE
\$12.99 AFTER FINAL REBATE
26 oz. pkg.
Coors Light or Miller Lite Beer 18 Pack
12 oz. Bottles or Cans Selected Varieties

\$14.99 SALE PRICE
-6.00 DIGITAL REBATE
\$8.99 AFTER FINAL REBATE
14.4 oz. pkg.
Heineken Silver Beer 12 Pack
12 oz. Bottles or Cans

Look for Our New Grab-and-Go Food Section!

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us For All Your Entertainment Needs! Where Available

\$8.99
lb.
Black Label Provisions Premium Select Lower Sodium Ham
Sliced to Order

YOUR CHOICE!

OR
Black Label Provisions Virginia Country Ham
Sliced to Order

\$6.99
lb.
Black Label Provisions Reserve Old Fashioned Bologna
Sliced to Order

YOUR CHOICE!

OR
Black Label Provisions Reserve Braunschweiger Liverwurst
Sliced to Order

\$5.99
lb.
Black Label Provisions Original American Cheese
Sliced to Order Yellow or White

\$6.99
lb.
Black Label Provisions Reserve Yellow Mild Aged Cheddar Cheese
Sliced to Order

\$7.99
lb.
Black Label Provisions Select Imported Swiss Cheese
Sliced to Order

\$12.99
lb.
Boar's Head Sweet B's Honey Barbeque Glazed™ Chicken Breast
Sliced to Order

\$10.99
lb.
Boar's Head Lacey Swiss Cheese
Sliced to Order

\$7.99
lb.
Land O Lakes Italian Blend Asiago American Cheese
Sliced to Order

\$6.99
lb.
Amish Macaroni or Potato Salad
Store Made

\$6.99
lb.
Penne & Sun-Dried Tomato Salad
Deli Fresh

\$6.99
lb.
Sesame Noodle Salad with Seeds
Deli Fresh

\$5.99
lb.
Spaghetti Salad
Store Made

\$15.99
lb.
Shrimp Salad with Mayonnaise & Dill
Store Made

\$6.99
lb.
Five-Bean Salad
Store Made

\$7.99
lb.
Antipasto Salad
Store Made

\$6.99
lb.
Apple Bread Pudding
Store Made

\$7.99
lb.
Italian Macaroni & Cheese Balls
Store Made Heat & Serve

\$7.99
lb.
Broccoli Rabe & Sausage
Store Made Heat & Serve With Asiago & Parmesan & Cheese

\$10.99
28 oz. cont.
Chicken Noodle Soup
Store Made Heat & Serve

\$10.99
28 oz. cont.
Italian Wedding Soup
Store Made Heat & Serve

\$8.99
lb.
Grilled or Breaded Chicken Breast Cutlets
Store Made Heat & Serve

\$7.99
lb.
Chicken Wings
Store Made Heat & Serve Teriyaki or Mango Habanero

\$7.99
lb.
Chicken Wings
Heat & Serve BBQ or Wings of Fire

\$5.99
lb.
Vegetable Lo Mein
Heat & Serve

\$9.99
lb.
General Tso's Chicken
Heat & Serve

\$7.99
lb.
Cheesy Zucchini Muffins
Store Made Heat & Serve

\$8.99
lb.
Lemon Pepper or Barbecue Grilled Chicken
Store Made Heat & Serve

\$8.99
lb.
Fresh Roasted Ham
Store Made Heat & Serve

\$8.99
lb.
Eggplant Parmigiana
Store Made Heat & Serve

\$5.99
lb.
Linguine in Garlic & Oil
Store Made Heat & Serve

\$10.99
lb.
Pepper Steak with Yellow Rice
Store Made Heat & Serve

\$8.99
lb.
Chicken Parmigiana with Pasta
Store Made Heat & Serve

OUR MEATS ARE
TOP QUALITY AND OUR
BEEF IS U.S.D.A. CHOICE!



TOP QUALITY MEATS

CHECK OUT OUR WEBSITE
FOR MORE RECIPE IDEAS!

USDA CHOICE BEEF

\$7⁹⁹
lb.



**Boneless
Beef
for Stew**
USDA Choice
Beef



FARM FRESH CHICKEN

\$3⁹⁹
lb.

**Thin-Sliced
Boneless
Chicken
Breast
Cutlets**
USDA Inspected
Farm Fresh



BLACK LABEL PROVISIONS

\$5⁹⁹
12 oz.
pkg.

**THE BEST
HOT DOG YOU
WILL EVER
HAVE!**

**Black Label
Provisions
Deluxe Beef
Frankfurters**
5 Count-All Natural
Natural Casing,
No Sugar Added



2/\$7
8 oz.
pkgs.

**Perdue
Short Cuts
Carved
Chicken Breast**
Fully Cooked
Selected Varieties



NO ANTIBIOTICS
EVER

\$2⁷⁹
lb.

**Springer
Mountain Farms
Whole Chickens**
Grade A, Fresh
All Natural



\$3⁴⁹
lb.

**Springer
Mountain Farms
Split
Chicken Breast**
Grade A, Fresh
All Natural, Bone-In



\$7⁹⁹
lb.

**Bell & Evans
Organic
Split
Chicken Breast**
Fresh, All Natural
Tray Pack, Bone-In



\$5⁹⁹
16 oz.
pkg.

**Nature's
Pride
Ground
Turkey**
All Natural
93% Lean/7% Fat



\$8⁹⁹
8 oz.
pkg.

**Applegate
Organics
Sunday
Bacon**
Uncured



\$6⁹⁹
8 oz.
pkg.

**Applegate
Naturals
Sunday
Bacon**
Uncured



\$5⁹⁹
7 oz.
pkg.

**Applegate
Naturals
Breakfast
Sausage**
Assorted
Varieties



\$8⁹⁹
lb.

**Pulaski
Meats**
Knockwurst,
Bockwurst, Bratwurst,
Kielbasy Burgers or
Polska Country Style
Kielbasy



PULASKI MEAT
PRODUCTS CO., INC.

\$6⁹⁹
lb.

**Chicken
Patties**
Fresh
Store Made



\$6⁹⁹
lb.

**Beef
Patties**
Fresh
Store Made
80% Lean/20% Fat



\$8⁹⁹
lb.

**Beef
Patties**
Fresh
Store Made
93% Lean/7% Fat



\$6⁹⁹
lb.

**Beef,
Pork or
Chicken
Sliders**
Fresh
Store Made



SUNDAY SAUCE!

\$10⁹⁹
lb.

**Beef
Braciolo**
Fresh,
Store Made



\$8⁹⁹
lb.

**Pork or
Chicken
Braciolo**
Fresh
Store Made



\$8⁹⁹
lb.

**Beef
& Pork
for Gravy**
Fresh



\$7⁹⁹
lb.

**Beef
& Pork
Meatloaf
Mix**
Fresh
Store Made



PRE-PACKAGED MEATS

\$6⁹⁹
9.43-12 oz.
pkg.

**Hebrew
National
Beef Franks**
Selected Varieties
Including
Beef Knockwurst



\$5⁹⁹
16 oz.
pkg.

**Avenue A
Bacon**
Original
or Thick Sliced



\$4⁹⁹
12 oz.
pkg.

**Avenue A
Turkey
Bacon**



\$5⁹⁹
16 oz.
pkg.

**Farmland
Bacon**
Thick Cut
Original or
Classic Cut
Original



2/\$8
5-8 oz.
pkgs.

**Hormel
Pepperoni**
Selected
Varieties



\$8⁹⁹
16 oz.
pkg.

**Oscar Mayer
Deli Fresh
Cold Cuts**
Selected Varieties

