



33% SAVINGS  
**2.99**/lb  
whole chicken Halal  
6.59/kg



33% SAVINGS  
**7.99**/lb  
beef eye of round Halal  
17.61/kg



50% SAVINGS  
**2.99** ea.  
lemons  
U.S.A., South Africa, 2 lb



44% SAVINGS  
**3/\$5**



43% SAVINGS  
**1.69**/lb  
baladi squash  
Mexico, U.S.A.  
3.73/kg



60% SAVINGS  
**99¢**/lb  
seedless oranges or Bartlett pears  
Egypt, South Africa  
2.18/kg



150% /LB SAVINGS  
**6.99**/lb  
boneless skinless split chicken breast Halal  
15.41/kg



24% SAVINGS  
**18.99**/lb  
tomahawk rib steak Halal  
41.85/kg



26% SAVINGS  
**10.99**/lb  
milk fed veal blade roast Halal  
24.23/kg



33% SAVINGS  
**7.99**/lb  
royal sea bream  
17.61/kg

**CELEBRATE EASTER**

**9.99**  
Adonis Halal roast beef served with potatoes & vegetables

**\$12.99**  
freshly prepared turkey Halal homestyle recipe  
1 unit, served with rice

**13.99**/lb  
mini maamoul  
30.83/kg

**17.49**/lb  
Adonis assorted baklava  
38.55/kg

33% SAVINGS  
**5.99**  
icim labneh  
550 g

27% SAVINGS  
**3.99** per 100 g  
bastourma Halal  
18.10/lb

47% SAVINGS  
**8.99**  
Puck creamy spread  
500 g

UP TO \$5 SAVINGS  
**5.99**  
Cedar almonds 454 g or roasted cashews  
350 g, selected varieties

50% SAVINGS  
**22.99**  
Cleopatra extra virgin olive oil  
3 L

60% SAVINGS  
**19.99**  
Lavazza ground coffee  
1 kg

47% SAVINGS  
**8.99**  
Cedar calrose rice  
4 kg

39% SAVINGS  
**6.99**  
Cedar tahini  
907 g

42% SAVINGS  
**3.99**  
Cedar pickles or vegetable marinade  
1 L

UP TO 41% SAVINGS  
**3.99**  
Cedar lupini beans  
796 ml

42% SAVINGS  
**3.99**  
Eska spring water  
24 x 500 ml

UP TO 33% SAVINGS  
**5.99**  
Cedar frozen vegetables  
1.75 kg, selected varieties

# EVERYDAY LOW PRICES



**249**  
/lb  
red vine tomatoes  
Canada, Mexico, U.S.A.  
5.49/kg



**169**  
/lb  
baladi squash  
Mexico, U.S.A.  
3.73/kg



**10/499**  
lemons  
U.S.A.



**299**  
/lb  
clementines with leaves  
Spain  
6.59/kg



**299**  
/lb  
lebanese cucumbers  
Canada  
6.59/kg



eggplants  
Mexico, U.S.A.  
4.39/kg

**199**  
/lb



**149**  
/lb  
flat green cabbage  
U.S.A.  
3.28/kg



**399**  
ea.  
avocados  
Mexico, bag 6 un.



**399**  
ea.  
romaine hearts lettuce  
Mexico, U.S.A., 3 un.



**499**  
ea.  
sweet peppers assorted colors  
Canada, Mexico, Honduras, 4 un.



**99¢**  
ea.  
fresh mint or green onions  
Mexico, U.S.A.



**399**  
ea.  
oranges  
South Africa, Egypt, bag 3 lb



**499**  
ea.  
yellow, Russet or red potatoes  
Canada, bag 10 lb



**299**  
ea.  
yellow onions  
Canada, 5 lb



**99¢**  
ea.  
italian or curly parsley  
Mexico, U.S.A.



**299**  
ea.  
kiwi basket  
Greece, 600 g



**25% savings**  
**299**  
ea.  
celery  
U.S.A., Mexico

## Fresh FRUITS and VEGETABLES



**999**  
/lb  
loquats  
Spain  
22.02/kg



**499**  
ea.  
cauliflower  
U.S.A., Mexico



**up to 34% savings**  
**3/\$5**  
radish bunch or coriander  
Canada, U.S.A., Mexico



**899**  
/lb  
medjool dates  
19.82/kg



**33% savings**  
**399**  
/lb  
peaches or nectarines  
Chile  
8.80/kg



**2/\$5**  
dill or arugula bunch  
U.S.A., Mexico



**up to 28% savings**  
**179**  
/lb  
sweet potatoes or anise fennel  
U.S.A., Mexico  
3.95/kg



**up to 33% savings**  
**199**  
/lb  
golden delicious, royal Gala or red delicious apples  
Canada  
4.39/kg



**2/\$5**  
red or ataulfo mangoes  
Mexico  
LARGE FRUIT



**349**  
ea.  
peeled garlic  
China, 1 lb



**2/\$5**  
spinach bunch or artichoke  
Canada, U.S.A., Mexico



**399**  
ea.  
Attitude salads  
U.S.A., 142 g  
selected varieties



**499**  
ea.  
whole or cored pineapple  
Costa Rica  
LARGE FRUIT

### Bulk variety



**23% savings**  
**99¢**  
per 100 g  
lebanese green or black olives  
4.49/lb



**23% savings**  
**99¢**  
per 100 g  
marinated greek peppers  
4.49/lb



**14% savings**  
**179**  
per 100 g  
marinated mixed artichokes  
8.12/lb



**12% savings**  
**149**  
per 100 g  
halva selected varieties  
6.76/lb

ENJOY **FRESH** meats and top  
our **QUALITY specialties**

منتجاتنا اللحومية

Adonis  
ORIGINAL  
RECIPE



**3.49**  
/lb

marinated chicken drumsticks   
7.69/kg

Adonis  
ORIGINAL  
RECIPE



**5.49**  
/lb

marinated chicken wings   
12.10/kg

Adonis  
ORIGINAL  
RECIPE



**8.99**  
/lb

shish taouk  
chicken breast Halal  
19.81/kg

Adonis  
ORIGINAL  
RECIPE



**8.49**  
/lb

souvlaki chicken thighs Halal  
18.71/kg

Adonis  
ORIGINAL  
RECIPE



**15.99**  
/lb

leg of lamb cubes Halal  
35.25/kg

Adonis  
ORIGINAL  
RECIPE



**11.99**  
/lb

marinated lamb shoulder chop Halal  
26.43/kg

Adonis  
ORIGINAL  
RECIPE



**8.99**  
/lb

beef kafta   
19.81/kg

Adonis  
ORIGINAL  
RECIPE



**15.99**  
/lb

grain fed veal cutlet   
35.25/kg

**10.99**  
/lb

beef sirloin tip steak Halal  
24.23/kg

Adonis  
ORIGINAL  
RECIPE



**21.99**  
/lb

marinated beef tenderloin cubes Halal  
48.47/kg

AA+

boneless strip  
loin steak Halal  
39.65/kg

**17.99**  
/lb



**6.99**  
/lb

Lean ground beef Halal  
15.41/kg



TASTE **FRESHNESS** of our SEAFOOD PRODUCTS منتجاتنا البحرية



**\$2/LB OFF**  
**11<sup>99</sup>** /lb  
coho salmon fillets  
frozen/defrosted  
26.43/kg

**FREE CLEANING**

**\$1/LB OFF**  
**3<sup>99</sup>** /lb  
whole black tilapia  
8.80/kg



**\$2/LB OFF**  
**12<sup>99</sup>** /lb  
cleaned striped bass  
28.64/kg

**44% OFF**  
**8<sup>99</sup>** /lb  
tuna steak  
frozen/defrosted  
19.82/kg

**28% OFF**  
**4<sup>99</sup>** /lb  
basa fillet  
11.00/kg



**\$1 OFF**  
**3<sup>99</sup>**  
Blue Tide imitation crab meat  
454 g

**\$1 OFF**  
**6<sup>99</sup>**  
Blue Tide seafood mixed  
350 g

**\$1 OFF**  
**8<sup>99</sup>**  
Irresistible crispy salt and pepper squid  
340 g

**\$2 OFF**  
**10<sup>99</sup>**  
Irresistible raw garlic-herb jumbo shrimp  
340 g

Our **FRESH** products — عروض المنتجات الطازجة



**34% OFF**  
**2/\$5**  
Phoenicia yogurt  
750 g  
2% M.F. / M.G.  
CANADA | 750 g

**23% OFF**  
**16<sup>99</sup>**  
Saputo shredded cheese  
1 kg  
ITALIANO 4 FORMAGGI  
MOZZARELLISSIMA



**UP TO 22% OFF**  
**6<sup>99</sup>**  
Liberté greek or mediterranean yogurt  
550-900 g, selected varieties

**31% OFF**  
**5<sup>49</sup>**  
Astro Original yogurt  
12 x 100 g

**15% OFF**  
**4<sup>49</sup>**  
Two Good greek yogurt  
4 x 95 g  
LOW SUGAR  
HIGH PROTEIN



**29% OFF**  
**5<sup>99</sup>**  
Milk 2go milk  
6 x 200 ml

**16% OFF**  
**4/\$5**  
Yoplait Yop drinkable yogurt  
200 ml

**13% OFF**  
**3<sup>49</sup>**  
Selection cottage cheese  
500 g

**\$1 OFF**  
**4<sup>99</sup>**  
Silk refrigerated drink  
1.89 L  
AMANDES  
ORGANIC SOY



**25% OFF**  
**2<sup>99</sup>**  
Puck triangle cheese  
120 g

**17% OFF**  
**4<sup>99</sup>**  
Babybel mini cheese  
120 g

**19% OFF**  
**12<sup>99</sup>**  
Saputo mini friulano  
500 g

**11% OFF**  
**7<sup>99</sup>**  
Life Smart natural liquid egg white  
1 kg

## Discover OUR COLD CUTS

**41% OFF**  
**2.99** per 100 g  
Marc Angelo prosciutto cotto 13.56/lb

**38% OFF**  
**1.49** per 100 g  
Alzahraa hot or mild beef salami Halal 6.76/lb

**30% OFF**  
**2.49** per 100 g  
Mastro porchetta or hot or mild genoa salami 11.29/lb

**30% OFF**  
**2.79** per 100 g  
Selection gluten free smoked turkey breast 12.66/lb

**13% OFF**  
**3.49** per 100 g  
Breton pâté 150 g, selected varieties

**12% OFF**  
**7.49** per 100 g  
Maple Leaf cold cuts 175 g, selected varieties

**28% OFF**  
**2/\$5** per 100 g  
Harvest Creek smoked chicken sausages Halal 450 g

**21% OFF**  
**5.49** per 100 g  
Alzahraa beef bologna Halal 200 g, selected varieties

## Discover OUR SPECIALTIES

Platter of 12 Halal kafta skewers served with grilled tomatoes and onions, spicy bread, rice spicy potatoes (medium size) and sauce

**59.99**

**15.99** per 100 g  
Adonis Halal chicken or beef shawarma plate served with rice or garlic potatoes, salad and sauce

**15.99** per 100 g  
salmon with rice, or paella

**12.99** per 100 g  
Halal grilled chicken leg served with rice potatoes and vegetables

**12.99** per 100 g  
Adonis lahmajoun, cheese roll, cheese pie 12 ct.

**6.99** per 100 g  
Adonis couscous, chickpea, greek or quinoa salads 454/500 g

**6.59** per 100 g  
Adonis Mouhamara dip 250 g

## Discover OUR CHEESES

**UP TO 24% OFF**  
**7.99** per 100 g  
Monsieur Gustav smoke flavoured St-Paulin 150 g  
Vaudreuil Champfleury 180 g  
Oka original 190 g

**20% OFF**  
**1.99** per 100 g  
macedonian style triple feta cheese 9.03/lb

**33% OFF**  
**2.49** per 100 g  
baladi cheese in brine 11.29/lb

**29% OFF**  
**2.49** per 100 g  
Santorini kopanisti dip 11.29/lb

**34% OFF**  
**2.49** per 100 g  
Markler kashkaval cheese 11.29/lb

**25% OFF**  
**2.99** per 100 g  
Irresistible german emmental cheese 13.57/lb

**UP TO 19% OFF**  
**6.99** per 100 g  
Boursin cheese or Saputo ricotta 150-475 g

**14% OFF**  
**5.99** per 100 g  
Saputo sliced cheese 150-200 g, selected varieties

## Discover OUR PASTRY AND BAKERY

Adonis yellow marbled Easter cake

**29.99**

**4.49** per 100 g  
Adonis assorted cake slices

**13.99** /lb  
halawet el jibn 30.83/kg

**4.49** per 100 g  
Stonemill sourdough loaf 454 g

**3.49** per 100 g  
Dempster's hotdog or hamburger buns 6-8 ct.

**4.99** per 100 g  
Andalos kaak 400 g, selected varieties

**5.99** per 100 g  
Irresistible muffin 600 g, selected varieties

# EVERYDAY ESSENTIALS

 <p><b>33% OFF</b> <b>7<sup>99</sup></b> Unico oil 2 L</p>	 <p><b>40% OFF</b> <b>12<sup>99</sup></b> 777 phoenicia rice 4.5 kg</p>	 <p><b>16% OFF</b> <b>3/\$5</b> Americana plain fava bean or tomato paste bean 335 ml</p>	 <p><b>58% OFF</b> <b>1<sup>99</sup></b> 7 days mini croissant 200 g</p>
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 <p><b>2/\$7</b> Bubly sparkling water mini cans 6x222 ml</p>	 <p><b>4<sup>49</sup></b> Coca Cola soft drink 6x222 ml</p>	 <p><b>2/\$7</b> Lay's potato chips 235 g</p>	 <p><b>2/\$9</b> Ruffles chips 200 g</p>
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 <p><b>3/\$5</b> Allen's juice 1 L</p>	 <p><b>2/\$7</b> Ulker cookie 200 g</p>	 <p><b>6<sup>99</sup></b> Nutella biscuits 276 g</p>	 <p><b>3<sup>49</sup></b> Leclerc Celebration cookies 200-240 g</p>
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 <p><b>4<sup>99</sup></b> Twining tea bag 25 un</p>	 <p><b>6<sup>99</sup></b> Laura Secord spread 75 g</p>	 <p><b>2<sup>99</sup></b> Cedar jam 250 ml</p>	 <p><b>4<sup>49</sup></b> Kellogg's Cereals 340 g</p>
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 <p><b>UP TO 34% OFF</b> <b>2/\$5</b> Cedar phyllo pastry 534 g</p>	 <p><b>UP TO 48% OFF</b> <b>2/\$5</b> Divya paratha 1 kg</p>	 <p><b>\$1 OFF</b> <b>4<sup>99</sup></b> Selection frozen fries 170 g</p>	 <p><b>\$1 OFF</b> <b>7<sup>49</sup></b> Borek Halal ground beef 154 g</p>
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 <p><b>15<sup>99</sup></b> Brar's clarified butter 800 g</p>	 <p><b>99¢</b> Aruba jelly mix Halal 85 g</p>	 <p><b>3/\$5</b> Nordex sterilized and homogenized cream keshta 170 g</p>	 <p><b>2/\$7</b> Selection flour 2.5 kg</p>
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 <p><b>10<sup>99</sup></b> Al'ard thyme blend spice 500 g</p>	 <p><b>2<sup>99</sup></b> Aoun white coarse bulgur 900 g</p>	 <p><b>2/\$5</b> Unico tomato crushed or diced 796 ml</p>	 <p><b>2<sup>29</sup></b> Unico solid light tuna 198 g</p>
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 <p><b>6<sup>99</sup></b> Hellman's mayonnaise 890 ml</p>	 <p><b>2<sup>99</sup></b> Kraft dressing 425 ml</p>	 <p><b>5<sup>49</sup></b> Heinz ketchup 750 ml</p>	 <p><b>2<sup>79</sup></b> French's mustard 400 ml</p>
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# CLEANING ESSENTIALS

Selection  
dishwasher  
tab  
90 un.



**12.99**

Selection  
dishwashing  
detergent  
3.8 L



**5.99**

Selection fibre  
guard bleach  
2.4 L



**2.99**

Selection  
bathroom cleaner  
950 ml



**2.99**

Selection  
laundry  
detergent  
1.8 L



**3.49**

Selection  
liquid fabric  
softener  
1.6 L



**3.49**



**4.99**

Selection 25 L  
kitchen garbage bag  
100 un.



**6.99**

Selection  
garbage bag  
40 un.



**19.89**

Selection  
bathroom  
tissue  
30 un.



Selection  
facial tissue  
12 un.

**12.99**



**5.49**

Selection paper towel  
6 un.



**5.49**

Selection  
Eco  
napkin  
500 un.