

buy-low foods

HAM-TASTIC SAVINGS
for Easter!

WOW!
12.87 lb
Canadian Diamond
Prime Rib Roast
Fresh, 28.37/kg



4 DAYS ONLY
THURS. TO SUN.
APRIL
2-5



WOW!
2.27 lb
Sugardale
Smoked Ham
Shank or Butt, 5.00/kg



WOW!
.97 lb
Jumbo Yams
or Russet Potatoes,
USA, 2.14/kg

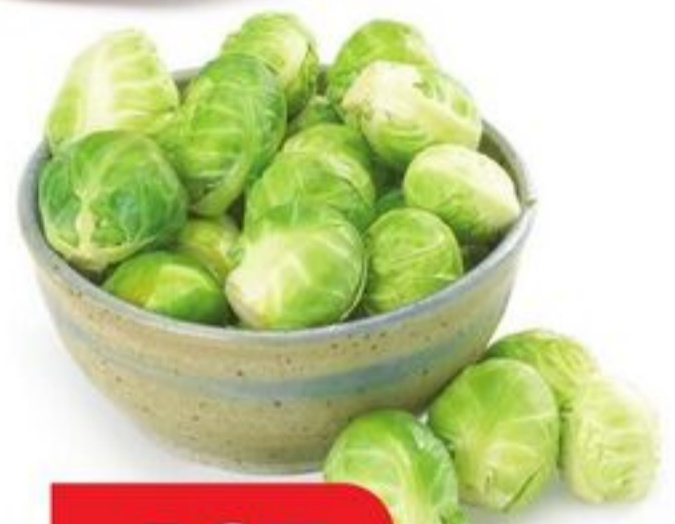


You carve the
roast, we'll
CARVE THE PRICES!



4.97 ea

Lattice Top Pie
or Crumble, Selected
Varieties, 8 Inch



1.97 lb

Brussels
Sprouts
Mexico, 4.34/kg

Buttercup Bakery
Round Top Bread
White or Whole Wheat, 570g



2\$4
for

Campbell's Broth
Selected Varieties, 900 mL



1.57 ea

Club House
Gravy Packet
or Recipe Mix,
Selected Varieties



.97 ea

Western Family
Canned Vegetables
Selected Varieties,
341 mL or 398 mL



1.27 ea

Betty Crocker
Mashed Potatoes
113g, First 4



1.87 ea



4.47 ea

Western Family
Signature
Ice Cream
1.65 Litres

Prices effective Thursday to Wednesday, April 2 to 8, 2026. Offers require use of More Rewards Card.
Offers available at Buy-Low Foods Prince George, Grande Prairie, Nanaimo & Coquitlam locations only.

BUY LOW. GET MORE FOR LESS!

CANADIAN owned and operated.

PRODUCE

SQUEEZE THE SAVINGS

Enjoy fresh... for less.



WOW!

2⁹⁷ lb

Red Seedless Grapes

Peru or Chile,
6.55/kg

FRESHER. LOWER.

Get all your favourite produce at low prices. Check out our local & organic options.

Show us any local competitor's flyer and we will match it!



Celery
USA



1⁹⁷ ea

Pineapple
Costa Rica



4⁹⁷ ea

Green Beans
Mexico, 7.65/kg



3⁴⁷ lb

Carrots
Mexico, Bunch



2^{\$6} for

Russet Potatoes
Canada, 10 lb Bag



4⁹⁷ ea

Western Family Herbs
Selected Varieties, 20g



1⁹⁷ ea

b
fresh
Guarantee

If our produce is not fresh, we will 100% refund and replace the product*. (*See in store for details.)

BUY LOW. GET MORE FRESH!



BL2

BUY LOW. GET MORE FRESH!

meat & seafood



WOW!
1.97 lb
Grade A Turkey
Frozen, 3 kg to 5 kg,
4.34/kg



3.47 ea
Campfire Bacon
375g



\$5 ea
Breakfast Sausages
or Pork, Fresh



7.97 ea
Western Family Appetizer
Selected Varieties,
Frozen



8.97 ea
Western Family Garlic Sausage
750g



3.27 ea
Schneiders Lunch Mate
Selected Varieties,
90g



5.97 ea
Western Family Shrimp Ring
Frozen, 227g



\$12 ea
Western Family Fish Portions
Selected Varieties,
Frozen, 454g or 568g

deli



WOW!
4.77 ea
Boursin Cheese
Selected Varieties,
150g



5.97 ea
Fantino & Mondello Meats
Selected Varieties, 100g



5.97 ea
Western Family Feta Cheese
Selected Varieties, 200g



2.97 ea
Western Family Dip
Selected Varieties, 227g



buy 1 get 1
free
Freybe Pepperoni
500g



BUY LOW. GET MORE ALWAYS!

bakery



WOW!
2.97 ea
Western Family
Garlic Baguette
325g

Dinner Rolls
Pack of 20

4.97 ea



4.47 ea
Scones
Fresh, Selected Varieties, 400g



8.47 ea
New York Cheesecake
or Strawberry, 600g



3.87 ea
Easter Mini Cupcakes
284g

dairy

WOW!
8.47 ea
Armstrong Shredded Cheese
500g or 600g



3.97 ea
Philadelphia Cream Cheese
250g or 227g



2.97 ea
Becel Plant Butter
Salted, Selected Varieties,
454g

Silk Dairy-Free Coffee Enhancer
Selected Varieties,
890 mL

4.97 ea



Liberté Greek Yogurt
or Lactose-Free,
Selected Varieties,
650g or 750g

6.47 ea



frozen

WOW!
1.97 ea
Smart Ones Entrée
Frozen, 255g



Dr. Oetker Giuseppe Pizza
Selected Varieties,
Frozen, 480g

4.87 ea



2.97 ea
McCain Diced Hashbrowns
Frozen, 800g

Western Family Fruit
Frozen, 600g

4.47 ea



2.97 ea
Western Family Pie Shells
Frozen, 380g or 350g



BULK FOODS

BULK UP!

With as much (or as little) as you want.



.57
100g

Roasted Peanuts
Selected Varieties



1.47
100g

Walnuts
Selected Varieties

EVERY BUNNY LOVES TO SAVE



1.77
100g

Milk Chocolate Eggs



.37
100g

Dare Candy
Selected Varieties



4.97
ea

Nestlé Hide Me Eggs
Selected Varieties, 150g
WHILE QUANTITIES LAST.



4.97
ea

Cadbury Mini Eggs
Selected Varieties, 200g



2.250
for

Cadbury Single Eggs
or Mini Eggs, Selected Varieties, 33g
WHILE QUANTITIES LAST.



7.47
ea

Lindt Gold Bunny
Selected Varieties, 50g or 100g



\$13
ea

Signature Bouquet



\$8
ea

Simplicity Bouquet

BUY LOW. GET MORE SAVINGS!



When it comes to prices, we've made

ALL THE TRIMMINGS!



WOW!
1.47
ea
YOU SAVE: \$1.50
Green Giant Simply Steam Vegetables
Selected Varieties,
Frozen, 250g



19.97
ea
YOU SAVE: \$3

Butterball Stuffed Boneless Turkey Breast
Frozen, 1.5 kg



2.77
ea
YOU SAVE: \$0.50

Yellow Onions
USA, 3 lb Bag

Western Family Cranberry Sauce
Selected Varieties,
348 mL



1.47
ea
YOU SAVE: \$1.20



3.97
ea
YOU SAVE: \$1.50

Becel Margarine
Selected Varieties,
427g

Ocean Spray Beverage
(1.89 Litres) or
Blend (1.77 Litres),
Selected Varieties



3.97
ea
YOU SAVE: \$0.50

Western Family Real Whipped Cream
Selected Varieties, 225g



2.97
ea
YOU SAVE: \$1

Dairyland Classic Egg Nog
946 mL



2.97
ea
YOU SAVE: \$0.40



17.97
ea
YOU SAVE: \$9.30

Cadbury Mini Eggs
Selected Varieties,
943g

INVITE LOW PRICES TO YOUR FEAST

LOWER EVERY DAY.

Savings in every aisle, every day.

pantry

WOW!
247 ea
Kellogg's Cereal
Selected Varieties,
275g or 280g



Dare Crackers
(100g) or
Vinta (200g),
Selected Varieties

197 ea



Barilla Pasta
Selected Varieties, 340g or 410g

167 ea



**Club House
Baking Extracts**
Selected Varieties, 43 mL

247 ea



**Carnation
Evaporated Milk**
354 mL

247 ea



Smucker's Jam
(500 mL) or
Uncrustables (232g),
Selected Varieties

597 ea

snacks & beverages

WOW!
747 ea
Pepsi Soft Drink
Selected Varieties,
12 x 355 mL



**Doritos Tortilla
Chips**

297 ea



**Starbucks
Premium
Coffee Pods**
(10-Pack) or Premium
Coffee (340g),
Selected Varieties

1197 ea



**Western Family
Cookies**
Selected Varieties, 300g

377 ea



**SunRype
Beverage**
Selected Varieties,
900 mL

Buy 2+
197 ea



**Orville Redenbacher
Microwave Popcorn**
(492g) or Angie's Boom Chicka
Pop (136g), Selected Varieties

397 ea



**AD
MATCH**

Show us any competitor's flyer
and we will match it!

Some conditions apply. Visit buy-low.com for details.

HOUSEHOLD & MORE

WOW!
5⁹⁷ ea
Western Family
Bathroom Tissue
Selected Varieties,
12=24 Rolls



4⁹⁷ ea



Clorox
Disinfecting Wipes
Selected Varieties, 75's



15% off Royal Chinet
Disposable Plates
Selected Varieties, 40's



10\$8 for Purina Friskies
Cat Food
Wet, Selected Varieties,
156g



Milk-Bone Soft
& Chewy Treats
Selected Varieties,
708g

9⁹⁷ ea

Personal Care

WOW!
6⁴⁷ ea
Aussie Hair Care
(778 mL) or Aussie Kids
(236 mL), Selected
Varieties



2⁹⁷ ea



Arm & Hammer
Toothpaste
Selected Varieties, 120 mL



8⁹⁷ ea
Kotex Feminine
Care
Selected Varieties,
28's or 32's

Baby Gourmet
Baby Food Purée
Also Love Child
Organics, Selected
Varieties, 128 mL

1⁷⁷ ea



37⁹⁷ ea
Pampers Super
Economy
Diapers
Selected Varieties,
100's or 144's

BUY LOW. GET MORE FOR LESS!



**DROP
ZONE**



**BIGGER,
BETTER
BARGAINS.
NOW
YOU'RE IN
THE ZONE!**

Some limits may apply, no raincheques, no returns.



**General Mills
Cereal**
Selected Varieties,
570g or 725g

5 47
ea



**Mott's
Clamato Juice**
Selected Varieties, 1.89 Litres

3 47
ea



**Freshex Liquid
Laundry Detergent**
3.78 Litres

9 97
ea



**Unico Canned
Ingredient Beans**
540 mL

1 47
ea



**Samyang Fire
Chicken Noodles**
(5 x 140g) or Hot Chicken
Carbonara (5 x 130g)

7 97
ea



**Western
Family Cereal**
Selected Varieties,
685g or 700g

4 77
ea

Enjoy Vaisakhi savings

HOTTER THAN SPICY ACHAAR!



WOW!
5⁹⁷ ea
 Little India
 Basmati Rice
 8 lbs

Divya Sharbati Chakki Atta
 Fresh, 20 lbs



8⁹⁷ ea

Divya Brown Sugar
 8 lbs



6⁴⁷ ea



7⁹⁷ ea
Wagh Bakri Premium Pot Tea Bags
 216's

Sher Besan Chana Flour
 4 lbs



4⁹⁷ ea

Teja Roasted Peanuts
 In Shell, 800g



3⁴⁷ ea

BonLife Sunflower Oil
 3 Litres



7⁹⁷ ea



3⁴⁷ ea
Tre Stelle Paneer
 300g



9⁹⁷ ea
Gia Punjabi Samosas
 Frozen, 2 kg