HELLO ALBERTA

15% OFF*

ALL GROCERIES

TUESDAY
APRIL 7
ONLY

or 40x More REWARDS points

save on foods

THIS PROMO IS AVAILABLE FOR **ONLINE SHOPPING**† TOO!

†Online shopping order must be picked up or delivered on promotion date to receive the discount or points.

Use your More Rewards card and you'll receive 15% off your groceries OR an additional forty (40) More Rewards points per dollar spent on qualifying purchases of $50 or more. A 'qualifying purchase' excludes lotto, tobacco, prescriptions, gift cards, wine, Tim Hortons and McCafé products, postage stamps, wholesale products, clinics, diabetes care, tickets, restaurant, rewards, rebates and taxes, where applicable.

save on foods

fresh feasts for a HOPPY EASTER

UNREAL DEAL on

12.99 ea Tuxedo Truffle Mousse Cake
Also Selected Varieties, 650g



10.99 ea First 1 | **12.99 ea**
Mitchell's Heritage Bacon
1 kg

MY OFFERS
EXTRA UNREAL DEAL
LOAD DEAL

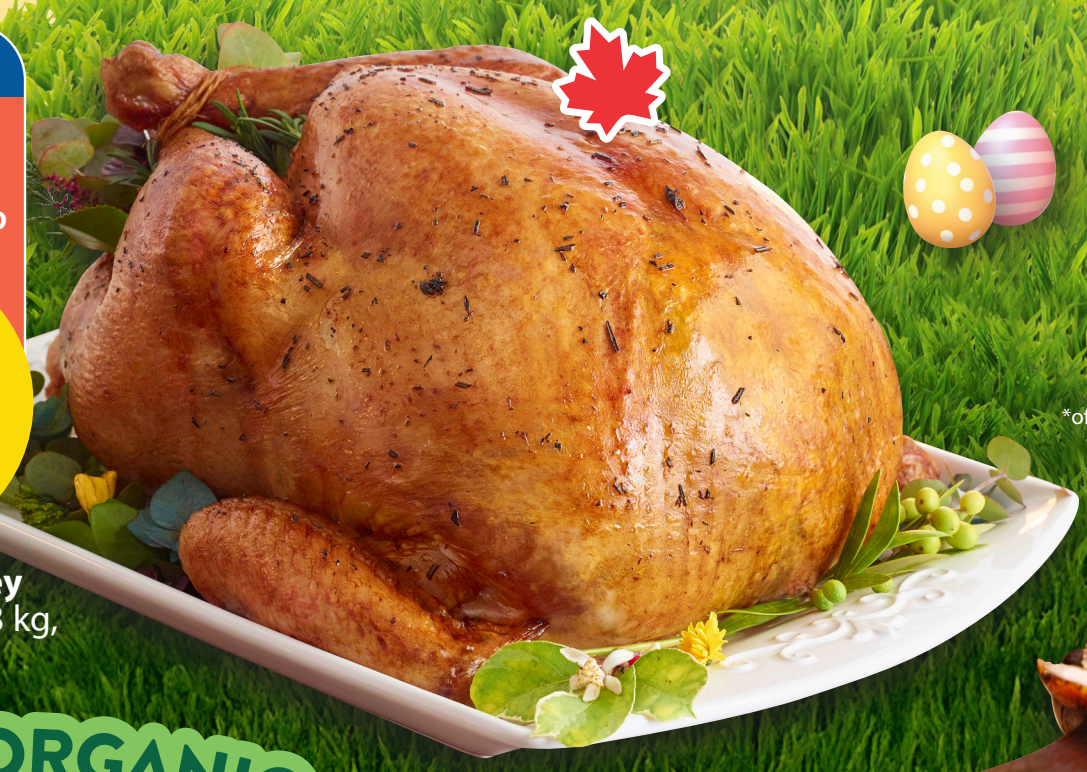


4.99 ea
Honeyglow Pineapple
Costa Rica



NEW DEAL. BEST PRICE. EVERY WEEK.

More REWARDS
FREE WITH 23,000 POINTS REDEEMED
or
2.77 lb
Grade A Turkey
Fresh, 5 kg to 8 kg, 6.11/kg



BUY 1 GET 1 free*
*of equal or lesser value
Pork Shoulder Butt Roast
Fresh, Boneless



ORGANIC BERRY BURST



MIX & MATCH BUY 1 GET 1 50% OFF
Organic Strawberries
California, 1 lb
Organic Raspberries
Mexico or USA, 1 Pint

1.99 lb
Brussel Sprouts
Mexico or USA, 4.39/kg





13.99 ea
Western Family Signature Prawn Platter
with Sauce, Frozen, 454g

3.99 ea



Artisan Potato Bread
Selected Varieties, 450g

Buy 3+ **1.49 ea**



Coca-Cola Soft Drinks
Also Canada Dry, Selected Varieties, 2 Litres

3.99 ea



Chapman's Premium Ice Cream
Also Novelties, Selected Varieties, 500 mL or 8 x 150 mL

4.99 ea



Western Family Shredded Cheese
Selected Varieties, 320g

mystery gift
More REWARDS

Gifts from 100 up to...
One Million Points!

LOAD MY OFFERS

*Must be an active More Rewards member at least 7 days prior to start of promotion to receive the Mystery Gift offer.

Maple leaf indicates products of Canada and products made in Canada. See actual items for details.
Prices effective Thursday to Wednesday, April 2 to 8, 2026. Offers require use of More Rewards card. Selection & availability may vary by store.

Wk14-B1

EASTER FEAST

and eats you can't resist

Make this special holiday a breeze with a large selection of delicious essentials.



More REWARDS
FREE WITH 14,000 POINTS REDEEMED
or
2.99 lb

Western Family Ham
Butt or Shank Portion, Also Cook's, 6.59/kg



BUY 2 GET 1 FREE
western family Appetizers





13.99 ea

Whipped Cheesecake
Selected Varieties, 6 Inch



Butterflake Rolls
Pack of 8

pack of 8 3.49





Hot Cross Buns
Pack of 12

pack of 12 6.99

Vietnamese Noodle Salad

1.99 100g

Broccoli Salad

2.29 100g

save on foods KITCHEN



Broccoli Crowns
USA, 6.59/kg

2.99 lb



bunny approved HOLIDAY HELPERS



3 for $4
Kraft Stove Top Stuffing Mix
120g



2 for $6
Western Family Vegetables
Selected Varieties, Frozen, 750g



2.79 ea
Fresh Herbs
USA, 20g



3 for $6
Campbell's Broth
(900 mL) or Condensed (250 mL), Selected Varieties



2 for $5
Dole Pineapple
398 mL



4 for $5
Club House Gravy Mix
Dry, Selected Varieties, 21g or 25g



2 for $5
Ocean Spray Cranberry Sauce
348 mL



5.69 ea
Club House Spices
Selected Varieties

HUNT FOR DEALS







8.99 ea

Lindt Gold Bunny
or Lindor Chocolates, Selected Varieties, 100g or 120g



4.99 ea

Lindt Chocolate Mini Eggs
100g



9.99 ea

Ghirardelli Caramel Easter Bunnies
(117g), Also Lindt Truffles (150g), Selected Varieties

6.99 ea



Lindt Gold Milk Chocolate Bar
120g

12.99 ea



Lindt Kissing Bunnies
100g

WHILE QUANTITIES LAST.

spring into fresh

PRODUCE

SWEET SPRING SIDE

Mash roasted sweet potatoes with a dab of butter for an instantly festive side.



1.99 lb

Yams
USA, 4.39/kg



2.99 lb

Broccoli Crowns
USA, 6.59/kg



6.99 ea

Russet Potatoes
Canada or USA, 10 lb bag



ONLY WITH MY OFFERS
2.99 ea
First 1
LOAD NOW

3.99 ea

Smiley's Tearless Onions
USA, 3 lb Bag

SPRING FRESH BITES

1.99 lb

Assorted Squash
Mexico, 4.39/kg



3.99 lb

Red Grapes
Chile, 8.80/kg

19.99 ea

Western Family Veggie Tray
Large, USA, Mexico or Guatemala, 1.6 kg



3.49 ea

Organic Rainbow Carrots
California



FRESH TO THE ROOTS

3.99 ea

Organic Bunch Beets
USA

3.99 ea

Organic Radishes
California

Organic carrots, beets and radishes share a naturally earthy sweetness, satisfying crunch, and vibrant colours that hint at the nutrients inside. Enjoy them raw, roasted, pickled or juiced.

beautiful spring

BLOOMS



32.99 ea

European Bouquet



14.99 ea

Sweet Petite Arrangement



52.99 ea

Gemstone Wave Orchid
5 Inch
WHILE QUANTITIES LAST.

premium MEATS



19.99 lb

PROUDLY SERVING ALBERTA BEEF

Prime Rib Roast
Fresh, AAA, 44.07/kg



More REWARDS
FREE WITH 16,000 POINTS REDEEMED
or
Works out to **4.99 lb**

Western Family Chicken Breast
Boneless, Skinless, Frozen, 3 kg Box, 32.99 ea



BUY 2 GET 1 free*

Johnsonville Sausages
Selected Varieties, 375g or 500g

*of equal or lesser value

Stuffed turkey—hearty and perfect for the holiday table!



More REWARDS
FREE WITH 13,000 POINTS REDEEMED
or **$20 ea**

Boneless Turkey Breast Roast
Fresh, 1 kg or 1.2 kg

FESTIVE INDULGENT RICH



More REWARDS
FREE WITH 5500 POINTS REDEEMED
or
10.99 ea

Hot Buffalo Dip
400g





More REWARDS
FREE WITH 19,000 POINTS REDEEMED
or **5.99 lb**

Western Family Signature Half Ham
Fresh, 13.21/kg

TASTY DEALS



BUY 1 GET 1 free*

*of equal or lesser value



Grimm's Naturally Smoked Sausage
Selected Varieties, 300g



9.99 ea

Schneiders 4-Cheese Spinach Dip
Also Buffalo Chicken, Frozen, 530g



5.99 ea

Schneiders Juicy Jumbos
or Smoked Sausages, Selected Varieties, 375g or 450g



10.99 ea

Maple Leaf Pork Tenderloin
or Natural Pulled Pork, 400g or 450g



9.99 ea

Maple Leaf Prime Breaded Chicken
Selected Varieties, Frozen, 568g or 700g



11.99 ea

High Liner Signature Cuts Cod Fillets
Frozen, 425g or 540g

FRESH SEAFOOD



3.29 100g

Atlantic Salmon
Warehouse Pack, Fresh

An alternative Easter dinner idea!





11.99 ea

Western Family Argentine Prawns
Wild, Also Marinated, Frozen, 340g





10.99 ea



Salmon Village Wild Pink Salmon Nuggets
Selected Varieties, 150g

13.99 ea



Aqua Star Tempura Shrimp
31 to 40 Count, Frozen, 500g

LIGHT CRUNCHY IRRESISTIBLE

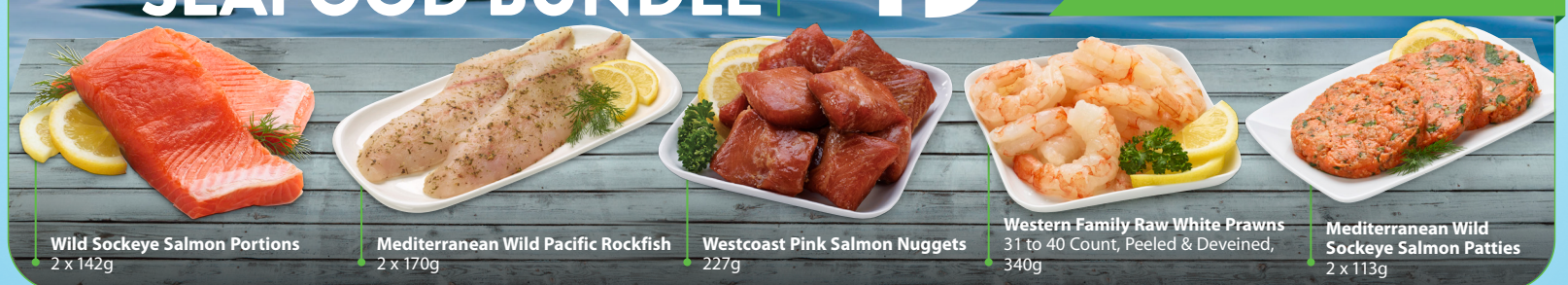
NEW!

WESTCOAST SEAFOOD BUNDLE

WAS $59
$49

Save big on pre-portioned seafood, already boxed for convenience. Ready to cook or store in your freezer.

PREORDER YOURS TODAY!



Wild Sockeye Salmon Portions
2 x 142g

Mediterranean Wild Pacific Rockfish
2 x 170g

Westcoast Pink Salmon Nuggets
227g

Western Family Raw White Prawns
31 to 40 Count, Peeled & Deveined, 340g

Mediterranean Wild Sockeye Salmon Patties
2 x 113g

hoppin' fresh BAKERY



pack of 12 **3.49**

Dinner Rolls
White or 100% Whole Wheat, Pack of 12



5.99 ea

Cinnamon Buns
Iced or Uniced, 480g

Wake up to Easter magic in every swirl.



2.49 ea

White Bread
or 100% Whole Wheat, Sliced, 567g



.99 ea

Danish Butterhorns
40g



3.99 ea

Chocolate Croissants
(Pack of 4) or Mini Croissant (Pack of 12)



pack of 6 **3.99**

Everything Bagels
Also Selected Varieties, Pack of 6

LIGHT, AIRY, DELICIOUS

ONLY WITH MY OFFERS
pack of 6 **2.49**
First 4
LOAD NOW

pack of 6 **2.99**



Western Family English Muffins
Selected Varieties, Pack of 6



3.49 ea

Western Family Wraps
Selected Varieties, 568g

2 for $7



Villaggio Italian White Bread
(510g) or Crustini (528g)

9.99 ea



Strawberry Rhubarb Pie
Gluten-Free, Also Selected Varieties, 675g

pack of 20 **5.49**



Dinner Rolls
Pack of 20
WHILE QUANTITIES LAST.

pack of 12 **4.99**



King's Hawaiian Buns
Pack of 12

pack of 6 **3.99**



Bakestone Brothers Pita Bread
Selected Varieties, Pack of 6

decadent desserts that TAKE THE CAKE



STRAWBERRY SHORTCAKE

A three layer white cake filled with whipped cream, custard, strawberries, and glaze. Finished with whipped cream, strawberries, glaze, and a white chocolate garnish.

23.99 ea



CHOCOLATE GANACHE

Decadent chocolate cake layers filled and frosted with smooth chocolate buttercream, all finished with a luxurious pour of silky chocolate ganache.

22.99 ea



BLACK FOREST CAKE

This is a favourite classic! Delicate chocolate sponge cake with whipped cream and cherry filling.



FRUIT & WHIPPED CREAM CAKE

A delightfully light sponge cake topped with fresh fruit and real cream.

23.99 ea

24.99 ea

FRUIT FLAN

A light sponge cake filled with custard and topped with fresh fruit and glaze.



quality
DELI

A trio of Italian classics for effortless entertaining.



ONLY WITH MY OFFERS
8.99 ea
First 2
LOAD NOW

9.99 ea new

Italian Salami Trio
or Bavarian, Sliced in Store



9.99 ea

Alexis de Portneuf Double Crème Brie Cheese
or Camembert, 300g



2.99 100g

Old Fashioned Ham
Winnipeg, MB, Selected Varieties



30% off

Bothwell Cheddar Cheese
Selected Varieties

13.99 ea

Western Family European Selection
or Italian, 175g

3.99 100g

Gouda Cheese
Aged 13 Weeks, Cut & Wrapped in Store, Netherlands

TASTY FRESH SAVOURY

Creamy, tangy and totally celebration-ready.



3.99 100g

Castello Blue Cheese
Denmark



2.99 100g

Maple Lodge Chicken
Brampton, ON, Selected Varieties



2.99 100g

Mixed Olives

DELI-CIOUS SAVINGS





6.49 ea

Boursin Cheese
Selected Varieties, 150g



6.99 ea

Kaukauna Cheese Balls
Sharp or Smoky, 170g



6.99 ea

Port Salut Cheese
150g

try our new signature platters

YOU'RE GOING TO NEED A BIGGER TABLE.



Signature Grazing Board



Deluxe Wrap & Croissant Platter



Il Classico Platter

new

Party Platters

14.99 & up

27+ PLATTERS TO CHOOSE FROM

Please allow 48 hours for ordering.

SPRING INTO FLAVOUR

KITCHEN

Welcome to a new season of flavour. Our vibrant spring salads bring together crisp textures, bright colours, and delicious ingredients to celebrate the best of the season.



MACARONI SALAD
A stylish version of macaroni salad with cheddar cheese, julienne carrots, red bell pepper strips and sour cream.

1.79 100g



2.29 100g

BROCCOLI CARBONARA
Featuring creamy garlic pasta, this salad is a rich, savoury blend of crisp-tender broccoli and perfectly cooked pasta.



BACKYARD BBQ COLESLAW
Finely chopped green cabbage tossed with a sweet mayonnaise-based dressing and a savoury kick from a hint of horseradish.

2.19 100g



1.99 100g

SOUTHWEST CHIPOTLE ROTINI SALAD
Creamy, colourful on a classic pasta salad. Tender rotini pasta is mixed with bell peppers, onions, beans and sweet corn.

EASTER FEAST *meal kit*

Pre-order your meal kit in store today.*

Just take home, heat and your holiday meal is complete!

* WHILE QUANTITIES LAST. *Photos are for illustrative purposes. Ingredients are subject to change based on availability.*

WHAT'S INSIDE

whole turkey • traditional stuffing • mashed potatoes • roasted root vegetables • roasted nugget potatoes • brussels sprouts gravy • cranberry sauce • potato brioche buns (pack of 8)

PLUS
Add a pie to your meal for only

8.99 ea



Traditional Pie
Selected Varieties, 9 Inch



SIP & SNACK SAVINGS

western family

COMPARE & SAVE BIG



5.79 ea

Western Family Sparkling Water
Selected Varieties, 12 x 355 mL



6.49 ea

Bubly Sparkling Water
Selected Varieties, 12 x 355 mL



10.99 ea

new

Balzac's Premium Coffee
Roast & Ground, Selected Varieties, 300g



9.99 ea

Olé Mocktails
(4 x 355 mL), Also Not Guilty Non-Alcoholic Wine (750 mL), Selected Varieties



15% off

Western Family Nut Mix
Selected Varieties, 454g



4.49 ea

Miss Vickie's Potato Chips
Kettle Cooked, Also Smart Food Popcorn, 200g or 190g



2$ for 7

Lay's Family Size Potato Chips
Selected Varieties, 220g or 235g



2$ for 6

Christie Ritz Crackers
180g

WAKE UP TO DEALS



Buy 3+ $3 ea OR 3.99 ea

Leclerc Go Pure Bars
Selected Varieties, 140g or 175g



9.99 ea

new

Illy Premium Coffee
K-Cups or Nespresso Pods, Selected Varieties, 10's



2$ for 8

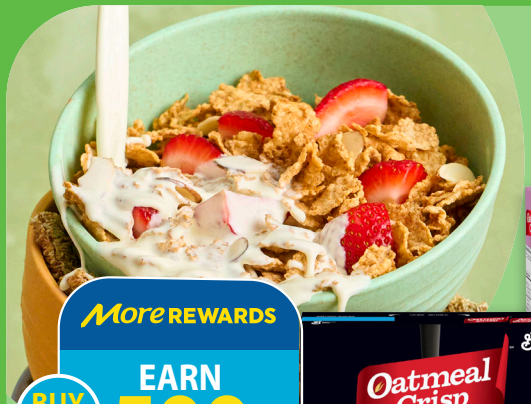
Quaker Life Cereal
(450g), Also Cap'n Crunch (350g)



2$ for 9

Pearl Milling Company Pancake Syrup
or Pancake & Waffle Mix, 710 mL or 905g

PURE SNACK MAGIC



More REWARDS
BUY 2
EARN 500 POINTS

5.99 ea



General Mills Oatmeal Crisp Protein Cereal (455g) or Triple Berry (570g), Selected Varieties



5.99 ea

General Mills Cheerios (570g) or Cinnamon Toast Crunch (591g)



2 for $6

Pillsbury Pizza Pops Frozen, 380g



3 for $9

Nature Valley Lunch Box Granola Bars 130g



3 for $9

Nature Valley Trail Mix Granola Bars 175g

POWER YOUR DAY



26.99 ea

McCafé Premium Coffee Pods
Selected Varieties, 30's



11.99 ea

McCafé Premium Roast Coffee Pods
Selected Varieties, 12's or 10's



38.99 ea

McCafé Premium Roast Coffee Pods
Selected Varieties, 48's



14.99 ea

McCafé Premium Roast Coffee
Selected Varieties, 300g or 340g

western family

COMPARE & SAVE BIG



1.49 ea

Western Family Canned Vegetables
341 mL or 398 mL



1.79 ea

Green Giant Canned Vegetables
341 mL or 398 mL

PANTRY DEALS



4 for $7

Knorr Sidekicks
136g or 167g



3.99 ea

Cream of Wheat Cereal
(800g) or Instant (12's)

SAVE ON BAKING



BUY 1 GET 1 free*

*of equal or lesser value

Crisco Shortening
454g



4 for $5

Kraft Jelly Powder
Selected Varieties,
85g



3.99 ea

Windsor Fine Sea Salt
or Coarse, Selected Varieties,
500g



2 for $10

E.D. Smith Pie Filling
(540 mL) or Pure Pumpkin (796 mL)

A WORLD OF SAVINGS



8.99 ea

Sundar By Western Family Premium Basmati Rice
8 lbs



8.99 ea

BonLife Sunflower Oil
3 Litres



Old El Paso Dinner Kit
(340g) or Salsa (650 mL),
Selected Varieties



2.99 ea

Taco Bell Sauce
Selected Varieties, 207 mL

Knorr



VISIT KNORR.COM
FOR RECIPES!

5.99 ea



Knorr Concentrated Bouillon
(250 mL) or Flavour Base (311g)

2 for $4



Knorr Vegetable Soup Mix
or Pasta Cup,
40g or 73g



2 for $6

Knorr Soup Mix
(69g) or Bouillon
Cubes (4-Pack)



4 for $6

Knorr Turkey Gravy Mix
or Hollandaise
Sauce Mix,
30g or 26g

HELLMANN'S



2 for $8

Hellmann's Chipotle Sauce
or Real Mayonnaise,
340 mL or 445 mL





6.99 ea

Maison Perrier Sparkling Water
Selected Varieties, 8 x 330 mL



2 for $4

Maison Perrier Sparkling Water
Also San Pellegrino, Selected Varieties, 1 Litre



6.99 ea

Maison Perrier Sparkling Water
Selected Varieties, 6 x 500 mL



10.99 ea

Maison Perrier Sparkling Water
Also San Pellegrino, 6 x 1 Litre



7.99 ea

Maison Perrier Chic Mocktails
Selected Varieties, 4 x 250 mL

DAIRY

western family

COMPARE & SAVE BIG

3.79 ea



Western Family Cream Cheese
Selected Varieties, 250g

3.99 ea



Philadelphia Cream Cheese
Selected Varieties, 250g

4.29 ea



Western Family Whipped Cream
Aerosol, 225g

6.49 ea



Simply Lemonade
2.25 Litres

3.99 ea



Becel Plant-Based Butter
Selected Varieties, 427g or 454g

2.99 ea



Western Family Dip
Selected Varieties, 227g

FROZEN

4.69 ea



Western Family Rising Crust Pizza
720g

4.99 ea

Western Family Fruit
Frozen, 600g

4.99 ea



iögo Frozen Yogurt
(4 x 80 mL), Also Nestlé Drumstick Ice Cream (946 mL)

2.99 ea



Western Family Hashbrowns
800g

2 for $6



Western Family Waffles
Selected Varieties, Frozen, 280g

3 for $5



Green Giant Simply Steam Vegetables
Frozen, 250g

NEW!

CRACKER BARREL

BOLD CHEDDAR TASTE.
AGED TO PERFECTION.







5.99 ea

Cracker Barrel Shredded Cheese (320g) or Signature 1 Year Cheddar (340g)



8.99 ea

Cracker Barrel Cheese (600g), Also Kraft Parmesan Shredded Cheese (200g)



5.99 ea

Black Diamond CheeStrings (336g) or Cheese Slices (825g)



4.99 ea

Cracker Barrel Cheese Slices (240g) or Snack Cheese (168g)

7.99 ea



Lactantia Butter (454g), Also Parkay Margarine (1.36 kg)

DANONE
ONE PLANET. ONE HEALTH

The perfect morning snack





6.49 ea

Danone Activia Yogurt
Selected Varieties, 12 x 100g



6.79 ea

Danone Oîkos Yogurt
Selected Varieties,
650g or 750g



2 for $7

Danone Activia Yogurt
(650g) or
Expert (4 x 100g)



3.99 ea

Oîkos Greek Yogurt
(4 x 100g) or Extra Creamy (4 x 95g)



2 for $6

Oîkos Pro Yogurt
(300 mL) or
Danino
(6 x 93 mL)

Easter BULK essentials



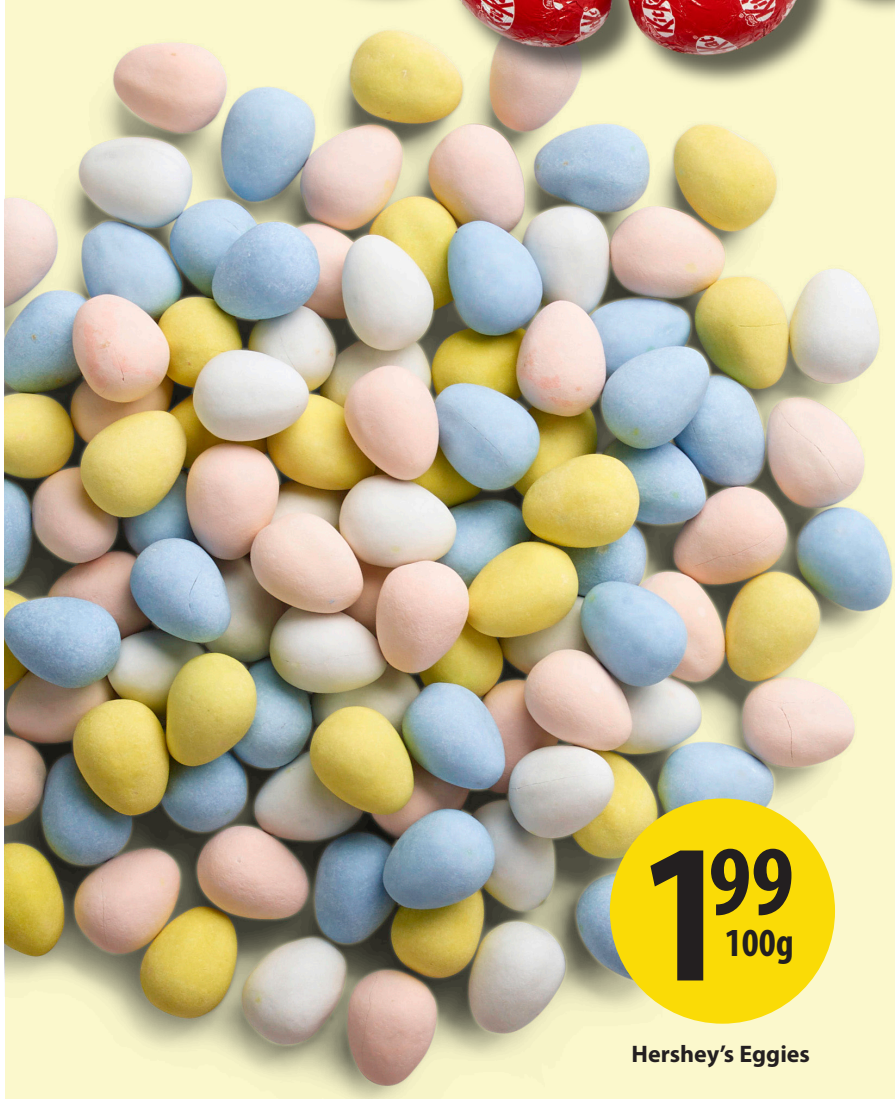
1.89 100g

Milk Chocolate Eggs



2.99 100g

Kit Kat Hide Me Eggs



1.99 100g

Hershey's Eggies

1.99 100g

Whole Natural Almonds or Baking, Selected Varieties



2.49 100g

Cashews Selected Varieties



7.99 ea

Wonderful Pistachios No Shell, Selected Varieties, 170g or 155g



13.49 ea

NaturSource Nut Mix Selected Varieties, 500g



25% off

Redland Farms Chocolate Almonds Also Selected Varieties, 600g

NATURAL



20% off

Simply Organic Spices
Selected Varieties

11.99 ea



Olympic Organic Greek Yogurt
4% M.F. Plain, 1.75 kg



5.99 ea

ChocXO Dark Chocolate Cups
or Snaps, 98g



3.99 ea

Rise Organic Kombucha
414 mL



2 for 6

Sensible Portions Veggie Straws
142g



2 for $5

RXbar Protein Bar
Selected Varieties, 52g



11.99 ea

Lundberg Organic Rice
907g

9.99 ea



Peace River Honey
500g



8.99 ea

Kind Bars
(5 x 40g) or Minis (200g)



4.49 ea

Pacific Foods Hearty Soup
(440 mL) or Chili (486g)



8.99 ea

Daiya Pizza
Selected Varieties, Frozen



10.99 ea

Flourish Protein Pancake Mix
Selected Varieties, 430g



15% off

Only Goodness Compostable Plates
or Bowls, Selected Varieties



More REWARDS
FREE WITH 1750 POINTS REDEEMED
or
2.99 ea

Only Goodness Plant-Based Ultra Liquid Dish Soap
532 mL

3.99 ea

Only Goodness Bamboo Dinner Napkins
200's





7.99 ea

Only Goodness Compostable Food Waste Bags
10's

SIMPLY MAC-NIFICENT



2$5 for



Annie's Pasta
Selected Varieties, 170g

2$5 for



Annie's Vegan Mac & Cheese
or Gluten-Free Rice Pasta, 170g



6.99 ea

Annie's Fruit Snacks
(198g), Also Lärabar Energy Bar (5 x 48g)

2$7 for



Annie's Organic Homegrown Crackers
213g



4.99 ea

Annie's Organic Cereal
260g or 289g

POPPED TO PERFECTION





3.99 ea

Angie's Boom Chicka Pop Popcorn
(198g) or Puffs (170g)



4.99 ea

Angie's Boom Chicka Pop Microwave Popcorn
(4-Pack), Also Glutino Chocolate Wafers (130g)



6.99 ea

Earth Balance Buttery Flavour Spread
(425g), Also Glutino Creme Cookies (300g)



8.99 ea

Glutino Pretzel Twists
(400g), Also Gardein Supreme Meal, Frozen (417g)



2 for $3

Angie's Boom Chicka Pop Sea Salt Popcorn
(35g) or Sweet & Salty Kettle Corn (64g)

BUILT WITH PURPOSE

CLIF BUILDERS PROTEIN

LOW SUGAR

GREAT TASTE, HIGH PROTEIN.

5g OF SUGAR
NO ARTIFICIAL SWEETENERS

PREPARED IN PRÉPARÉ AU CANADA





2$ for 5

Clif Builders Protein Bar
Selected Varieties, 56g



12.99 ea

Clif Bar Sport Bars
10's



7.99 ea

Clif Bar Sports Bars
5-Pack



2$ for 4

Clif Bar Sport Bar
Selected Varieties, 68g



5.99 ea

Clif Bar Minis Bars
5 x 28g

HEALTH & WELLNESS



Webber Naturals Vitamins
Also Sesame Street, Selected Varieties

25% off



11.99 ea

Blume SuperBelly Hydration Powder
Selected Varieties, 7 x 4g



15% off

AOR Vitamins
Selected Varieties



18.99 ea

Western Family Allergy Relief
Selected Varieties, 30's or 48's



14.99 ea

Aleve
Also Voltaren Cream, Selected Varieties



20% off

Children's Allergy Relief
Tablets (10's) or Liquid (100 mL), Selected Varieties

Band Aid Bandages
Selected Varieties

6.49 ea





17.99 ea

Depend Adult Care
Also Poise, Selected Varieties



25% off

Natural Toothpaste
Selected Varieties



20% off

Gum Oral Care Products
Selected Varieties

Take Control of your Diabetes

Ask for the **CONTOUR®NEXT GEN** or **CONTOUR®NEXT ONE** blood glucose meter: Allows you to apply more blood to the same test strip within 60 seconds. Ask your pharmacist for your free* meter today with the purchase of **CONTOUR®NEXT** test strips (100's).

*See pharmacist for details. Some restrictions may apply.



LEARN MORE

BABY CORNER



Huggies Mega Colossal Diapers
Selected Varieties



37.99 ea

Pampers Wipes
Selected Varieties, 336's or 504's



19.99 ea



26.99 ea

Pull-Ups Training Pants
Selected Varieties



27.99 ea

Similac Go & Grow Step 3 Milk Powder
850g



2 for $5

Simply Gourmet Crunchers
Also Puffies, 32g



7.99 ea

Melii Compartment Snackle Box
2-Pack

CLEAN SAVES

5.99 ea

Dove Personal Care
Selected Varieties, 45g or 355 mL

8.99 ea

OGX Hair Care
Also Aveeno Lotion, Selected Varieties, 385 mL



Every Man Jack Body Wash
(500 mL) or Deodorant (85g)

7.99 ea



Method Hand Soap
Liquid, Also Herbal Essences, 300 mL or 354 mL

3.99 ea



Batiste Dry Shampoo
(350 mL), Also Excellence Hair Colour

14.99 ea



20% off

Neutrogena Face Care
Also Cetaphil, Selected Varieties

SMALL STEP. BIG SMILE.



7.99 ea

Listerine Mouthwash
Selected Varieties



5.99 ea

Listerine Pocket Packs
or Kids Smart Rinse, Selected Varieties

STOCK UP & SAVE



6.99 ea

Purex Bathroom Tissue
12=24 Rolls
or 8=24 Rolls



23.99 ea

Bounty Paper Towels
8=24 Rolls



6.99 ea

Glad Kitchen Garbage Bags
28's or 52's



14.99 ea

Tide Pods
Also Gain, 42's

More REWARDS
FREE WITH 2600 POINTS REDEEMED
or
3.99 ea



Ziploc Freezer Bags
or Sandwich, Selected Varieties, Family Pack



40% off

Method Multi Surface Cleaner
Selected Varieties, 828 mL



20% off

Handi-Foil Foilware
Selected Varieties



15.99 ea

Cascade Complete Dishwasher Tabs
(45's) or Platinum Plus (30's)

More REWARDS
REDEEM 1600 POINTS & PAY
2.99 ea



Western Family Aluminum Foil
Selected Varieties

More REWARDS
FREE WITH 6300 POINTS REDEEMED
or
10.99 ea



Swiffer Mopping Refills
or Duster, Selected Varieties, 24's

15% off

Air Wick Aircare
Selected Varieties



More REWARDS
FREE WITH 4000 POINTS REDEEMED
or
6.99 ea

Western Family Parchment Paper
or Wax

PURR-FECT DEALS



29.99 ea

Iams Dry Dog Food
6.8 kg



10.99 ea

Friskies lil'Lickables Purée Cat Treats
20's



9.99 ea

Purina Beggin' Strips
Also Dentalife, Selected Varieties, 708g



7.99 ea

Whiskas Dry Cat Food
2 kg

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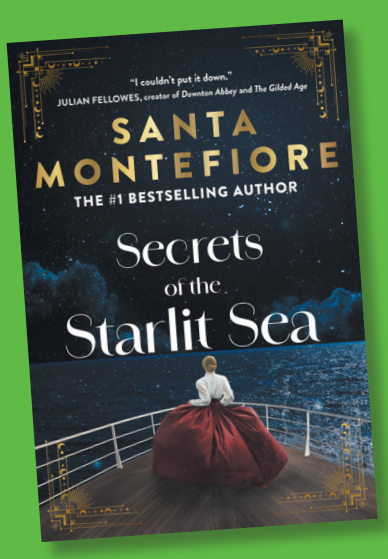
*of equal or lesser value









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Regular Retail 25.99 ea



The Violin Maker's Secret
Regular Retail 25.99 ea



Mistakes Were Made
Regular Retail 29.99 ea



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Regular Retail 26.99 ea

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Western Family Sparkling Water
Zero Calories, Selected Varieties, 509 mL

More REWARDS BUY 2 EARN 250 POINTS



Western Family Evaporated Milk
354 mL

More REWARDS BUY 2 EARN 400 POINTS



Western Family Canned Beets
398 mL

More REWARDS BUY 2 EARN 300 POINTS



Western Family Exquisita Salsa
Selected Varieties, 430 mL

More REWARDS BUY 2 EARN 700 POINTS



Western Family Quick Oats
or Old Fashioned, 2.25 kg

More REWARDS BUY 2 EARN 700 POINTS



Western Family Black Olives
398 mL

More REWARDS BUY 2 EARN 550 POINTS

GET MORE FREE

Redeem points to get your favourite products for FREE.



Western Family Apple Sauce
Unsweetened, 620 mL

More REWARDS FREE WITH 2750 POINTS REDEEMED



Western Family Flour
Selected Varieties, 5 kg

More REWARDS FREE WITH 6100 POINTS REDEEMED



Western Family Juice
Selected Varieties, 1 Litre

More REWARDS FREE WITH 1750 POINTS REDEEMED



Western Family Free-Range Eggs
Dozen

More REWARDS FREE WITH 4600 POINTS REDEEMED



Western Family Dipped Granola Bars
(172g) or Chewy (157g)

More REWARDS FREE WITH 1600 POINTS REDEEMED



Western Family Cooking Spray
141g or 170g

More REWARDS FREE WITH 3750 POINTS REDEEMED

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Plus earn 50 BONUS ENTRIES in Score and Win



Mott's Clamato Juice
Selected Varieties,
1.89 Litres



Maple Leaf Prime Chicken Breast
Fresh, Boneless,
Skinless, Family Pack



Campbell's Chunky Soup
515 mL



Country Harvest 14 Grain Protein Bread
No Preservatives,
Selected Varieties, 600g



Giuseppe Pizza
Selected Varieties, Frozen

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CELEBRATE Vaisakhi

with South Asian Flavours
ਵਿਸਾਖੀ ਦੀਆਂ ਲੱਖ ਲੱਖ ਵਧਾਈਆਂ



14.99 ea

Sher Desi Style Durum Atta
20 lbs

10.99 ea

818 Premium Basmati Rice
8 lbs





1.49 ea

Maggi Masala Noodles
Family Pack, 280g

2 for $3

Kurkure Masala Munch Snacks
or Chilli Chatka, 115g



3.49 ea

Casablanca Butter Cookies
454g



3 for $8

Tasty Bite
285g



10.99 ea

Gia Roasted Cashews
or Mix Nuts, 454g



12.49 ea



India's Own Jumbo Samosa
Frozen, 1.4 kg



4.99 ea

KFI Cooking Sauce
Selected Varieties,
375 mL



2.49 ea

Sundar By Western Family Naan
Selected Varieties,
500g



2 for $8

The Spice Tailor
285 mL



3.49 ea

Teja Roasted Peanuts in Shell
800g



3.49 ea



Tre Stelle Paneer
300g

2 for $4

Del Monte Exotic Fruit Juice
1 Litre or 960 mL



3 for $9

Ben's Original Bistro Express Rice
Selected Varieties,
240g or 250g





Buy 2+

7.49 ea

Coca-Cola Soft Drinks
Also Fuze Iced Tea,
Selected Varieties,
12 x 355 mL

CELEBRATE Vaisakhi

with South Asian Flavours
ਵਿਸਾਖੀ ਦੀਆਂ ਲੱਖ ਲੱਖ ਵਧਾਈਆਂ

Little India Basmati Rice
8 lbs

6.99 ea



Divya Sharbati Chakki Fresh Atta
20 lbs

8.99 ea





7.99 ea

Wagh Bakri Premium Pot Tea Bags
216's

Sundar Gur Shakkar
Raw Sugar, 1 kg

3.99 ea



Pachranga's Pickle
1 kg

2.99 ea



Teja Gachak
400g

2.99 ea



Lehar Mustard Oil
5 Litres

19.99 ea



Maggi Masala Noodles
70g

3 for .99





Divya Brown Sugar
8 lbs

6.49 ea



Sher Besan Chana Flour
4 lbs

4.99 ea



Verka White Sugar
10 lbs

7.99 ea



Teja Mango Juice
1 Litre

.99 ea



Verka Desi Ghee
2.5 kg

34.99 ea





.99 ea

LU Cookies
107.1g

Casablanca Classics Coconut Water
520 mL

1.19 ea



Verka Beans
or Lentils, Selected Varieties, 8 lbs

7.99 ea



CELEBRATE Vaisakhi

with South Asian Flavours
ਵਿਸਾਖੀ ਦੀਆਂ ਲੱਖ ਲੱਖ ਵਧਾਈਆਂ

Lehar Sweets
1 lb

15% off



Nanak Paneer
341g

4.99 ea





6.99 ea

Hungryy Cheese & Jalepeno Cocktail Samosa
450g



7.49 ea

Lehar Veggie Burger Patty
640g

Vij's Masala Spring Rolls
Frozen, 424g

5.49 ea



Nanak Dahi Plain Yogurt
Dairy, 750g

3.49 ea





8.99 ea

Nanak Mango Rasmalai
or Plain, Frozen, 850g

Gia Naturals Naan
Selected Varieties, 400g

2.99 ea



Verka Cookies
Egg-Free, Selected Varieties, 2.5 lbs

5.49 ea



Sundar By Western Family Naan
Selected Varieties, 500g

2.49 ea



Maya Foods Bakery Snacks
100% Eggless, 454g

4.49 ea



Fresho Kulcha
Egg-Free, 331g

2.99 ea



Yellow Onions
Local or USA, 50 lbs

19.99 ea



Roma Tomatoes
Mexico, 3.95/kg

1.79 lb



Garlic
China, 1 kg

4.99 ea



1.89 lb



Ginger Root
China, 4.17/kg

save on foods

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