



Harris Teeter

YOUR NEIGHBORHOOD MARKET
Weekly Specials*

Prices Good Through May 5, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
29	30	1	2	3	4	5



2 lb. Bag
16 - 20 ct. Wild Caught
Argentine Shrimp

**BUY 1 GET 2
FREE**

when you buy 3 with your VIC card or regular price each

Hundreds of BOGOS throughout the store every day!

BIG BOGO EVENT

6 oz.
Farmers Market
**Blackberries
or Raspberries**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



per lb.
Harris Teeter Small Pack
Boneless Chicken Breast

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



2.52 oz. Fully Cooked
or 12 - 16 oz.
Oscar Mayer Bacon

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

18.4 - 22 oz.
**Hatfield Marinated
Pork Loin
Filets or Tenderloins**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Private Selection
**Pre-Sliced
Meats & Cheeses**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



MORE PRODUCE FAVORITES

8 oz.
Farmers Market
**Sliced
or Whole
White Mushrooms**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Select Varieties
**Fresh Express
Salads
or 10 oz.
NatureSweet
Cherubs**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Cinco de Mayo Favorites

Farmers Market
**Extra Large
Hass Avocados**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Farmers Market
**Yellow,
Orange or Red
Bell Peppers**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



EVERYDAY FAVORITES!

64 oz.
**Ocean Spray
Cranberry
Juice Cocktail**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



48 oz.
**Mayfield
Ice Cream,
16 oz. Halo Top
Ice Cream
or 8 pk. Outshine
Fruit Bars**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 oz.
**Sargento
Shredded
Cheese**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 oz.
**Cabot
Chunk Cheese**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



10 ct. 17.5 oz.
**Mission
Soft Taco
Flour Tortillas**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 - 18.2 oz.
Select Varieties
**General Mills
Large Size Cereal**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



16 - 18 oz.
**Ken's
Salad Dressing
or Sweet Baby
Ray's BBQ Sauce,
Marinades
or Dipping Sauce**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



15 - 15.5 oz.
**Harris Teeter
Black Beans**

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



10 - 12 oz. **Tostitos,**
9.25 - 10 oz. **Fritos,**
7.25 - 8.5 oz. **Ruffles**
or 15.5 oz.
**Lay's Dips
or Tostitos Queso**

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



5.9 - 6.6 oz.
**Pepperidge
Farm Goldfish**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



4.9 - 5.57 oz.
**Pringles
Potato Crisps**

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



12 pk. 12 oz.
**Pepsi
Products**
or 8 pk. 12 oz.
**Pepsi
Prebiotic Soda**

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



6 pk. 12 oz.
Gatorade,
8 pk. 12 oz. **Propel**
or 6 pk. 1 Ltr.
Gatorade Water

**BUY 2 GET 3
FREE**

when you buy 5 with your VIC card or regular price each



20% Off Case Wine Sale

Offers valid Thursday, April 30 - Sunday, May 3, 2026

All Wines • Mix or Match • Any Combination
of 12 - 750 ml. or 6 - 1.5 ltr. bottles

Friday, May 1st

4X FRIDAYS



on all qualifying items

download the digital coupon
available to clip April 29 - May 1, 2026 ONLY



SAVE UP TO \$1.00 PER GALLON*

Offer valid Friday, May 1, 2026, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. *Terms and conditions apply.

* Supplies are limited

1-10 1-10 1-10

Prices good through May 5, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
29	30	1	2	3	4	5



Spark up Your Summer



12 pk.
Corona, Modelo,
Pacifico or Dos Equis

13.99

each

Drink Responsibly - Must be 21 to Purchase



10.6 - 20.2 oz.
Family Size
Nabisco Oreo,
Chips Ahoy!
or Nutter Butter

2 for \$8

save big on 2 with your VIC card

VIC SAVINGS



10 ct.
Peet's
K-Cup Coffee

10.5 oz.
Peet's
Bag Coffee

8.99

each

7.99

each

save big with your VIC card

VIC SAVINGS

eVIC members only weekly limit 4

24 oz.
Rao's
Marinara
or 15 oz.
Alfredo Sauce



5.97

save at least \$2.08 over our already low VIC price when you buy 4

6.49

non e-vic member price

All items must be purchased in a single transaction with your VIC card. VIC SAVINGS

eVIC members only weekly limit 4

15 ct. or 18 ct.
Frito Lay
Multipacks



8.97

save at least \$8.08 over our already low VIC price when you buy 4

10.99

non e-vic member price

All items must be purchased in a single transaction with your VIC card. VIC SAVINGS

eVIC members only weekly limit 4

1.5 ltr.
Barefoot,
Woodbridge,
Yellow Tail
or Sutter Home



8.97

Drink Responsibly - Must be 21 to Purchase

save at least \$8.08 over our already low price when you buy 4

10.99

non e-vic member price

All items must be purchased in a single transaction with your VIC card. VIC SAVINGS

eVIC members only weekly limit 4

24 pk.
Bud Family,
Miller Family,
Coors Family
or Yuengling



18.97

Drink Responsibly - Must be 21 to Purchase

save at least \$8.08 over our already low price when you buy 4

20.99

non e-vic member price

All items must be purchased in a single transaction with your VIC card. VIC SAVINGS

BGA2 BGA2 BGA2 BGA2



Bakery

Specials for the week



Fresh Foods Market
Perfect Pair

19.99

each
save at least \$9.00 each with your VIC card



Fresh Foods Market
5 inch Patti Cake

10.99

each
save at least \$2.00 each with your VIC card



12 ct.

Fresh Foods Market
Decorated Cupcakes

10.49

each
save at least 50¢ each with your VIC card



48 - 54 oz.

HT Traders
Square Cakes

19.99

each
save at least \$3.00 each with your VIC card



Fresh Foods Market
Bulk Donuts

.50

each
save at least 99¢ each with your VIC card



Senior Discount Thursdays
Seniors 60 and older get a

5% DISCOUNT

Please notify your cashier if you qualify



Harris Teeter
pickup & delivery



SAVE \$10*

on your first two Pickup & Delivery orders of \$100 or more.

[CLIP COUPON >](#)



* Valid only for new or first orders placed on harristeeter.com or Harris Teeter app. Exclusions apply.

Same great savings in-store and online.

No markups or surprises!
Plus, earn Fuel Points on every eligible item with your VIC card.



Plus,
Save with

WEEKLY OFFERS

Exclusive savings on items you'll love – available on Pickup and Delivery orders only.

from our meat department

Porterhouse or T-Bone Steak **13.99** per lb. save at least \$5.00 per lb. with your VIC card

Porterhouse or T-Bone Steak

10.99 per lb. save at least \$6.00 per lb. with your VIC card

Value Pack



93% Lean Ground Beef **6.99** per lb. save at least \$1.00 per lb. with your VIC card

Value Pack



Antibiotic Free SMART Chicken Breasts or Tenderloins **5.99** per lb. save at least \$1.00 per lb. with your VIC card



16 oz. Butterball Farm to Family Ground Turkey **5.99** each save big with your VIC card



16 oz. Snake River Farms Wagyu Ground Beef **9.99** each save at least \$1.00 each with your VIC card



Harris Teeter Chicken Wings **3.99** per lb. save at least \$1.00 per lb. with your VIC card

Value Pack



16 oz. Perdue Ground Chicken **4.99** each save at least \$1.00 each with your VIC card



ANGUS BEEF Skirt Steak **10.99** per lb. save at least \$4.00 per lb. with your VIC card



10 oz. PRE Grass Fed New York Strip Steak **13.99** each save at least \$3.00 each with your VIC card



Niman Ranch Antibiotic Free Boneless Pork Chops **6.99** per lb. save at least \$1.00 per lb. with your VIC card



16 oz. La Banderita Soft Taco Flour Tortillas **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



16 oz. Oscar Mayer Lunchmeat or 28 oz. Sub Kit **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



9 oz. Cacique Chorizo **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



10 oz. Gilbert's Chicken Sausage **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



15 oz. Herdez or Hormel Entrees **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



8 oz. Land O'Frost Bistro Favorites Lunchmeat **3.99** each save big with your VIC card



from our seafood department

3 oz. Signature Hatch Chile Crab Cakes **2 for \$7** save big on 2 with your VIC card



21 - 30 ct. Fresh Wild Caught Peeled & Deveined White Shrimp **11.99** per lb. save big per lb. with your VIC card



16 ct. Bag Fresh Farm Raised Littleneck Clams **5.99** each save big with your VIC card



16 - 20 ct. Wild Caught Argentine Shrimp **7.99** per lb. save big per lb. with your VIC card



Wild Caught Tilapia Fillets **6.99** per lb. save big per lb. with your VIC card



41 - 50 ct. Tail-On Cooked Shrimp **7.99** per lb. save big per lb. with your VIC card



5 oz. Habanero Mango Salmon Portions **\$6** each save big with your VIC card



Wild Caught Snow Crab Clusters **11.99** per lb. save big per lb. with your VIC card



Wild Caught Cobia Fillets **8.99** per lb. save big per lb. with your VIC card



Wild Caught Mahi Mahi Fillets **11.99** per lb. save big per lb. with your VIC card



from our grocery department

20 oz. Nature's Own Butterbread or 8 pk. Butter Buns **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



20 oz. Sara Lee Artesano Bread **2 \$7** for save big on 2 with your VIC card



9 - 11 oz. Mission Tortilla Chips **2 \$6** for save at least \$1.98 on 2 with your VIC card



2 ltr. Harris Teeter Ginger Ale **4 \$5** for save big on 4 with your VIC card



6.35 oz. Tony's Choclonely Bars **4.49** save at least \$1.50 each with your VIC card



11.03 - 12 oz. Sour Patch Kids or Swedish Fish **4.29** save at least 90¢ each with your VIC card



24 oz. Classico Marinara or 15 oz. Alfredo Sauce **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



12 - 16 oz. Barilla Blue Box Pasta **3 \$4** for save big on 3 with your VIC card



7 oz. Harris Teeter 60 Second Pasta or 8.8 oz. 90 Second Rice **2 \$3** for save big on 2 with your VIC card



9.4 - 14 oz. Velveeta or Kraft Restaurant Edition Mac & Cheese **2 \$6** for save big on 2 with your VIC card



.5 - 2.68 oz. Select Varieties Simple Truth Organic Spices **25% off** save big with your VIC card



8 oz. Harris Teeter Baking Nuts or 10 - 12 oz. Nestle Morsels **2 \$10** for save big on 2 with your VIC card



5 - 8 ct. Quaker Chewy Bars **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



12 ct. Simple Truth Organic or Private Selection K-Cup Coffee **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



18 oz. Quaker Old Fashioned Oats **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



10.4 oz. Kellogg's Nutri Grain Bars **2 \$5** for save big on 2 with your VIC card



2 lb. Bag San Francisco Bay Whole Bean Coffee **17.99** save big with your VIC card



16.9 oz. Light, Classic or Extra Virgin Harris Teeter Olive Oil **6.49** save big with your VIC card



4 ct. Tide Washing Machine Cleaner **BUY 1 GET 1 FREE** each item rings at half price with your VIC card



6 Mega Roll Aria Bath Tissue **7.99** save at least \$2.00 each with your VIC card



8 oz. Clorox Pure Allergen Neutralizer Spray **4.99** save at least \$1.00 each with your VIC card



77 - 81 oz. Clorox Bleach **5.99** save at least \$1.00 each with your VIC card



18 - 22 oz. Woolite Carpet Cleaner **4.99** save at least \$1.50 each with your VIC card



6.8 oz. Glade Candles **5.99** save at least \$1.20 each with your VIC card



* Supplies are limited

beverages

1.25 ltr. **limit 10**
Coca-Cola,
 28 oz. **Powerade**
 or 16 oz.
BodyArmor
BUY 2 GET 3
FREE
when you buy 5 with your VIC card or regular price each



6 pk. 16.9 oz.
Coca-Cola
Products
BUY 2 GET 2
FREE
when you buy 4 with your VIC card or regular price each



15.2 oz. **ORGANIC**
Lemon Perfect
Organic
Lemon Water
3 \$5
 for
save big on 3 with your VIC card



2 ltr.
Coca-Cola
Products
4 \$9
 for
save big on 4 with your VIC card



12 oz.
Red Bull
Energy Drink
3 \$8
 for
save big on 3 with your VIC card



10 ct. Powder
Crystal Light
 or 1.62 oz. **MiO**
 or **Crystal Light**
Liquid
Water Enhancer
2 \$6
 for
save at least \$2.98 on 2 with your VIC card



24 pk. 16.9 oz.
DEER PARK
Water
2 \$9
 for
save at least \$4.58 on 2 with your VIC card



6 pk.
San Pellegrino
 or **Maison Perrier**
French Kiss
2 \$11
 for
save big on 2 with your VIC card



12 pk. 12 oz.
Zevia
Zero Sugar Soda
9.99
 for
save at least \$3.50 each with your VIC card



6 pk. 16.9 oz.
GOLD PEAK
Bottled Tea or
Vitaminwater
Flavored Water
2 \$12
 for
save big on 2 with your VIC card



snacks

8 - 11 oz.
Tostitos
Cantina
Tortilla Chips
BUY 1 GET 1
FREE
each item rings at half price with your VIC card



6 ct.
Pop-Secret
Popcorn
BUY 1 GET 1
FREE
each item rings at half price with your VIC card



4.5 - 7 oz.
Angie's
Boom
Chicka Pop
2 \$5
 for
save at least \$2.98 on 2 with your VIC card



5.25 - 8.5 oz.
Simply
Snacks
2 \$5
 for
save at least \$2.98 on 2 with your VIC card



4.25 oz.
Blue Diamond
Nut-Thins
2 \$6
 for
save at least \$2.98 on 2 with your VIC card



6.53 oz.
Quaker
Rice Cakes
2 \$7
 for
save at least \$2.98 on 2 with your VIC card



13.5 oz.
 Family Size
Chex Mix
Snack Mix
2 \$7
 for
save at least \$3.98 on 2 with your VIC card



2.2 oz.
Tillamook
Beef Jerky
4.49
 for
save at least \$2.30 each with your VIC card



5 - 7 oz. Farmhouse
 or Sweet & Simple
Pepperidge
Farm Cookies
2 \$9
 for
save at least \$2.78 on 2 with your VIC card



20 ct.
Cape Cod,
Kettle
 or **Snyder's**
Multipacks
10.99
 for
save at least \$2.00 each with your VIC card



health & beauty

2.3 oz.
GoMacro
Protein Bars
BUY 2 GET 1
FREE
when you buy 3 with your VIC card or regular price each



12 oz.
Jocko Go
Energy Drinks
 or **Jocko Milk**
Protein
Milk Shakes
BUY 2 GET 1
FREE
when you buy 3 with your VIC card or regular price each



45 - 50 ct.
Tums
Gummy Bites
3.00
 off
save big with your VIC card



18 oz. or 22 oz.
Olay
Body Wash
2.00
 off
save big with your VIC card



Select
Libman
Mops & Refills
25% off
save big with your VIC card



6 ct. AA/AAA
Harris Teeter
Ultra Max
Batteries
5.79
 for
save big with your VIC card



dairy and frozen

5.3 oz.
Chobani
Less Sugar,
Creations or
Greek Yogurt
10 \$10
 for
save big on 10 with your VIC card



5.3 oz.
Siggi's
Skyr Yogurt
8 \$10
 for
save big on 8 with your VIC card



5.3 oz.
Fage
Greek Yogurt
4 \$5
 for
save big on 4 with your VIC card



32 oz.
Coffeemate
Coffee Creamer
 or 14 oz. **Cold Foam**
2 \$6
 for
when you buy 2 or regular price each
MUST PURCHASE 2



52 oz.
Planet Oat
Oatmilk
2 \$6
 for
save big on 2 with your VIC card



6 pk.
Animals
 or 4 pk.
Activia
Yogurt
 or **YoCrunch**
2 \$6
 for
save big on 2 with your VIC card



12 ct.
Egg-Land's Best
Large Eggs
BUY 1 GET 1
FREE
each item rings at half price with your VIC card



8 oz.
Sargento
Sliced Cheese
 or **Natural**
American Slices
3 \$9
 for
save big on 3 with your VIC card



12 ct.
Pete & Gerry's
Brown Eggs
6.99
 for
save big with your VIC card



8.54 oz.
TGI Fridays
Appetizers
2 \$8
 for
save big on 2 with your VIC card



6 - 20 oz.
Stouffer's,
Tapatio,
Vital Pursuit
 or **Hot Pockets**
2 \$8
 for
save big on 2 with your VIC card



8.67 oz.
Dove
Ice Cream Bars
2 \$8
 for
save big on 2 with your VIC card



9.5 oz.
White Castle
Sliders
4.99
 for
save big with your VIC card



14.8 oz.
Jonny Pops
4.99
 for
save big with your VIC card



2 - 4 ct.
Harris Teeter
 or **HT Traders**
Breakfast
Sandwiches
5.49
 for
save big with your VIC card



12.6 - 29.3 oz.
DiGiorno
 or **CPK Pizza**
2 \$12
 for
when you buy 2 or regular price each
MUST PURCHASE 2



16 oz.
Jeni's
Ice Cream
 or 3 ct.
Novelties
2 \$12
 for
save big on 2 with your VIC card



6 ct.
Nutella
 or **Kinder**
Bueno Cones
3.99
 for
save big with your VIC card



* Supplies are limited

Celebrate Cinco de Mayo



1 - 1.25 oz.
McCormick Taco Seasoning



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

16 oz.
Chi-Chi's Restaurant Style Salsa



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

8.8 - 12.5 oz.
Old El Paso Dinner Kits



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

5 - 16 oz.
Utz Family Size Chips, Kettle Chips, Pretzels, On the Border Tortilla Chips or Boulder Canyon



BUY 2 GET 1 FREE

when you buy 3 with your VIC card or regular price each

2.25 oz.
Harris Teeter Sliced Olives
or 14.5 oz.
Hunt's or 10 oz. Rotel Tomatoes



4/\$5

save big on 4 with your VIC card

10 oz.
Harris Teeter Red Enchilada Sauce
or 7 oz.
Diced Green Chiles



2/\$3

save at least 58¢ on 2 with your VIC card

7 oz.
Harris Teeter Chipotle Peppers in Adobo Sauce
or 15 oz. **Lime Juice**



1.79

save at least 20¢ each with your VIC card

9.25 - 10 oz.
Harris Teeter Tortilla Chips
or 15.5 oz. **Thick & Chunky Salsa**



2/\$5

save big on 2 with your VIC card

12 oz.
Simple Truth Organic Sliced Jalapenos



2.69

save big with your VIC card

14 oz.
Daisy Sour Cream



2/\$6

save big on 2 with your VIC card

12 pk. 12 oz.
Harris Teeter Mixers or Seltzers



4.29

save big with your VIC card

1 liter
Simple Truth Organic Margarita Mix



6.99

save 30¢ each with your VIC card

34 oz.
Farmers Market Fresh Salsa
or 12 oz.
Hand Smashed Guacamole



5.99

save at least \$1.00 each with your VIC card

4 pk. 12 oz.
Coke de Mexico Glass Bottles



2/\$14

save big on 2 with your VIC card

8 pk. 12 oz.
Topo Chico Sabores



8.49

save at least \$1.00 each with your VIC card

59.2 oz.
Jose Cuervo Margarita Mix



9.99

save at least \$2.00 each with your VIC card

Fresh Foods Market 8 inch Fruit Tart



11.99

save at least \$1.00 each with your VIC card

12 pk.
Sam Adams, Sierra Nevada, New Belgium or Wicked Weed



16.99 each

Drink Responsibly - Must be 21 to Purchase



New and Trending

12 oz.
GORGIE Sparkling Energy Drink



3/\$5

save big on 3 with your VIC card

11.2 oz.
Woodstock Banana Water



2/\$4

save big on 2 with your VIC card

16 oz.
Quaker Protein Old Fashioned Oats



2/\$8

save big on 2 with your VIC card

15 oz.
Harris Teeter Worcestershire Sauce



1.79

save big with your VIC card

16 oz.
Better Batch Cookies



5.99

save big with your VIC card

32 oz.
Malk Almond Milk



5.99

save big with your VIC card

2 oz.
Brooklyn Biltong Jerky



6.49

save at least \$1.50 each with your VIC card

8 oz.
Catalina Crunch Protein Granola



6.99

save big with your VIC card

16 oz.
Peace Tea



4/\$3

save big on 4 with your VIC card

8.88 oz.
Drizzilicious Variety Pack



10.99

save big with your VIC card

4X



ON GIFT CARDS WITH DIGITAL COUPON

OFFER VALID 4/29 - 5/12/26



SCAN TO DOWNLOAD

Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

*Supplies are limited

Long term Savings



Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.

NEW Long term Savings



Savings



19 oz. Canister Country Time Lemonade

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

15 oz. Harris Teeter Sausage Gravy

1.79

save at least 20¢ each with your VIC card



24 ct. Harris Teeter Family Size Tea Bags

2 \$4

save at least 78¢ on 2 with your VIC card



10 ct. 6 oz. Kool-Aid Jammers

2 \$6

save big on 2 with your VIC card

Gallon Arizona Green Tea

2 \$6

save big on 2 with your VIC card



18.2 - 18.7 oz. Harris Teeter Raisin Bran

3.49

save at least 70¢ each with your VIC card



6 oz. HT Traders Popcorn

2.99

save at least \$1.00 each with your VIC card



12 oz. Zatarain's Family Size Dirty Rice

3.49

save at least 50¢ each with your VIC card



12 oz. Simple Truth Organic Salad Dressing

2 \$7

save big on 2 with your VIC card



32 oz. Ore-Ida Fries

4.49

save at least \$2.50 each with your VIC card



7 - 9 oz. Harris Teeter Almonds or 10.3 oz. Mixed Nuts

4.99

save at least \$1.00 each with your VIC card



25.5 oz. Simple Truth Organic Canola Oil

4.99

save big with your VIC card



16 oz. Fage Sour Cream

2 \$4

save big on 2 with your VIC card



12 oz. HT Traders Virginia Peanuts

5.49

save at least 50¢ each with your VIC card



16 oz. Private Selection Raw Wildflower Honey

5.99

save at least 40¢ each with your VIC card



4 oz. HT Traders Pine Nuts

6.99

save at least 60¢ each with your VIC card



2.8 - 3 oz. Harris Teeter Bacon Bits or Pieces

2 \$5

save big on 2 with your VIC card



7 oz. Simple Truth Protein Cereal

7.49

save at least \$1.50 each with your VIC card



6.34 - 7 oz. Perfect Bar Mini Bars

7.99

save at least \$1.00 each with your VIC card



35 oz. Yummy Dino Buddies

8.99

save at least \$1.60 each with your VIC card



4 pk. 12 oz. Red Bull Energy Drink

9.99

save big with your VIC card



11 oz. HT Traders Bag Coffee

7.99

save at least \$4.50 each with your VIC card



64 ct. Dixie Value Pack 8.5 inch Ultra Plates

5.99

save at least \$1.50 each with your VIC card



35 ct. Harris Teeter Disinfecting Wipes

1.89

save at least 30¢ each with your VIC card



16 oz. Assorted Flavors Buddy's Biscuits Dog Treats

2 \$9

save at least \$3.58 on 2 with your VIC card



12 lb. Nature's Recipe Dry Dog Food

26.99

save at least \$3.00 each with your VIC card

SAVE UP TO \$20

SAVE \$10*



Harris Teeter pickup & delivery

on your first two Pickup & Delivery orders of \$100 or more.

*New or first-time orders placed on harristeeter.com. Coupon required; some restrictions apply. See website for details.



wine & beer

*not available at all stores

harris teeter
fine wines club

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

Drink Responsibly - Must be 21 to Purchase



20% Off Case Wine Sale

Offers valid Thursday, April 30 - Sunday, May 3, 2026

All Wines · Mix or Match · Any Combination of 12 - 750 ml. or 6 - 1.5 ltr. bottles

HOT DEAL!

750 ml.
Oyster Bay
Sauvignon Blanc

15.99
-20%



12.79 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, APR. 30 - MAY 3, 2026

HOT DEAL!

750 ml.
Whispering
Angel Rosé

23.99
-20%



19.19 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, APR. 30 - MAY 3, 2026



HOT DEAL!

6 pk.
Heineken, Bold Rock
or **Stella Artois**

9.99 each



HOT DEAL!

12 pk.
Blue Moon
or **LandShark**

14.99 each

750 ml.
Robert Mondavi
Private Selection or
Line 39 Cabernet

8.99
-20%



7.19 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, APR. 30 - MAY 3, 2026

750 ml.
Apothic,
Bogle or
Clos du Bois

9.99
-20%



7.99 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, APR. 30 - MAY 3, 2026



12 pk.
White Claw,
Athletic, Mike's Hard
or **Cayman Jack**

17.99 each



24 pk.
Natural Light,
Miller High Life
or **Pabst Blue Ribbon**

16.99 each

750 ml.
Ecco Domani
Pinot Grigio
or **Coppola**
Diamond Prosecco

12.99
-20%



10.39 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, APR. 30 - MAY 3, 2026

750 ml.
J Vineyards
Pinot Gris,
Simi Chardonnay
or **Erath** Pinot Noir

15.99
-20%



12.79 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, APR. 30 - MAY 3, 2026



12 pk. or 15 pk.
Goose Island,
Founders or **Bold Rock**

18.99 each



24 pk.
Michelob Ultra, Corona
Premier, Yuengling
Flight or **Modelo Oro**

22.99 each

Long term Savings



Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.



Harris Teeter
Chicken Breast Tenderloins

4.99 per lb.



Chicken Fajita Stir Fry

4.99 per lb.



Assorted
Bone-In
Pork Chops

3.99 per lb.



5 lb. Bag
Farmers Market
Red Potatoes

3.99 each



3 lb. Bag
Farmers Market
Yellow Onions

1.99 each



1 lb. Bag
Farmers Market
Mini Sweet Peppers

2 for \$5

7 oz.
Seafood Empanadas

\$6 each

•Shrimp & Hatch
•Salmon & Feta



10 - 12 oz.
Assorted Varieties
Private Selection
Salami or Pepperoni

6.99 each

17.6 oz.
Tuscan White,
Multigrain & Sourdough
Backerhaus
Sliced Loaves

4.59 each

Look Inside for More GREAT SAVINGS!





A fresher day, every day



Scan to download digital coupons

eVIC
COUPONS
EXCLUSIVE SAVINGS

SAVINGS MADE SIMPLE
Clip digital coupons. Shop in-store or online. **SAVE BIG!**

Save over \$76 with P&G eVIC Digital Coupons Kick-Off to Summer Savings!

73 - 84 oz.
Tide Liquid
or 25 - 42 ct. **Tide PODS**
Laundry Detergent

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **10.99**
WITH **eVIC** **- \$3.00**
COUPON

7.99
Final Price with Coupon
Use up to 1 time.

18.2 - 19.4 oz.
Downy In-Wash Scent Beads
or 48 oz.
Downy & Tide Rinse

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **12.99**
WITH **eVIC** **- \$3.00**
COUPON

9.99
Final Price with Coupon
Use up to 1 time.

6 Triple Roll
Bounty Paper Towels

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **17.99**
WITH **eVIC** **- \$1.00**
COUPON

16.99
Final Price with Coupon
Use up to 1 time.

12 Mega XL Roll
Charmin Bath Tissue

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **19.99**
WITH **eVIC** **- \$3.00**
COUPON

16.99
Final Price with Coupon
Use up to 1 time.

100 oz.
Downy Liquid Fabric Conditioner

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **10.99**
WITH **eVIC** **- \$2.00**
COUPON

8.99
Final Price with Coupon
Use up to 1 time.

105 ct.
Bounce Dryer Sheets

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **4.99**
WITH **eVIC** **- \$1.00**
COUPON

3.99
Final Price with Coupon
Use up to 1 time.

47 - 59 ct.
Cascade Action Pacs

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **19.99**
WITH **eVIC** **- \$4.00**
COUPON

15.99
Final Price with Coupon
Use up to 1 time.

16 oz.
Dawn Powerwash Starter Kit

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **4.99**
WITH **eVIC** **- \$2.00**
COUPON

2.99
Final Price with Coupon
Use up to 1 time.

4 ct.
Gillette or Venus Cartridge Refills

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **- \$3.00**
WITH **eVIC** **- \$5.00**
COUPON

8.00
Total Savings with Coupon
Use up to 1 time.

23.6 oz.
Febreze Fabric Refresher

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **5.49**
WITH **eVIC** **- \$2.00**
COUPON

3.49
Final Price with Coupon
Use up to 1 time.

5 - 32 ct.
Swiffer Refills

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **10.99**
WITH **eVIC** **- \$2.00**
COUPON

8.99
Final Price with Coupon
Use up to 1 time.

4.1 oz.
NATIVE Toothpaste

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **- \$2.00**
WITH **eVIC** **- \$2.00**
COUPON

4.00
Total Savings with Coupon
Use up to 1 time.

36 - 42 ct.
L. Feminine Pads or
80 - 100 ct. **Liners**

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **- \$1.50**
WITH **eVIC** **- \$1.50**
COUPON

3.00
Total Savings with Coupon
Use up to 1 time.

8 - 13.5 oz.
Pantene Abundant & Strong Shampoo or Conditioner

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **- \$3.00**
WITH **eVIC** **- \$3.00**
COUPON

6.00
Total Savings with Coupon
Use up to 1 time.

18.5 - 20 oz.
Olay Super Serum Body Wash

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **- \$2.00**
WITH **eVIC** **- \$3.00**
COUPON

5.00
Total Savings with Coupon
Use up to 1 time.

Celebrate your furry friends National Pet Month

5 lb. Select
Blue Buffalo Life Protection Dog Food

16.49
save at least \$2.50 each with your VIC card

2.47 oz.
Reveal Wet Cat Food

4/\$5
save at least \$2.16 on 4 with your VIC card

32 oz.
Brutus Bone Broth

4.99
save at least \$2.80 each with your VIC card

10 oz.
Supreme Source Jerky Cuts

6.99
save at least \$3.00 each with your VIC card

8 - 13 oz.
Three Dog Bakery Dog Treats

4.99
save at least 50¢ each with your VIC card

88 oz.
Reveal Freeze-Dried Cat Treats

2.99
save at least \$1.20 each with your VIC card

15 lb. Jug
Cat's Pride Cat Litter

9.99
save at least 60¢ each with your VIC card

15 lb. Bag
Purina Cat Chow

18.99
save at least \$3.00 each with your VIC card

12 ct.
Cesar Multipacks

14.99
save at least \$2.50 each with your VIC card

12 ct.
Nature's Recipe Canned Dog Food

14.59
save at least \$4.40 each with your VIC card

12 oz.
Harris Teeter 100% Pure Pumpkin

3/\$5
save at least 96¢ on 3 with your VIC card

14.5 - 15.25 oz.
Harris Teeter Cut Green Beans

5/\$4
save at least \$2.95 on 5 with your VIC card

GAT'S PRIDE BIG GO HOME

BUY NOW HELP US DONATE 1 MILLION LB OF LITTER

Harris Teeter
THIS PET MONTH, EVERY PURCHASE HAS A PURPOSE.

SCAN TO LEARN MORE

SHOP YOUR WAY!

Download the App to:

Choose Pickup or Delivery or Plan your next Trip In-Store
View Fuel Points Balance - View Weekly Ad & eVIC offers
Download Digital Coupons

* Supplies are limited

5-50 5-50 5-50 5-50

Live Naturally

6 pk. Cups or 23 oz. Jar
Simple Truth
Organic Unsweet Applesauce



2 \$6 for
save big on 2 with your VIC card

10.5 oz. Simple Truth
Organic Cream of Mushroom Soup



or 32 oz. Broth
3 \$5 for
save big on 3 with your VIC card

12 oz. Simple Truth
Organic Vegetables



2 \$5 for
save at least 98¢ on 2 with your VIC card

6 oz. Simple Truth
Organic Shredded or Sliced Cheese



2 \$6 for
save big on 2 with your VIC card

8 ct. Simple Truth Juice Boxes
2/\$7 save 98¢ on 2 with your VIC card

8 oz. Simple Truth
Organic Snack Crackers



3.49
save at least 50¢ each with your VIC card

24 oz. Simple Truth
Organic Steel Cut Oats



or 12 oz. Honey
3.99
save big with your VIC card

12 oz. Simple Truth
Gluten Free Cookie Dough



4.29
save at least 70¢ each with your VIC card

30 - 54 ct. Simple Truth
Plates or Bowls



4.99
save at least \$1.00 each with your VIC card

Celebrate with Produce savings Cinco de Mayo Favorites

1 lb. Bag
Peeled Tomatillos



3.79 each
save big with your VIC card

Farmers Market
Peeled Red or White Onions



2.99 per lb.
save big per lb. with your VIC card

Farmers Market
Jalapeño Peppers



1.99 per lb.
save big per lb. with your VIC card

8 oz. Farmers Market
Diced Vegetables



2 for \$5
save big on 2 with your VIC card

Farmers Market
Red Roma Tomatoes



1.99 per lb.
save big per lb. with your VIC card

15 oz. Herdez
Salsa



3.99 each
save big with your VIC card

Farmers Market
Mangos or Honey Mangos



4 for \$5
save big on 4 with your VIC card

Farmers Market
Bunch Cilantro



2 for \$4
save big on 2 with your VIC card

Farmers Market
Bean Dip



5.99 per lb.
save big per lb. with your VIC card

7.5 oz. Wholly
Guacamole



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz. Garden Fresh
Gourmet Salsa



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

Farmers Market
Stuffed Jalapeños



4.99 each
save big with your VIC card

Farmers Market
Mini Seedless Cucumbers



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

12.70 - 15 oz. Ocean Mist
Roastables



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

12 oz. Lenny Boy
Kombucha



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

floral
not available in all stores
Teacher Appreciation & Nurse's Day is on May 6th



Sunset
Flavor Bomb Tomatoes



3.99 each
save big with your VIC card

6 oz. Tray Farmers Market
Sliced Portobellos or Portobello Caps



2 for \$6
save big on 2 with your VIC card

Farmers Market
Bulk White Corn



4 for \$2
save big on 4 with your VIC card

My Gratitude Bouquet
12.99 each
save big

Assorted Colors
Asiatic Lily Bunches



8.99 each
save at least \$1.01 each with your VIC card

6 inch
Hydrangeas



27.99 each
save at least \$2.00 each with your VIC card

big savings from our fresh foods market

4 ct. Fresh Foods Market
Muffins



\$5 each
save at least \$1.49 each with your VIC card

Boar's Head
Ovengold Turkey Breast



13.99 per lb.
save big per lb. with your VIC card

Fresh Foods Market
Dessert Half Cakes



9.99 each
save at least \$3.00 each with your VIC card

6.5 oz. Assorted Varieties
Alouette Spreads



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz. La Brea
Sourdough Loaf



4.99 each
save at least \$1.50 each with your VIC card

8 oz. Assorted Varieties
Sabra Hummus



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

Prices In This Ad Effective April 29 - May 5, 2026 In The Following Stores Only:
* Supplies are limited

• FORT MILL • INDIAN LAND • ROCK HILL

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.



7.9 oz.
Quaker Premium Instant Oatmeal

2/\$8

save big on 2 with your VIC card



16 oz.
Quaker Protein Old Fashioned Rolled Oats

2/\$8

save big on 2 with your VIC card



36 oz.
Pearl Milling Company Pancake Syrup

2/\$10

save big on 2 with your VIC card



18 oz.
Quaker Old Fashioned Oats

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



12 oz.
Quaker Instant Grits

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



14.5 oz.
Quaker Oatmeal Squares

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



22.3 oz.
Quaker Family Size Life Cereal

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



22.1 oz.
Quaker Family Size Cap'n Crunch Cereal

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



8 - 10 ct.
Quaker Chewy Bars

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



3.52 oz.
Quaker Rice Crisps

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



24.1 oz.
Quaker Simply Granola

2/\$9

save big on 2 with your VIC card



5 ct.
Quaker Protein Granola Bars

2/\$7

save big on 2 with your VIC card



6.52 oz.
Quaker Rice Cakes

2/\$7

save big on 2 with your VIC card



4 - 7 oz.
Rice-A-Roni

4/\$5

save big on 4 with your VIC card



eVIC members only weekly limit **4**

24 oz. **Rao's Pasta Sauce**
or 15 oz. **Alfredo Sauce**

5.97

save at least \$2.08 over our already low VIC price when you buy 4 non e-vic member price **6.49**

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

eVIC members only weekly limit **4**

18.6 oz. **Campbell's Chunky Soup**

1.97

save at least \$2.12 over our already low VIC price when you buy 4 non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

eVIC members only weekly limit **4**

32 oz. **Swanson Broth or Stock**

1.77

save at least \$2.92 over our already low VIC price when you buy 4 non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

15.5 oz. **Late July Salsa**

3.99

save at least \$1.00 each with your VIC card **VIC SAVINGS**

10.5 oz. **Campbell's Condensed Soup**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card **VIC SAVINGS**

10.75 oz. **Campbell's Chicken Noodle Soup**
or 14.5 oz. **Swanson Broth**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card **VIC SAVINGS**

10.5 oz. **Campbell's Cream of Mushroom or Cream of Chicken Soup**

2/\$3

save at least 89¢ on 2 with your VIC card **VIC SAVINGS**

16 oz. **Rao's Soup**

2/\$7

save at least \$2.99 on 2 with your VIC card **VIC SAVINGS**

32 oz. **Pacific Organic Broth**

2/\$6

save at least \$1.29 on 2 with your VIC card **VIC SAVINGS**

16 oz. **Rao's Pasta**

2/\$5

save at least \$1.29 on 2 with your VIC card **VIC SAVINGS**

19 oz. **Rao's Limited Reserve Pasta Sauce**

10.99

save at least \$3.00 each with your VIC card **VIC SAVINGS**



10 oz.
Cacique Queso Fresco
BUY 1 GET 1 FREE
 each item rings at half price with your VIC card



12 - 20.9 oz.
Kellogg's Large Size Cereal
4.99
 save at least \$1.50 each with your VIC card



12.3 - 18 oz.
Kashi Cereal
4.99
 save at least \$1.00 each with your VIC card



5 oz.
Siete Tortilla Chips
4.99
 save at least \$1.30 each with your VIC card



12 oz.
Louisiana Hot Sauce
1.99
 save at least 90¢ each with your VIC card



8 oz.
Kashi Granola
4.99
 save at least \$2.00 each with your VIC card



14 oz.
Stauffer's Lemon or Ginger Snaps
2/\$5
 save at least \$4.99 on 2 with your VIC card



5 oz.
McIlhenny Tabasco Sauce
2/\$5
 save at least \$1.69 on 2 with your VIC card



9 oz.
Local Hive Hot Honey Sauce
3.99
 save at least \$2.00 each with your VIC card



28 oz.
Saratoga Sparkling Water
2/\$5
 save big on 2 with your VIC card



8 ct.
Kellogg's Pop-Tarts
2/\$5
 save at least 99¢ on 2 with your VIC card



10.3 - 12 oz.
Kanzen Meal
5.99
 save at least \$1.00 each with your VIC card



1.5 - 2.1 oz.
Kellogg's Cereal Cups
2/\$3
 save at least 50¢ on 2 with your VIC card



5.5 oz.
Siete Taco Shells
5.99
 save at least \$1.00 each with your VIC card



4.5 oz.
Noosa Finest Yoghurt
4/\$5
 save big on 4 with your VIC card