



# EXPERIENCE EASTER

**THIS WEEK MEMBERS SAVE OVER \$25**  
See online flyer for more deals.

**THANK YOU REWARDS MEMBER PRICING**



Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.

Fresh Romaine Hearts  
Product of U.S.A.  
3 pack



**3<sup>99</sup>**

**SAVE \$2**

NON-MEMBER \$5.99

Campbell's Broth  
900mL tetra or  
Concentrated  
Broth  
250mL tetra  
selected varieties



**1<sup>49</sup>**

**SAVE \$1.50**

NON-MEMBER \$2.99

Longo's Frozen Cooked Pacific White  
Shrimp Ring with Cocktail Sauce  
737g pkg



**19<sup>99</sup>**

**SAVE \$5**

NON-MEMBER \$24.99



AGED 21 DAYS  
**CANADA AAA**

Cut from  
Canada  
AAA Grade  
Prime Rib  
Roast  
33.05/kg

**OVER 35% OFF**

**\$14.99/LB SAVE \$9/LB**



**3<sup>99</sup>** Fresh Strawberries  
Product of Mexico or U.S.A.  
454g pkg

**1LB PKG**

Longo's Fresh  
Spring Mix  
Product of U.S.A.  
454g pkg



**5<sup>99</sup>**

**SAVE \$2**



**25<sup>99</sup>** Longo's Fresh  
Family Size  
Lasagna or  
Pasta al Forno  
2.27-2.4kg pkg  
selected varieties

**SAVE \$7**



**1<sup>99</sup>** Barilla Pasta 410g pkg or  
Italpasta Pasta 900g pkg  
selected varieties

**SAVE UP TO \$1.50**



**40% OFF**  
FROM \$2.99/100G

Entremont  
French Brie or  
Canadian Oka  
Artisan Cheese



**4<sup>99</sup>** Häagen-Dazs Ice Cream  
414-450mL tub or  
Häagen-Dazs Novelties  
3 pack  
selected varieties

**SAVE AT LEAST \$2**

Bertolli or Carapelli  
Italian Extra  
Virgin Olive Oil  
500mL-1L bottle



**9<sup>99</sup>**

**SAVE UP TO \$8**



**5<sup>99</sup>** Cracker Barrel or Longo's  
Cheese Bar or Shreds  
320-400g pkg  
selected varieties

**SAVE UP TO \$3**

Longo's

# SEAFOOD EXTRAVAGANZA



**2 DAYS  
ONLY**  
MARCH  
27<sup>TH</sup> & 28<sup>TH</sup>

**2<sup>99</sup>** Fresh Canadian  
Atlantic Salmon  
Portion  
113g  
**SAVE \$3** SKIN ON

**FRESH  
SAVINGS**

MARCH 26<sup>TH</sup>  
APRIL 4<sup>TH</sup>



Village Bay Oysters  
12ct

**14<sup>99</sup>**  
**SAVE \$2**



Frozen Canadian  
Lobster Tails  
3oz x 4 piece

**19<sup>99</sup>**  
**SAVE \$3**

## HOOKED ON SUSTAINABILITY



At Longo's, we're committed to healthier oceans and having been running our Catch Conscious program since 2011.

Today, 93% of our seafood is sustainably sourced. Our Atlantic salmon from New Brunswick is sustainably farmed in cold Atlantic waters, free from hormones and pesticides. With a focus on

environmental responsibility and supporting local communities, it delivers exceptional quality—whether enjoyed as fillet portions, skewers, salmon burgers or smoked salmon.

**FRESH SAVINGS**

MARCH 26<sup>TH</sup>  
—  
APRIL 4<sup>TH</sup>



Fresh Bulk  
Cultivated Mussels  
5.49/kg

**249**  
/LB

**SAVE \$1.50/LB**



Frozen or  
Previously Frozen  
White Shrimp  
Skewer  
31-40ct

**99¢**  
/EACH SKEWER  
**SAVE \$1/SKEWER**

**FIVE  
SHRIMP  
PER  
SKEWER!**



**ORGANIC**

**19<sup>99</sup>**  
/LB  
**SAVE \$5/LB**

Fresh Organic  
Boned Atlantic Salmon  
Fillet  
44.07/kg

**ORGANIC**  
Longo's Fresh Organic Herbs  
20g pkg  
**2<sup>99</sup>**  
EARN 50 POINTS

Longo's Fresh Raised Without Antibiotics Whole Turkey  
6.59/kg  
**2<sup>99</sup>** /LB  
SAVE \$1/LB

GRAIN-FED, FREE-RUN  
RAISED WITHOUT ANTIBIOTICS  
WITH GIBLETS  
JEUNE DINDON  
FRAS DE L'ONTARIO ÉLEVÉ  
SANS ANTIBIOTIQUES

**CREAMY MUSTARD SPROUTS WITH MAPLE CRUMB**  
Visit Longos.com for this delicious Brussels sprouts recipe!

Fresh Brussels Sprouts  
Product of U.S.A.  
6.59/kg  
**2<sup>99</sup>** /LB

Longo's Extra Lean Ground Turkey or Chicken  
454g pkg  
**5<sup>99</sup>**  
SAVE \$1.50

Longo's Potato Scallion Bread  
453g pkg  
**3<sup>99</sup>**  
SAVE \$1

Fresh Cluster Tomatoes on the Vine  
Product of Ontario  
6.59/kg  
**2<sup>99</sup>** /LB

Fresh Cantaloupe  
Product of Costa Rica or Guatemala  
**4<sup>99</sup>**

Del Monte  
MAGnificent

**2 FOR \$16**  
SAVE \$1.98 ON 2  
Coca-Cola or Pepsi Beverages  
12x355mL pkg  
Individual \$8.49 selected varieties

Perrier or Sanpellegrino Sparkling Water  
6x1L pkg  
selected varieties  
**9<sup>99</sup>**  
SAVE \$3

Kellogg's Cereal  
306-510g pkg  
selected varieties  
**3<sup>99</sup>**  
SAVE AT LEAST \$1.97

Christie Cookies or Crackers  
100-290g pkg  
**2<sup>99</sup>**  
SAVE \$1.30

**LOW PRICE LOCKDOWN**

**3<sup>99</sup>**  
Gray Ridge Large White Eggs  
12 pack

**2<sup>29</sup>**  
Longo's Essentials Bread  
675g pkg

**WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.**

Longo's  
**EASTER EGG HUNT**  
sponsored by Kinder.  
MARCH 26-APRIL 4  
Search for eggs hidden all over the store for your chance to win a delicious prize!

LOOK FOR THESE THROUGHOUT THE STORE!

# FRESH PRODUCE



**3 FOR \$5** Fresh Ataulfo Mangoes  
Product of Mexico

Fresh Green Seedless Grapes  
8.80/kg  
Product of Peru or Chile  
**3.99** /LB



**ORGANIC**

**ORGANIC**

Fresh Organic Broccoli  
Product of U.S.A.  
**3.99**



**ORGANIC**

**2.99** /LB Fresh Organic Pink Lady or Royal Gala Apples  
Product of U.S.A.  
6.59/kg



Longo's Fresh Parisienne Potatoes  
907g pkg  
selected varieties

**4.99**

**EARN 100 POINTS**



**4.99** Longo's Fresh Cubed or Cut Vegetables  
400-500g pkg  
selected varieties

**EARN 100 POINTS**

**ORGANIC**

Longo's Fresh Organic Herbs  
20g pkg  
selected varieties

**2.99**

**EARN 50 POINTS**



**5.99**

Longo's Fresh Tri-Colour Peppers  
Product of Mexico or Ontario  
3 pack



Longo's Fresh Mini Seedless Cucumbers  
Product of Ontario  
11 pack

**4.99**



**11 PACK**

**IN-STORE TASTING, SAT & SUN 10:30AM-4PM**

**MUST TRY**



Fresh Gourmet Butter Gold or Russet Potatoes  
Product of Canada  
5lb bag

**4.99**



**10.99** Longo's Unsalted or Salted Cashews  
400g pkg  
selected varieties  
**SAVE \$1**



PACKAGED IN-STORE

**7.99** Longo's Fresh Walnut Halves or Pieces  
400g pkg  
**SAVE \$2**

# MEAT



Longo's Honey Baked Spiral Ham  
Half or Quarter  
15.41/kg

**6<sup>99</sup>**  
/LB  
SAVE \$2/LB



Longo's Fresh Porchetta Roast  
13.21/kg

**5<sup>99</sup>**  
/LB  
SAVE \$2/LB



Longo's Fresh Pork Sausages  
13.21/kg

**5<sup>99</sup>**  
/LB  
SAVE \$1/LB



**5<sup>99</sup>** duBreton Raised Without Antibiotics Ground Pork or Sausage Meats  
454-500g pkg  
SAVE \$1



**GREAT FOR STUFFING**



**5<sup>99</sup>** Frozen or Previously Frozen Cornish Hen  
13.21/kg  
SAVE \$1/LB



Fresh Whole Duck  
11.00/kg  
**4<sup>99</sup>**  
/LB  
SAVE \$1/LB



Valenca Frozen Quail  
780g pkg  
**13<sup>99</sup>**  
SAVE \$1



Longo's Semi-Boneless Ham  
13.21/kg  
**5<sup>99</sup>**  
/LB  
SAVE \$2/LB



## FRESH ONTARIO LAMB



**19<sup>99</sup>** Fresh Ontario Lamb Leg Roast or Chops  
44.07/kg  
SAVE \$3/LB



Fresh Ontario Lamb Loin Chops  
48.48/kg  
**21<sup>99</sup>**  
/LB  
SAVE \$3/LB



**19<sup>99</sup>** Fresh Ontario Lamb Combo Chops  
44.07/kg  
SAVE \$3/LB



**14<sup>99</sup>** Fresh Ontario Lamb Shoulder Arm or Blade Chops  
33.05/kg  
SAVE \$3/LB



# SEAFOOD

**9<sup>99</sup>** /LB  
**SAVE \$1/LB**

Fresh Tilapia Fillet **VALUE PACK**  
 or Fresh Wild Caught Pacific Snapper Fillet  
 22.02/kg

**FLOWN IN FRESH**

**19<sup>99</sup>** /LB  
**SAVE \$3/LB**

Fresh Wild Caught  
 Cod Fillet  
 Product of  
 Grindavik, Iceland  
 44.07/kg

**6<sup>99</sup>**  
**SAVE \$1**

Canadian Cove Fresh  
 Cultivated Mussels  
 907g pkg

## SHRIMPPLY DELICIOUS

**12<sup>99</sup>**  
**SAVE \$2**

Ocean Prime  
 Frozen Argentina  
 Shrimp  
 454g pkg  
 11-15ct

**14<sup>99</sup>**  
**SAVE \$2**

Longo's Frozen  
 Cooked Pacific  
 Shrimp Ring  
 425g pkg  
**JUMBO**

**19<sup>99</sup>**  
**SAVE \$3**

Wilder  
 Pasteurized Claw  
 Crab Meat  
 454g can

**10<sup>99</sup>**  
**SAVE \$2**

By The Sea Air  
 Fryer Seafood  
 Meals  
 283-453g pkg  
 selected varieties

**2<sup>99</sup>**  
**SAVE \$2**

Sea Deli Crab Blend  
 Surimi  
 250g pkg  
 selected varieties

**22<sup>99</sup>**  
**SAVE \$4**

Norwegian Fjord  
 Smoked Steelhead  
 Salmon  
 400g pkg

**11<sup>99</sup>**  
**SAVE \$2**

Pier 87 Frozen  
 Squid Rings  
 680g pkg

**16<sup>99</sup>**  
**SAVE \$2**

Longo's Frozen  
 Cooked Black  
 Tiger Shrimp  
 454g pkg  
 41-50ct

**14<sup>99</sup>**  
**SAVE \$1.50**

Longo's Frozen  
 Breaded  
 or Battered Fish  
 500-600g pkg  
 selected varieties

**15<sup>99</sup>**  
**SAVE \$2**

Janes Frozen Ultimates  
 Lightly Dusted Sole or  
 Haddock  
 450-590g pkg  
 selected varieties

**11<sup>99</sup>**  
**SAVE \$1**

Longo's Frozen  
 Breaded Coconut  
 Shrimp  
 500g pkg

**19<sup>99</sup>**  
**SAVE \$3**

Longo's Frozen  
 Cooked Black  
 Tiger Shrimp  
 454g pkg  
 16-20ct

Fresh fish is subject to availability.



# FROM THE SEA



**NEW BRUNSWICK**  
DELICIOUSLY CANADIAN



**NEW**



Frozen Cold Smoked Salmon  
50g pkg  
Plain or NEW Beet Blush

**2<sup>99</sup>**  
SAVE \$1



Frozen Lobster Claws  
454g pkg

**19<sup>99</sup>**  
SAVE \$5



Longo's Frozen Smoked Atlantic Salmon  
200g pkg

**12<sup>99</sup>**  
SAVE \$1

## SEAFOOD APPETIZERS



Longo's Frozen Tempura Shrimp  
400g pkg  
COLOSSAL

**14<sup>99</sup>**  
SAVE \$1



Longo's Frozen Tempura Shrimp  
500g pkg

**11<sup>99</sup>**  
SAVE \$1



Longo's Frozen Marinated Garlic & Herbs Butterfly Shrimp  
340g pkg

**12<sup>99</sup>**  
SAVE \$2



Longo's Frozen Beer-Flavoured Battered Tempura Shrimp  
340g pkg

**6<sup>99</sup>**  
SAVE \$2



**6<sup>99</sup>**  
SAVE \$3

Longo's Frozen Seafood Party Pack Appetizers  
310g pkg



**10<sup>99</sup>**  
SAVE \$4

Longo's Frozen Bacon Wrapped Scallops  
340g pkg

# BAKERY



Baked with a 65-year-old Italian sourdough starter and the finest natural ingredients, this loaf cake is a great addition to your Easter spread.

Dacasto Gran Pasticceria The King's Cake Traditional or Extra Dark Chocolate

**16<sup>97</sup>**

**EARN 500 POINTS**



Longo's Hot Cross Buns 400g pkg 6 pack

**4<sup>99</sup>**

**SAVE \$1**



**NEW**

PROUDLY MADE IN BRITISH COLUMBIA!

**25<sup>99</sup>**

Sugarplum Desserts 8\" Assorted Cheesecakes Fabulous four and cheesecake duo

**SAVE \$1**



10\" Fruit and Strawberry Flans

**19<sup>99</sup>**

MADE IN-STORE!

**SAVE \$3**

- AUTHENTIC FLAN IMPORTED FROM FRANCE
- FILLED WITH CUSTARD CREAM AND TOPPED WITH FRESH FRUITS



BACK FOR A LIMITED TIME!

**8<sup>97</sup>**

Longo's Lemon Coffee Cake 750g pkg

**SAVE \$1**



MADE IN-STORE!

Longo's Assorted Zeppole

**BUY 6 OR MORE**

**3<sup>79</sup>**

**EARN 50 POINTS PER UNIT**



MADE IN-STORE!

Longo's Bunny Cake

**16<sup>99</sup>**

**EARN 300 POINTS**

\*Decoration may vary by location.



BAKED IN-STORE!

**12<sup>99</sup>**

Longo's 12\" Fruit Pie 1kg pkg selected varieties

**EARN 100 POINTS**



**10<sup>99</sup>**

Longo's Frozen Scoop & Serve Tiramisu 600g pkg

**SAVE \$1**



BEST SERVED WARM!

Longo's Pecan Sticky Buns 4 pack

**6<sup>99</sup>**

**SAVE \$1**



Ace Bakery Bake Your Own White Demi-Baguette 400g pkg

**4<sup>49</sup>**

**SAVE \$1**



Longo's Mini Brioche Buns 480g pkg

**4<sup>49</sup>**

**SAVE \$1**

# CANNOLI CON AMORE!

We're passionate about Italian desserts, and nothing tastes quite like home as our beloved Sicilian cannoli. Indulge in classic flavours like creamy ricotta or pistachio.



"Our cannoli are prepared in-house. Come by our Bakery counter and choose your favourite."

Rosa, Bakery Manager  
Longo's Green Lane



Longo's Fresh  
Hand-Piped  
Sicilian Cannoli  
Individual \$2.49

**6 FOR \$12**

**SAVE AT LEAST \$4 ON 6**

**JOIN US  
FOR IN-STORE  
TASTING  
MARCH 28<sup>TH</sup>-29<sup>TH</sup>**



**CAKE  
DECORATOR**

**CERTIFIED**



Longo's 8"  
Cannoli Cake

**29<sup>99</sup>**

**EARN  
\*300 POINTS**

\*Month of April Only.

MADE IN-STORE.

- Layers of vanilla sponge cake
- Fresh store made Ricotta and real cream filling and real cream filling
- Topped with our Sicilian cannoli



Longo's Do It  
Yourself 6 Pack  
Cannoli Kit

**9<sup>99</sup>**

**SAVE \$3**

**WHY NOT TRY  
CANNOLI  
DIY KIT**

- Kit includes:**
- 6 Cannoli Shells
  - Store-Made Ricotta Filling
  - Icing Sugar for Dusting

# DELI

**Longo's**  
**CURATO**  
PRODUCT OF ITALY

Freshly cut Parmigiano Reggiano, Grana Padano or Pecorino Romano Cheese or grated Parmigiano Reggiano/ Pecorino Romano blend, Parmigiano Reggiano or Pecorino Romano Cheese

FROM  
**4.49**  
/100G



**11.99** Longo's Curato Taleggio DOP 200g pkg

THANK YOU EARN 100 POINTS

Longo's Curato Prosciutto di Parma 14 month

**5.99**  
/100G



MUST TRY

**13.99** Longo's Curato Gorgonzola DOP Piccante 200g pkg

THANK YOU EARN 100 POINTS

Longo's Curato Prosciutto Cotto **3.49** /100G



Curato Informata Olives, Castelvetro Olives or Hot Olive Medley 375g tub

**7.99**  
SAVE \$1



FRESH DELI CUT

RICH, CREAMY BRIE FROM THE RHÔNE-ALPES, MADE FOLLOWING TRADITIONAL METHODS.

FROM **5.99** /100G Fromager d'Affinois French Cheese selected varieties



Aurichio Provolone

**4.99**  
/100G



Pecorino with Orange

**5.99**  
/100G



Pecorino Reggiano

**6.99**  
/100G



FROM **7.99** Bella Casara Burrata or Burratini Cheese 125-250g tub



FROM **5.99** /100G Swiss Emmentaler or Gruyère Cheese



**5.99** Celebrity Goat's or Sheep's Milk Cheese 113g pkg selected varieties



**8.49** Tre Stelle Ricotta Cheese 400-475g tub



FROM **6.49** /100G Avonlea Clothbound Cheddar or Cows Creamery Blue Moo Cheese



**3.69** /100G Mastro Sopressata Mild Salami, Mastro Calabrese Hot Salami, Mastro Salami with Prosciutto or Mastro Capocollo Mild or Hot



Longo's Black Forest or Honey Maple Smoked Ham Half **1.99** /100G **14.99** SAVE \$2



FRESH DELI SERVED **3.69** /100G Maple Leaf Natural Selections Deli Meats Ham, Chicken or Turkey or Bittner's Turkey selected varieties

# Longo's® CURATO

PRODUCT OF ITALY



FROM **10<sup>99</sup>** Longo's Curato Burrata, Mozzarella di Bufala or Bocconcini di Bufala 100-125g tub

**THANK YOU** EARN 100 POINTS



**17<sup>99</sup>** Longo's Curato Italian Antipasto Party Pack, Entertaining or Charcuterie Mix 225-300g pkg

**THANK YOU** EARN 300 POINTS

Longo's Curato Prosecco Cheese 200g wedge

**12<sup>99</sup>**  
SAVE \$1

**ORGANIC**

Longo's Curato Organic Extra Virgin Olive Oil 500mL bottle

**11<sup>99</sup>**  
SAVE \$1.50



Longo's Curato White Truffle Oil 100mL bottle

**8<sup>99</sup>**  
SAVE \$2



Longo's Curato Gold Balsamic Vinegar of Modena 250mL bottle

**14<sup>99</sup>**  
SAVE \$5



**12<sup>99</sup>** Longo's Curato Natural Prosciutto 125g pkg or Longo's Curato Natural Antipasto 125g pkg selected varieties

**THANK YOU** EARN 200 POINTS



8" Curato Sicilian Cake assorted varieties

**32<sup>99</sup>**

**THANK YOU** EARN 500 POINTS

ST. HONORE

Design may vary.



Curato Tiramisu assorted varieties

**\$4** /EA  
SAVE AT LEAST 99¢

MANGO LIME



CHOCOLATE HAZELNUT

6" Curato Sicilian Cannoli Tart selected varieties

**21<sup>99</sup>**

**THANK YOU** EARN 300 POINTS

HERE FOR A LIMITED TIME!



# THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



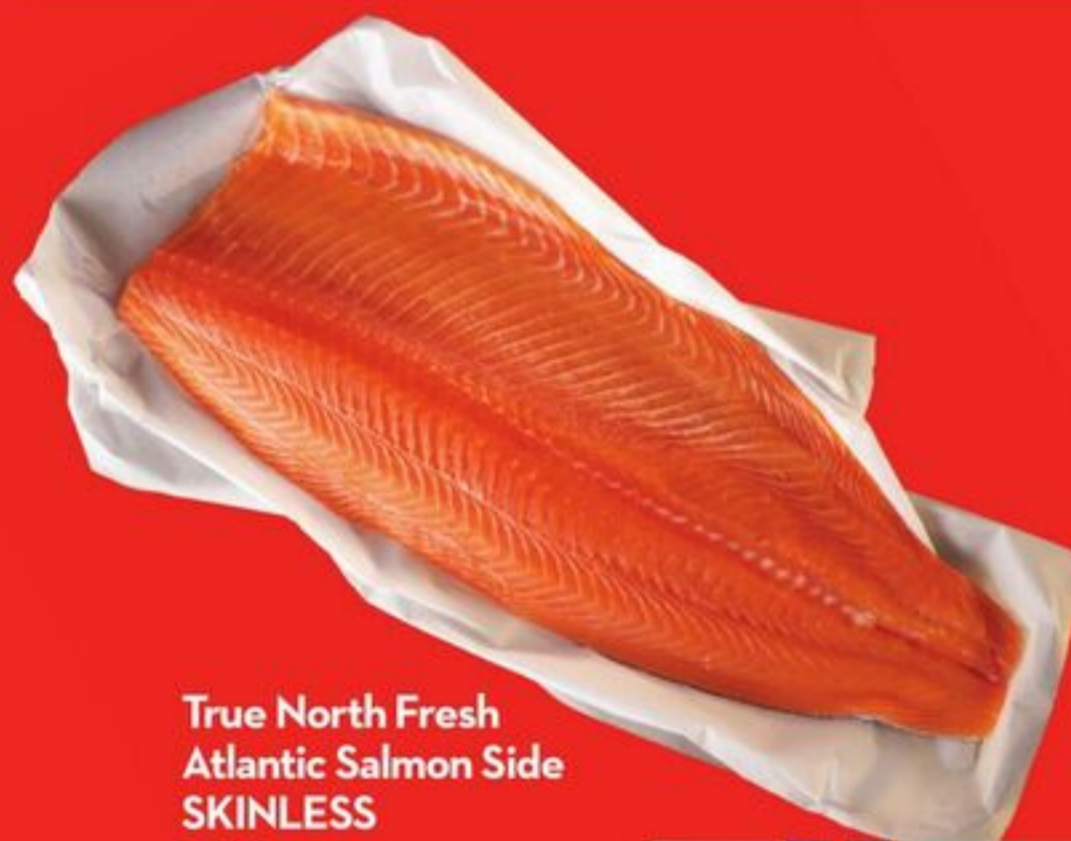
**NOT A MEMBER?  
NOT A PROBLEM!**

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit [Longos.com/thank-you-rewards](http://Longos.com/thank-you-rewards)

## THIS WEEK MEMBERS SAVE OVER **\$25**

Longo's Fresh Grain-Fed, Air-Chilled Whole Chicken  
4.99/lb • 11.00kg

**MEMBERS SAVE  
\$4/PACK**



True North Fresh Atlantic Salmon Side SKINLESS  
900g tray

**\$30**

**SAVE \$5**

NON-MEMBER \$35



Longo's Mozzarella Ball  
340g pkg

**5.99**

**SAVE \$2**

NON-MEMBER \$7.99



Boursin Cheese or Boursin Cuisine  
150-220g pkg  
selected varieties

**6.49**

**SAVE UP TO \$2**

NON-MEMBER \$7.99



**4.99**

**SAVE \$1**

NON-MEMBER \$5.99

Longo's Fresh Clementines  
Product of Morocco  
2lb bag



**3.99**

**SAVE \$2**

NON-MEMBER \$5.99

Kimbo Nespresso Coffee Pods  
10ct



**5.49**

**SAVE \$1**

NON-MEMBER \$6.49

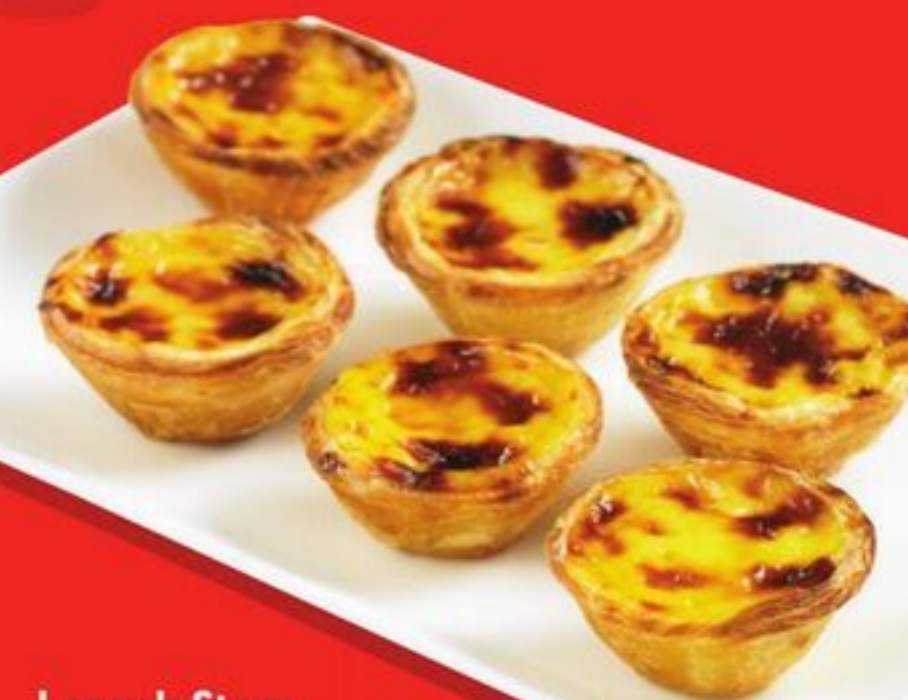
Longo's Pasta Sauce  
700mL jar  
selected varieties



**7.99**

**SAVE \$2**

NON-MEMBER \$9.99



Longo's Store Baked Portuguese Tarts  
6pk

## Appetizers



**8<sup>99</sup>** Longo's Frozen Wontons  
320g pkg  
**SAVE \$1**

Longo's Flat Bread  
150g pkg  
**2<sup>99</sup>**  
**SAVE \$1.30**



Longo's Dips  
or Spreads  
Individual \$3.99  
200-227g pkg  
selected varieties

**2<sup>OR</sup> \$7**  
**SAVE \$1.98 ON 2**



**2<sup>49</sup>** Longo's Pretzels  
320-400g pkg  
selected varieties  
**SAVE 50¢**



**7<sup>99</sup>** Longo's Frozen Sausage Rolls  
576g pkg  
**SAVE \$1**



Longo's Tortilla Chips  
300-400g pkg  
selected varieties

**3<sup>99</sup>**  
**THANK YOU EARN 50 POINTS**

### AN ANCIENT HISTORY

Appetizers date back in time and originated in ancient Greece where the offering was a smorgasbord-style buffet.

Today, appetizers are the teaser before the main course to stimulate your appetite. Luckily Longo's offers it's own smorgasbord of options!



**3<sup>97</sup>** Longo's Pineapple or Red Pepper Jelly  
250-270mL jar  
**SAVE \$1**



**2<sup>OR</sup> \$10** Longo's Phyllo Rolls  
450g pkg  
Individual \$5.99  
selected varieties  
**SAVE UP TO \$3.98 ON 2**



**4<sup>47</sup>** Longo's Chutney  
250-270mL jar  
Mango Peach or Cranberry Port  
**SAVE \$1.50**

*Longo's.*

# EASTER EGG HUNT

MARCH 26-APRIL 4

Search for eggs hidden all over the store for your chance to win a delicious prize!

sponsored by

**Kinder**<sup>®</sup>

Hop over to our Personal Touch Services Counter to pick up a ballot form.

Submit your ballot and receive a Kinder chocolate treat.



LOOK FOR THESE THROUGHOUT THE STORE!



\*Subject to terms and conditions. See in-store for contest rules and regulations. While supplies last. Only traditional Stores are part of the program. Market Stores are not included. Kinder and its related trademarks are registered trademarks of Ferrero S.p.A and used with permission.

THE LOFT  
GATHER • COOK • LEARN

# SUMMER CAMPS!



BOOK EARLY!  
LIMITED SPOTS

10AM - 1PM  
\$40 per child per class

# Kinder

Kinder Mini Eggs  
182g pkg

**6.47**  
SAVE \$3



Kinder Uovo Egg  
100g pkg

**6.47**  
SAVE \$2



Kinder Hollow Bunny  
75g pkg

**4.97**  
SAVE \$2



FRESH SAVINGS FOR THE WEEK OF THURSDAY MARCH 26<sup>TH</sup> TO SATURDAY APRIL 4<sup>TH</sup>, 2026.

# FLORAL



Spring Mixed Bouquets  
assorted varieties  
**FROM**  
**21<sup>99</sup>**



**MADE  
IN-STORE  
BY OUR  
FLORAL  
EXPERTS!**

Longo's Tulip  
Arrangements  
assorted varieties  
**24<sup>99</sup>**



**2 FOR \$18**  
**SAVE \$1.98 ON 2**  
6" Easter Lily  
Individual \$9.99



6.5" Hydrangea  
assorted colours  
**21<sup>99</sup>**



**14<sup>99</sup>**  
Longo's Stem Tulips  
Soil Grown, 15 Stems  
assorted colours



**39<sup>99</sup>**  
**SAVE \$5**  
Infinity Circle  
Phalaenopsis Orchid  
selected varieties



6" Potted Bulbs  
assorted varieties  
**2 FOR \$16**  
**SAVE \$3.98 ON 2**



**2 FOR \$8**  
**SAVE \$1.98 ON 2**  
4" Potted Bulbs  
selected varieties



**14<sup>99</sup>**  
Blooming Bunny  
selected varieties



**FROM**  
**29<sup>99</sup>**  
Assorted  
Dish Gardens

**GREAT VALUE**

**SERVES UP TO 4 PEOPLE FOR ONLY \$5/PERSON**

Longo's Three Cheese Macaroni & Cheese, Cheese, Ricotta and Spinach Alfredo or Longo's Eggplant Parmigiana 950g-1kg pkg



**19<sup>99</sup>**  
**SAVE \$2**

A creamy, comforting dish made with a blend of real cheese that brings everyone to the table.

**LONGO'S THREE CHEESE MACARONI & CHEESE**

**LONGO'S EGGPLANT PARMIGIANA**

A traditional dish breaded and fried with all the flavours and none of the fuss.



RED SKINNED ROASTED GARLIC MASHED POTATOES



**FROM 14<sup>99</sup>**

Longo's Kitchen Family Side Dishes 750g-1kg pkg serves 4-6 selected varieties

**EARN 300 POINTS**

ROASTED ROOT VEGETABLES



HEAT AND SERVE



**FROM 16<sup>99</sup>**

Longo's Arancini with Sauce 6 pack selected varieties

**EARN 200 POINTS**

**LONGO'S HOMESTYLE MEATBALLS IN SAUCE AND CHEESE.**

FULLY COOKED. HEAT AND EAT.

Longo's authentic meatballs! Made with 100% Certified Angus Beef and freshly grated Romano cheese! Homestyle recipe from our family to yours!



**FROM 11<sup>99</sup>**  
**SAVE \$1**

Also available: Longo's veal or chicken cutlets with or without sauce and cheese.



**SIDES SO EASY.**

SAVOURY BREAD STUFFING



HONEY ROASTED CARROTS



Longo's Kitchen Entrée Side Dishes 250-500g pkg Individual \$8.99 serves 2-3 selected varieties

**2 FOR \$16**  
**SAVE \$1.98 ON 2**

**SALADS FOR EVERY OCCASION.**

- PREPARED FRESH IN-STORE DAILY
- PAIR WITH LONGO'S SALAD DRESSINGS

Mediterranean Blend - Radicchio, Escarole and Endive  
Red Leaf Blend - Red and Green Leaf  
Romaine or Garden Salad Blend - Iceberg and/or Boston and Romaine

**FROM 1<sup>89</sup>**  
**/100G**

**EARN 20 POINTS/100G**





Scan to order from our Catering Menu and discover the unique assortment of fresh, curated, handmade platters and trays to serve at your next event.

**CHECK OUT OUR NEW LONGO'S ENTERTAINING CATERING GUIDE**



**Longo's**

**WE'VE GOT YOUR CATERING NEEDS COVERED**

Discover our unique assortment of fresh, curated platters and trays for your next gathering.

Cubed Cheese Trio Tray or Crowd-Pleaser Tray  
840-975g pkg

**26<sup>99</sup>**

**EARN 200 POINTS**



**FRUIT AND CHEESE**

Vast selection of cheeses including Longo's Triple Cream Brie, blue cheese, Boursin, extra old cheddar, smoked gouda and Longo's Goat Cheese. Includes fig spread and fresh and dried fruit. Crackers are optional.

Serves 15 people



**ITALIAN CHARCUTERIE**

A selection of Longo's Curato Italian deli meats such as Salami Piacentino DOP and Coppa Piacentina DOP, Prosciutto di Parma and pancetta. Served with Auricchio, dried fruit, sundried black olives and Longo's Artisan Made Rosemary & Sea Salt Flatbread.

Serves 8-10 people



**SWEET CREATIONS**

Finish things off with these decadent mini pastries made with velvety cream.

Regular serves 10-15 people • \$51.99

Large serves 20-25 people • \$74.99

**EARN 500 POINTS**



**KAZOKU SUSHI PLATTER**

53 pieces  
Serves up to 6

California Roll (18pc), Spicy California Roll (18pc), Vegetable California Roll (9pc), Cucumber Hosomaki (8pc). Includes wasabi, ginger and soy sauce.

**\$35**

**EARN 350 POINTS**



**GRAZING DELIGHTS SHOWSTOPPER**

60 pieces

**69<sup>99</sup>**

**EARN 300 POINTS**

A selection of our favourite appetizers. Selection includes our award-winning Longo's Tahini Filled Falafel Bites, crispy vegetable spring rolls, mini rice balls, beef empanadas, tempura shrimp, breaded coconut shrimp and a trio of dips.



Longo's Fruit Medley Tray  
2.3kg pkg

**25<sup>99</sup>**

**EARN 250 POINTS**



MADE FRESH IN-STORE DAILY.

Longo's Veggie Tray with Ranch or Hummus Dip  
1.9kg pkg

**19<sup>99</sup>**

**EARN 200 POINTS**



# FRESH PIZZA, STONE-OVEN PINSAs & CALZONES



It's no surprise that Longo's does Pizza Right! Our loaded pizza menu includes tried and true classics, and offers a deliciously exclusive Pizza of the Month. Our made-to-order pizzas are hand-stretched by our experts, topped with only the freshest ingredients and baked in our traditional stone ovens.

## FRESH PIZZA STONE-OVEN

### Neapolitan Style Pizza

Our made-to-order pizzas are hand-stretched by our experts, topped with only the freshest ingredients and baked in our traditional stone ovens.

**WHOLE FROM \$12.99**



**\*EARN  
250 POINTS**

**SLICE FROM \$3.99**

\*Points are earned on the purchase of whole Pizza only.



Pepperoni Pizza

Spicy Meaty Delight

## FRESH PINSAs STONE-OVEN

Stone baked blend of double zero flour and sourdough make this pinsa's crust light and airy with a crunchy texture.

**WHOLE \$26.99**



**\*EARN  
400 POINTS**

**SLICE \$4.99**

\*Points are earned on the purchase of whole Pinsa only.



Three Cheese Cup and Char Pinsa

Mortadella Pesto Pinsa

Margherita Pinsa

Mushroom Medley Pinsa

It's all about the dough! A delightfully crispy exterior blended with a soft, airy interior which gives Pinsa its unique crust. It's also characterized by its distinct oval or elongated shape.

## FRESH CALZONES STONE-OVEN

A traditional Italian stone oven-baked Neapolitan pizza dough stuffed with ingredients like mozzarella, provolone, Longo's Italian sausage crumble and roasted vegetables to name a few.

**\$8.99**



**EARN  
150 POINTS**



Also available in Pepperoni or Cheese

Vegetarian Calzone

Italian Sausage and Peppers Calzone

Originating in Naples, a Calzone is a folded pizza which makes it an easy, portable meal when you're on-the-go.

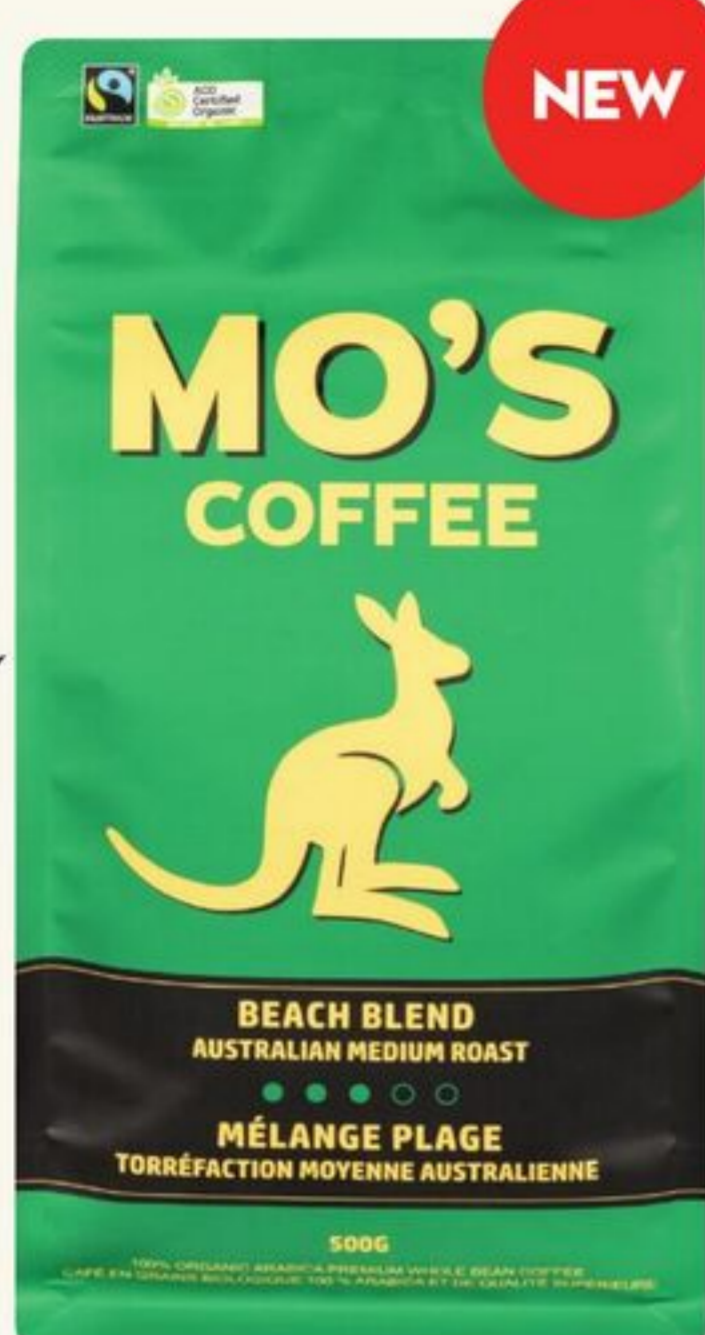
# GROCERY

**HOT PRICE!**

ROASTED IN CANADA

MO's Australian Roast Whole Bean Coffee  
Organic and Fairtrade  
100% Arabica  
500g pkg

**14<sup>99</sup>**  
SAVE \$10



NEW

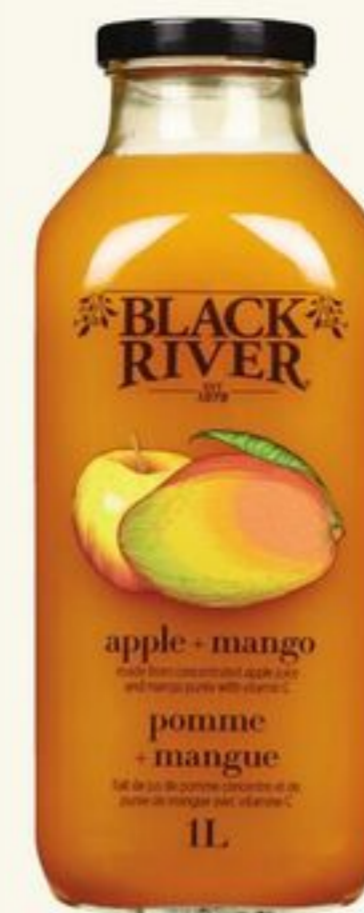


Maple Leaf Mighty Protein Stick  
32g pkg  
selected varieties

**1<sup>99</sup>**  
SAVE \$1

**MIGHTY PROTEIN**

NEW



Black River Juice  
1L bottle  
selected varieties

**5<sup>49</sup>**  
SAVE \$1.50



Black River Juice  
1L bottle  
selected varieties

**6<sup>99</sup>**  
SAVE \$3



**5<sup>49</sup>** Vahdam Organic Herbal Tea  
18ct  
selected varieties  
SAVE \$2



**99¢** Club House Gravy or Seasoning Mix  
20-47g pkg  
selected varieties  
SAVE UP TO \$1.50



Nutella  
Hazelnut Spread  
725g pkg

**6<sup>99</sup>**  
SAVE UP TO \$2



Kashi Snack Bars  
175-200g pkg or  
Special K Nourish  
Bars 165g pkg or  
Rice Krispies  
Homestyle Treats  
154-198g pkg

**3<sup>49</sup>**  
SAVE AT LEAST \$1



**15<sup>99</sup>** Tilda Basmati Rice  
10lb pkg  
SAVE \$4



E.d. Smith Pure Pumpkin Puree  
796mL can or  
Pie Filling  
540mL can  
selected varieties

**4<sup>99</sup>**  
SAVE UP TO \$2



**2<sup>99</sup>** Italpasta Lasagna,  
Jumbo Shells or Manicotti  
250-500g pkg  
selected varieties  
SAVE 50¢



Annie's  
Mac & Cheese  
170g pkg  
selected varieties

**2<sup>99</sup>**  
SAVE 50¢



**3 FOR \$5** Green Giant Canned Vegetables  
341-398mL can  
Individual \$1.99  
SAVE 97¢ ON 3



Bounty Paper Towels  
3=6 rolls or  
Charmin Bath Tissue  
8=24 rolls  
selected varieties

**7<sup>99</sup>**  
SAVE AT LEAST \$4



**5<sup>99</sup>** JIF Peanut Butter  
1kg tubor  
Smuckers Jam  
500mL jar  
SAVE \$2



Elmhurst Plant Based Milk  
946mL pkg or  
Creamers  
473mL pkg  
selected varieties

**6<sup>99</sup>**  
SAVE UP TO \$2

# DAIRY AND FROZEN



**SCHNEIDERS**  
EST. 1890

## THE TASTE OF TRADITION.

**5.49** Schneiders Bacon or Fully Cooked Strips  
100-375g pkg  
selected varieties  
**SAVE \$3.50**



**JANES**  
Ready for anything!

**PUB STYLE SNACKS**

**Popcorn chicken**  
700g

**chicken Strips**  
700g

**9.99** Janes Pub Style Chicken  
700g pkg  
selected varieties  
**SAVE AT LEAST \$3**



**Longo's**  
**CURATO**  
PRODUCT OF ITALY

Longo's Curato Fresh Pasta  
250g pkg  
selected varieties  
**5.99**  
**SAVE \$1**



**Cucina**  
**Mini Arancini**  
MARGHERITA  
PORCINI

**6.99** Cucina Rice Balls  
500g pkg  
selected varieties  
**SAVE \$2**



**ONTARIO RAVIOLI**  
Gnocchi  
Tortellini

**5.99** Ontario Ravioli Frozen Pasta  
454g pkg  
selected varieties  
**SAVE \$1**



**Lactantia**  
Whipping Cream  
Crème à fouetter  
35%  
Half & Half Cream  
Crème à café  
10%  
**3.99**  
**SAVE UP TO \$2**



**Tre Stelle**  
Cream Cheese Spreads  
Individual \$4.99  
200g pkg  
selected varieties  
**2 FOR \$8**  
**SAVE UP TO \$3.98 ON 2**



**CHEEMO**  
**HERITAGE PEROGIES**  
PÉROGIES HÉRITAGE  
**3.49** Cheemo Perogies  
907g pkg  
selected varieties  
**SAVE \$1**



**Kellogg's Eggo**  
French Toaster Sticks  
original  
**3.99** Kellogg's Eggo Waffles, Pancakes or Toaster Sticks  
270-330g pkg  
selected varieties  
**SAVE 50¢**



**ACTIVIA**  
GUT HEALTH | SANTÉ DIGESTIVE  
**Silk**  
Almond  
**4.49** Activia Yogourt 8x100g pkg or Silk Beverages 1.75-1.89L carton selected varieties  
**SAVE UP TO \$1.50**



**Longo's**  
Orange Juice  
2.5L jug  
**7.99**  
**EARN 100 POINTS**



**SCHNEIDERS**  
Mini-Sizzlers  
BREAKFAST SAUSAGES  
**SCHNEIDERS**  
Original Recipe  
BREAKFAST ROUNDS  
**7.99** Schneider's Mini Sizzlers, Sausage Rounds or Oktoberfest Sausage 375g pkg selected varieties  
**SAVE AT LEAST \$2**



**Cavendish**  
STRAIGHT CUT FRIES  
FRITES COUPE RÉGULIÈRE  
**Cavendish**  
POTATO WEDGES  
QUARTIERS DE POMMES DE TERRE  
**8.99** Cavendish Club Pack Frozen Potatoes or Onion Rings 1-1.8kg pkg selected varieties  
**SAVE AT LEAST \$1**



# THE NEED IS GREATER THAN EVER.

From March 19<sup>th</sup> - April 4<sup>th</sup>, Longo's Guests can purchase a virtual Neighbour-in-Need bag in-store and online at Longos.com.

Breakfast Bag\*  
**8<sup>99</sup>**



Dinner Bag\*  
**11<sup>99</sup>**



 **NEIGHBOUR  
IN NEED**

**THANK YOU FOR HELPING A NEIGHBOUR IN NEED!**

\*All products may not be exactly as shown. Bags purchased will go directly to local food banks.



**3<sup>99</sup>**

**Gray Ridge Large White Eggs**  
12 pack



**2<sup>29</sup>**

**Longo's Essentials Bread**  
675g pkg



**3<sup>49</sup>**

**Redpath Granulated Sugar**  
2kg pkg



**4<sup>99</sup>**

**Longo's Fresh Mini Seedless Cucumbers**  
Product of Ontario  
11 pack



**6<sup>99</sup>**

**Fresh Organic Grape Tomatoes**  
Product of Ontario  
681g pkg

**ORGANIC**



**4<sup>99</sup>**

**Fresh Hydroponic Lettuce**  
Product of Ontario  
2 pack • assorted varieties



**3<sup>99</sup>**

**Longo's Fresh Russet Potatoes**  
Product of Canada  
10lb bag



**3<sup>99</sup>**

**Oikos or Liberté Greek Yogourt**  
4x100g pkg



**2<sup>99</sup> /LB**

**Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters**  
Value pack • 6.59/kg



**10<sup>99</sup>**

**Organic Meadow Milk**  
1%, 2% or skim  
4L bag



**6<sup>49</sup>**

**Beatrice Milk**  
1%, 2% or skim  
4L bag



**2 FOR \$4**

**Longo's Pasta**  
450g pkg  
Individual \$2.29



**5<sup>99</sup>**

**Frito-Lay Value Pack Chips**  
325-535g pkg  
selected varieties



**9<sup>99</sup>**

**Imported Emmental Cheese, Medium Cheddar Cheese or Imported Aged Cheddar Cheese**  
Average weight 400g

**\$5.00/ serving**

**19<sup>99</sup>**

**Longo's Oven-Ready Meals**  
900g-1kg pkg  
Serves up to 4



**20<sup>99</sup>**

**Cashmere Bath Tissue**  
24=72 rolls



**WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.**

FRESH SAVINGS FOR THE WEEK OF THURSDAY MARCH 26<sup>TH</sup> TO SATURDAY APRIL 4<sup>TH</sup>, 2026.

**SAVE ON THE BRANDS YOU LOVE AT LONGO'S**

**krinos**



**6<sup>99</sup>** Krinos Greek Feta 200g pkg



**8<sup>99</sup>** Krinos Halloumi 250g pkg



**FROM 14<sup>99</sup>** Krinos Greek or Goat Feta 400g pkg



**2<sup>99</sup>** Krinos Traditional Feta /100G

**Spring Savings!**



**3<sup>49</sup>** Dempster's Grains, Signature or Protein Bread 600g pkg, Dempster's Pull-Aparts or Dinner Rolls 12-24ct Selected Varieties  
**SAVE UP TO \$2**

**4<sup>49</sup>** SunMaid Raisin Bread or Cinnabon Bread 450g pkg or Sara Lee Little Bites Mini Muffins, Bars or Cookies 96-234g pkg selected varieties  
**SAVE UP TO \$1.80**

**BEER & WINE AVAILABLE IN-STORE.**



**7<sup>99</sup>** Sober Carpenter or Clever Mocktails 4x355mL can selected varieties  
**SAVE \$2**

Available At Select Locations.



Stella Artois Tall Can 6x473mL can  
**18<sup>99</sup>**  
**SAVE \$1**



La Marca Prosecco Doc 750mL bottle

**20<sup>99</sup>**



Ruffino Lumina Pinot Grigio lgt 750mL bottle

**14<sup>99</sup>**



Cecchi Chianti Docg 750mL bottle

**13<sup>99</sup>**

# SAVE ON THE BRANDS YOU LOVE AT LONGO'S

**YOU COULD WIN 1 OF 3 \$10,000 VIP TRIPS TO THE STANLEY CUP FINAL 2026**

**PLUS DAILY PRIZES OF GIFT CARDS & MORE!**

**FIND THE CUP & CLEAN UP**

[FindAndWin.ca](http://FindAndWin.ca)

**Bonterra Paper Towels**  
3=6 rolls or Bath Tissue  
9=27 rolls  
selected varieties  
**6<sup>99</sup>**  
SAVE \$1

**Cashmere Bath Tissue**  
12/24=48 rolls or  
Spongetowels Paper Towels  
6=12 rolls  
selected varieties  
**14<sup>99</sup>**  
SAVE \$5

\*NO PURCHASE NECESSARY. Open to legal age of majority residents of Canada. Contest starts March 1/26, ends May 15/26 (Purchase Period ends May 8/26). 79 prizes available: (i) 3 grand prizes of a 2026 Stanley Cup® Final VIP Experience (ARV \$10,000 CAD each); & (ii) 76 secondary prizes (number decreases as they are claimed), each consisting of Spongetowels for a year (ARV \$600 CAD), Kruger Products value coupons, NHLShop.ca gift cards or retailer grocery gift cards (ARV \$20 CAD to \$200 CAD). Odds of winning depend on number, timing & accuracy of entries. Skill-testing question required. Full Rules at FindAndWin.ca. ©2025 Kruger Products Inc. ® SCOTTIES is a registered trademark of Kimberly-Clark Worldwide, Inc., used under license. NHL, the NHL Shield, and the word mark and image of the Stanley Cup are registered trademarks and the 2026 Stanley Cup Final logo is a trademark of the National Hockey League. ©NHL 2026. All Rights Reserved.

**SPRING INTO BAKING**

FOR DELICIOUS SPRING RECIPES VISIT [ROBINHOOD.CA](http://ROBINHOOD.CA)

**Robin Hood or Five Roses Flour**  
2.5kg pkg  
selected varieties  
**5<sup>49</sup>**  
SAVE UP TO \$1.50

**Eagle Brand Condensed Milk**  
300mL pkg  
selected varieties  
**3<sup>99</sup>**  
SAVE AT LEAST \$1.50

**Carnation Evaporated Milk**  
354mL pkg  
selected varieties  
**2<sup>29</sup>**  
SAVE 70¢

**Fresh Raspberry Cheesecake**

**MUTTI TASTE THE DIFFERENCE**

ITALY'S #1\* BRAND OF TOMATOES

**Mutti Cherry Tomatoes**  
398mL can  
selected varieties  
**3<sup>99</sup>**  
SAVE 50¢

**Mutti Pizza Sauce or Diced Tomatoes**  
398mL can  
selected varieties  
**3<sup>99</sup>**  
SAVE \$1.50

**Mutti Pasta Sauces**  
660mL jar  
selected varieties  
**9<sup>99</sup>**  
SAVE \$2

**Mutti Pasatta Tomatoes**  
680mL jar or  
796mL can  
selected varieties  
**4<sup>99</sup>**  
SAVE 50¢

\*Circana S.r.l. - Tot Italy Hyper + Super + Small Self Service of the top brands by value sales in the Tomato Derivatives category - Progressive JAN 2025 - DEC 2025

**GET RACE READY**

**Frito Cannisters**  
101-145g pkg  
**2<sup>99</sup>**  
SAVE \$1.50

**Lays, Miss Vickies or Smart Food**  
175-235g pkg  
Individual \$4.49  
**2 FOR \$8**  
SAVE AT LEAST 98¢ ON 2

**Pepsi Soft Drinks**  
6x222mL cans  
**4<sup>49</sup>**  
SAVE UP TO \$1.30

**Bubly Sparkling Water**  
12x355mL cans  
**6<sup>49</sup>**  
SAVE \$1.50

# SAVE ON THE BRANDS YOU LOVE AT LONGO'S



**15<sup>99</sup>** Baci Perugina  
Box Chocolate  
150g pkg  
**SAVE \$4**



**8<sup>99</sup>** Ferrero Rocher  
Jewel Box or Collection  
156-200g  
T-15 or T-16  
**SAVE \$3**



**3<sup>79</sup>** Ritter Sport  
European Chocolate  
100g pkg  
**SAVE \$1.20**

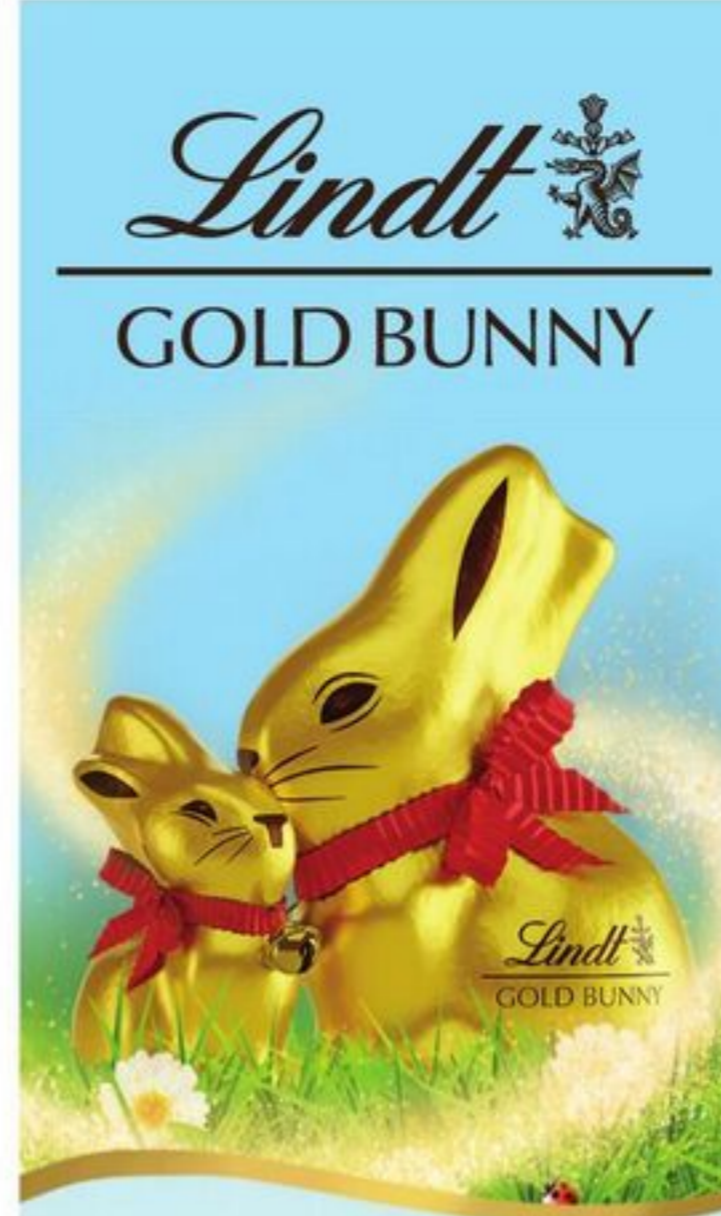


Tony's  
Chocoloney Bar  
180g pkg  
selected varieties

**6<sup>49</sup>**  
**SAVE \$1.50**



Tony's Rainbow Pack  
300g pkg  
**\$11.99**  
**SAVE \$3**



Lindt Excellence Bars  
50-100g pkg  
**5<sup>99</sup>**  
**SAVE \$1**

Lindt Lindor  
Mini Eggs  
100g pkg  
**5<sup>97</sup>**  
**SAVE \$1.50**



**9<sup>97</sup>** Lindt Gold  
Bunny  
100g pkg  
**SAVE \$2**



Lindor Chocolate Bags  
150g Bag  
**11<sup>49</sup>**  
**SAVE \$1.50**

## SPRING SNACKING, MADE BETTER



**2<sup>99</sup>** Dare Breton, or Vinta Crackers,  
Dare Veggie Crisps, or Baguettes  
100-225g pkg  
selected varieties  
**SAVE \$1**



## The Greatest Thing on Sliced Bread



Full of healthy fats, protein, and nutrients, with  
no added salt, sugar, or hydrogenated oils.  
Just plain delicious!

Nuts to You Nut Butter  
365-500g jar  
**FROM**  
**5<sup>99</sup>**  
**SAVE 50¢**



# SAVE ON THE BRANDS YOU LOVE AT LONGO'S



**BRINGING FAMILIES  
TO THE TABLE  
SINCE 1956.**

CELEBRATING  
WITH



**SERVALL**  
THE ONE NAME YOU CAN TRUST

## YOUR COMPLETE TECHNOLOGY PARTNER

Servall provides reliable, end-to-end technology solutions for businesses of all sizes. From IT support and cybersecurity to cloud, mobility, and managed services, Servall keeps your systems secure, connected, and running smoothly — so you can focus on your business.

### OUR SOLUTIONS: THE SERVALL 360 ECOSYSTEM



Integrated  
Technology



Sales &  
Procurement



Mobility

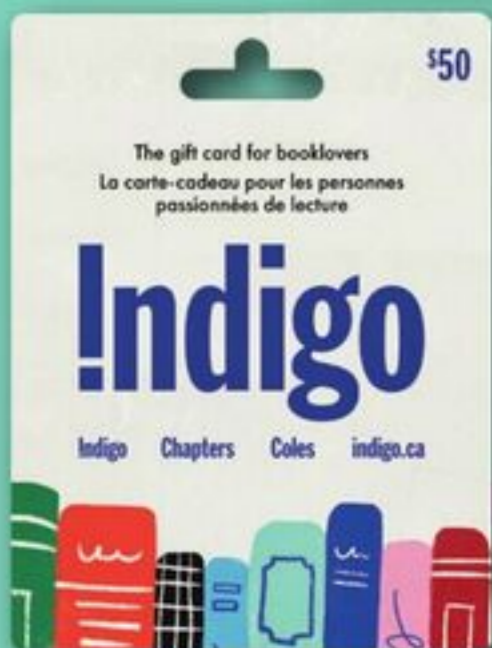


Hardware Services  
& Repair

Learn more at [servall.ca](http://servall.ca)  
905-264-7084 | [info@servallcanada.com](mailto:info@servallcanada.com)



# EASTER PICKS



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# EXPERIENCE SPRING

2026 SPRING ISSUE  
NOW AVAILABLE  
ONLINE  
[LONGOS.COM](http://LONGOS.COM)

