

NESTERS MARKET

**NESTERS
BEST
DEAL
OF THE WEEK**

**EXTRA LEAN
GROUND BEEF**
Fresh, 15.41/kg
6⁹⁹
LB



CANADIAN BEEF



**WESTERN FAMILY
SIGNATURE
BACON**
Selected Varieties, 500g

7⁹⁹
EA



ATAULFO MANGO
Mexico

2\$3
FOR



**LONG ENGLISH
CUCUMBER**
Canada

1⁴⁹
EA

GREAT SELECTION. GREAT SERVICE.



**CRACKER
BARREL CHEESE**
Selected Varieties,
600g

8⁹⁹
EA



**OLYMPIC
KREMA YOGURT**
Selected Varieties,
650g

4⁴⁹
EA



**LA COCINA
TORTILLA CHIPS**
Gluten-Free,
Selected Varieties,
300g or 400g

2\$7
FOR

PRICES EFFECTIVE THURSDAY TO WEDNESDAY, APRIL 9 TO 15, 2026
We reserve the right to limit quantities, some items may not be exactly as illustrated or not available at all locations.
Prices do not include applicable taxes, bottle deposits, and fees or recycling fees where applicable.
Maple Leaf indicates products of Canada and products made in Canada. See actual items for details.

Where the Locals Shop!

WK 15

 CANADIAN owned and operated.

FRESH GUARANTEE

Shop with confidence! If you're not 100% satisfied with your purchase, we will reimburse your money, replace the product and reward you with 500 More Rewards points.

PRODUCE | MEAT & SEAFOOD | BAKERY | DELI



PRIME CUTS & CATCHES

PORK CHOPS
Fresh, Bone In, Centre Cut, Value Pack, 14.31/kg

6⁴⁹
LB

Click to earn points faster than you can say 'chops'.

BEEF SHORT RIB ROAST
Fresh, Boneless, 33.05/kg

14⁹⁹
LB

CANADIAN BEEF

CHICKEN BREAST
Fresh, Boneless, Skinless, Value Pack, 19.82/kg

8⁹⁹
LB

NESTERS OWN FULL SERVICE MEAT COUNTER

PORK SCHNITZEL
Selected Varieties, 19.82/kg

8⁹⁹
LB

SAUSAGES
Service Case, Selected Varieties

2⁵
FOR

WILD SOCKEYE SALMON FILLET
Previously Frozen

4⁹⁹
100G

WESTERN FAMILY WILD ARGENTINE SHRIMP
16 to 30 Count, Selected Varieties, Frozen, 340g

13⁹⁹
EA

WESTERN FAMILY BREADED CALAMARI
Frozen, 340g

7⁹⁹
EA

SAVOURY SELECTIONS

PINTY'S CHICKEN WINGS
Selected Varieties, Frozen, 720g

14⁹⁹
EA

OLIVIERI FILLED PASTA
Selected Varieties, 900g

11⁹⁹
EA

SIWIN POTSTICKERS
or Gyoza, Frozen, 454g or 500g

6⁹⁹
EA

FRESH & DELI-CIOUS CHOICES



TURKEY BREAST
Selected Varieties
3⁹⁹
100G

PIZZA PEPPERONI
Fresh Sliced in Store
2⁷⁹
100G



GRIMM'S HAM
Selected Varieties
3²⁹
100G



FULL SERVICE SALAD
Selected Varieties
20% OFF



SAUSAGE ROLLS
Selected Varieties, 105g
2\$6
FOR



HALF LUMBERJACK SANDWICH
Made in Store
8⁹⁹
EA

CHEESE SHOP SELECTION



GRANA PADANO PARMESAN
Italy, Cut in Store
5⁹⁹
100G

DOUBLE CRÈME BRIE CHEESE
47% M.F., Cut in Store
4⁴⁹
100G

CAMBOZOLA CHEESE
Cut in Store
6⁴⁹
100G

OLD-FASHIONED FRESHNESS



SOURDOUGH ROLLS
Baked in Store, Pack of 6

349
EA



BUTTERHORN DANISH
Pack of 6

499
EA



ARTISAN BREAD
Baked in Store, Selected Varieties, 450g

429
EA



COOKIES
Selected Varieties, Pack of 12

599
EA



BAGELS
Baked in Store, Selected Varieties, Pack of 6

449
EA



ISLAND CITY FOCACCIA BREAD
Authentic or Rosemary, 400g

449
EA

GRAB-AND-GO GOODNESS



DEMPSTER'S PROTEIN WHITE BREAD
or 100% Whole Grains, Selected Varieties, 600g

399
EA



DEMPSTER'S TORTILLAS
Selected Varieties, 7 Inch, 340g

349
EA



CARBONAUT SPROUTED BREAD
Low Carb, Selected Varieties, 544g

749
EA

EAT WELL LIVE WELL



SILK PLANT-BASED YOGURT
Vanilla or Coconut,
Selected Varieties, 500g or 650g

4⁹⁹
EA



EARTH'S OWN NAKED OAT BEVERAGE
or So Nice Organic Almond, 1.75 Litres

4⁹⁹
EA



DAIYA PLANT-BASED CHEESE
Gluten-Free, Selected Varieties, 200g

4⁹⁹
EA



CHAPMAN'S SUPER PREMIUM PLUS ICE CREAM
Selected Varieties, 500 mL

4⁹⁹
EA



DR. OETKER RISTORANTE PIZZA
Selected Varieties, Frozen, 320g

4⁹⁹
EA



VALSOIA NOVELTIES
Selected Varieties, Frozen, 3-Pack or 4-Pack

7⁹⁹
EA

SMART PANTRY STAPLES



ZEVIA SODA
Zero Sugar, Selected Varieties, 6 x 355 mL

6⁴⁹
EA



REMEDY ORGANIC KOMBUCHA
Selected Varieties, 4 x 355 mL

7⁹⁹
EA



POPPI SODA
Selected Varieties, 4 x 355 mL

9⁹⁹
EA

BETTER-FOR-YOU BASICS



YESHI NUTRITIONAL YEAST DRESSING & DIP
Gluten-Free, Selected Varieties, 350 mL

7⁹⁹
EA



ANNIE'S PASTA
Selected Varieties, 170g

3^{\$8}
FOR



CARBONE PASTA SAUCE
Selected Varieties, 660 mL

9⁹⁹
EA



ANNIE'S ORGANIC CEREAL
Selected Varieties, 260g or 289g

5⁹⁹
EA



MARANATHA ORGANIC PEANUT BUTTER
Smooth or Crunchy, 500g

6⁹⁹
EA



GOOD GOOD KETO SPREAD
Selected Varieties, 306 mL

7⁹⁹
EA



CHOCXO ORGANIC CHOCOLATE CUPS
Selected Varieties, 98g

7⁹⁹
EA



ANNIE'S ORGANIC SNACKS
Selected Varieties, 198g

6⁹⁹
EA



SENSIBLE PORTIONS VEGGIE STRAWS
Selected Varieties, 142g

3⁹⁹
EA

PICKS OF THE WEEK



BALZACS COFFEE
Selected Varieties, 300g

12⁹⁹
EA



EARTH'S OWN BARISTA
Selected Varieties, 946 mL

4⁹⁹
EA



KETTLE BRAND POTATO CHIPS
Gluten-Free, Selected Varieties, 198g

2\$8
FOR



PEPSI SOFT DRINKS
Selected Varieties, 6 x 710 mL

4⁹⁹
EA



BUBLY MINI SPARKLING WATER
Selected Varieties, 6 x 222 mL

4⁹⁹
EA



PRIMO PASTA
Selected Varieties, 900g

2\$6
FOR



DARE BRETON CRACKERS
Selected Varieties, 200g

2\$7
FOR



CAMPBELL'S SOUP
Selected Varieties, 284 mL

2\$4
FOR

ONLY GOODNESS™ GOODNESS



ONLY GOODNESS ORGANIC FRUIT
Selected Varieties,
Frozen, 600g

6⁹⁹
EA



ONLY GOODNESS ORGANIC SOUP
Selected Varieties,
398 mL

3⁹⁹
EA



ONLY GOODNESS ORGANIC TOMATO SAUCE
Selected Varieties, 398 mL

2^{\$7}
FOR



ONLY GOODNESS ORGANIC KOMBUCHA
Selected Varieties, 500 mL

3⁹⁹
EA



ONLY GOODNESS ORGANIC CLEANER
Selected Varieties,
710 mL or 950 mL

4⁴⁹
EA



ONLY GOODNESS ORGANIC LAUNDRY DETERGENT
Selected Varieties,
2.95 Litres

14⁹⁹
EA

Healthy goodness made simple.

Selection may vary by store.

PERSONAL WELLNESS



ORGANIKA PROTEIN HYDRATOR
Selected Varieties, 650g

49⁹⁹
EA

A light, clear, refreshing protein drink that also delivers top notch electrolyte hydration. The clear whey formula supports strength training and muscle recovery while containing prebiotics, probiotics and enzymes to support digestion and gut health.



METHOD BODY WASH
Selected Varieties, 532 mL

7⁹⁹
EA



HEAD & SHOULDERS HAIR CARE
Selected Varieties, 370 mL

6⁴⁹
EA



SENSODYNE TOOTHPASTE
Selected Varieties, 100 mL

5⁹⁹
EA



BABY GOURMET ORGANIC BABY FOOD PURÉE
Selected Varieties, 128 mL

3\$7
FOR



AMARA SMOOTHIE MELTS
Selected Varieties, 23g

4⁹⁹
EA



PREMIER PROTEIN NUTRITIONAL DRINKS
Ready to Drink, Selected Varieties, 4 x 325 mL

12⁹⁹
EA



ADVIL LIQUI-GELS PAIN RELIEVER
Selected Varieties, 32's

EARN 1200 POINTS



METHOD HAND SOAP
Selected Varieties, 300 mL or 354 mL

4⁷⁹
EA



OLD SPICE DEODORANT
or Antiperspirant, Selected Varieties, 73g or 85g

7⁹⁹
EA

MY
MEGA
DEAL

THE BIGGEST & BEST DEAL TO
EARN POINTS

LOAD YOUR
PERSONALIZED
MY OFFERS
TO EARN
BONUS POINTS
ON YOUR SHOPS*.

LOAD TODAY

*Minimum spend required. Customers who redeem their My Mega Deal offer receive more points in addition to More Rewards base points. One My Mega Deal offer per household per promotional period.



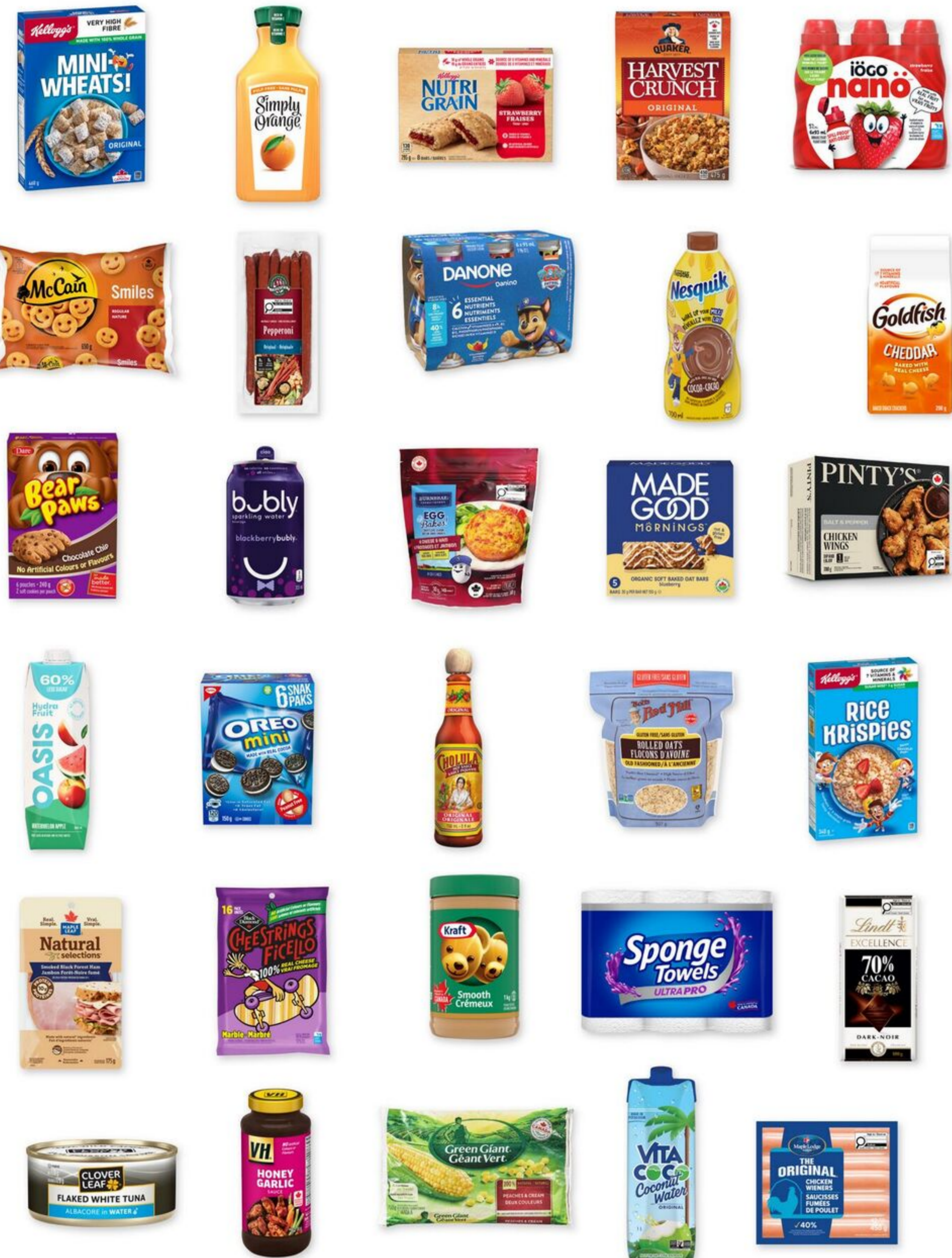
make happy tummies

Join Us.
100% of donations help feed hungry tummies at schools in our neighbourhoods.

Donate in-store

makehappytummies.ca

Thank you to our Make Happy Tummies™ partners. Look for their products in store.



TM 2026 Make Happy Tummies

Products may be sold in a format other than as shown and/or may not be available at all stores.

Donation Match Days

April 4 and April 11
We'll match up to \$15,000!

Buy-Low Foods and Nesters Market will donate up to a maximum of \$7,500 on each of the Match Fund Days, April 4 and April 11, to a cumulative maximum total of \$15,000. Participating Buy-Low Foods and Nesters Market stores only. For more information on the Make Happy Tummies™ campaign, please visit: makehappytummies.ca