

 **Loblaws**  **Zehrs**  **Independent**  
Your Independent Grocer

 Loblaws  
**CityMarket**

 **valu-mart**

**WE'RE OPEN!**

**MONDAY MAY 18TH**



**HAPPY  
VICTORIA  
DAY!**



**CLICK HERE OR  
VISIT ONLINE FOR  
STORE HOURS**



# long weekend starts here

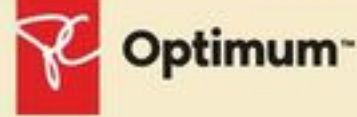
**\$10** EA.

EQUIVALENT TO \$1 PER SKEWER

**SHRIMP SKEWERS**  
PLAIN OR MARINATED FROZEN OR PREVIOUSLY FROZEN  
10'S  
**BROCHETTES DE CREVETTES**  
21687446\_EA



**App exclusive offer\***



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$20** Get **4,000** pts **\$4** back in points

**PC® BURGERS**  
SELECTED VARIETIES  
FROZEN  
852 G-1.36 KG  
**BURGERS PC®**  
20941230\_EA  
20941343\_EA



**App exclusive offer\***



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$7** Get **2,000** pts **\$2** back in points

**PC® NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375 G  
**BACON FUMÉ NATURELLEMENT**  
PC®  
21738736\_EA  
21738792\_EA



**SAVE UP TO \$1.99**



**\$7**

**MAPLE LEAF NATURAL SELECTIONS, SCHNEIDER'S DELI SLICED MEATS 150-175 G OR PC® DELI CHEESE SLICES 140-170 G**  
SELECTED VARIETIES  
**CHARCUTERIES TRANCHÉES NATURAL SELECTIONS**  
**MAPLE LEAF, SCHNEIDERS OU TRANCHES DE FROMAGE DE CHARCUTERIE PC®**  
20216643\_EA/20065285\_EA



**SAVE 98¢ WHEN YOU BUY 2**



**2/\$7**

OR \$3.99 EA.

**WONDER HOT DOG OR HAMBURGER BUNS 8/12'S OR D'ITALIANO CRUSTINI, SAUSAGE OR HAMBURGER BUNS**  
420-568 G SELECTED VARIETIES  
**PAINS À HOT-DOG OU HAMBURGER WONDER OU CRUSTINI, PAINS À SAUCISSE OU HAMBURGER D'ITALIANO**  
20305135\_EA/20627103\_EA



**SAVE 42%**



**\$4**

**PHILADELPHIA CREAM CHEESE OR DIPS 227/250 G, KRAFT SINGLES 410 G OR KRAFT CHEEZ WHIZ 450 G**  
SELECTED VARIETIES  
20641267\_EA  
21188654\_EA



**SAVE UP TO 60%**

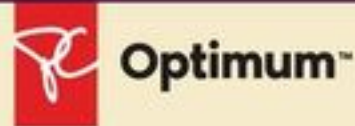
**1.99**

**BULL'S-EYE BBQ SAUCE 425 ML, DIANA SAUCE 500 ML OR KRAFT SALAD DRESSING 425 ML**  
SELECTED VARIETIES  
**SAUCE BBQ**  
**BULLS-EYE, SAUCE DIANA OU VINAIGRETTE**  
KRAFT  
20547834005\_EA  
21184617\_EA/21584850\_EA



**App exclusive offer\***

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

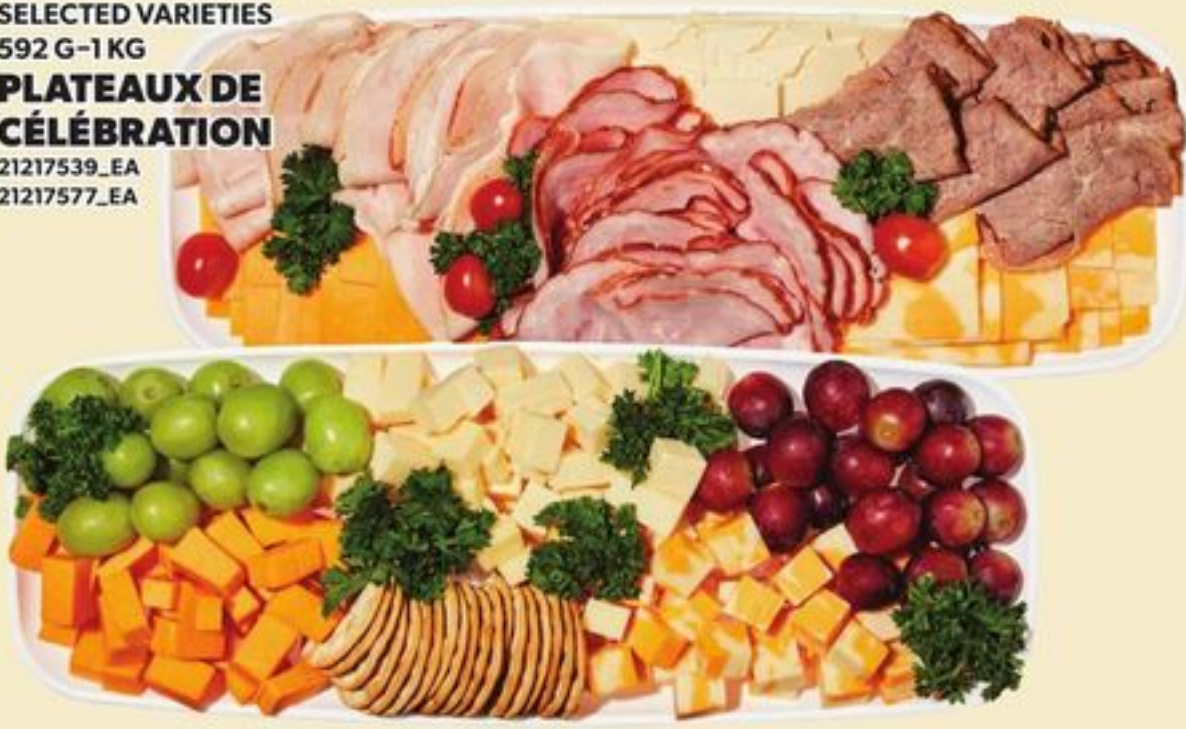


**\$30**

Get **5,000** pts

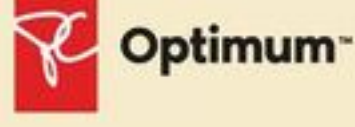
**\$5** back in points

**PARTY PLATTERS**  
SELECTED VARIETIES  
592 G-1 KG  
**PLATEAUX DE CÉLÉBRATION**  
21217539\_EA  
21217577\_EA



**App exclusive offer\***

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer



**\$6**

Get **1,500** pts

**\$1.50** back in points

**BAKED IN-STORE COOKIES**  
SELECTED VARIETIES  
18'S  
**BISCUITS CUITS EN MAGASIN**  
21454952\_EA  
21455101\_EA



**BAKED IN-STORE**

**5.50**



**CHAPMAN'S PREMIUM ICE CREAM OR FROZEN YOGURT OR SORBET 2 L OR SUPER NOVELTIES 6-20'S**  
SELECTED VARIETIES FROZEN  
**CRÈME GLACÉE PREMIUM OU YOGOURT GLACÉ OU SORBET OU FRIANDISES GLACÉES SUPER**  
**CHAPMAN'S**  
2011532\_EA  
20323573001\_EA



**\$3**



**PC® NATURAL SPRING WATER**  
**EAU DE SOURCE NATURELLE PC<sup>MD</sup>**  
24X500 ML  
20137898\_C24



**12.99**

**COCA-COLA OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
24X355 ML  
**BOISSONS GAZEUSES COCA-COLA OU PEPSI**  
20308197001\_C24  
20306687002\_C24



shop in cottage country



**Independent**  
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

**HOT PRICE**

**2.99**  
LB

PC® WHOLE CHICKEN  
AIR CHILLED  
6.59/KG  
POULET ENTIER PC<sup>MD</sup>  
20089413\_KG

AIR CHILLED



**HOT PRICE**

**8.99**  
LB

T-BONE GRILLING STEAK  
FAMILY SIZE  
CUT FROM MEXICAN BEEF  
19.82/KG  
BIFTECK D'ALOYAU  
À GRILLER  
21497212\_KG

**4 DAY SALE**  
THURSDAY, MAY 14TH TO  
SUNDAY, MAY 17TH



**HOT PRICE**

**\$3**  
LB

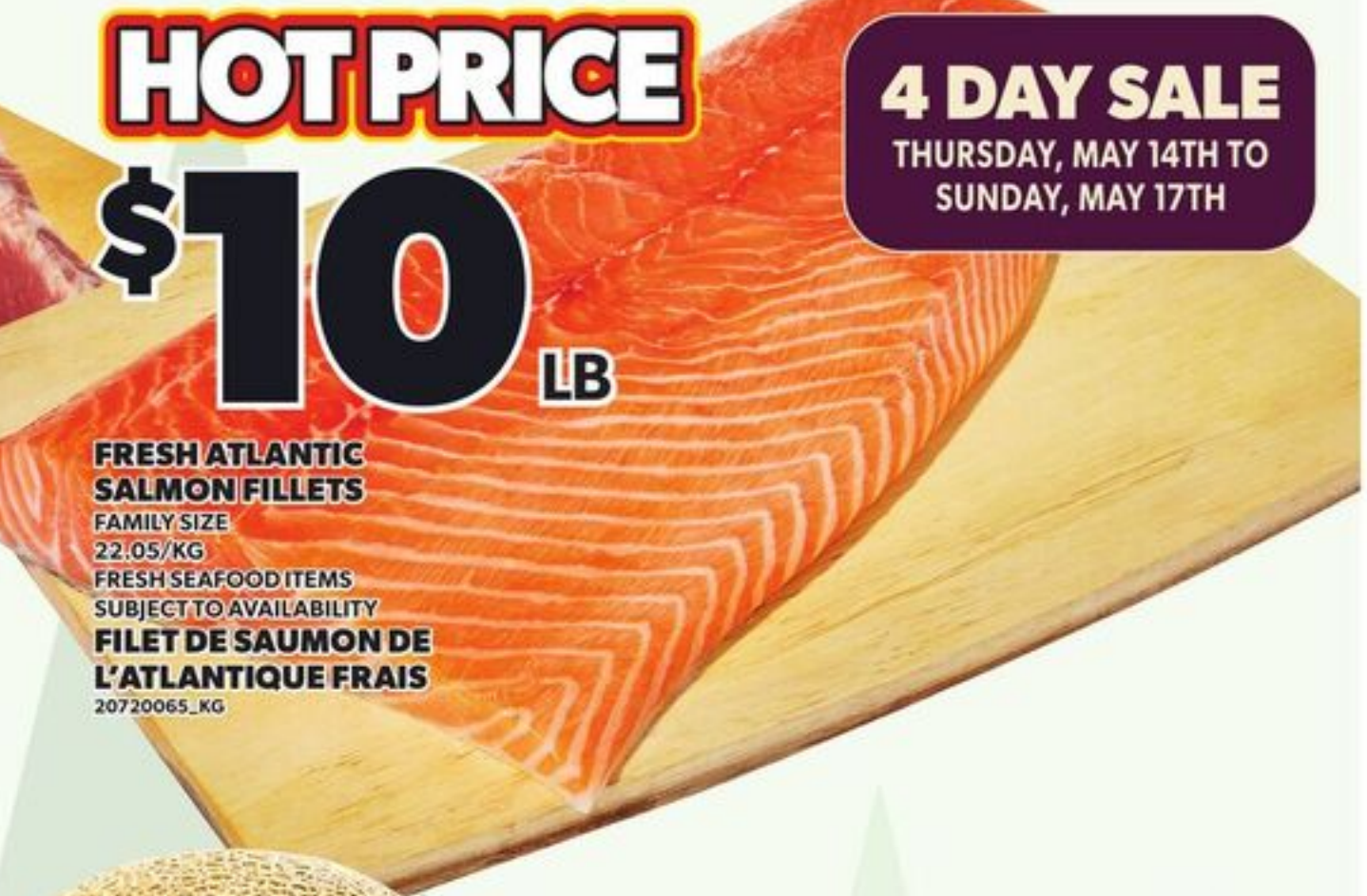
PORK SIDE RIB  
PORTION  
6.61/KG  
PORTION DE CÔTES  
DE FLANC DE PORC  
20836871\_KG

**HOT PRICE**

**\$10**  
LB

FRESH ATLANTIC  
SALMON FILLETS  
FAMILY SIZE  
22.05/KG  
FRESH SEAFOOD ITEMS  
SUBJECT TO AVAILABILITY  
FILET DE SAUMON DE  
L'ATLANTIQUE FRAIS  
20720065\_KG

**4 DAY SALE**  
THURSDAY, MAY 14TH TO  
SUNDAY, MAY 17TH



**\$23**

LOBSTER TAILS  
2-3 OZ, 4'S  
FROZEN OR PREVIOUSLY FROZEN  
QUEUES DE HOMARD  
21240991\_EA



EQUIVALENT TO  
**\$5.75**  
PER TAIL

**\$3**

FARMER'S MARKET™  
ENGLISH CUCUMBERS  
3'S, PRODUCT OF ONTARIO OR  
LARGE CANTALOUPE  
EA., PRODUCT OF GUATEMALA  
OR HONDURAS  
CONCOMBRES ANGLAIS  
DÉLICÉS DU MARCHÉ<sup>PC</sup>  
OU GROS CANTALOUPS  
2082841001\_EA  
20167017001\_EA



PRODUCT OF CANADA

EQUIVALENT TO  
**\$1**  
EACH

SAVE 50%

**3.50**



PC® GREENHOUSE  
GROWN STRAWBERRIES  
PRODUCT OF CANADA,  
NO. 1 GRADE  
340 G  
FRAISES DE SERRE PC<sup>MD</sup>  
21027142001\_EA



**\$23**

PC® BLACK TIGER  
SHRIMP WITH MILD  
COCKTAIL SAUCE  
FROZEN  
568 G  
CREVETTES TIGRÉES  
NOIRES AVEC SAUCE  
COCKTAIL DOUCE PC<sup>MD</sup>  
20979150\_EA



**\$8**

PC® OR BLUE  
MENU® ENTRÉES  
SELECTED VARIETIES  
FROZEN  
770 G-1.13 KG  
PLATS CUISINÉS  
PC<sup>MD</sup> OU MENU  
BLEU<sup>MD</sup>  
20326534\_EA  
21359210\_EA



SAVE  
UP TO \$2

**\$5**

DR. OETKER GIUSEPPE  
PIZZERIA RISING  
CRUST OR THIN CRUST  
PIZZA 480-785 G OR  
PC® WOOD-FIRED  
PIZZA 366-413 G  
SELECTED VARIETIES FROZEN  
PIZZA LÈVE-AU-FOUR  
PIZZERIA GIUSEPPE OU  
PIZZA À CROÛTE MINCE  
DR. OETKER OU PIZZA  
CUITE AU FEU DE BOIS PC<sup>MD</sup>  
21106361\_EA/21540352\_EA



**\$12**

MEDJOOL DATES  
PRODUCT OF U.S.A.  
2 LB TUB  
\*SELECTION MAY VARY  
BY STORE  
DATTES MEDJOOL  
20001686\_EA



SAVE  
33%

**2.50**

PREGO PASTA  
SAUCE  
SELECTED VARIETIES  
645 ML  
SAUCE POUR  
PÂTES PREGO  
20325820001\_EA  
21340384\_EA



Optimum

Member Price  
**\$20**  
Non-Member Price  
**\$28**  
Members save  
**\$8**

TIDE LAUNDRY  
DETERGENT 3.46-3.9 L,  
TIDE POWER PODS OR  
GAIN SUPER FLINGS  
45'S, TIDE PODS OR  
GAIN FLINGS 57-76'S  
SELECTED VARIETIES  
DÉTERGENT À LESSIVE  
TIDE, POWER PODS  
TIDE OU SUPER FLINGS  
GAIN, PODS TIDE OU  
FLINGS GAIN  
21579830\_EA/21593670\_EA



cottage ready starts with us

**\$12**

LIQUID I.V.  
HYDRATION  
MULTIPLIER  
6'S, 96 G  
MULTIPLICATEUR  
D'HYDRATION  
LIQUID I.V.  
21592512\_EA  
21592522\_EA



SAVE  
UP TO

**20%**

BANANA BOAT SUN CARE  
PRODUCTS  
SELECTED VARIETIES AND SIZES  
PRODUITS DE SOINS  
SOLAIRES BANANA BOAT  
21646594\_EA



Get  
**6,000**  
pts  
for every \$18\*  
spent on

**\$6**  
back in  
points

OFF! OR RAID  
INSECT REPELLENT  
SELECTED VARIETIES  
INSECTICIDE OFF!  
OU RAID  
20001796001\_EA  
2011889\_EA



Optimum

**It's here!**

**SHOP NOW**

CLICK OR SCAN FOR MORE DETAILS

5 days only Thursday May 14<sup>th</sup>-Monday May 18<sup>th</sup>

For every  
**\$100**  
spent in the  
Garden Centre

Get  
**20,000**  
pts

**\$20**  
back in  
points

all-purpose soil  
terreau  
tout usage

Optimum

Flyer prices effective from Thursday, May 14th to Wednesday, May 20th, 2026. SEE BACK PAGE FOR DETAILS.

**Optimum™**

**App exclusive offer**  
Open your PC Optimum™ app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer

Get **10,000** pts  
back in points

**for every \$50\* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries**

**\$27**

**GOODNITES NIGHTTIME BEDWETTING UNDERWEAR**  
SIZES XS-XL, 28-44" S OR  
**PAMPERS NINJAM NIGHTTIME UNDERWEAR SIZE S/M, 44"**  
SELECTED VARIETIES  
**SOUS-VÊTEMENTS DE NUIT GOODNITES OU SOUS-VÊTEMENTS DE NUIT NINJAMAS**  
PAMPERS TAILLE  
20963841\_EA  
21308932\_EA

**LIMIT 4 AFTER LIMIT 31.99 EA.**

**\$35**

**PAMPERS SWADDLERS CRUISERS 360 OR BABY DRY ULTRA DIAPERS**  
SELECTED VARIETIES  
SIZES 3-7, 66-138" S  
**COUCHES SWADDLERS CRUISERS 360 OU BABY DRY ULTRA PAMPERS**  
21551525\_EA  
21927503\_EA

**50% MORE DIAPERS PLUS DE COUCHES**

**LIMIT 6 AFTER LIMIT 39.99 EA.**

**4/\$5**  
OR \$1.49 EA.

**PC® ORGANICS BABY FOOD POUCHES**  
SELECTED VARIETIES  
PREPARED IN CANADA  
128 G/ML  
**ALIMENTS POUR BÉBÉS EN SACHET PC® BIOLOGIQUE**  
20651248002\_EA  
20651270003\_EA

**6+ MONTHS**

**\$6**

**LACTANTIA BUTTER 454 G OR PC® SHREDDED CHEESE 250-320 G OR PC® CHEESE BARS 300-400 G**  
SELECTED VARIETIES  
**BEURRE LACTANTIA OU FROMAGE RÂPÉ PCMD OU BARRES DE FROMAGE PC®**  
20639926\_EA  
21060183\_EA

**PREPARED IN CANADA**

**TRIPLE CHEDDAR**  
CHEESE BLEND  
MÉLANGE DE FROMAGES

**LACTANTIA**  
COUNTRY CHURNED BUTTER  
SALTED  
454 g

**DEAL DROP**

**Limited-time deals on PC® home & more.**

**FROM \$21**  
\$21-30

**LIMIT 4 AFTER LIMIT \$42-60 EA. WHILE SUPPLIES LAST**

**PC® HONEYCOMB 10" OR 12" SKILLETS OR 13.3" WOK POÊLONS OU WOK EN NID D'ABEILLE PC®**  
21339634\_EA  
21492019\_EA  
21492022\_EA

selection may vary by store

**3.50**

**LAY'S POTATO CHIPS**  
SELECTED VARIETIES  
177-235 G  
**CROUSTILLES LAY'S**  
21241032\_EA  
21664543\_EA

**3.50**

**CHRISTIE COOKIES**  
SELECTED VARIETIES  
224-303 G  
**BISCUITS CHRISTIE**  
21358407\_EA  
21361508\_EA

**App exclusive offer**  
\*Open your PC Optimum™ app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer

Get **6,000** pts when you spend \$15\* or more on

**\$6** back in points

**REESE'S BRANDED PRODUCTS**  
SELECTED VARIETIES AND SIZES  
**PRODUITS DE MARQUE REESE'S**  
21651701\_EA  
21104053\_EA  
21702133\_EA

**2.25**

**NEILSON CHOCOLATE MILK**  
SELECTED VARIETIES  
1 L  
**LAIT AU CHOCOLAT NEILSON**  
20062332001\_EA  
20650656\_EA

**PREPARED IN CANADA**

**7.50**

**ACTIVIA PROBIOTIC YOGURT 12X100 G OR 1.14 KG OR SIGGI'S SKYR YOGURT 650/750 G**  
SELECTED VARIETIES  
**YOGURT AUX PROBIOTIQUES ACTIVIA OU YOGURT SKYR SIGGI'S**  
20303412001\_EA  
21353874\_EA

**PREPARED IN CANADA**

**\$5**

**HÄAGEN-DAZS 414-450 ML OR BARS 3/4" S OR NESTLE DRUMSTICK 4" S**  
SELECTED VARIETIES  
FROZEN  
**DESSERT GLACÉ OU BARRES HÄAGEN-DAZS OU DRUMSTICK NESTLÉ**  
20322380001\_EA  
21513578\_EA

**\$6**

**BONNE MAMAN FRUIT JAM OR CURD 250-280 ML/360 G, HAZELNUT AND COCOA SPREAD 250 G OR CORA CREPE MIX 700 G**  
SELECTED VARIETIES  
**CONFITURE DE FRUITS OU CRÈME, TARTINADE NOISETTES ET CACAÔ BONNE MAMAN OU MÉLANGE À CRÊPES CORA**  
21450798\_EA  
21456024\_EA

**\$2**

**DELVERDE PASTA**  
SELECTED VARIETIES  
250/450 G  
**PÂTES DELVERDE**  
20317975004\_EA  
20317975007\_EA

**\$7**

**MINUTE RICE LONG GRAIN OR BROWN RICE**  
SELECTED VARIETIES  
1.2/1.4 KG  
**RIZ À LONG GRAIN OU BRUN MINUTE RICE**  
20074783001\_EA  
20074783002\_EA

**\$7**

**NO NAME® VEGETABLES CLUB SIZE 2 KG OR BLUEWATER SEAFOODS BATTERED FILLETS, FISH STICKS OR POPCORN SHRIMP 325-600 G**  
SELECTED VARIETIES  
FROZEN  
**LÉGUMES SANS NOM CLUB SIZE - FORMAT CLUB**  
FORMAT CLUB OU FILETS EN PÂTE, BÂTONNETS DE POISSON OU CREVETTES POPCORN BLUEWATER verts SEAFOODS  
20174632\_EA  
20319825\_EA  
20310745004\_EA

**2/5.50**  
OR \$3.50 EA.

**QUAKER DIPPYS OR CHEWY GRANOLA BARS**  
SELECTED VARIETIES  
120-156 G  
**BARRES GRANOLA DIPPYS OU CHEWY QUAKER**  
20846816\_EA  
21359382\_EA

**2/\$7**  
OR \$5 EA.

**HUMPTY DUMPTY OR OLD DUTCH POTATO CHIPS OR PARTY MIXES**  
SELECTED VARIETIES  
**CROUSTILLES OU MÉLANGES FIESTA HUMPTY DUMPTY OU OLD DUTCH**  
200-290 G  
21445100\_EA  
21367541\_EA

**3.25**

**CHRISTIE CRISPERS OR BITS & BITES**  
SELECTED VARIETIES  
145 G  
**CRISPERS OU MÉLI-MÉLO CHRISTIE**  
21358333\_EA  
21395350\_EA

**Member Price \$6**  
**Non-Member Price \$10**  
**Members save \$4**

**PC® DEALCOHOLIZED LAGER BEER**  
SELECTED VARIETIES  
12X355 ML  
**BIÈRE DÉALCOOLISÉE PC®**  
20121729\_C12  
20225253\_C12

**SAVE UP TO 54%**

**\$14**

**CASHMERE BATHROOM TISSUE 20-60 ROLLS OR SPONGETOWELS PAPER TOWELS 6-12 ROLLS OR SCOTTIES FACIAL TISSUE 12'S**  
SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE CASHMERE ROULEAUX OU ESSUIE-TOUIT SPONGETOWELS OU MOUCHOIRS SCOTTIES**  
21188655\_EA  
21677740\_EA  
21371391\_EA

**PREPARED IN CANADA**

**Independent** CUSTOMER RELATIONS 1-866-541-6315. VISIT [yourindependentgrocer.ca](http://yourindependentgrocer.ca) FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for your store's hours and to see which Your Independent Grocer™ locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** \*/\*™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit [pc optimum.ca](http://pc optimum.ca). Points are not guaranteed in case of errors or misprints. No cash value. See [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from May 14 - June 24, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK



# freshness you can taste

**FRESH PROMISE**

If it's not fresh, it's free.\*  
 \*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

**\$7** LB/EA.

**RED CHERRIES**  
 PRODUCT OF U.S.A., NO. 1 GRADE \$7 LB 15.43/KG OR  
**JUMBO HONEYDEW MELONS** PRODUCT OF GUATEMALA, HONDURAS OR MEXICO \$7 EA.  
**CERISES ROUGES OU MELONS MIEL GÉANTS**  
 2015969001\_EA  
 20045276001\_EA



**\$5**

**PC® LUSCIOUS LOVELIES STRAWBERRY TOMATOES** 340 G OR  
**PC® BALANCIA MID SIZE TOMATOES ON THE VINE** 340 G  
 PRODUCT OF CANADA  
**TOMATES STYLE FRAISES EN GRAPPES**  
**SUCCULENTES BEAUTES**  
**BEAUTÉS OU TOMATES MOYENNES**  
**BALANCIA EN GRAPPES PC®**  
 21720704001\_EA  
 21720716001\_EA




**5.50**

**FARMER'S MARKET™ CORN 4'S, PRODUCT OF U.S.A. OR GREENHOUSE PEPPERS 3'S**  
 PRODUCT OF ONTARIO  
**MAÏS OU POIVRONS DE SERRE DÉLICÉS DU MARCHÉ™**  
 20348977001\_EA  
 20085851001\_EA



**\$3** EA./LB

**BROCCOLI CROWNS** \$3 OR  
**SHANGHAI BOK CHOY**  
 \$3 LB 6.61/KG  
 PRODUCT OF MEXICO OR U.S.A.  
**COURONNES DE BROCCOLI OU PAK-CHOÏ SHANGHAI**  
 2112569001\_EA  
 20032454001\_EA



**3/4** 98

OR \$2 EA.

**ATAULFO OR RED MANGO**  
 PRODUCT OF MEXICO  
**MANGUE ATAULFO OU ROUGE**  
 20121509001\_EA  
 20059635001\_EA



**\$9**

**RÉSERVE BLACKBERRIES**  
 PRODUCT OF MEXICO  
 10 OZ  
**MÛRES RÉSERVE**  
 21724952001\_EA



**\$6**

**FARMER'S MARKET™ RUSSET POTATOES**  
 PRODUCT OF CANADA  
 CANADA NO. 1 GRADE  
 10 LB BAG  
**POMMES DE TERRE ROUGES OU RUSSET DÉLICÉS DU MARCHÉ™**  
 20601020001\_EA



**\$5**

**FARMER'S MARKET™ LEMONS** 2 LB, PRODUCT OF SOUTH AFRICA OR U.S.A. OR  
**RASPBERRIES** HALF PINT  
 PRODUCT OF MEXICO OR U.S.A.  
**CITRONS OU FRAMBOISES DÉLICÉS DU MARCHÉ™**  
 20795315001\_EA  
 20128938001\_EA



**\$20**

**LARGE VEGETABLE OR FRUIT PLATTER**  
 PREPARED IN-STORE  
 1.34-1.87 KG  
**GROS PLATEAU DE LÉGUMES OU FRUITS**  
 20081718\_EA  
 20121599\_EA



## bouquets, bunches and blooms

**\$25**

**SIGNATURE GIFT BOUQUET**  
 EACH  
**BOUQUET-CADEAU SIGNATURE**  
 21436377\_EA



**\$28**

**5 INCH ORCHID EACH**  
**ORCHIDÉE 5 PO**  
 21664246\_EA



**\$10**

**FARM TO TABLE BOUQUET**  
 EACH  
**BOUQUET DE LA FERME À LA TABLE**  
 21729159\_EA



## feeling protein power-fuel

**8.50**

**GRASS FED EXTRA LEAN GROUND BEEF**  
 450 G  
**BŒUF HACHÉ EXTRA-MAIGRE FRAIS NOURRI À L'HERBE**  
 21675592\_EA



**\$7** LB

**PREPARED IN-STORE**

**PORK SAUSAGES**  
 SELECTED VARIETIES  
 15.43/KG  
**SAUCISSES DE PORC FRAÎCHES**  
 21451702\_KG  
 21451708\_KG



**\$9**

**PC® BLUE MENU® GROUND CHICKEN OR MINCED TURKEY**  
 454 G  
**POULET HACHÉ OU HACHIS DE DINDE**  
**PC® MENU BLEU™**  
 21100091\_EA  
 21100092\_EA



**\$9** LB

**PREPARED IN-STORE**

**MEDIUM GROUND BEEF BURGERS**  
 SELECTED VARIETIES  
 19.84/KG  
**BURGERS DE BŒUF HACHÉ MI-MAIGRE**  
 21550474\_KG



**3.99**

**PREPARED IN CANADA**

**MAPLE LEAF TOP DOGS OR SCHNEIDERS RED HOTS**  
**WIENERS**  
 SELECTED VARIETIES  
 375 G  
**TOP DOGS MAPLE LEAF OU SAUCISSES FUMÉES RED HOTS**  
**SCHNEIDERS**  
 20602429\_EA  
 21093477\_EA



**\$13**

**JANES CRISPY TENDERS**  
 SELECTED VARIETIES, FROZEN  
 710 G  
**FILES CROUSTILLANTS**  
**JANES**  
 21703584\_EA  
 21703608\_EA



## find your catch in seafood

**12.99**

**PC® GRILLING RAW SHRIMP SKEWERS**  
 LIME AND CHILI OR MANGO AND CALAMANSI CITRUS  
 FROZEN  
 360 G  
**BROCHETTES DE CREVETTES CRUES À GRILLER**  
**PC® LIME ET CHILI OU MANGUE ET CALAMONDIN**  
 21283307\_EA/21517019\_EA



**\$16**

**PC® THE ULTIMATE ATLANTIC SALMON BURGERS**  
 FROZEN  
 500 G  
**BURGERS DE SAUMON DE L'ATLANTIQUE LES FABULEUX PC®**  
 21638144\_EA



**SAVE 33%**

**\$4**

**CANADIAN SEAFOOD**

**ATLANTIC SALMON PORTIONS**  
 SELECTED VARIETIES  
 113-122 G  
**PORTIONS DE SAUMON DE L'ATLANTIQUE**  
 20948216\_EA  
 21018776\_EA



# bakery deals rising daily

**5<sup>50</sup>** **BAKED IN-STORE**

**CHEESE SWIRL BUNS 4'S OR CHEESE STICKS 6'S**  
**PETITS PAINS TOURBILLONS AU FROMAGE OU BÂTONNETS AU FROMAGE**  
 20742704\_EA  
 20745112\_EA



**7<sup>50</sup>** **PREPARED IN-STORE**

**SINGLE LAYER CAKES**  
 SELECTED VARIETIES EACH  
**GÂTEAUX UN ÉTAGE**  
 21093577\_EA  
 21093578\_EA



**\$3<sup>50</sup>** **Get 2,000 pts** **\$2 back in points**

**JUMBO HAMBURGER OR HOT DOG BUNS**  
 SELECTED VARIETIES  
**8'S PAINS À HAMBURGER OU HOT DOG GÉANTS**  
 20711614\_EA  
 20711617\_EA

**BAKED IN-STORE**



**\$12**

**PC® CREAM PIES**  
 SELECTED VARIETIES, FROZEN  
 730 G  
**TARTES À LA CRÈME**  
 21566299\_EA

**KEY LIME PIE TARTÉ À LA LIMETTE**



**\$5** **PREPARED IN CANADA**

**FARMER'S MARKET™ MUFFINS**  
 SELECTED VARIETIES 4'S  
**MUFFINS DÉLICÉS DU MARCHÉ**  
 21639357\_EA  
 21639320\_EA



**\$6** **PREPARED IN-STORE**

**PREPARED IN-STORE CÉLÉBRATION CUPCAKES**  
 CHOCOLATE OR WHITE 6'S  
**PETITS GÂTEAUX DE CÉLÉBRATION PRÉPARÉ EN MAGASIN**  
 20379763\_EA  
 20592676\_EA



**\$4**

**KING'S HAWAIIAN ROLLS**  
 SELECTED VARIETIES 340 G  
**PETITS PAINS KING'S HAWAIIAN**  
 21475970\_EA  
 21489831\_EA



**\$5**

**FURLANI TEXAS TOAST 640 G, GARLIC BREADSTICKS 660 G OR GARLIC KNOTS 296 G OR LA FOURNÉE DORÉE SLICED BRIOCHE BREAD 500 G**  
 SELECTED VARIETIES  
**TOAST STYLE TEXAS FURLANI, BÂTONNETS À L'AIL OU NŒUDS À L'AIL OU PAIN BRIOCHÉ TRANCHÉ LA FOURNÉE DORÉE**  
 20978205\_EA  
 21048246\_EA



**SAVE \$1.08 WHEN YOU BUY 2** **PREPARED IN CANADA**

**2/7<sup>50</sup>** OR \$4.29 EA.

**COUNTRY HARVEST BAGELS 450 G OR D'ITALIANO GUSTO! BAGELS 540 G**  
 SELECTED VARIETIES  
**BAGELS COUNTRY HARVEST OU BAGELS GUSTO! D'ITALIANO**  
 21178546\_EA  
 21577054\_EA



**\$8** **PREPARED IN CANADA**

**BALDERSON CHEDDAR 250/280 G OR GOUDA 170/200 G**  
 SELECTED VARIETIES  
**CHEDDAR OU GOUDA BALDERSON**  
 21495455\_EA  
 21495458\_EA



**in the mood for deli-cious**

**\$7** **PREPARED IN CANADA**

**BOURSIIN SOFT CHEESE 150 G OR PC® BRIE 165-200 G**  
 SELECTED VARIETIES  
**FROMAGE À PÂTE MOLLE BOURSIIN OU BRIE PC®**  
 20787327\_EA  
 20116794\_EA

**DOUBLE CREAM/CRÈME BRIE**  
 CHEESE - FROMAGE

**BOURSIIN AIL & FINES HERBES GARLIC & FINE HERBS**  
 150 g

**SIKORSKI SERVICE CASE BBQ SAUSAGE SAUCISSES BARBECUE SIKORSKI DU COMPTOIR DE SERVICE**  
 20996146\_KG  
 20995534\_KG



**\$12** **PREPARED IN CANADA**

**PC® CHICKEN BREAST STRIPS 375 G**  
**LANIÈRES DE POULET PC®**  
 20786418\_EA



**Member Price \$8** **Non-Member Price \$12** **Members save \$4**

**SCHNEIDERS PEPPERETTES**  
 SELECTED VARIETIES 225-375 G  
**PEPPERETTES SCHNEIDERS**  
 21738537\_EA  
 21738540\_EA

**PREPARED IN CANADA**



**Get 3,000 pts** **\$3 back in points**

**for every \$12\* spent on**

**SNACK FACTORY PRETZEL CRISPS**  
 200 G OR CHOCOLATE PRETZELS 155 G  
**PRETZEL CRISPS OU BRETZELS AU CHOCOLAT SNACK FACTORY**  
 21576333\_EA  
 21676303\_EA



## on the run, we got you

**\$30** **Get 5,000 pts** **\$5 back in points**

**30 PIECE WINGS & WEDGES BUCKET 1.2 KG**  
**SEAU DE 30 MORCEAUX D'AILES ET POMMES DE TERRE EN QUARTIERS**  
 21541872\_EA  
 21541877\_EA

**SERVES 6**



**App exclusive offer\*** **Optimum**

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**FROM \$9** **Get 3,000 pts** **\$3 back in points**

**12" TAKE AND BAKE PIZZA**  
 SELECTED VARIETIES 510-739 G  
**PIZZA 12 PO GUÏRE À LA MAISON**  
 21456415\_EA  
 21456401\_EA

**PREPARED IN-STORE**



**\$16** **SERVES 4**

**IN-STORE PREPARED ONE PAN FAMILY MEALS**  
 440-960 G  
**REPAS FAMILIAUX EN UN PLAT PRÉPARÉ EN MAGASIN**  
 21738484\_EA  
 21738486\_EA



**BUY ONE (1) GET ONE (1) 50% OFF**

**MEDIUM PREMIUM SALADS**  
 SELECTED VARIETIES 330 G  
**SALADES DE QUALITÉ SUPÉRIEURE, FORMAT MOYEN**  
 21608061\_EA  
**FOR \$8**



**\$55-65**

**SANDWICH OR WRAP PLATTERS**  
 PREPARED IN-STORE 1.23-3.4 KG  
**PLATEAUX DE SANDWICHES OU ROULÉS**  
 21558215\_EA



**\$35** **SERVES 6-8**

**BENTO KAZOKU PLATTER**  
 53 PIECES  
 REQUIRES 24 HOUR NOTICE  
**PLATEAU KAZOKU BENTO**  
 21637774\_EA



# stock the cottage skip the stress



**5<sup>50</sup>**

**BURNBRAE FARMS  
NATUREGG NEST  
LAID WHITE EGGS**  
LARGE  
12'S  
20816075001\_EA



**\$4**

**PEARL MILLING  
COMPANY  
PANCAKE MIX 905 G  
OR SYRUP 710 ML**  
SELECTED VARIETIES  
21384609\_EA  
21391619\_EA



**4<sup>50</sup>**

**MINI BAGELS**  
SELECTED VARIETIES  
8'S  
21738337\_EA

try with



**NO NAME®  
CREAM CHEESE**  
SELECTED VARIETIES  
8'S  
**2/\$7.50 OR 4.29 EA.**  
20308105001\_EA/21036106\_EA

**\$7**



**BECEL  
MARGARINE**  
SELECTED VARIETIES  
637/800 G  
20297818002\_EA  
21279389\_EA



**\$8<sup>50</sup>**

Get **1,000** pts

\$1 back in points

**PC® ORGANICS  
FROZEN FRUITS**  
SELECTED VARIETIES  
600 G  
20431483001\_EA  
20431483002\_EA



**Member Price \$5<sup>50</sup>**

**Non-Member Price \$7<sup>99</sup>**

Members save **\$2<sup>49</sup>**

**KELLOGG'S  
FAMILY SIZE  
CEREAL**  
SELECTED VARIETIES  
450-650 G  
20054727\_EA  
21504064\_EA



**\$30**



**KICKING HORSE  
ORGANIC WHOLE  
BEAN COFFEE 850 G OR  
ORGANIC GROUND  
COFFEE 708 G**  
SELECTED VARIETIES  
21588734\_EA  
21628219\_EA



**\$8**

**NESCAFÉ GOLD  
INSTANT COFFEE**  
90-100 G, PC® GROUND  
COFFEE 340 G, OR  
CAFFÈ BORBONE  
NESPRESSO  
COMPATIBLE  
CAPSULES 10'S

SELECTED VARIETIES  
21074552\_EA/21735204\_EA



**6<sup>49</sup>**

**LAVAZZA CREMA OR ROSSA  
GROUND COFFEE 250 G OR  
NESCAFÉ INSTANT COFFEE  
CONCENTRATE, 500 ML**  
SELECTED VARIETIES  
21665027\_EA  
21665148\_EA  
21553695\_EA



**SAVE \$1<sup>50</sup>**



**4<sup>50</sup>**

**NESTLÉ  
COFFEE-MATE  
COFFEE  
ENHANCER**  
SELECTED VARIETIES  
828/946 ML  
21091209\_EA  
21091311\_EA



**4<sup>99</sup>**

**NESCAFÉ SWEET &  
CREAMY INSTANT  
SACHETS 16/18'S OR  
LIPTON PYRAMID  
TEA BAGS 20'S**  
SELECTED VARIETIES  
21363371\_EA/21736352\_EA



**8<sup>25</sup>**

**STOK COLD BREW  
COFFEE 1.42 L OR  
DEL MONTE  
JUICE BLENDS OR  
COCKTAILS 2.5 L**  
SELECTED VARIETIES  
21203739\_EA  
21595736\_EA



**\$3**

**KELLOGG'S  
RICE KRISPIES BARS 176 G,  
NUTRI-GRAIN BARS 295 G,  
SPECIAL-K 125 G OR  
POP TARTS 384 G**  
SELECTED VARIETIES  
20313984003\_EA/21290059\_EA



**\$5**

**NUTELLA HAZELNUT  
SPREAD 375 G OR B-READY  
SNACK BARS 132 G**  
SELECTED VARIETIES  
20435988\_EA/21457401\_EA



**3/3<sup>75</sup>**



OR \$1.50 EA.  
**YOPLAIT YOP  
1% DRINKABLE  
YOGURT**  
SELECTED VARIETIES  
200 ML  
21477986\_EA  
21478178\_EA



**\$7**

**BLACK DIAMOND  
CHEESTRINGS 12/16'S  
336 G OR CHEESE  
STICKS 12'S 252 G**  
SELECTED VARIETIES  
20763661\_EA  
20986474\_EA



**BUY 2 OR MORE  
\$4 EA.**



LESS THAN \$4.50 EA.  
**ZIGGY'S® MEAT**  
SELECTED VARIETIES  
175 G  
21590279\_EA  
21592401\_EA



**SAVE UP TO 99¢**

**3<sup>50</sup>**

**MCCAIN FRIES OR  
HASHBROWNS**  
SELECTED VARIETIES  
FROZEN  
800 G  
21521173\_EA  
21525020\_EA



**3<sup>50</sup>**

**PEPPERIDGE FARM  
GOLDFISH 167-200 G  
OR CRISPS 177 G**  
SELECTED VARIETIES  
20300320\_EA  
20306994003\_EA



**\$2**

**SNACKPACK  
PUDDINGS  
OR GELS**  
SELECTED VARIETIES  
99 G  
203107006\_EA  
203107001\_EA



**4<sup>50</sup>**

**OCEAN SPRAY  
CRANBERRY  
COCKTAIL OR 100%  
JUICE BLENDS**  
SELECTED VARIETIES  
1.77/1.89 L  
2030006008\_EA  
20982463\_EA

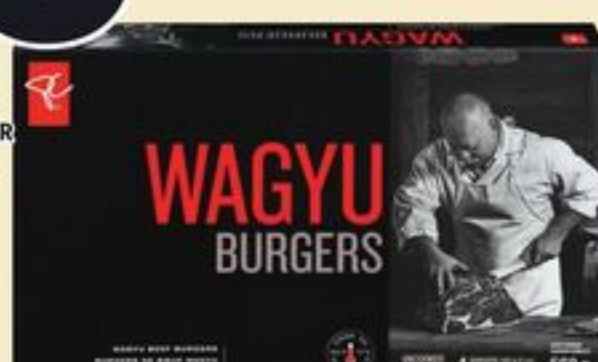


# stock the cottage skip the stress



**\$16**

**PC® DONAIR BURGER** 668 G OR **BLACK LABEL WAGYU BURGER** 568 G FROZEN  
20786235\_EA  
21644246\_EA



**\$14**



**MARCANGELO VALUE PACK PORK SAUSAGE** SELECTED VARIETIES 1 KG  
20867488\_EA  
20867487\_EA



**\$15**

**PC® SMOKIES™** SELECTED VARIETIES 1 KG  
20732535\_EA  
20733617\_EA



**\$5**

**HEINZ TOMATO KETCHUP, SWEET RELISH & YELLOW MUSTARD** VARIETY PACK 1.125 L  
20552158\_EA



**\$3**

Get **3,000** pts for every \$12\* spent on



**\$5**

**HELUVA GOOD! FRENCH ONION SOUR CREAM DIP** 680 G  
20312788001\_EA



**4.50**

**PC® OR BLUE MENU® MEMORIES SAUCES** SELECTED VARIETIES 350 ML  
2031131008\_EA  
20622017\_EA



**2.50**

**PC® KETTLE COOKED OR KETTLE RIPPLED CHIPS** SELECTED VARIETIES 200 G  
21422931\_EA  
21687125\_EA



**\$5**

**SNYDERS TWISTED OR THE SNACK FACTORY PRETZELS** SELECTED VARIETIES 240-340 G  
21650270\_EA  
21650317\_EA



**\$12**

**HERSHEY'S SMORES KIT** 651 G  
21510797\_EA



**2/\$5**

OR \$4.29 EA.

**TWIZZLER LICORICE CANDY** 311-454 G OR **JOLLY RANCHER CANDY ROPES** 283 G SELECTED VARIETIES  
20022328004\_EA/21689823\_EA



**\$5**

**MR FREEZE, DR PEPPER OR POPSICLE FREEZE POPS** SELECTED VARIETIES  
2016 ML  
21031219\_C01  
21721571\_C01



**SAVE UP TO 20%**

**SUNBUM SUNCARE PRODUCTS** SELECTED VARIETIES AND SIZES  
21219765\_EA  
21220460\_EA



**Get 6,000 pts** for every \$18\* spent on

**OFF! OR RAID INSECT REPELLENT** SELECTED VARIETIES  
20001279001\_EA  
20111889\_EA



**SAVE UP TO 15%**

**REACTINE 24-36'S, CLARITIN 15-30'S, ALLEGRA 30'S, BENADRYL 25 MG** 100'S, **ADVIL** 80-250'S, **VOLTAREN** 100-120 G OR **ROBAX** 40-70'S **CAPLETS, TABLETS OR GELS** SELECTED VARIETIES AND SIZES  
21367017\_EA



**SAVE UP TO 15%**

**NO NAME® LUNCHEON PAPER PLATES** 40'S OR **RED PLASTIC PARTY CUPS** 50'S  
21206261\_EA  
21384145\_EA



**\$7**



**PC® BATHROOM TISSUE** SELECTED VARIETIES 12=24 ROLLS  
21300716\_EA/21450718\_EA



**\$11**

**DAWN DISHWASHING LIQUID** SELECTED VARIETIES 2.01/2.64 L  
21430598\_EA



**\$11**

**GLAD OUTDOOR BAGS** SELECTED VARIETIES 10-40'S  
21164510\_EA  
21165477\_EA



**\$14**

**PUREX** 4.08-4.43 L, **SUNLIGHT** 4 L OR **PERSIL** 1.86 L **LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENER** 2.77 L OR **SHEETS** 200'S SELECTED VARIETIES  
20083525001\_EA  
21427042\_EA



**\$12**

**SWIFFER STARTER KITS** SELECTED VARIETIES EACH  
20900161\_EA  
21629779\_EA



**MAY**

**HIT  
OF THE  
MONTH**

**LIMIT 6  
AFTER LIMIT  
\$3 EA.**



**\$2<sup>25</sup>**

**TAKI'S ROLLED  
TORTILLA CHIPS**  
SELECTED VARIETIES  
260-280 G  
21602195\_EA  
21715466\_EA

**LIMIT 6  
AFTER LIMIT  
\$4 EA.**



**\$3**

**KRAFT MIRACLE  
WHIP SPREAD**  
SELECTED VARIETIES  
650/890 ML  
20298681001\_EA

**LIMIT 6  
AFTER LIMIT  
2.50 EA.**



**\$1<sup>88</sup>**

**MARCANGELO  
CHICKEN OR  
PORK SOUVLAKI**  
SELECTED VARIETIES  
2'S, 120 G  
20902208\_EA  
21095022\_EA

**LIMIT 6  
AFTER LIMIT  
\$5.99 EA.**



**\$4**

**HEAD MEN'S OR  
WOMEN'S SOCKS**  
3'S  
21721517\_EA  
21721507\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\* Must be a registered PC Optimum® member to get this offer.  
Valid from May 1 - 31, 2026. While quantities last. See in-store for details.

# Big flavours, small prices

It's here!



SHOP NOW

**App exclusive offer\***  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**Optimum™**

**\$5** Get **1,000** pts **\$1** back in points

**PC® ICE CREAM SHOP ICE CREAM**  
SELECTED VARIETIES, FROZEN  
946 ML  
21706621\_EA  
21706641\_EA



**App exclusive offer\***  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**Optimum™**

**\$5** Get **1,000** pts **\$1** back in points

**PC® FLATBREAD**  
338-395 G OR **FOCACCIA** 415-456 G  
SELECTED VARIETIES, FROZEN  
21013450\_EA  
21013452\_EA



**App exclusive offer\***  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**Optimum™**

**\$7** Get **1,500** pts **\$1.50** back in points

**PC® CHOPPED SALAD KITS**  
SELECTED VARIETIES  
PRODUCT OF U.S.A.  
282-396 G  
21731867\_EA  
21731822\_EA



**3<sup>50</sup>**

**PC® ELOTE STREET CORN DIP**  
200 G  
21706608\_EA



**\$8**

**PC® BLUEBERRIES**  
PRODUCT OF MEXICO, PERU OR MOROCCO  
9.8 OZ  
20573077\_EA



**\$7**



**PC® AXIANY TOMATOES**  
567 G OR MIXIANY TOMATOES 340 G  
PRODUCT OF CANADA  
21634164001\_EA  
21720721001\_EA



**\$18**

**PC® THE HEAT CHASER CHEDDAR JALAPEÑO BEEF BURGERS**  
FROZEN  
852 G  
21714070\_EA



**\$12**

**PC® JERK CHICKEN BURGERS**  
FROZEN  
852 G  
21714192\_EA



**5<sup>99</sup>**

**PC® NATURALLY SMOKED CHICKEN SAUSAGES**  
SELECTED VARIETIES  
375 G  
21731918\_EA  
21732133\_EA



**5<sup>50</sup>**

**PC® SWEET WITH HEAT™ MANGO SALSA**  
350 G  
21646968\_EA



**\$9**

**PC® COTIJA MEXICAN STYLE CHEESE**  
290 G  
21707616\_EA



**\$5**

**PC® ASIAN ENTRÉES OR SOUPS**  
SELECTED VARIETIES, FROZEN  
300 G  
21565996\_EA



**4<sup>50</sup>**

**PC® M'AQUAS COCKTAIL FLAVOURED SPARKLING WATER**  
SELECTED VARIETIES  
6X355 ML  
21590669\_C06



**5<sup>75</sup>**



**PC® BLUE MENU® OR PC® SPARKLING WATER**  
SELECTED VARIETIES  
12X355 ML  
21747415\_C12  
21747404\_C12



**\$5**

**PC® LOADS OF BARS**  
SELECTED VARIETIES  
FROZEN  
4'S  
21575391\_EA  
21707047\_EA



**4<sup>50</sup>**

**PC® BLACK LABEL ICE CREAM**  
SELECTED VARIETIES  
FROZEN  
500 ML  
21648724\_EA



# where wags & purrs come first

**\$29**

**TIDY CAT LIGHTWEIGHT LITTER**  
7.71 KG  
20913423\_C01



**\$8**

**FRISKIES PARTY MIX CAT TREATS**  
SELECTED VARIETIES  
510 G  
21733038\_EA



**\$27**

**FRISKIES CAT FOOD**  
SELECTED VARIETIES  
32'S  
21186868\_C01



**\$11**

**FANCY FEAST CAT FOOD**  
SELECTED VARIETIES  
12'S  
20307537\_EA



**\$10**

**WHISKAS CAT FOOD**  
SELECTED VARIETIES  
1.5/2 KG  
21588943\_EA



**\$14**

**PC NUTRITION FIRST CAT FOOD**  
SELECTED VARIETIES  
2 KG  
21305872\_EA



**\$30**

**PURINA ONE DOG FOOD**  
SELECTED VARIETIES  
6-7 KG  
20339412\_EA



**\$38**

**ALPO DOG FOOD**  
16 KG  
20112174\_EA



**\$9**

**ZUKE'S DOG TREATS**  
SELECTED VARIETIES  
170 G  
21661750\_EA



**\$26**

**PEDIGREE DOG FOOD**  
SELECTED VARIETIES  
6.8/8 KG  
2003937001\_EA



**\$11**

**MILK-BONE SOFT & CHEWY DOG TREATS**  
SELECTED VARIETIES  
708 G  
21047843\_EA



**\$9**

**MILK-BONE COMFORT CHEWS DOG TREATS**  
SELECTED VARIETIES  
210/312 G  
21620394\_EA



**3/750**

OR \$2.99 EA.

**PEDIGREE DOG FOOD**  
SELECTED VARIETIES  
375 G  
21359634\_EA  
21359778\_EA



**\$25**

**PRICE DROP!**

**PC NUTRITION FIRST DOG FOOD**  
SELECTED VARIETIES  
7 KG  
21305879\_EA



**\$22**

Get **4,000** pts

**\$4** back in points

**BLUE BUFFALO DOG FOOD**  
SELECTED VARIETIES  
2.2 KG  
21360571\_EA



# it's time to grow!

## GARDEN CENTRE OPEN Victoria Day 7am-6pm

### 100% CANADIAN GROWERS

4 day offer Thursday May 14th - Sunday May 17th Optimum

For every \$100 spent in the Garden Centre Get 20,000 pts \$20 back in points

RECYCLE YOUR POTS FOR POINTS APR 30 - JUN 17 Get 100 pts for every empty pot or flat you return to our garden centre

For every empty plant pot or flat returned to participating Loblaw Companies Limited Garden Centres, you will earn the points indicated. Offer expires after one use and cannot be used on previous or subsequent transactions. We reserve the right to limit number of pots or flats returned. We are not obligated to award points based on errors or misprints. No cash value.

**\$12** 

**PC® 4-SEASON TROPICALS**  
SELECTED VARIETIES  
6 INCH  
21347083\_EA



**\$5** 

**PC® GIGANTICO™ ANNUALS**  
SELECTED VARIETIES  
4 PACK  
21570281\_EA



**5/\$25** 

OR \$5.50 EA.

**PC® GIGANTICO ANNUALS, HERBS, VEGETABLES OR TROPICALS**  
SELECTED VARIETIES  
4.33 INCH  
21350305\_EA/21350302\_EA/21350301\_EA/21352664\_EA



**\$20** 

**PC® HERB IN WHISKEY BARREL**  
SELECTED VARIETIES  
10 INCH  
20753949\_EA



**\$15** 

**PC® ANNUAL PLANTER**  
SELECTED VARIETIES  
8.5 INCH  
21001606\_EA



**2/\$55** 

OR \$32 EA.

**PC® JUMBO ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
12 INCH  
20753922\_EA



**\$9** 

**PC® SUPER GIGANTICO™ ANNUALS**  
SELECTED VARIETIES  
6 INCH  
21352513\_EA



**2/\$36** 

OR \$20 EA.

**PC® DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
11 INCH  
20753918\_EA



**\$20** 

**PC® VEGETABLES IN CAGE**  
SELECTED VARIETIES  
10 INCH  
20753922\_EA



**\$30-45**

**TROPICAL PLANTS**  
SELECTED VARIETIES  
10 INCH  
21518651\_EA/21214925\_EA



**\$10-17**

**SPRING BULBS**  
PLANT NOW FOR SUMMER BLOOMS,  
SELECTED VARIETIES  
EACH  
21423977\_EA



**\$20** 

**PC® LILIAM COLLECTION**  
SELECTED VARIETIES  
8 INCH  
20998866\_EA



**2/\$10** 

OR 5.50 EA.

**PC® PERENNIALS**  
SELECTED VARIETIES  
9 CM  
21350463\_EA



**2/\$20** 

OR \$11 EA.

**PC® PERENNIALS**  
SELECTED VARIETIES  
13 CM  
21350465\_EA



**2/\$26** 

OR \$15 EA.

**PC® PERENNIALS**  
SELECTED VARIETIES  
15 CM  
21350466\_EA



**\$9** 

**NO NAME® ALL PURPOSE SOIL**  
50 L  
21358664\_EA



**\$10** 

**PC® FLOWER AND GARDEN BED SOIL**  
50 L  
21363856\_EA



**\$9** 

**PC® MOISTURE LOCK POTTING SOIL**  
25 L  
21349077\_EA



**2/\$13** 

OR \$11 EA.

**PC® POTTING SOIL**  
25 L  
21349090\_EA



**\$5-24<sup>49</sup>**

**PLANT FOOD FERTILIZER OR GRASS SEED**  
1.5 KG  
21359477\_EA/21156919\_EA



**2/\$7**

OR 3.99 EA.

**PC® YARD WASTE PAPER BAGS**  
5'S  
20429980\_EA



EVERYDAY  
**LOW**  
PRICES

Value you  
can count on.

**\$13**



**PC® BLUE MENU®  
CHICKEN BREASTS**  
BONELESS, SKINLESS,  
AIR CHILLED  
3'S  
21340952\_EA



**\$8**



**PC® PUB RECIPE OR  
GLUTEN-FREE CHICKEN**  
SELECTED VARIETIES  
FROZEN  
600/700 G  
21201320\_EA  
21201321\_EA



**5<sup>50</sup>**



**PC® ALL-BUTTER  
BRIOCHE LOAF**  
400 G  
21050280\_EA

**4<sup>50</sup>**

**PC® BLACK LABEL  
ICE CREAM**  
SELECTED VARIETIES  
FROZEN  
500 ML  
20604543003\_EA  
20604543004\_EA



**2/\$4**  
OR  
\$4.50 EA.



**ZIGGY'S®  
SLICED MEATS**  
SELECTED VARIETIES  
175 G  
21592461\_EA  
21590279\_EA



**\$6**



**ZIGGY'S® DELI  
CHEESE SLICES**  
SELECTED VARIETIES  
160/180 G  
21610778\_EA  
21610826\_EA



**3<sup>50</sup>**

**NO NAME®  
SINGLE PIZZAS  
OR CHEESY  
GARLIC FINGERS**  
SELECTED VARIETIES,  
FROZEN  
295-411 G  
21541441\_EA  
21541444\_EA



**\$11**

**NO NAME®  
CLUB SIZE  
ICE CREAM  
SANDWICHES  
OR BARS**  
SELECTED VARIETIES  
FROZEN  
24-30'S  
20347400002\_EA  
21013432\_EA



**2/\$14**  
OR  
\$8 EA.

**FRESHLY PREPARED  
INSTORE SINGLE SERVE  
ONE PAN MEALS OR  
POWER BOWLS**  
SELECTED VARIETIES  
135-410 G  
21696324\_EA/21696361\_EA



**\$4**

**PC® ORGANICS,  
ORGANIC  
UNSWEETENED  
APPLE SAUCE**  
SELECTED VARIETIES  
6X100 ML  
20320493001\_EA  
21306628\_EA



**4<sup>50</sup>**

**PC® ORGANICS  
ANIMAL COOKIES**  
SELECTED VARIETIES  
250 G  
20181028\_EA  
20304981\_EA



**3<sup>50</sup>**

**PC® ORGANICS  
PLANT-BASED PUFFS**  
SELECTED VARIETIES  
142 G  
21716046\_EA  
21716109\_EA



# cheers & chill

## beers, ciders & ready to drink



# \$12<sup>79</sup>

**LAKER ICE**  
6X473 ML CANS  
21472702\_C06



# \$15

**BUDWEISER, BUD LIGHT OR COORS LIGHT**  
6X473 ML CANS  
20944739\_C06  
20946471\_C06  
20955258\_C06



# \$18

**CORONA EXTRA BEER**  
6X473 ML CANS  
21377481\_C06



# \$29

**DILLON'S GIN COCKTAILS VARIETY PACK**  
12X355 ML CANS  
21464792\_C12



# \$13

**COLLECTIVE ARTS LIFE IN THE CLOUDS NEW ENGLAND STYLE IPA**  
4X473 ML CANS  
21396996\_C04



# \$16

**MICHELOB ULTRA LIGHT BEER**  
6X473 ML CANS  
21097258\_C06



# \$18<sup>99</sup>

**COTTAGE SPRINGS VODKA SODA MIXED PACK OR DOCK DAY MIXED PACK**  
8X355 ML CANS  
21617426\_C08  
21636333\_C08



# \$24<sup>99</sup>

**COORS SELTZER SLUSHIE FLAVOURS MIXED PACK**  
12X355 ML CANS  
21536951\_C12



Only at the following Your Independent Grocer locations (unless otherwise stated) : 455 McNeely Ave., Carleton Place, 4764-17 Regional Rd. 15, Chelmsford, 62 Thames Rd. E., Exeter, 5200 Hwy #69 N., Hanmer, 1521 Hwy #11 W., Hearst, 131 Howland Dr., Huntsville, 273 King St. W., Ingersoll, 55 Brunetville Rd., Kapuskasing, Kemptville Mall Hwy #43 W., Kemptville, 15 McChesney Ave., Kirkland Lake, 200 Grant Carman, Nepean, 55 Scott St., New Liskeard, 1 Laurentian Ave., North Bay, 685 River Rd., Ottawa, 1900 Dixie Rd., Pickering, 1244 Goderich St., Port Elgin, 1893 Scugog St., Port Perry, 44 Great Northern Rd., Sault Ste. Marie, 1251 Main St., Stittsville, 1836 Regent St. S., Sudbury and 654 Algonquin Blvd. E., Timmins.

We reserve the right to limit quantities. Above retails do not include deposit or tax and may be subject to change without notice. No rainchecks or substitutions. See in-store or [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.

# live well, spend less

**SAVE UP TO 20%**

**OLD SPICE BODY WASH OR BAR SOAP**  
SELECTED VARIETIES AND SIZES  
4.99-15.19  
21237505\_EA



**7<sup>50</sup>** **LIMIT 6 AFTER LIMIT 8.99 EA.**

**OLD SPICE DEODORANT** 73-144 G, **SECRET DEODORANT** 68-116 G OR **GILLETTE DEODORANT** 108 G  
SELECTED VARIETIES  
21220787\_EA



**SAVE UP TO 20%**

**AUSSIE SHAMPOO, CONDITIONER OR BEING STYLING PRODUCTS**  
778 ML OR **STYLING PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21517363\_EA, 21517546\_EA



**SAVE UP TO 20%**

**NIVEA BODY LOTIONS**  
SELECTED VARIETIES AND SIZES  
20700027\_EA/21723121\_EA



**SAVE UP TO 20%**

**HAWAIIAN TROPIC SUN CARE PRODUCTS**  
SELECTED VARIETIES  
20637962\_EA/21009236\_EA



**SAVE UP TO 20%**

**GÖT2B STYLING OR BEING HAIR CARE**  
SELECTED VARIETIES AND SIZES  
20321473001\_EA, 21703887\_EA



**\$6** **LIMIT 4 AFTER LIMIT 8.49 EA.**

**LISTERINE CLASSIC 1 L OR KIDS 500 ML MOUTHWASH**  
SELECTED VARIETIES  
20348438001\_EA, 21356391\_EA



**SAVE UP TO 15%**

**DUREX OR K-Y CONDOMS OR LUBRICANTS**  
SELECTED VARIETIES AND SIZES  
21474389\_EA/2108854\_EA



**SAVE UP TO 20%**

**LIFE BRAND PAIN OR ALLERGY RELIEF PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21134354\_EA/21229420\_EA



**\$10** **LIMIT 4 AFTER LIMIT 10.99 EA.**

**NESTLÉ CERELAC BABY CEREAL**  
SELECTED VARIETIES  
400 G  
21564977\_EA/21670794\_EA



**6+ months**

**\$70** **LIMIT 4 AFTER LIMIT 89.99 EA.**

**SIMILAC 360 TOTAL CARE MILK-BASED IRON-FORTIFIED INFANT FORMULA STEP 1 & 2**  
SELECTED VARIETIES  
16X235 ML  
21702863\_C16/21702882\_C16



**\$67** **LIMIT 4 AFTER LIMIT 74.99 EA.**

**ENFAMIL A+ NEUROPRO OR GENTLESE BABY FORMULA POWDER REFILLS 0-12 MONTHS**  
SELECTED VARIETIES  
862/890 G  
21589079\_EA/21589205\_EA



**\$35** **LIMIT 4 AFTER LIMIT 41.99 EA.**

**HUGGIES ECONO PACK DIAPERS**  
SELECTED VARIETIES  
SIZES N-7, 60-200'S  
21456748\_EA, 21667086\_EA



**\$37** **LIMIT 4 AFTER LIMIT 43.99 EA.**

**PAMPERS EASY UPS TRAINING UNDERWEAR**  
SIZES 3T-5T, 86-100'S  
SELECTED VARIETIES  
21089194\_EA



**2/\$18**  
OR \$10.49 EA.

**PEDIASURE COMPLETE**  
SELECTED VARIETIES  
4X235 ML  
20322414001\_EA, 20322414002\_EA



**App exclusive offer**  
Open your PC Optimum™ app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer

Get **10,000** pts **\$10** back in points



for every \$50\* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

# Potty Training Made FUN

## Bluey

Pampers  
**easy ups**

## Peppa Pig



**\$27**

LIMIT 4, AFTER LIMIT  
PAY 31.99 EA.

Get **2,000**

pts

\$2  
back in  
points

Pampers® Easy-Ups™  
Club Pack training pants\*  
selected varieties, 46-74's  
21089367\_EA/21089365\_EA

BBC  
STUDIOS LUDO  
© Ludo Studio

© 2026 P&G © 2026 ABD Ltd/Hasbro/HCPL Ltd.

# BIG PACK = BIGGER SAVINGS!



**\$49**

LIMIT 4, AFTER LIMIT  
PAY 55.99 EA.

Get **3,000**

pts

\$3  
back in  
points

Pampers® Cruisers™ 360°  
Ultra Value Pack  
Selected Varieties  
21732613\_EA

**new**

**\$49**

LIMIT 4, AFTER LIMIT  
PAY 69.99 EA.

Get **3,000**

pts

\$3  
back in  
points

Pampers® Swaddlers™  
Ultra Value Pack  
Selected Varieties  
21455875\_EA



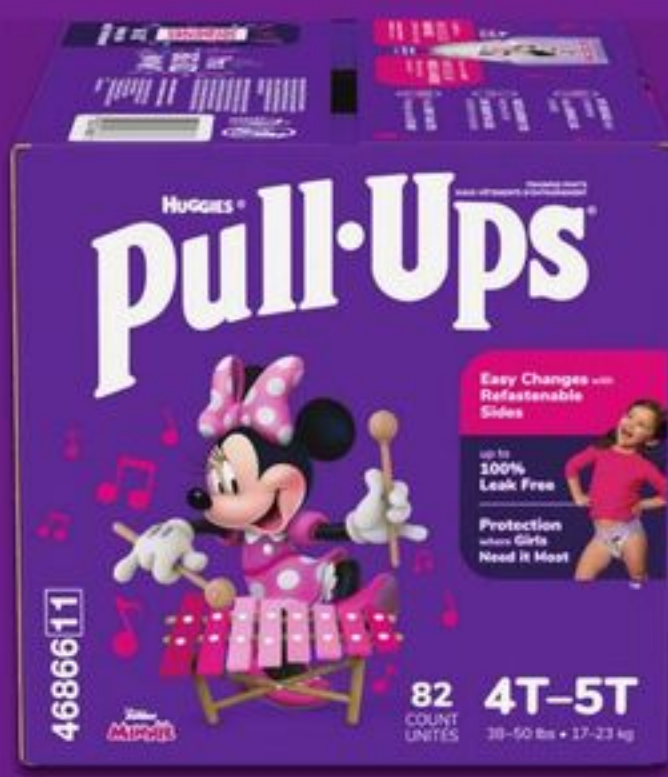
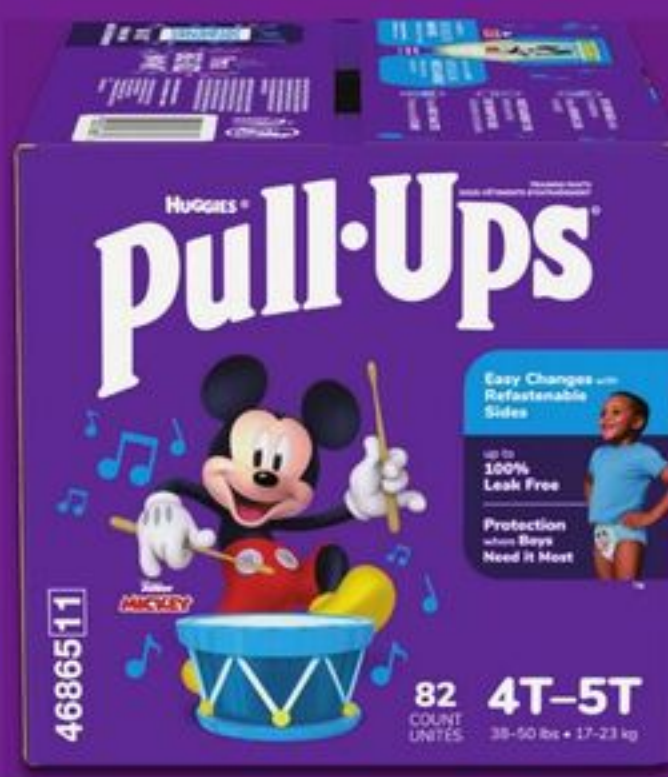
© 2026 P&G

vs. Pampers® Cruisers™ 360° Huge Pack

vs. Pampers® Swaddlers™ Huge Pack

# pull-Ups

## SIMPLIFY THE POTTY TRAINING JOURNEY



**\$37**

LIMIT 4, AFTER LIMIT  
PAY 43.99 EA.

Get **4,000**

pts

\$4  
back in  
points

Pull-Ups Econo Pack Training Pants  
selected varieties, 66-104's  
21021427\_EA/21021423\_EA

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Up to  
**100% LEAK FREE**  
protection where  
Boys and Girls  
need it most

## New Adventures in taste, shape & texture

**2/\$6**  
OR  
\$3.99 EA.

Organic  
Little Bellies  
Pick-Me Sticks  
21540212\_EA



**2/\$6**  
OR  
\$3.99 EA.

Organic  
Little Bellies  
Pick-Me Sticks  
21540211\_EA



**7+  
MONTHS**

## Aquaphor

Baby

Major Recommendation by  
PAR LES PÉDIATRES / PÉDIATRICIAN  
Recommended Brand in USA



**GENTLE CARE FOR BABY'S  
SENSITIVE SKIN**

Get **5,000**

pts

When you  
spend \$20\*

\$5  
back in  
points

**BABY AQUAPHOR  
EUCERIN BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
21482321\_EA/21482428\_EA

# shop home for less

SAVE UP TO

20%

HAMILTON BEACH APPLIANCES OR GARMENT CARE  
\$24-125  
21036261\_EA/21646963\_EA



\$6

LIMIT 8 AFTER LIMIT \$8 EA.

SODASTREAM PEPSI OR CLASSIC SYRUPS OR FLAVOURS  
SELECTED VARIETIES  
440 ML  
21406583\_EA/21406599\_EA



SAVE UP TO

20%

PC® COOKWARE AND COOKWARE SETS  
SELECTED VARIETIES  
\$14-113  
21126783\_EA/21126789\_EA/21578866\_EA



BUY ONE (1) GET ONE (1) 50% OFF

EVERYDAY ESSENTIALS™ COOKWARE OR COOKWARE SETS  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
\$11-60  
20800507\_EA/21345661\_EA  
21425511\_EA



BUY THREE (3) GET ONE (1) FREE

LIFE AT HOME™ OUTDOOR DINNERWARE, SERVEWARE OR DRINKWARE  
SELECTED VARIETIES  
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE  
\$4-29  
21692655\_EA/21692440\_EA



SAVE UP TO

20%

PC® SOFT GRIP GADGETS, THERMOMETER OR SCALES  
SELECTED VARIETIES  
\$7-26  
21190994\_EA/21219111\_EA  
21351504\_EA/21351909\_EA



2/\$6

OR \$4 EA.

NO NAME® AIR FRYER LINERS  
SELECTED VARIETIES  
30'S  
21639239\_EA  
21639383\_EA



SAVE UP TO

25%

EVERYDAY ESSENTIALS™ FOOD STORAGE  
SELECTED VARIETIES  
20005440\_EA/20006012\_EA



SAVE UP TO

25%

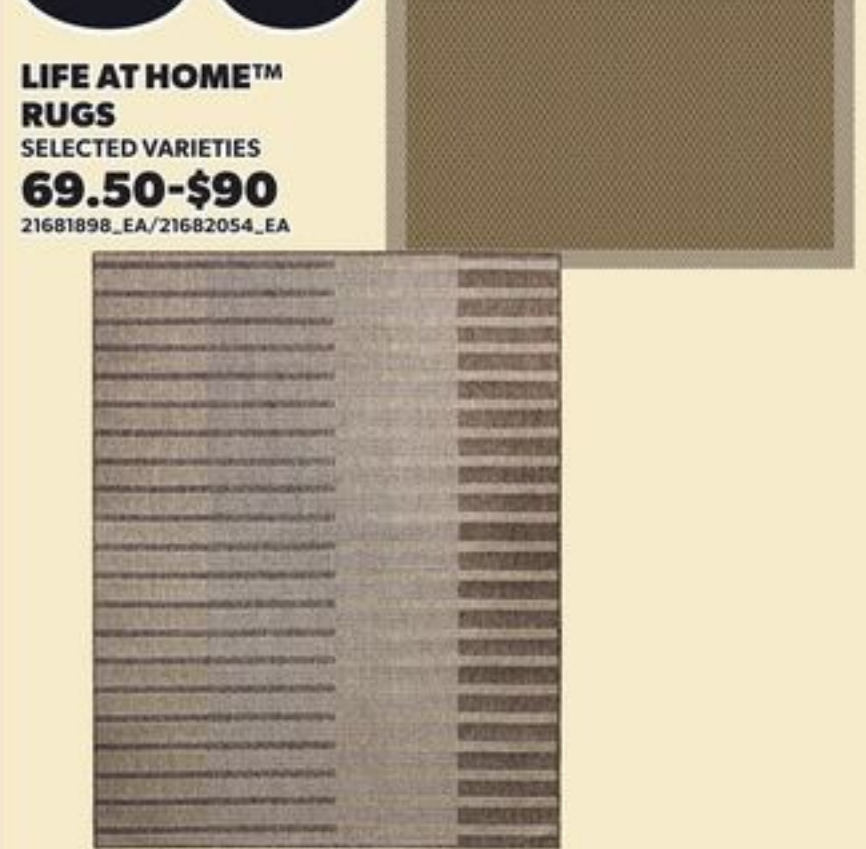
PC® GLASS FOOD STORAGE CONTAINERS  
SELECTED VARIETIES  
21339856\_EA/21343710\_EA



SAVE UP TO

30%

LIFE AT HOME™ RUGS  
SELECTED VARIETIES  
\$69.50-\$90  
21681898\_EA/21682054\_EA



\$5.50

EVERYDAY ESSENTIALS™ JUMBO PILLOW  
21667755\_EA



FROM \$6

EVERYDAY ESSENTIALS™ PILLOW CASES  
SELECTED VARIETIES  
2'S  
\$6-10  
21586657\_EA/21586733\_EA



SAVE UP TO

25%

SHOWER CURTAINS AND ACCESSORIES  
SELECTED VARIETIES  
\$2-17.50  
20247948002\_EA  
21682288\_EA



**MARC ANGELO**

# BBQ Season is Back

**FULLY COOKED CHICKEN BURGERS**  
• 452 g  
21741671\_EA/21741560\_EA  
**\$9**

**PORK LOIN CENTER CHOPS**  
• 380 g  
21741672\_EA  
21741594\_EA  
**\$9**

**MINI SKEWER APPETIZERS HOT HONEY & LEMONGRASS**  
• 300 g  
21741654\_EA  
**\$9**

**ASSORTED SAUSAGES AND GROUND PORK**  
• 250 - 500 g  
21724134\_EA  
21724145\_EA  
**\$7**

# FRESH FLAVOUR FOR ALL YOUR LONG WEEKEND ACTIVITIES

**Traditional Hummus** 260 g  
20501132\_EA  
**2/\$6**  
OR \$5 EA

**ROASTED RED PEPPER PROTEIN HUMMUS**  
HUMMUS PROTEINE  
POURVINGES PROTÉINÉES  
3 x 100 g  
**2/\$10**  
OR \$7 EA

**Roasted Garlic Hummus!** 283 g  
21687331\_EA  
**2/\$6**  
OR \$5 EA

**Chili Spiced Oil Hummus!** 482 g  
21687273\_EA  
**2/\$10**  
OR \$7 EA

**fontaine santé**  
PROUDLY CANADIAN

YOU COULD WIN 1 MILLION PC Optimum Points Prizes

BUY ANY 4 participating Kraft Heinz products and SCAN your PC Optimum card to enter

**Heinz Ketchup**  
Selected Varieties  
750 mL - 1 L  
20069080\_EA  
**\$5.99**

**Heinz Picnic Trio**  
Selected Varieties  
3 x 375 mL  
20552158\_EA  
**\$5**

**Kraft Singles**  
Process Cheese Product  
Selected Varieties  
410 g  
21188654\_EA  
**\$4**

**Heinz Mayonnaise-style Sauces**  
Selected Varieties  
340 mL  
21734588\_EA/21734967\_EA  
**\$2.99**

**Pure J.L. KRAFT Dressing & Marinade**  
Selected Varieties  
335 mL  
21581737\_EA/21581659\_EA  
**\$6**

**MiO, Kool Aid & Crystal Light**  
liquids or single-serve drink mix 48 mL  
Selected Varieties  
20663423\_EA  
20749494001\_EA  
**2/\$8**  
OR \$4.79 EA

\*NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends June 24, 2026 at 11:59 PM ET. Members can get an entry when they purchase four or more on any eligible Kraft Heinz at participating Real Canadian Superstore, Real Atlantic Superstore, Your Independent Grocer, Fortinos, City Market, Zehrs, Loblaws, Valu-mart, Dominion, Provigo, No Frills, Maxi, Wholesale Club, Shoppers Drug Mart, Pharmaprix locations and scan their PC Optimum card at the time of purchase. Twenty Prizes of 1,000,000 PC Optimum points, that's like \$1,000 CDN in value when redeemed each. Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit <https://www.pcoptimum.ca/pcocontest-kraftheinzsummer>  
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**MARC ANGELO**

# #1 IMPORTED ITALIAN BRAND

**EUROPEAN CHARCUTERIE**  
85 g  
21706423\_EA  
**\$8**

**PROSCIUTTO AND ASSORTED VARIETIES**  
85 g  
21706090\_EA  
**\$8**

**MORTADELLA**  
110 g  
21707188\_EA  
**\$5**

**ANTIPASTO QUATTRO**  
150 g  
21706582\_EA  
**\$12**

**ASSORTED SALAMI CHUBS**  
225 - 300 g  
21021491\_EA  
**\$10 - \$13**

**Nestlé KitKat**

NATIONAL HOCKEY LEAGUE OFFICIAL GAME PUCK

**2/\$3**  
OR \$1.99 EA  
Nestlé® single bars  
selected varieties  
29-60 g  
21717876\_EA/21723751\_EA

**2/\$12**  
OR \$6.99 EA  
Nestlé® pouch  
selected varieties  
76-246 g  
21708176\_EA/21648460\_EA

**2/6.50**  
OR \$3.99 EA  
Nestlé® tablets  
selected varieties  
95-105 g  
21720497\_EA/21709019\_EA

**\$16**  
Nestlé® XL pouch  
selected varieties  
700-800 g  
21720615\_EA/21720683\_EA

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**Lindt**  
MAÎTRE CHOCOLATIER SUISSE DEPUIS 1845

# Discover a World of Lindt

**Lindt LINDOR Bags** 150 g  
selected varieties  
21390291\_EA  
21390363\_EA  
**\$10**

**Lindt EXCELLENCE Bars** 50-100 g  
selected varieties  
20312527009\_EA  
20312527015\_EA  
**2/\$10**  
OR \$5.99 EA

**Lindt LINDOR Bars** 100 g or  
**Lindt SWISS CLASSIC Bars** 100 g  
selected varieties  
20296856001\_EA  
20296856002\_EA  
**2/\$8**  
OR \$4.99 EA

**Lindt DUBAI STYLE Milk Chocolate Singles** 40 g  
21717327\_EA  
**\$5**

**Mobile**

# Connect all you want.

# Earn points for all you need.

**Earn 20,000 pts**  
after 2 months of service

**Cadbury DAIRY MILK**

# LOVE YOUR S'MORE™ EVEN MORE

**NEW**  
**2/\$6**  
OR \$3.49 EA  
CADBURY Family Bars  
Selected Varieties  
80-105 g  
21708938\_EA  
21708198\_EA

**2/\$10**  
OR \$5.99 EA  
CADBURY Sharing Bars  
Selected Varieties  
180 g  
21571941\_EA  
21648536\_EA

**2/\$6**  
OR \$3.79 EA  
SOUR PATCH KIDS OR MAYNARDS Bags  
Selected Varieties  
135-154 g  
21686405\_EA  
21694186\_EA

**2/\$9**  
OR \$5 EA  
MAYNARDS OR SOUR PATCH KIDS Large Bags  
Selected Varieties  
308-315 g  
21545809\_EA  
21708891\_EA

\*COMPARED TO THE ORIGINAL CADBURY DAIRY MILK MILK CHOCOLATE BAR, THE SQUARE IS LARGER TO FIT HONEY MAID WAFERS PERFECTLY AND THINNER FOR A QUICKER MELT.

# LIBERTÉ PROTEIN & TASTE



**4<sup>50</sup>** Liberté Méditerranée<sup>®</sup> or Liberté Grec<sup>®</sup> selected varieties  
4 x 100 g  
20801752003\_EA  
21685700\_EA

**5<sup>50</sup>**

Liberté Kefir<sup>®</sup> selected varieties  
1 L  
21216416\_EA



**8<sup>50</sup>**  
Yoplait<sup>®</sup> YOP<sup>®</sup> Less Sugar selected varieties  
6 x 200 mL  
21719749\_EA  
21721005\_EA



**4<sup>25</sup>**  
Yoplait<sup>®</sup> Source<sup>®</sup> tubs selected varieties  
630 g  
21391318001\_EA



**4<sup>50</sup>**  
Yoplait<sup>®</sup> Source<sup>®</sup> Protein<sup>®</sup> selected varieties  
650 g  
21587047\_EA  
21720809\_EA



TAXES APPLICABLES / TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE / TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE / MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

BUY A GENERAL MILLS PARTICIPATING PRODUCT FOR A CHANCE TO

# WIN\*

CANADA SOCCER MERCH AND FREE GENERAL MILLS PRODUCTS!



**\$5<sup>50</sup>** General Mills<sup>™</sup> Family Size Cereals selected varieties  
455-725 g  
21103495\_EA  
21103492\_EA



**2/\$10** OR \$6.49 EA. Old El Paso<sup>™</sup> Dinner Kits 250-510 g selected varieties  
20795534\_EA  
21675108\_EA

\*Must redeem online. Offer ends July 31, 2026. See participating products for details.

# Spring SAVINGS



**\$2<sup>50</sup>** Betty Crocker<sup>™</sup> and Mott's<sup>®</sup> Fruit Snacks 128-226 g selected varieties  
20318474001\_EA  
20686716001\_EA



**\$4** Pillsbury<sup>™</sup> Pizza Pops<sup>™</sup> 4's 380 g or Strudel 326 g or Scrambles 204 g Selected Varieties Frozen  
21435996\_EA  
20172664005\_EA



**\$3<sup>75</sup>**  
Annie's<sup>™</sup> Super! Mac 170 g or Annie's<sup>™</sup> Vegan Mac 170 g  
21687300\_EA  
21687279\_EA



**3/\$9** OR \$3.49 EA. Pillsbury<sup>™</sup> Crescents or Weiner Wrap 200-227 g  
21505340\_EA  
20305424002\_EA



**\$18** Larabar<sup>™</sup> Fruit & Nut Energy bar 16x45/48 g, selected varieties  
20031362001\_C16  
20031362007\_C16



**3/4<sup>98</sup>** OR \$2.19 EA. Old El Paso<sup>™</sup> Seasoning 24 g selected varieties  
21675038\_EA  
21675151\_EA

\*Voted most trusted Mexican Food Products brand by Canadian shoppers, 2026 BrandSpark<sup>®</sup> Canadian Trust Study.

## A recipe worth Gathering for

### Easy Layered Greek Dip

Prep: 15 mins Servings: 20 servings

**Ingredients**

- 1 cup Crumbled Feta Cheese, divided
- 1 pkg (250 g) Philadelphia Brick Cream Cheese, softened
- ¼ cup Kraft Extra Virgin Olive Oil Greek Feta Dressing
- 1 tsp zest and juice from 1 lemon
- 2 tsp chopped fresh mint, divided
- 1 cup chopped English cucumbers
- ¼ cup chopped red onions
- ¼ cup sliced Kalamata olives
- 1 cup sliced grape tomatoes

**Instructions**

- Reserve 2 tbsp. feta for later use. Process remaining feta with cream cheese, dressing, lemon zest, lemon juice and 1 tbsp. mint in food processor until smooth; spread onto large platter.
- Top with layers of cucumbers, onions, olives and tomatoes; sprinkle with reserved feta and remaining mint.

Visit [krafttheinz.com](http://krafttheinz.com) for this recipe and more!

**Philadelphia Cream Cheese Product**  
227 – 250 g  
**\$4**

**Philadelphia Cream Cheese Lactose Free Product**  
Selected Varieties  
20866924010\_EA  
**\$4**

**Philadelphia Cream Cheese Product**  
Selected Varieties  
227 – 250 g  
21674963\_EA  
**\$4**

**Philadelphia Whipped Cream Cheese**  
Selected Varieties  
227 g  
20866816002\_EA  
**\$4**

**Philadelphia Whipped Cream Cheese**  
Selected Varieties  
227 g  
20866816002\_EA  
**\$4**

**Philadelphia Whipped Cream Cheese**  
Selected Varieties  
227 g  
20866816002\_EA  
**\$4**

**Kraft Singles Process Cheese Product**  
410 g  
**\$4**

**Cheez Whiz Cheese Spread**  
450 g  
**\$4**

**Velveeta Process Cheese Product**  
450 g  
Selected Varieties  
21188654\_EA  
**\$4**

\*Based on the 2026 BrandSpark™ Canadian Trust Study.

## MADE BETTER to TASTE BETTER

**NEW**

**\$1.85** back in points  
Get 1,850 pts when you buy 2

**2/\$8** OR \$4.99 EA.

**Lactose-Free Garlic & Chives**  
21731137\_EA

**Original**  
21316018\_EA

**Lactose-Free**  
21002993\_EA

**Herbs & Spices**  
2117728\_EA

**Light**  
21316006\_EA

**Tre Stelle Cream Cheese**

## Pick your cherry favourite

**Coca-Cola cherry**

Cherry flavoured.  
©Coca-Cola Ltd., used under license.

**2/\$17\*** OR \$8.99 EA. Coca-Cola® beverages selected varieties 12x355 mL 21392782\_C12

**2/\$6\*** OR \$3.49 EA. vitaminwater® beverages selected varieties 591 mL 20333194006\_EA

**2/\$7\*** OR \$4.49 EA. smartwater® beverages selected varieties 1L 20154181\_EA

**2/\$7\*** OR \$4.29 EA. Monster Energy® beverages\* selected varieties 444-473 mL 21747704\_EA

**\$9.99\*** Fuze® iced tea selected varieties 12x341 mL 21723528\_C12

Valid from May 14th to May 20th, 2026  
\* Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.  
† This product may not be suitable for everyone. Please read the label for instructions.  
The trademarks that appear are the property of their respective trademark owners.

## MOTT'S CLAMATO

Mott's® Clamato® selected varieties 1.89 L **\$4.50**

20318955002\_EA  
20318955003\_EA

Trademark used under license by Canada Dry Mott's Inc.

## Corona Cero

Corona® 0.0% alc./vol. 6 x 330 mL **\$10.99**

21650191\_C06

ENJOY RESPONSIBLY. Must be legal drinking age. Alcohol-free beer with natural flavour and vitamin D.  
©/MD TRADEMARKS GRUPO MODELO, S. DE R.L. DE C.V., LIC. USE/ SOUS LIC.

## Mrs. MEYER'S CLEAN DAY

### INDOOR CARE for OUTDOOR PEOPLE

**\$6** Mrs. Meyers Dish Detergent Selected Varieties 473 mL 21583420\_EA

**\$20** Mrs. Meyers laundry selected varieties 1.8 L 21583444\_EA

**\$12** Mrs. Meyers concentrated multi surface cleaner refills selected varieties 946 mL 21106584\_EA

**\$6** Mrs. Meyers multi surface cleaner 473 mL 21046908\_EA

## BETTER TEAR, SO MUCH SOFTER\*

\*vs. leading 1000-sheet brand

**\$18** Charmin Bath Tissue, 12=48 roll, soft 21707532\_EA

## 4X STRONGER WHEN WET\*

\*vs. Leading Canada 2-ply bath tissue

**\$18** Charmin Bath Tissue, 12=48 roll, strong 21636641\_EA

## 2X MORE ABSORBENT, SO YOU CAN USE LESS

\*vs leading US ordinary brand

**\$8** Bounty Paper Towel, Select A Size, 2=5 Roll 21670279\_EA

**\$18** Bounty Paper Towel, Select A Size, 6=12 roll 21670280\_EA

**MORE PAPER PER PACK!\*\*\***  
\*\*\*compared to smaller count pack

**MORE PAPER PER ROLL!\*\***  
\*\*compared to regular rolls

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