

**MAY**

**HIT  
OF THE  
MONTH**



🇨🇦 Made in Canada

**Kraft Miracle Whip**  
Selected varieties, 650/890 mL  
20298681001\_EA



🇨🇦 Made in Canada

**Marcangelo Souvlaki**  
Selected varieties, 2 Pack, 120 g  
20902208\_EA/21095022\_EA



**Takis Rolled Corn Chips**  
Selected varieties, 260 g  
21715466\_EA



**Head Men's & Women's Socks**  
3 pk  
21721517\_EA/21721507\_EA

See in-store for retails

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid May 1st - 31st, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. See in store for limits. No rainchecks.

# NOFRILLS®

FLYER PRICES EFFECTIVE THURSDAY, MAY 7 TO WEDNESDAY, MAY 13, 2026.

SAVE 26%

ONLY

2.22



**SCHNEIDERS LUNCHMATE LUNCH KITS or STACKERS**  
selected varieties  
75-120 g  
21310034\_EA



**PORK TENDERLOIN** fresh or  
**PORK BACK RIBS**  
frozen  
cryovac  
8.80/kg  
30320970\_XD/31103294\_XD  
**WHILE QUANTITIES LAST**

3.99 LB

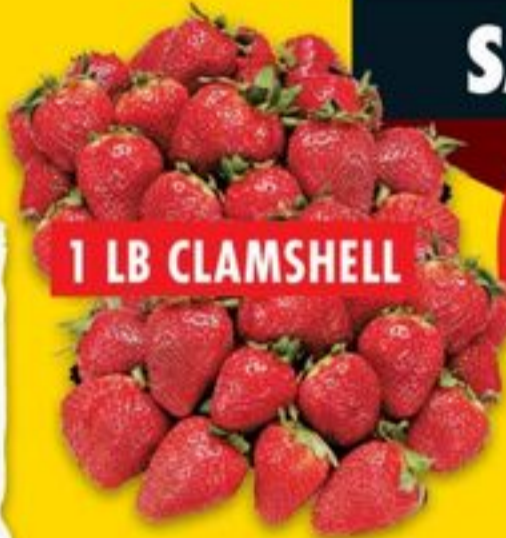
ONLY

SAVE 40%

6.50



**SEAQUEST® BAY SCALLOPS** 400 g or  
**RAW or COOKED WHITE SHRIMP** 36/55 per lb, 300 g  
selected varieties, frozen  
21358537\_EA/21636326\_EA

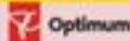


1 LB CLAMSHELL

2.99

**STRAWBERRIES**  
product of Mexico or U.S.A.,  
no. 1 grade  
20049778001\_EA

App exclusive offer



\$10



**BREADED CHICKEN, MEATBALLS, HOR D'OEUVRES, or HALAL GROUND CHICKEN**  
selected varieties, frozen  
700 g-1.8 kg  
21447387\_EA

Earn 2,000 pts

That's \$2 value



SAVE 46%

3.76

**EAT SMART SWEET KALE or TAYLOR FARMS CHOP SALAD KITS**  
selected varieties, product of U.S.A.  
20674118\_EA/21235159\_EA

SAVE 45%

\$10



**POGO**  
frozen  
20's  
30044254001\_EA

SAVE 30%

7.99



**LOU'S FRESH ENTRÉES**  
selected varieties, fully cooked  
375-450 g  
30079077\_EA

SAVE UP TO 44%

\$7



**PC® DINNER ENTRÉES**  
selected varieties, frozen  
770 g - 1.13 kg  
30314880\_EA

SAVE 25%

2.97



**BLACK DIAMOND SLICES**  
PROCESSED CHEESE PRODUCT 410 g  
or **LACTANTIA CREAM CHEESE** 227 g  
selected varieties  
21232044\_EA/21673338\_EA

SAVE 33%

\$1



**POWERADE SPORT DRINKS**  
selected varieties  
710 mL  
20432721\_EA

SAVE 20%

\$2



**CHRISTIE CRACKERS**  
selected varieties  
180-200 g  
21202647\_EA/21547034\_EA

ONLY

1.50



**UNICO BEANS** 540 mL or  
**TOMATOES** 790 mL  
selected varieties  
30313407001\_EA/30314639001\_EA

SAVE UP TO 38%

\$4



**MCCAIN DEEP 'N DELICIOUS CAKE** 510 g  
or **BREYERS CREAMERY STYLE ICE CREAM** 1.41 L, selected varieties, frozen  
30319133002\_EA/21651149\_EA

\$21.49



**MCCAFÉ COFFEE PODS**  
selected varieties  
30's  
21240973\_EA

Earn 3,000 pts

That's \$3 value

SAVE 25%

2.98



**ROOSTER® SCENTED JASMINE RICE**  
18.1 kg  
20137232\_EA

your home of no name®

App exclusive offer



\$3.50

**NO NAME® PIZZA**  
selected varieties, frozen  
350-411 g  
21540429\_EA

Earn 500 pts

That's 50¢ value



\$6

**NO NAME® CHICKEN STRIPS, NUGGETS or BURGERS**  
frozen  
908 g  
21078744\_EA

Earn 1,000 pts

That's \$1 value



\$3

**NO NAME® VEGETABLES**  
selected varieties, frozen  
750 g  
20216412\_EA

Earn 750 pts

That's 75¢ value

FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY.

nofrills.ca

01 NFW

# HAPPY MOTHER'S DAY

\$15

**DOZEN ROSES**  
assorted colours  
21663224\_EA



\$20

**MOTHER'S DAY MIXED BOUQUET IN SEASONAL COLOURS**  
21663235\_EA/21638413\_EA  
21638423\_EA



\$10

**MOTHER'S DAY SMALL MIXED BOUQUET IN SEASONAL COLOURS**  
21593179\_EA



# FRESH AT LOW PRICES

**3<sup>99</sup>**



**6 OZ CLAMSHELL**

**BLACKBERRIES** product of Mexico or U.S.A. or **RASPBERRIES** product of Mexico or U.S.A., no. 1 grade  
20051015001\_EA/20128938001\_EA



**PKG OF 5 OR 6**

**CANTALOUPE** product of Guatemala, Honduras or Brazil, no. 1 grade, **PINEAPPLE** product of Costa Rica or Mexico or **AVOCADOS** product of Mexico  
21444936001\_EA/20160992001\_EA/20167017001\_EA

**4<sup>99</sup>**

**3<sup>99</sup>**



**PKG OF 3**

**GROWN IN THE WESTERN PROVINCES**  
British Columbia  
Alberta • Saskatchewan  
Manitoba

**454 G**

**FARMER'S MARKET™ ENGLISH CUCUMBERS** product of Western Provinces, Canada no. 1 grade, **PC™ WHOLE CREMINI** or **WHITE MUSHROOMS** product of Western Provinces  
20828461001\_EA/20761372\_EA



**PKG OF 3**

**4<sup>99</sup>**

**ROMAINE HEARTS** product of U.S.A.  
20067389001\_EA



**If your produce isn't fresh, we'll replace AND refund it.\***

**6<sup>99</sup>**

**FARMER'S MARKET™ MIXED SWEET PEPPERS** product of Western Provinces  
21030970001\_EA

**PKG OF 6**

**GROWN IN THE WESTERN PROVINCES**  
British Columbia  
Alberta • Saskatchewan  
Manitoba

**4<sup>99</sup>**

**PKG OF 4**

**FARMER'S MARKET™ SWEET CORN** product of U.S.A., no. 1 grade  
20348977001\_EA

**5<sup>99</sup>**

**3 LB BAG**

**FARMER'S MARKET™ ORANGES** product of U.S.A.  
20162945001\_EA

**3<sup>99</sup>**

**PC™ LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES** product of Canada, Canada no. 1 grade  
21347301001\_EA / 21347299001\_EA

**680 G**

**GROWN IN CANADA**

**2<sup>99</sup>**

**BUNCH SPINACH** product of Mexico or U.S.A.  
20162840001\_EA

**1<sup>99</sup>**

**KALE** product of Mexico or U.S.A.  
20138805001\_EA

**1<sup>79</sup>**

**RED MANGOES** product of Mexico  
20059633001\_EA

**3<sup>99</sup>**

**BLACK PLUMS** product of Chile, no. 1 grade  
8.80/kg  
20316478001\_KG

**.79**

**LIMES** product of Mexico  
each  
20040489001\_EA

**6<sup>99</sup>**

**3 LB BAG**

**PC™ MANDARINS** product of U.S.A., Morocco or Spain  
20864961001\_EA

**4<sup>99</sup>**

**PC™ BLUE MENU™ or WONDERFUL PISTACHIOS** selected varieties, product of U.S.A.  
20940032\_EA  
20940014\_EA

**225 G**

**200 G**

**6<sup>99</sup>**

**5 LB BAG**

**FARMER'S MARKET™ HONEYCRISP or AMBROSIA APPLES** product of Western provinces, Canada fancy grade or **BARTLETT PEARS** product of Argentina, extra fancy grade  
20620646001\_EA/21162869001\_EA/21022823001\_EA

**5<sup>99</sup>**

**907 G**

**567 G**

**FARMER'S MARKET™ GRAPE TOMATOES, PC™ LITTLE BEAUTY VARIETY TOMATOES or PC™ VARIETY TOMATOES** product of Canada or Mexico  
20840053001\_EA/20949846001\_EA/21720711001\_EA

**5<sup>99</sup>**

**PKG OF 11**

**FARMER'S MARKET™ MINI CUCUMBERS** product of Western Provinces, Canada no. 1 grade  
21070679001\_EA

**GROWN IN THE WESTERN PROVINCES**  
British Columbia  
Alberta • Saskatchewan  
Manitoba

**PRICE DROP**

**2<sup>49</sup>**

**GREEN ZUCCHINI** product of Mexico or U.S.A.  
5.49/kg  
20426596001\_KG

\* Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# GARDEN DEALS

\$10

**ANNUAL HANGING BASKETS**  
selected varieties  
10 inch  
20053146\_EA



\$9

**ANNUALS**  
selected varieties  
8 inch  
21023616\_EA



\$17

**ANNUAL COMBO BOWL**  
selected varieties  
10 inch  
21348171\_EA



# FRESH AT LOW PRICES

**\$14**



**MAPLE LEAF PRIME CHICKEN LEGS**  
back attached  
up to 1.24 kg  
21463882\_EA

**CLUB SIZE**

**7.49**  
LB



**LEAN GROUND BEEF**  
16.51/kg  
20981819\_XG

**\$14**



**PC® WORLD OF FLAVOURS PORK ROAST**  
selected varieties  
730/900 g  
214602234\_EA



**PC® SAUSAGE, ULTIMATE DINNER or BREAKFAST CHICKEN SAUSAGE**  
selected varieties  
375/500 g  
21378210\_EA/21584342\_EA

**4.49**



**SCHNEIDERS WIENERS or MAPLE LEAF TOP DOGS**  
selected varieties  
375 g  
21093477\_EA

**\$13**



**NO NAME® CHICKEN WINGS**  
selected varieties, frozen  
908 g  
21045211\_EA

**\$5.50**

Earn **1,000** pts

That's **\$1** value



**DAIYA VEGAN CHEESE**  
selected varieties  
200/220 g  
21207740\_EA

**\$9**



**SEAQUEST® WHOLE POMPANO 800 g or WHOLE TILAPIA 1.36 kg**  
frozen  
21591947\_EA/21592064\_EA

**10.50**



**FREYBE PEPPERONI STICKS**  
selected varieties  
300/500 g  
20322436\_EA/20322265\_EA

**\$7**



**OKA 190 g, BALDERSON 250/280 g or BARI RICOTTA 500 g**  
CHEESE  
selected varieties  
20921279\_EA/21495455\_EA

**5.50**



**BIG MOUNTAIN VEGAN BURGER PATTIES 240-400 g, RESERS MAIN ST BISTRO MACARONI AND CHEESE or MASHED POTATOES 567/680 g**  
selected varieties  
20027947\_EA/20328009\_EA/21624901\_EA

**2.25**



**NO NAME® BAGELS or ENGLISH MUFFINS**  
selected varieties  
6's  
21217967\_EA/21312119\_EA

**2.50**



**WONDER BREAD 570 g or BUNS 12's**  
selected varieties  
20305674\_EA/20520827\_EA

**\$5**



**FARMER'S MARKET® BUTTER CROISSANTS 260-336 g or LOAF CAKE 344-400 g**  
selected varieties  
20975943\_EA/21488954\_EA

App exclusive offer

Earn  
**8,000**  
pts  
For every \$20\*  
spent  
That's  
**\$8**  
value



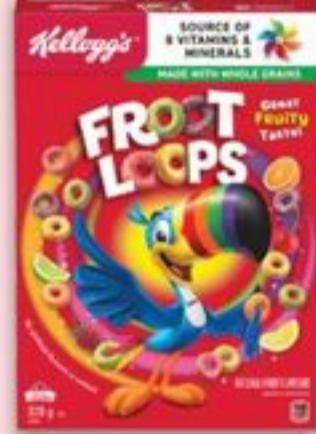
**Moredays  
Moredays  
Moredays**



**Moredays™**

May 7 - 13, 2026

**FIBRE 1 BARS** 125-840 g, **NATURE VALLEY GRANOLA BARS**, **PROTEIN BARS** or **BISCUITS** 148 g - 1.17 kg or **GENERAL MILLS CHEX**, **NATURE VALLEY GRANOLA** or **FIBRE 1 CEREAL** 310-587 g selected varieties  
21535236\_EA



Earn  
**2,000**  
pts  
For every \$5\*  
spent  
That's  
**\$2**  
value

**CHRISTIE CRISPERS**  
selected varieties  
145 g  
215358327\_EA/215358333\_EA

**KELLOGG'S CEREAL**  
selected varieties  
250-355 g  
21450814\_EA/21652128\_EA

**\$4**  
Earn  
**1,000**  
pts  
That's  
**\$1**  
value

App exclusive offer

Member Price  
**\$3**  
Non-Members  
**\$3.75**  
Members Save  
**75¢**



**ZIGGY'S® SLICED DELI MEAT**  
selected varieties  
175 g  
21592461\_EA/21599921\_EA



**\$3**  
Earn  
**1,000**  
pts  
That's  
**\$1**  
value

**PC® DIPS**  
selected varieties  
200/227 g  
20584212\_EA

App exclusive offer



**PC® BASQUE CHEESECAKE**  
selected varieties  
600 g  
21600491\_EA

**\$10**  
Earn  
**3,000**  
pts  
That's  
**\$3**  
value



**KASHI GOACTIVE CEREAL**  
selected varieties  
349-510 g  
21680804\_EA

Earn  
**4,000**  
pts  
For every \$10\*  
spent  
That's  
**\$4**  
value

App exclusive offer



**SILK**  
selected varieties,  
refrigerated  
450 mL - 1.89 L  
21243340\_EA/20328231002\_EA

Earn  
**4,000**  
pts  
For every \$10\*  
spent  
That's  
**\$4**  
value



**DARE CRACKERS**  
selected varieties  
100-225 g  
21530682\_EA/21530701\_EA

Earn  
**2,000**  
pts  
For every \$8\*  
spent  
That's  
**\$2**  
value

App exclusive offer



**CHRISTIE COOKIES**  
251-303 g, **CADBURY CHOCOLATE BAR**  
80-105 g or **MAYNARDS CANDY** 135-154 g  
selected varieties  
21538407\_EA/21361508\_EA/21648577\_EA

Earn  
**4,000**  
pts  
For every \$10\*  
spent  
That's  
**\$4**  
value

App exclusive offer



**PC® SCOOP SHOP ICE CREAM** 946 mL or **NOVELTIES** 330 mL  
selected varieties, frozen  
21706410\_EA/21706439\_EA

**\$5**  
Earn  
**1,000**  
pts  
That's  
**\$1**  
value



**EXCEL GUM MULTIPACK**  
selected varieties  
3x18 pieces  
21436943\_EA/21435058\_EA

Earn  
**3,000**  
pts  
For every \$8\*  
spent  
That's  
**\$3**  
value

App exclusive offer



**ANGIE'S BOOMCHICKAPOP POPCORN** or **PUFFS**  
selected varieties  
136-198 g  
20811709\_EA

Earn  
**4,000**  
pts  
For every \$10\*  
spent  
That's  
**\$4**  
value



**MCCAFE** 640-900 g or **LAVAZZA** 1 kg  
**COFFEE**  
selected varieties  
21556082\_EA/21633664\_EA

Member Price  
**\$25**  
Non-Members  
**\$30**  
Members Save  
**\$5**

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. \*\*Must be a registered PC Optimum™ member to get this offer.



CUSTOMER RELATIONS 1-866-98-SMILE (76453)

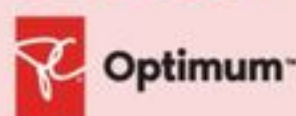
nofrills.ca



no paper, no plastic, no more waste



# More days More days More days



## More days™

May 7 - 13, 2026



**\$5.50**

Earn  
**1,000**  
pts

That's  
**\$1**  
value

**PRANA GRANOLOVE ORGANIC GRANOLA**  
selected varieties  
300 g  
21393188\_EA



**\$5.79**

Earn  
**1,500**  
pts

That's  
**\$1.50**  
value

**YOGI ORGANIC TEA**  
selected varieties  
16x36 g  
20317206002\_EA



Earn  
**2,000**  
pts

For every \$10\*  
spent

That's  
**\$2**  
value

**NESTLÉ BASE or ORGANIC SNACKS**  
selected varieties  
28-187 g  
20304618007\_EA/20304618008\_EA  
21097119\_EA



Earn  
**1,000**  
pts

for every purchase

That's  
**\$1**  
value

**RAINCOAST TUNA 142/150 g or PINK SALMON 150/160 g**  
selected varieties  
20031301001\_EA/20317500002\_EA



**\$6.50**

Earn  
**1,000**  
pts

That's  
**\$1**  
value

**SOFTSOAP LIQUID HAND SOAP REFILL**  
selected varieties  
1.47 L  
21715437\_EA/21715576\_EA



Earn  
**12,000**  
pts

For every \$30\*  
spent

That's  
**\$12**  
value

**TYLENOL or REACTINE PRODUCTS**  
selected varieties and sizes  
20216432001\_EA/20058819001\_EA



Earn  
**5,000**  
pts

For every \$12\*  
spent

That's  
**\$5**  
value

**LISTERINE CLASSIC MOUTHWASH**  
selected varieties  
1 L  
20548438001\_EA/21091218\_EA



Earn  
**3,000**  
pts

For every \$18\*  
spent

That's  
**\$3**  
value

**AVEENO BODY LOTION, FACE CARE, SUNSCREEN, BODY WASH, BABY TOILETRIES**  
all varieties and sizes  
20102022001\_EA/20157402002\_EA



**\$8**

Earn  
**500**  
pts

That's  
**50¢**  
value

**DOVE DRY SPRAYS**  
107/113 g or DEODORANT 74 g  
selected varieties  
20844323\_EA/21330552\_EA



Earn  
**4,500**  
pts

For every \$20\*  
spent

That's  
**\$4.50**  
value

**DOVE HAIR, BODY WASH or DEODORANT**  
selected varieties and sizes  
21220717\_EA/21444833\_EA



**\$14**

Earn  
**4,000**  
pts

That's  
**\$4**  
value

**PC NUTRITION FIRST DRY CAT FOOD**  
selected varieties  
2 kg  
21303029\_EA



Earn  
**8,000**  
pts

For every \$16\*  
spent

That's  
**\$8**  
value

**SWIFFER STARTER KITS**  
selected varieties  
20900161\_EA/21702122\_EA



**\$8**

Earn  
**4,000**  
pts

That's  
**\$4**  
value

**PC HEAVY-DUTY FREEZER BAGS**  
selected varieties  
10-38's  
21160679\_EA



Earn  
**3,000**  
pts

For every \$18\*  
spent

That's  
**\$3**  
value

**CETAPHIL FACE or BABY PRODUCTS**  
all varieties  
2115535\_EA/2171881A\_EA

# BRANDS YOU LOVE AT LOW PRICES

**\$5**



**ACTIVIA EXPERT** 750 g  
or **ACTIVIA DRINKS**  
8x93 mL **YOGURT**  
selected varieties  
21488205\_EA

**NO NAME®**  
**CHEESE BARS**  
selected  
varieties  
200 g  
20031973\_EA

**\$3**



**550**



**PC® FROZEN FRUIT**  
selected varieties  
300-600 g  
20312227\_EA/20612667\_EA



**1650**

**PC® DINNER ENTRÉES**  
club size, selected  
varieties, frozen  
2/2.27 kg  
20134930\_EA

**250**



**FRUITOPIA or PEACE TEA**  
**DRINKS**  
selected varieties, refrigerated  
1.75 L  
20347440001\_EA/21170481\_EA

**\$6**



**LACTANTIA**  
**ULTRAPUR MILK**  
selected varieties  
1.5 L  
21494329\_EA

**350**



**LAY'S POTATO CHIPS**  
selected varieties  
177-235 g  
21241032\_EA/21443082\_EA

**\$4**



**PC® 100% JUICE BOXES**  
selected varieties  
8x200 mL  
21718742\_EA

**\$2**



**COCA-COLA or PEPSI**  
**SOFT DRINKS**  
selected varieties  
2 L  
203296926002\_EA/20316026002\_EA

**\$1**



**CAMPBELL'S TOMATO**  
**CREAM OF MUSHROOM,**  
**VEGETABLE or CHICKEN**  
**NOODLE SOUP**  
selected varieties, 284 mL  
20176214004\_EA

**250**



**STAGG CHILI** 425 g or  
**MONTANA'S SOUP** 540 mL  
selected varieties  
20091906\_EA

**\$4**



**TACO BELL**  
**DINNER KIT** 260-420 g or  
**CREAMY SAUCE** 354 mL  
selected varieties  
21661774\_EA/21663637\_EA

**\$5**



**RIO MARE TUNA**  
selected varieties  
195/240 g  
20035383\_EA/21595037\_EA

**\$2**



**NO NAME®**  
**APPLESAUCE**  
620 mL or  
**FRUIT** 398 mL  
selected varieties  
21379698\_EA

**275**



**DE CECCO PASTA** 454 g or  
**UNICO PASTA** 680 mL  
selected varieties  
20416260\_EA/21056286\_EA

**\$5.49**

**1,000**  
pts

That's  
**\$1**  
value

**DARE BEAR PAWS** 392/490 g,  
**WAGON WHEELS** 630 g or  
**GRISSOL MELBA TOAST**  
350/400 g, selected varieties  
20307218001\_EA/21713602\_EA

**1299**

**BERTOLLI**  
**OLIVE OIL**  
selected varieties  
750 mL/1 L  
20156182001\_EA

**299**

**UNICO HOT PEPPER RINGS,**  
**PICKLED VEGETABLES** 750 mL,  
**OLIVES** 375 mL or **CAPERS** 125 mL  
selected varieties  
21103523\_EA

**\$2**

**PRIMO PASTA**  
**SAUCE** 680 mL or  
**PIZZA SAUCE** 375 mL  
selected varieties  
20097909001\_EA/20730715\_EA

# BRANDS YOU LOVE AT LOW PRICES

\$4



**DAIRYLAND COTTAGE CHEESE**  
selected varieties  
500 g  
20749835\_EA



\$6

**SAPUTO MOZZARELLISSIMA**  
selected varieties  
500 g  
20759241002\_EA



3.50

**KELLOGG'S EGGO WAFFLES**  
selected varieties, frozen  
8's  
20302779\_EA



3.50

**GREEN GIANT VEGETABLES**  
selected varieties, frozen  
283-750 g  
21022302\_EA/21022355\_EA



\$5

**KD ORIGINAL**  
5x200 g  
21594512\_EA

Optimum

\$6.99

Earn 1,000 pts That's \$1 value

**LACTANTIA BUTTER STICKS**  
selected varieties, 4x113 g/454 g  
20056673\_EA

Prepared in Canada

7.44

**PC® ORANGE JUICE**  
selected varieties, refrigerated  
2.5 L  
21531644\_EA

7.50

**MCCAIN SUPERFRIES**  
family size, selected varieties, frozen  
1.45-1.9 kg  
21049522\_EA

2.50

**MOTT'S or BETTY CROCKER FRUIT SNACKS**  
selected varieties  
128-226 g  
20318474001\_EA/20680714002\_EA

4.50

**CHRISTIE FAMILY SIZE COOKIES**  
374-488 g or CAKESTERS 285 g  
selected varieties  
21014067\_EA/21439135\_EA

\$4

**TOSTITOS TORTILLA**  
215-295 g or **MISS VICKIE'S POTATO**  
190/200 g **CHIPS**  
selected varieties  
210300573\_EA/21240703\_EA

\$6

**HERSHEY'S CHIPITS**  
selected varieties  
200-270 g  
21432844\_EA/21432924\_EA

Prepared in Canada

9.88

**NO NAME® FLOUR**  
Club Size  
selected varieties  
10 kg  
20022348\_EA/20304445\_EA

7.99

**MAXWELL HOUSE or NABOB TASSIMO DISCS**  
selected varieties  
8-16's  
2003494001\_EA

Prepared in Canada

\$3

**PC® TEA or HERBAL TEA**  
selected varieties  
20's  
20008417\_EA/20627612001\_EA

\$5

**AGGA COFFEE CAPSULES** 10's or **RED ROSE TEA** 70's  
selected varieties  
21306879\_EA/21492191\_EA

5.79

**PC® GLUTEN FREE PANCAKE MIX**  
400 g or **PC® ORGANIC PANCAKE MIX** 900 g  
20796973\_EA

\$3

**FERRERO ROCHER CHOCOLATE BAR**  
selected varieties  
90 g  
21432863\_EA

2.50

**TWIZZLERS CANDY PACK** 311-454 g or **JOLLY RANCHER ROPE** 283 g  
2002232004\_EA

1.75

**NESTLE KING SIZE CHOCOLATE BARS**  
selected varieties  
68-85 g  
20574272\_EA/21468491\_EA

\$2

**HARIBO CANDY**  
selected varieties  
175 g  
21519376\_EA

3.50

**GENERAL MILLS CEREAL**  
selected varieties  
300-437 g  
21104047\_EA/21213643\_EA

3.50

**PEARL MILLING COMPANY SYRUP** 710 ml or **PANCAKE MIX**  
905 g  
selected varieties  
21384609\_EA/21391619\_EA

Prepared in Canada

2.79

**LECLERC GO PURE or NUGABAR BARS**  
selected varieties  
140-175 g  
21307858\_EA/21536598\_EA

\$3

**NERDS GUMMY CLUSTERS**  
selected varieties  
142 g  
21544637\_EA

# BRANDS YOU LOVE AT LOW PRICES

**5<sup>99</sup>**



**NO NAME® GARBAGE BAGS**  
selected varieties  
30/48's  
20299735\_EA



**\$16**



**TIDE PODS 57's LAUNDRY DETERGENT, DOWNY or GAIN FABRIC SOFTENER 4.16 L or SCENT BOOSTERS 680 g**  
selected varieties  
21434815\_EA/21552884\_EA

**5<sup>50</sup>**



**LYSOL DISINFECTING WIPES 75/84's, SPRAY 350 g or MULTI-PURPOSE TRIGGER 950 mL**  
selected varieties  
20314511001\_EA/21449826\_EA



**2<sup>50</sup>**

**DAWN DISHWASHING LIQUID**  
selected varieties  
366-502 mL  
21430581\_EA/21430590\_EA

**3<sup>50</sup>**

**NO NAME® BLEACH**  
selected varieties  
2.4 L  
21486532\_EA

**\$7**

**PC® MAX PAPER TOWEL**  
3-6 rolls  
21540603\_EA

**\$10**

**FLEECY FABRIC SOFTENER 3.5 L or DRYER SHEETS 200's**  
selected varieties  
21311739\_EA

**\$14**

**GLADE PLUGS SCENTED OIL REFILL 5 PACK or KIT WITH 2 WARMER WITH 4 REFILLS**  
selected varieties  
21309869\_EA/21309880\_EA

**3<sup>49</sup>**

**ALCAN FOIL 50 ft, NON-STICK FOIL 25 ft, GLAD PLASTIC WRAP 60 m or REYNOLDS PARCHMENT PAPER 35 ft**  
selected varieties  
20043471\_EA/200321462\_EA

**\$4**

**LYSOL MULTI SURFACE CLEANER 1.2 L, BATHROOM SPRAY 950 mL or BATHROOM AEROSOL 538 g**  
selected varieties  
20309873002\_EA/21231233\_EA

**\$22**

**TIDE LIQUID LAUNDRY DETERGENT 3.46/3.9 L, PODS or FLINGS 45-76's**  
selected varieties  
21593670\_EA/21593679\_EA

**\$11**

**ROYAL OAK STAR GRILL LUMP CHARCOAL 8.8 lb**  
20772669\_EA  
LIMIT: 8, AFTER LIMIT RETAIL: \$13.50

**\$6**

**JAMIESON VITAMINS C or D**  
selected varieties  
120/240's  
20299993\_EA/20303214601\_EA

**\$10**

**U BY KOTEX PADS, LINERS or TAMPONS**  
selected varieties, 20-120's  
21734867\_EA/21291897\_EA

Optimum®  
Earn 1,000 pts  
That's \$1 value

**\$4<sup>50</sup>**

**IRISH SPRING BODY WASH 591 mL, BAR SOAP 6x104 g or SOFTSOAP BODY WASH 591 mL**, selected varieties  
21219375\_EA/21436477\_EA

Optimum®  
Earn 500 pts  
That's 50¢ value

**\$34<sup>99</sup>**

**PAMPERS ECONO PACK DIAPERS**  
selected varieties, size N-8, 58-180's  
21551525\_EA/21692756\_EA

Optimum®  
Earn 2,000 pts  
That's \$2 value

**2<sup>79</sup>**

**WHISKAS TEMPTATIONS CAT TREATS**  
selected varieties  
180 g  
20298151001\_EA

**.90**

**FANCY FEAST 85 g or FRISKIES 156 g WET CAT FOOD**  
selected varieties  
20319657006\_EA/20548687001\_EA

**\$10**

**NO NAME® CLUMPING CAT LITTER**  
selected varieties  
18 kg  
20177169002\_EA

**8<sup>50</sup>**

**WHISKAS DRY CAT FOOD**  
selected varieties  
1.5/2 kg  
21588943\_EA

**NEW  
LOWER  
PRICES**

**5<sup>50</sup>**

**TRE STELLE TUBS**  
selected varieties  
200/475g  
21364404\_EA



**2<sup>50</sup>**



**HOSTESS SNACKCAKES**  
selected varieties  
167-231 g  
21283752\_EA

**\$4**



**LEAN GROUND PORK**  
fresh  
450 g  
21705787\_EA

**\$5**



**MARCANGELO SLICED DELI MEAT**  
selected varieties  
85 g  
21706089\_EA/21706423\_EA

**\$5**



**MAPLE LEAF READY CRISP BACON or FULLY COOKED BREAKFAST SAUSAGE**  
selected varieties  
65/300 g  
20144959\_EA

**\$11**



**PC® BUTTERFLIED SHRIMP**  
selected varieties, frozen  
400 g  
20080117\_EA

**4<sup>25</sup>**



**OASIS SMOOTHIE or HEALTH-BREAK**  
selected varieties  
refrigerated, 1.6 L  
21529899\_EA/21529910\_EA

**\$4**



**PHILADELPHIA CREAM CHEESE PRODUCT**  
selected varieties, 227/250 g  
20641267\_EA/20866924010\_EA

**\$5**



**AMOENZA! TWISTS CHEESE SNACKS**  
selected varieties  
228 g  
21403514\_EA

**3<sup>50</sup>**



**OIKOS GREEK YOGURT**  
selected varieties  
4x100 g  
20419715001\_EA/20419715004\_EA

**6<sup>50</sup>**



**EARTH'S OWN OAT CREAMER**  
selected varieties, 946 mL  
21576699\_EA/21576791\_EA

**\$4**



**PC® ORGANICS VEGETABLES**  
selected varieties, frozen  
300-500 g  
20414849001\_EA/20414849002\_EA

**\$8**



**CARBONAUT BREAD**  
selected varieties, frozen  
544/550 g  
21294204\_EA/21448964\_EA

**\$3**



**PILLSBURY POPS 380 g, SCRAMBLES 204 g or TOASTER STRUDEL 326 g**  
selected varieties, frozen  
20172664001\_EA/21435996\_EA

**NEW  
LOWER  
PRICES**



**\$5**

**KELLOGG'S  
EGGO WAFFLES**  
selected varieties, frozen  
16's  
20099730004\_EA

**\$5**



**BEN & JERRY'S ICE CREAM** 473 mL or  
**MAGNUM NOVELTIES** 3's  
selected varieties, frozen  
20950739\_EA/21428403\_EA



**550**



**CHAPMAN'S PREMIUM  
ICE CREAM**  
selected varieties, frozen  
2 L  
20323573001\_EA



**450**

**HUNGRY-MAN  
DINNER ENTREES**  
selected varieties, frozen  
360-455 g  
20296014002\_EA

**450**



**NANAK PANEER**  
341 g  
21386132\_EA

**850**



**BRAR'S  
BBQ  
VEGGIE BURGER**  
690 g  
21436401\_EA

**275**



**NESTLÉ  
CHOCOLATE  
BARS**  
selected varieties  
95-105 g  
20640280\_EA/21648321\_EA

**\$3**



**GOGO SQUEEZ  
FRUIT SAUCE POUCHES**  
selected varieties, 4x90 g  
20323497002\_EA

**377**



**OLD EL PASO DINNER KIT**  
selected varieties, 250-510 g  
20795534\_EA/20795536\_EA

**175**



**KNORR  
SIDEKICKS**  
selected varieties  
120-162 g  
20321430007\_EA/20321430011\_EA

**225**



**CAMPBELL'S  
CHUNKY SOUP**  
selected varieties  
515 mL  
21480447\_EA

**\$5**



**MAXWELL  
HOUSE  
INSTANT  
COFFEE**  
150 g  
21026608\_EA

**\$13**



**PUREX 4.08-4.43 L,  
SUNLIGHT 4 L  
LIQUID LAUNDRY  
DETERGENT, SNUGGLE  
FABRIC SOFTENER 2.77 L or  
DRYER SHEETS 200's, selected varieties**  
2006335002\_EA/21437042\_EA

**450**



**WINDEX GLASS  
CLEANER 765 mL  
SCRUBBING  
BUBBLES**  
946/950 mL or  
**FANTASYK 650 mL**  
selected varieties  
20123323001\_EA/21666832\_EA

**250**



**TEMPTATIONS  
PURÉES 48 g or  
SPOONS 40 g or  
CAT TREATS**  
selected varieties  
21479803\_EA/21585483\_EA

**\$6**



**HUY FONG  
SRIRACHA  
SAUCE**  
714 mL  
20074956\_EA

**\$5**



**ROYALE  
BATHROOM  
TISSUE 8-16 rolls or  
ROYALE FACIAL  
TISSUE 6x100 sheets**  
selected varieties  
20703419\_EA/21378374\_EA

**\$7**



**BILLY BEE  
HONEY**  
500 g  
20724504\_EA

**\$5**



**BONNE  
MAMAN JAM**  
selected varieties  
250 mL  
20207313001\_EA

# BRANDS YOU LOVE AT LOW PRICES

**5<sup>50</sup>**



**NATURE VALLEY PROTEIN OATS AND HONEY GRANOLA or OATMEAL CRISP PROTEIN CEREAL**  
selected varieties  
455/481 g  
21499405\_EA/21667577\_EA



**\$9**

**LOURISH PANCAKE AND WAFFLE MIX**  
selected varieties  
430 g  
21375781\_EA

**\$3**



**ALANI PROTEIN SHAKE**  
selected varieties  
355 mL  
21448796\_EA



**\$3**

**COUNTRY HARVEST BREAD**  
selected varieties  
600 g  
21429067\_EA/21693323\_EA

**\$3**



**CATELLI PROTEIN+ PASTA**  
selected varieties  
340 g  
21461872\_EA

**2<sup>75</sup>**



**BEATRICE BFIT**  
selected varieties  
460 mL  
21345500\_EA

**5<sup>99</sup>**



**HALO TOP FROZEN DESSERT**  
selected varieties, frozen  
473 mL  
21086988\_EA/21585213\_EA

**\$5**



**KELLOGG'S EGGO PROTEIN WAFFLES**  
selected varieties, frozen  
8's  
21639330\_EA

**3<sup>33</sup>**



**OIKOS PRO YOGURT**  
selected varieties  
300 mL  
21652096\_EA

**3<sup>50</sup>**



**SOURCE PROTEIN YOGURT**  
selected varieties  
650 g  
21587047\_EA

**6<sup>50</sup>**



**SCHNEIDERS BREAKFAST SANDWICH or EGG BITES**  
selected varieties, frozen  
204-288 g  
21623187\_EA/21623288\_EA

**4<sup>50</sup>**



**KELLOGG'S VECTOR CEREAL**  
selected varieties  
306/400 g  
20019041\_EA/21350317\_EA



# CELEBRATING MOMS!

**HUGGIES** pull-Ups goodnites

You could

# WIN\*

1 of 10 prizes consisting of

# 1,000,000

pts

\$1,000 value!

Until May 31, 2026

When you purchase any Huggies®, Pull-Ups® or Goodnites® participating products and scan your PC Optimum™ card at the time of purchase.

## 19<sup>99</sup>

**HUGGIES® 10X BABY WIPES**  
SELECTED VARIETIES, 336-704's  
21401195\_EA



## 26<sup>99</sup>

**HUGGIES® PULL-UPS® CLUB PACK TRAINING PANTS**  
SELECTED VARIETIES, 48-74's  
21371199\_EA



## 26<sup>99</sup>

**HUGGIES GOODNITES® CLUB PACK TRAINING PANTS**  
SELECTED VARIETIES, 24-44's  
20963841\_EA



\*No purchase necessary. Open to Canadian resident PC Optimum™ members who are 14 years or older. Contest ends May 31st, 2026 at 11:59 PM ET. Members can get an entry when they purchase during the contest period 1 or more Huggies®, Pull-Ups®, or Goodnites® participating products in a single transaction from a participating REAL CANADIAN SUPERSTORE, LOBLAW (All Core Market Banners including Loblaw, Zehrs, Your Independent Grocer, Atlantic Superstore, Dominion, Provigo, Valu-Mart) NO FRILLS or MAXI location (either in-store or online from such participating retailer's website or app) and scan their PC Optimum™ card at the time of purchase. No purchase mail-in and email entry option also available. Ten prizes of 1 million PC Optimum™ points (ARV \$1,000 CAD each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit <https://www.pcexpress.ca/pcocontest-huggies-pullups-goodnites>.

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# BUDGETS LOVE YELLOW

(So switch)

your home of no name®

**\$10**

**NO NAME® ICE CREAM NOVELTIES**  
selected varieties, Club Size, frozen  
24's  
2034740001\_EA

**2.50**

**NO NAME® MARSHMALLOWS**  
selected varieties  
400 g  
20304672001\_EA

**\$2**

**NO NAME® CHOCOLATE BAR**  
selected varieties  
100 g  
20580737\_EA

**\$5**

**NO NAME® PEANUTS**  
650 g  
21191816\_EA

**\$5**

**NO NAME® RED PLASTIC PARTY CUPS**  
21200261\_EA

**1.57**

**NO NAME® POTATO CHIPS**  
selected varieties  
200 g  
21302821\_EA

**\$5**

**NO NAME® LUNCH PAPER PLATE**  
40's  
21390410\_EA

**\$3**

**NO NAME® SANDWICH BAGS**  
selected varieties  
100's  
20180393\_EA



# App exclusive offers

## More offers More points

LOAD YOUR DIGITAL COUPONS  
IN 6 EASY STEPS

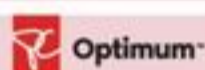
1. Open your PC Optimum app and go to **Offers**
2. Tap **Digital Coupons**
3. Select **"Click here to add your Digital Coupons"**
4. Tap **"Select Offer"** on the coupons you want
5. Tap **"Add Offer"** – you're done!

Members  
get over

# \$25

in value

CLICK FOR  
THESE COUPONS  
AND MORE

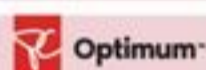


**NESTLÉ  
SNACK PACK**  
any variety  
21719355\_EA

Save

**\$1**

with digital  
coupon



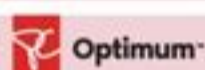
**PC® TORTILLA  
CHIPS**  
320-350 g  
20148817\_EA

Earn

**500**

(pts)

Until May - 13 - 2026



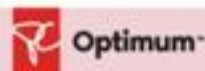
**PC® DIPPED &  
CHEWY  
GRANOLA  
BARS**  
120-172 g  
20912735\_EA

Earn

**500**

(pts)

Until May - 13 - 2026



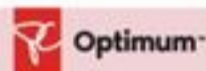
**PC® BLACK LABEL  
ICE CREAM**  
500 mL  
20604543003\_EA

Earn

**800**

(pts)

Until May - 13 - 2026



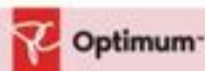
**PC® FROZEN FRUIT**  
600 g  
21377841\_EA

Earn

**1,000**

(pts)

Until May - 13 - 2026



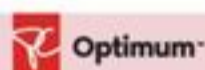
**PC® GREEK  
YOGURT**  
4 x 100 g  
21348028\_EA

Earn

**750**

(pts)

Until May - 13 - 2026



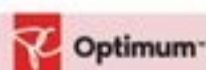
**PC® DIPS**  
454 g  
20584098\_EA

Earn

**1,000**

(pts)

Until May - 13 - 2026



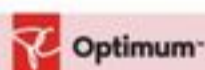
**FARMER'S  
MARKET™  
CROISSANTS**  
260-336 g  
20975943\_EA

Earn

**1,000**

(pts)

Until May - 13 - 2026



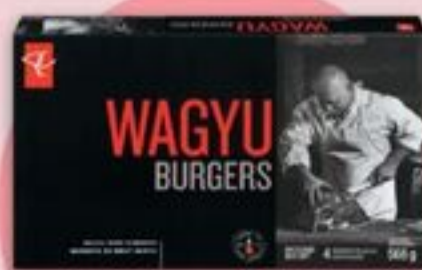
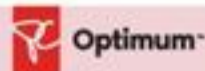
**PC® BRIOCHE  
BUNS**  
300 g  
21094319\_EA

Earn

**1,000**

(pts)

Until May - 13 - 2026



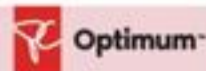
**PC® BLACK LABEL  
WAGYU BEEF  
BURGERS**  
568 g  
20766235\_EA

Earn

**3,000**

(pts)

Until May - 13 - 2026



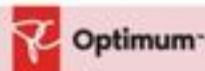
**NO NAME®  
BREADED  
CHICKEN  
BURGERS  
FULLY COOKED**  
908 g  
21178461\_EA

Earn

**1,200**

(pts)

Until May - 13 - 2026



**PC® SMOKED WILD  
SOCKEYE  
SALMON**  
150 g  
20088009\_EA

Earn

**2,500**

(pts)

Until May - 13 - 2026

# More offers. More points.

CLICK FOR  
THESE COUPONS  
AND MORE



Optimum



Earn  
**1,200**  
pts  
Until May - 13 - 2026

**PC® INSTANT COFFEE**  
80/100 g  
21499826\_EA

Optimum



Earn  
**2,500**  
pts  
Until May - 13 - 2026

**NO NAME®  
HOT CHOCOLATE MIX**  
1.8 kg  
20005589\_EA

Optimum



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® CHOCOLATE COVERED  
NUTS**  
340-400 g  
20000356\_EA

Optimum



Earn  
**1,000**  
pts  
Until May - 13 - 2026

**PC® MEMORIES OF  
SZECHWAN  
PEANUT SATAY SAUCE**  
350 mL  
20311313001\_EA

Optimum



Earn  
**750**  
pts  
Until May - 13 - 2026

**PC® MAYO SANDWICH  
SPREAD**  
300 mL  
20861237\_EA

Optimum



Earn  
**500**  
pts  
Until May - 13 - 2026

**PC® NUTRITION FIRST  
WET CAT FOOD**  
85 g  
21618582\_EA

Optimum



Earn  
**600**  
pts  
Until May - 13 - 2026

**PC® NON-STICK  
HEAVY DUTY  
ALUMINUM FOIL**  
25 ft  
21122007\_EA

Optimum



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® 3-PLY FACIAL  
TISSUE 6 BOXES**  
20181283\_EA

Optimum



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® SUPER SOFT  
BATHROOM TISSUE or  
PC® MAX TOILET PAPER**  
12=24 rolls  
21300716\_EA/21450718\_EA

# NATURAL FOODS AT LOW PRICES



**\$9**

**379**

**\$6**

**EGGLIFE WRAPS**  
selected varieties  
170 g  
21653472\_EA/21653477\_EA

**PC\* GLUTEN-FREE WAFFLES**  
selected varieties, frozen  
320 g  
21419163\_EA

**PC\* ORGANICS TOMATO KETCHUP**  
575 mL  
20021787\_EA

**\$6**



**699**



**550**



**PC\* ORGANICS KEFIR**  
selected varieties  
1 L  
20944278\_EA/21105766\_EA

**GOGO QUINOA ORGANIC TRI-COLOUR QUINOA**  
500 g  
21300946\_EA

**NATURE'S PATH ORGANIC GRANOLA**  
selected varieties  
325/350 g  
20311234001\_EA

**\$5**



**350**



**\$4**



**MADE GOOD CRUNCHY COOKIES, GRANOLA BITES or OAT CUPS**  
selected varieties  
175-200 g  
21579643\_EA/21678889\_EA

**PC\* ORGANICS APPLE SAUCE CUPS 6x100 g, SQUEEZABLE FRUIT SNACKS 360 g or JUMBO RAISIN SNACK PACK 190 g**  
selected varieties  
20320493001\_EA/21170526\_EA

**SMART SWEETS**  
selected varieties  
50 g  
21154474\_EA/21572358\_EA



Member Price  
**\$279**

Non-Members  
**\$3**

Members Save  
**31¢**

**BLUE DIAMOND ALMOND BREEZE BEVERAGE**  
selected varieties, 946 mL  
20107219004\_EA

**275**



**KIJU ORGANIC JUICE**  
selected varieties  
1 L, 4x200 mL  
20112710002\_EA/20333714004\_EA

**899**



**NAKED & SAUCY SOY SAUCE SUBSTITUTE**  
296 mL  
20964029\_EA

**229**



**PC\* ORGANICS BROWN RICE PASTA**  
selected varieties  
454 g  
20118379001\_EA

**250**



**CLIF BAR**  
selected varieties  
68 g  
20120914002\_EA/20707304002\_EA

**699**



**ANNIE'S ORGANIC GRAHAM SANDWICHES or BUNNY FRUIT SNACK PACK**  
selected varieties  
198/226 g  
21547813\_EA/21547875\_EA

**450**



**PC\* ORGANICS ANIMAL COOKIES**  
selected varieties  
250 g  
20181028\_EA/20304991\_EA

**\$6**



**RIGHTEOUS GELATO**  
selected varieties, frozen  
473 mL  
21574043\_EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONLY NEW! NY

# EID MUBARAK!

عيد مبارك!

**3<sup>99</sup>**  
LB

**OKRA**  
product of U.S.A.  
8.80 / kg  
20091263001\_KG



**1<sup>99</sup>**  
LB

**GINGER ROOT**  
product of China or  
**LONG EGGPLANT**  
product of Mexico  
4.39 / kg  
20179038001\_KG / 20159013001\_KG

**1<sup>29</sup>**

**BUNCH MINT**  
product of Mexico or Colombia  
20139326001\_EA



**\$2**

**SANTOSH NAAN**  
selected varieties  
5's  
21671462\_EA

**\$18**

**AUSTRALIAN LEAN GROUND LAMB**  
2x350 g  
21682482\_EA



**\$10**

**SUFRA® HALAL CHICKEN STRIPS, NUGGETS, BURGERS or MOZZARELLA STUFFED CHICKEN**  
selected varieties, frozen  
568-840 g  
21179710\_EA



**3<sup>99</sup>**

**SURAJ® GARLIC AND GINGER PASTE 750 g**  
**VEEDA VEGINAISE, CHUTNEY or SPREADS**  
300-500 g  
selected varieties  
21088480\_EA / 21632744\_EA



**8<sup>99</sup>**

**MOTHER'S MAGIC BASMATI RICE**  
4.54 kg  
21190432\_EA



**5<sup>99</sup>**

**SHER BESAN CHANA FLOUR**  
1.81 kg  
20869923\_EA



**11<sup>99</sup>**

**AHEEL VEGETABLE GHEE 2 kg**  
**KRITI GOLD EXTRA VIRGIN OLIVE OIL 750 mL**  
20372876\_EA / 20607119\_EA



**1<sup>29</sup>**

**SURAJ® CANNED BEANS**  
selected varieties  
540 mL  
20540264\_EA



**4<sup>49</sup>**

**SURAJ® DRY BEANS or LENTILS**  
selected varieties  
1.8 kg  
20558757\_EA / 20558867\_EA



**1<sup>99</sup>**

**SHANA PARATHA**  
selected varieties, frozen  
400 g  
20990533001\_EA



**\$2**

**SURATI SNACKS**  
selected varieties  
250/341 g  
2022576003\_EA



**1<sup>50</sup>**

**KURKURE SNACKS**  
selected varieties  
115 g  
20659742\_EA



**\$5**

**AHMAD TEA**  
selected varieties  
200 g  
20784235\_EA





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of *PC Express Pass* for

**\$2/month\***

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- Earn 2% back in (pts) with eligible pickup orders\*\*

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**PASS76**

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\*/\*\*Offer valid until May 20, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.



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## STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)\*



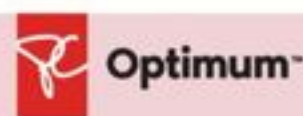
\*Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

ONE OF PC

## App exclusive offer

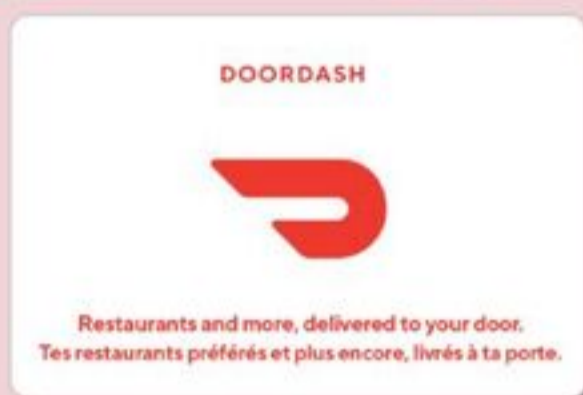


May 7 - 13, 2026

Earn  
**10,000**  
pts

That's  
**\$10**  
value

for every \$100\* spent on any combination of DoorDash and PlayStation Store gift cards.



\* Offer valid in-store only. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on DoorDash and PlayStation Store gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.

# More days More days More days More days More days More days



More days™



App exclusive mystery offer

## Earn up to 10¢/L in pts

Reveal your exclusive mystery offer in the App, then fuel up at Esso™ or Mobil™ stations!

May 7-10

## MORE WAYS TO SAVE

**NEW  
LOWER  
PRICE**

Enjoy these price drops for longer.

**RAIN  
CHECK  
+ pts**

We'll honour a current deal if we're sold out, and give you 10% back in PC Optimum™ Points.

**LOW  
PRICE.  
ALWAYS.**

Count on low everyday prices.

**FRESH  
GUARANTEE**

If your produce isn't fresh, we'll replace AND refund it.

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