

 **Loblaws**  **Zehrs**  **Independent**
Your Independent Grocer

 Loblaws
CityMarket

 **valu-mart**

WE'RE OPEN!

MONDAY MAY 18TH



**HAPPY
VICTORIA
DAY!**



**CLICK HERE OR
VISIT ONLINE FOR
STORE HOURS**



long weekend starts here

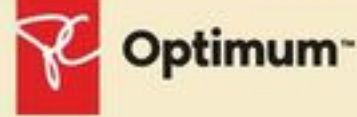
\$10 EA.

EQUIVALENT TO \$1 PER SKEWER

SHRIMP SKEWERS
PLAIN OR MARINATED FROZEN OR PREVIOUSLY FROZEN
10'S
BROCHETTES DE CREVETTES
21687446_EA



App exclusive offer*



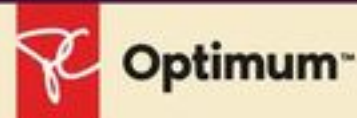
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$20 Get **4,000** pts **\$4** back in points

PC® BURGERS
SELECTED VARIETIES
FROZEN
852 G-1.36 KG
BURGERS PC®
20941230_EA
20941343_EA



App exclusive offer*



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$7 Get **2,000** pts **\$2** back in points

PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
375 G
BACON FUMÉ NATURELLEMENT
PC®
21738736_EA
21738792_EA



SAVE UP TO \$1.99



\$7

MAPLE LEAF NATURAL SELECTIONS, SCHNEIDER'S DELI SLICED MEATS 150-175 G OR **PC® DELI CHEESE SLICES** 140-170 G
SELECTED VARIETIES
CHARCUTERIES TRANCHÉES NATURAL SELECTIONS
MAPLE LEAF, SCHNEIDERS OU TRANCHES DE FROMAGE DE CHARCUTERIE PC®
20216643_EA/20065285_EA



SAVE 98¢ WHEN YOU BUY 2



2/\$7

OR \$3.99 EA.

WONDER HOT DOG OR HAMBURGER BUNS 8/12'S OR **D'ITALIANO CRUSTINI, SAUSAGE OR HAMBURGER BUNS**
420-568 G SELECTED VARIETIES
PAINS À HOT-DOG OU HAMBURGER WONDER OU CRUSTINI, PAINS À SAUCISSE OU HAMBURGER D'ITALIANO
20305135_EA/20627103_EA



SAVE 42%



\$4

PHILADELPHIA CREAM CHEESE OR DIPS 227/250 G, **KRAFT SINGLES** 410 G OR **KRAFT CHEEZ WHIZ** 450 G
SELECTED VARIETIES
20641267_EA
21188654_EA



SAVE UP TO 60%

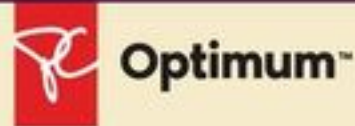
1.99

BULL'S-EYE BBQ SAUCE 425 ML, **DIANA SAUCE** 500 ML OR **KRAFT SALAD DRESSING** 425 ML
SELECTED VARIETIES
SAUCE BBQ
BULLS-EYE, SAUCE DIANA OU VINAIGRETTE
KRAFT
20547834005_EA
21184617_EA/21584850_EA



App exclusive offer*

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

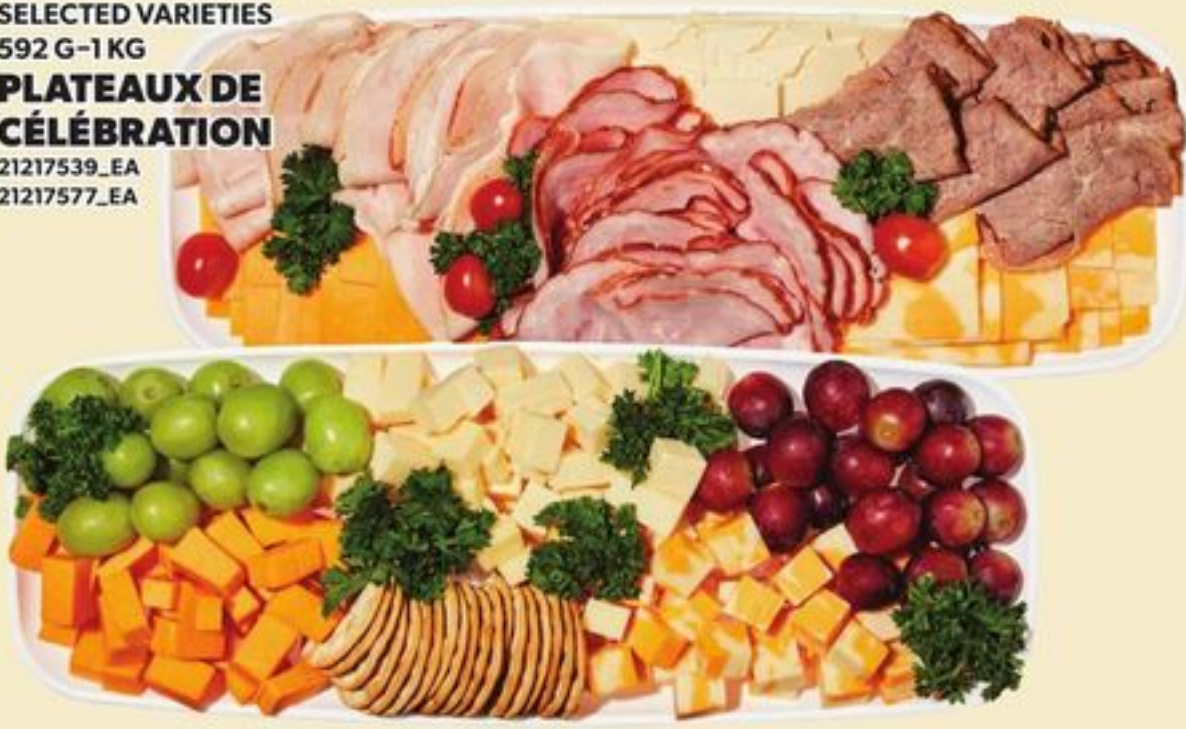


\$30

Get **5,000** pts

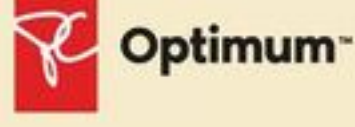
\$5 back in points

PARTY PLATTERS
SELECTED VARIETIES
592 G-1 KG
PLATEAUX DE CÉLÉBRATION
21217539_EA
21217577_EA



App exclusive offer*

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer



\$6

Get **1,500** pts

\$1.50 back in points

BAKED IN-STORE COOKIES
SELECTED VARIETIES
18'S
BISCUITS CUITS EN MAGASIN
21454952_EA
21455101_EA



BAKED IN-STORE

5.50



CHAPMAN'S PREMIUM ICE CREAM OR FROZEN YOGURT OR SORBET 2 L OR SUPER NOVELTIES 6-20'S
SELECTED VARIETIES FROZEN
CRÈME GLACÉE PREMIUM OU YOGOURT GLACÉ OU SORBET OU FRIANDISES GLACÉES SUPER
CHAPMAN'S
2011532_EA
20323573001_EA



\$3



PC® NATURAL SPRING WATER
EAU DE SOURCE NATURELLE PC^{MD}
24X500 ML
20137898_C24



12.99

COCA-COLA OR PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
BOISSONS GAZEUSES COCA-COLA OU PEPSI
20308197001_C24
20306687002_C24



It's here!



Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

HOT PRICE

2.99
LB

AIR CHILLED

PC® WHOLE CHICKEN
AIR CHILLED
6.59/KG
POULET ENTIER PC^{MD}
20089413_KG

HOT PRICE

8.99
LB

4 DAY SALE
THURSDAY, MAY 14TH TO
SUNDAY, MAY 17TH

T-BONE GRILLING STEAK
FAMILY SIZE
CUT FROM MEXICAN BEEF
19.82/KG
BIFTECK D'ALOYAU
À GRILLER
21497212_KG

HOT PRICE

\$3
LB

PORK SIDE RIB
PORTION
6.61/KG
PORTION DE CÔTES
DE FLANC DE PORC
20836871_KG

HOT PRICE

\$10
LB

4 DAY SALE
THURSDAY, MAY 14TH TO
SUNDAY, MAY 17TH

FRESH ATLANTIC
SALMON FILLETS
FAMILY SIZE
22.05/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY
FILET DE SAUMON DE
L'ATLANTIQUE FRAIS
20720065_KG

\$23

LOBSTER TAILS
2-3 OZ, 4'S
FROZEN OR PREVIOUSLY FROZEN
QUEUES DE HOMARD
21240991_EA

\$3

FARMER'S MARKETTM
ENGLISH CUCUMBERS
3'S, PRODUCT OF ONTARIO OR
LARGE CANTALOUPE
EA., PRODUCT OF GUATEMALA
OR HONDURAS
CONCOMBRES ANGLAIS
DÉLICIES DU MARCHÉ^{PC}
OU GROS CANTALOUPE
20828451001_EA
20167077001_EA

SAVE 50%

3.50



PC® GREENHOUSE
GROWN STRAWBERRIES
PRODUCT OF CANADA,
NO. 1 GRADE
340 G
FRAISES DE SERRE PC^{MD}
21027142001_EA



EQUIVALENT TO
\$5.75
PER TAIL



EQUIVALENT TO
\$1
EACH



\$23

PC® BLACK TIGER
SHRIMP WITH MILD
COCKTAIL SAUCE
FROZEN
568 G
CREVETTES TIGRÉES
NOIRES AVEC SAUCE
COCKTAIL DOUCE PC^{MD}
20979150_EA

\$8

PC® OR BLUE
MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
770 G-1.13 KG
PLATS CUISINÉS
PC^{MD} OU MENU
BLEU^{MD}
20326534_EA
21359210_EA

SAVE
UP TO \$2

\$5

WOOD FIRED
Pepperoni
CUITE AU FEU
DE BOIS

DR. OETKER
GIUSEPPE PIZZERIA
RISING CRUST
OR **THIN CRUST**
PIZZA 480-785 G OR
PC® WOOD-FIRED
PIZZA 366-413 G
SELECTED VARIETIES
FROZEN
PIZZA LÈVE-AU-
FOUR PIZZERIA
GIUSEPPE OU
PIZZA À CROÛTE
MINCE DR. OETKER
OU PIZZA CUITE AU
FEU DE BOIS PC^{MD}
21106361_EA/215440352_EA

\$12

MEDJOOL DATES
PRODUCT OF U.S.A.
2 LB TUB
*SELECTION MAY VARY
BY STORE
DATTES MEDJOOL
20001686_EA

SAVE
33%

2.50

PREGO PASTA
SAUCE
SELECTED VARIETIES
645 ML
SAUCE POUR
PÂTES PREGO
20325820001_EA
21340384_EA

Member Price
\$20

Non-Member Price
\$28

Members save
\$8

TIDE LAUNDRY
DETERGENT 3.46-3.9 L,
TIDE POWER PODS OR
GAIN SUPER FLINGS
45'S, **TIDE PODS OR**
GAIN FLINGS 57-76'S
SELECTED VARIETIES
DÉTERGENT À LESSIVE
TIDE, POWER PODS
TIDE OU SUPER FLINGS
GAIN, PODS TIDE OU
FLINGS GAIN
21579830_EA
21593670_EA



5 days only Thursday May 14th-Monday May 18th

For every
\$100
spent in the
Garden Centre

Get
20,000
pts

\$20
back in
points



Flyer prices effective from Thursday, May 14th to Wednesday, May 20th, 2026. SEE BACK PAGE FOR DETAILS.

Optimum™

App exclusive offer
Open your PC Optimum™ app or visit pc optimum.ca to get the offer

Get **10,000** pts
back in points

for every \$50* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

\$27

GOODNITES NIGHTTIME BEDWETTING UNDERWEAR
SIZES XS-XL, 28-44" S OR
PAMPERS NINJAM NIGHTTIME UNDERWEAR SIZE S/M, 44"
SELECTED VARIETIES
SOUS-VÊTEMENTS DE NUIT GOODNITES OU SOUS-VÊTEMENTS DE NUIT NINJAMAS
PAMPERS TAILLE
20963841_EA
21308932_EA

LIMIT 4 AFTER LIMIT 31.99 EA.

\$35

PAMPERS SWADDLERS CRUISERS 360 OR BABY DRY ULTRA DIAPERS
SELECTED VARIETIES
SIZES 3-7, 66-138" S
COUCHES SWADDLERS CRUISERS 360 OU BABY DRY ULTRA PAMPERS
21551525_EA
21927503_EA

50% MORE DIAPERS PLUS DE COUCHES

LIMIT 6 AFTER LIMIT 39.99 EA.

4/\$5
OR \$1.49 EA.

PC® ORGANICS BABY FOOD POUCHES
SELECTED VARIETIES
PREPARED IN CANADA
128 G/ML
ALIMENTS POUR BÉBÉS EN SACHET PC® BIOLOGIQUE
20651248002_EA
20651270003_EA

6+ MONTHS

\$6

LACTANTIA BUTTER 454 G OR PC® SHREDDED CHEESE 250-320 G OR PC® CHEESE BARS 300-400 G
SELECTED VARIETIES
BEURRE LACTANTIA OU FROMAGE RÂPÉ PCMD OU BARRES DE FROMAGE PC®
20639926_EA
21060183_EA

PREPARED IN CANADA

TRIPLE CHEDDAR
CHEESE BLEND
MÉLANGE DE FROMAGES

LACTANTIA
COUNTRY CHURNED BUTTER
SALTED
454 g

DEAL DROP

Limited-time deals on PC® home & more.

FROM \$21
\$21-30

LIMIT 4 AFTER LIMIT \$42-60 EA. WHILE SUPPLIES LAST

PC® HONEYCOMB 10" OR 12" SKILLETS OR 13.3" WOK POÊLONS OU WOK EN NID D'ABEILLE PC®
21339634_EA
21492019_EA
21492022_EA

selection may vary by store

3.50

LAY'S POTATO CHIPS
SELECTED VARIETIES
177-235 G
CROUSTILLES LAY'S
21241032_EA
21664543_EA

3.50

CHRISTIE COOKIES
SELECTED VARIETIES
224-303 G
BISCUITS CHRISTIE
21358407_EA
21361508_EA

App exclusive offer
*Open your PC Optimum™ app or visit pc optimum.ca to get the offer

Get **6,000** pts when you spend \$15* or more on

\$6 back in points

REESE'S BRANDED PRODUCTS
SELECTED VARIETIES AND SIZES
PRODUITS DE MARQUE REESE'S
21651701_EA
21104053_EA
21702133_EA

2.25

NEILSON CHOCOLATE MILK
SELECTED VARIETIES
1 L
LAIT AU CHOCOLAT NEILSON
20062332001_EA
20650656_EA

PREPARED IN CANADA

7.50

ACTIVIA PROBIOTIC YOGURT 12X100 G OR 1.14 KG OR SIGGI'S SKYR YOGURT 650/750 G
SELECTED VARIETIES
YOGURT AUX PROBIOTIQUES ACTIVIA OU YOGURT SKYR SIGGI'S
20303412001_EA
21353874_EA

PREPARED IN CANADA

\$5

HÄAGEN-DAZS 414-450 ML OR BARS 3/4" S OR NESTLE DRUMSTICK 4" S
SELECTED VARIETIES
FROZEN
DESSERT GLACÉ OU BARRES HÄAGEN-DAZS OU DRUMSTICK NESTLÉ
20322380001_EA
21513578_EA

\$6

BONNE MAMAN FRUIT JAM OR CURD 250-280 ML/360 G, HAZELNUT AND COCOA SPREAD 250 G OR CORA CREPE MIX 700 G
SELECTED VARIETIES
CONFITURE DE FRUITS OU CRÈME, TARTINADE NOISETTES ET CACAO BONNE MAMAN OU MÉLANGE À CRÊPES CORA
21450798_EA
21456024_EA

\$2

DELVERDE PASTA
SELECTED VARIETIES
250/450 G
PÂTES DELVERDE
20317975004_EA
20317975007_EA

\$7

MINUTE RICE LONG GRAIN OR BROWN RICE
SELECTED VARIETIES
1.2/1.4 KG
RIZ À LONG GRAIN OU BRUN MINUTE RICE
20074783001_EA
20074783002_EA

\$7

NO NAME® VEGETABLES CLUB SIZE 2 KG OR BLUEWATER SEAFOODS BATTERED FILLETS, FISH STICKS OR POPCORN SHRIMP 325-600 G
SELECTED VARIETIES
FROZEN
LÉGUMES SANS NOM CLUB SIZE - FORMAT CLUB
FORMAT CLUB OU FILETS EN PÂTE, BÂTONNETS DE POISSON OU CREVETTES POPCORN BLUEWATER verts SEAFOODS
20174632_EA
20319825_EA
20310745004_EA

2/5.50
OR \$3.50 EA.

QUAKER DIPPS OR CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
BARRES GRANOLA DIPPS OU CHEWY QUAKER
20846816_EA
21359382_EA

2/\$7
OR \$5 EA.

HUMPTY DUMPTY OR OLD DUTCH POTATO CHIPS OR PARTY MIXES
SELECTED VARIETIES
CROUSTILLES OU MÉLANGES FIESTA HUMPTY DUMPTY OU OLD DUTCH
200-290 G
21445100_EA
21367541_EA

3.25

CHRISTIE CRISPERS OR BITS & BITES
SELECTED VARIETIES
145 G
CRISPERS OU MÉLI-MÉLO CHRISTIE
21358333_EA
21395350_EA

Member Price \$6
Non-Member Price \$10
Members save \$4

PC® DEALCOHOLIZED LAGER BEER
SELECTED VARIETIES
12X355 ML
BIÈRE DÉALCOOLISÉE PC®
20121729_C12
20225253_C12

SAVE UP TO 54%

\$14

CASHMERE BATHROOM TISSUE 20-60 ROLLS OR SPONGETOWELS PAPER TOWELS 6-12 ROLLS OR SCOTTIES FACIAL TISSUE 12'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE CASHMERE ROULEAUX OU ESSUIE-TOUIT SPONGETOWELS OU MOUCHOIRS SCOTTIES
21188655_EA
21677740_EA
21371391_EA

PREPARED IN CANADA

Independent CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer™ locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** * /™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. ® /™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pc optimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from May 14 - June 24, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK



freshness you can taste

FRESH PROMISE

If it's not fresh, it's free.*
 *Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$7 LB/EA.

RED CHERRIES
 PRODUCT OF U.S.A., NO. 1 GRADE \$7 LB 15.43/KG OR
JUMBO HONEYDEW MELONS PRODUCT OF GUATEMALA, HONDURAS OR MEXICO \$7 EA.
CERISES ROUGES OU MELONS MIEL GÉANTS
 2015969001_EA
 20045276001_EA



\$5

PC® LUSCIOUS LOVELIES STRAWBERRY TOMATOES 340 G OR
PC® BALANCIA MID SIZE TOMATOES ON THE VINE 340 G
 PRODUCT OF CANADA
TOMATES STYLE FRAISES EN GRAPPES
SUCCULENTES BEAUTES
BEAUTÉS OU TOMATES MOYENNES BALANCIA EN GRAPPES PC^{MD}
 21720704001_EA
 21720716001_EA




5.50

FARMER'S MARKET™ CORN 4'S, PRODUCT OF U.S.A. OR GREENHOUSE PEPPERS 3'S PRODUCT OF ONTARIO
MAÏS OU POIVRONS DE SERRE DÉLICÉS DU MARCHÉ^{MC}
 20348977001_EA
 20085851001_EA



\$3 EA./LB

BROCCOLI CROWNS \$3 OR **SHANGHAI BOK CHOY** \$3 LB 6.61/KG
 PRODUCT OF MEXICO OR U.S.A.
COURONNES DE BROCCOLI OU PAK-CHOÏ SHANGHAI
 21121560001_EA
 20032454001_EA



3/4 **98**

OR \$2 EA.

ATAULFO OR RED MANGO
 PRODUCT OF MEXICO
MANGUE ATAULFO OU ROUGE
 20121509001_EA
 20059635001_EA



\$9

RÉSERVE BLACKBERRIES
 PRODUCT OF MEXICO
 10 OZ
MÛRES RÉSERVE
 21724952001_EA



\$6

FARMER'S MARKET™ RUSSET POTATOES
 PRODUCT OF CANADA
 CANADA NO. 1 GRADE
 10 LB BAG
POMMES DE TERRE ROUGES OU RUSSET DÉLICÉS DU MARCHÉ^{MC}
 20601020001_EA



\$5

FARMER'S MARKET™ LEMONS 2 LB, PRODUCT OF SOUTH AFRICA OR U.S.A. OR
RASPBERRIES HALF PINT
 PRODUCT OF MEXICO OR U.S.A.
CITRONS OU FRAMBOISES DÉLICÉS DU MARCHÉ^{MC}
 20795315001_EA
 20128938001_EA



\$20

LARGE VEGETABLE OR FRUIT PLATTER
 PREPARED IN-STORE
 1.34-1.87 KG
GROS PLATEAU DE LÉGUMES OU FRUITS
 20081718_EA
 20121599_EA



bouquets, bunches and blooms

\$25

SIGNATURE GIFT BOUQUET
 EACH
BOUQUET-CADEAU SIGNATURE
 21436377_EA



\$28

5 INCH ORCHID EACH
ORCHIDÉE 5 PO
 21664246_EA



\$10

FARM TO TABLE BOUQUET
 EACH
BOUQUET DE LA FERME À LA TABLE
 21729159_EA



feeling protein power-fuel

8.50

GRASS FED EXTRA LEAN GROUND BEEF
 450 G
BŒUF HACHÉ EXTRA-MAIGRE FRAÏS NOURRI À L'HERBE
 21675592_EA



\$7 LB

PREPARED IN-STORE

PORK SAUSAGES
 SELECTED VARIETIES
 15.43/KG
SAUCISSES DE PORC FRAÎCHES
 21451702_KG
 21451708_KG



\$9

PC® BLUE MENU® GROUND CHICKEN OR MINCED TURKEY
 454 G
POULET HACHÉ OU HACHIS DE DINDE
PC^{MD} MENU BLEU^{MD}
 21100091_EA
 21100092_EA



\$9 LB

PREPARED IN-STORE

MEDIUM GROUND BEEF BURGERS
 SELECTED VARIETIES
 19.84/KG
BURGERS DE BŒUF HACHÉ MI-MAIGRE
 21550474_KG



3.99

PREPARED IN CANADA

MAPLE LEAF TOP DOGS OR SCHNEIDERS RED HOTS WIENERS
 SELECTED VARIETIES
 375 G
TOP DOGS MAPLE LEAF OU SAUCISSES FUMÉES RED HOTS SCHNEIDERS
 20602429_EA
 21093477_EA



\$13

JANES CRISPY TENDERS
 SELECTED VARIETIES, FROZEN
 710 G
FILES CROUSTILLANTS JANES
 21703584_EA
 21703608_EA



find your catch in seafood

12.99

PC® GRILLING RAW SHRIMP SKEWERS
 LIME AND CHILI OR MANGO AND CALAMANSI CITRUS
 FROZEN
 360 G
BROCHETTES DE CREVETTES CRUES À GRILLER
PC^{MD} LIME ET CHILI OU MANGUE ET CALAMONDIN
 21283307_EA/21517019_EA



\$16

PC® THE ULTIMATE ATLANTIC SALMON BURGERS
 FROZEN
 500 G
BURGERS DE SAUMON DE L'ATLANTIQUE LES FABULEUX PC^{MD}
 21638144_EA



SAVE 33%

\$4

CANADIAN SEAFOOD

ATLANTIC SALMON PORTIONS
 SELECTED VARIETIES
 113-122 G
PORTIONS DE SAUMON DE L'ATLANTIQUE
 20948216_EA
 21018776_EA



bakery deals rising daily

\$3.50 **Get 2,000 pts** **\$2 back in points**

When you buy 2

JUMBO HAMBURGER OR HOT DOG BUNS
SELECTED VARIETIES
8'S
PAINS À HAMBURGER OU HOT DOG GÉANTS
20711614_EA
20711617_EA

BAKED IN-STORE

5.50 **BAKED IN-STORE**

CHEESE SWIRL BUNS 4'S OR CHEESE STICKS 6'S
PETITS PAINS TOURBILLONS AU FROMAGE OU BÂTONNETS AU FROMAGE
20742704_EA
20745112_EA

7.50 **PREPARED IN-STORE**

SINGLE LAYER CAKES
SELECTED VARIETIES
EACH
GÂTEAUX UN ÉTAGE
21093577_EA
21093578_EA

\$12

PC® CREAM PIES
SELECTED VARIETIES, FROZEN
730 G
TARTES À LA CRÈME
PC^{MD}
21566299_EA

COCONUT CREAM PIE TARTE À LA CRÈME DE NOIX DE COCO
KEY LIME PIE TARTE À LA LIMETTE

\$5 **PREPARED IN CANADA**

FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES
4'S
MUFFINS DÉLICÉS DU MARCHÉ
21639357_EA
21639320_EA

BLUEBERRY BLEUETS

\$6 **PREPARED IN-STORE**

PREPARED IN-STORE CÉLÉBRATION CUPCAKES
CHOCOLATE OR WHITE
6'S
PETITS GÂTEAUX DE CÉLÉBRATION PRÉPARÉ EN MAGASIN
20379763_EA
20592676_EA

\$4

KING'S HAWAIIAN ROLLS
SELECTED VARIETIES
340 G
PETITS PAINS KING'S HAWAIIAN
21475970_EA
21489831_EA

\$5

FURLANI TEXAS TOAST 640 G, GARLIC BREADSTICKS 660 G OR GARLIC KNOTS 296 G OR LA FOURNÉE DORÉE SLICED BRIOCHE BREAD 500 G
SELECTED VARIETIES
TOAST STYLE TEXAS FURLANI, BÂTONNETS À L'AIL OU NŒUDS À L'AIL OU PAIN BRIOCHÉ TRANCHÉ LA FOURNÉE DORÉE
20978205_EA
21048246_EA

SAVE \$1.08 WHEN YOU BUY 2 **PREPARED IN CANADA**

2/7.50 OR \$4.29 EA.

COUNTRY HARVEST BAGELS 450 G OR D'ITALIANO GUSTO! BAGELS 540 G
SELECTED VARIETIES
BAGELS COUNTRY HARVEST OU BAGELS GUSTO! D'ITALIANO
21178546_EA
21577054_EA

\$8 **PREPARED IN CANADA**

BALDERSON CHEDDAR 250/280 G OR GOUDA 170/200 G
SELECTED VARIETIES
CHEDDAR OU GOUDA BALDERSON
21495455_EA
21495458_EA

EXTRA OLD CHEDDAR EXTRA-FORT
SMOKED - FUMÉ GOUDA

in the mood for deli-cious

\$7 **PREPARED IN CANADA**

BOURSIIN SOFT CHEESE 150 G OR PC® BRIE 165-200 G
SELECTED VARIETIES
FROMAGE À PÂTE MOLLE BOURSIIN OU BRIE PC^{MD}
20787327_EA
20116794_EA

DOUBLE CREAM/CRÈME BRIE
Boursin AIL & FINES HERBES GARLIC & FINE HERBS
150 g

SIKORSKI SERVICE CASE BBQ SAUSAGE SAUCISSES BARBECUE SIKORSKI DU COMPTOIR DE SERVICE
20996146_KG
20995534_KG

\$12 **PREPARED IN CANADA**

PC® CHICKEN BREAST STRIPS 375 G
LANIÈRES DE POULET PC^{MD}
20786418_EA

CHICKEN BREAST STRIPS LANIÈRES DE POULTRINE DE POULET

Member Price \$8 **Non-Member Price \$12** **Members save \$4**

SCHNEIDERS PEPPERETTES
SELECTED VARIETIES
225-375 G
PEPPERETTES SCHNEIDERS
21738537_EA
21738540_EA

PREPARED IN CANADA

Get 3,000 pts **\$3 back in points**

for every \$12* spent on

SNACK FACTORY PRETZEL CRISPS
200 G OR CHOCOLATE PRETZELS 155 G
PRETZEL CRISPS OU BRETZELS AU CHOCOLAT SNACK FACTORY
21576333_EA
21676303_EA

on the run, we got you

\$30 **Get 5,000 pts** **\$5 back in points**

30 PIECE WINGS & WEDGES BUCKET 1.2 KG
SEAU DE 30 MORCEAUX D'AILES ET POMMES DE TERRE EN QUARTIERS
21541872_EA
21541872_EA

SERVES 6

App exclusive offer* **Optimum**

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

FROM \$9 **Get 3,000 pts** **\$3 back in points**

12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
510-739 G
PIZZA 12 PO GUÏRE À LA MAISON
21456415_EA
21456401_EA

PREPARED IN-STORE

\$16 **SERVES 4**

IN-STORE PREPARED ONE PAN FAMILY MEALS
440-960 G
REPAS FAMILIAUX EN UN PLAT PRÉPARÉ EN MAGASIN
21738484_EA
21738486_EA

BUY ONE (1) GET ONE (1) 50% OFF

MEDIUM PREMIUM SALADS
SELECTED VARIETIES
330 G
SALADES DE QUALITÉ SUPÉRIEURE, FORMAT MOYEN
21608061_EA
FOR \$8

\$55-65

SANDWICH OR WRAP PLATTERS
PREPARED IN-STORE
1.23-3.4 KG
PLATEAUX DE SANDWICHES OU ROULÉS
21558215_EA

\$35 **SERVES 6-8**

BENTO KAZOKU PLATTER
53 PIECES
REQUIRES 24 HOUR NOTICE
PLATEAU KAZOKU BENTO
21637774_EA

MAY

**HIT
OF THE
MONTH**

**LIMIT 6
AFTER LIMIT
\$3 EA.**



\$2²⁵

**TAKI'S ROLLED
TORTILLA CHIPS**
SELECTED VARIETIES
260-280 G
21602195_EA
21715466_EA

**LIMIT 6
AFTER LIMIT
\$4 EA.**



\$3

**KRAFT MIRACLE
WHIP SPREAD**
SELECTED VARIETIES
650/890 ML
20298681001_EA

**LIMIT 6
AFTER LIMIT
2.50 EA.**



\$1⁸⁸

**MARCANGELO
CHICKEN OR
PORK SOUVLAKI**
SELECTED VARIETIES
2'S, 120 G
20902208_EA
21095022_EA

**LIMIT 6
AFTER LIMIT
\$5.99 EA.**



\$4

**HEAD MEN'S OR
WOMEN'S SOCKS**
3'S
21721517_EA
21721507_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
* Must be a registered PC Optimum® member to get this offer.
Valid from May 1 - 31, 2026. While quantities last. See in-store for details.

Big flavours, small prices

It's here!



SHOP NOW

App exclusive offer*
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Optimum™

\$5 Get **1,000** pts **\$1** back in points

PC® ICE CREAM SHOP ICE CREAM
SELECTED VARIETIES, FROZEN
946 ML
21706621_EA
21706641_EA



App exclusive offer*
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Optimum™

\$5 Get **1,000** pts **\$1** back in points

PC® FLATBREAD
338-395 G OR **FOCACCIA** 415-456 G
SELECTED VARIETIES, FROZEN
21013450_EA
21013452_EA



App exclusive offer*
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Optimum™

\$7 Get **1,500** pts **\$1.50** back in points

PC® CHOPPED SALAD KITS
SELECTED VARIETIES
PRODUCT OF U.S.A.
282-396 G
21731867_EA
21731822_EA



3⁵⁰

PC® ELOTE STREET CORN DIP
200 G
21706608_EA



\$8

PC® BLUEBERRIES
PRODUCT OF MEXICO, PERU OR MOROCCO
9.8 OZ
20573077_EA



\$7



PC® AXIANY TOMATOES
567 G OR MIXIANY TOMATOES 340 G
PRODUCT OF CANADA
21634164001_EA
21720721001_EA



\$18

PC® THE HEAT CHASER CHEDDAR JALAPEÑO BEEF BURGERS
FROZEN
852 G
21714070_EA



\$12

PC® JERK CHICKEN BURGERS
FROZEN
852 G
21714192_EA



5⁹⁹

PC® NATURALLY SMOKED CHICKEN SAUSAGES
SELECTED VARIETIES
375 G
21731918_EA
21732133_EA



5⁵⁰

PC® SWEET WITH HEAT™ MANGO SALSA
350 G
21646968_EA



\$9

PC® COTIJA MEXICAN STYLE CHEESE
290 G
21707616_EA



\$5

PC® ASIAN ENTRÉES OR SOUPS
SELECTED VARIETIES, FROZEN
300 G
21565996_EA



4⁵⁰

PC® M'AQUAS COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES
6X355 ML
21590669_C06



5⁷⁵



PC® BLUE MENU® OR PC® SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21747415_C12
21747404_C12



\$5

PC® LOADS OF BARS
SELECTED VARIETIES
FROZEN
4'S
21575391_EA
21707047_EA



4⁵⁰

PC® BLACK LABEL ICE CREAM
SELECTED VARIETIES
FROZEN
500 ML
21648724_EA

