

WST ZONE 1

**IGA**

Hometown Proud 

Locally OWNED & OPERATED BY **PROUD CANADIANS** 



COMPLIMENTS AIR-CHILLED Family Size Boneless Skinless Chicken Breasts 15.41/kg

**6<sup>99</sup>** /lb

Happy   
**MOTHER'S DAY** SUNDAY, MAY 10

Family Size Fresh Atlantic Salmon Fillets

**2<sup>99</sup>** /100 g



BUY 1 AT \$4.99  
BUY 2 OR MORE  
**3<sup>99</sup>** ea  
SCHNEIDERS Original Wieners, MAPLE LEAF Top Dogs Wieners or THE CANADIAN BUTCHER Bacon 375 g



BUY 1 AT \$26.99  
BUY 2 OR MORE  
**24<sup>99</sup>** ea

GROWN IN ALBERTA OR BRITISH COLUMBIA Premium Annuals Hanging Basket 11"

MEMBERS SAVE \$1  
**1<sup>99</sup>** MEMBER PRICE

COMPLIMENTS Garden Salad 340 g or Coleslaw 397 g product of USA

**2<sup>99</sup>** without Scene+ Card



**3<sup>99</sup>**

PRODUCT OF CANADA COMPLIMENTS Potatoes Canada no 1 assorted 5 lb



**200** PTS when you buy 1

**23<sup>99</sup>**

Premium Roses grown in Ecuador dozen assorted



**21<sup>99</sup>**

Chocolate Fudge Dessert Cake 1.4 kg



**5<sup>97</sup>** CRACKER BARREL Cheese 340-400 g or Shreds 250-320 g



**\$3**

COMPLIMENTS Spring Water 24x500 mL



**8<sup>99</sup>**

LINDT Lindor Box 60 g while supplies last



**5<sup>47</sup>** KELLOGG'S Family Size Cereal 450-650 g, GENERAL MILLS Family Size Cereal 516-778 g or COMPLIMENTS Bagged Cereal 400-794 g



**100** PTS when you buy 2  
**4<sup>97</sup>** HEINZ Ketchup 750 mL-1 L or Picnic Pack 3 pk 375 mL or KRAFT Miracle Whip or Mayonnaise 650-890 mL



**4<sup>94</sup>** NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L or Drumstick or Selected Premium Novelties 4-10 pk

Scene **GIVE & GET**



May 7 - 13, 2026  
See page 3 for details

BUY \$150 IN IGA GIFT CARDS & GET

**1,000** PTS

That's like \$10 toward your groceries in Scene+ points

SCAN HERE FOR OUR DIGITAL FLYER  
Products may not be available at all locations



west.iga.ca

MAY 2026 PRICES EFFECTIVE FROM MAY 7-13  
THUR 7 FRI 8 SAT 9 SUN 10 MON 11 TUE 12 WED 13



**3<sup>99</sup>**  
/lb

**Family Size Pork Shoulder Blade Steaks**  
cut in-store by your local meat expert 8.80/kg

**Inside Round Roasts or Steaks** cut by your meat expert from Canada AAA grade beef 22.02/kg

**9<sup>99</sup>**  
/lb



**GET 10% OFF BEEF**

When you buy 2 or more of the same cut



**Bulk Corn**  
product of USA

**88¢**



**Ataulfo Mangoes**  
product of Mexico

**2/\$4**

**100 PTS**  
when you buy 3

**LARGE**



*Perfect* **MOTHER'S DAY BRUNCH**



**8<sup>99</sup>**

**FLOURISH Pancake Mix 430 g or PANACHE Amber Rich Maple Syrup 500 mL**



**200 PTS**  
when you buy 5

**\$2**

**Handheld Savoury Pastries** spinach & feta, bacon & egg or other select varieties 76-95 g available chilled



**MEMBERS SAVE \$2**  
**10<sup>99</sup>**  
MEMBER PRICING

**12<sup>99</sup>** without Scene+ Card

**MCCAFE or STARBUCKS Roast & Ground Coffee 290-340 g or KEURIG® Compatible Single Serve Pods 10-12 pk**



**200 PTS**  
when you buy 2

**6<sup>99</sup>**

**COMPLIMENTS Brie 200 g or Camembert 170 g**

**BUY 2, GET 3<sup>RD</sup> FREE**  
of equal or lesser value

**COMPLIMENTS Muffins** 4-6 pk 400-600 g, Pies 650-750 g or Tarts 510 g

**Scene+ BIG BONUS**

That's like **\$2** toward your groceries

**200 PTS**  
when you buy 3

**3<sup>49</sup>**

**DEMPSTER'S Bagels 5-6 pk** (excludes Protein Bagels)



**5<sup>49</sup>**

**COMPLIMENTS Salted Butter 454 g**

**5<sup>99</sup>**

**COMPLIMENTS Honey 500 g or SMUCKER'S Pure Strawberry Jam 310-500 mL**



**ALBERTA**  
Banff IGA 318 Marten Street, Banff, AB  
Beaverlodge IGA 1040 - 1st Avenue, Beaverlodge, AB  
Blackfalds IGA 6005 Parkwood Road, Blackfalds, AB  
Blairmore IGA 11001 - 20 Ave - Crownsnest Mall, Blairmore, AB  
Claresholm IGA 4920 - 1 Street West, Claresholm, AB  
Devon IGA 51 Superior Street, Devon, AB  
Drayton Valley IGA 4341 - 50 Street, Drayton Valley, AB  
Eastview IGA 3839 - 40 Avenue, Red Deer, AB  
Foodland IGA 302 Maple Avenue SE, Medicine Hat, AB

Lakeview IGA 6449 Crowchild Trail S.W., Calgary, AB  
Penhold IGA 1350 Robinson Avenue, Penhold, AB  
Provost IGA 5003 - 50 Avenue, Provost, AB  
Redwater IGA 5028 - 49 Avenue, Redwater, AB  
Spirit River IGA 4804 - 50 Street, Spirit River, AB  
Taber IGA 5112 - 48 Avenue, Taber, AB  
Three Hills IGA 119 - 4 Avenue N, Three Hills, AB  
Three Sisters Parkway IGA 300 Cascade Drive, Camrose, AB  
Tofield IGA 4902 - 51 Avenue, Tofield, AB  
Whitcourt IGA 4802 - 51 Street, Whitcourt, AB

**BRITISH COLUMBIA**  
Chetwynd IGA 5001 - 50 Avenue, Chetwynd, BC  
Fort Nelson IGA 4823 - 50 Avenue, Fort Nelson, BC  
Golden IGA 624-9 Avenue North, Golden, BC

**SASKATCHEWAN**  
Emerald Park IGA 20E Great Plains Road, Emerald Park, SK  
Save-U IGA 209 - 1st Avenue, Nipawin, SK

**ONTARIO**  
Red Lake IGA Highway 105 & Discovery Rd, Red Lake, ON

**MANITOBA**  
Altona IGA 2nd Street NE, Altona, MB  
Main Street IGA 1650 Main Street, Winnipeg, MB  
Russell IGA 154 Main Street, Russell, MB  
Ste. Rose IGA 608 Central Avenue, Ste. Rose Du Lac, MB  
Windsor Park IGA 650 Elizabeth Rd, Winnipeg, MB

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From fuel ups to free groceries,  
make every route Scenic.



Scene 

Learn more [here.](#)



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Conditions and limits apply. See [Sceneplus.ca/terms-and-conditions](https://Sceneplus.ca/terms-and-conditions).

**100% FRESH** *guarantee\**

Storewide satisfaction or your money back.



**MEMBERS SAVE 30¢**  
**3.99**  
MEMBER PRICE  
**4.29** without Scene+ Card

**PRODUCT OF WESTERN CANADA**  
Mini Seedless Cucumbers 6 pk Canada no 1 grade



**680 g**  
**8.99**

**COMPLIMENTS**  
Grape Tomatoes 680 g product of Western Canada or Mexico



**3 PK**  
**4.99**

**Romaine Hearts** 3 pk product of USA or Mexico



**2.49** /lb

**Sweet Potatoes** product of USA no 1 grade 5.49/kg



**4.77** /lb

**Extra Large Black or Red Grapes** product of Chile 10.52/kg



**Prepared FRESH**  
**11.99**

**Prepared Fresh Daily Fruit or Vegetable Carousels** 900 g-1.3 kg



**LARGE**  
**4.99**

**Pomegranates** product of Peru



**100 PTS** when you buy 2  
**6.99**

**COMPLIMENTS** Oranges 1.36 kg 3 lb bag product of Egypt

**CELEBRATE MOM**

Available at most stores



**STARTING AT**  
**16.99**

**Phalaenopsis Orchids in Ceramic** assorted sizes and colours



**STARTING AT**  
**16.99**

**Seasonal Mother's Day Bouquets** assorted colours and sizes selection may vary by store



**STARTING AT**  
**22.99**

**GROWN IN BRITISH COLUMBIA** Indoor Gardens assorted styles and selection may vary by stores



**STARTING AT**  
**19.99**

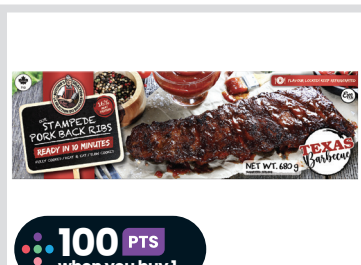
**Beautiful Arrangements For Mom!** assorted styles and selection may vary by store

**MEAT**



**MEMBERS SAVE \$2**  
**10.99**  
MEMBER PRICE  
**12.99** without Scene+ Card

**JANES Boxed and Breaded Poultry** 660-700 g selected



**100 PTS** when you buy 1  
**12.99**

**BUTCHER'S SELECTION** Stampede Ribs 680 g

**GET 10% OFF BEEF**  
WHEN YOU BUY 2 OR MORE OF THE SAME CUT



**29.99** /lb

**Rib Eye Steaks** cut by your meat expert from Canada AAA grade beef 66.12/kg



**7.99** /lb

**Pork Back Ribs** 17.61/kg



**15.99**

**COMPLIMENTS** Fully Cooked Shrimp with Cocktail Sauce 680 g



**50 PTS** when you buy 1  
**14.99**

**COMPLIMENTS** Boxed and Breaded Seafood 500-580 g selected



**7.99**

**COMPLIMENTS** Fully Cooked Chicken or Turkey Strips 150-200 g



**4.49** /lb

**COMPLIMENTS** Whole Chicken AIR-CHILLED 9.90/kg

**DELI**

Available at most stores



**MEMBERS SAVE \$1**  
**11.79**  
MEMBER PRICE  
**12.79** without Scene+ Card

**PILLER'S Sliced Deli Meats** club pack 350 g selected



**200 PTS** when you buy 2  
**4.99**

**THE LAUGHING COW** 8 pk 133 g, Dippers 4 pk 140 g or KIRI Portions 144 g selection varies per store



**6.99**

**MONSIEUR GUSTAV** Gouda 170 g selected



**Sliced FRESH**  
**3.49** /100 g

**COMPLIMENTS** Black Forest or Honey Ham

**BAKERY**

Available at most stores



**MEMBERS SAVE \$2**  
**7.99**  
MEMBER PRICE  
**9.99** without Scene+ Card

**Small Bar Cake** made with KitKat® 405 g



**12.99**

**Cheesecake** made with KitKat® 6" 626 g



**BUY 1 AT \$5.49**  
**BUY 2 OR MORE**  
**5.29** ea

**COMPLIMENTS** Naan Dippers 200 g



**100 PTS** when you buy 2  
**5.29**

**ACE BAKERY** Burger Buns 4 pk 296 g

**KITCHEN**

Available at most stores



**MEMBERS SAVE 30¢**  
**4.49**  
MEMBER PRICE  
**4.79** without Scene+ Card

**FONTAINE SANTÉ** Regular Hummus or Dips 250-260 g



**6.49**

**OLIVIERI** Regular or Skillet Gnocchi 280-350 g



**9.99**

**Wonderful** Pistachios No Shells 155-170 g



**MEMBERS SAVE \$4**  
**13.99**  
MEMBER PRICE  
**17.99** without Scene+ Card

**H&H** Thai Honey Mango Signature 1 kg

**2** | Scene+ **1,000 PTS = \$10 OF FREE GROCERIES**

**FROZEN & DAIRY**

**5<sup>99</sup>** COMPLIMENTS Ice Cream 1.5 L selected

**6<sup>99</sup>** RED BARON Pizza 584-665 g

**3<sup>99</sup>** KOZY SHACK Pudding 624 g tub or 4 pk

**100 PTS** when you buy 2  
**3<sup>49</sup>** ea  
COMPLIMENTS Cream Cheese or Spread 227-250 g

**200 PTS** when you buy 4  
**3<sup>99</sup>** SMART ONES Frozen Entrées 241-283 g

**2/\$8** KELLOGG'S Eggo Waffles, French Toast Sticks or Pancakes 270-330 g

**7<sup>99</sup>** HELUVA GOOD! Dip 680 g

**100 PTS** when you buy 2  
**4<sup>49</sup>** GAY LEA Aerosol Whip Cream 225 g

**DRINKS, SNACKS & PANTRY**

**2/9<sup>50</sup>** CHEETOS 170-285 g

**2<sup>99</sup>** **100 PTS** when you buy 2  
COMPLIMENTS Potato Chips Extraa! Flavour 200 g

**6<sup>49</sup>** MR. FREEZE Pops 80 pk, DR. PEPPER or POPSICLE Freeze Pops 48 pk while supplies last

**9<sup>99</sup>** HARIBO Candy 652 g or MAYNARDS Extra-Large Bags 816 g

**100 PTS** when you buy 2  
**7<sup>29</sup>** COMPLIMENTS Sparkling Water 12x355 mL

**BUY 1 AT \$1.79-2.49**  
**BUY 2 OR MORE**  
**1<sup>50</sup>** ea  
PEPSI Soft Drinks, AQUAFINA or MONTELLIER Water 1 L or BRISK Iced Tea 710 mL-1 L

**2<sup>99</sup>** DARE Simple Pleasures or Viva Puffs 300-310 g or VOORTMAN BAKERY Turnovers or Wafers 300 g

**4<sup>99</sup>** CHRISTIE Family Size Crackers 328-454 g

**2/\$5** **100 PTS** when you buy 2  
SUNRYPE Juice 900 mL tetra

**2<sup>99</sup>** KELLOGG'S Nutri-Grain Bars, Rice Krispies Squares, Pop-Tarts or Pastry Crisps selected 125-384 g

**4<sup>99</sup>** MONTANA'S BBQ Sauce 350 mL or HIDDEN VALLEY Salad Dressing 473 mL

**MEMBERS SAVE 30¢**  
**2<sup>99</sup>** MEMBER PRICING  
**3<sup>29</sup>** without Scene+ Card  
COMPLIMENTS Flavoured Mustards 325 mL

**150 PTS** when you buy 2  
**4<sup>99</sup>** GENERAL MILLS Premium or Core Cereal 297-437 g

**7<sup>49</sup>** JIF Peanut Butter 1 kg

**3<sup>49</sup>** ROGERS Icing, Brown or Yellow Sugar 1 kg or COMPLIMENTS Coconut selected 200 g

**4<sup>49</sup>** DEMPSTER'S Whole Grains, Protein or Signature Bread 600 g

**2/\$5** CAMPBELL'S Concentrated Broth 250 mL or Broth 900 mL

**2<sup>99</sup>** CLOVER LEAF Yellowfin Chunk Light Tuna 142 g

**6<sup>49</sup>** QUAKER Muffin or Cookie Mix 750-900 g or Oat Flour 700 g or HERSHEY'S Chipits 200-270 g

**7<sup>99</sup>** TILDA Basmati Rice 907 g or Minute Rice 1.2-1.4 kg

**HOUSEHOLD**

**100 PTS** when you buy 1  
**9<sup>99</sup>** ENERGIZER Max Batteries AAA 4 pk, AA 8 pk or 9V 2 pk

**11<sup>99</sup>** GLAD Waste Bags selected 20-40 pk

**4<sup>99</sup>** **100 PTS** when you buy 2  
CLOROX Clean-Up or All Purpose Cleaners 946 mL or Bathroom Foam 887 mL

**MEMBERS SAVE \$1**  
**18<sup>99</sup>** MEMBER PRICING  
**19<sup>99</sup>** without Scene+ Card  
ARM & HAMMER Hard Clumps Cat Litter 12.7 kg



Receive 1,000 Scene+ Points when you purchase \$150 in IGA Gift Cards. Offer valid from May 7 - May 13, 2026, at all IGA locations in Western Canada. Gift card purchase must be in a single transaction and cannot be combined with other gift card offers. Foodland gift cards cannot be purchased with other Corporate gift cards. No base Scene+ points earned. Offer is valid only on Foodland gift cards. Limit of 5 offers per account number. No coupon is required. Scene+ digital or physical membership card must be presented. Offer subject to change and may be withdrawn without notice. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

**DAIRY & FROZEN**



**4<sup>99</sup>** NATREL Lactose Free Cream 10-35% MF 473 mL L



**4<sup>99</sup>** COFFEE-MATE Creamers 828-946 mL



**5<sup>49</sup>** OLYMPIC Regular Organic, Greek or Krema Yogurt 650 g



**9<sup>99</sup>** KRAFT Singles 825 g



**5<sup>49</sup>** COMPLIMENTS Dough'chi Bites 6 pk selected



**3<sup>79</sup>** CHEEMO Perogies 745-907 g



**3<sup>99</sup>** COMPLIMENTS Lemonade 1.36-1.54 L



**2<sup>99</sup>** COMPLIMENTS 68% Vegetable Oil Margarine 427 g



**6<sup>79</sup>** MCCAIN Deep'n Delicious Cakes 510 g selected



**6<sup>49</sup>** PILLSBURY Pizza Pops 8 pk



**5<sup>69</sup>** HUNGRY-MAN Frozen Dinners or XL Bowls 360-455 g



**13<sup>99</sup>** P.F. CHANG'S Multi Serve Meals 624 g

**DRINKS & SNACKS**



**3<sup>49</sup>** COMPLIMENTS Snacks 265-300 g



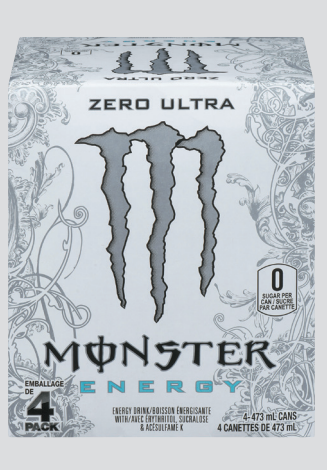
**9<sup>99</sup>** COMPLIMENTS Snack Pub Mix 820 g



**6<sup>49</sup>** FERRERO ROCHER Squares 105 g



**5<sup>99</sup>** DARE Real Fruit Candy 650 g while supplies last



**10<sup>99</sup>** MONSTER, REIGN or BANG Energy Drinks 4x473 mL



**2/4<sup>50</sup>** GATORADE 710 mL



**3<sup>00</sup>** KELLOGG'S Cheez-It Crackers 191-200 g



**4<sup>99</sup>** WALKER'S Shortbread 135-150 g selected or MCVITIE'S Cookies 300-400 g



**13<sup>99</sup>** TIM HORTONS Roast & Ground Coffee 300 g, Single Serve Coffee or Orange Pekoe Tea Cups 12 pk



**9<sup>99</sup>** COMPLIMENTS Roast & Ground Coffee 300 g



**5<sup>49</sup>** OASIS Juice or DEL MONTE Nectar 8x200 mL tetra



**2<sup>99</sup>** QUAKER Dipps or Chewy Granola Bars 120-156 g

**SNACKS & PANTRY**

**4<sup>99</sup>** **KELLOGG'S** Cereal 210-525 g selected (excludes Family Size)

**100 PTS** when you buy 3

**2<sup>19</sup>** **COMPLIMENTS** Pudding Cups 4 pk

**2<sup>99</sup>** **APPLESNAX** Fruit Cups 6 pk

**4<sup>99</sup>** **DEMPSTER'S** Signature Buns 6-12 pk

**BUY 1 AT \$8.29-8.49**  
**BUY 2 OR MORE**

**6<sup>99</sup>** ea

**200 PTS** when you buy 2

**E.D. SMITH** Pie Filling 540 mL selected

**6<sup>49</sup>** **CLUB HOUSE** La Grille Seasonings 65-248 g or Spice Blends 111-203 g selected

**2<sup>99</sup>** **CAMPBELL'S** Chunky Soup 515 mL

**200 PTS** when you buy 2

**3<sup>99</sup>** **COMPLIMENTS** 7" Tortillas 340 g

**4<sup>99</sup>** **FRENCH'S** Ketchup 750 mL

**2<sup>99</sup>** **COMPLIMENTS** Flavoured Mayo or Burger Sauce 300 mL

**2<sup>99</sup>** **HEINZ** Pasta or Beans 398 mL

**1<sup>79</sup>** **COMPLIMENTS** Coconut Milk 400 mL

**NATURAL, HEALTH & HOUSEHOLD**

**5<sup>99</sup>** **KASHI** Granola 311-340 g

**100 PTS** when you buy 2

**200 PTS** when you buy 1

**4<sup>99</sup>** **DAIYA** Cheese Style Shreds, Slices, Blocks or Cream Cheese 170-227 g

**2<sup>75</sup>** **GERBER** Baby Snacks 42-155 g

**2<sup>29</sup>** **LOVE CHILD** Organic Baby Pouches 128 mL

**350 PTS** when you buy 2

**10<sup>99</sup>** **CREST** 3D White Mouthwash or **ORAL-B** Power or Rechargeable Toothbrushes 1-2 pk or 473-946 mL selected

**UP TO 20% OFF**

**BATISTE** Dry Shampoo 200 mL, **CAREFREE** Pads or Liners, **O.B.** Tampons 28-120 pk, **CREST** 3D White Strips or **ORAL-B** Toothbrushes 1-10 pk selected

**300 PTS** when you buy 2

**7<sup>99</sup>** **SOFTSOAP** Liquid Hand Soap Refills 1.47 L selected

**100** SANDWICH BAGS 18.5 cm x 14.9 cm

**20** MEDIUM FREEZER BAGS 17.8 cm x 25.3 cm

**15** LARGE FREEZER BAGS 33.0 cm x 38.1 cm

**2<sup>99</sup>** **COMPLIMENTS** Freezer Bags 15-20 pk or Sandwich Bags 100 pk

**6<sup>99</sup>** **ARM & HAMMER** Laundry Detergent 1.42-1.63 L

**6<sup>99</sup>** **COOKIE PAL** Dog Treats 250-300 g selected

**9/9<sup>99</sup>** **PURINA** Fancy Feast or Friskies Wet Cat Food 85-156 g

**4<sup>49</sup>** **PURINA** Beggin' Bacon Dog Treats 170 g

**PICKED FOR YOU**

*Make it* **SWEET FOR MOTHER'S DAY**



Baked IN-STORE

**100 PTS** when you buy 2

**5<sup>99</sup>**

All Butter Croissants or Pastries  
4 pk 275-400 g



Baked IN-STORE

**5<sup>99</sup>**

**100 PTS** when you buy 2

All Butter Danishes  
4 pk 420 g



**16<sup>99</sup>**

Chocolate Dipped Strawberries  
550 g



MEMBERS SAVE \$5  
**9<sup>99</sup>** MEMBER PRICING

14<sup>99</sup> without Scene+ Card

Single Layer Shortcakes 905-950 g



**9<sup>99</sup>**

Small Pull-Apart Cakes  
365-650 g

Make it special for Mom with powdered sugar, ice cream, or whipped cream



**10<sup>99</sup>**

ALLIE & SARA'S KITCHEN Crepes frozen 540 g

# SWEETS AND TREATS



**300 PTS**  
when you buy 2

**11<sup>99</sup>**

**FERRERO Rocher**  
Chocolate Jewel Box  
200 g



BUY 1 AT \$8.29  
BUY 2 OR MORE  
**5<sup>99</sup>**  
ea

**LINDT Excellence**  
Bars 50-100 g



**300 PTS**  
when you buy 2

**15<sup>49</sup>**

**COMPLIMENTS**  
Milk Chocolate  
Almonds or Raisins  
900 g

**3<sup>49</sup>**

**TOFFIFEE**  
Chocolate 123 g



**2/\$9**

**RUFFLES Potato**  
Chips 180-200 g



**3<sup>79</sup>**

**COMPLIMENTS**  
Popcorn 190-250 g



**100 PTS**  
when you buy 1

**4<sup>99</sup>**

**COMPLIMENTS**  
Exceptional Chocolate  
Chip Cookies 280 g



**2/\$7**

**CARR'S Table Water Crackers**  
125-184 g or BOULANGERIE GRISSOL  
Melba Toast, Canapé or Baguettes  
120-200 g

**11<sup>99</sup>**

**NOZECO Alcohol Free**  
Spritz 750 mL or GUINNESS  
Non-Alcoholic Beer 4x440 mL  
selection may vary by location



**8<sup>99</sup>**

**MAISON PERRIER**  
Sparkling Water  
8x330 mL



**5<sup>49</sup>**

**TWININGS Tea**  
20 pk

# Locals know

# FRESH FLORAL

SELECTION MAY VARY BY STORE



BUY 1 AT \$4.99  
BUY 2 OR MORE  
**4.59**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Annuals assorted varieties  
6 pk

BUY 1 AT \$5.99  
BUY 2 OR MORE  
**5.19**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Premium Annual  
Garden Starters  
assorted varieties 4.3" pot



BUY 1 AT \$4.99  
BUY 2 OR MORE  
**4.59**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Succulents assorted  
3.5"



BUY 1 AT \$3.99  
BUY 2 OR MORE  
**3.59**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Premium Vegetable or Herb or Tomato Plants  
assorted varieties 4" in pot



BUY 1 AT \$26.99  
BUY 2 OR MORE  
**24.99**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Boston Fern  
Hanging Basket 10"



BUY 1 AT \$26.99  
BUY 2 OR MORE  
**24.99**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Premium Annuals Hanging Basket 11"



**36.99**

Patio Rose  
Assorted Colours  
2 gallon pot

BUY 1 AT \$24.99  
BUY 2 OR MORE  
**22.99**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Strawberry  
Hanging Basket 10"



BUY 1 AT \$22.99  
BUY 2 OR MORE  
**19.99**  
ea

GROWN IN BRITISH COLUMBIA or ALBERTA  
Premium Annual Bowl 12"



**\$11**

Dahlia, Hosta,  
Columbine or  
Astilbe 6" in pots

*Locals know*

# LONG WEEKENDS TASTE BETTER TOGETHER

## Beautiful Bites!

Our most popular cheeses cubed for easy nibbling. Mild Cheddar, Provolone, Creamy Havarti, Swiss, and Marble Cheddar.

Small serves 8-10  
Large serves 15-20



**We make it easy!**  
Shop our selection of

# 60+

## MADE-TO-ORDER TRAYS

Ask in-store for full selection.

Get **1,000 PTS**  
When you spend \$75

or

Get **2,500 PTS**  
When you spend \$150 or more

That's like **\$25**  
toward your groceries

*let's start with appies!*



*Family faves everyone will enjoy!*



## Nature's Bounty!

A beautifully presented variety of Fresh Berries, Pineapple, Red and Green Seedless Grapes, Kiwi, Cantaloupe, Watermelon and Honeydew.

Serves 20

## Take the Wrap!

An appetizing assortment of freshly prepared wraps, including Chicken Caesar, Crispy Chicken, Turkey Club, Buffalo Chicken and Seven Grain Veggie.

Small serves 5  
Large serves 10

## Dessert Bars!

Our Hand-Cut Squares are a welcome addition to any table.

Small serves 15  
Large serves 20

**Learn more**

**Order in-store or online today!**

Visit [west.iga.ca/guide-to-entertaining/](http://west.iga.ca/guide-to-entertaining/) for tray selections and ordering tips



Drink in every  
**GOOOOAL**



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**2/4<sup>50</sup>**

**POWERADE® Beverages**  
710 mL



**2/4<sup>50</sup>**

**BODYARMOR Beverages**  
473 mL



**2/\$6**

**GLACÉAU Vitaminwater®**  
Beverages 591 mL



**21<sup>99</sup>**

**POWERADE® Beverages**  
24x591 mL

**Offer valid from May 7<sup>th</sup> to May 13<sup>th</sup>, 2026.**

\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price.

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# WHAT BUILDS YOUR PERFECT GLUTEN-FREE BUNDLE

Promise Gluten Free brings decades of baking expertise to enjoy gluten-free living without compromise! Perfect for everyday enjoyment, our product range makes living gluten free delicious and easy.

- ✓ Real taste and soft texture
- ✓ Wholesome and high in fibre
- ✓ Vegan-friendly options
- ✓ Everyday favourites and indulgent treats
- ✓ Trusted quality



**PROMISE**  
Gluten Free Pitas  
4 pk 248 g



**PROMISE**  
Gluten Free English Muffins  
4 pk 240 g



**PROMISE**  
Gluten Free Muffins 4 pk  
240 g



**PROMISE**  
Gluten Free Loaves 400-480 g

**MIX & MATCH**

Get **100 PTS**  
When you buy 2

OR

Get **300 PTS**  
When you buy 3



**PROMISE**  
Gluten Free Tortillas  
4 pk 168 g



**PROMISE**  
Gluten Free Rolls  
260 g



**PROMISE** Gluten Free  
Brioche Hot Dog  
or Hamburger Buns  
4 pk 260-280 g



**PROMISE**  
Gluten Free Bagels 280 g

V03\_IGA\_WK02\_DIG\_WST\_Z1

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