

WST ZONE 1

IGA

Hometown Proud 

Locally OWNED & OPERATED BY **PROUD CANADIANS** 



COMPLIMENTS AIR-CHILLED Family Size Boneless Skinless Chicken Breasts 15.41/kg

6⁹⁹ /lb

Happy  **MOTHER'S DAY** SUNDAY, MAY 10

Family Size Fresh Atlantic Salmon Fillets

2⁹⁹ /100 g



BUY 1 AT \$4.99 BUY 2 OR MORE **3⁹⁹** ea SCHNEIDERS Original Wieners, MAPLE LEAF Top Dogs Wieners or THE CANADIAN BUTCHER Bacon 375 g



BUY 1 AT \$26.99 BUY 2 OR MORE **24⁹⁹** ea

GROWN IN ALBERTA OR BRITISH COLUMBIA Premium Annuals Hanging Basket 11"



MEMBERS SAVE \$1 **1⁹⁹** MEMBER PHOTO

COMPLIMENTS Garden Salad 340 g or Coleslaw 397 g product of USA

2⁹⁹ without Scene+ Card



3⁹⁹

PRODUCT OF CANADA COMPLIMENTS Potatoes Canada no 1 assorted 5 lb



200 PTS when you buy 1

23⁹⁹

Premium Roses grown in Ecuador dozen assorted



3⁹⁹

Butter Crust or Dutch Crunch Bread 450 g

Made with 100% Canadian Flour

Baked IN-STORE



Raspberries product of Mexico or USA 170 g

2⁹⁹



21⁹⁹

Chocolate Fudge Dessert Cake 1.4 kg



5⁹⁷

CRACKER BARREL Cheese 340-400 g or Shreds 250-320 g



\$3

COMPLIMENTS Spring Water 24x500 mL



8⁹⁹

LINDT Lindor Box 60 g while supplies last



5⁴⁷

KELLOGG'S Family Size Cereal 450-650 g, GENERAL MILLS Family Size Cereal 516-778 g or COMPLIMENTS Bagged Cereal 400-794 g



100 PTS when you buy 2

4⁹⁷

HEINZ Ketchup 750 mL-1 L or Picnic Pack 3 pk 375 mL or KRAFT Miracle Whip or Mayonnaise 650-890 mL



4⁹⁴

NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L or Drumstick or Selected Premium Novelties 4-10 pk

Scene **GIVE & GET**



May 7 - 13, 2026 See page 3 for details

BUY \$150 IN IGA GIFT CARDS & GET

1,000 PTS

That's like \$10 toward your groceries in Scene+ points

SCAN HERE FOR OUR DIGITAL FLYER Products may not be available at all locations



west.iga.ca

MAY 2026 PRICES EFFECTIVE FROM MAY 7-13

THUR	FRI	SAT	SUN	MON	TUE	WED
7	8	9	10	11	12	13



3⁹⁹
/lb

Family Size Pork Shoulder Blade Steaks
cut in-store by your local meat expert 8.80/kg

Inside Round Roasts or Steaks cut by your meat expert from Canada AAA grade beef 22.02/kg

9⁹⁹
/lb



GET 10% OFF BEEF

When you buy 2 or more of the same cut



Bulk Corn
product of USA

88¢



Ataulfo Mangoes
product of Mexico

2/\$4

100 PTS
when you buy 3

LARGE



Perfect **MOTHER'S DAY BRUNCH**



8⁹⁹

FLOURISH Pancake Mix 430 g or PANACHE Amber Rich Maple Syrup 500 mL



200 PTS
when you buy 5

\$2

Handheld Savoury Pastries spinach & feta, bacon & egg or other select varieties 76-95 g available chilled



MEMBERS SAVE \$2
10⁹⁹
MEMBER PRICING

12⁹⁹ without Scene+ Card

MCCAFE or STARBUCKS Roast & Ground Coffee 290-340 g or KEURIG® Compatible Single Serve Pods 10-12 pk



200 PTS
when you buy 2

6⁹⁹

COMPLIMENTS Brie 200 g or Camembert 170 g

BUY 2, GET 3RD FREE
of equal or lesser value

COMPLIMENTS Muffins
4-6 pk 400-600 g, Pies 650-750 g or Tarts 510 g

Scene+ BIG BONUS

That's like **\$2** toward your groceries

200 PTS
when you buy 3

3⁴⁹

DEMPSTER'S Bagels 5-6 pk (excludes Protein Bagels)



5⁴⁹

COMPLIMENTS Salted Butter 454 g

5⁹⁹

COMPLIMENTS Honey 500 g or SMUCKER'S Pure Strawberry Jam 310-500 mL



ALBERTA
Banff IGA 318 Marten Street, Banff, AB
Beaverlodge IGA 1040 - 1st Avenue, Beaverlodge, AB
Blackfalds IGA 6005 Parkwood Road, Blackfalds, AB
Blairmore IGA 11001 - 20 Ave - Crownsnest Mall, Blairmore, AB
Claresholm IGA 4920 - 1 Street West, Claresholm, AB
Devon IGA 51 Superior Street, Devon, AB
Drayton Valley IGA 4341 - 50 Street, Drayton Valley, AB
Eastview IGA 3839 - 40 Avenue, Red Deer, AB
Foodland IGA 302 Maple Avenue SE, Medicine Hat, AB

Lakeview IGA 6449 Crowchild Trail S.W., Calgary, AB
Penhold IGA 1350 Robinson Avenue, Penhold, AB
Provost IGA 5003 - 50 Avenue, Provost, AB
Redwater IGA 5028 - 49 Avenue, Redwater, AB
Spirit River IGA 4804 - 50 Street, Spirit River, AB
Taber IGA 5112 - 48 Avenue, Taber, AB
Three Hills IGA 119 - 4 Avenue N, Three Hills, AB
Three Sisters Parkway IGA 300 Cascade Drive, Camrose, AB
Tofield IGA 4902 - 51 Avenue, Tofield, AB
Whitcourt IGA 4802 - 51 Street, Whitcourt, AB

BRITISH COLUMBIA
Chetwynd IGA 5001 - 50 Avenue, Chetwynd, BC
Fort Nelson IGA 4823 - 50 Avenue, Fort Nelson, BC
Golden IGA 624-9 Avenue North, Golden, BC

SASKATCHEWAN
Emerald Park IGA 20E Great Plains Road, Emerald Park, SK
Save-U IGA 209 - 1st Avenue, Nipawin, SK

ONTARIO
Red Lake IGA Highway 105 & Discovery Rd, Red Lake, ON

MANITOBA
Altona IGA 2nd Street NE, Altona, MB
Main Street IGA 1650 Main Street, Winnipeg, MB
Russell IGA 154 Main Street, Russell, MB
Ste. Rose IGA 608 Central Avenue, Ste. Rose Du Lac, MB
Windsor Park IGA 650 Elizabeth Rd, Winnipeg, MB

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We reserve the right to limit purchases to retail quantities. Not all items may be available in all stores. Items advertised may not be exactly as illustrated. Prices do not include tax, deposit, environmental handling charges or levies.

100% FRESH *guarantee**

Storewide satisfaction or your money back.



MEMBERS SAVE 30¢
3.99
MEMBER PRICE
4.29 without Scene+ Card

PRODUCT OF WESTERN CANADA
Mini Seedless Cucumbers 6 pk Canada no 1 grade



680 g

8.99

COMPLIMENTS
Grape Tomatoes 680 g product of Western Canada or Mexico



3 PK

4.99

Romaine Hearts 3 pk product of USA or Mexico



2.49 /lb

Sweet Potatoes product of USA no 1 grade 5.49/kg



4.77 /lb

Extra Large Black or Red Grapes product of Chile 10.52/kg



Prepared FRESH

11.99

Prepared Fresh Daily Fruit or Vegetable Carousels 900 g-1.3 kg



LARGE

4.99

Pomegranates product of Peru



100 PTS when you buy 2

6.99

COMPLIMENTS
Oranges 1.36 kg 3 lb bag product of Egypt

CELEBRATE MOM

Available at most stores



STARTING AT
16.99

Phalaenopsis Orchids in Ceramic assorted sizes and colours



STARTING AT
16.99

Seasonal Mother's Day Bouquets assorted colours and sizes selection may vary by store



STARTING AT
22.99

GROWN IN BRITISH COLUMBIA
Indoor Gardens assorted styles and selection may vary by stores



STARTING AT
19.99

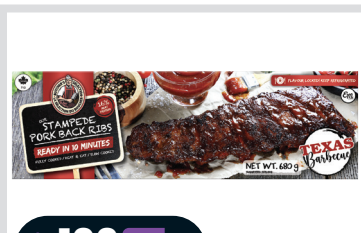
Beautiful Arrangements For Mom! assorted styles and selection may vary by store

MEAT



MEMBERS SAVE \$2
10.99
MEMBER PRICE
12.99 without Scene+ Card

JANES Boxed and Breaded Poultry 660-700 g selected



100 PTS when you buy 1

12.99

BUTCHER'S SELECTION
Stampede Ribs 680 g

GET 10% OFF BEEF
WHEN YOU BUY 2 OR MORE OF THE SAME CUT



29.99 /lb

Rib Eye Steaks cut by your meat expert from Canada AAA grade beef 66.12/kg



7.99 /lb

Pork Back Ribs 17.61/kg



15.99

COMPLIMENTS
Fully Cooked Shrimp with Cocktail Sauce 680 g



50 PTS when you buy 1

14.99

COMPLIMENTS
Boxed and Breaded Seafood 500-580 g selected



7.99

COMPLIMENTS
Fully Cooked Chicken or Turkey Strips 150-200 g



4.49 /lb

COMPLIMENTS
Whole Chicken AIR-CHILLED 9.90/kg

DELI

Available at most stores



MEMBERS SAVE \$1
11.79
MEMBER PRICE
12.79 without Scene+ Card

PILLAR'S Sliced Deli Meats club pack 350 g selected



200 PTS when you buy 2

4.99

THE LAUGHING COW 8 pk 133 g, Dippers 4 pk 140 g or KIRI Portions 144 g selection varies per store



6.99

100 PTS when you buy 2

MONSIEUR GUSTAV
Gouda 170 g selected



Sliced FRESH

3.49 /100 g

COMPLIMENTS
Black Forest or Honey Ham

BAKERY

Available at most stores



MEMBERS SAVE \$2
7.99
MEMBER PRICE
9.99 without Scene+ Card

Small Bar Cake made with KitKat® 405 g



12.99

Cheesecake made with KitKat® 6" 626 g



BUY 1 AT \$5.49
BUY 2 OR MORE
5.29 ea

COMPLIMENTS
Naan Dippers 200 g



100 PTS when you buy 2

5.29

ACE BAKERY
Burger Buns 4 pk 296 g

KITCHEN

Available at most stores



MEMBERS SAVE 30¢
4.49
MEMBER PRICE
4.79 without Scene+ Card

FONTAINE SANTÉ
Regular Hummus or Dips 250-260 g



6.49

OLIVIERI
Regular or Skillet Gnocchi 280-350 g



9.99

WONDERFUL
Pistachios No Shells 155-170 g



MEMBERS SAVE \$4
13.99
MEMBER PRICE
17.99 without Scene+ Card

H&H
Thai Honey Mango Signature 1 kg

2 | Scene+ **1,000 PTS = \$10 OF FREE GROCERIES**

FROZEN & DAIRY

5⁹⁹ COMPLIMENTS Ice Cream 1.5 L selected

6⁹⁹ RED BARON Pizza 584-665 g

3⁹⁹ KOZY SHACK Pudding 624 g tub or 4 pk

100 PTS when you buy 2
3⁴⁹ ea
COMPLIMENTS Cream Cheese or Spread 227-250 g

200 PTS when you buy 4
3⁹⁹ SMART ONES Frozen Entrées 241-283 g

2/\$8 KELLOGG'S Eggo Waffles, French Toast Sticks or Pancakes 270-330 g

7⁹⁹ HELUVA GOOD! Dip 680 g

100 PTS when you buy 2
4⁴⁹ GAY LEA Aerosol Whip Cream 225 g

DRINKS, SNACKS & PANTRY

2/9⁵⁰ CHEETOS 170-285 g

2⁹⁹ **100 PTS** when you buy 2
COMPLIMENTS Potato Chips Extraa! Flavour 200 g

6⁴⁹ MR. FREEZE Pops 80 pk, DR. PEPPER or POPSICLE Freeze Pops 48 pk while supplies last

9⁹⁹ HARIBO Candy 652 g or MAYNARDS Extra-Large Bags 816 g

100 PTS when you buy 2
7²⁹ COMPLIMENTS Sparkling Water 12x355 mL

BUY 1 AT \$1.79-2.49
BUY 2 OR MORE
1⁵⁰ ea
PEPSI Soft Drinks, AQUAFINA or MONTELLIER Water 1 L or BRISK Iced Tea 710 mL-1 L

2⁹⁹ DARE Simple Pleasures or Viva Puffs 300-310 g or VOORTMAN BAKERY Turnovers or Wafers 300 g

4⁹⁹ CHRISTIE Family Size Crackers 328-454 g

2/\$5 **100 PTS** when you buy 2
SUNRYPE Juice 900 mL tetra

2⁹⁹ KELLOGG'S Nutri-Grain Bars, Rice Krispies Squares, Pop-Tarts or Pastry Crisps selected 125-384 g

4⁹⁹ MONTANA'S BBQ Sauce 350 mL or HIDDEN VALLEY Salad Dressing 473 mL

MEMBERS SAVE 30¢
2⁹⁹ MEMBER PRICING
3²⁹ without Scene+ Card
COMPLIMENTS Flavoured Mustards 325 mL

150 PTS when you buy 2
4⁹⁹ GENERAL MILLS Premium or Core Cereal 297-437 g

7⁴⁹ JIF Peanut Butter 1 kg

3⁴⁹ ROGERS Icing, Brown or Yellow Sugar 1 kg or COMPLIMENTS Coconut selected 200 g

4⁴⁹ DEMPSTER'S Whole Grains, Protein or Signature Bread 600 g

2/\$5 CAMPBELL'S Concentrated Broth 250 mL or Broth 900 mL

2⁹⁹ CLOVER LEAF Yellowfin Chunk Light Tuna 142 g

6⁴⁹ QUAKER Muffin or Cookie Mix 750-900 g or Oat Flour 700 g or HERSHEY'S Chipits 200-270 g

7⁹⁹ TILDA Basmati Rice 907 g or Minute Rice 1.2-1.4 kg

HOUSEHOLD

100 PTS when you buy 1
9⁹⁹ ENERGIZER Max Batteries AAA 4 pk, AA 8 pk or 9V 2 pk

11⁹⁹ GLAD Waste Bags selected 20-40 pk

4⁹⁹ **100 PTS** when you buy 2
CLOROX Clean-Up or All Purpose Cleaners 946 mL or Bathroom Foam 887 mL

MEMBERS SAVE \$1
18⁹⁹ MEMBER PRICING
19⁹⁹ without Scene+ Card
ARM & HAMMER Hard Clumps Cat Litter 12.7 kg



Receive 1,000 Scene+ Points when you purchase \$150 in IGA Gift Cards. Offer valid from May 7 - May 13, 2026, at all IGA locations in Western Canada. Gift card purchase must be in a single transaction and cannot be combined with other gift card offers. Foodland gift cards cannot be purchased with other Corporate gift cards. No base Scene+ points earned. Offer is valid only on Foodland gift cards. Limit of 5 offers per account number. No coupon is required. Scene+ digital or physical membership card must be presented. Offer subject to change and may be withdrawn without notice. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

DAIRY & FROZEN



4⁹⁹ NATREL Lactose Free Cream 10-35% MF 473 mL L



4⁹⁹ COFFEE-MATE Creamers 828-946 mL



5⁴⁹ OLYMPIC Regular Organic, Greek or Krema Yogurt 650 g



9⁹⁹ KRAFT Singles 825 g



5⁴⁹ COMPLIMENTS Dough'chi Bites 6 pk selected



3⁷⁹ CHEEMO Perogies 745-907 g



3⁹⁹ COMPLIMENTS Lemonade 1.36-1.54 L



2⁹⁹ COMPLIMENTS 68% Vegetable Oil Margarine 427 g



6⁷⁹ MCCAIN Deep'n Delicious Cakes 510 g selected



6⁴⁹ PILLSBURY Pizza Pops 8 pk



5⁶⁹ HUNGRY-MAN Frozen Dinners or XL Bowls 360-455 g



13⁹⁹ P.F. CHANG'S Multi Serve Meals 624 g

DRINKS & SNACKS



3⁴⁹ COMPLIMENTS Snacks 265-300 g



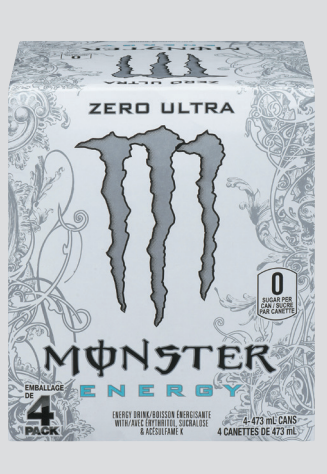
9⁹⁹ COMPLIMENTS Snack Pub Mix 820 g



6⁴⁹ FERRERO ROCHER Squares 105 g



5⁹⁹ DARE Real Fruit Candy 650 g while supplies last



10⁹⁹ MONSTER, REIGN or BANG Energy Drinks 4x473 mL



2/4⁵⁰ GATORADE 710 mL



3⁰⁰ KELLOGG'S Cheez-It Crackers 191-200 g



4⁹⁹ WALKER'S Shortbread 135-150 g selected or MCVITIE'S Cookies 300-400 g



13⁹⁹ TIM HORTONS Roast & Ground Coffee 300 g, Single Serve Coffee or Orange Pekoe Tea Cups 12 pk



9⁹⁹ COMPLIMENTS Roast & Ground Coffee 300 g



5⁴⁹ OASIS Juice or DEL MONTE Nectar 8x200 mL tetra



2⁹⁹ QUAKER Dipps or Chewy Granola Bars 120-156 g

SNACKS & PANTRY



4.99 KELLOGG'S Cereal
210-525 g selected
(excludes Family Size)



100 PTS
when you buy 3
2.19 COMPLIMENTS
Pudding Cups 4 pk



2.99 APPLESNAX Fruit
Cups 6 pk



4.99 DEMPSTER'S
Signature Buns
6-12 pk



BUY 1 AT \$8.29-8.49
BUY 2 OR MORE
6.99 ea
200 PTS
when you buy 2
E.D. SMITH Pie
Filling 540 mL selected



6.49 CLUB HOUSE
La Grille Seasonings
65-248 g or Spice Blends
111-203 g selected



2.99 CAMPBELL'S
Chunky Soup 515 mL



200 PTS
when you buy 2
3.99 COMPLIMENTS
7" Tortillas 340 g



4.99 FRENCH'S Ketchup
750 mL



2.99 COMPLIMENTS
Flavoured Mayo or
Burger Sauce 300 mL



2.99 HEINZ Pasta or
Beans 398 mL



1.79 COMPLIMENTS
Coconut Milk 400 mL

NATURAL, HEALTH & HOUSEHOLD



5.99 **100 PTS**
when you buy 2
KASHI Granola
311-340 g



200 PTS
when you buy 1
4.99 DAIYA Cheese Style
Shreds, Slices,
Blocks or Cream
Cheese 170-227 g



2.75 GERBER Baby
Snacks 42-155 g



2.29 LOVE CHILD Organic
Baby Pouches 128 mL



350 PTS
when you buy 2
10.99 CREST 3D White
Mouthwash or
ORAL-B Power
or Rechargeable
Toothbrushes 1-2 pk
or 473-946 mL selected



UP TO
20% OFF
BATISTE Dry
Shampoo 200 mL,
CAREFREE Pads or Liners,
O.B. Tampons 28-120 pk,
CREST 3D White Strips
or ORAL-B Toothbrushes
1-10 pk selected



300 PTS
when you buy 2
7.99 SOFTSOAP Liquid
Hand Soap Refills
1.47 L selected



2.99 COMPLIMENTS
Freezer Bags 15-20 pk
or Sandwich Bags 100 pk



6.99 ARM & HAMMER
Laundry Detergent
1.42-1.63 L



6.99 COOKIE PAL
Dog Treats 250-300 g
selected



9/9.99 PURINA Fancy Feast
or Friskies Wet
Cat Food 85-156 g



4.49 PURINA Beggin'
Bacon Dog Treats
170 g

PICKED FOR YOU

Make it **SWEET FOR MOTHER'S DAY**



Baked IN-STORE

100 PTS
when you buy 2

5⁹⁹

All Butter Croissants or Pastries
4 pk 275-400 g



Baked IN-STORE

100 PTS
when you buy 2

5⁹⁹

All Butter Danishes
4 pk 420 g



16⁹⁹

Chocolate Dipped Strawberries
550 g



MEMBERS SAVE \$5
9⁹⁹
MEMBER PRICING

14⁹⁹ without Scene+ Card

Single Layer Shortcakes 905-950 g



9⁹⁹

Small Pull-Apart Cakes
365-650 g

Make it special for Mom with powdered sugar, ice cream, or whipped cream



10⁹⁹

ALLIE & SARA'S KITCHEN Crepes
frozen 540 g

SWEETS AND TREATS



300 PTS
when you buy 2

11⁹⁹

FERRERO Rocher
Chocolate Jewel Box
200 g



BUY 1 AT \$8.29
BUY 2 OR MORE
5⁹⁹
ea

LINDT Excellence
Bars 50-100 g



300 PTS
when you buy 2

15⁴⁹

COMPLIMENTS
Milk Chocolate
Almonds or Raisins
900 g

3⁴⁹

TOFFIFEE
Chocolate 123 g



2/\$9

RUFFLES Potato
Chips 180-200 g



3⁷⁹

COMPLIMENTS
Popcorn 190-250 g



100 PTS
when you buy 1

4⁹⁹

COMPLIMENTS
Exceptional Chocolate
Chip Cookies 280 g



2/\$7

CARR'S Table Water Crackers
125-184 g or BOULANGERIE GRISSOL
Melba Toast, Canapé or Baguettes
120-200 g

11⁹⁹

NOZECO Alcohol Free
Spritz 750 mL or GUINNESS
Non-Alcoholic Beer 4x440 mL
selection may vary by location



8⁹⁹

MAISON PERRIER
Sparkling Water
8x330 mL



5⁴⁹

TWININGS Tea
20 pk

Locals know

FRESH FLORAL

SELECTION MAY VARY BY STORE



BUY 1 AT \$4.99
BUY 2 OR MORE
4⁵⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Annuals assorted varieties
6 pk

BUY 1 AT \$5.99
BUY 2 OR MORE
5¹⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Premium Annual
Garden Starters
assorted varieties 4.3" pot



BUY 1 AT \$4.99
BUY 2 OR MORE
4⁵⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Succulents assorted
3.5"



BUY 1 AT \$3.99
BUY 2 OR MORE
3⁵⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Premium Vegetable or Herb or Tomato Plants
assorted varieties 4" in pot



BUY 1 AT \$26.99
BUY 2 OR MORE
24⁹⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Boston Fern
Hanging Basket 10"



BUY 1 AT \$26.99
BUY 2 OR MORE
24⁹⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Premium Annuals Hanging Basket 11"



36⁹⁹

Patio Rose
Assorted Colours
2 gallon pot

BUY 1 AT \$24.99
BUY 2 OR MORE
22⁹⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Strawberry
Hanging Basket 10"



BUY 1 AT \$22.99
BUY 2 OR MORE
19⁹⁹
ea

GROWN IN BRITISH COLUMBIA or ALBERTA
Premium Annual Bowl 12"



\$11

Dahlia, Hosta,
Columbine or
Astilbe 6" in pots

Locals know

LONG WEEKENDS TASTE BETTER TOGETHER

Beautiful Bites!

Our most popular cheeses cubed for easy nibbling. Mild Cheddar, Provolone, Creamy Havarti, Swiss, and Marble Cheddar.

Small serves 8-10
Large serves 15-20



We make it easy!
Shop our selection of

60+

MADE-TO-ORDER TRAYS

Ask in-store for full selection.

Get **1,000 PTS**
When you spend \$75

or

Get **2,500 PTS**
When you spend \$150 or more

That's like **\$25**
toward your groceries

let's start with appies!



Family faves everyone will enjoy!



Nature's Bounty!

A beautifully presented variety of Fresh Berries, Pineapple, Red and Green Seedless Grapes, Kiwi, Cantaloupe, Watermelon and Honeydew.

Serves 20

Take the Wrap!

An appetizing assortment of freshly prepared wraps, including Chicken Caesar, Crispy Chicken, Turkey Club, Buffalo Chicken and Seven Grain Veggie.

Small serves 5
Large serves 10

Dessert Bars!

Our Hand-Cut Squares are a welcome addition to any table.

Small serves 15
Large serves 20

Learn more

Order in-store or online today!

Visit west.iga.ca/guide-to-entertaining/ for tray selections and ordering tips



Drink in every
GOOOOAL



OFFICIAL PARTNER

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2/4⁵⁰

POWERADE® Beverages
710 mL



2/4⁵⁰

BODYARMOR Beverages
473 mL



2/\$6

GLACÉAU Vitaminwater®
Beverages 591 mL



21⁹⁹

POWERADE® Beverages
24x591 mL

Offer valid from May 7th to May 13th, 2026.

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price.

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**PROMISE
GLUTEN FREE**

Locals know

**WHAT BUILDS YOUR PERFECT
GLUTEN-FREE BUNDLE**

Promise Gluten Free brings decades of baking expertise to enjoy gluten-free living without compromise! Perfect for everyday enjoyment, our product range makes living gluten free delicious and easy.

- ✓ Real taste and soft texture
- ✓ Wholesome and high in fibre
- ✓ Vegan-friendly options
- ✓ Everyday favourites and indulgent treats
- ✓ Trusted quality



**PROMISE
Gluten Free Pitas**
4 pk 248 g



**PROMISE
Gluten Free
English Muffins**
4 pk 240 g



**PROMISE
Gluten Free
Muffins 4 pk**
240 g



**PROMISE
Gluten Free
Loaves 400-480 g**

MIX & MATCH

Get **100 PTS**
When you buy 2

OR

Get **300 PTS**
When you buy 3



**PROMISE
Gluten Free
Tortillas**
4 pk 168 g



**PROMISE
Gluten Free Rolls**
260 g



**PROMISE Gluten Free
Brioche Hot Dog
or Hamburger Buns**
4 pk 260-280 g



**PROMISE
Gluten Free
Bagels 280 g**

V03_IGA_WK02_DIG_WST_Z1

GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.*

APPLY NOW



*Conditions Apply



New
.....
MADE WITH
REAL TEA

mio

60% less sugar.*
100% of the flavour.



LEARN MORE

*Than regular iced tea per 1 ½ cups (375 mL)