

food Basics

CANADIAN AND PROUD



10" HANGING BASKETS
ASSORTED VARIETIES SELECTED STORES
WHILE QUANTITIES LAST

THIS WEEK ONLY
12⁹⁸
EACH

V.I.P.

VERY INCREDIBLE PRICE EVENT

MARC ANGELO SOUVLAKI FAMILY PACK
480 - 648 G
SELECTED VARIETIES



INCREDIBLE
8⁸²
EACH



INCREDIBLE
5⁴¹
/LB

125 points
value of \$1



INCREDIBLE
2⁹⁵
EACH

SEEDLESS ORANGES PRODUCT OF SOUTH AFRICA, 3 LB
KIWIS PRODUCT OF CHILE, 400 G BASKET



INCREDIBLE
1⁴⁴
EACH

WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF CANADA, 227 G
MINI CUCUMBERS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 197 G

CLOVER LEAF ALBACORE OR YELLOWFIN TUNA
142 - 170 G
FLAVOURED SALMON
88 G
SELECTED VARIETIES



INCREDIBLE
1⁹⁶
EACH



INCREDIBLE
6⁹⁸
EACH

KEBAB FACTORY CHICKEN KEBABS
912 G
FROZEN
SELECTED VARIETIES

BLACK DIAMOND SLICES
418 G
LACTANTIA CREAM CHEESE
227 - 250 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



INCREDIBLE
2⁹⁹
EACH



INCREDIBLE
2⁷⁵
EACH

LAY'S POTATO CHIPS OR TOSTITOS TORTILLA CHIPS
200 - 295 G
SELECTED VARIETIES



INCREDIBLE
3⁴⁷
EACH

DR. OETKER RISTORANTE PIZZA 200 - 290 G
CASA DI MAMA 395 - 410 G FROZEN SELECTED VARIETIES



INCREDIBLE
3⁹⁸
EACH

IRRESISTIBLE ICE CREAM 1.5L
NOVELTIES 3 - 9.5
FROZEN FRUIT 400 - 600 G
ORANGE JUICE 1.36L
SELECTED VARIETIES

IRRESISTIBLES WALNUTS, HALVES & PIECES OR WHOLE NATURAL ALMONDS
750 G - 1 KG
SELECTED VARIETIES



INCREDIBLE
14⁸⁸
EACH



INCREDIBLE
6⁹⁸
EACH

125 points
value of \$1

SAPORITO EXTRA VIRGIN OLIVE OIL 750 ML
VEGETABLE OIL HUILE VEGETALE
CANOLA OIL HUILE DE CANOLA 2.3L
SELECTED VARIETIES

HAPPY VICTORIA DAY!

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, MAY 14TH TO WEDNESDAY, MAY 20TH, 2026

PRICES IN THIS FLYER AVAILABLE AT ALL ETOBICOKE, MISSISSAUGA, NORTH YORK, RICHMOND HILL, SCARBOROUGH, TORONTO, THORNHILL, EMERALD PARK, MARKHAM, AJAX, OSHAWA, COURTICE, NEWMARKET, PICKERING, AND BRAMPTON STORE LOCATIONS ONLY

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

MOST STORES OPEN ON MONDAY MAY 18TH. SEE LOCAL STORE OR FOODBASICS.CA FOR DETAILS.

food Basics

CANADIAN AND PROUD

V.I.P.



WHOLE SEEDLESS WATERMELON
PRODUCT OF U.S.A.

WOW

INCREDIBLE
344
EACH

\$1 SAUSAGE



Authentic FRESH PORK SAUSAGES
HOT, MILD, HONEY GARLIC OR ENGLISH BANGER
PACKAGE OF 4



INCREDIBLE
\$4
EACH

SCHNEIDERS JUICY JUMBOS OR SMOKED SAUSAGES OR MINA CHICKEN WIENERS
300 - 475 G
SELECTED VARIETIES
WHILE SUPPLIES LAST



INCREDIBLE
398
EACH



SELECTION BUNS
8'S
SELECTED VARIETIES

INCREDIBLE
193
EACH

HAPPY V

GET READY TO SAVE! GREAT PRICES START

PRICES IN THIS FLYER AVAILABLE AT ALL ETOBICOKE, MISSISSAUGA, AJAX, OSHAWA, COURTCRUISE, NEW

To view local store flyer, visit foodbasics.ca, where

MOST STORES OPEN ON MONDAY MAY 13

BBQ ESSENTIALS FOR LESS



SELECTION DELI SALADS
454 G
SELECTED VARIETIES

THIS WEEK ONLY
299
EACH



SELECTION QUARTER POUND BEEF BURGERS VALUE PACK
2.26 KG FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE
2699
EACH



ALWAYS GREAT PRICE
448
EACH

SELECTION CHEESE SLICES
210 - 230 G
SELECTED VARIETIES



SELECTION KETCHUP
750 ML - 1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE
349
EACH



ALWAYS GREAT PRICE
299
EACH

SELECTION NATURAL SPRING WATER
24 X 500 ML
SELECTED VARIETIES

VIP

VERY INCREDIBLE PRICE EVENT



BLACK DIAMOND CHEESTRINGS OR CHEESE STICKS
252 - 336 G
SELECTED VARIETIES

INCREDIBLE
\$5.99
EACH



IRRESISTIBLE PACIFIC WHITE COOKED SHRIMP 71-90 CT OR RAW SHRIMP 31-40 CT
346 G FROZEN SELECTED VARIETIES

INCREDIBLE
\$5.96
EACH



SILK DRINKS
1.75 - 1.89 L
OIKOS GREEK YOGURT
4 X 100 G
SELECTED VARIETIES

INCREDIBLE
\$3.49
EACH



POST SHREDDIES ORIGINAL CEREAL
440 G

POST HONEYCOMB CEREAL
400 G
SELECTED VARIETIES

INCREDIBLE
\$2.99
EACH



BECEL MARGARINE
800 G
SELECTED VARIETIES

INCREDIBLE
\$6.97
EACH



BEN'S ORIGINAL FAST & FANCY RICE
132 G

KRAFT DINNER NOODLES
58 - 200 G
SELECTED VARIETIES

INCREDIBLE
\$1.25
EACH



LACTANTIA PURIFILTRE MILK
2 L
SELECTED VARIETIES

INCREDIBLE
\$4.97
EACH



MAXWELL HOUSE GROUND COFFEE
864 - 900 G
SELECTED VARIETIES

INCREDIBLE
\$15.98
EACH



ESKA SPRING WATER
24 X 500 ML

INCREDIBLE
\$4.99
EACH



PRIMO PASTA SAUCE
900 G
600 ML

PRIMO TOMATOES
796 ML
SELECTED VARIETIES

INCREDIBLE
\$1.99
EACH



PAMPERS SWADDLERS DIAPERS
124 - 174'S
SELECTED VARIETIES

INCREDIBLE
\$36.99
EACH



CASHMERE BATHROOM TISSUE
12 - 24'S

SPONGE TOWELS ULTRA PAPER TOWELS
3 - 4'S

SCOTTIES FACIAL TISSUE
4'S
SELECTED VARIETIES

INCREDIBLE
\$6.95
EACH

PEPSI i earn with moi rewards

THIS WEEK ONLY
\$13.99
EACH

PEPSI SOFT DRINKS OR CRUSH RAINBOW PACK
24 X 355 ML
SELECTED VARIETIES
WHILE QUANTITIES LAST

125 points
value of \$1

FRITO LAY VARIETY PACK
42 X 28 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

\$19.99
EACH

250 points
value of \$2

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i earn with moi rewards

moi rewards

i redeem and save on what i buy most often

redeem
500 = **\$4**
points in rewards



join today and save

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THIS WEEK ONLY
10⁹⁹
EACH

45
points

ANCHOR'S BAY WHOLE TILAPIA FISH
1.36 KG FROZEN SELECTED VARIETIES



SCHNEIDERS
RED HOTS
900 G
SELECTED VARIETIES

THIS WEEK ONLY
11⁹⁹
EACH

55
points



FURLANI
GARLIC BREAD
638 - 668 G
SELECTED VARIETIES

THIS WEEK ONLY
3⁹⁹
EACH

20
points



SUNNY D
1.18 L
SELECTED VARIETIES

LOCKED DOWN
1⁷⁹
EACH

10
points



MOTT'S
GARDEN COCKTAIL
1.89 L
SELECTED VARIETIES

LOCKED DOWN
4⁴⁹
EACH

25
points



BECEL PLANT
BASED SPREAD
454 G
BUTTER STICKS
45
SELECTED VARIETIES

LOCKED DOWN
4⁴⁹
EACH

25
points



KIRI CREAM CHEESE PRODUCT
144 G
SELECTED VARIETIES

LOCKED DOWN
4⁹⁹
EACH

25
points



CHAPMAN'S FROZEN YOGURT
2 L
NOVELTIES
45
SELECTED VARIETIES

LOCKED DOWN
5⁹⁹
EACH

30
points



RED ROSE TEA
140'S
SELECTED VARIETIES

LOCKED DOWN
7⁹⁹
EACH

40
points



HORMEL
REAL BACON BITS
100 G
SELECTED VARIETIES

LOCKED DOWN
5⁹⁹
EACH

30
points



SWEET BABY RAY'S
BBQ SAUCE
425 ML
SELECTED VARIETIES

LOCKED DOWN
3⁴⁹
EACH

20
points



COTTONELLE FLUSHABLE WIPES
23
SELECTED VARIETIES

LOCKED DOWN
7⁴⁹
EACH

40
points



DAINTY
JASMINE RICE
1.6 KG
SELECTED VARIETIES

LOCKED DOWN
8⁹⁹
EACH

40
points

CHOOSE CANADIAN



ASPARAGUS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE
8.80/KG

3⁹⁹
/LB



WHOLE WHITE OR
CREMINI MUSHROOMS
PRODUCT OF CANADA
227 G

1⁴⁴
EACH



MAPLE LODGE OR
ZABIHA HALAL CHICKEN WIENERS
450 G SELECTED VARIETIES

1⁹⁹
EACH



IRRESISTIBLES STUFFED BEEF BURGERS
1.82 KG FROZEN
SELECTED VARIETIES

1⁸⁹⁹
EACH



ESKA
SPRING WATER
24 X 500 ML

4⁹⁹
EACH



CASHMERE BATHROOM TISSUE
12 X 24'S
SPONGE TOWELS ULTRA PAPER TOWELS
3 X 6'S
SCOTTIES FACIAL TISSUE
6'S
SELECTED VARIETIES

6⁹⁵
EACH



BLACK DIAMOND SLICES
419 G
LACTANTIA
CREAM CHEESE
227-258 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

2⁹⁹
EACH



DR.OETKER RISTORANTE PIZZA
249-395 G
CASA DI MAMA
395-410 G FROZEN SELECTED VARIETIES

3⁴⁷
EACH



LACTANTIA
PURIFILTRE MILK
3 L
SELECTED VARIETIES

4⁹⁷
EACH



LAY'S
POTATO CHIPS
OR TOSTITOS
TORTILLA CHIPS
200-295 G
SELECTED VARIETIES

2⁷⁵
EACH



KRAFT
SALAD DRESSING
425 ML
SELECTED VARIETIES

2⁹⁹
EACH



KRAFT DINNER
NOODLES
58-200 G
SELECTED VARIETIES

1²⁵
EACH



MIRACLE WHIP
SPREAD
650-890 ML
SELECTED VARIETIES

5⁴⁹
EACH



BULL'S-EYE OR DIANA
BARBECUE SAUCE
425-500 ML
SELECTED VARIETIES

2⁹⁹
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

PRODUCE



WE LOVE LOCAL
Ontario

THIS WEEK ONLY

149
EACH

SEEDLESS CUCUMBER
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE



THIS WEEK ONLY

399
EACH

BLUEBERRIES
PRODUCT OF U.S.A. NO. 1 GRADE
170 G

BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE
150 - 170 G



EXTRA LARGE

THIS WEEK ONLY

399
/LB

RED SEEDLESS GRAPES
PRODUCT OF MEXICO OR CHILE, NO. 1 GRADE
8.80/KG




WE LOVE LOCAL
Ontario

THIS WEEK ONLY

299
/LB

SWEET RED, ORANGE OR YELLOW PEPPERS
PRODUCT OF ONTARIO
6.59/KG



THIS WEEK ONLY

149
/LB

SWEET POTATOES
PRODUCT OF U.S.A.
3.28/KG



WE LOVE LOCAL
Ontario

THIS WEEK ONLY

399
/LB

ASPARAGUS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE
8.80/KG



WE LOVE LOCAL
Ontario

THIS WEEK ONLY

299
EACH

THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA, 680 G

GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE, 283 G



THIS WEEK ONLY

599
/LB

CHERRIES
PRODUCT OF CALIFORNIA, U.S.A.
NO. 1 GRADE
13.21/KG



RED MANGOES
OR ATAULFO
HONEY
MANGOES
PRODUCT OF MEXICO

THIS WEEK ONLY

4/\$5



THIS WEEK ONLY

249
/LB

FORELLE OR BOSCO PEARS
PRODUCT OF SOUTH AFRICA
EXTRA FANCY GRADE
5.49/KG



Attitude

BABY SPINACH
JEUNES ÉPINARDS

Attitude

ARUGULA
ROQUE

THIS WEEK ONLY

377
EACH

ATTITUDE SALADS
142 G
SELECTED VARIETIES



THIS WEEK ONLY

499
EACH

AVOCADOS
PRODUCT OF MEXICO OR PERU
5 OR 6 PACK

CLEMENTINES
PRODUCT OF MOROCCO
2 LB



THIS WEEK ONLY

399
EACH

SWEET VIDALIA ONIONS
PRODUCT OF U.S.A., NO. 1 GRADE
3 LB

MINI SWEET PEPPERS
PRODUCT OF CANADA OR MEXICO
454 G



THIS WEEK ONLY

299
EACH

NANTES CARROTS
PRODUCT OF U.S.A. OR MEXICO
NO. 1 GRADE
454 G



THIS WEEK ONLY

499
EACH

SWEET CORN
PRODUCT OF U.S.A., NO. 1 GRADE
4 PK

FLORAL



pick Ontario

THIS WEEK ONLY

888
EACH

10 STEM TULIPS
WHILE SUPPLIES LAST



THIS WEEK ONLY

1888
EACH

BOUQUET OFFERING
OF THE MONTH
WHILE SUPPLIES LAST



organic basil

6" ORGANIC
BASIL
WHILE SUPPLIES LAST

THIS WEEK ONLY

599
EACH



THIS WEEK ONLY

1399
EACH

5" ORCHID
WHILE SUPPLIES LAST

MEAT




PRIME
RAISED WITHOUT antibiotics
ÉLEVÉ SANS antibiotiques
All Chilled Chicken
Poulet réfrigéré à l'air

THIS WEEK ONLY

2.99 /LB

15 points

PRIME FRESH RAISED WITHOUT ANTIBIOTICS CHICKEN DRUMSTICKS FAMILY PACK
AIR CHILLED
SELECTED VARIETIES
6.59/KG

BONELESS



THIS WEEK ONLY

14.99 /LB

FRESH BONELESS STRIPLON STEAKS FAMILY PACK
CUT FROM UNGRADED BEEF
SELECTED VARIETIES
WHILE QUANTITIES LAST
33.05/KG




HALAL AT SAME PRICE

FRESH CHICKEN WINGS
BAGGED INCLUDES ZABIHA HALAL
SELECTED VARIETIES
8.80/KG

THIS WEEK ONLY

3.99 /LB




FRESH PORK SIDE RIBS
CENTER CUT REMOVED
SELECTED VARIETIES
11.00/KG

THIS WEEK ONLY

4.99 /LB



FRESH ATLANTIC SALMON PORTIONS
2X113 G SELECTED VARIETIES
8.99 EA.



WHOLE RAINBOW TROUT FISH
FRESH
8.99/LB, 19.82/KG

THIS WEEK ONLY

8.99 /LB OR EACH




FRESH BONELESS SIRLOIN TIP ROAST OR FAMILY PACK STEAKS
CUT FROM CANADA AA OR HIGHER GRADE
SELECTED VARIETIES
26.43/KG

THIS WEEK ONLY

11.99 /LB

HALAL AT SAME PRICE




Zabiha Halal
CHICKEN WINGS
SAUCES & FUMES - POULET
400 G
SELECTED VARIETIES

MAPLE LODGE OR ZABIHA HALAL CHICKEN WIENERS
400 G
SELECTED VARIETIES

THIS WEEK ONLY

1.99 EACH




JOHNSONVILLE
ORIGINAL BREAKFAST SAUSAGES
SMOKED & 1/2 CHANGED CHICKEN SAUSAGES
375 - 500 G
SELECTED VARIETIES

JOHNSONVILLE
COUNTRY CHEESE PRODUCE OF CANADA
175g

THIS WEEK ONLY

5.99 EACH




LEGACY MARINATED BONE-IN PORK CHOPS
400 - 450 G
SELECTED VARIETIES

THIS WEEK ONLY

8.99 EACH




WEBERS
WEBERS BBQ BEER BURGERS
412 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

15.99 EACH

60 points




Fontaine Santé Hummus
227 - 248 G
SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH




CASTELLO HAVARTI
CREAMY - CREMIER
8 SLICES - TRANCHES
385 g

CASTELLO SLICED DELI CHEESE OR HAVARTI
345 - 380 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH




BUTTERBALL TURKEY BACON OR MAPLE LODGE ULTIMATE DINNER OR BREAKFAST SAUSAGES
375 - 380 G
SELECTED VARIETIES

THIS WEEK ONLY

6.99 EACH




IRRESISTIBLES STUFFED BEEF BURGERS
1.43 LB
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

18.99 EACH




PILLER'S KOLBASSA OR PEPPERONI FOR PIZZA
175 - 375 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH




MASTRO BABY GENOA OR SAN DANIELE MORTADELLA
250 - 750 G
SELECTED VARIETIES

THIS WEEK ONLY

8.99 EACH




MAPLE LEAF NATURAL SELECTIONS SLICED DELI MEAT
375 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY

10.99 EACH




TRE STELLE TRADITIONAL FETA
800 G
SELECTED VARIETIES

THIS WEEK ONLY

14.99 EACH




CATCH DAY PRIE JOUR
HIGH LINER CATCH OF THE DAY BREADED & BATTERED FISH FILLETS
350 G FROZEN
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

3.99 EACH




TASIA GOLDEN POMPANO
600 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

9.99 EACH




IRRESISTIBLES COCONUT SHRIMP WITH SWEET CHILI SAUCE
454 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

10.99 EACH




OCEAN SELECT
ATLANTIC WILD PERCH
750 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

11.99 EACH

BAKERY



THIS WEEK ONLY

2.99

EACH

VILLAGGIO BREAD 550-675 G BUNS 6-8'S SELECTED VARIETIES



THIS WEEK ONLY

1.99

EACH

SELECTION BAGELS OR ENGLISH MUFFINS 342-510 G SELECTED VARIETIES



IRRESISTIBLE BRIOCHE BREAD OR BUNS 480-500 G
SUN-MAID OR DEMPSTER'S RAISIN BREAD 340-570 G
SELECTED VARIETIES

THIS WEEK ONLY

4.49

EACH



SELECTION COOKIES 770 G
SELECTED VARIETIES

THIS WEEK ONLY

6.99

EACH



SELECTION PASTRIES OR SNACK TUBS 420-825 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99

EACH

MORE GREAT SAVINGS FOR LESS



ACTIVIA YOGURT 8 X 100 G
SELECTED VARIETIES

LOCKED DOWN

4.49

EACH



ALLEN'S JUICE OR COCKTAIL 8 X 200 ML
SELECTED VARIETIES

LOCKED DOWN

2.99

EACH



THE LAUGHING COW 133-140 G
SELECTED VARIETIES

LOCKED DOWN

3.49

EACH



MAISON PERRIER SPARKLING WATER BEVERAGE 8 X 330 ML
SELECTED VARIETIES

LOCKED DOWN

6.99

EACH



OCEAN SPRAY CRANBERRY COCKTAIL 6 X 295 ML
SELECTED VARIETIES

LOCKED DOWN

5.29

EACH



RED BULL ENERGY DRINKS 4 X 250 ML
SELECTED VARIETIES

LOCKED DOWN

9.99

EACH



TROPHY PEANUT BUTTER BANANA MIX 850 G
SELECTED VARIETIES

LOCKED DOWN

14.49

EACH



PUREX, PERSIL OR SUNLIGHT LAUNDRY DETERGENT 1.86-4.43 L = 40-110 LOADS
SELECTED VARIETIES

LOCKED DOWN

13.99

EACH

LOCKED DOWN



EARTH'S OWN OAT BEVERAGE
1.75 L
SELECTED VARIETIES

LOCKED DOWN

4.29
EACH

PILLSBURY TOASTER STRUDEL
324 G FROZEN
SELECTED VARIETIES

PILLSBURY PIZZA POPS
380 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH

KOZY SHACK RICE PUDDING
624 G
SELECTED VARIETIES

LOCKED DOWN

3.49
EACH

TETLEY PURE PEPPERMINT
33 G
CAFFEINE FREE

TETLEY ORANGE PEKOE TEA
725
HERBAL TEA 20'S
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

CHEFMASTER MARGARINE
427 G
SELECTED VARIETIES

LOCKED DOWN

2.49
EACH

GREEN GIANT VEGETABLES
300-700 G FROZEN
SELECTED VARIETIES

LOCKED DOWN

3.49
EACH

TAO'S KITCHEN POTSTICKERS
FROZEN 404 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

NO YOLKS EGG NOODLES
340 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH

GATORADE SPORTS DRINKS
24 x 591 ML
SELECTED VARIETIES

LOCKED DOWN

2.249
EACH

NESTEA ICED TEA
1.89 L / 18 x 200 ML
SELECTED VARIETIES

NESTEA ICED TEA
1.89 L / 18 x 200 ML
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH

MR. NOODLES INSTANT NOODLES
85 G
SELECTED VARIETIES

LOCKED DOWN

40¢
EACH

LINDT EXCELLENCE 90% CACAO
SUPREME DARK NOIR SUPRÊME

LINDT EXCELLENCE 70% CACAO
DARK-NOIR LINDT EXCELLENCE CHOCOLATE BARS

LOCKED DOWN

5.99
EACH

30 points

LAKWOOD ORGANIC CRANBERRY JUICE
946 ML
SELECTED VARIETIES

LOCKED DOWN

11.99
EACH

DENTYNE OR TRIDENT CHEWING GUM
SACK
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

SHOUT STAIN REMOVER
400 ML
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH

ZIPLOC SEAL TOP BAGS
42'S
SELECTED VARIETIES

LOCKED DOWN

8.99
EACH

Lotto MAX BELIEVE IT. NOW GIVES YOU MORE

Must be 18+ years of age to play. Terms and Conditions apply.

GLADE AIR FRESHENER
224 G
SELECTED VARIETIES

LOCKED DOWN

3.79
EACH

GLAD GARBAGE BAGS
44'S
SELECTED VARIETIES

LOCKED DOWN

8.49
EACH

ALWAYS GREAT PRICE



SELECTION CREAM CHEESE PRODUCT
340 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3.99
EACH



SELECTION INSTANT COFFEE
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

5.99
EACH



IRRESISTIBLE GREEK OR SKYR YOGURT
4 X 100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3.49
EACH



SELECTION FRUIT CUPS
4 X 107 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2.49
EACH



SELECTION SPRING WATER
1.5 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 

99¢
EACH



SELECTION CONDENSED SOUP
284 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

1.27
EACH



SELECTION WATER ENHANCER
48 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2.79
EACH



SELECTION SODA CRACKERS
454 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3.49
EACH



SELECTION PARMESAN CHEESE
250 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

6.99
EACH



SELECTION COOKING SAUCE
350 - 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2.49
EACH



SELECTION SALSA
430 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2.99
EACH



SELECTION COCONUT
206 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2.99
EACH



IRRESISTIBLE STUFFED OLIVES
375 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3.99
EACH



SELECTION FOREVER FUDGE OR VANILLA SUPRISE ICE BARS
24 X 60 ML
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 

8.88
EACH



SELECTION LAUNDRY DETERGENT
1.42 - 1.8 L
36 - 40 LOADS
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3.99
EACH



SELECTION BLEACH
2.4 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3.99
EACH



SELECTION PAPER TOWELS
85
SELECTED VARIETIES

ALWAYS GREAT PRICE 

5.99
EACH



SELECTION BATHROOM TISSUE
30 - 100'S

ALWAYS GREAT PRICE 

19.99
EACH



KRAFT BBQ SAUCE 453 ML SELECTED VARIETIES

ALWAYS GREAT PRICE **279** EACH



KRAFT PASTA SALAD MIX 200 G SELECTED VARIETIES WHILE QUANTITIES LAST

THIS WEEK ONLY **279** EACH



ESTD 1896 NABOB COFFEE CO.



MAXWELL HOUSE OR NABOB COFFEE CAPSULES 30'S SELECTED VARIETIES



THIS WEEK ONLY **15.99** EACH



PHILADELPHIA DIPS 227 G SELECTED VARIETIES



MIO OR KOOL-AID WATER ENHANCER 48 ML SELECTED VARIETIES



THIS WEEK ONLY **2.99** EACH



ALWAYS GREAT PRICE **7.29** EACH



LOCKED DOWN **3.99** EACH



LOCKED DOWN **2.49** EACH



LOCKED DOWN **4.99** EACH

25 points



LACTANTIA LACTOSE FREE MILK 2 L ULTRAPUR MILK 1.5 L SELECTED VARIETIES

LOCKED DOWN **5.79** EACH



NESTLÉ DRUMSTICK 4 X 100 ML - 8 X 140 ML BASKIN-ROBBINS ICE CREAM 340 ML SELECTED VARIETIES



ALWAYS GREAT PRICE **9.99** EACH



LOCKED DOWN **7.49** EACH



STARBUCKS COFFEE CAPSULES 8-18'S SELECTED VARIETIES

LOCKED DOWN **12.99** EACH



LOCKED DOWN **5.99** EACH

30 points



NESTLÉ CANDY BARS 29-56 G SELECTED VARIETIES WHILE QUANTITIES LAST

LOCKED DOWN **99¢** EACH



THIS WEEK ONLY **1.99** EACH



LOCKED DOWN **6.99** EACH

35 points



No artificial colours / Sans colorants artificiels

THIS WEEK ONLY **3.99** EACH



LOCKED DOWN **4.99** EACH



LOCKED DOWN **3.99** EACH



SWANSON DINNERS FROZEN 242-345 G SELECTED VARIETIES

Yoplait LIBERTÉ

LIBERTÉ GREC-GREEK
 0% FAT
 VANILLA 4x100g
 RASPBERRY 4x100g
 LIBERTÉ GREC-GREEK
 4x100g
 SELECTED VARIETIES

LIBERTÉ MEDITERRANÉE YOGURT
 300g
 SELECTED VARIETIES

YOP YOP DRINKABLE YOGURT
 200 mL
 SELECTED VARIETIES

LIBERTÉ KEFIR
 1L
 PROBIOTIC PROTECTIVE
 WATER FLAV
 SELECTED VARIETIES

Yoplait TUBES
 Yoplait Tubes or Minigo Yogurt
 6-8'S
 SELECTED VARIETIES

LIBERTÉ GREC YOGURT
 4x100g
 SELECTED VARIETIES

LIBERTÉ KEFIR
 1L
 SELECTED VARIETIES

Yoplait Tubes or Minigo Yogurt
 6-8'S
 SELECTED VARIETIES

LOCKED DOWN

349 EACH

99¢ EACH

299 EACH

4.99 EACH

2.99 EACH

QUAKER
 -ESTD 1877-

HARVEST CRUNCH
 CRISPER & CRUNCHIER
 400-475g
 SELECTED VARIETIES

QUAKER QUICK OATS
 900g-1kg
 INSTANT OATMEAL
 232-344g
 SELECTED VARIETIES

QUAKER CRISPY MINIS
 100-199g
 SELECTED VARIETIES

PEARL MILLING COMPANY
 PANCAKE & WAFFLE MIX
 900g
 TABLE SYRUP
 750 mL
 SELECTED VARIETIES

QUAKER LIFE CEREAL
 450g
 WHOLE GRAIN CEREAL
 original

CAP'N CRUNCH CEREAL
 350g
 SELECTED VARIETIES

LOCKED DOWN

399 EACH

349 EACH

249 EACH

399 EACH

349 EACH

349 EACH

Kellanova

RICE KRISPIES
 squares
 ORIGINAL GOÛT ORIGINAL

pop-tarts
 Strawberry
 8 bars

KELLOGG'S NUTRI GRAIN BARS
 RICE KRISPIES SQUARES OR POP-TARTS
 176-304g
 SELECTED VARIETIES

KASHI GRANOLA BARS
 175-200g
 SELECTED VARIETIES

KELLOGG'S EGGO WAFFLES
 500g
 FROZEN
 SELECTED VARIETIES

CHEEZ-IT CRACKERS
 191-200g
 SELECTED VARIETIES

PRINGLES
 ORIGINAL
 140g

PRINGLES POTATO CHIPS
 140-156g
 SELECTED VARIETIES

LOCKED DOWN

299 EACH

549 EACH

299 EACH

249 EACH

249 EACH

P&G

ALWAYS ULTRA THIN PADS
 29-725

TAMPAX PEARL TAMPONS
 185

OLD SPICE HAIR+BODYWASH
 2 IN 1
 PURPLE SPORT
 SELECTED VARIETIES

Bounty
 6 = 12 Doubles
 6-11

CHARMIN BATHROOM TISSUE
 12-48'S

BOUNTY PAPER TOWELS
 6-12'S
 SELECTED VARIETIES

TIDE LAUNDRY DETERGENT
 2.33-2.48L - 52-64 LOADS

PODS
 25-42'S
 SELECTED VARIETIES

FEBREZE AIR FRESHENER
 7.5 ML

MR. CLEAN CLEANER
 1.21L
 SELECTED VARIETIES

LOCKED DOWN

549 EACH

749 EACH

1299 EACH

399 EACH

1399 EACH

BBQ ESSENTIALS FOR LESS



SELECTION
CHEESE
SLICES
210 - 230 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
4.48
EACH



IRRESISTIBLE
DRINKS
1.36 L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.98
EACH



MR. FREEZE JUMBO FREEZE POP
27 X 150 ML
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY ⬇️
7.99
EACH



OCEAN SPRAY
CRANBERRY
COCKTAIL OR
JUICE BLENDS
1.77 - 1.89 L
SELECTED VARIETIES

LOCKED DOWN Ⓛ
3.99
EACH



IRRESISTIBLE
MAMMOTH BUNS
6 - 8.5
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.99
EACH



IRRESISTIBLE
SPARKLING
SPRING WATER
6 X 1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
4.44
EACH



MOTT'S
CLAMATO
COCKTAIL
1.89 L
SELECTED VARIETIES

LOCKED DOWN Ⓛ
2/\$7



SELECTION
MAYONNAISE
750 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
4.77
EACH



CLUB HOUSE
LA GRILLE
SPICES
120 - 248 G
SELECTED VARIETIES

LOCKED DOWN Ⓛ
4.99
EACH

25
points



SELECTION
PICKLES
1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
3.27
EACH



SELECTION
WINE
SAUERKRAUT
1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
3.99
EACH



SELECTION
SALAD DRESSING
425 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.47
EACH



GRISPOL
CROUTONS
135 G
SELECTED VARIETIES

LOCKED DOWN Ⓛ
2.49
EACH



CHOLULA HOT OR
CREMOSA SAUCE
150 - 236 ML
SELECTED VARIETIES

LOCKED DOWN Ⓛ
4.99
EACH



SELECTION
WOODEN
UTENSILS
245
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.99
EACH



SELECTION
PLASTIC GLASSES
505
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
5.99
EACH



ROYAL CHINET
PLATES
405
SELECTED VARIETIES

LOCKED DOWN Ⓛ
8.49
EACH



ALCAN
ALUMINUM FOIL
EACH
SELECTED VARIETIES

LOCKED DOWN Ⓛ
3.99
EACH

SUMMER SNACKS FOR LESS



LIFE SMART
NATURALIA
TORTILLA CHIPS
350 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.99
EACH



SELECTION
POTATO CHIPS
290 G
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
1.49
EACH



IRRESISTIBLES
SNACKS
142 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.49
EACH



SELECTION
SNACKS
265 - 285 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.88
EACH



SELECTION
RICE SNACKS
100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.99
EACH



TAKIS
TORTILLA CHIPS
198 - 260 G
SELECTED VARIETIES

LOCKED DOWN 🔒
3.29
EACH



BLUE DIAMOND
ALMONDS
170 G
SELECTED VARIETIES

LOCKED DOWN 🔒
4.99
EACH



SENSIBLE PORTIONS
VEGGIE SNACKS
142 G
SELECTED VARIETIES

LOCKED DOWN 🔒
2.99
EACH



PLANTERS
CASHEWS
145 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY ⬇️
3.49
EACH



TROPHY
PEANUTS
200 - 325 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY ⬇️
2/\$5



SKINNY POP
POPCORN
125 G
SELECTED VARIETIES

LOCKED DOWN 🔒
2/\$7



McSWEENEY'S
BEEF JERKY
70 G
SELECTED VARIETIES

LOCKED DOWN 🔒
4.99
EACH



VLASIC
PICKLE
BALLS
CORN PUFFS
54 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY ⬇️
1.99
EACH



KURKURE
SNACKS
115 G
SELECTED VARIETIES

LOCKED DOWN 🔒
1.79
EACH



CHRISTIE
BITS & BITES OR
CRISPERS SNACKS
143 G
SELECTED VARIETIES

LOCKED DOWN 🔒
2.79
EACH



PEPPERIDGE FARM
GOLDFISH
CRACKERS
168 - 200 G
SELECTED VARIETIES

LOCKED DOWN 🔒
2/\$5

15
points



NONGSHIM
SNACKS
50 - 75 G
SELECTED VARIETIES

LOCKED DOWN 🔒
1.67
EACH



GRACE
PLANTAIN CHIPS
85 G
SELECTED VARIETIES

LOCKED DOWN 🔒
1.49
EACH



ALL BEER, WINE AND CIDER ADVERTISED ARE AVAILABLE AT SELECTED STORES



BUD LIGHT BEER
30 X 355 ML
SELECTED VARIETIES

THIS WEEK ONLY
52⁹⁹
EACH



CORONA EXTRA BEER
24 X 330 ML
SELECTED VARIETIES

THIS WEEK ONLY
49⁹⁹
EACH



COORS LIGHT BEER
6 X 473 ML
SELECTED VARIETIES

THIS WEEK ONLY
14⁹⁹
EACH



MOLSON COLD SHOTS STRONG BEER
4 X 232 ML
SELECTED VARIETIES

THIS WEEK ONLY
4⁴⁹
EACH



LÖWENBRÄU PREMIUM BEER
473 ML
SELECTED VARIETIES

THIS WEEK ONLY
2²⁹
EACH



MICHELLOB ULTRA LIGHT BEER
473 ML
SELECTED VARIETIES

THIS WEEK ONLY
2⁹⁹
EACH



STELLA ARTOIS BEER
473 ML
SELECTED VARIETIES

THIS WEEK ONLY
3²⁹
EACH



HEINEKEN BEER
500 ML
SELECTED VARIETIES

THIS WEEK ONLY
3²⁹
EACH



LUG-TREAD LAGERED ALE
6 X 473 ML
SELECTED VARIETIES

THIS WEEK ONLY
19⁹⁹
EACH



MILL STREET ORGANIC LAGER
SELECTED VARIETIES

THIS WEEK ONLY
19⁹⁹
EACH



MUSKOKA BREWERY DETOUR INDIAN ALE
6 X 473 ML
SELECTED VARIETIES

THIS WEEK ONLY
19⁹⁹
EACH



FLYING MONKEY IPA
6 X 473 ML
SELECTED VARIETIES

THIS WEEK ONLY
19⁹⁹
EACH



SMOKEY BAY CABERNET SAUVIGNON
750 ML
SELECTED VARIETIES

THIS WEEK ONLY
9⁹⁹
EACH



BODACIOUS SMOOTH RED WINE
750 ML
SELECTED VARIETIES

THIS WEEK ONLY
10⁹⁹
EACH



JACKSON-TRIGGS PINOT GRIGIO
750 ML
SELECTED VARIETIES

THIS WEEK ONLY
11⁹⁹
EACH



BASK SAUVIGNON BLANC
750 ML
SELECTED VARIETIES

THIS WEEK ONLY
11⁹⁹
EACH

NON-ALCOHOLIC BEER



SELECTION DE ALCOHOLIZED BEER
12 X 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
9⁴⁹
EACH



GUINNESS NON-ALCOHOLIC DRAUGHT
12 X 355 ML
SELECTED VARIETIES

LOCKED DOWN
10⁹⁹
EACH



HEINEKEN ALCOHOL FREE BEER
6 X 330 ML
SELECTED VARIETIES

LOCKED DOWN
12⁴⁹
EACH



COORS EDGE NON-ALCOHOLIC BEER
12 X 355 ML
SELECTED VARIETIES

LOCKED DOWN
16⁹⁹
EACH

Please visit foodbasics.ca for store details. Beer and wine prices subject to change in accordance with the LCBO. Prices do not include HST and deposit.



FOR EVERY BURGER
IT HAS TO BE
HEINZ
ESTD 1869

BUILD A BURGER

1. GRAB BUNS



IRRESISTIBLE MAMMOTH BUNS
4.75
SELECTED VARIETIES
ALWAYS GREAT PRICE
2.99
EACH

2. GRAB BURGERS



IRRESISTIBLES STUFFED BEEF BURGERS
1.82 KG / 4.05 LB
SELECTED VARIETIES
THIS WEEK ONLY
18.99
EACH



HEINZ KETCHUP
1.5 L
SELECTED VARIETIES
LOCKED DOWN
6.99
EACH



BULL'S-EYE OR DIANA BARBECUE SAUCE
425 - 500 ML
SELECTED VARIETIES
LOCKED DOWN
2.99
EACH

3. TOP IT UP!



HEINZ TRIO PACK
3 x 275 ML
SELECTED VARIETIES
WHILE QUANTITIES LAST
THIS WEEK ONLY
5.99
EACH



MIRACLE WHIP SPREAD
425 - 500 ML
SELECTED VARIETIES
LOCKED DOWN
5.49
EACH

4. DIY YOUR SIDE



KRAFT SALAD DRESSING
425 ML
SELECTED VARIETIES
LOCKED DOWN
2.99
EACH

BOLD FLAVOUR MEETS MAYO

NEW

HEINZ MAYONNAISE-STYLE SAUCES



HEINZ SAUCE STYLE MAYONNAISE
140 ML
SELECTED VARIETIES
LOCKED DOWN
2.99
EACH

I ♥
Reese's
DAY
MAY 18TH

SO MANY REESE'S,
SO LITTLE TIME.



LOCKED DOWN
4.99
EACH

HERSHEY CELLO CANDY
145 - 230 G
SELECTED VARIETIES



LOCKED DOWN
99¢
EACH

HERSHEY CHOCOLATE BARS
41 - 58 G
SELECTED VARIETIES



THIS WEEK ONLY
4.49
EACH

25
points

HERSHEY'S MULTI-PACK CHOCOLATES
45
SELECTED VARIETIES

SHOP FASTER WITH CART GENIUS



Discover your
AI-powered product
recommendations

FOODBASICS.CA

MORE

FLAVOURS OF THE WORLD



GREEN KALE
PRODUCT OF U.S.A. OR MEXICO

THIS WEEK ONLY
2.77
EACH



TRE STELLE
TRADITIONAL
FETA
850 G
SELECTED VARIETIES

THIS WEEK ONLY
14.99
EACH



KÜHNE BEETS OR
CABBAGE
500 - 720 ML
GLORIA
PICKLED
MARINADES
OR BABY DILL
750 ML, 1 L

LOCKED DOWN
3.99
EACH



CEDAR
EXTRA VIRGIN
OLIVE OIL
850 ML
SELECTED VARIETIES

LOCKED DOWN
9.99
EACH



PETIT BEURRE
COOKIES
400 G
HAPPY SWING
ROLLS
150 G
NAPOLITANKE
WAFERS
182 G
SELECTED VARIETIES

LOCKED DOWN
1.79
EACH



JJ WILK
PIEROGIES
907 G
SELECTED VARIETIES

LOCKED DOWN
2.99
EACH



FRICTSCH EGG NOODLES
454 G
MARQUIS DE DIJON MUSTARD
375 ML
RÜGEN FISCH HERRING FILLETS
200 G
SELECTED VARIETIES

LOCKED DOWN
3.49
EACH



BÖK BITES
404 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN
5.49
EACH



ST DALFOUR
FRUIT SPREAD
225 ML
S&F CHOCOLATE
SPREAD
750 G
SELECTED VARIETIES

LOCKED DOWN
5.99
EACH



KÜHNE SAUERKRAUT OR GHERKINS
500 - 796 ML
S&F ROASTED PEPPER SPREAD
500 ML
SELECTED VARIETIES

LOCKED DOWN
4.79
EACH



NOWKA
WEINKRAUT
796 ML
ARGETA PATE
95 G
SELECTED VARIETIES



LOCKED DOWN
3.49
EACH



YORKSHIRE
TEA
805
JACOBS
KRÖNUNG
COFFEE
250 G
SELECTED VARIETIES



LOCKED DOWN
6.79
EACH



GLORIA
CREAM CRACKERS
200 G
PODRAVKA
PATE 90 G
JORDANKA
MINERAL WATER
1.5 L
SELECTED VARIETIES

LOCKED DOWN
1.79
EACH



LOCKED DOWN
3.79
EACH



RITTER SPORT
CHOCOLATE
BARS
100 G
SELECTED VARIETIES

LOCKED DOWN
3.99
EACH



CARL JUNG
DE-ALCOHOLIZED WINE
750 ML
MR. GARDEN
PEACHES
1.5 L
SELECTED VARIETIES

LOCKED DOWN
6.99
EACH



GLORIA
HERB TEA
20'S
SELECTED VARIETIES

LOCKED DOWN
1.29
EACH



KRAKUS
COOKIES
135 G
SELECTED VARIETIES

LOCKED DOWN
1.99
EACH

MORE



EID FOR LESS

SPINACH
PRODUCT OF U.S.A.
METHI LEAVES
PRODUCT OF U.S.A. OR MEXICO

THIS WEEK ONLY

1.98
EACH

NEW ZEALAND
LAMB SHANKS
FROZEN
19.82/KG

THIS WEEK ONLY

8.99
/LB

HALAL

10 LB

GELDA NOOR
BASMATI RICE
4.54 KG
SELECTED VARIETIES

LOCKED DOWN

8.99
EACH

CEDAR OR
PHOENICIA
YOGURT
650 - 750 G
SELECTED VARIETIES

LOCKED DOWN

2.49
EACH

CEDAR
CANNED BEANS
540 ML
SELECTED VARIETIES

LOCKED DOWN

1.48
EACH

PILLSBURY
CHAKKI ATTA
FLOUR
9.07 KG
SELECTED VARIETIES

LOCKED DOWN

12.99
EACH

DIVYA
DRY LEGUMES
1.8 - 3.81 KG
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

PATAK'S OR KFI
COOKING SAUCE
375 - 400 ML
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

DIVYA
NAAN OR PARATHA
320 - 400 G FROZEN
SELECTED VARIETIES

LOCKED DOWN

1.99
EACH

SURATI
FROZEN VEGETABLES
340 G
SELECTED VARIETIES

LOCKED DOWN

1.79
EACH

CEDAR
CUCUMBERS,
MARINADES OR
GRAPE LEAVES
1.1
SELECTED VARIETIES

LOCKED DOWN

4.49
EACH

ADONIS
BAKLAVAS
275 G

THIS WEEK ONLY

6.49
EACH

LAZEEZ
Vegetable
Samosa
400 G
FROZEN

LOCKED DOWN

2.99
EACH

NATIONAL SAUCES
SELECTED VARIETIES

CASABLANCA
BUTTER COOKIES
404 G

LOCKED DOWN

3.99
EACH

CASABLANCA
NON-ALCOHOLIC
BEVERAGE
750 ML
SELECTED VARIETIES

BEST
NECTAR
OR
DIVYA
KESAR OR
ALPHONSO
MANGO PULP
500 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH

ALPHONSO
FRUIT BEVERAGE
1.75 L

CEDAR
CONDENSED MILK
300 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

NATIONAL
Kheer Mix
300 G

NATIONAL
Custard
pudding mix
300 G

PARLE RUSK
300 G

LOCKED DOWN

1.79
EACH

NATIONAL
CUSTARD OR
RICE PUDDING
MIX
155 - 300 G
SELECTED VARIETIES

SHER
CANE SUGAR
1.42 KG
SELECTED VARIETIES

LOCKED DOWN

9.99
EACH

GARDEN BASICS FOR LESS

GREAT FOR PATIO



KIMBERLEY QUEEN FERN
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
18⁹⁹
EACH



10" MAJESTY PALMS
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
22⁹⁹
EACH



ASSORTED TRELLIS & PERENNIALS
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
14⁹⁹
EACH



10" BOSTON FERN HANGING BASKET OR ASSORTED TEA ROSES
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
16⁹⁹
EACH



ASSORTED FRUIT PLANTS
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
12⁹⁹
EACH



HANGING BASKETS
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
12⁹⁸
EACH



6" ORGANIC BASIL
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
5⁹⁹
EACH



6" LAVENDER
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
10⁹⁹
EACH



SELECTION GARDEN SOIL
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
2⁹⁸
EACH



COW MANURE
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
2⁹⁸
EACH



POTTING SOIL
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
3⁹⁸
EACH



BLACK, RED OR BROWN MULCH
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
4⁹⁸
EACH

MOST STORES OPEN ON MONDAY MAY 18TH. SEE LOCAL STORE OR FOODBASICS.CA FOR DETAILS.

PERSONAL CARE FOR LESS



PANTENE HAIR CARE
308 - 355 ML
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH

HUGGIES
little movers

HUGGIES LITTLE MOVERS OR SNUGLERS DIAPERS 84 - 140'S SELECTED VARIETIES

THIS WEEK ONLY

34.99
EACH

HUGGIES
little snugglers

HUGGIES LITTLE MOVERS OR SNUGLERS DIAPERS 84 - 140'S SELECTED VARIETIES

GENTLE SKIN PROTECTION
...12 Hours of Leak Protection

250
points
value of \$2



NIVEA BODYWASH OR SHOWER GEL
500 ML
SELECTED VARIETIES



LOCKED DOWN

4.99
EACH



LISTERINE MOUTHWASH
1 L
SELECTED VARIETIES



LOCKED DOWN

6.29
EACH



IRISH SPRING BAR SOAP
85
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH

30
points



POISE PADS
30'S
SELECTED VARIETIES

LOCKED DOWN

2/\$14

35
points



SOFTSOAP HAND SOAP REFILL
1.4 L
SELECTED VARIETIES

LOCKED DOWN

6.99
EACH



Q-TIPS
400'S
SELECTED VARIETIES

LOCKED DOWN

4.49
EACH



COLGATE TOOTHPASTE
133 ML
SELECTED VARIETIES

LOCKED DOWN

7.99
EACH



LIVE CLEAN HAIR CARE
350 ML
SELECTED VARIETIES

LOCKED DOWN

7.99
EACH



PAMPERS EASY UPS TRAINING UNDERWEAR
56 - 64'S
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



GILLETTE DISPOSABLE RAZORS
7'S
SELECTED VARIETIES

LOCKED DOWN

11.99
EACH



TENA SENSITIVE CARE PADS
28'S
SELECTED VARIETIES

LOCKED DOWN

17.99
EACH



L'L GOURMET FRUIT & YOGURT SNACKS
21.6
SELECTED VARIETIES

LOCKED DOWN

4.49
EACH

25
points



GERBER BABY CEREAL
237 G
SELECTED VARIETIES

LOCKED DOWN

5.49
EACH



JOHNSON'S BABY OIL, CALMING SHAMPOO
400 - 400 ML
SELECTED VARIETIES

LOCKED DOWN

6.49
EACH

35
points



PERSONNELLE HAND SOAP
250 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

1.99
EACH



PERSONNELLE HAIR CARE
355 - 375 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.99
EACH



PERSONNELLE BABY TRAINING PANTS
37'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

12.99
EACH

55
points



i earn
with moi
rewards



Ingredients: Carbonated water, Sugars (sugar/glucose-fructose), Phosphoric acid, Caffeine, Citric acid, Caramel, Natural flavour.

PEPSI 150 CALORIES 24 CANS



THIS WEEK ONLY

13⁹⁹
EACH

Crush Rainbow Pack*

24 x 355 ml

**PEPSI SOFT DRINKS OR
CRUSH RAINBOW PACK**
24 X 355 ML SELECTED VARIETIES
WHILE QUANTITIES LAST

125
points

value of \$1



High in
Sat fat
Sodium
Health Canada



Frito Lay
CANADA
• VARIETY PACKS •

MEGA SIZE

CLASSIC MIX

42 x 28 g FLAVOURED SNACKS | 1.18 kg

ALWAYS GREAT PRICE

19⁹⁹
EACH

**FRITO LAY
VARIETY PACK**
42 X 28 G
SELECTED VARIETIES

250
points

value of \$2