

Sip. Snack.  
Save.

SHOP NOW

SALE

\$12

PC<sup>®</sup> JERK CHICKEN BURGERS  
FROZEN, 852 G  
21714192\_EA



Must Try!

ONLY

\$13

PC<sup>®</sup> THE SIZZLE WHEEL  
CHILI CRISP SHRIMP OR  
GARLIC & HERB SHRIMP  
FROZEN, 300 G  
21704047\_EA/21704114\_EA



Must Try!

ONLY

5<sup>75</sup>

PC<sup>®</sup> BLUE MENU<sup>®</sup> OR PC<sup>®</sup> SPARKLING WATER  
SELECTED VARIETIES, 12X355 ML  
21703743\_C12/21703781\_C12



New!

App exclusive offer

Optimum™

\$5

LIMIT 4, OVER LIMIT  
PAY 6.00 EA

Get 1,000 pts

\$1 back in points

PC<sup>®</sup> SCOOP SHOP  
ICE CREAM  
SELECTED VARIETIES  
FROZEN, 946 ML  
21706621\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



Must Try!

App exclusive offer

Optimum™

2/\$8

OR 5.00 EA

Get 1,000 pts

\$1 back in points

PC<sup>®</sup> FLATBREAD  
SELECTED VARIETIES  
FROZEN, 338-395 G  
21013452\_EA/21648968\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.





If it's not fresh, it's free.

**HOT DEAL**  
**4<sup>99</sup>**

**WHOLE SEEDLESS WATERMELON**  
PRODUCT OF U.S.A. OR MEXICO  
20067326001\_EA



**11 LB AVERAGE**

**SALE**  
**60¢**

**BICOLOUR SWEET CORN**  
PRODUCT OF U.S.A.  
20131170001\_EA



**SALE**  
**3<sup>99</sup>**



**PC<sup>®</sup> MUSHROOMS  
WHOLE CREMINI  
OR WHITE**  
PRODUCT OF CANADA  
454 G  
20761372\_EA / 20738571\_EA



**CLUB SIZE**

**SALE**  
**9<sup>40</sup>**

**ATAULFO CASE MANGOES**  
PRODUCT OF MEXICO  
21047848\_CD1



**5 LB AVERAGE**

**SALE**  
**\$5**



**PC<sup>®</sup> ORGANIC SALAD MIX**  
SELECTED VARIETIES  
PRODUCT OF U.S.A.  
312 G  
20127207\_EA  
20323751\_EA

**HOT DEAL**

**11<sup>88</sup>** LB  
26.19/KG

**4 DAYS ONLY!**

THURSDAY, MAY 14<sup>TH</sup> TO  
SUNDAY, MAY 17<sup>TH</sup>, 2026

**BONELESS RIB STEAK**  
CUT FROM AUSTRALIAN GRADE BEEF  
21672469\_KG

**CLUB SIZE**

**AUSSIE BEEF**

**REAL CANADIAN SUPERSTORE**

**PROUDLY CANADIAN**

**It's here!**

**Insiders Report**

**Summer**

**SHOP NOW**

**Optimum**

**App exclusive offer**

**\$18**

Get **2,000** pts

**\$2** back in points

**PC BURGERS**  
SELECTED VARIETIES  
FROZEN, 1.02-1.36 KG  
20941230\_EA/20941443\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**THICK & JUICY™ SIRLOIN**  
**SURLONGE**

**THICK & JUICY™ PRIME RIB**  
**CÔTE DE BŒUF**

**PREPARED IN CANADA**

**SALE**

**4<sup>97</sup>**

**HEINZ KETCHUP**  
SELECTED VARIETIES  
750 ML/1 L  
20069080\_EA  
20115102001\_EA

**BREYERS CREAMERY STYLE ICE CREAM**  
SELECTED VARIETIES  
FROZEN, 1.41 L  
21651169\_EA/21651228\_EA

**3<sup>98</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
4.99 EA

**FREE**

**WHEN YOU SPEND \$300 OR MORE**

in a single transaction, in-store or through PC Express™ online pickup or delivery

**2 FREE PC GIGANTICO™ BUNS** 432 G  
**AND 2 FREE PC SMOKIES™** 1 KG  
selected varieties  
21431180\_EA/20732535\_EA

**UP TO \$32 VALUE**

**PREPARED IN CANADA**

**SALE**

**\$14** LB  
30.86/KG

**FRESH ATLANTIC SALMON FILLETS**  
BONELESS, SKINLESS  
20852985\_KG

**CANADIAN SEAFOOD**

**CLUB SIZE**

**App exclusive offer**

**\$6**

Get **1,000** pts

**\$1** back in points

**FARMER'S MARKET™ PIES**  
SELECTED VARIETIES  
580 G-1 KG  
21297366\_EA/21297367\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**PREPARED IN CANADA**

**Optimum**

**Members Price**

**\$7**

**Non-Members**

**\$11**

**\$4** Members Save

**SCHNEIDER'S OR MITCHELL'S PEPPERETTES**  
SELECTED VARIETIES  
225-450 G  
21337025\_EA/21738540\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**PREPARED IN CANADA**

**2<sup>75</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
3.47 EA

**LAY'S POTATO CHIPS**  
SELECTED VARIETIES  
21241032\_EA/21663082\_EA

**CLASSIC CLASSIQUE**

**177-235 G**

**ONLY**

**\$3**

**REAL CANADIAN NATURAL SPRING WATER**  
24X500 ML  
20154975\_C24  
21088041\_C24

**PREPARED IN CANADA**

**21<sup>49</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
23.99 EA

**GATORADE SPORTS DRINK**  
SELECTED VARIETIES, 24X591 ML  
20298835002\_C24

**24 | 591 ml**  
PACK | BOTTLES

**PREPARED IN CANADA**

**3<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
5.99 EA

**MELONA DESSERT BAR**  
SELECTED VARIETIES  
FROZEN, 560 ML  
21622903\_EA

**MANGO**

**MELONA**

**Crèmeux & Fruité**

**8** FROZEN DESSERT BARS • 7 ml  
BARRÉS DE DÉSSERT GLACÉ • 20 ml

**App exclusive offer**

**39<sup>99</sup>**

Get **10,000** pts

**\$10** back in points

**PC 72'S OR NO NAME™ 102'S COFFEE PODS**  
SELECTED VARIETIES  
CLUB SIZE  
2111235\_EA/21593380\_C01  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**PREPARED IN CANADA**

**\$32**

**LIMIT 6**  
OVER LIMIT PAY  
39.99 EA

**PAMPERS SWADDLERS, CRUISERS 360™ OR BABY DRY ULTRA DIAPERS**  
SELECTED VARIETIES, SIZE N-8, 58-200'S  
21551586\_EA/21692660\_EA

**50% MORE DIAPERS**  
Plus de couches

**PREPARED IN CANADA**

**App exclusive offer**

Get **6,000** pts

**\$6** back in points

When you spend **\$15\*** or more

**ON REESE'S BRANDED PRODUCTS**  
ALL SIZES AND VARIETIES  
21702133\_EA/21104053\_EA  
21651701\_EA/20582012\_EA  
Offer inclusive to all products with Reese's brand. This offer cannot be combined with product, department or total store offers including 20x offers. \*\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Flyer prices effective from Thursday, May 14th to Wednesday, May 20th, 2026



**AD  
MATCH**

**We match  
prices\*  
so you can  
just shop**

Every week, we actively check our major competitors' flyers and match the price on hundreds of items.

Look for the Ad Match message in store for the items we've actively matched. Plus, we'll match any major competitor's flyer item if you show us!

Since we Ad Match, we may not have sold at the After Limit price (and may not in the future).

\*We match prices applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time.

# DEAL DROP

Limited-time deals on PC® home & more.

LIMIT 4  
OVER LIMIT PAY 42.00 EA

**\$21**

PC® HONEYCOMB 10" SKILLET  
21492019\_EA



LIMIT 4  
OVER LIMIT PAY 48.00 EA

**\$24**

PC® HONEYCOMB 12" SKILLET  
21492022\_EA



LIMIT 4  
OVER LIMIT PAY 60.00 EA

**\$30**

PC® HONEYCOMB 13.3" WOK SKILLET  
21339634\_EA



# HAPPY EID AL-ADHA

Low prices for joyful celebrations.



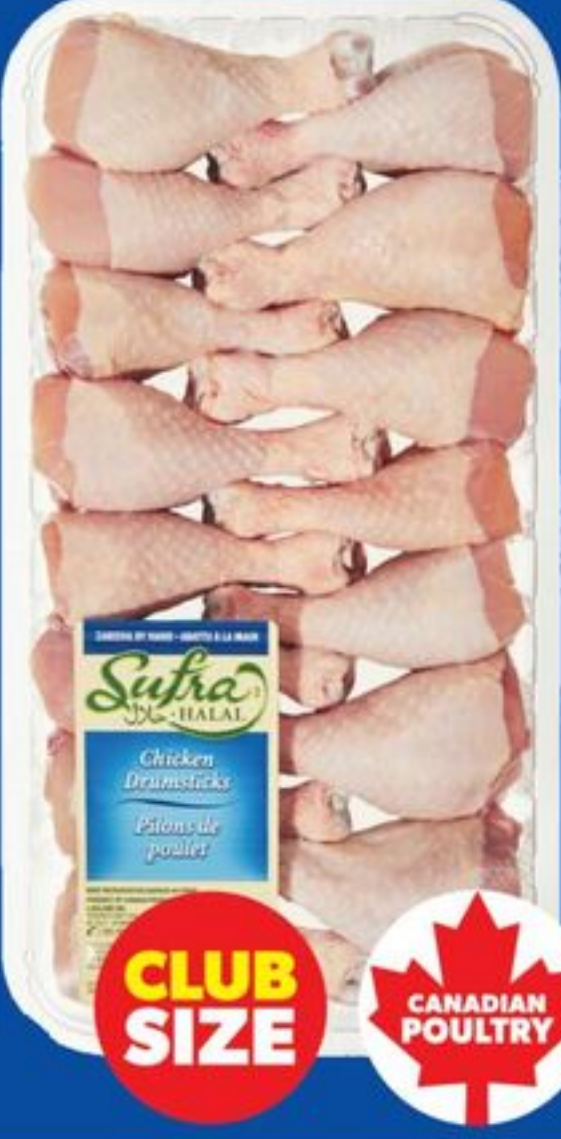
**SALE**  
**12<sup>99</sup>**

**MEDJOOOL DATES**  
PRODUCT OF U.S.A., 2 LB TUB  
20001686\_EA



**ONLY**  
**\$16**

**SUFRA® HALAL CHICKEN THIGHS OR DRUMS**  
FRESH, UP TO 1.58 KG  
21616885\_EA/21617106\_EA



**2<sup>99</sup>**

**PRAN SAMOSA OR VEGETBLE SPRING ROLLS**  
SELECTED VARIETIES, FROZEN, 400 G  
21054846\_EA



**9<sup>99</sup>**

**LIMIT 4**  
**OVER LIMIT PAY**  
**16.49 EA**

**QUALITY BASMATI RICE**  
20787290\_EA



**22<sup>97</sup>**

**LIMIT 4**  
**OVER LIMIT PAY**  
**28.99 EA**

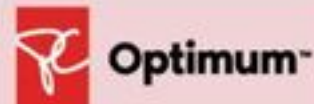
**NANAK DESI GHEE**  
1.6 KG  
20181744\_EA



# CUDDLY DEALS, TINY PRICES

SHOP NOW

App exclusive offer



Get **20,000** pts

**\$20** back in points

for every \$100\* spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel

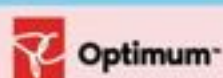
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**5/\$9**  
OR 1.99 EA

**BABY GOURMET ORGANIC PUREE POUCHES** 128 ML  
**OR ORGANIC JARS** 113 ML  
SELECTED VARIETIES  
20368074001\_EA/21291241\_EA



**6+** MONTHS



**\$11**

LIMIT 4, OVER LIMIT PAY 11.99 EA

Get **2,000** pts

When you buy 2

**\$2** back in points

**Q-TIPS COTTON SWABS**  
SELECTED VARIETIES, 1400'S  
21313366\_EA



**\$35**

**LIMIT 4**  
OVER LIMIT PAY 41.99 EA

**HUGGIES LITTLE SNUGLERS, LITTLE MOVERS, OVERNITES, SNUG & DRY OR LITTLE MOVERS HUGGFIT 360° DIAPERS**  
SELECTED VARIETIES  
SIZE N-8, 60-208'S  
21456640\_EA/21664346\_EA



**\$24**

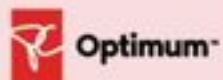
**LIMIT 4**  
OVER LIMIT PAY 29.99 EA

**HUGGIES 16X BABY WIPES** 960-1152'S  
SELECTED VARIETIES  
21172000\_EA/21541191\_EA



## ONE DAY ONLY!

WEDNESDAY, MAY 20<sup>TH</sup>



**\$32**

LIMIT 6, OVER LIMIT PAY 41.99 EA

Get **5,000** pts

**\$5** back in points

**PAMPERS SWADDLERS 360 OR PAMPERS CRUISERS 360 ECONO PACK SIZE 3-7**  
SELECTED VARIETIES  
66-132'S  
21551586\_EA



# TEAM SAVINGS: LOCAL ICONS

For fans who cheer loudly and eat proudly Canadian.

**\$7**

**HONEYCRISP APPLES**  
CLUB SIZE, PRODUCT OF WESTERN PROVINCES CANADA FANCY GRADE 2162869001\_EA

**5 LB**

PRODUCT OF CANADA

**8<sup>99</sup>**

**WINKLER'S FARMERS SAUSAGE**  
SELECTED VARIETIES 500 G 20098091\_EA/20334864\_EA

**LIMIT 4 OVER LIMIT PAY 11.99 EA**

PREPARED IN CANADA

**\$15**

**PC® HOMESTYLE OR SPICY BUTTERMILK CRISPY CHICKEN BREASTS**  
FROZEN, 560 G 21661699\_EA/21661865\_EA

PREPARED IN CANADA

**10<sup>99</sup>**

**PC® PEI MUSSELS IN SAUCE**  
SELECTED VARIETIES FROZEN, 907 G 20838560\_EA

**LIMIT 4 OVER LIMIT PAY 13.99 EA**

PREPARED IN CANADA

**\$10**

**11 PIECE IN-STORE MADE WINGS**  
SELECTED VARIETIES 408-451 G 21624744\_EA

PREPARED IN CANADA

**4<sup>50</sup>**

**ACE BISTRO LOAVES**  
SELECTED VARIETIES 545-640 G 21616156\_EA/21707813\_EA

PREPARED IN CANADA

**\$5**

**DR. OETKER GIUSEPPE RISING OR THIN CRUST PIZZA**  
SELECTED VARIETIES FROZEN, 439-785 G 20904554\_EA/21106361\_EA

**LIMIT 4 OVER LIMIT PAY 7.49 EA**

PREPARED IN CANADA

**7<sup>99</sup>**

**HIGH LINER BREADED OR BATTERED FISH** 350-700 G OR SHRIMP 315/330 G SELECTED VARIETIES FROZEN 2030300001\_EA 20572299004\_EA

**LIMIT 4 OVER LIMIT PAY 10.49 EA**

PREPARED IN CANADA

**3<sup>49</sup>**

**iÖGO NANO POUCHES** 4X90 G OR DRINKABLES 6X93 ML, YOGURT SELECTED VARIETIES 20609687002\_EA 21797886\_EA

**LIMIT 4 OVER LIMIT PAY 4.29 EA**

PREPARED IN CANADA

**2<sup>99</sup>**

**DAIRYLAND SOUR CREAM**  
SELECTED VARIETIES 450/500 ML 20275966001\_EA

**LIMIT 4 OVER LIMIT PAY 4.79 EA**

PREPARED IN CANADA

**6<sup>99</sup>**

**DEL MONTE JUICE BLENDS**  
SELECTED VARIETIES REFRIGERATED, 2.5 L 21437381\_EA/21595942\_EA

**LIMIT 4 OVER LIMIT PAY 7.99 EA**

PREPARED IN CANADA

**\$1**

**NO NAME® PIZZA SAUCE OR PURE TOMATO PASTE**  
SELECTED VARIETIES 156/213 ML 20018020\_EA/21108894\_EA

PREPARED IN CANADA

**\$2**

**CLARK GOURMET BAKED BEANS**  
SELECTED VARIETIES 398 ML 21665635\_EA/21666180\_EA

**LIMIT 6 OVER LIMIT PAY 2.49 EA**

PREPARED IN CANADA

**2<sup>29</sup>**

**SPRAGUE PETITE SOUP**  
SELECTED VARIETIES 284 ML 21684570\_EA/21684586\_EA

**LIMIT 6 OVER LIMIT PAY 2.79 EA**

PREPARED IN CANADA

**\$4**

**PC® VINAIGRETTE**  
SELECTED VARIETIES 350 ML 21072462\_EA/21531574\_EA

PREPARED IN CANADA

**1<sup>25</sup>**

**PC® OR BLUE MENU® SPARKLING WATER**  
SELECTED VARIETIES 1L 20162061002\_EA 20320832002\_EA

PREPARED IN CANADA

**\$3**

**CHRISTIE PEEK FREANS COOKIES**  
SELECTED VARIETIES 275-350 G 20680329\_EA/20680381\_EA

**LIMIT 4 OVER LIMIT PAY 4.49 EA**

PREPARED IN CANADA

**3<sup>75</sup>**

**HARDBITE VEGGIE CHIPS** 150 G OR POTATO CHIPS 128 G SELECTED VARIETIES 21085829\_EA/21157616\_EA

**LIMIT 4 OVER LIMIT PAY 4.50 EA**

PREPARED IN CANADA

**3<sup>99</sup>**

**RUFFLES POTATO CHIPS**  
SELECTED VARIETIES 190/200 G 21241052\_EA/21241146\_EA

**LIMIT 4 OVER LIMIT PAY 4.47 EA**

PREPARED IN CANADA

**\$10**

**BRÜST PROTEIN COFFEE**  
SELECTED VARIETIES AND SIZES 21609553\_EA/21609573\_EA

**LIMIT 4 OVER LIMIT PAY 12.99 EA**

PREPARED IN CANADA

\*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a 2 free PC® Gigantico™ buns 432 G and 2 free PC® Smokies™ 1 KG. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$32.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item 21750711\_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and may not be available in all stores.** No rainchecks OR substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Coupons must be presented and redeemed at time of purchase. Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Some items may have "plus deposit and environmental charge" where applicable. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2026 Loblaws Inc. **\*We match prices:** Applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). We will not match: competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save It Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. No cash value. See pcoptimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours.



Insiders Report™

# PC®'s top produce picks

SHOP NOW

\$7

PC® MIXIANY CHERRY TOMATOES ON THE VINE  
PRODUCT OF CANADA, 340 G  
21720721001\_EA



Must Try!

\$3

PC® CRIMSON PEACH MANGO  
PRODUCT OF MEXICO  
21729495001\_EA



Must Try!

\$6

Optimum™  
App exclusive offer

Get 1,500 pts

\$150 back in points

PC® CHOPPED SALAD KITS  
PRODUCT OF U.S.A  
SELECTED VARIETIES  
282-396 G  
6047390\_EA/4627187\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



\$2

PC® NAM DOK MAI MANGO  
PRODUCT OF MEXICO  
21729547001\_EA



Must Try!

\$6

PC® LUSCIOUS LOVELIES STRAWBERRY-TYPE TOMATOES ON THE VINE  
PRODUCT OF CANADA, 340 G  
21720704001\_EA



Must Try!

\$8

PC® SUKKARI OR SAFAWI  
PRODUCT OF SAUDI ARABIA  
SELECTED VARIETIES  
400 G  
21706738001\_EA/21706824001\_EA



Must Try!

\$5

PC® SIPPETS  
SELECTED VARIETIES  
21690635\_EA/21690709\_EA



Must Try!

\$15

PC® MY SIP  
PURPLE OR PINK  
SELECTED VARIETIES, EA  
21685730\_EA/21685948\_EA



Must Try!

UP TO 20% OFF  
7.00-12.00 AFTER SAVINGS

PC® FLAT TOP TOOLS  
SELECTED VARIETIES  
21668592\_EA



New!

\$15

PC® GREENS & GRAINS SALAD CONTAINER  
SELECTED VARIETIES  
21635139\_EA/21635333\_EA



Must Try!

\$115

LIMIT 3 OVER LIMIT PAY 165.00 EA



PC® THE PERFECTLY PORTABLE TABLETOP GRILL  
INTEGRATED CARRY HANDLE, MARINADE TRAY AND CUTTING BOARD  
21670419\_EA



New!

\$645

LIMIT 3 OVER LIMIT PAY 795.00 EA



PC® THE ULTIMATE GRILL  
4 +1+1 BURNERS  
21670484\_EA



New!

\* Please note that not all items are available in all stores.



Insiders Report™

# PC® snacks of summer

SHOP NOW

2<sup>50</sup>

PC® WORLD OF FLAVOURS POTATO CHIPS  
SELECTED VARIETIES, 200 G  
21712032\_EA/21712161\_EA



New!

2<sup>50</sup>

PC® KETTLE COOKED OR KETTLE RIPPLED POTATO CHIPS  
SELECTED VARIETIES, 200 G  
21422931\_EA/21686985\_EA



5<sup>50</sup>

LIMIT 4  
OVER LIMIT PAY  
7.50 EA

PC® PEANUTS  
SELECTED VARIETIES, 700 G  
20057990001\_EA/20057990003\_EA



3<sup>50</sup>

PC® ELOTE STREET CORN DIP OR DIPS  
SELECTED VARIETIES  
200/227 G  
21706608\_EA



New!

\$5

PC® ROASTED RED PEPPER OR HUMMUS CHICKPEA SPREAD  
255 ML  
21732656\_EA/21732723\_EA



Must Try!

3<sup>50</sup>

PC® ORGANICS VEGAN PUFFS  
SELECTED VARIETIES, 142 G  
21716046\_EA/21716109\_EA



Must Try!

\$3

PC® GUAVA LEMONADE  
SELECTED VARIETIES, 1.89 L  
21706967\_EA



Must Try!

3<sup>50</sup>

PC® LEMONADE OR TEA  
SELECTED VARIETIES,  
REFRIGERATED, 1.36 L  
21717078\_EA/21717221\_EA



6<sup>75</sup>

PC® SOFT DRINKS  
SELECTED VARIETIES  
12X355 ML  
21747386\_C12



New!

7<sup>50</sup>

PC® DE-ALCOHOLIZED WINE  
SELECTED VARIETIES, 750 ML  
21045604\_EA/21403385\_EA



\$5

PC® INSTANT COFFEE  
SELECTED VARIETIES, 80/100 G  
21499826\_EA/2150127\_EA



\$10

PC® SINGLE SERVE COFFEE PODS  
SELECTED VARIETIES, 12'S  
20585365\_EA/20585545\_EA



\$11

PC® SINGLE ORIGIN COFFEE  
SELECTED VARIETIES, 340 G  
21380541\_EA/21668472\_EA



New!



Insiders Report™

# Sip. Snack. Save.

SHOP NOW

\$7

**PC® BLUEBERRIES**  
PRODUCT OF MEXICO, PERU OR MOROCCO, 278 G  
20573077\_EA



2<sup>98</sup>

**PC® LITTLE GEMS™ RED, YELLOW OR MIXED MINI POTATOES**  
PRODUCT OF CANADA, CANADA NO. 1 GRADE, 680 G  
21247300001\_EA/21247299001\_EA



\$5

**PC® BALANCIA TOMATOES ON THE VINE**  
PRODUCT OF CANADA, 454 G  
21720716001\_EA



6<sup>50</sup>

**PC® STREET CART SAUSAGES**  
SELECTED VARIETIES, 500 G  
21525049\_EA



\$14

**PC® HALIFAX INSPIRED DONAIR BEEF BURGERS**  
FROZEN, 668 G  
21644246\_EA



\$15

**PC® BLACK LABEL WAGYU BURGERS**  
SELECTED VARIETIES, FROZEN, 568 G  
20786235\_EA/21522754\_EA



13<sup>99</sup>

**PC® BLUE MENU™ WILD SOCKEY SALMON BURGERS**  
FROZEN, 568 G  
20650417\_EA



**LIMIT 4 OVER LIMIT PAY 15.99 EA**

\$6

**PC® DOUBLE CREAM BRIE, 200 G OR PC® GOAT CRUMBLES** 165/175 G  
SELECTED VARIETIES  
20787327\_EA/20862068\_EA



5<sup>50</sup>

**PC® MANGO OR FRESH SALSA**  
SELECTED VARIETIES  
350 G/430 ML  
20571848\_EA/21646968\_EA



ALWAYS LOW PRICE

\$5<sup>50</sup>

**PC® BRIOCHE BUNS**  
SELECTED VARIETIES  
6'S  
21094319\_EA/21431172\_EA



\$12

**PC® CREAMPIE**  
SELECTED VARIETIES  
FROZEN, 730 G  
21586363\_EA



\$4

**PC® HAZELNUT SPREAD**  
SELECTED VARIETIES, 375 ML  
20792384\_EA



2<sup>50</sup>

**PC® LOADS OF™ FLAVOUR POTATO CHIPS**  
SELECTED VARIETIES, 200 G  
20840911001\_EA/20840911004\_EA



3<sup>50</sup>

**PC® WINE GUMS OR LIQUORICE ALLSORTS**  
SELECTED VARIETIES, 175/200 G  
20878994\_EA/20879245\_EA



3<sup>49</sup>

**PC® MINI POPPADOMS**  
SELECTED VARIETIES, 113 G  
21605321\_EA/21605358\_EA



**LIMIT 4 OVER LIMIT PAY 4.00 EA**

It's here!



SHOP NOW

3<sup>99</sup>

LIMIT 4  
OVER LIMIT PAY  
4.49 EA

PC<sup>\*</sup> ORANGE JUICE  
SELECTED VARIETIES,  
REFRIGERATED, 1.36 L  
21710997\_EA/21717114\_EA



5<sup>49</sup>

LIMIT 4  
OVER LIMIT PAY  
6.79 EA

PC<sup>\*</sup> SHREDDED  
CHEESE  
SELECTED VARIETIES  
250-320 G  
21203933\_EA



\$5

PC<sup>\*</sup> LOADS OF ICE CREAM BARS  
SELECTED VARIETIES FROZEN, 4X72 ML  
21575391\_EA/21707047\_EA



5<sup>50</sup>

PC<sup>\*</sup> FUNCTIONAL  
SPARKLING WATER  
SELECTED VARIETIES, 6X355 ML  
21650369\_C06/21650611\_C06



3<sup>29</sup>

PC<sup>\*</sup> OR BLUE MENU<sup>®</sup>  
SALAD DRESSING  
SELECTED VARIETIES, 475 ML  
20627618010\_EA/20628488001\_EA



4<sup>99</sup>

PC<sup>\*</sup> OR BLUE MENU<sup>®</sup>  
PICKLES  
SELECTED VARIETIES, 1 L  
20434319002\_EA/20434319003\_EA



\$14

PC<sup>\*</sup> NUTRITION FIRST<sup>®</sup>  
CAT FOOD  
SELECTED VARIETIES, 2 KG  
21303164\_EA



\$7

PC<sup>\*</sup> NUTRITION FIRST<sup>®</sup>  
DOG TREATS  
SELECTED VARIETIES  
160 G-270 G  
21722109\_EA/21722496\_EA

LIMIT 4  
OVER LIMIT PAY  
9.00 EA



\$25

PC<sup>\*</sup> NUTRITION FIRST<sup>®</sup>  
DOG FOOD  
SELECTED VARIETIES, 7 KG  
21304726\_EA

LIMIT 4  
OVER LIMIT PAY  
30.00 EA



BUY 2  
GET 1  
FREE

LIFE AT HOME<sup>™</sup> CANDLES  
SELECTED VARIETIES, FREE ITEM MUST BE  
OF EQUAL OR LESSER VALUE  
10.00-21.00  
21684212\_EA/21686688\_EA



\$25

PC<sup>\*</sup> PICNIC BOWL  
21692266\_EA/21692441\_EA



BUY 3  
GET 1  
FREE

PC<sup>\*</sup> TRITAN STEMLESS GLASS  
SELECTED VARIETIES, 20 OZ  
FREE ITEM MUST BE OF EQUAL  
OR LESSER VALUE  
4.00  
21058707\_EA/21058706\_EA  
21058708\_EA/21058705\_EA





# GREEN THUMBS UP

**GARDEN CENTRE OPEN**  
Victoria Day  
7am-6pm

**100% CANADIAN GROWERS**

**\$5**

**ANNUALS OR VEGETABLES**  
SELECTED VARIETIES  
6 PACK, 3.5 INCH  
21351207\_EA

**PRODUCT OF CANADA**

**\$12**

**PC® 4-SEASON TROPICALS**  
SELECTED VARIETIES, 6 INCH  
21347083\_EA

**PRODUCT OF CANADA**

**\$15**

**PC® ANNUAL PLANTER**  
SELECTED VARIETIES, 8.5 INCH  
21001606\_EA

**PRODUCT OF CANADA**

**\$30**

**PC® DELUXE ANNUAL PLANTER**  
SELECTED VARIETIES, 11 INCH  
20753963\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**

**5/\$25**  
OR 5.50 EA

**PC® GIGANTICO™ ANNUALS, HERBS OR VEGETABLES**  
SELECTED VARIETIES, 4.33 INCH  
21350301\_EA/21352664\_EA/21350302\_EA

**PRODUCT OF CANADA**

**\$20**

**PC® HERB IN WHISKEY BARREL**  
SELECTED VARIETIES, 10 INCH  
20753949\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**

**2/\$55**  
OR 32.00 EA

**PC® JUMBO ANNUAL HANGING BASKET**  
SELECTED VARIETIES, 12 INCH  
20753924\_EA

**PRODUCT OF CANADA**

**\$9**

**PC® SUPER GIGANTICO™ ANNUALS**  
SELECTED VARIETIES, 6 INCH  
21352513\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**

**2/\$40**  
OR 23.00 EA

**PC® DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
11 INCH  
20753918\_EA

**PRODUCT OF CANADA**

**\$20**

**PC® VEGETABLES IN CAGE**  
SELECTED VARIETIES,  
10 INCH  
20753922\_EA

**Roma Tomato Little Napoli**

**PRODUCT OF CANADA**

**\$32**

**PC® WINDOW BOX PLANTER**  
SELECTED VARIETIES, 23 INCH  
20753920\_EA

**PRODUCT OF CANADA**

**\$4**

**SUCCULENTS**  
SELECTED VARIETIES, 4 INCH  
21647674\_EA

**PRODUCT OF CANADA**

**\$30**

**CAT PALM**  
10 INCH  
21576142\_EA

**FROM \$10**  
10.00-17.00

**SPRING BULBS**  
SELECTED VARIETIES  
PLANT NOW FOR  
SUMMER BLOOMS  
21426085\_EA/21631503\_EA

**\$19**

**PC® LILIUM COLLECTION**  
IN A DECORATIVE COLOUR POT,  
SELECTED VARIETIES, 8 INCH  
20998866\_EA

**PRODUCT OF CANADA**



# GREEN THUMBS UP

**GARDEN CENTRE OPEN**  
Victoria Day  
7am-6pm

**100% CANADIAN GROWERS**

**MULTI SAVE**  
**2/\$10**  
OR 5.50 EA

**PC PERENNIALS**  
SELECTED VARIETIES, 9 CM  
21350463\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**  
**2/\$20**  
OR 11.00 EA

**PC PERENNIALS**  
SELECTED VARIETIES, 13 CM  
21350465\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**  
**2/\$26**  
OR 15.00 EA

**PC PERENNIALS**  
SELECTED VARIETIES, 15 CM  
21350466\_EA

**PRODUCT OF CANADA**

**4.99**

**GROW YOUR OWN SELECTION OF ONION**  
SELECTED VARIETIES  
21430587\_EA

**MCKENZIE**  
CANADA EST. 1876

MIXED ONIONS  
OIGNONS MÉLANGÉS

SCALLIONS  
OIGNONS VERTS

225 G

**FROM 1.99-5.99**

**BURPEE OR MCKENZIE SEEDS**  
SELECTED VARIETIES  
21238933\_EA

**BURPEE**  
ANNUELLE  
**ZINNIA**  
Giant Flowered Mixed Colours  
Mélange coloré de fleurs géantes

**MCKENZIE**  
BEAN HARICOT  
Improved Golden Wax (Lob) Improved Endless (Nain)

**FROM \$6**  
6.00-20.00

**GARDEN TOOLS**  
SELECTED VARIETIES  
21628622\_EA

**FROM \$8**  
8.00-20.00

**GARDEN WATERING ACCESSORIES**  
SELECTED STYLES  
21628518\_EA/20275904\_EA/21628458\_EA

**FROM \$15**  
15.00-50.00

**GARDEN DÉCOR**  
SELECTED STYLES  
21570212\_EA

**FROM \$13**  
13.00-60.00

**GARDEN POTS**  
SELECTED VARIETIES AND STYLES  
21566615\_EA

**\$11**

**NO NAME® ALL-PURPOSE SOIL**  
50 L  
21358664\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**  
**4/\$14**  
OR 3.75 EA

**PC BLACK EARTH SOIL**  
25 L  
21357792\_EA

**PRODUCT OF CANADA**

**\$11**

**PC FLOWER AND GARDEN BED SOIL**  
50 L  
21363856\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**  
**2/\$11**  
OR 6.00 EA

**NO NAME® CEDAR MULCH**  
AVAILABLE IN NATURAL OR BLACK, 42.5 L  
21358573\_EA

**PRODUCT OF CANADA**

**MULTI SAVE**  
**2/\$15**  
OR 8.00 EA

**PC VEGETABLE & HERB SOIL**  
25 L  
21349109\_EA

**PRODUCT OF CANADA**

**\$10**

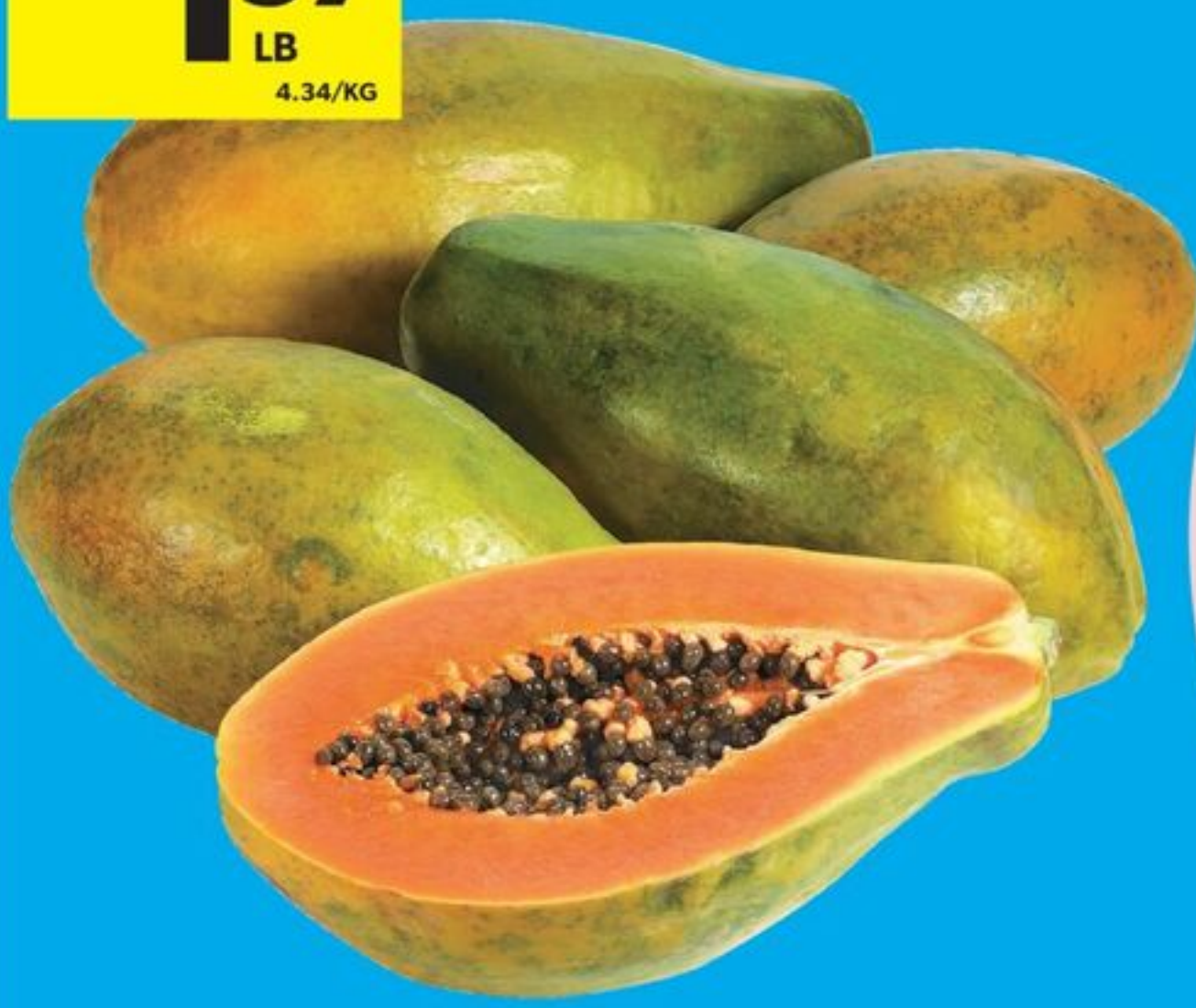
**MIRACLE GRO SHAKE 'N FEED TOMATO, FRUIT & VEGETABLE**  
453 G  
21567431\_EA

**FRESH  
PROMISE**

**If it's not fresh,  
it's free.**

**1.97**  
LB  
4.34/KG

**PAPAYA**  
PRODUCT OF MEXICO  
20817066001\_KG



**Optimum™**

Get  
**8,000**  
pts

**\$8**  
back in  
points

**CLICK FOR  
THIS COUPON  
AND MORE**

Cannot be used with any  
other points, promotions  
or offers.

when you spend  
**\$50** or more on fresh fruits  
or vegetables in the  
**Produce Department**

**1.99**  
LB  
4.39/KG

**BARTLETT PEARS**  
PRODUCT OF ARGENTINA  
20177240001\_KG



**\$8**

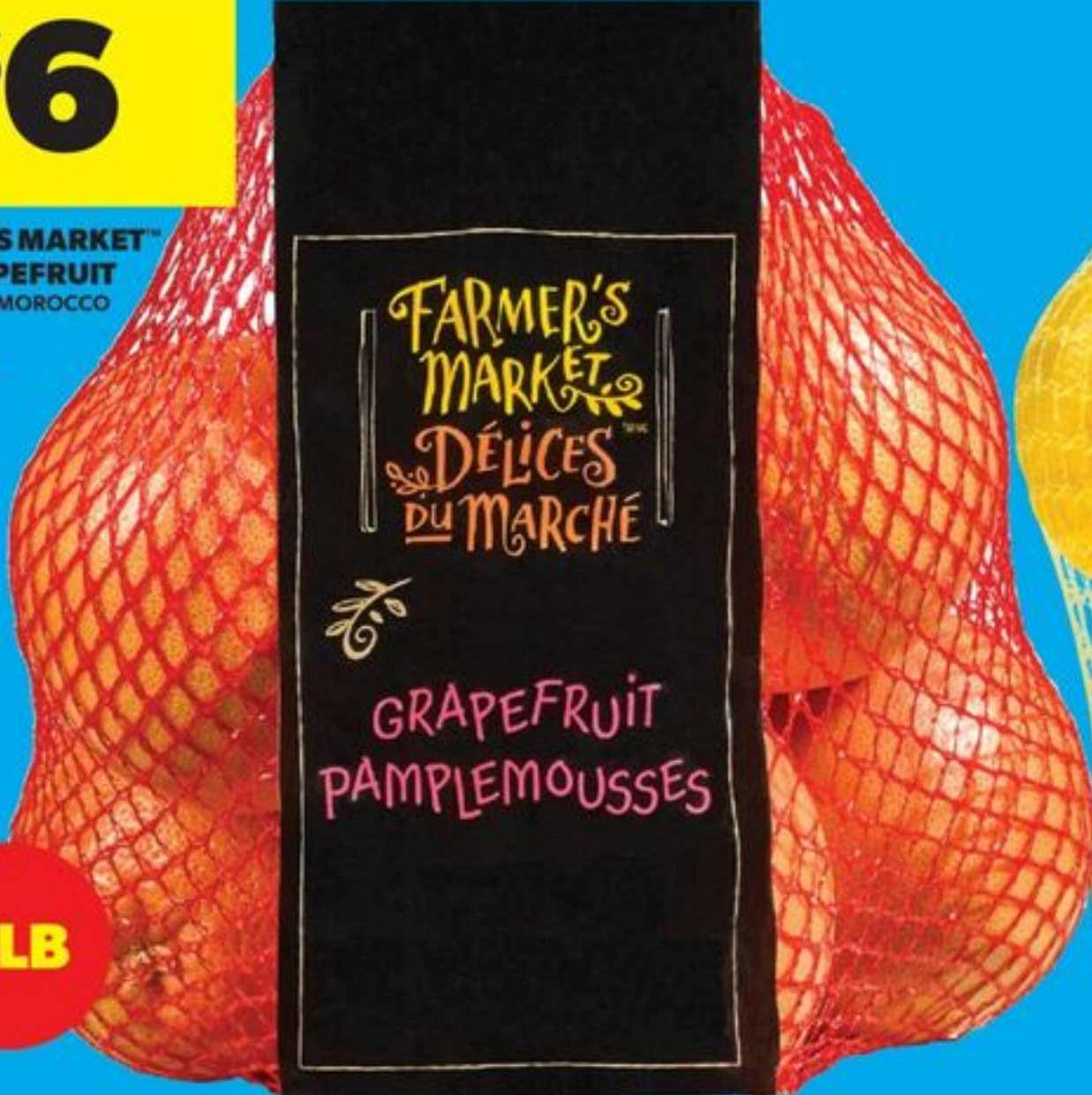
**FARMER'S  
MARKET™ KIWI**  
PRODUCT OF GREECE  
CLUB SIZE  
21576456001\_EA



**2 LB**

**\$6**

**FARMER'S MARKET™  
RED GRAPEFRUIT**  
PRODUCT OF MOROCCO  
CLUB SIZE  
20118409001\_EA



**3 LB**

**\$6**

**FARMER'S  
MARKET™  
LEMONS**  
PRODUCT OF U.S.A.  
20798811001\_EA



**3 LB**

**1.99**  
LB  
4.39/KG

**GREEN ZUCCHINI**  
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE  
20426596001\_KG



**GINGER ROOT**  
PRODUCT OF CHINA  
20179038001\_KG

**1.99**  
LB  
4.34/KG



**\$3**  
LB  
6.61/KG

**JAPANESE SWEET YAM**  
PRODUCT OF U.S.A.  
20524922001\_KG



**PLANTAIN**  
PRODUCT OF COLUMBIA,  
HONDURAS, GUATEMALA OR  
COSTA RICA  
2011926001\_KG

**1.50**  
LB  
3.31/KG



# TEAM SAVINGS

For fans serious about their deals and their spreads.

**4.99**  
LB  
11.00 /KG

**PORK BACK RIBS**  
FROZEN  
21105394\_KG



**7.50**  
LB  
16.53/KG

**CHICKEN THIGHS**  
BONELESS, SKINLESS, FRESH  
20162170\_KG



INCLUDES  
**HALAL**

**CLUB SIZE**

**3.99**  
LB  
8.80/KG

**PORK TENDERLOIN**  
CRYOVAC  
20520970\_KG/21671162\_KG



**\$5**

**NO NAME® BACON**  
SELECTED VARIETIES, 375 G  
21738685\_EA



**375 G**

**\$8**

**PC® BLUE MENU®**  
**GROUND CHICKEN**  
**OR TURKEY**  
454 G  
21100091\_EA/21100092\_EA



**3.99**

**PC® HAM STEAK**  
SELECTED VARIETIES, 175 G  
20114226\_EA

**LIMIT 4**  
OVER LIMIT PAY  
5.99 EA



**5.49**

**ASIAN INSPIRATIONS**  
**OR MULDOON'S**  
**ENTRÉES**  
SELECTED VARIETIES, FROZEN,  
400 G  
21047378\_EA/21047671\_EA



**\$11**

**NO NAME® EGG ROLLS**  
SELECTED VARIETIES FROZEN,  
1.25 KG  
21607035\_EA/21607107\_EA



**\$9**

**HERON CRAB MEAT**  
SELECTED VARIETIES,  
REFRIGERATED, 170 G  
OR **WILD BY NATURE**  
**MINCED LOBSTER**  
**MEAT** 320 G, FROZEN  
21722772\_EA/21647384\_EA

**LIMIT 4**  
OVER LIMIT PAY  
9.99 EA



**\$4**  
LB  
8.82/KG

**WHOLE POMPANO,**  
**MILKFISH OR WILD**  
**PINK SALMON**  
FROZEN  
20066381\_KG/2019071\_KG



**\$10**

**PC® ZIPPERBACK RAW**  
**BLACK TIGER SHRIMP**  
16-20/LB, 400 G  
OR **SHRIMP SKEWERS**  
31-40/LB, 10-PACK,  
FROZEN  
20801192\_EA/21687600\_EA



**\$7**

**WHOLE WILD**  
**CHUB MACKEREL**  
**OR BASA STEAKS**  
FROZEN, 1 KG  
20910469\_EA/21079543\_EA

**LIMIT 4**  
OVER LIMIT PAY  
8.00 EA



ALWAYS  
LOW PRICE

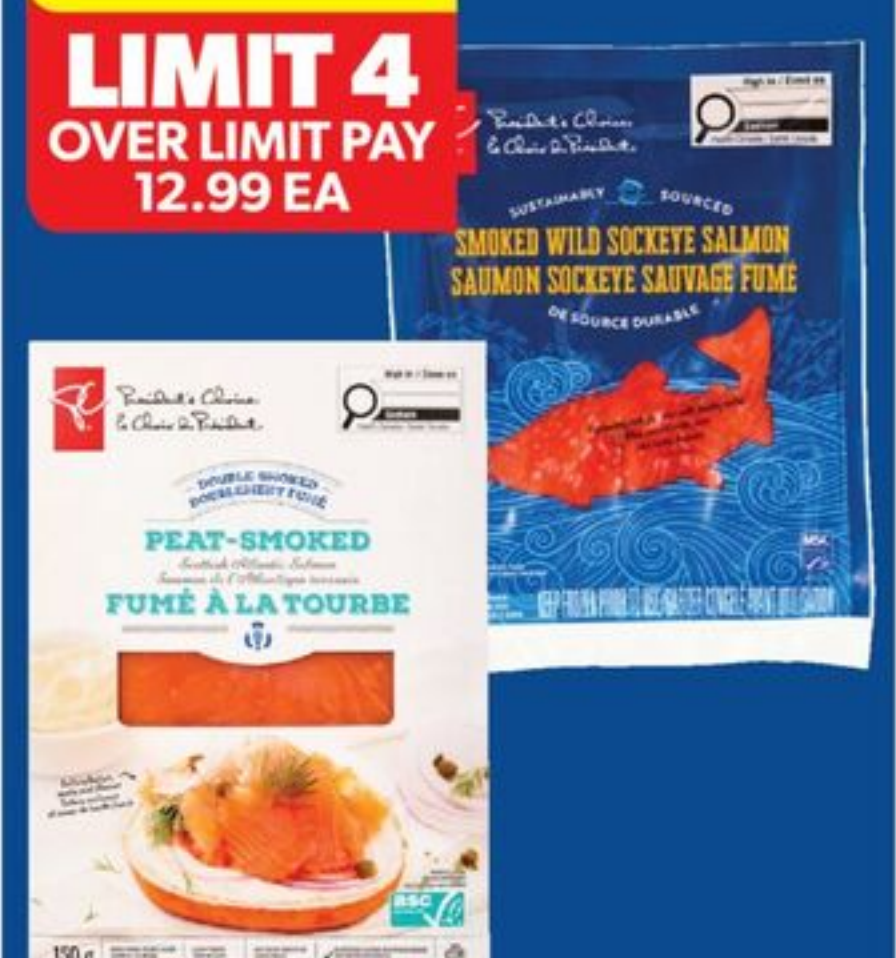
**\$19**

**PC® SHRIMP**  
**PLATTER WITH**  
**MILD**  
**COCKTAIL**  
**SAUCE**  
31/LB, FROZEN, 568 G  
20147098\_EA



**\$11**

**PC® SMOKED SALMON**  
SELECTED VARIETIES, FROZEN,  
125/150 G  
20055009\_EA/21047088\_EA



# TEAM SAVINGS

For fans serious about their deals and their spreads.

**3.50**  
/100 G

PC® OR BLUE MENU®  
NATURAL CHOICE  
TURKEY, CHICKEN  
OR SALAMI  
DELI SERVICE CASE,  
SELECTED VARIETIES  
20167133\_EA



Members Price™  
**6.50**

Non-Members  
**7.50**

Members Save  
**\$1**

**PILLER'S PEPPERONI  
PIZZA TOPPINGS**  
175-250 G  
OR **KOLBASSA** 250-375 G  
OR **CHUBS** 175 G  
SELECTED VARIETIES  
20042333\_EA/20308469\_EA  
\*\*Must be a registered PC Optimum™  
member to load and get this offer.  
\*Open your PC Optimum™ app or visit  
pc optimum.ca to get the offer.



Members Price™  
**6.50**

Non-Members  
**7.50**

Members Save  
**\$1**

**PC® SPLENDIDO®  
SLICED MEATS**  
SELECTED VARIETIES, 100 G  
21049131\_EA/21050405\_EA  
\*\*Must be a registered PC Optimum™  
member to load and get this offer.  
\*Open your PC Optimum™ app or visit  
pc optimum.ca to get the offer.



**\$5**

**LIMIT 4  
OVER LIMIT PAY  
6.00 EA**

**CASTELLO CHEESE**  
SELECTED VARIETIES, 125-200 G  
20428574\_EA/20574963\_EA



**\$7**

**LIMIT 4  
OVER LIMIT PAY  
8.00 EA**

**BALDERSON  
CHEESE NON-AGED  
CHEDDAR BLOCKS**  
SELECTED VARIETIES, 250/280 G  
OR **BALDERSON GOUDA**  
SELECTED VARIETIES, 170 G  
21495455\_EA/21495561\_EA



**\$10**

**THE LAUGHING COW  
CHEESE**  
SELECTED VARIETIES, 32'S, 535 G  
20022525\_EA/20056397\_EA



**2/3.98**  
OR 2.29 EA

**SUNRISE  
DESSERT TOFU**  
SELECTED VARIETIES, 150/300 G  
20135704\_EA/20569354\_EA



Members Price™  
**\$5**

Non-Members  
**\$6**

Members Save  
**\$1**

**PC® BLACK LABEL  
CRISPS 150 G OR  
SOMETHING SPECIAL  
JELLY 300 G**  
SELECTED VARIETIES  
20500871\_EA/20501555\_EA  
\*\*Must be a registered PC Optimum™  
member to load and get this offer.  
\*Open your PC Optimum™ app or visit  
pc optimum.ca to get the offer.



Members Price™  
**\$30**

Non-Members  
**\$35**

Members Save  
**\$5**

**BENTO KAZOKU  
PLATTER**  
53 PIECES, 1.2 KG  
21637774\_EA  
\*\*Must be a registered  
PC Optimum™ member  
to load and get this offer.  
\*Open your PC Optimum™  
app or visit  
pc optimum.ca  
to get the offer.



**2/\$5**  
OR 2.99 EA

**WONDER BREAD 570 G  
OR BUNS 12'S**  
SELECTED VARIETIES  
20305674\_EA/20520828\_EA



**ALWAYS  
LOW PRICE**

**\$5**

**FURLANI  
GARLIC TOAST**  
SELECTED VARIETIES,  
16'S  
20041579\_EA



**\$5**

**KAISER OR  
ITALIAN BUNS**  
BAKED IN-STORE, 18'S  
2000238\_EA/20026936\_EA



**\$5**

**FARMER'S MARKET™  
BUTTER CROISSANTS  
OR BUNS**  
SELECTED VARIETIES, 260-336 G  
20975943\_EA/21707790\_EA



**\$5**

**DONUTS**  
SELECTED VARIETIES, 3/4'S  
21608758\_EA/21647840\_EA



**\$15**

**FARMER'S MARKET™  
BAR CAKES**  
SELECTED VARIETIES,  
675-770 G  
21500612\_EA/21500763\_EA



# TEAM SAVINGS: WEEKEND OVERTIME

For fans who live for matchdays and long weekends.

**\$4**

Get **2,000 pts** When you buy 2

**\$2** back in points

**JUMBO HAMBURGER OR HOT DOG BUNS**  
SELECTED VARIETIES  
BAKED IN-STORE, 12'S  
21204652\_EA/21204654\_EA

PREPARED IN CANADA

**8<sup>99</sup>**

**HARVEST MEATS WIENERS OR FARMERS SAUSAGE**  
SELECTED VARIETIES, 375-675 G  
20122094\_EA/20357532\_EA

**\$14**

**GRASS FED MEDIUM GROUND BEEF**  
900 G  
21675509\_EA

**1<sup>99</sup>** LB  
4.39/KG

**SWEET ONIONS**  
PRODUCT OF U.S.A.  
NO. 1 GRADE  
20083454001\_KG

**4 DAYS**  
MAY 14 - 17

**\$20**

**LARGE VEGETABLE OR FRUIT PLATTER**  
PREPARED IN-STORE  
1.34-1.87 KG  
20081718\_EA/20121599\_EA

Get **3,000 pts** When you spend \$10\*

**\$3** back in points

**FRANK'S HOT SAUCE, STUBB'S BBQ SAUCE, FRENCH'S OR CHOLULA HOT SAUCE**  
SELECTED VARIETIES  
225 ML-1 L  
20835068\_EA  
21648960\_EA

**\$4**

**KING'S HAWAIIAN ROLLS**  
SELECTED VARIETIES  
21'S  
21489831\_EA

SAVOURY BUTTER ROLLS  
PETITS PAINS SAVOUREUX AU BEURRE

**\$12**

**IN-STORE TAKE AND BAKE 14" PIZZA**  
SELECTED VARIETIES,  
630-730 G  
21547481\_EA

14"

Members Price **\$13** Non-Members **\$15** Members Save **\$2**

**PC CHEESE SLICES**  
SELECTED VARIETIES, 500 G  
20217638\_EA/20249985\_EA

\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

CLUB SIZE • FORMAT CLUB

SWISS SAUCISSE  
HAVARTI CHEESE

CLUB SIZE • PREPARED IN CANADA

**4<sup>50</sup>**

**PC THE DECADENT COOKIES**  
SELECTED VARIETIES  
280/300 G  
20612257\_EA  
20612260\_EA

LIMIT 4 OVER LIMIT PAY 5.79 EA

THE DECADENT CHOCOLATE CHUNK COOKIE

PREPARED IN CANADA

**1<sup>99</sup>**

**BUSH'S BEST BEANS**  
SELECTED VARIETIES  
398 ML  
20101518001\_EA  
20101518002\_EA

LIMIT 6 OVER LIMIT PAY 2.29 EA

BUSH'S BEST Original BAKED BEANS  
Homestyle BAKED BEANS

**3<sup>25</sup>**

**STAGG CHILI**  
SELECTED VARIETIES  
425 G  
20091906\_EA  
20300125004\_EA

LIMIT 4 OVER LIMIT PAY 3.79 EA

STAGG CHILI CLASSIQUE  
SILVERADO

**2/4<sup>50</sup>**  
OR 2.69 EA

**DARE MALLOW CANDY**  
SELECTED VARIETIES,  
150 G  
21646735\_EA  
21646784\_EA

DARE MALLOW SWEET STRAWBERRY  
BANANA BANANE

**2<sup>50</sup>**

**NO NAME MARSHMALLOWS**  
SELECTED VARIETIES  
400 G  
20304672001\_EA  
20304672002\_EA

LIMIT 4 OVER LIMIT PAY 2.79 EA

miniature marshmallows  
grosses miniatures

large marshmallows  
grosses grosses

Members Price **2<sup>22</sup>** Non-Members **2<sup>99</sup>**

**CHRISTIE CRACKERS**  
SELECTED VARIETIES, 162-212 G  
21030647\_EA/21547634\_EA

\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

RITZ triscuit

**5<sup>99</sup>**

**TAZO CONCENTRATE**  
SELECTED VARIETIES  
946 ML  
21593121\_EA  
21692029\_EA

LIMIT 4 OVER LIMIT PAY 8.99 EA

TAZO GREEN TEA MATCHA LATTE  
MATCHA LATTE AU THÉ VERT

TAZO CHOCOLATE CHAI LATTE  
LATTE CHAI AU CHOCOLAT

**3<sup>49</sup>**

**ALCAN FOIL 50', REYNOLDS PARCHMENT PAPER 35', GLAD FOOD WRAP 60 M OR PLANT BASED 45 M**  
SELECTED VARIETIES  
20043471\_EA  
20051862\_EA

LIMIT 4 OVER LIMIT PAY 4.79 EA

ALCAN CLASSIC 50'  
GLAD ClingWrap 60'

**12<sup>96</sup>**

**ZIPLOC MEGA STORAGE BAGS**  
SELECTED VARIETIES  
60-270'S  
21196085\_EA  
21196100\_EA

LIMIT 4 OVER LIMIT PAY 12.96 EA

Ziploc MEGA PACK / MEGA FORMAT 60 FREEZING COMBINATION  
Ziploc MEGA PACK / MEGA FORMAT 270 SANDWICH

## Earn 10,000 pts

When you spend \$50+ on select BBQ essentials\*. Online only.

Use code **BBQ10**

[Shop now](#)

pts pts pts pts

Express™

\*Offer valid from May 14 to 27, 2026. Conditions apply. See site for details.

# TEAM SAVINGS: WEEKEND OVERTIME

For fans who live  
for matchdays and  
long weekends.

**\$6**

**LIMIT 4  
OVER LIMIT PAY  
7.48EA**

**FEVER-TREE  
CLASSIC MIXERS**  
SELECTED VARIETIES, 750 ML  
2166465\_EA



**\$3**

**PC® MINI CAN  
SOFT DRINKS**  
SELECTED VARIETIES, 6X222 ML  
21361951\_C06/21399519\_C06



**4<sup>50</sup>**

**PC® M'AQUA™  
COCKTAIL FLAVOURED  
SPARKLING WATER**  
SELECTED VARIETIES, 6X355 ML  
21590669\_C06/217182210\_C06



**2<sup>25</sup>**

**PC® 100% JUICE**  
SELECTED VARIETIES, 1L  
21080954\_EA/21080958\_EA



**2<sup>50</sup>**

**LIMIT 4  
OVER LIMIT PAY  
3.00 EA**

**PC® LIQUID WATER  
ENHANCER**  
SELECTED VARIETIES, 48 ML  
20734123001\_EA/21080963\_EA



**3<sup>50</sup>**

**LIMIT 4  
OVER LIMIT PAY  
4.29 EA**

**PC® OR BLUE MENU®  
CRANBERRY  
COCKTAIL OR  
100% JUICE BLEND**  
SELECTED VARIETIES, 1.89 L  
20307025001\_EA/20628589001\_EA



**1<sup>50</sup>**

**PC® NATURAL  
SPRING WATER**  
4L  
21185641\_EA

**LIMIT 4  
OVER LIMIT PAY  
2.19 EA**



**4<sup>99</sup>**

Get  
**1,000**  
pts

**\$1**  
back in  
points

**MOTT'S CLAMATO**  
SELECTED VARIETIES, 2.54 L  
20167772002\_EA



**3<sup>98</sup>**

**LIMIT 4  
OVER LIMIT PAY  
4.49 EA**

**TROPICANA DRINKS  
OR ZERO SUGAR  
1.36L OR PURE LEAF  
ICED TEA 1.75 L**  
SELECTED VARIETIES  
REFRIGERATED  
20755752002\_EA/21621950\_EA



**6<sup>50</sup>**

**AHA SPARKLING  
WATER BEVERAGES**  
SELECTED VARIETIES, 12X355 ML  
21435674\_C12/21438902\_C12



**6<sup>99</sup>**

**LIMIT 4  
OVER LIMIT PAY  
8.49 EA**

**NESTEA ICED TEA**  
SELECTED VARIETIES, 12X341 ML  
21689167\_C12



**6<sup>50</sup>**

**SAN PELLEGRINO  
CIAO OR NATURALI  
SPARKLING DRINKS**  
SELECTED VARIETIES, 6X330 ML  
21719294\_C06/21433206\_C06



**3<sup>47</sup>**

**PEPSI  
MINI CAN  
SOFT DRINKS**  
SELECTED VARIETIES  
6X222 ML  
20857560004\_C06

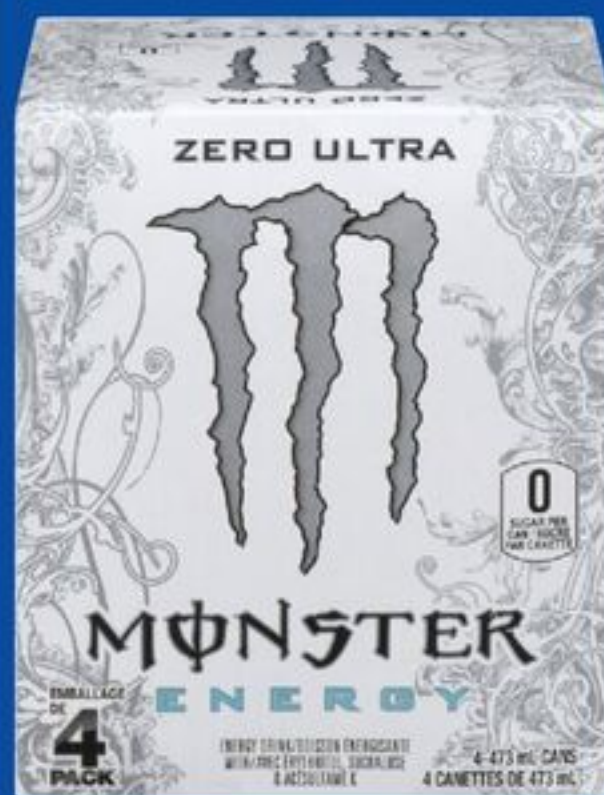
**LIMIT 4  
OVER LIMIT PAY  
3.97 EA**



**8<sup>99</sup>**

**MONSTER OR  
REIGN ENERGY  
DRINKS**  
SELECTED VARIETIES  
4X473 ML  
20767535\_C04

**LIMIT 4  
OVER LIMIT PAY  
10.49 EA**



**6<sup>99</sup>**

**STOK COLD  
BREW OR  
STARBUCKS  
ICED COFFEE**  
SELECTED VARIETIES  
REFRIGERATED  
1.18/1.42L  
21203730\_EA/21215530\_EA

**LIMIT 4  
OVER LIMIT PAY  
8.49 EA**



**7<sup>99</sup>**

**BUDWEISER  
ZERO NON-  
ALCOHOLIC  
BEER**  
6X355 ML  
21313108\_EA

**LIMIT 4  
OVER LIMIT PAY  
12.49 EA**



# TEAM SAVINGS: PATIO READY

For fans who soak up the games and the sun.

UP TO  
**20% OFF**  
24.00-64.00 AFTER SAVINGS

PC<sup>®</sup> HARD COOLERS  
SELECTED VARIETIES  
21684324\_EA / 21684345\_EA



UP TO  
**25% OFF**  
6.00-30.00 AFTER SAVINGS

BUBBLE MACHINES  
21694050\_EA / 21630035\_EA



UP TO  
**20% OFF**  
15.50-79.50 AFTER SAVINGS

SLEEP OR TENTS  
SELECTED VARIETIES  
21686011\_EA / 21685545\_EA



**\$49**

EVERYDAY ESSENTIALS<sup>™</sup>  
ALL PURPOSE WAGON  
21685628\_EA

**LIMIT 2**  
OVER LIMIT PAY  
59.00 EA



**\$69**

EVERYDAY ESSENTIALS<sup>™</sup>  
CLUB CHAIR  
21685991\_EA / 21685780\_EA

**LIMIT 4**  
OVER LIMIT PAY  
79.00 EA



**\$59**

EVERYDAY ESSENTIALS<sup>™</sup>  
POP UP GAZEBO  
10' X 10'  
21685825\_EA

**LIMIT 2**  
OVER LIMIT PAY  
69.00 EA



**BUY 1 GET 1  
50% OFF**

EVERYDAY ESSENTIALS<sup>™</sup> AND  
LICENSED BEACH TOWELS  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
12.00-18.00  
21614285\_EA / 21692679\_EA



**BUY 1 GET 1  
50% OFF**

POOL ACCESSORIES  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
4.00-75.00  
21637147\_EA / 21470340\_EA



Get  
**6,000**  
pts  
For every \$18\*  
spent

**\$6**  
back in  
points

OFF! OR RAID INSECT  
REPELLENT  
SELECTED VARIETIES  
20001279001\_EA / 20111889\_EA



UP TO  
**20% OFF**  
16.00-25.00 AFTER SAVINGS

THERMOS FOOD JARS,  
TUMBLERS OR MUGS  
SELECTED VARIETIES  
21355134\_EA / 21359576\_EA



\* Please note that not all items are available in all stores.

# Kiddo's best summer yet for less

Tents, chairs and everything in between to let their imaginations run wild, while keeping your budget in check.

A long summer of memories in one quick setup.

**LIMIT 2**  
**\$32**  
OVER LIMIT PAY  
40.00 EA

**LIMIT 4**  
**9.50**  
OVER LIMIT PAY  
12.00 EA

**LIMIT 2**  
**\$23**  
OVER LIMIT PAY  
29.00 EA

Glow as bright as their imagination.

Every explorer needs a comfy place to land.

So cozy, they may actually go to bed on time.

- 1. Everyday Essentials™ Kids Log Cabinplay Tent**, \$32 **LIMIT 2** over limit pay \$40 ea 21618748\_EA
- 2. Everyday Essentials™ Kids Quad Chairs**, \$9.50 **LIMIT 4** over limit pay \$12 ea 21685973\_EA/21685974\_EA/21685975\_EA/21685886\_EA
- 3. Everyday Essentials™ Kids B/O Campfire Lantern**, \$15 **LIMIT 2** over limit pay \$19 ea 21618847\_EA

## In their camping era

Outdoorsy—but make it cute and budget-friendly.



1



2

**LIMIT 2**  
**\$12**  
OVER LIMIT PAY  
15.00 EA



3

- 1. Everyday Essentials™ Kids Character Sleeping Bags**, \$23 **LIMIT 2** over limit pay \$29 ea 21618904\_EA/21618905\_EA
- 2. Everyday Essentials™ Kids Character Backpack Cooler - Owl**, \$12 **LIMIT 2** over limit pay \$15 ea 21621822\_EA
- 3. Everyday Essentials™ Kids Character Backpack Cooler - Fox**, \$12 **LIMIT 2** over limit pay \$15 ea 21621840\_EA

\* Please note that not all items are available in all stores.

# HELLO GRILLING, HELLO SAVINGS



**\$215**

**LIMIT 3**  
OVER LIMIT PAY  
295.00 EA

**PC<sup>®</sup> ALMOST SMOKELESS WOOD-BURNING FIRE PIT**  
INCLUDES STAINLESS STEEL GRILL,  
2 YEAR LIMITED WARRANTY  
21526029\_EA



**\$545**

**LIMIT 3**  
OVER LIMIT PAY  
695.00 EA

**PC<sup>®</sup> THE URBAN GRILL**  
3 BURNERS + 1 REAR BURNER  
21670523\_EA

**50,000 BTU**  
20 Burgers  
Propane  
5 Year Limited  
498 Sq Inches



**\$405**

**LIMIT 3**  
OVER LIMIT PAY  
495.00 EA

**PC<sup>®</sup> PELLET SMOKER**  
21601376\_EA

28 Burgers or 5 Racks of Ribs  
Wood Pellets  
5 Year Limited  
486 Sq Inches



**BUY 1  
GET 1  
50% OFF**

**EVERYDAY ESSENTIALS<sup>™</sup> GRILL TOOLS**  
SELECTED VARIETIES  
SECOND ITEM MUST BE  
OF EQUAL OR LESSER VALUE  
9.00  
21670367\_EA/21670392\_EA



**UP TO 25% OFF**  
7.50-10.50 AFTER SAVINGS

**PC<sup>®</sup> GRILL BRUSHES AND CLEANERS**  
SELECTED VARIETIES  
21666919\_EA/21670136\_EA



**UP TO 30% OFF**  
2.50-10.50 AFTER SAVINGS

**PC<sup>®</sup> GRILL ACCESSORIES**  
SELECTED VARIETIES  
21670084\_EA/21670113\_EA



# PERFECTLY PRICED PATIO FAVES

**UP TO 30% OFF**  
1.50-40.00 AFTER SAVINGS

**LIFE AT HOME<sup>™</sup> OUTDOOR STRING LIGHTS, STAKE LIGHTS AND LANTERNS**  
SELECTED VARIETIES  
21601409\_EA/21675895\_EA  
21600099\_EA



**LIFE AT HOME<sup>™</sup> GREENWOOD WOVEN 3 PIECE CHAT SET**  
21670462\_EA

**\$275**

**LIMIT 3**  
OVER LIMIT PAY  
345.00 EA



**\$295**

**LIMIT 3**  
OVER LIMIT PAY  
395.00 EA

**LIFE AT HOME<sup>™</sup> CURVED GAZEBO OR PERGOLA**  
1 YEAR WARRANTY  
21670328\_EA/21670346\_EA



**UP TO 30% OFF**  
12.50-33.50 AFTER SAVINGS

**LIFE AT HOME<sup>™</sup> OUTDOOR PATIO CUSHIONS**  
SELECTED VARIETIES  
21669896\_EA/21670051\_EA



\* Please note that not all items are available in all stores.

# SAVE ON OUTDOOR ESSENTIALS



UP TO  
**20% OFF**  
13.29-26.49 AFTER SAVINGS

**THINK SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21094233\_EA/21459820\_EA



UP TO  
**20% OFF**  
13.79-15.99 AFTER SAVINGS

**NEUTROGENA SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21352122\_EA/21352126\_EA



UP TO  
**20% OFF**  
2.49-12.79 AFTER SAVINGS

**LIFE BRAND SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21231143\_EA



**\$16**  
**LIMIT 4**  
**OVER LIMIT PAY**  
**19.99 EA**

**AVEENO SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21009268\_EA/21352114\_EA



UP TO  
**20% OFF**  
9.29-21.29 AFTER SAVINGS

**LIVE CLEAN SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21175268\_EA/21175289\_EA



**\$13**  
**LIMIT 4**  
**OVER LIMIT PAY**  
**15.99 EA**

**HAWAIIAN TROPIC SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21087076\_EA/21166587\_EA



**\$14**  
**LIMIT 4**  
**OVER LIMIT PAY**  
**16.99 EA**

**BIORÉ UV AQUA RICH MOISTURIZERS**  
SELECTED VARIETIES AND SIZES, 50 ML  
21571518\_EA/21688854\_EA



UP TO  
**20% OFF**  
7.29-26.49 AFTER SAVINGS

**COPPERTONE SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21524978\_EA/21524983\_EA



**\$11**  
**LIMIT 4**  
**OVER LIMIT PAY**  
**13.00 EA**

**BANANA BOAT SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21176209\_EA/21176211\_EA



UP TO  
**20% OFF**  
19.29-24.79 AFTER SAVINGS

**EUCERIN SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21571275\_EA/21571275\_EA



Get **6,000** pts  
When you buy 2  
**\$6** back in points

**GARNIER OMBRELLE SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
20940633\_EA/21428721\_EA



\* Please note that not all items are available in all stores.

# TEAM SAVINGS

For fans serious about their deals and their spreads.

**1.99** UNICO SOLID LIGHT TUNA 198 G 20113745\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 2.29 EA



**1.89** M'LORD WATER CHESTNUTS, WHOLE OR SLICED 227 ML 20029000001\_EA 20029000002\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 2.29 EA



**1.97** MAPLE LEAF FLAKED MEAT 156 G OR HOLIDAY CANNED LUNCHEON MEAT 340 G SELECTED VARIETIES 20298273001\_EA 20618778\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 3.49 EA



**3.25** TIM HORTONS SOUP SELECTED VARIETIES 540 ML 21203782\_EA 21690875\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 3.99 EA



**\$5** CALLIPO SOLID LIGHT TUNA 3X80 G 20069250\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 6.49 EA



**1.67** KNORR SIDEKICKS PASTA OR RICE SELECTED VARIETIES 116-162 G 2032143001\_EA 20321430015\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 2.29 EA



**\$2** PC® OR BLUE MENU® PASTA 375/454 G OR COUSCOUS 340 G SELECTED VARIETIES 20252144001\_EA 21001575\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 2.25 EA



**2.50** NO NAME® LASAGNA PASTA 375-500 G OR EGG NOODLES 340 G SELECTED VARIETIES 20313361001\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 4.99 EA



**\$4** PC® SPLENDIDO® PESTO SELECTED VARIETIES 270 ML 20629220\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 5.29 EA



**4.79** Get **500** pts  
**LIMIT 4**, OVER LIMIT PAY 5.29 EA

**PATAK'S CURRY OR MARINADE PASTE 284 ML, BLUE DRAGON THAI CURRY PASTE 270 ML OR AL FEZ SAUCE 238 ML SELECTED VARIETIES 20307057007\_EA/20712986\_EA**



**5.97** MINUTE RICE LONG GRAIN OR BROWN RICE SELECTED VARIETIES 1.2/1.4 KG 20074783001\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 6.99 EA



**4.49** Get **1,000** pts **\$1** back in points  
**LIMIT 4**, OVER LIMIT PAY 4.99 EA

**P.F. CHANG'S SAUCES SELECTED VARIETIES, 350 ML 21557164\_EA/21629528\_EA**



**2.99** KELLOGG'S NUTRI GRAIN BARS 295 G, RICE KRISPIES BARS 154-176 G, POP TARTS 384 G OR SPECIAL K FRUIT CRISPS 125 G SELECTED VARIETIES 20313984005\_EA 21290111\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 3.99 EA



**\$3** LECLERC GO PURE OR NUGABAR BARS SELECTED VARIETIES 5'S, 140-175 G 21536595\_EA 21648520\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 4.29 EA




**3/9.99** OR 3.99 EA  
 KELLOGG'S RETAIL SIZE CEREAL SELECTED VARIETIES 269-355 G 21450814\_EA 21652133\_EA



**5.47** GENERAL MILLS FAMILY SIZE CEREAL SELECTED VARIETIES 475-778 G 21103495\_EA 21103492\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 6.49 EA



**\$11** PC® 100% PURE MAPLE SYRUP AMBER, 500 ML 20049221\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 13.00 EA



Members Price: **11.50** Non-Members **12.50** Members Save **\$1**

**BILLY BEE HONEY SELECTED VARIETIES, 1 KG 20724506\_EA/21084328\_EA**  
 \*\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



**5.99** KRAFT PEANUT BUTTER SELECTED VARIETIES 750 G/1 KG 20039581001\_EA 20311582001\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 6.99 EA



**\$6** SMUCKER'S FRUIT JAM, JELLY OR MARMALADE SELECTED VARIETIES 310/500 ML 20308943001\_EA 20308943006\_EA  
**LIMIT 4**  
 OVER LIMIT PAY 6.79 EA



# TEAM SAVINGS

For fans serious about their deals and their spreads.

**1.50**

**NESTLÉ MILKSHAKES OR MILK 2GO MILK**  
SELECTED VARIETIES  
325/473 ML  
20723286001\_EA/20895935002\_EA

**LIMIT 8**  
OVER LIMIT PAY  
2.54 EA



**5.96**

**ACTIVIA 12X100 G OR DRINKABLES**  
8X93 ML, **YOGURT**  
SELECTED VARIETIES  
20303412001\_EA/21108458\_EA

**LIMIT 4**  
OVER LIMIT PAY  
6.50 EA



**3.97**

**ACTIVIA YOGURT**  
SELECTED VARIETIES, 8X100 G  
20325384002\_EA/21725748\_EA

**LIMIT 4**  
OVER LIMIT PAY  
4.99 EA



Get **3,500** pts  
For every \$10\* spent

Get **\$3.50** back in points

**PILLSBURY REFRIGERATED DOUGH**  
SELECTED VARIETIES, 200-496 G  
2030101005\_EA/21505340\_EA



**\$4**

**KOZYSHACK PUDDING**  
REFRIGERATED  
SELECTED VARIETIES  
6X113 G/624 G  
20323829002\_EA  
203251514001\_EA

**LIMIT 4**  
OVER LIMIT PAY  
4.50 EA



**\$6**

**LACTANTIA ULTRAPUR MILK**  
SELECTED VARIETIES  
1.5 L  
21694529\_EA  
21694605\_EA

**LIMIT 4**  
OVER LIMIT PAY  
8.99 EA



Get **1,000** pts  
Get **\$1** back in points

**LACTANTIA BUTTER STICKS OR LACTOSE FREE BUTTER**  
454 G OR 4X113 G  
20315960\_EA



Get **2,000** pts  
When you buy 2

Get **\$2** back in points

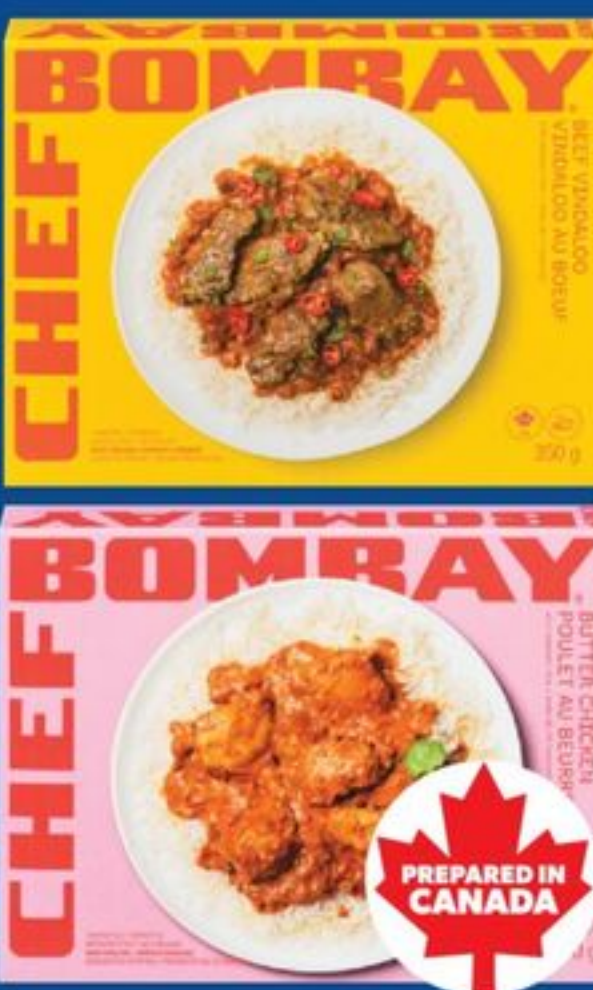
**BEN & JERRY'S ICE CREAM** 473 ML  
OR **MAGNUM NOVELTIES** 3/4'S  
SELECTED VARIETIES, FROZEN  
20342005003\_EA/21575899\_EA



**4.99**

**CHEF BOMBAY ENTRÉES OR APPETIZERS**  
SELECTED VARIETIES  
FROZEN, 250-354 G  
20973182\_EA/  
20973257\_EA

**LIMIT 4**  
OVER LIMIT PAY  
10.00 EA



**7.99**

**CAVENDISH FRIES, WEDGES, HASHBROWNS, OR ONION RINGS**  
SELECTED VARIETIES  
FROZEN, 1-2.25 KG  
20627761\_EA  
21557332\_EA

**LIMIT 4**  
OVER LIMIT PAY  
10.00 EA



**\$8**

**NO NAME® SULTANA RAISINS, WHOLE PITTED DATES OR CRANBERRIES**  
SELECTED VARIETIES  
750 G/1 KG  
20647009\_EA  
20647323\_EA



**\$5**

**PC® THE DECADENT® CHOCOLATE CHIPS**  
SELECTED VARIETIES  
226/270 G  
20430272\_EA  
21405746\_EA

**LIMIT 4**  
OVER LIMIT PAY  
5.79 EA



**5.75**

**CORA CREPE OR PANCAKE MIXES 700 G OR MUFFIN MIXES 450 G**  
SELECTED VARIETIES  
21651406\_EA  
21687639\_EA

**LIMIT 4**  
OVER LIMIT PAY  
6.49 EA



**1.97**

**CHEEZ-IT CRACKERS**  
SELECTED VARIETIES  
191/200 G  
21214559\_EA  
21214560\_EA

**LIMIT 4**  
OVER LIMIT PAY  
3.79 EA



**350**

Get **500** pts

**CHRISTIE MINI COOKIES**  
SELECTED VARIETIES  
144-200 G  
21584976\_EA  
21585155\_EA



**2.48**

**DARE BEAR PAWS** 168-240 G,  
**WAGON WHEELS** 315/360 G,  
**WHIPPETS** 200-285 G,  
**ULTIMATE OR VIVA PUFFS COOKIES**  
290/300 G  
SELECTED VARIETIES  
21720684\_EA  
21720734\_EA

**LIMIT 4**  
OVER LIMIT PAY  
3.99 EA



Get **500** pts

When you buy 2

**OLD DUTCH POTATO CHIPS** 200/235 G, **SNACKS** 250-290 G, **ARRIBA** 235/245 G OR **RESTAURANTE TORTILLA CHIPS** 275/290 G  
SELECTED VARIETIES  
21367509\_EA/21646697\_EA



**4.99**

**TAZO TEA BAGS**  
SELECTED VARIETIES  
20'S  
21307994\_EA  
21308145\_EA

**LIMIT 4**  
OVER LIMIT PAY  
6.49 EA



**23.97**

**MCCAFE WHOLE BEAN OR GROUND COFFEE**  
SELECTED VARIETIES  
640-900 G  
21238247\_EA  
21521455\_EA



# TEAM SAVINGS

For fans serious about their deals and their spreads.

**\$4**

**PINE-SOL MULTI SURFACE CLEANER**  
SELECTED VARIETIES, 1.41 L  
20298679001\_EA/20298679002\_EA

**LIMIT 4 OVER LIMIT PAY 5.99 EA**

PREPARED IN CANADA

**5<sup>99</sup>**

**EASY-OFF OVEN CLEANER**  
SELECTED VARIETIES  
400 G/946 ML  
20318168001\_EA/21659635\_EA

**LIMIT 4 OVER LIMIT PAY 7.49 EA**

**13<sup>99</sup>**

**FINISH DISHWASHING TABS 30-55'S OR JET-DRY 946 ML**  
SELECTED VARIETIES  
21218146\_EA/21517965\_EA

**LIMIT 4 OVER LIMIT PAY 17.99 EA**

**9<sup>26</sup>**

**PUREX 4.08-4.43L OR SNUGGLE LIQUID 2.77 L OR SHEETS 200'S**  
SELECTED VARIETIES  
2008325001\_EA/21658148\_EA

**LIMIT 4 OVER LIMIT PAY 11.99 EA**

**9<sup>97</sup>**

**TIDE LIQUID 1.62/1.86 L OR PODS 18/31'S LAUNDRY DETERGENT, DOWNY FABRIC SOFTENER 1.66/2.63 L, DOWNY SCENT BOOSTERS 334-405 G OR BOUNCE DRYER SHEETS 120/200'S**  
SELECTED VARIETIES  
21550228\_EA/21593782\_EA

**LIMIT 4 OVER LIMIT PAY 12.99 EA**

**21<sup>99</sup>**

**NO NAME<sup>®</sup> ALUMINIUM FOIL 656'**  
21220090\_EA

**LIMIT 4 OVER LIMIT PAY 26.00 EA**

CLUB SIZE

**\$2**

**NO NAME<sup>®</sup> STORAGE BAGS**  
SELECTED VARIETIES, 80/100'S  
20180393\_EA/21108326\_EA

**LIMIT 4 OVER LIMIT PAY 7.99 EA**

**6<sup>99</sup>**

**GLAD WHITE GARBAGE BAGS**  
SELECTED VARIETIES, 30-52'S  
20297334001\_EA/21359460\_EA

**LIMIT 4 OVER LIMIT PAY 7.99 EA**

**\$5**

**ROYALE BATHROOM TISSUE**  
SELECTED VARIETIES  
21187388\_EA / 21378574\_EA

**LIMIT 4 OVER LIMIT PAY 12.99 EA**

PREPARED IN CANADA

**22<sup>47</sup>**

**BOUNTY PAPER TOWEL 8-24 ROLLS**  
21670311\_EA

**LIMIT 4 OVER LIMIT PAY 29.99 EA**

**\$10**

**PEDIGREE DENTASTIX OR MARROBONE DOG TREATS**  
SELECTED VARIETIES  
396 G-1.9 KG  
21081180\_EA/21362338\_EA

**LIMIT 4 OVER LIMIT PAY 11.49 EA**

**31<sup>99</sup>**

Get **5,000** pts

**\$5** back in points

**IAMS DOG FOOD**  
SELECTED VARIETIES  
6 KG  
20646724002\_EA

Optimum

**5<sup>50</sup>**

**WALKERS GLUTEN FREE SHORTBREAD ROUNDS**  
SELECTED VARIETIES  
140 G  
21505216\_EA  
21508191\_EA

**LIMIT 4 OVER LIMIT PAY 6.99 EA**

**4<sup>75</sup>**

**OLYMPIC ORGANIC YOGURT**  
SELECTED VARIETIES  
650 G  
20316485005\_EA  
20316485010\_EA

**LIMIT 4 OVER LIMIT PAY 6.99 EA**

PREPARED IN CANADA

**6<sup>99</sup>**

**KASHI CEREAL**  
SELECTED VARIETIES  
349-510 G  
21680804\_EA

**LIMIT 4 OVER LIMIT PAY 7.99 EA**

**8<sup>99</sup>**

**EVIVE SMOOTHIE CUBES**  
SELECTED VARIETIES  
FROZEN, 405-450 G  
21585379\_EA  
21416390\_EA

**LIMIT 4 OVER LIMIT PAY 10.99 EA**

# POWER UP WITH PROTEIN

SHOP NOW



## BIG VALUE ON PROTEIN ESSENTIALS

**UP TO 25% OFF**  
17.39-49.29 AFTER SAVINGS

**PERFECT SPORTS SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21068265\_EA/21068329\_EA

**UP TO 25% OFF**  
26.29-55.99 AFTER SAVINGS

**SIX STAR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
20301019001\_EA/20301019004\_EA

**UP TO 25% OFF**  
20.99-39.99 AFTER SAVINGS

**PC PLANT PROTEIN**  
SELECTED VARIETIES AND SIZES  
21207238\_EA/21313806\_EA

## YOUR WORKOUT'S THIRST, QUENCHED.

**UP TO 25% OFF**  
13.49-23.49 AFTER SAVINGS

**LIQUID IV HYDRATION MULTIPLIER**  
SELECTED VARIETIES AND SIZES  
21592485\_EA/21696246\_EA

**UP TO 25% OFF**  
9.29-39.89 AFTER SAVINGS

**C4 PRE-WORKOUT OR ALANI-NU SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21687466\_EA/21693625\_EA

**34.99**

**PC CREATINE MONOHYDRATE**  
600G  
LIMIT 4 OVER LIMIT  
PAY 39.99 EA  
20696552\_EA

## POWER UP. DRINK UP.

**\$12**

**PREMIER PROTEIN READY TO DRINK SHAKES**  
SELECTED VARIETIES AND SIZES  
LIMIT 4 OVER LIMIT  
PAY 15.99 EA  
21031108\_EA/21031114\_EA

**\$12**

**ENSURE PROTEIN MAX**  
SELECTED VARIETIES AND SIZES  
LIMIT 4 OVER LIMIT  
PAY 15.99 EA  
21461585\_EA/21461610\_EA

**\$12**

**MUSCLE MILK READY TO DRINK 4'S**  
SELECTED VARIETIES AND SIZES  
LIMIT 4 OVER LIMIT  
PAY 12.99 EA  
21507547\_EA

## QUICK & EASY PROTEIN PICKS

**\$12**

**BAREBELLS OR GRENADE PROTEIN BAR**  
SELECTED VARIETIES AND SIZES  
4 PACK  
LIMIT 4 OVER LIMIT PAY 14.99 EA  
21462313\_EA/21626177\_EA

**\$4**

**GRENADE OR BAREBELLS PROTEIN BAR**  
SELECTED VARIETIES AND SIZES  
LIMIT 12 OVER LIMIT PAY 4.49 EA  
21462313\_EA/21626177\_EA

**\$4**

**QUEST PROTEIN CHIPS OR FITZELS PROTEIN PRETZELS**  
SELECTED VARIETIES AND SIZES  
LIMIT 4 OVER LIMIT PAY 4.99 EA  
21298648\_EA/21705607\_EA

**CLUB  
SIZE**

**BUY BIG.  
SPEND SMALL.**

**3<sup>99</sup>**

**AVOCADO BAG**  
PRODUCT OF MEXICO, 6'S  
21644936001\_EA



**CLUB  
SIZE**

**7<sup>49</sup>**

**FARMER'S MARKET™  
SWEET PEPPERS  
MIXED**  
PRODUCT OF WESTERN  
PROVINCES, 6'S  
21030970001\_EA



**PRODUCT OF  
CANADA**

**CLUB  
SIZE**

**\$11<sup>LB</sup>**  
24.25/KG

**PC® FREE FROM®  
BONELESS, SKINLESS  
CHICKEN BREAST**  
FRESH  
20821992\_KG

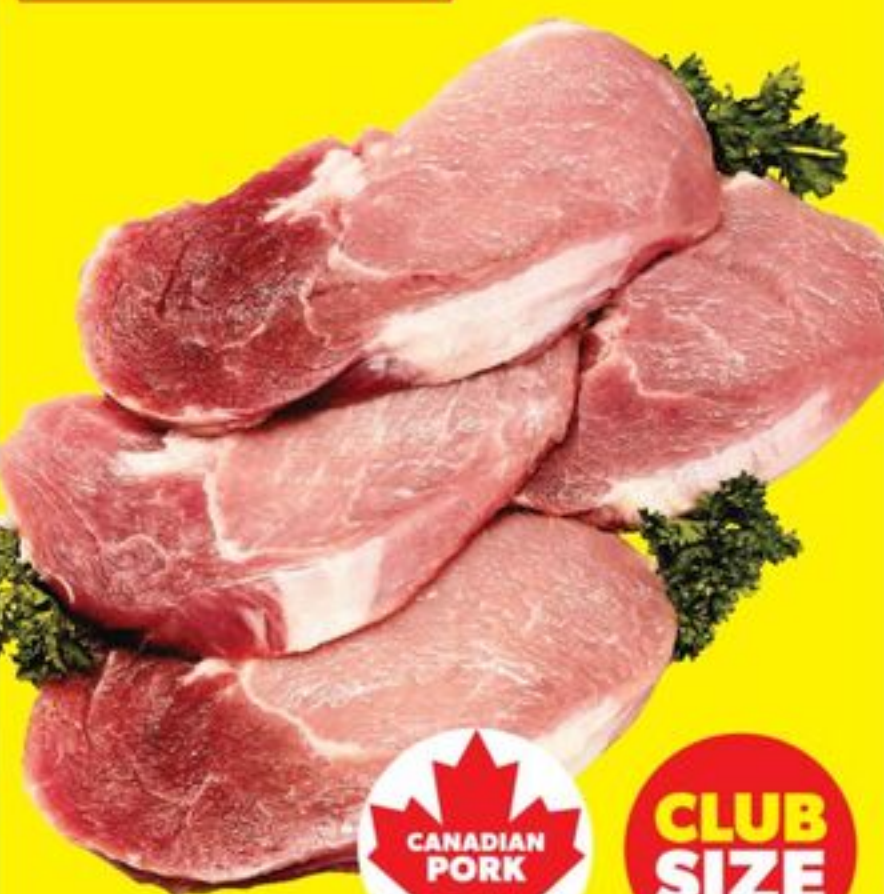


**CANADIAN  
POULTRY**

**CLUB  
SIZE**

**5<sup>99</sup>**  
LB  
13.21/KG

**PORK RIB END CHOPS**  
BONELESS  
21662238\_KG

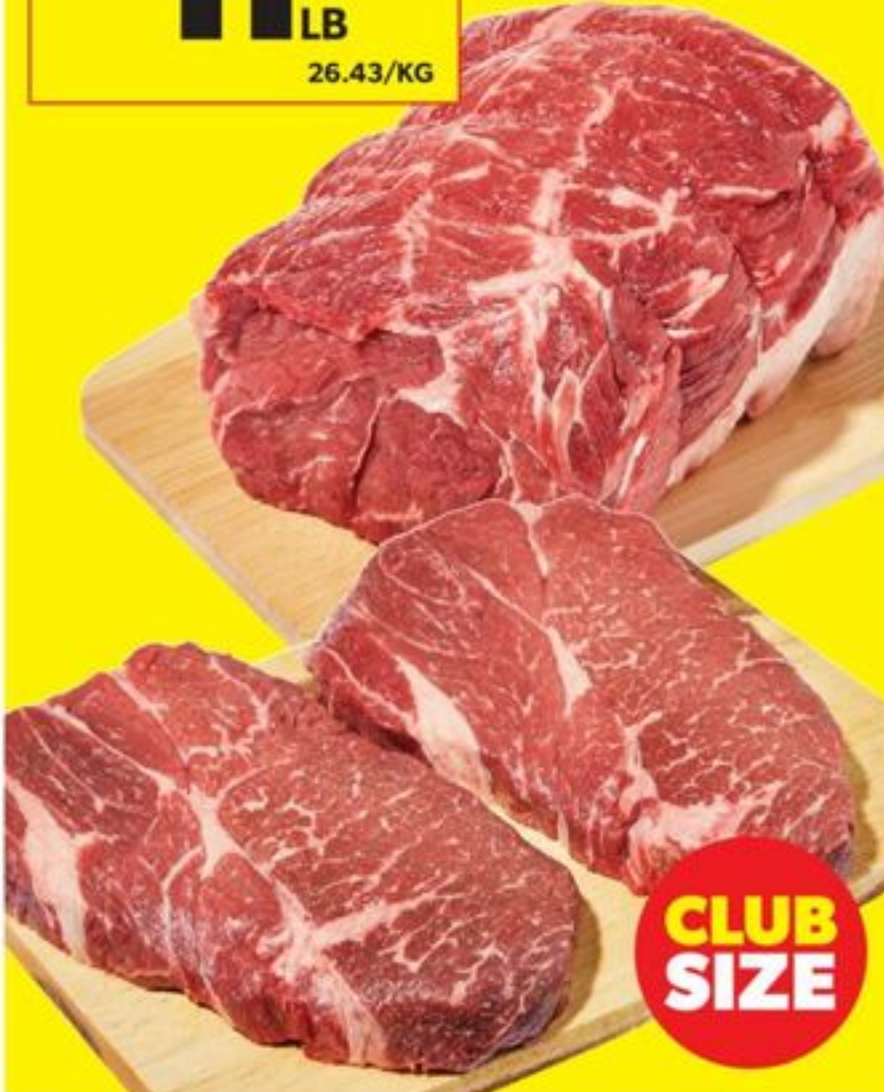


**CANADIAN  
PORK**

**CLUB  
SIZE**

**11<sup>99</sup>**  
LB  
26.43/KG

**BONELESS BLADE  
ROAST OR STEAK**  
CUT FROM CANADA AA GRADE  
BEEF  
20804740\_KG/20804775\_KG



**CLUB  
SIZE**

**\$26**

**NO NAME® CHICKEN  
WINGS**  
SELECTED VARIETIES  
FROZEN, 1.8 KG  
21045698\_EA/21045704\_EA

**LIMIT 4  
OVER LIMIT PAY  
30.00 EA**



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**10<sup>99</sup>**

**NO NAME® ORIGINAL  
WIENERS**  
1.5 KG  
20961816\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**Members Price™  
\$11**

**Non-Members  
\$15**

**Members Save  
\$4**

**MAPLE LEAF NATURAL SELECTIONS  
SLICED DELI MEAT**  
SELECTED VARIETIES, 375/400 G  
20772015\_EA/20772016\_EA  
\*\*Must be a registered PC  
Optimum™ member to load  
and get this offer.



**CLUB  
SIZE**

**\$13**

**BOTHWELL VARIETY  
PACK 450 G OR  
BOTHWELL CHEDDAR,  
MONTEREY JACK OR  
GOUDA 540 G**  
SELECTED VARIETIES  
21060070\_EA/21387033\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**Members Price™  
\$8**

**Non-Members  
\$9**

**Members Save  
\$1**

**PC® MINI DIPS**  
SELECTED VARIETIES, 684 G  
20862992\_EA/21050426\_EA  
\*\*Must be a  
registered PC  
Optimum™  
member to load  
and get this offer.



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**7<sup>47</sup>**

**RESER'S LARGE SALADS**  
SELECTED VARIETIES, 1.25 KG  
20962387\_EA



**CLUB  
SIZE**

**\$6**

**PC® NAAN  
DIPPERS**  
400 G  
20999700\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**\$20**

**PARIS  
BUTTER  
CROISSANTS**  
FROZEN, 30'S  
21687364\_C01



**CLUB  
SIZE**

**3<sup>99</sup>**

**NO NAME®  
COOKIES**  
907 G  
20318678001\_EA  
20318678002\_EA

**LIMIT 4  
OVER LIMIT PAY  
5.00 EA**



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**8<sup>49</sup>**

**PEPPERIDGE  
FARM  
GOLDFISH  
FAMILY SIZE**  
SELECTED VARIETIES  
572-750 G  
21527180\_EA  
21727427\_EA



**CLUB  
SIZE**

**5<sup>47</sup>**

**FRITO LAY  
VALUE SIZE  
POTATO CHIPS**  
SELECTED VARIETIES  
325-535 G  
21663762\_EA  
21663947\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**13<sup>97</sup>**

**GOGO SQUEEZ  
FRUIT SAUCE**  
SELECTED VARIETIES  
20X90 G  
21547671\_EA  
21547693\_EA



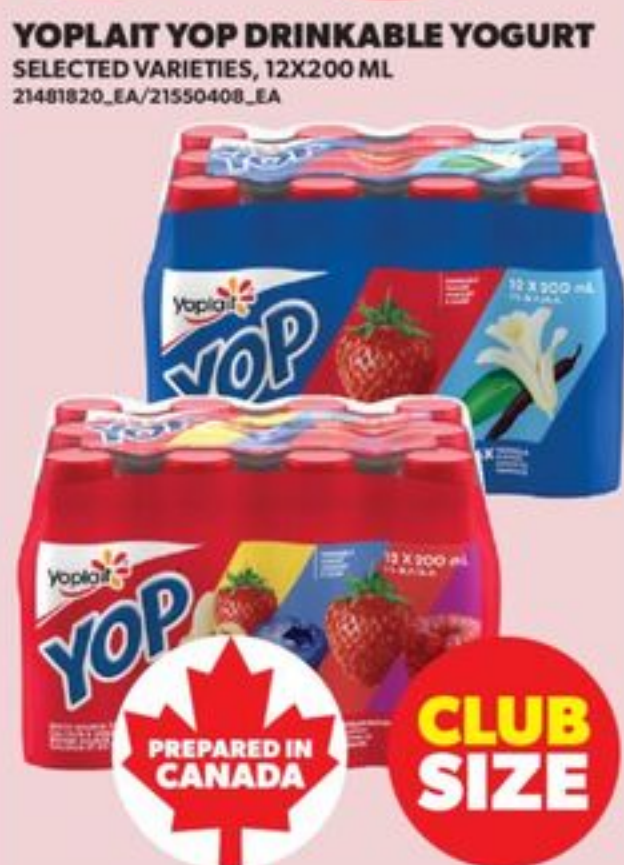
**CLUB  
SIZE**

**CLUB  
SIZE**

**BUY BIG.  
SPEND SMALL.**

**10<sup>49</sup>**  
LIMIT 4, OVER LIMIT PAY 11.49 EA

Get **1,000** pts  
\$1 back in points



**YOPLAIT YOP DRINKABLE YOGURT**  
SELECTED VARIETIES, 12X200 ML  
21481820\_EA/21550408\_EA

PREPARED IN CANADA  
**CLUB SIZE**

**9<sup>49</sup>**  
LIMIT 4, OVER LIMIT PAY 10.49 EA

Get **1,000** pts  
\$1 back in points



**POST JUMBO SIZE CEREAL**  
SELECTED VARIETIES, 1.1-1.24 KG  
21201395\_EA/21542453\_EA

PREPARED IN CANADA  
**CLUB SIZE**

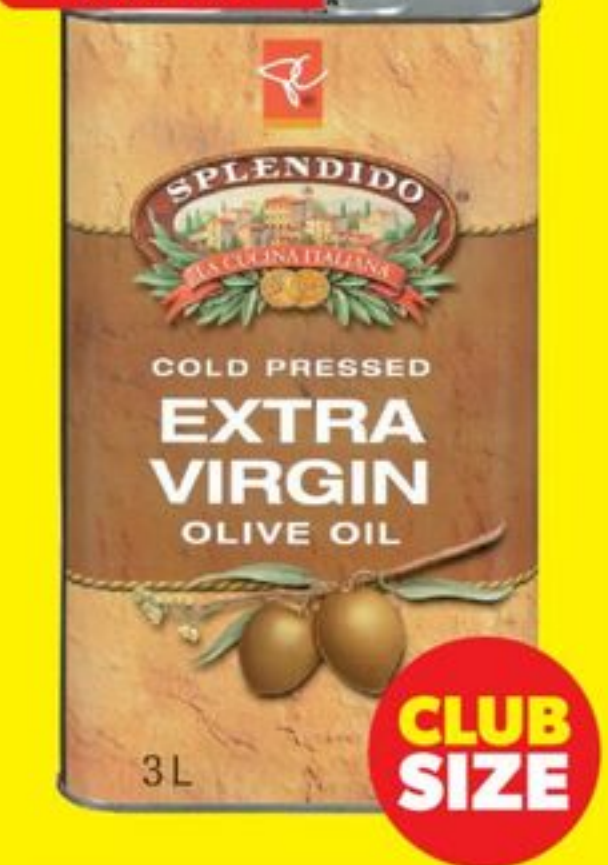
**12<sup>49</sup>**  
LIMIT 4, OVER LIMIT PAY 14.99 EA



**QUAKER INSTANT OATMEAL VARIETY, VALUE SIZE**  
40'S, 1.48 KG  
21524549\_EA

PREPARED IN CANADA  
**CLUB SIZE**

**\$35**  
LIMIT 4, OVER LIMIT PAY 45.00 EA



**PC SPLENDIDO™ COLD-PRESSED EXTRA VIRGIN OLIVE OIL**  
3L  
20045250\_EA

**CLUB SIZE**

**2<sup>29</sup>**  
20102756\_EA



**NO NAME™ PURE WHITE VINEGAR**  
4L  
20102756\_EA

PREPARED IN CANADA  
**CLUB SIZE**

**7<sup>99</sup>**  
2032132001\_EA



**PC PASTA SAUCE**  
SELECTED VARIETIES, 1.8L  
2032132001\_EA

PREPARED IN CANADA  
**CLUB SIZE**

**10<sup>99</sup>**  
LIMIT 4, OVER LIMIT PAY 12.50 EA



**PC EXTRA CHUNKY SALSA**  
SELECTED VARIETIES, 1.85L  
20146948003\_EA

PREPARED IN CANADA  
**CLUB SIZE**

**5<sup>29</sup>**  
20147525001\_EA



**MR NOODLES INSTANT NOODLES**  
SELECTED VARIETIES, 12X85 G  
20147525001\_EA

**CLUB SIZE**

**12<sup>79</sup>**  
Get **500** pts



**CLOVER LEAF WILD SALMON RED PACIFIC**  
426 G, 3'S  
21284784\_EA

**CLUB SIZE**

**5<sup>99</sup>**  
LIMIT 4, OVER LIMIT PAY 7.99 EA



**CLOROX BLEACH**  
3.57 L  
21280246\_EA

**CLUB SIZE**

**8<sup>96</sup>**  
LIMIT 4, OVER LIMIT PAY 11.49 EA



**PALMOLIVE DISHWASHING LIQUID**  
SELECTED VARIETIES, 4.27 L  
21516689\_EA  
21516691\_EA

**CLUB SIZE**

**13<sup>99</sup>**  
Get **2,000** pts  
\$2 back in points



**LYSOL DISINFECTING WIPES**  
SELECTED VARIETIES, 2X110'S  
21607252\_EA/21607411\_EA

**CLUB SIZE**

**\$9**  
LIMIT 4, OVER LIMIT PAY 10.99 EA



**PC ORGANICS PEANUT BUTTER**  
1KG  
21047266\_EA

**CLUB SIZE**

**16<sup>99</sup>**  
LIMIT 4, OVER LIMIT PAY 21.99 EA



**LARABAR FRUIT & NUT ENERGY BAR**  
SELECTED VARIETIES, 16'S  
20031362007\_C16  
20031362008\_C16

**CLUB SIZE**

**\$8**  
LIMIT 4, OVER LIMIT PAY 10.99 EA



**GARNIER FRUCTIS SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES, 1L  
21080852\_EA  
20654877007\_EA

**CLUB SIZE**

**\$10**  
LIMIT 4, OVER LIMIT PAY 13.99 EA



**DOVE SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES, 828 ML  
21644871\_EA  
21644771\_EA

**CLUB SIZE**

**\$7**  
LIMIT 6, OVER LIMIT PAY 8.79 EA



**IVORY BODY WASH**  
SELECTED VARIETIES, 1035 ML  
21432506\_EA  
21432666\_EA

**CLUB SIZE**

**7<sup>50</sup>**  
LIMIT 4, OVER LIMIT PAY 10.49 EA



**COLGATE MULTIPACK TOOTH PASTE**  
3X90/120/150 ML OR PREMIUM 2'S TOOTHBRUSH, 1 EA  
SELECTED VARIETIES, 21166555\_EA  
21432802\_EA

**CLUB SIZE**

**ALWAYS LOW PRICE**  
**\$8**



**LIFE BRAND UNSCENTED EPSOM SALTS**  
4KG  
21668050\_EA

**CLUB SIZE**

**31<sup>50</sup>**  
LIMIT 4, OVER LIMIT PAY 33.00 EA

Get **3,000** pts  
\$3 back in points



**BOOST ORIGINAL VALUE PACK**  
SELECTED VARIETIES AND SIZES, 21562893\_C15

**CLUB SIZE**

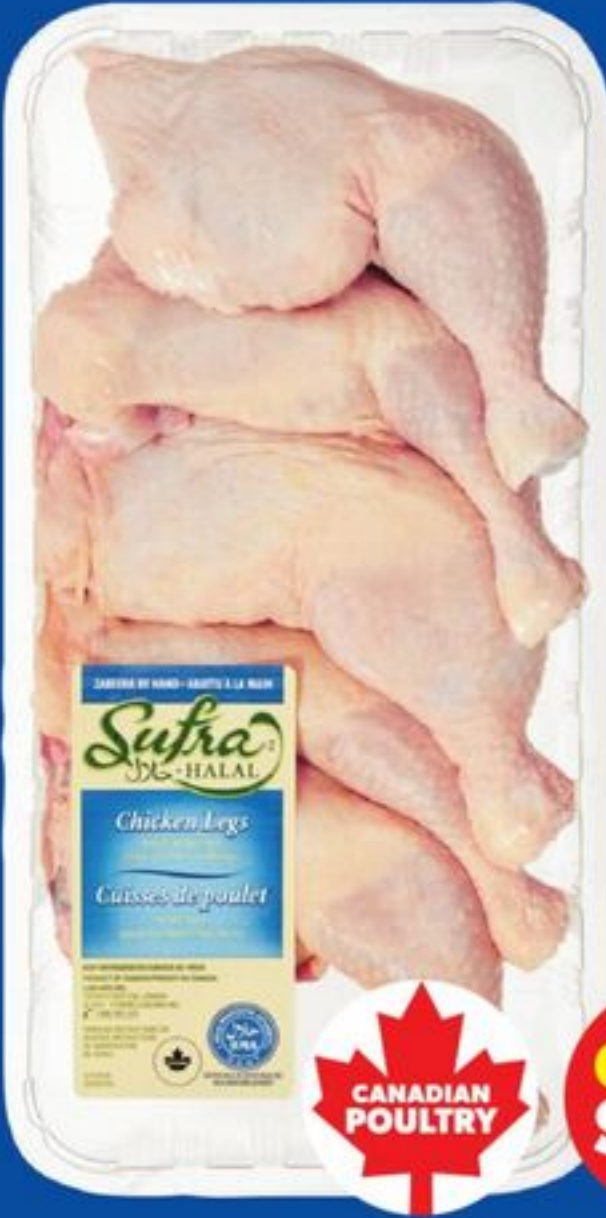
# HAPPY EID AL-ADHA

Low prices for joyful celebrations.



**\$15**

**SUFRA<sup>®</sup> HALAL CHICKEN LEGS**  
BACK ATTACHED, FRESH,  
UP TO 1.60 KG  
21616905\_EA



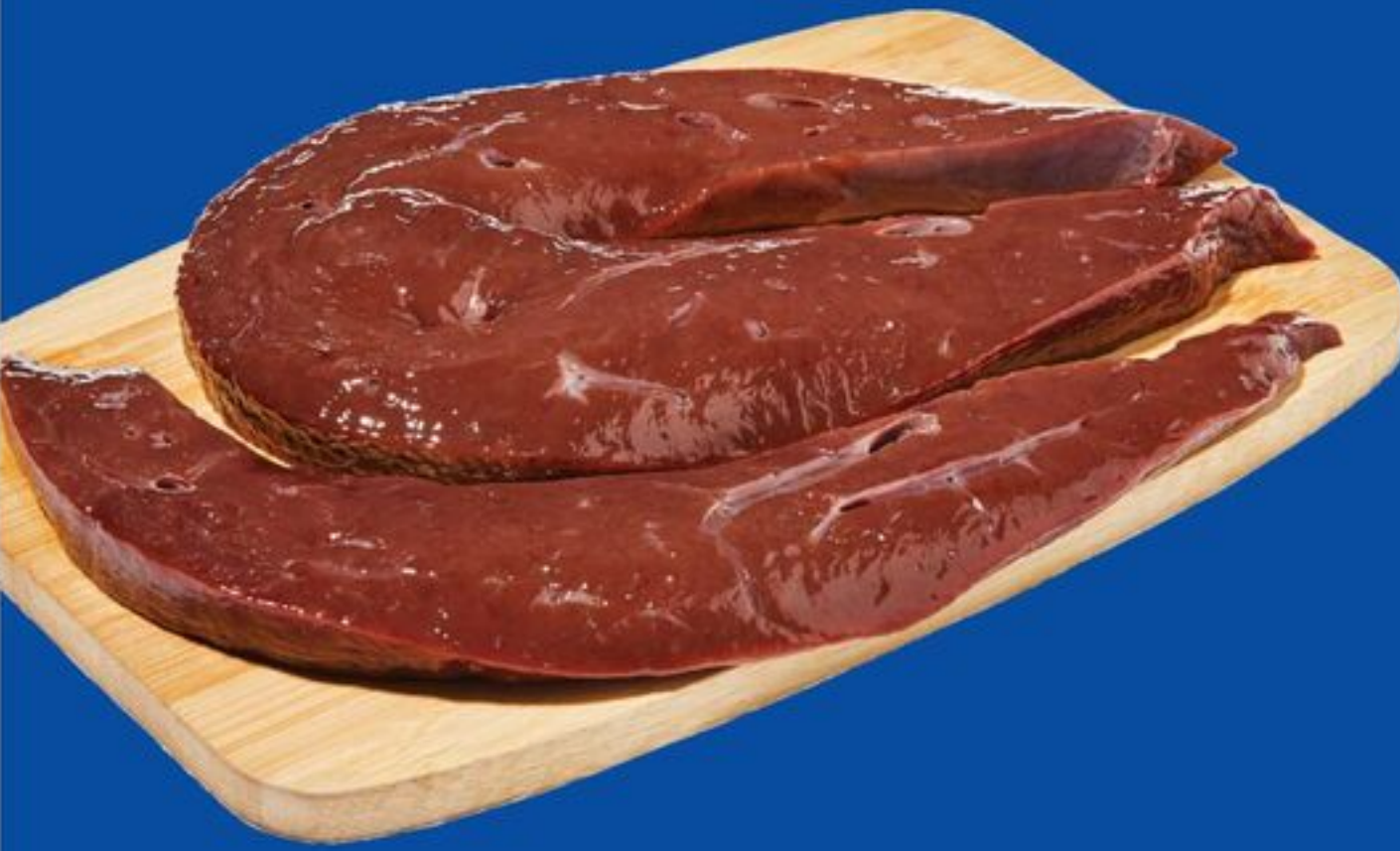
**\$3**

**DRIED MANGO**  
PRODUCT OF VIETNAM, 113 G  
21700165\_EA



**3<sup>99</sup>**  
LB  
8.80/KG

**BEEF LIVER**  
FRESH  
20799408\_KG



**11<sup>50</sup>**

**FONTAINE SANTÉ TRADITIONAL HUMMUS**  
850 G  
21697185\_EA



**9<sup>99</sup>**

**NANAK GAJAR HALWA CARROT FUDGE**  
FROZEN, 850 G  
21504086\_EA



**ALWAYS LOW PRICE**  
**\$5**

**SURAJ<sup>®</sup> NAAN**  
SELECTED VARIETIES, 10'S  
20342261\_EA/20343319\_EA



**2<sup>49</sup>**

**BYBIOS PITA BREAD**  
SELECTED VARIETIES, 300 G  
20132183\_EA



**6<sup>99</sup>**

**HANDI MEATEOR BEEF SAMOSAS**  
SELECTED VARIETIES, FROZEN,  
300 G  
21692043\_EA



**2<sup>50</sup>**

**LIMIT 4 OVER LIMIT PAY 2.99 EA**

**SURATI SNACKS**  
SELECTED VARIETIES, 250/341 G  
20303745002\_EA/20322576003\_EA



**14<sup>99</sup>**

**DAAWAT TRADITIONAL BASMATI RICE**  
4 KG  
20896606\_EA

**LIMIT 4 OVER LIMIT PAY 19.49 EA**



**\$14**

**PILLSBURY 100% WHOLE WHEAT FLOUR CHAKKI ATTA**  
9.07 KG  
21663582\_EA

**LIMIT 4 OVER LIMIT PAY 16.99 EA**



**4<sup>50</sup>**

**LIMIT 4 OVER LIMIT PAY 5.29 EA**

**TAMAM TAHINI SMALL 454 G OR SLICED PICKLE TURNIPS 1 KG**  
21217262\_EA/21237887\_EA



\* Please note that not all items are available in all stores.

# HAPPY EID AL-ADHA

Low prices for joyful celebrations.



**1<sup>99</sup>**  
LB  
4.39/KG

**LONG EGGPLANT**  
PRODUCT OF MEXICO  
20159013001\_KG



**3<sup>99</sup>**

**POMEGRANATE**  
PRODUCT OF PERU  
20134767001\_EA



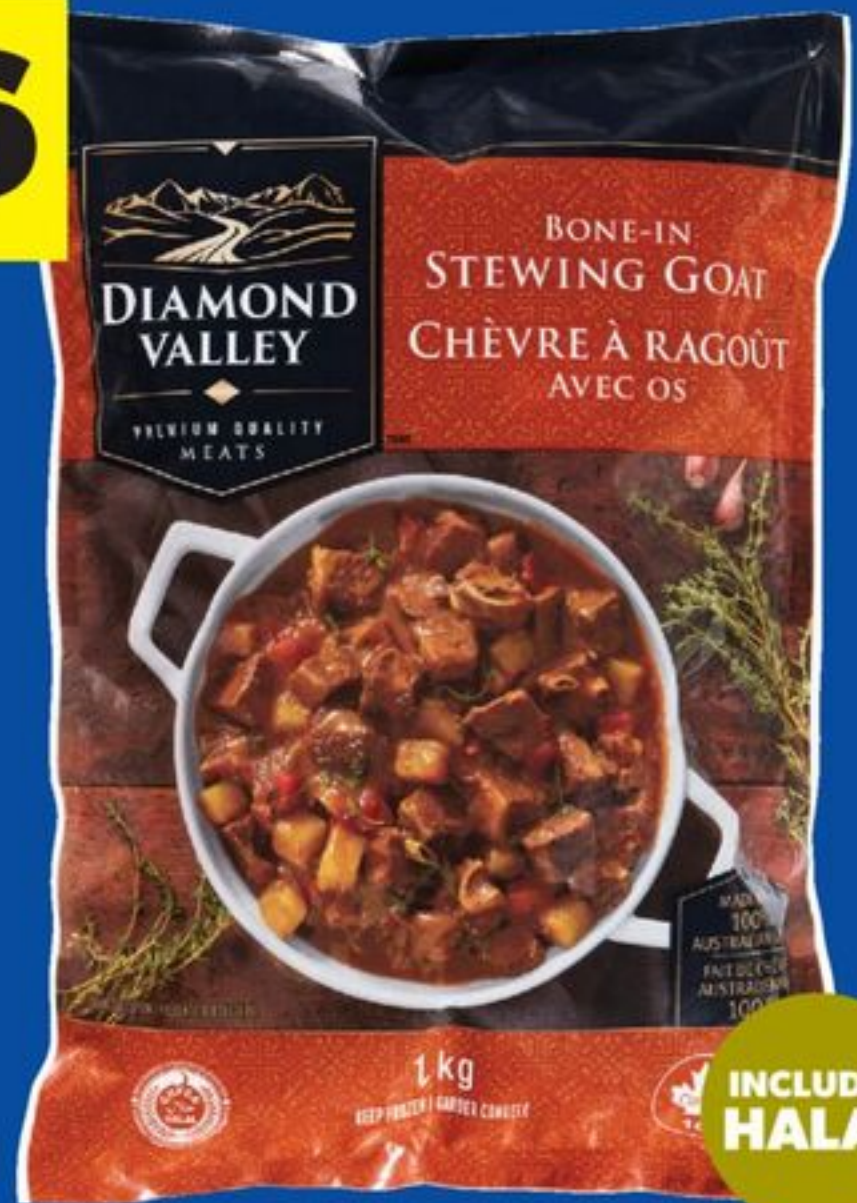
**12<sup>50</sup>**

**SAMOSAS**  
SELECTED VARIETIES, 5'S  
21065768\_EA



**\$26**

**NEW ZEALAND STEWING GOAT**  
BONE-IN, FROZEN, 1KG  
20143053\_EA



**INCLUDES HALAL**

**\$6**

**BYBLOS BAKLAVA**  
300 G  
21106121\_EA



**2<sup>69</sup>**

**HALDIRAM'S TANDOORI NAAN**  
SELECTED VARIETIES, FROZEN,  
400 G  
20707770\_EA



**3<sup>29</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
4.50 EA

**ROOHAFZA BEVERAGE**  
800 ML  
21027924\_EA



**3<sup>50</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
3.99 EA

**DABUR REAL JUICE**  
SELECTED VARIETIES, 1L  
21399816\_EA  
21399828\_EA



**8<sup>99</sup>**

**PRAN PARATHAS FAMILY PACK**  
2400 G  
21172364\_EA



**1<sup>75</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
1.99 EA

**KURKURE SNACKS**  
SELECTED VARIETIES, 115 G  
20659742\_EA/21361077\_EA



**2<sup>50</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
2.99 EA

**BRITANNIA GOOD DAY**  
231 G OR FIFTY FIFTY  
COOKIES 372 G  
SELECTED VARIETIES  
21023781\_EA/21205822\_EA



\* Please note that not all items are available in all stores.

# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

**\$3** LB  
6.61/KG

**BABY OR SHANGHAI BOK CHOY**  
PRODUCT OF MEXICO OR U.S.A.  
20082279001\_KG/20032454001\_KG

**1.49** LB  
3.28/KG

**NAPA CABBAGE**  
PRODUCT OF MEXICO OR U.S.A.  
20015025001\_KG

**1.28** LB  
2.82/KG

**CHINESE JUMBO CARROT**  
PRODUCT OF CHINA  
20831084001\_KG

**\$7**

**PMC MINI VEGETABLE OR CHICKEN SAMOSAS**  
FROZEN, 288/345 G  
20581030\_EA/20603356\_EA

**\$11**

**PMC WILD CAUGHT SQUID TUBES OR SWIMMING CRAB**  
FROZEN, 680 G  
20809866\_EA/21594562\_EA

**3.49**

**CRISPY CAKES**  
SELECTED VARIETIES, 368-380 G  
20814078\_EA/21528501\_EA

PREPARED IN CANADA

**3.99**

**LOTTE MOCHI DESSERT**  
SELECTED VARIETIES, FROZEN, 270 G  
21247132\_EA

**YUKIMI**  
JAPANESE MOCHI ICE CONFECTIONERY

Strawberry

KEEP FROZEN (-18°C)  
NET WEIGHT: 270 mL PRODUCT OF JAPAN

9 Pieces x 30 mL

**6.99**

**O'TASTY DUMPLINGS**  
SELECTED VARIETIES, FROZEN, 567 G  
20319243004\_EA

**VEGETABLE & CHICKEN DUMPLINGS**  
SOULETTES DE PÂTE AUX LÉGUMES ET AU POULET

**1.50**

**LIMIT 4 OVER LIMIT PAY 1.79 EA**

**VITA MALT**  
SELECTED VARIETIES, 330 ML  
20139955\_EA  
20795408\_EA

**VITA MALT Classic**  
GINGER  
GINGEMBRE • JENGIBRE

**2.49**

**LIMIT 4 OVER LIMIT PAY 2.99 EA**

**CHACHA SUNFLOWER SEEDS**  
SELECTED VARIETIES, 260 G  
20854566002\_EA/20854566003\_EA

**ChaCha**

原香瓜子  
SWEETS SEEDS/AMANIS  
ORIGINAL ORIGINAL  
260g

香瓜子  
SPICED EPICE  
260g

**6.99**

**FRUITÉE FROZEN DESSERT BAR**  
SELECTED VARIETIES, 270 ML  
21701514\_EA

**Fruitee**  
Variety Pack Assortment

3X90ml 270 ml

**2.50**

**LIMIT 4 OVER LIMIT PAY 2.99 EA**

**VALENTINA HOT SAUCE**  
SELECTED VARIETIES, 370 ML  
20056649001\_EA  
20056649002\_EA

**Valentina**  
MEXICAN HOT SAUCE  
SAUCE PIQUANTE MEXICAINE

**3.75**

**LIMIT 4 OVER LIMIT PAY 4.50 EA**

**GRACE COCONUT WATER 1 L OR PAN CORN MEAL 1 KG**  
SELECTED VARIETIES  
20779456\_EA  
20945705\_EA

**PAN**  
FINE CORN MEAL  
CORN MEAL

**Grace**  
100% COCONUT WATER

**4.79**

**LIMIT 4 OVER LIMIT PAY 5.49 EA**

**SURAJ GINGER GARLIC PASTE OR GARLIC PASTE**  
750 G  
21088480\_EA  
21088575\_EA

**SURAJ**  
GINGER PASTE  
PÂTE DE GINGEMBRE

GINGER & GARLIC PASTE  
AIL ET DE GINGEMBRE

**5.50**

**LIMIT 4 OVER LIMIT PAY 6.79 EA**

**GRACE CORNED BEEF**  
SELECTED VARIETIES, 340 G  
20325345001\_EA/20325345002\_EA

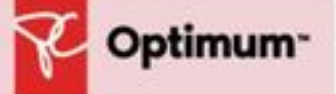
**Grace**  
Corned Beef  
Boeuf Salé

halal  
340 g

\* Please note that not all items are available in all stores.

**CUDDLY DEALS, TINY PRICES**

**App exclusive offer**



Get **20,000** pts

**\$20** back in points

for every **\$100\*** spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**27<sup>88</sup>**

**KIDDICARE ECONO PACK DIAPERS**  
SELECTED VARIETIES AND SIZES  
21726965\_EA/21727012\_EA

**LIMIT 4**  
OVER LIMIT PAY  
**34.88 EA**



**NEW**

**\$11**

**HUGGIES LITTLE SWIMMERS SWIM DIAPERS**  
SIZES 3-6, 17-20'S OR **PAMPERS SPLASHERS SWIM DIAPERS** SIZES S, M OR 5, 17-20'S  
SELECTED VARIETIES  
20569789\_EA/21184273\_EA

**LIMIT 2**  
OVER LIMIT PAY  
**12.99 EA**



**\$28**

**HUGGIES GIGA PACK DIAPERS**  
SIZE N-7, SELECTED VARIETIES, 42-128'S  
21172502\_EA/21664357\_EA

**LIMIT 4**  
OVER LIMIT PAY  
**32.99 EA**



**\$25**

**MILLIE MOON CLUB PACK DIAPERS**  
SELECTED VARIETIES AND SIZES  
21520442\_EA/21520456\_EA

**LIMIT 4**  
OVER LIMIT PAY  
**29.99 EA**



**\$27**

**GOODNITES OR PAMPERS NIGHTTIME UNDERWEAR**  
SIZES XS-XXL, SELECTED VARIETIES, 24-44'S  
20963841\_EA/21308932\_EA

**LIMIT 4**  
OVER LIMIT PAY  
**31.99 EA**



**\$27**

**HUGGIES PULL-UPS TRAINING PANTS**  
CLUB SIZE, SELECTED VARIETIES, SIZES 2T-6T, 44-74'S  
20952337\_EA/20952483\_EA

**LIMIT 4**  
OVER LIMIT PAY  
**32.99 EA**



**\$35**

**MILLIE MOON ECONO PACK DIAPERS**  
SELECTED VARIETIES AND SIZES  
21590418\_EA/21590508\_EA

**LIMIT 4**  
OVER LIMIT PAY  
**39.99 EA**



**ALWAYS LOW PRICE**  
**\$20**

**PC BABY WIPES**  
SELECTED VARIETIES  
768/1200'S  
21432245\_EA



**\$8**

**LIMIT 4**  
OVER LIMIT PAY  
**9.99 EA**

**PAMPERS OR HUGGIES 3X BABY WIPES**  
SELECTED VARIETIES, 168-216'S  
20304474001\_EA/20558604\_EA



**\$25**

Get **5,000** pts

**\$5** back in points

**LIMIT 4, OVER LIMIT PAY 29.99 EA**

**WATERWIPES BABY WIPES**  
SELECTED VARIETIES, 360'S  
21549611\_EA



**\$20**

**PLAYTEX DIAPER GENIE DISPOSABLE SYSTEM REFILL OR DIAPER GENIE**  
SELECTED VARIETIES, 3/18'S  
21527848\_EA/21549766\_EA

**LIMIT 4**  
OVER LIMIT PAY  
**22.99 EA**



**UP TO 20% OFF**  
3.99-231.64 AFTER SAVINGS

**TOMMEE TIPPE, DR. BROWN'S OR MEDELA BABY ACCESSORIES**  
SELECTED VARIETIES AND SIZES  
21341333\_EA/21670617\_EA



**UP TO 20% OFF**  
2.39-9.99 AFTER SAVINGS

**JOHNSON'S AND JOHNSON'S BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
21663361\_EA/21664436\_EA



**KIDDICARE DIAPERS FOR LESS**

The ultra-absorbent and super-soft diapers have arrived.

Now exclusively here!



**CUDDLY DEALS, TINY PRICES**

**App exclusive offer**

**Optimum™**

Get **20,000** pts

**\$20** back in points

for every **\$100\*** spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**2.50**

**SIMPLY GOURMET PUFFIES AND CRUNCHERS**  
SELECTED VARIETIES, 32 G  
21597406\_EA/21671989\_EA

**LIMIT 10**  
OVER LIMIT PAY  
2.99 EA



**8+**  
MONTHS

**\$5**

**GERBER ORGANIC CEREAL OR NESTLÉ CERELAC SAVOURY CEREAL**  
SELECTED VARIETIES, 200-208 G  
21121781\_EA/21671033\_EA

**LIMIT 6**  
OVER LIMIT PAY  
5.99 EA



**6+**  
MONTHS

**4.50**

**LITTLE BELLIES COOKIES 130G OR BARS 85 G**  
SELECTED VARIETIES  
21606647\_EA/21664746\_EA

**LIMIT 6**  
OVER LIMIT PAY  
4.99 EA



**12+**  
MONTHS

**4.50**

**GERBER ORGANIC SNACKS OR BISCUITS**  
SELECTED VARIETIES, 28-160 G  
21097119\_EA/21670654\_EA

**LIMIT 10**  
OVER LIMIT PAY  
4.99 EA



**12+**  
MONTHS

**\$70**

**SIMILAC 360 TOTAL CARE MILK-BASED IRON-FORTIFIED INFANT FORMULA STEP 1 & 2**  
SELECTED VARIETIES, 16X235 ML  
21702863\_C16/21702882\_C16

**LIMIT 4**  
OVER LIMIT PAY  
89.99 EA



**\$37**

**ENFAGROW NUTRITIONAL SUPPLEMENT MILK-BASED POWDER 1-5 YEARS**  
SELECTED VARIETIES, 907 G  
21694898\_EA/21694972\_EA

**LIMIT 4**  
OVER LIMIT PAY  
42.99 EA



**\$56**

Get **4,000** pts

**\$4** back in points

**LIMIT 4, OVER LIMIT PAY 62.99 EA**

**NESTLÉ GOOD START BABY FORMULA**  
SELECTED VARIETIES  
942 G/1.02 KG  
21599603\_EA/21599587\_EA



**2/\$18**  
OR 9.99 EA

**PEDIASURE COMPLETE 4X235 ML OR INFANT'S PEDIALYTE SOLUTION 1L OR FREEZER POPS 16X62.5 ML**  
SELECTED VARIETIES  
20322414002\_EA/21641977\_EA



**65.50**

**LIMIT 4**  
OVER LIMIT PAY  
72.99 EA



**\$60**

**LIMIT 4**  
OVER LIMIT PAY  
77.99 EA



**UP TO 20% OFF**  
4.29-19.99 AFTER SAVINGS

**SUDOCREM, PENATEN, ZINCOFAX, BABY BUTZ OR VASELINE PETROLEUM JELLY BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
20147213\_EA/20175999\_EA



**\$25**

Get **2,000** pts

**\$2** back in points

**LIMIT 4, OVER LIMIT PAY 29.99 EA**

**PAMPERS SENSITIVE BABY WIPES**  
SELECTED VARIETIES, 1008'S  
21719427\_EA



**UP TO 20% OFF**  
4.75-18.39 AFTER SAVINGS

**CERAVE OR CETAPHIL BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
21014772\_EA/214390060\_EA





# SHOP BEAUTY FOR LESS

Optimum

Use code **SKIN6K** at checkout\*\*

**SHOP NOW**



Get **6,000** pts

When you spend \$20\* or more

**\$6** back in points

on select skincare products online\*\*

\*\*Offer valid from May 14 to 27, 2026. Conditions apply. See site for details.

UP TO **20% OFF**  
11.79-37.79 AFTER SAVINGS

**OLAY SERUM, REGENERIST MOISTURIZER OR FACIAL CLEANSER**  
SELECTED VARIETIES AND SIZES  
21236887\_EA/21533857\_EA



Optimum

Get **5,000** pts

When you buy 2

**\$5** back in points

**BUBBLE MOISTURIZERS OR TONERS**  
SELECTED VARIETIES AND SIZES  
21707424\_EA/21708067\_EA



**\$6**

**LIMIT 4**  
OVER LIMIT PAY  
7.79 EA

**VASELINE HAND AND BODY LOTIONS**  
SELECTED VARIETIES  
200-295 ML  
2053944004\_EA/2053944006\_EA



UP TO **20% OFF**  
10.79-29.29 AFTER SAVINGS

**EUCERIN AND AQUAPHOR BODY CARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
20856891\_EA/21085698\_EA



**\$9**

**LIMIT 4**  
OVER LIMIT PAY  
12.99 EA

**MARC ANTHONY OR CAKE HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21225013\_EA/21646736\_EA



**\$6**

**LIMIT 4**  
OVER LIMIT PAY  
9.99 EA

**GARNIER BELLE HAIR COLOUR**  
SELECTED VARIETIES  
20317076007\_EA/20317076012\_EA



**\$9**

**LIMIT 4**  
OVER LIMIT PAY  
12.99 EA

**BATISTE DRY SHAMPOO**  
SELECTED VARIETIES  
200 ML  
20850398\_EA/20945832\_EA



**\$8**

**LIFE BRAND PURAVIDA SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES AND SIZES,  
532 ML  
21705300\_EA/21705450\_EA



UP TO **20% OFF**  
5.19-8.79 AFTER SAVINGS

**AUSSIE SHAMPOO, CONDITIONER 778 ML OR STYLING PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21167363\_EA, 21517546\_EA



**\$8**

**LIMIT 4**  
OVER LIMIT PAY  
10.49 EA

**GARNIER WHOLE BLENDS SHAMPOO, CONDITIONER 650 ML OR TREATMENT 150-250 ML**  
SELECTED VARIETIES AND SIZES  
20941779\_EA/20941824\_EA



UP TO **20% OFF**  
16.00-18.50 AFTER SAVINGS

**L'ORÉAL PARIS TRUE MATCH GLOTION FOUNDATION, SKIN INK OR BLUE PRESSED POWDER**  
SELECTED VARIETIES AND SIZES  
21063387003\_EA  
21348121012\_EA



UP TO **20% OFF**  
12.79-14.39 AFTER SAVINGS

**L'ORÉAL PARIS PLUMP GLOSS, HAUTE PRECISION EYELINER, HYALURON TINT OR PARADISE BLUR FILLER**  
SELECTED VARIETIES AND SIZES  
21638851002\_EA  
21709143003\_EA



FROM **6.99**  
6.99-9.99

**DAISE FRAGRANCE BODY MIST 100 ML, ALL BODY SPRAY 100 G OR DEODORANT OR FOAMING BODY WASH 250 G**  
SELECTED VARIETIES AND SIZES  
21702333\_EA/21702399\_EA



# LOOK GOOD, FEEL GREAT, SPEND LESS.

**3<sup>50</sup>**  
**LIMIT 6**  
**OVER LIMIT PAY**  
**4.49 EA**

**IRISH SPRING BAR SOAP** 3X104 G OR **SOFTSOAP LIQUID HAND SOAP PUMPS** 332 ML  
 SELECTED VARIETIES  
 21436450\_EA/21644764\_EA

**\$6**  
**LIMIT 6**  
**OVER LIMIT PAY**  
**7.49 EA**

**SOFTSOAP LIQUID HAND SOAP REFILL**  
 SELECTED VARIETIES, 1.47 L  
 21715570\_EA/21715576\_EA

**\$4**  
**LIMIT 6**  
**OVER LIMIT PAY**  
**5.79 EA**

**AXE DEODORANT** 76/85 G, **BODY SPRAY** 113 G, **BODY WASH OR HAIR CARE** 473 ML  
 SELECTED VARIETIES  
 21042562\_EA/21438255\_EA

**\$7**  
**LIMIT 6**  
**OVER LIMIT PAY**  
**8.49 EA**

**OLD SPICE** 73-144 G, **SECRET** 68-116 G, **OR GILLETTE** 108 G  
**DEODORANT**  
 SELECTED VARIETIES  
 20757237001\_EA/21163772\_EA

**\$5**  
**LIMIT 6**  
**OVER LIMIT PAY**  
**5.99 EA**

**SENSODYNE OR PRONAMEL BASE TOOTHPASTE** 75/100 ML, **POLIDENT TABLETS** 36-40'S OR **POLIGRIP** 40 G  
 SELECTED VARIETIES  
 20301179003\_EA/20645907\_EA

**7<sup>50</sup>**  
**LIMIT 4**  
**OVER LIMIT PAY**  
**9.99 EA**

**LISTERINE MULTIBENEFITS**, 1L OR **CLASSIC** 1.5L  
**MOUTHWASH**  
 SELECTED VARIETIES  
 20701283\_EA/21091810\_EA

**\$6**  
**LIMIT 6**  
**OVER LIMIT PAY**  
**6.99 EA**

**COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTHPASTE** 70-150 ML, **KIDS MANUAL TOOTHBRUSHES** 2'S, **HELLO TOOTHPASTE** 82-98 ML OR **COLGATE PERIORD PERIARD TOOTHPASTE** 70 ML  
 SELECTED VARIETIES  
 21777027\_EA/21584840\_EA

**UP TO 15% OFF**  
 3.29-10.79 AFTER SAVINGS

**BAND-AID BANDAGES OR POLYSPORIN OINTMENT**  
 SELECTED VARIETIES AND SIZES  
 21335482\_EA/21520494\_EA

**UP TO 20% OFF**  
 6.79-46.25 AFTER SAVINGS

**WEBBER NATURALS VITAMINS OR SUPPLEMENTS**  
 SELECTED VARIETIES AND SIZES  
 21448267\_EA/21176805\_EA

**UP TO 15% OFF**  
 13.89-16.14 AFTER SAVINGS

Get **3,000 pts**  
 When you spend \$30\*

**\$3 back in points**

**GAVISCON LARGAVISCON LARGE SIZE TABS** 50-60'S, **LIQUID** 340-600 ML OR **HYDRALYTE HYDRATION PRODUCT** 10-20'S  
 SELECTED VARIETIES  
 20804741\_EA/20986019\_EA

Get **5,000 pts**  
 When you spend \$20\*

**\$5 back in points**

**ALEVE OR ASPIRIN PAIN RELIEF PRODUCTS**  
 SELECTED VARIETIES AND SIZES  
 20067407002\_EA/21314617\_EA

**\$18**  
**LIMIT 4**  
**OVER LIMIT PAY**  
**19.49 EA**

**DEPEND UNDERWEAR OR POISE PADS**  
 SELECTED VARIETIES AND SIZES  
 21301866\_EA/21302103\_EA

**\$12**  
**LIMIT 4**  
**OVER LIMIT PAY**  
**13.99 EA**

**ALWAYS PADS** 7-92'S OR **LINERS** 92-96'S  
 SELECTED VARIETIES  
 20873987\_EA/21284428\_EA

# TEAM SAVINGS

For fans who love low blocks and low prices.

**\$2**

**FIFA WORLD CUP BRACELETS**  
SELECTED VARIETIES  
21696632\_EA//21696633\_EA  
21696635\_EA



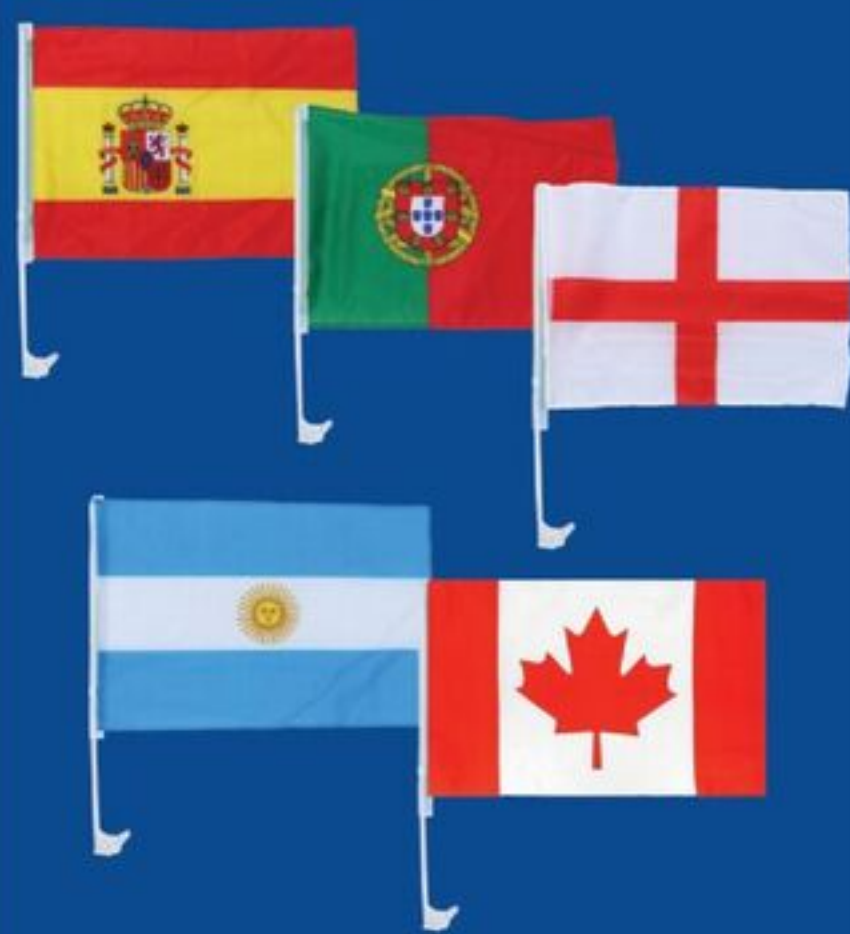
**\$2**

**FIFA WORLD CUP PINS**  
SELECTED VARIETIES  
21696933\_EA/21696913\_EA  
21696935\_EA



**FROM \$4**  
4.00-15.00

**FIFA WORLD CUP FLAGS**  
SELECTED VARIETIES  
21694673\_EA/21694721\_EA  
21694731\_EA/21694733\_EA  
21694734\_EA



**\$18**

**FIFA SOCCER BALLS**  
21706514\_EA/21706515\_EA/21706516\_EA

**LIMIT 4**  
OVER LIMIT PAY  
20.00 EA



**\$20**

**10" WORLD CUP SOCCER BEAR PLUSH**  
21702767\_EA

**LIMIT 4**  
OVER LIMIT PAY  
30.00 EA



**\$15**

**8" WORLD CUP CANADA MASCOT PLUSH**  
21732889\_EA

**LIMIT 4**  
OVER LIMIT PAY  
20.00 EA



**2/\$12**  
OR 8.00 EA

**FIFA SQUOOSHEMS**  
21732960\_EA



**\$30**

**LEGO EDITIONS LIONEL MESSI**  
21715541\_EA

**LIMIT 4**  
OVER LIMIT PAY  
40.00 EA



**\$30**

**LEGO RONALDO HIGHLIGHTS**  
21715398\_EA

**LIMIT 4**  
OVER LIMIT PAY  
40.00 EA



**4/\$10**  
OR 3.50 EA

**PANINI 2026 WORLD CUP STICKERS**  
21741424\_EA



**BUY 1 GET 1 50% OFF**

**CANADA DAY BEACH TOWELS**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
20.00  
21721077\_EA/21721128\_EA



**2/\$5**  
OR 3.00 EA

**FIFA LUGGAGE TAG**  
21716133\_EA/21716155\_EA



**8.50**

**DR. SQUATCH BAR SOAP**  
SELECTED VARIETIES, 141.7 G  
21573584\_EA/21731712\_EA

**LIMIT 6**  
OVER LIMIT PAY  
9.99 EA



**\$15**

**DOVE FIFA THEMED VALUE PACKS**  
21731437\_EA/21731621\_EA

**LIMIT 4**  
OVER LIMIT PAY  
18.00 EA



**\$15**

**AXE FINE FRAGRANCE GIFT PACK**  
21734428\_EA

**LIMIT 4**  
OVER LIMIT PAY  
18.00 EA



Items on this page may not be available at the following Westlocations: Edmonton (Kingsway, Whitemud, Heritage Gate, Windermere), Steinbach, Winnipeg (Portage Ave, Kenaston Blvd), Nanaimo, Coquitlam, Whitehorse, Regina (Golden Mile), Lethbridge, Calgary (Southport, Signal Hill, Huntington Hills, East Village, Nursery), Westbank, Richmond, Abbotsford, St. Albert, Prince Albert, Yorkton.

# SHOP KITCHEN FOR LESS



Buy 3, Get 1  
**FREE**

4.00-29.00  
LIFE AT HOME™ OUTDOOR DINNERWARE,  
DRINKWARE OR SERVEWARE  
SELECTED VARIETIES  
FREE ITEM MUST BE OF EQUAL  
OR LESSER VALUE  
21543335\_EA/21692451\_EA/21692340\_EA  
21692448\_EA/21692298\_EA/21692447\_EA  
21692893\_EA/21692322\_EA  
21692694\_EA

UP TO  
**15% OFF**  
24.00-125.00 AFTER SAVINGS

**HAMILTON BEACH APPLIANCES OR GARMENT CARE**  
21036261\_EA/21646963\_EA

UP TO  
**20% OFF**  
8.00-31.00 AFTER SAVINGS

**PC® SOFT GRIP GADGETS, THERMOMETER OR SCALES**  
SELECTED VARIETIES  
21190090\_EA/21190094\_EA  
21219111\_EA/21332759\_EA

UP TO  
**25% OFF**  
60.00-70.00 AFTER SAVINGS

**KITCHENAID HAND BLENDER, HAND MIXER, AND FOOD CHOPPER**  
RED, BLACK OR AQUA  
21547883\_EA/21682888\_EA/21682889\_EA

UP TO  
**20% OFF**  
20.00-148.00 AFTER SAVINGS

**T-FAL COOKWARE OR COOKWARE SETS**  
SELECTED VARIETIES  
20972357\_EA/21646897\_EA

**BUY 1 GET 1 50% OFF**

**PC® EVERSTRONG HARD ANODIZED COOKWARE OR COOKWARE SETS**  
SELECTED VARIETIES  
30.00-60.00  
21578864\_EA  
21578866\_EA  
21638698\_EA

**BUY 1 GET 1 50% OFF**

**PC® RED OR BLACK ENAMELED CAST IRON**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
50.00-85.00  
21339588\_EA/21341784\_EA  
21413754\_EA

**\$6**

**SODASTREAM PEPSI OR CLASSIC SYRUPS OR FLAVOURS**  
SELECTED VARIETIES, 440 ML  
21406583\_EA/21406599\_EA

**LIMIT 8 OVER LIMIT PAY 8.00 EA**

UP TO  
**20% OFF**  
3.00-9.00 AFTER SAVINGS

**NO NAME® FOILWARE**  
SELECTED VARIETIES  
20869962\_EA/20870022\_EA

**ALWAYS LOW PRICE**

**\$7**

**EVERYDAY ESSENTIALS™ HANGERS**  
SELECTED VARIETIES  
20985822\_EA/20985841\_EA

UP TO  
**25% OFF**  
4.50-11.00 AFTER SAVINGS

**INHOUSE OR CLOROX KITCHEN LINENS**  
SELECTED VARIETIES  
21638827\_EA/21639134\_EA

**5.50**

**EVERYDAY ESSENTIALS™ JUMBO PILLOW**  
21667755\_EA

UP TO  
**25% OFF**  
37.00-60.00 AFTER SAVINGS

**PC® ORGANICS SHEET SETS**  
SELECTED VARIETIES  
21638540\_EA/21638721\_EA

\* Please note that not all items are available in all stores.



# PLANET FIRST™

## OUR PLANET. OUR FUTURE. TOGETHER, LET'S MAKE A DIFFERENCE.

Ready to make a sustainable choice without compromising on performance? Introducing our new **PC Planet First Kraft Paper Cutlery**. Crafted from eight layers of tightly pressed, sustainably sourced kraft paper, these utensils offer exceptional strength and sturdiness, easily standing up to your toughest foods. Plus, they're heat resistant up to 80°C, proving that being kind to the planet doesn't mean sacrificing quality.



Made with bamboo fibre, compostable and microwave-safe



Made with 25% recycled content

**PC® PLANET FIRST™ KRAFT PAPER CUTLERY MULTIPACK**  
2.50  
LIMIT 4  
OVER LIMIT PAY 2.99 EA  
21707087\_EA



**PC® PLANET FIRST™ BAMBOO LUNCH OR DESSERT PLATES**  
20 COUNT  
4.50  
LIMIT 4  
OVER LIMIT PAY 5.99 EA  
21345962\_EA/21353079\_EA



Plastic-free

**PC® PLANET FIRST™ WHEAT STALK STRAWS**  
50 COUNT  
2.50  
LIMIT 4  
OVER LIMIT PAY 2.99 EA  
21350548\_EA

# Ready, set, prep

- Freezer and oven safe so you can go straight from cooking to storing
- Built-in measurements make portioning effortless and consistent
- Offset mold design lets you pop out portions with ease—no wrestling required
- Steel-reinforced lids allow for sturdy stacking and space-saving storage

# \$10



# NEW

\* Please note that not all items are available in all stores.

# JOE FRESH LONG WEEKEND DEALS!

4 DAYS ONLY!

# 20% off

Adult Styles\*



Regular Price Only  
Ends May 17



NOW  
\$12

REG. \$15

Canada  
T-Shirt



NOW  
\$20

REG. \$25

Canada Minnie  
Mouse T-Shirt



NOW  
\$12

REG. \$15

Canada Raglan  
Shirt



NOW  
\$12

REG. \$15

Maple Leaf  
Tank



NOW  
\$12

REG. \$15

Canada  
Raglan Shirt



NOW  
\$12

REG. \$15

Canada  
T-Shirt



NOW  
\$12

REG. \$15

Canada  
Raglan Shirt



NOW  
\$12

REG. \$15

Canada  
Tank



NOW  
\$12

REG. \$15

Canada  
T-Shirt



NOW  
\$20

REG. \$25

Adult Peanuts Snoopy  
Canada T-Shirt

EVEN MORE ONLINE & IN-STORE

SHOP NOW

\*Visit [www.joefresh.com/offerdetails](http://www.joefresh.com/offerdetails) for full details.

# JOE FRESH x LAUREN CHAN



## Celebrate Pride!

A limited-edition collection, co-designed with Lauren Chan, blends athletic influence with inclusive colourways to celebrate Pride, together.



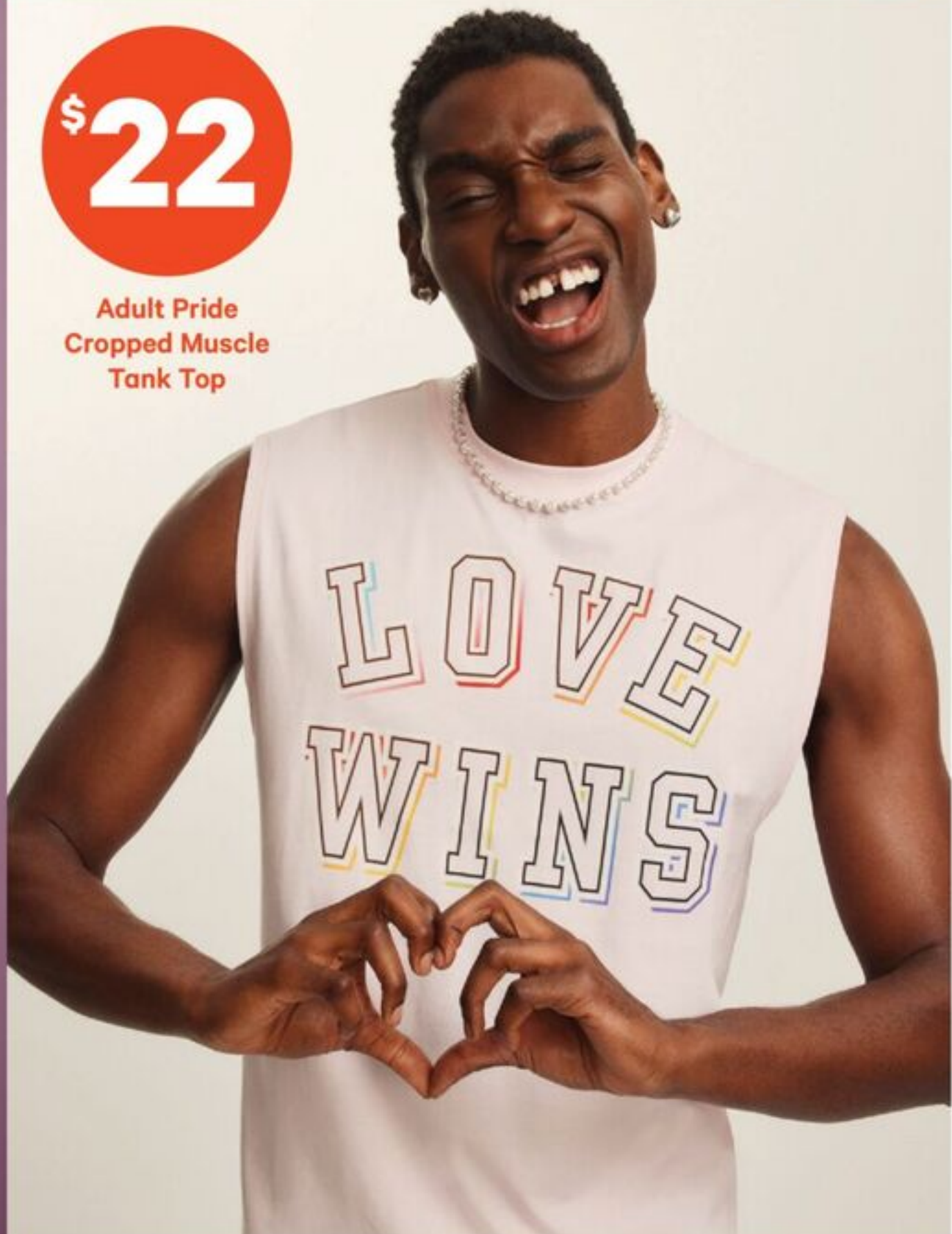
\$25

Adult Pride Varsity T-Shirt



\$22

Adult Pride Cropped Muscle Tank Top



\$25

Adult Pride Graphic Ringer T-Shirt



\$16

Toddler Pride Graphic Ringer T-Shirt



Baby Pride Graphic Ringer T-Shirt

\$12



Adult Pride Trucker Hat

\$19



Adult Pride Varsity Short

\$25

EVEN MORE ONLINE & IN-STORE

SHOP NOW



YOU COULD  
**WIN**  
1 of 20  
**1 MILLION**  
PC Optimum® Points Prizes

**BUY** ANY 4 participating Kraft Heinz products  
**SCAN** your PC Optimum™ card



IT HAS TO BE  
**HEINZ**  
ESTD 1869



**Kraft**  
salad dressing  
425 mL  
21584849\_EA/21584931\_EA

**2.97** Selected Varieties  
OVER LIMIT PAY 4.00 EA



**Heinz picnic pack**  
3x375 mL  
20552158\_EA

**LIMIT 4**  
**4.94**  
OVER LIMIT PAY 5.99 EA



**Renée's**  
refrigerated salad  
dressing or vinaigrette  
350/355 mL  
20012865\_EA/20314592\_EA

**4.99** Selected Varieties



**Bull's-Eye BBQ Sauce** 425 mL  
**Diana Sauce** 500 mL  
21184617\_EA/20547834005\_EA

**LIMIT 4**  
**2.99** Selected Varieties  
OVER LIMIT PAY 3.49 EA



**Heinz Mayonnaise-style**  
Sauces 340 mL  
21734967\_EA/21734588\_EA

**LIMIT 4**  
**2.97** Selected Varieties  
OVER LIMIT PAY 4.00 EA



**Pure J.L. KRAFT**  
Dressing &  
Marinade 355 mL  
21581659\_EA/21581737\_EA

**4.99** Selected Varieties



**Kraft Singles**  
410 g  
21188654\_EA

**LIMIT 4**  
**3.97** Selected Varieties  
OVER LIMIT PAY 5.99 EA



**MiO, Kool Aid & Crystal Light**  
liquids or  
single-serve  
drink mix 48 mL  
20663423\_EA/2074949400L\_EA

**LIMIT 4**  
**3.25** Selected Varieties  
OVER LIMIT PAY 4.29 EA

**\*NO PURCHASE NECESSARY.** Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends June 24, 2026 at 11:59 PM ET. Members can get an entry when they purchase four or more on any eligible Kraft Heinz at participating Real Canadian Superstore, Real Atlantic Superstore, Your Independent Grocer, Fortinos, City Market, Zehrs, Loblaws, Valu-mart, Dominion, Provigo, No Frills, Maxi, Wholesale Club, Shoppers Drug Mart, Pharmaprix locations and scan their PC Optimum card at the time of purchase. Twenty Prizes of 1,000,000 PC Optimum points, that's like \$1,000 CDN in value when redeemed each. Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit <https://www.pcxpress.ca/pcocontest-kraftheinzsummer>

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**FRESH FLAVOUR  
FOR ALL YOUR LONG  
WEEKEND ACTIVITIES**



**Traditional Hummus** 260g  
20501132\_EA

**3.50**

**Roasted Garlic Humm!** 283g  
21687331\_EA

**3.50**



**Roasted Red Pepper Protein Hummus** 3x 100g  
21703711\_EA

**\$7**

**Chili Spiced Oil Humm!** 482g  
21687273\_EA

**\$7**



Get **3,000** pts  
For every \$10\* spent

**\$3** back in points

**FONTAINE SANTE HUMMUS**  
SELECTED VARIETIES  
260-850 G



**NATURALLY SMOKED**  
**Pepperoni**  
Original Flavour  
600g

Perfect for kids' lunches and after-school snacks.  
21381330\_EA

**\$12**



[GrimmsFineFoods.com](http://GrimmsFineFoods.com)

**MARC ANGELO**

**BBQ Season is Back**



**FRESH FULLY COOKED CHICKEN BURGERS** • 450g  
21741560\_EA/21741671\_EA

**\$9**

**PORK LOIN CENTER CHOPS** • 380g  
21741594\_EA/21741672\_EA

**\$9**

**MINI-SKEWER APPETIZERS HOT HONEY & LEMONGRASS** • 300g  
21741654\_EA

**\$9**



**ASSORTED SAUSAGES AND GROUND PORK** • 250g - 500g  
21724040\_EA/21724151\_EA

**6.99**



**Stock Up & Save**



**LIMIT 4**  
**24.99**  
OVER LIMIT PAY 29.99 EA

**Royale® Original or Velour®**  
30=90 bath tissue rolls  
21639661\_EA/21639671\_EA

**LIMIT 4**  
**11.99**  
OVER LIMIT PAY 15.99 EA

**Royale® Original**  
12 pack facial tissue  
20705292\_EA

Royale® tissue products are manufactured by Irving Consumer Products Limited and Irving Consumer Products, Inc., affiliates of J.D. Irving, Limited. Each year, forests managed by J.D. Irving, Limited and affiliated corporations remove more carbon than is emitted in the lifecycle of Royale® tissue products. \*Proud Canadian company.

**New!**

**Protection designed for you**

Kotex®, now powered by Gravity™ Core



Get **4,000** pts  
When you spend \$20\*

**\$4** back in points

**U BY KOTEX**  
LINERS 80-129'S,  
PADS 24-44'S  
OR TAMPONS 30/32'S  
SELECTED VARIETIES  
21719632\_EA/21724556\_EA/21719658\_EA

**a scent-sational regimen**

Method shampoo or conditioner selected varieties 399-414 mL  
21647725\_EA/21648718\_EA

**LIMIT 4**  
**\$10**  
OVER LIMIT PAY 14.99 EA



**LIMIT 4**  
**\$10**  
OVER LIMIT PAY 13.00 EA

**Method body wash** selected varieties 502/828 mL  
21590840\_EA

**LIMIT 4**  
**\$4**  
OVER LIMIT PAY 5.49 EA

**Method hand soap pump** 300/354 mL  
21662932\_EA



**LIMIT 4**  
**\$10**  
OVER LIMIT PAY 13.99 EA

**Method deodorant** selected varieties 75 g  
21640650\_EA



**method**





# SIP. SNACK. SIZZLE!

NEW



LIMIT 4  
**5<sup>97</sup>**

OVER LIMIT PAY 7.29 EA  
**PURE LEAF Iced Tea**  
(6x240mL, selected varieties)  
21723712, C06/21723771, C06



LIMIT 4  
**1<sup>47</sup>**

OVER LIMIT PAY 1.99 EA  
**Gatorade Perform Sports Drink**  
(710 mL, selected varieties)  
20305775003, EA/21730088, EA



LIMIT 4  
**6<sup>49</sup>**

OVER LIMIT PAY 7.99 EA  
**GATORADE / GATORADE Zero Powder Sticks**  
(10x3g, 35g / 560g selected varieties)  
21603385, EA/21658058, EA



**2<sup>79</sup>**

**CELSIUS Energy Drink**  
(355mL, selected varieties)  
21576466, EA/21648038, EA



LIMIT 4  
**1<sup>50</sup>**

OVER LIMIT PAY 1.70 EA  
**Brisk Iced Tea**  
(710mL, selected varieties)  
21653509, EA/21082610, EA



**19<sup>97</sup>**

**Frito-Lay Variety Packs**  
(42's, selected varieties)  
21577861, EA/21577871, EA

## SIMPLE INGREDIENTS, SMART SUMMER SNACKING

**3<sup>50</sup>**

**MADE GOOD GRANOLA BITES**  
SELECTED VARIETIES  
120 G  
21351868\_EA  
21681926\_EA

Get **250** pts

LIMIT 4  
**26<sup>99</sup>**

OVER LIMIT PAY 34.99 EA

**ORGANIKA ELECTROLYTES POWDER**  
SELECTED VARIETIES  
70 G  
21546047\_EA/21546545\_EA

Get **1,000** pts

LIMIT 4  
**7<sup>99</sup>**

OVER LIMIT PAY 9.99 EA

**KIND BARS 40 GX5'S OR KIND PROTEIN+ 62 GX4'S**  
SELECTED VARIETIES  
21296840\_EA/21702796\_EA

LIMIT 4  
**3<sup>50</sup>**

OVER LIMIT PAY 4.99 EA

**HUMBLE RUMBLES CHIPS**  
SELECTED VARIETIES  
135 G  
21664857\_EA/21664952\_EA

LIMIT 4  
**\$6**

OVER LIMIT PAY 7.79 EA

**SO DELICIOUS NON-DAIRY FROZEN DESSERT**  
500 ML OR FROZEN BAR 266/272 ML OR FROZEN COCO SANDWICH 68 ML  
SELECTED VARIETIES  
20931171\_EA/21310387\_EA



Get your first year of PC Express Pass for

**\$2/month\***

- Unlimited grocery delivery or pickup
- Earn 2% back in pts with eligible pickup orders\*\*

Use code  
**PASS76**

[Learn more](#)

\*/\*\* Offer valid until May 20, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.



The only mobile plan that pays you back with PC Optimum™ points

Plans starting from  
**\$19/mo**



\*conditions apply, visit [pcmobile.ca](#) for full details, subject to change.

May 14 to 20, 2026  
Spend \$100 or more on Home Hardware Gift Cards



And get a bonus  
**\$10 PC® Gift Card\***



**\$10** value

\*Offer valid May 14 to 20, 2026. Maximum of one bonus \$10 PC® Gift Card per transaction. Offer valid in-store only at participating Loblaws banner store locations. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to \$100 or more spent on Home Hardware gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. No cash value. PC Optimum™ points and PC® Gift Cards cannot be used toward the purchase of gift cards. ®™ Trademarks are the property of their respective owners.

# LAWN & GARDEN

## 7 reasons to start your garden here

1

100%   
CANADIAN  
GROWERS

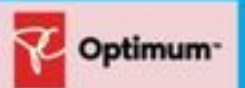
2

**We innovate**  
We create pre-made mixes in our PC® Hanging Baskets and PC® Planters that you may not find anywhere else.



3

**Recycle your pots for points**



Get  
**100**  
pts

for every empty pot or flat you return to our garden centre

For every empty plant pot or flat returned to participating RCSS Garden Centres, you will earn the points indicated. Offer expires after one use and cannot be used on previous or subsequent transactions. We reserve the right to limit number of pots or flats returned. We are not obligated to award points based on errors or misprints. No cash value.

4

**Convenience**  
Grab your gardening needs and groceries in a one-stop shop.



5

**It's easy**  
Our fabulous pre-made Hanging Baskets and Planters make gardening easy for novice or experienced gardeners.



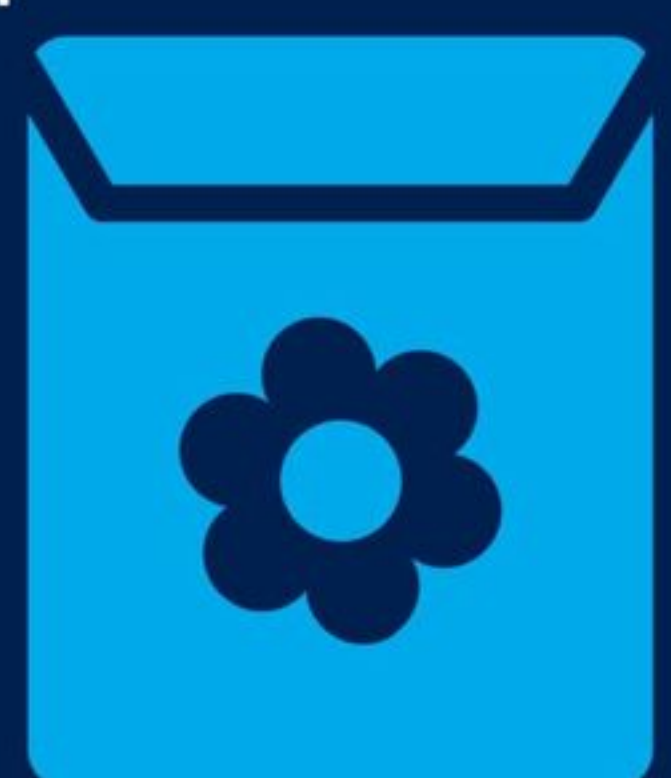
6

**Exclusives**  
Shop exclusive garden products you can't find anywhere else like the PC® Super Gigantico Dipladenia Rio™ Hot Pink.



7

**Bang for buck**  
We make sure our beautiful garden assortment is affordable and accessible for everyone.



# BIGGER BOLDER ANNUALS

**100% CANADIAN GROWERS**

**MULTI SAVE**  
**2/\$40**  
OR 23.00 EA

**PC® DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
11 INCH  
20753910\_EA

**New varieties!**



Our plants are grown exclusively by **Canadian growers** like Devry Greenhouses, with locations in Chilliwack and Langley, B.C. and in Picture Butte, Alberta. When plants are grown **locally**, it ensures they are arriving to our stores at their  **freshest**.



**\$5**

**ANNUALS**  
SELECTED VARIETIES  
6 PACK, 3.5 INCH  
21351207\_EA



**MULTI SAVE**  
**5/\$25**  
OR 5.50 EA

**PC® GIGANTICO™ ANNUALS**  
SELECTED VARIETIES, 4.33 INCH  
21352664\_EA

**Exclusive variety!**



**\$9**

**PC® SUPER GIGANTICO™ ANNUALS**  
SELECTED VARIETIES  
6 INCH  
21352513\_EA

**New!**



**\$32**

**PC® WINDOW BOX PLANTER**  
SELECTED VARIETIES, 23 INCH  
20753920\_EA

**PRO TIP:** Use PC® Flower & Garden Bed soil in your containers or garden bed for optimal performance.

**13<sup>99</sup>**

**MIRACLE GRO ALL PURPOSE PLANT FOOD** 20-20-20, 680 G  
21450096\_EA



**\$11**

**PC® FLOWER & GARDEN BED SOIL** 50 L  
21363856\_EA

also available in 25 L for \$8 ea

**\$19**

**MIRACLE GRO ALL PURPOSE PLANT FOOD** 1.5 KG  
21157038\_EA



# GREEN THUMBS UP

 **100% CANADIAN GROWERS**

**\$24**

**PC® BOSTON FERN HANGING BASKET**  
SELECTED VARIETIES  
10 INCH  
20845440\_EA



Not just for hanging!  
Drop it in a soil-filled planter



**MULTI SAVE**

**2/\$55**  
OR 32.00 EA

**PC® JUMBO ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
12 INCH  
20753924\_EA



More mixes in store!



**\$15**

**PC® ANNUAL PLANTER**  
SELECTED VARIETIES  
8.5 INCH  
21001606\_EA



New!

**\$4**

**SUCCULENT**  
SELECTED VARIETIES, 3.5 INCH  
21648334\_EA



**\$12**

**PC® 4-SEASON TROPICALS**  
SELECTED VARIETIES, 6 INCH  
21347083\_EA



New varieties!



**\$23**

**PC® LAVENDER SHRUB**  
SELECTED VARIETIES, 8 INCH  
21573051\_EA



**\$30**

**PC® DELUXE ANNUAL PLANTER**  
SELECTED VARIETIES  
11 INCH  
20753963\_EA

New recipes!



**\$30**

**PC® DIPLADENIA CAGE**  
SELECTED VARIETIES, 10 INCH  
21509899\_EA



**MULTI SAVE**

**2/\$15**  
OR 8.00 EA

**PC® POTTING SOIL**  
25 L  
21349090\_EA



7.66 kg (25 L) N-P-K 0.05-0.05-0.05



**\$19**

**MIRACLE GRO BLOOM BOOSTER PLANT FOOD**  
1.5 KG  
21157031\_EA



**\$10**

**SOIL SCOOP**  
21635328\_EA



**HAND CULTIVATOR**  
21635451\_EA



# TASTEFUL ADDITIONS

**100% CANADIAN GROWERS**

**MULTI SAVE**

**5/\$25**  
OR 5.50 EA

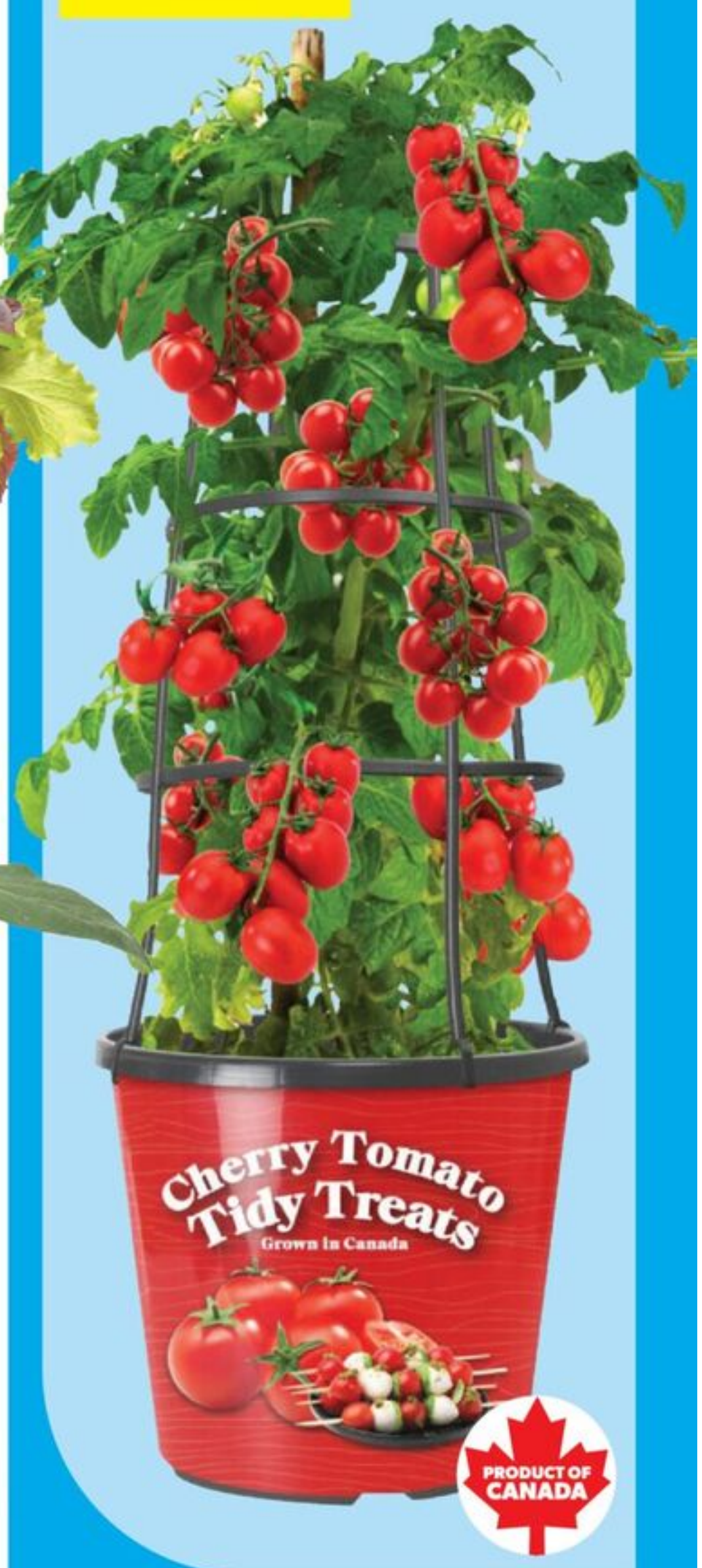
**PC GIGANTICO™ HERBS OR VEGETABLES**  
SELECTED VARIETIES, 4.33 INCH  
21350301\_EA/21350302\_EA

**New varieties!**



**\$20**

**PC VEGETABLES IN CAGE**  
SELECTED VARIETIES, 10 INCH  
20753965\_EA/20753957\_EA



**\$13**

**PC BASIL BOWL**  
SELECTED VARIETIES, 10 INCH  
20821257\_EA



**\$20**

**PC HERB MIXES IN WHISKEY BARREL**  
SELECTED VARIETIES, 10 INCH  
20753949\_EA



**\$5**

**VEGETABLES**  
SELECTED VARIETIES  
6 PACK, 3.5 INCH  
21351208\_EA



**\$13**

**PC SALAD BOWL**  
SELECTED VARIETIES, 10 INCH  
20753972\_EA



**14<sup>49</sup>**

**MIRACLE GRO ALL PURPOSE LIQUID**  
950 ML  
20945240\_EA



**MIRACLE GRO SHAKE 'N FEED TOMATO, FRUIT AND VEGETABLE PLANT FOOD**  
453 G  
21567431\_EA

**10<sup>39</sup>**



**MULTI SAVE**

**2/\$40**  
OR 23.00 EA

**PC STRAWBERRY HANGING BASKET**  
SELECTED VARIETIES, 11 INCH  
20753916\_EA



**MULTI SAVE**

**2/\$15**  
OR 8.00 EA

**PC VEGETABLE AND HERB SOIL**  
25 L  
21349109\_EA



**MIRACLE GRO SHAKE 'N FEED FERTILIZER**  
SELECTED VARIETIES, 2.04 KG  
21567705\_EA/21648135\_EA

**23<sup>79</sup>**



**PRO TIP:** Did you know, tomatoes need around 6 hours of direct sunlight and a good dose of calcium. To increase calcium, grind eggshells and add them to your soil when planting.

# GET YOUR HANDS DIRTY

**100% CANADIAN GROWERS**

**MULTI SAVE**  
**4/\$14**  
OR 3.75 EA

PC® BLACK EARTH SOIL  
25 L  
21357792\_EA

President's Choice. Le Choix du Président.

**BLACK EARTH**  
ALL-PURPOSE SOIL • TERREAU TOUT USAGE  
**TERRE NOIRE**

Top Dressing • Planting • Seeding  
Terreautage • Plantation • Ensemencement

PRODUCT OF CANADA / PRODUIT DU CANADA

8.04 kg (25 L)

MADE FROM TOP QUALITY FINISHES  
FAIT D'INGRÉDIENTS DE PREMIÈRE QUALITÉ

PRODUCT OF CANADA

**MULTI SAVE**  
**2/\$7**  
OR 4.00 EA

PC® PAPER YARD WASTE BAGS  
5'S  
20429980\_EA

President's Choice. Le Choix du Président.

**TWO-PLY TOUGH**  
paper yard waste bag  
**RÉSISTANTS**  
**DOUBLE ÉPAISSEUR**  
sacs en papier pour résidus de jardin

5

**MULTI SAVE**  
**2/\$15**  
OR 8.00 EA

PC® VEGETABLE & HERB SOIL  
25 L  
21349109\_EA

President's Choice. Le Choix du Président.

**VEGETABLE & HERB**  
SOIL MIX • MÉLANGE DE SOL  
**LÉGUMES ET FINES HERBES**

0.04-0.06-0.04

**4 IN 1**  
Sphagnum Peat • Composted Manure • Topsoil • Lime  
Tourbe de sphagnum • Fumier composté • Terreau • Chaux

9.50 kg (25 L)

PREPARED IN CANADA

**FROM 1.99**  
1.99-5.99

**BURPEE OR MCKENZIE SEEDS**  
SELECTED VARIETIES  
21349093\_EA/20754223\_EA

**8.97**

**JIFFY SEED STARTING MIX**  
13.2 L  
21669658\_EA

BURPEE  
VEGETABLE SEEDS  
**TOMATO**  
Burpee's Early Pick VF Hybrid  
Hybride VF native de Burpee

MCKENZIE  
BEAN HARICOT

Jiffy  
Premium Seed Starting  
Jiffy-Mix®  
Terreau pour semis  
Jiffy-Mix® Suprême  
A Professional Greenhouse Quality Mix  
Un mélange de qualité professionnelle

**MULTI SAVE**  
**2/\$11**  
OR 6.00 EA

NO NAME®  
CEDAR MULCH  
AVAILABLE IN NATURAL  
OR BLACK, 42.5 L  
21358531\_EA/21358573\_EA

Mulch is important as it conserves soil moisture, suppresses weeds, regulates soil temperature, protects soil from erosion, and improves soil health.

no name® sans nom®  
**natural cedar mulch • paillis de cèdre naturel**

42.5 L

no name® sans nom®  
**black cedar mulch • paillis de cèdre noir**

42.5 L

PRODUCT OF CANADA

**\$11**

PC® FLOWER AND GARDEN BED SOIL OR NO NAME®  
ALL-PURPOSE SOIL 50 L  
21363856\_EA/21364405\_EA/21358664\_EA

President's Choice. Le Choix du Président.

**FLOWER & GARDEN BED**  
SOIL MIX • MÉLANGE DE SOL  
**MASSIFS DE FLEURS ET POTAGERS**

Contains starter fertilizer for seeds, bulbs and trimmings  
Contient de l'engrais de démarrage pour les semences, les bulbes et les boutures

14.1 kg (50 L)

0.05-0.05-0.05

also available in 25 L for 2/\$15 or \$8 ea

no name® sans nom®  
**all-purpose soil**  
terreau tout usage

50 L

PRODUCT OF CANADA

**MULTI SAVE**  
**2/\$20**  
OR 12.00 EA

PC® LAWN SEED  
SELECTED VARIETIES, 1 KG  
21359479\_EA/21359480\_EA/21359477\_EA

**MIX & MATCH**

President's Choice. Le Choix du Président.

**SUN & SHADE**  
LAWN SEED  
**SOLEIL ET OMBRE**  
SEMENCES À GAZON

For lawns exposed to direct sun and moderate shade  
Pour les gazons dans les zones ensoleillées et à l'ombre partielle

1 kg

**HIGH TRAFFIC ZONES**  
LAWN SEED  
**PASSANTES**  
SEMENCES À GAZON

For building durability in wear-and-tear areas  
Pour une durabilité accrue dans les zones d'usure

1 kg

**QUICK GERMINATING**  
LAWN SEED  
**GERMINATION RAPIDE**  
SEMENCES À GAZON

For rapid regrowth of bare or thinning areas  
Pour une repousse rapide des zones dénudées ou clairsemées

1 kg

**MULTI SAVE**  
**2/\$9**  
OR 4.75 EA

NO NAME® COW MANURE COMPOST  
12.5 KG  
21349331\_EA

no name® sans nom®  
**cow manure compost & peat moss**  
fumier de vache composté et tourbe de sphagnum

12.5 kg 0.05-0.04-0.05

PRODUCT OF CANADA

# PLANT LIKE A PROFESSIONAL

 **100% CANADIAN GROWERS**

**\$19**

**PERENNIALS**  
SELECTED VARIETIES  
2 GALLON  
21221200\_EA



**\$19**

**PC LILIUM COLLECTION**  
IN A DECORATIVE COLOUR POT,  
SELECTED VARIETIES, 8 INCH  
20998805\_EA



**\$23**

**PATIO HYDRANGEA**  
8 INCH  
21221149\_EA



FROM **\$10**  
10.00-17.00

**SPRING BULBS,  
PLANT NOW FOR  
SUMMER BLOOMS**  
SELECTED VARIETIES  
21423977\_EA



**MULTI  
SAVE**

**PC PERENNIALS**  
SELECTED VARIETIES  
9 CM  
21350463\_EA

**2/\$10**  
OR 5.50 EA

**MULTI  
SAVE**

**PC PERENNIALS**  
SELECTED VARIETIES  
13 CM  
21350465\_EA

**2/\$20**  
OR 11.00 EA

**MULTI  
SAVE**

**PC PERENNIALS**  
SELECTED VARIETIES  
15 CM  
21350466\_EA

**2/\$26**  
OR 15.00 EA



More varieties in store!

**\$25**

**ASSORTED SHRUBS**  
SELECTED VARIETIES, 8 INCH  
21523698\_EA/21526524\_EA



**\$25**

**HYDRANGEA  
SHRUB**  
SELECTED VARIETIES  
8 INCH  
20652732\_EA



**\$16**

**CLEMATIS**  
SELECTED VARIETIES  
1 GALLON  
20741127\_EA



**\$30**

**CAT PALM**  
SELECTED VARIETIES  
10 INCH  
21576294\_EA



**12<sup>49</sup>**

**MIRACLE GRO  
WATERING CAN  
SINGLES PLANT  
FOOD**  
290 G  
2157858\_EA



**MIRACLE GRO BLOOD  
OR BONE MEAL**  
1.36 KG  
21506312\_EA  
21506313\_EA

**17<sup>59</sup>**



**\$11**

**WATERING CAN**  
2 GALLON  
20275904\_EA



**14<sup>49</sup>**

**MIRACLE GRO  
ORGANICS PURE  
HEN MANURE  
PLANT FOOD** 2 KG  
21567623\_EA

