

# So Canadian Sobeys

Since 1907



**HOT PRICE**  
**5.99** /lb

Fresh Regular Ground Beef Family Size or Boneless Whole Beef Brisket cryovac cut from Australian graded beef or COMPLIMENTS Fresh Chicken Breast Halves while supplies last 13.21/kg



MEMBERS SAVE \$1/lb  
**4.44** /lb  
9.79/kg MEMBER PRICING

**5.44** without Scene+ Card  
11.99/kg  
Fresh Pork Loin Back Ribs or Fresh Pork Tenderloin Family Size cryovac



**HOT PRICE**  
**5.99** /lb

COMPLIMENTS Fresh Split Chicken Wings or Boneless Skinless Chicken Thighs 13.21/kg



MEMBERS SAVE \$2/lb  
**12.99** /lb  
28.64/kg MEMBER PRICING

**14.99** /lb without Scene+ Card  
33.05/kg  
Live Market Lobsters product of Atlantic Canada subject to availability



**HOT PRICE**  
**3.99**

TAYLOR FARMS Chopped or Leaf Salad Kits packed in Canada 207-383 g



**HOT PRICE**  
**4.99**

ZESPRI Sungold Kiwi product of New Zealand 454 g



**HOT PRICE**  
**2.49**

Strawberries product of USA or Mexico no 1 grade 1 lb 454 g



**HOT PRICE**  
**16.87**

FOLGERS Roast & Ground Coffee 544-865 g or Single Serve Coffee Pods 30 pk



**HOT PRICE**  
**3.44**

STONEMILL Bread 454-600 g, NATURAL BAKERY Rye 500 g or DEMPSTER'S Signature English Muffins 6 pk



**HOT PRICE**  
**4.94**

NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L, Drumstick or selected Premium Novelties 4-10 pk



**HOT PRICE**  
**6.49**

CASHMERE Bathroom Tissue 12=24 or 8=24 Rolls, SPONGETOWELS 3=6 Rolls or SCOTTIES Facial Tissue 6 pk



**HOT PRICE**  
**3.49**

LIBERTÉ Méditerranée Yogurt 500 g or 2-4 pk or YOPLAIT Source Protein Yogurt 650 g



**HOT PRICE**  
**3.47**

DR. OETKER Ristorante or Casa Di Mama Pizza 288-410 g or Giuseppe Garlic Fingers 317 g

**Scene+ GIVE & GET**

**BUY \$100 IN SOBEYS GIFT CARDS & GET 750 PTS**

MAY 7-10

Receive 750 Scene+ Points when you purchase \$100 in Sobeys Gift Cards. Offer valid from May 7-10 at all Sobeys locations in Ontario. Gift card purchase must be in a single transaction and cannot be combined with other gift card offers. Sobeys gift cards cannot be purchased with other Corporate gift cards. No base Scene+ points earned. Offer is valid only on Sobeys gift cards. Limit of 5 offers per account number. No coupon is required. Scene+ digital or physical membership card must be presented. Offer subject to change and may be withdrawn without notice. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

**BINGGRAE Melona Ice Bars**

560 mL selected varieties

**HOT PRICE**  
**3.99**

Global Market

Mother's Day is May 10<sup>th</sup>

THU 7 | FRI 8 | SAT 9 | **SUN 10** | MON 11 | TUE 12 | WED 13

Prices and offers in effect May 2026

So many deals  
Scan here for our full digital flyer

ONT

# Just for Moms!

Fresh blooms to make their day!



**STARTING AT**  
**14<sup>99</sup>**  
Mixed Seasonal Bouquets  
selection may vary by store



**BUY MORE SAVE MORE**  
**17<sup>99</sup>**  
ea when you buy 2 or more  
Premium Annuals Hanging Basket or Planter 11" grown in Ontario 18.99 ea



**22<sup>99</sup>**  
Premium Ecuadorian Roses  
one dozen 50 cm



**8<sup>99</sup>**  
LINDT Lindor Box 60 g  
while supplies last

FLO1\_SBY\_WK02\_PRN\_ONT

# Breakfast for Mom!

Fresh breakfast to start their day!



EXCLUSIVE

**4.99**

COMPLIMENTS Breakfast or Dinner Pork Sausage 375-500 g or Fully Cooked Bacon 65 g or COMPLIMENTS or THE CANADIAN BUTCHER Bacon 375 g



**4.99**

BURNBRAE FARMS or GRAY RIDGE Large White Eggs 18 pk or COMPLIMENTS Free Run Large White Eggs 12 pk



**200 PTS** when you buy 1  
**7.99**

Heart Shaped Raspberries product of Mexico or USA 227 g



**3.99**

COMPLIMENTS Pure Orange Juice 1.36-1.54 L



**16.97**

KICKING HORSE Whole Bean Coffee 454 g

100% **fresh** GUARANTEE

# Guaranteed fresh or your money back

**CERTIFIED TENDER**  
TENDRETÉ CERTIFIÉE

**14.99** /lb

**STERLING SILVER** Fresh Boneless Top Sirloin Grilling Steaks Family Size or Premium Oven Roast cut by your meat expert from Canada AAA grade beef 33.05/kg

**11.99** MEMBER PRICING

**14.99** without Scene+ Card

COMPLIMENTS, SHOELESS JOE'S, JACK ASTOR'S or BELMONT Burgers 678-852 g

**BUY 2 GET 3RD** of equal or lesser value **FREE**

Ready For You Chilled Meals sold by 100 g available chilled selected

**7.99**

Atlantic Canada 3-4 oz Lobster Tail 85 g previously frozen or frozen or ULTRA NATURAL Fair Trade Honduras Shrimp cooked or raw 300 g

**6.99**

MAPLE LEAF Natural Selections Sliced Meats 175 g selected

**6.99** 680g

COMPLIMENTS Grape Tomatoes product of Canada or Mexico 680 g

**6.99**

ARMSTRONG Cheese 400 g, Shreds 300-320 g or SAPUTO Mozzarellissima 500 g

**2/\$5**

CHRISTIE Oreo or Chips Ahoy! Cookies selected 224-303 g or KELLOGG'S Town House, Snap'd or Cheez-It Crackers 213-391 g

**3.99** 200 PTS when you buy 2

DORITOS Tortilla Chips 210-235 g or RUFFLES Potato Chips 180-200 g

**2.99**

BULL'S-EYE BBQ Sauce 425 mL, DIANA Sauces 500 mL or Marinades 375 mL, HEINZ Flavoured Mayo 340 mL or KRAFT Salad Dressing 425 mL

**22.99** MEMBER PRICING **25.99** without Scene+ Card

STARBUCK'S Coffee 793-907 g or K-Cups 24 pk

**100 PTS** when you buy 1 **6.99**

BECEL Margarine 637-850 g

**5.99**

BONNE MAMAN Jam 250-290 mL, Spreads 250-360 g or Vanilla Compote 539 mL or KRAFT Peanut Butter 750 g-1 kg

**8.99**

KELLOGG'S Pop-Tarts 1.152 kg, Rice Krispies Squares 660 g or Special K Bars 500 g, WELCH'S Fruit Snacks 616 g or SUNKIST Fruit Snacks Club Pack 792 g

**\$3**

COMPLIMENTS Spring Water 24x500 mL

**8.99**

GENERAL MILLS Jumbo Cereal 825 g-1.3 kg, KELLOGG'S Jumbo Cereal 700 g-1.1 kg or POST Jumbo Cereal 1.1-1.24 kg

**1.99**

LIPTON or KNORR Soup selected 2 pk 40-166 g or KNORR Sidekicks 112-167 g

**1,000 PTS** when you buy 2 **19.99**

TIDE Liquid Detergent 3.46-3.9 L, Pods or GAIN Flings! 45-76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L

**EVERYDAY VALUE**

**\$11** **20** PACK

Cookies 20 pk 620 g

BAKED IN STORE

**\$14** **1KG**

COMPLIMENTS Value Size Sliced Ham 1 kg

**\$5** **300-600G**

COMPLIMENTS Frozen Fruit 300-600 g

**\$1** **200-225G**

COMPLIMENTS Macaroni & Cheese 200-225 g

**2.50** **15-100 PACK**

COMPLIMENTS Freezer Bags 15-20 pk or Sandwich Bags 100 pk selected

**\$2** **250 ML**

COMPLIMENTS Foaming Hand Soap 250 mL

**We have 2X as many Canadian-origin products as competing stores\***

**2X** Canadian-origin products

**PROUDLY CANADIAN** [sobeys.com](http://sobeys.com)

\*Sobeys Capital Incorporated and its related conventional and discount banners offer twice as many Canadian-origin LPC based non-fresh products as compared to leading conventional brick and mortar, drug, online, and discount grocery retailers in Canada according to the latest 12 weeks ending November 15, 2025, using data reported through Nielsen's CA-SOBEYS-CROSS CATEGORY database by Nielsen's MarketTrack Product Insights. Copyright © 2025 Nielsen Consumer LLC, commissioned by Empire Company Limited. Sobeys calculation based in part on data reported by NIO through its CA-SOBEYS-CROSS CATEGORY database for Non-Fresh | Canadian Origin Stated Items for the 12 weeks ending November 15, 2025. Copyright © 2025 Nielsen Consumer LLC.

# So much value



**2<sup>99</sup>** /lb  
Tomatoes on the Vine product of Ontario, USA or Mexico 6.59/kg

**4<sup>99</sup>** /lb  
Asparagus product of Ontario 11.00/kg

From Ontario

FIRST OF THE SEASON

**3/\$5**

From Ontario  
Long English Cucumbers product of Ontario Canada no 1 grade

**2/\$5**

Romaine, Green or Red Leaf Lettuce product of Mexico or USA

**3<sup>99</sup>** /lb  
ORRI Clementines or Mandarins product of Israel 8.80/kg

ORRI

**2/\$4**

Ataulfo Mangoes product of Mexico

LARGE

**4<sup>99</sup>**

Pomegranates product of Peru

LARGE

**3<sup>99</sup>**

Red or Green Swiss Chard product of USA or Mexico

**3<sup>99</sup>**

COMPLIMENTS Onions product of Canada, Canada no 1, 3 lb

**99¢** /lb

Green Cabbage 2.18/kg or Rutabaga 1.19/lb 2.62/kg product of Canada, Canada no 1

**3<sup>44</sup>**

COMPLIMENTS ORGANIC Whole White or Cremini Mushrooms product of Canada 227 g

200 PTS when you buy 2

ORGANIC

**7<sup>99</sup>** /lb

Red Prince Apples product of Canada, Canada extra fancy grade 4.39/kg

RED PRINCE

**6<sup>99</sup>**

Cotton Candy Grapes product of Chile no 1 grade 454 g

**2<sup>47</sup>** /lb

Large Navel Oranges product of Spain or Egypt 5.45/kg

**7<sup>99</sup>**

Persimmon Fuyu Case product of Brazil

MEDINA

**4<sup>99</sup>**

COMPLIMENTS Caesar Salad Kit product of USA 280 g

100 PTS when you buy 2

**4<sup>99</sup>**

COMPLIMENTS Broccolini Tray product of USA 170 g

**BUY 2 GET 3RD of equal or lesser value FREE**

Prepared Fresh Daily Roasters or BBQ Grillers assorted sizes

READY FOR YOU

**19<sup>99</sup>**

Prepared Fresh Daily Large Fruit or Vegetable Carousel 1.95-2.2 kg

200 PTS when you buy 1

READY FOR YOU

**99¢**

Passion Fruit product of Colombia

75 PTS when you buy 2

Global Market

**1<sup>79</sup>** /lb

Long Squash product of Mexico or Honduras or Red Carrots product of China 3.95/kg

Global Market

**7<sup>99</sup>**

BIO RAW Dressing selected 250 mL

ORGANIC

**2<sup>99</sup>**

COMPLIMENTS ORGANIC Baby-Cut Carrots 454 g product of USA

ORGANIC

**3<sup>49</sup>**

SUNRISE Firm Tofu 500 g

**4<sup>99</sup>**

LIGHTLIFE Veggie Grounds assorted 340 g

**10<sup>99</sup>**

Wonderful Pistachios salted or lightly salted 450 g

**25% off**

Caramel Corn

PACKED IN STORE

Give them more with the Grocery Essentials Card



Visit [sobeys.com/giftcards](http://sobeys.com/giftcards) for details

If you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can present the product and/or receipt and we will provide you with the appropriate reimbursement. Restrictions apply, see [www.sobeys.com/value-flyer](http://www.sobeys.com/value-flyer) for details.

**CERTIFIED TENDER**  
TENDRETE CERTIFIEE

**14<sup>99</sup>** /lb

STERLING SILVER Fresh Boneless Top Sirloin Cap/ Coulotte Premium Oven Roast or Family Size Grilling Steaks cut by your meat expert from Canada AAA grade beef 33.05/kg

# So.tender

*Sterling SILVER* PREMIUM BEEF

**HAND-SELECTED CANADA AAA BEEF**

Well-marbled • Aged to perfection  
Exclusive to Sobeys

**CERTIFIED TENDER**  
TENDRETE CERTIFIEE

**29<sup>99</sup>** /lb

STERLING SILVER Fresh Boneless Rib or Rib Eye Premium Oven Roast or Family Size Grilling Steak cut by your meat expert from Canada AAA grade beef while supplies last 66.11/kg

**3<sup>99</sup>** /lb

Fresh Pork Loin Rib and Sirloin Combo Chops Family Size 8.80/kg

**5<sup>99</sup>** /lb

Fresh Whole Skinless Pork Belly cryovac 13.21/kg

**9<sup>99</sup>** /lb

Fresh Extra Lean Ground Beef Family Size 22.02/kg

**18<sup>99</sup>** /lb

Fresh Canadian Lamb Loin Chops 41.87/kg

**5<sup>99</sup>** /lb

MAPLE LODGE FARMS Chicken Sausage 375-500 g

**4<sup>99</sup>** /lb

Grade A Cornish Hens frozen 11.00/kg

**BUY 2 GET 3RD FREE** of equal or lesser value

COMPLIMENTS Raised Without Antibiotics Boneless Skinless Chicken Breast, Boneless Skinless Thighs, Split Wings, Drumstick, Thighs or Whole Chicken

**READY FOR YOU**

## fresh from our kitchens

**5<sup>99</sup>** /lb

Fresh Montreal BBQ or Korean BBQ Marinated Pork Loin Center Chops 13.21/kg

**30<sup>99</sup>** /lb

STERLING SILVER Fresh Three Peppered Glazed Boneless Rib Eye Grilling Steak or Premium Oven Roast cut by your meat expert from Canada AAA grade beef 68.32/kg

**19<sup>99</sup>** /lb

STERLING SILVER Fresh BBQ Whisky or Montreal BBQ Marinated Boneless Top Sirloin Grilling Medallions cut by your meat expert from Canada AAA grade beef 44.07/kg

**6<sup>99</sup>** /lb

Marinated Fresh Boneless Skinless Chicken Thighs Mumbai, BBQ whisky or honey garlic 15.41/kg

**5<sup>44</sup>** /lb  
11.99/kg

**6<sup>44</sup>** /lb  
14.20/kg

MEMBER PRICING without Scene+Card

Fresh Maple Chipotle BBQ Whisky or Honey Garlic Marinated Pork Loin Back Ribs

**6<sup>99</sup>** /lb

In-Store Made Marinated Split Chicken Wings 15.41/kg

**5<sup>44</sup>** /lb  
11.99/kg

**6<sup>44</sup>** /lb  
14.20/kg

MEMBER PRICING without Scene+Card

Fresh Honey Garlic or Maple Chipotle Marinated Pork Tenderloin

## quick & easy

**10<sup>99</sup>**

PILLER'S Turkey Bites, Mini Pepperoni or Salami Sticks 300-500 g or SCHNEIDERS Pepperettes 250-375 g

**4<sup>49</sup>** /lb

COMPLIMENTS Peameal Bacon Chub 9.90/kg

**3<sup>99</sup>**

COMPLIMENTS Regular or Jumbo Wieners 450 g

**5<sup>99</sup>**

COMPLIMENTS Fully Cooked Meat Strips 150-200 g

**8<sup>99</sup>**

BEYOND MEAT Plant-Based Breakfast Sausage, Chicken Tenders or Burger 2 pk 226-235 g

**10<sup>99</sup>**

COMPLIMENTS Beef, Chicken or Vegetable Lasagna & Mac & Cheese 1 kg

**14<sup>99</sup>**

JANES Ultimates Boneless Chicken Bites or Tenders or KELSEYS Original Roadhouse Fully Cooked Pork Back Ribs frozen 600-710 g

**BUY 2 GET 3RD FREE**

COMPLIMENTS or PANACHE Chicken Wings, Meat Appetizers, Meatballs, Egg Rolls or Spring Rolls 252-800 g starting at 5.99 ea

# GET TO FREE GROCERIES FASTER

when you scan your Scene+ membership card and pay with your Scotiabank Scene+ Visa Card.

1,000 pts = \$10 in groceries

\*Certified by the Canadian Beef Grading Agency / Certifié par L'Agence Canadienne de Classement du Bœuf

1,000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1,000. \*Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply. \*See full list of participating merchants across Canada at Scotiabank.com/participatingstores. \*Visa Int. / Licensed user.

# seafood

Nothing Added  
Everything Gained™

Ultra  
NATURAL

- ✓ No Artificial Additives
- ✓ No Antibiotics
- ✓ No Preservatives
- ✓ No Phosphates



**12.99**  
ULTRA NATURAL Gluten Free Shrimp  
Appetizers 340 g



**15.99**  
ULTRA NATURAL Raw Black Tiger Shrimp  
shell-on or peeled and deveined 26-30 ct  
per lb 340 g



**11.99**  
ULTRA NATURAL Fair Trade Honduras Cooked  
Shrimp garlic & parsley or Asian-style marinade  
454 g

## So ready to grill

READY FOR YOU

**14.99** /lb  
In-Store Marinated  
Fresh Atlantic Salmon  
Fillets subject to  
availability 33.05/kg

**12.99** /lb  
Prepared In-Store  
Fresh Atlantic  
Salmon Roasts with  
Imitation Crab &  
Seafood Stuffing  
28.64/kg

**6.99**  
Prepared In-Store Cooked or Raw Garlic  
Shrimp Grillers previously frozen 280 g

**7.25**  
In-Store Marinated  
Raw Shrimp Skewers  
previously frozen 45 g

## PRICE LOCK

**\$8**  
COMPLIMENTS Cooked  
Shrimp in Ring with Sauce  
255 g

**\$12**  
COMPLIMENTS  
Extra Large Cooked  
Shrimp in Ring with  
Sauce 312 g

**\$15**  
COMPLIMENTS Cooked  
Shrimp in Bag with  
Cocktail Sauce 680 g

**\$22**  
COMPLIMENTS Large Cooked  
Shrimp in Ring with Sauce 737 g

**\$25**  
COMPLIMENTS  
NATURALLY SIMPLE  
Black Tiger Shrimp in  
Ring with Sauce 515 g

# deli & kitchen

**3.99** /100 g  
**4.49** /100 g  
without  
Scene+ Card

COMPLIMENTS Montreal Smoked  
Meat, Roast Beef, Corned Beef or  
Pastrami

**4.79** /100 g  
MASTRO Genoa Salami  
hot or mild

**2.69** /100 g  
SIKORSKI Polish Kielbasa Ham, Chorizo  
Sausage, Garlic Sausage, Hungarian or Village  
Sausage

**5.99** /150 g  
**6.99** /220 g  
without  
Scene+ Card

BOURSIN 150 g, Cuisine 220 g or  
KAUKAUNA Cheese Balls 170 g

**BUY 2 GET 3RD  
FREE**  
BALDERSON Cheddar Blocks  
250-280 g selected varieties

**11.79**  
MASTRO Family Size Dry  
Cured Sliced Salami  
selected 300 g

**6.49** /227-300 g  
**7.49** without  
Scene+ Card

RANA Fresh Pasta 227-300 g

**50 PTS**  
when you buy 1

**9.49**  
SUMMER FRESH Salad  
650-800 g

## So ready to go

READY FOR YOU

**200 PTS**  
when you buy 2

**6.99**  
STARTING AT  
2-Pack Mini  
Croissant  
Breakfast  
Sandwiches  
227-311 g

**7**  
Flatbreads selected  
230-305 g

**200 PTS**  
when you buy 2

**3.99**  
Traditional Poutine 350 g  
or Popcorn Chicken 4.99  
available hot

Add a Regular  
Size Twice Baked  
Potatoes for \$3

**13.99**  
6-Piece Crispy Chicken  
available hot or chilled

Scene+ Get **150 PTS** Available at participating locations

FOR EVERY 18.9L WATER REFILL FROM nimbus

Offer valid during May 7-13, 2026. Only available at participating locations. Sorry no rainchecks or price matching. Bonus points are awarded for each completed purchase of an 18.9L Nimbus water refill. Promotion is subject to all applicable laws and regulations. Scene+ card must be presented to earn the bonus points.

# meal makers

**5.99**  
KELLOGG'S Family Size Cereal 450-650 g

**3.99**  
VACHON Snacks 248-336 g or HOSTESS Donuts selected 269 g

**2.99**  
DEL MONTE Canned Fruit assorted 398 mL

**16.99**  
GOGO SQUEEZ Fruit Sauce 20 pk

**9.99** **100 PTS** when you buy 1  
KRAFT Cheez Whiz 900 g

**4.49** **500 PTS** when you buy 4  
PEARL MILLING COMPANY Pancake Mix or Syrup 905 g or 710 mL

**6.49**  
ROBIN HOOD or FIVE ROSES Flour selected 2.5 kg or HERSHEY'S Chipits 200-270 g

**2.49**  
BETTY CROCKER SuperMoist Cake Mix selected 375-404 g

**2/\$5**  
CAMPBELL'S Concentrated Broth 250 mL or Tetra 900 mL

**2.99**  
CAMPBELL'S Chunky Soup 515 mL

**7.99**  
YELLOWSTONE Seasoning Blends 135-160 g or MAISON ORPHEE Baking Mixes 425-500 g

**100 PTS** when you buy 2  
COMPLIMENTS Spices or Seasonings selected 5-245 g

**3/8.99**  
BETTY CROCKER Mashed or Sliced Potatoes 141-215 g

**2.99**  
HEINZ Pasta or Beans 398 mL

**2.99**  
CLOVER LEAF Yellowfin Chunk Light Tuna 142 g

**5.49**  
WINDSOR Flavoured Salts 124-147 g

**2/\$5**  
HUNT'S Thick & Rich Pasta Sauce or Tomato Sauce 680 mL or Tomato Paste 369 mL

**3.49**  
CATELLI Gluten Free or Supergreens Pasta 300-340 g

**2.49** **100 PTS** when you buy 2  
COMPLIMENTS Hot Dog or Hamburger Buns 8 pk

**2.49** **100 PTS** when you buy 2  
COMPLIMENTS Bagels 6 pk

**3.49**  
ALLEN'S Cider Vinegar 1 L

**6.49**  
MAZOLA Oil 946 mL

**4.49**  
COMPLIMENTS Balsamic Vinegar of Modena 500 mL

**7.99**  
TILDA Basmati Rice 907 g or MINUTE RICE 1.2-1.4 kg

**1.99** **100 PTS** when you buy 3  
COMPLIMENTS Pudding Cups 4 pk

**3.49**  
COMPLIMENTS Peanut Butter 500 g

**2.79**  
COMPLIMENTS Sweet Green or Hot Dog Relish 375 mL

**2.49** **100 PTS** when you buy 2  
COMPLIMENTS White or Whole Wheat Bread 675 g

WE'RE FULL OF compliments

**3.49** **100 PTS** when you buy 2  
COMPLIMENTS Coconut selected 200 g

**4.49** **100 PTS** when you buy 2  
COMPLIMENTS Sweetened Condensed Milk 300 mL or Graham Crumbs 400 g

**2/\$5**  
COMPLIMENTS Flakes of Ham, Turkey or Chicken 156 g  
**2.99**  
COMPLIMENTS Mild or Medium Salsa 430 mL

Scene GET 1,500 PTS FOR EVERY \$100 SPENT ON HOME HARDWARE GIFT CARDS



Offer valid during April 30 - May 13, 2026. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability. Cards issued by Peoples Trust Company.



# Moms Love Blooms!

STARTING AT

**8<sup>99</sup>**

Ecuadorian  
Roses 3-stem



STARTING AT

**19<sup>99</sup>**

Ready To Go Arrangements  
selection may vary by store



STARTING AT

**14<sup>99</sup>**

Duet Bouquets  
choose from various  
sizes selection may  
vary by store



Lasts Up To  
Three Weeks!

**11<sup>99</sup>**

Kalanchoe Bouquet 3-stem  
grown in Ontario



**29<sup>99</sup>**

Grace In Bloom  
Bouquet



STARTING AT

**21<sup>99</sup>**

Mother's Day  
Gardens

## Fresh value ready to go!



STARTING AT  
**8<sup>99</sup>**

Assorted Blooms In Tufted Purse  
grown in Canada



**10<sup>99</sup>**

Tulip Bouquet  
10-stem  
grown in Ontario

**500 PTS**  
when you buy 1

**37<sup>99</sup>**

Duo Tango Orchid in  
Ceramic 5"



EXCLUSIVE TO  
**Sobeys**



STARTING AT  
**12<sup>99</sup>**

Multi-Bloom Hydrangeas  
available in 5" or 6"  
grown in Ontario



**8<sup>99</sup>**

Mini Roses In Self  
Watering Pot 4" grown  
in Ontario



STARTING AT  
**7<sup>99</sup>**

Mother's Day Potted Mums  
selection may vary by store  
grown in Ontario



STARTING AT  
**9<sup>99</sup>**

Assorted Calla Lily  
4" or 6" grown in Ontario



STARTING AT  
**12<sup>99</sup>**

Phalaenopsis Orchids In  
Ceramic selection may  
vary by store

Floral and Garden products available at most store locations.

Give them more with the Grocery Essentials Card



Visit [sobeys.com/giftcards](https://sobeys.com/giftcards)  
for details

# Gardens Love Moms!

Featuring Exclusive Variety City Lights Dahlia

**\$14**

Premium Annual Planter 8"

Get **1,000** PTS

When you spend \$100 or more at the Garden Centre in a single transaction.\*

\*before taxes

**2/\$10**

Garden Gerbera Daisies 4.75" pot grown in Ontario

BUY MORE SAVE MORE

**29<sup>99</sup>**

ea when you buy 2 or more

Premium Hanging Basket or Planter 13" grown in Ontario 32.99 ea

## Get out & plant a rainbow!

**39<sup>99</sup>**

Mother's Day Hydrangea 10" grown in Ontario

**2/\$7**

Assorted Premium Annuals 4" grown in Ontario

**49<sup>99</sup>**

ea when you buy 2 or more

Jumbo Annual Planter 16" grown in Ontario 54.99 ea

**250** PTS when you buy 1  
**21<sup>99</sup>**

Premium Annuals Bowl 12" Featuring Dahlia Dahietta Series



BUY MORE SAVE MORE

**\$3**

ea when you buy 4 or more

COMPLIMENTS Black Earth 25 L 3.49 ea



BUY MORE SAVE MORE

**3<sup>50</sup>**

ea when you buy 2 or more

COMPLIMENTS Farm Manure Compost 25 L 3.99 ea



BUY MORE SAVE MORE

**4<sup>50</sup>**

ea when you buy 2 or more

COMPLIMENTS Multi-Mix Soil 25 L 4.99 ea



BUY MORE SAVE MORE

**4<sup>50</sup>**

ea when you buy 2 or more

COMPLIMENTS Professional Planter Mix Soil 25 L 4.99 ea



BUY MORE SAVE MORE

**\$5**

ea when you buy 2 or more

COMPLIMENTS Cedar Mulch 42.5 L selection may vary by store 5.49 ea



BUY MORE SAVE MORE

**\$8**

ea when you buy 2 or more

COMPLIMENTS Mega Soil 50 L 8.99 ea

Floral and Garden products available at most store locations.

Scene

GET PERSONALIZED OFFERS ON PRODUCTS YOU'LL LOVE.



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# deli & kitchen

**SLICED FRESH**

**3<sup>99</sup>**  
/100 g  
SIKORSKI Grandpa or Grandma Ham

**SLICED FRESH**

**2<sup>19</sup>**  
/100 g  
COMPLIMENTS Cooked Ham or Mock Chicken

Try with Panache Grana Padano 200 g

**12<sup>99</sup>**  
MARCANGELO Family Size Sliced Italian Meats selected 150-175 g product of Italy

**9<sup>99</sup>**  
TRE STELLE Feta 375 g or CASTELLO Havarti 425 g

**8<sup>49</sup>**  
COOMBE CASTLE Red Leicester, Double Gloucester, Cheshire, Lancashire, Wensleydale or Dorset Drum 200 g

**5<sup>99</sup>**  
SNACK FACTORY Pretzel Crisps selected 155-200 g

Try our limited time only AI Pastor Flavour

**100 PTS** when you buy 250 g or more

**2<sup>69</sup>**  
/100 g  
Chicken Strips sold by 100 g available hot or chilled

**READY FOR YOU**

**100 PTS** when you buy 2

**4<sup>49</sup>**  
FONTAINE SANTÉ Topped Hummus, Regular Hummus or Dips 227-260 g

**Get 100 PTS** When you buy 300 g  
**OR**  
**Get 250 PTS** When you buy 500 g or more

Service Case Salads select varieties sold by 100 g

# bakery

Try our Made with KITKAT® Brownie and Brownie Cake for a Limited Time

**BUY 1 GET 1 FREE** of equal or lesser value

**MIX & MATCH**

Brownies 550-585 g or Brownie Cakes 310-390 g starting at 7.99 ea

**LIMITED TIME ONLY**

Made with **KitKat** Fait avec

Croissants Made with KitKat® 2 pk 100 g

**3<sup>99</sup>** **BAKED IN STORE**

Give Mom a Break, and enjoy a Made with KitKat® Dessert or Treat

Cheesecakes 6" 720-975 g **12<sup>99</sup>**

**5<sup>99</sup>** **MEMBER PRICING** **7<sup>99</sup>** without Scene+ Card

Cupcakes vanilla, chocolate, confetti or assorted 325-335 g

**9<sup>99</sup>** Small Pull-Apart Cakes 365-650 g

Made with 100% Canadian Flour

**BAKED IN STORE**

**5<sup>99</sup>** ea when you buy 2 or more

Cheese Sticks, Pizza Buns or Garlic & Cheese Buns 300-650 g 6.29 ea

**BUY MORE SAVE MORE**

**BAKED IN STORE**

**3<sup>49</sup>** ea when you buy 2 or more

Bagels 4 pk 450 g 3.99 ea

**BUY MORE SAVE MORE**

**NEW**

**5<sup>99</sup>**

FURLANI Garlic Texas Toast 638 g

**3<sup>99</sup>** **75 PTS** when you buy 2

COMPLIMENTS Mini-Pitas 200-425 g

**4<sup>99</sup>**

SUN-MAID Cinnamon Raisin Bread 450 g or SHASHA Cookies or Snaps selected 250-300 g

**200 PTS** when you buy 2

**3<sup>99</sup>** 610 g

COMPLIMENTS 10" Tortillas 366-610 g

**RECIPES, STORIES, TIPS & TRICKS** and more, all at [Sobeys.com](http://Sobeys.com)

# frozen & dairy



**4.79** PANACHE Premium Ice Cream 1 L or Novelties 4-6 pk selected



**4.99** HEALTHY CHOICE Gourmet Steamers 269-306 g



**5.99** HEALTHY CHOICE Power Bowls 262-280 g



**7.99** KAWARTHA DAIRY Ice Cream 1.5 L selected



**8.99** GSP Pinsa Pizza 442-453 g



**3.79** GREEN GIANT Frozen Vegetables or Valley Selections 400-750 g



**3.49** MCCAIN Pizza Pockets 3 pk or MICHELINA'S Grande Entrées 454 g



**5.49** NATRELL Fine-Filtered Milk 2 L



**7.99** STARBUCKS Creamers or Non-Dairy Creamers 828 mL



**3.49** TRE STELLE Cream Cheese 200 g



**5.99** ARMSTRONG Cheese Sticks 210 g, Swirls 283-340 g, Nibblers 200 g or Combos 180 g



**8.29** HELUVA GOOD! Dip 680 g



**11.49** IÖGO Yogurt 2 kg



**6.49** GAY LEA Premium Butter 250 g selected



**4.49** DEL MONTE Juice or Juice Cocktails 1.6 L or COMPLIMENTS Tropical Blends 1.75 L

WE'RE FULL OF compliments

**3.99** COMPLIMENTS Fries 650 g

**100 PTS** when you buy 2

**100 PTS** when you buy 2

COMPLIMENTS Mini Pizzas 8 pk

**5.99** COMPLIMENTS Greek Yogurt 650 g

**200 PTS** when you buy 2

**3.99** COMPLIMENTS Cheddar Flavour Slices 400 g

**100 PTS** when you buy 2

# natural health



**5.99** KASHI Granola 311-340 g

**100 PTS** when you buy 2



**2.99** KETTLE BRAND Chips 156-198 g



**2.49** MAPLE LEAF Mighty Chicken Sticks 32 g

**50 PTS** when you buy 2



**2.99** KIJU Organic Juice 1 L or 4x200 mL



**3.49** BLUE DIAMOND Almond Breeze Chilled Beverage 1.89 L

**50 PTS** when you buy 1



**5.99** SILK Coconut-Based Yogurt 500-650 g



**5.99** SILK Barista 946 mL



**5.99** CHICKAPEA Pasta 227 g

**100 PTS** when you buy 2



**18.99** CENTRUM Multivitamin Tablets 90-160 pk

**200 PTS** when you buy 1



**15% off**

EMERGEN-C Vitamin Drink Mix, Crystals, Gummies 18-45 pk or VITAL PROTEINS Collagen 201-567 g



**1.99** LÄRABAR 45-48 g

**200 PTS** when you buy 4



**11.99** RXBAR 5 pk or Minis 8 pk

**200 PTS** when you buy 2

Give them more with the Grocery Essentials Card Visit [sobeys.com/giftcards](http://sobeys.com/giftcards) for details

# drinks & snacks

**6.49** **200 PTS** when you buy 2  
FERRERO ROCHER Squares 105 g

**9.99**  
HARIBO Candy 652 g or MAYNARDS X-Large Bagged Candy 816 g

**6.49**  
MR. FREEZE Pops 80 pk, DR PEPPER or POPSICLE Freeze Pops 48 pk while supplies last

**5.99**  
DARE Real Fruit Candy 650 g or MARS Pouches 155-230 g while supplies last

**3.99**  
TWIGZ Pretzels 130 g

**2/\$8**  
OLD DUTCH Potato Chips 200-235 g, Restaurante Tortilla Chips 230-295 g or Dutch Crunch Kettle Chips 200 g

**3.49**  
HAWKINS Cheezies 210 g

**3.49** ea when you buy 3 or more  
QUAKER Crispy Minis 90-100 g or Rice Cakes 127-199 g 4.29 ea

**100 PTS** when you buy 2  
PEPSI Soft Drinks or BUBLY Sparkling Water 6x222 mL

**9.99**  
CELSIUS Energy Drinks 4x355 mL or RED BULL Energy Drinks 4x250 mL

**2/\$4** JONES Soda 355 mL

**7.99** PEACE TEA or FUZE Iced Tea 12x341 mL

**2/\$7**  
CHRISTIE Crispers or Bits & Bites 145 g or SENSIBLE PORTIONS Pita Bites 142 g not available in all stores

**3.99**  
CHRISTIE Good Things 100 g or SESMARK Savoury Thins Rice Crackers 90 g not available in all stores

**9.99** PEPPERIDGE FARM Goldfish Crackers 750 g

**\$4**  
CADBURY Fingers Cookies 114 g, ARNOTT'S TimTam Biscuits 175-200 g or DARE Whippet 230-285 g

**4.99** **250 PTS** when you buy 1  
PANACHE Chocolate Hazelnut Wafer Rolls 400 g while supplies last

**8.99** **200 PTS** when you buy 2  
OCEAN SPRAY Pure Juice 946 mL

**3.99**  
ALLEN'S Juice 8x200 mL tetra

**39.99**  
MCCAFÉ Keurig® Compatible Single Serve Pods 48 pk

**8.29** NESCAFÉ Instant Coffee 100-170 g

**5.99**  
TETLEY Tea 60-72 pk selected

**7.99** **200 PTS** when you buy 2  
NATURE VALLEY Mid-Size Granola Bars 340-525 g

**8.99** **100 PTS** when you buy 1  
COMPLIMENTS Family Size Granola Bars 560-630 g or Crispy Rice Squares 528 g

**15.49** **300 PTS** when you buy 2  
COMPLIMENTS Milk Chocolate Almonds or Raisins 900 g

**5.99** **150 PTS** when you buy 2  
COMPLIMENTS Value Size Candy 700-750 g

**3/\$5**  
COMPLIMENTS Sparkling or Fizzy Flavoured or Unflavoured Water 503 mL-1 L

**10.49** **100 PTS** when you buy 1  
COMPLIMENTS De-Alcoholized Beer 12x355 mL

**2.99**  
COMPLIMENTS Tortilla Chips 250-280 g or Kettle Chips 200 g

**2.99**  
COMPLIMENTS Pretzels 320-400 g

**2.99** **100 PTS** when you buy 2  
COMPLIMENTS Snacking Crackers 200-225 g

**19.99** **1,000 PTS** when you buy 2  
COMPLIMENTS Coffee Pods 30 pk

Give them more with the Grocery Essentials Card [Visit sobeys.com/giftcards](https://www.sobeys.com/giftcards) for details

# home & pet care



**2/\$9**

LYSOL Cleaners 650 mL-1.2 L, Bathroom Cleaners 650-950 mL, or Dual Action Wipes 35 pk selected



**200 PTS** when you buy 2

**2.79**

COMPLIMENTS Liquid Dish Detergent 828 mL



**7.49**

OXICLEAN Stain Remover Sprays 354-636 mL, Gel 183 mL or Pre-Treat 650 mL



**12.99**

FLEECY Fabric Softener 3.5 L or Sheets 200 pk



**9.99** **100 PTS** when you buy 1

ENERGIZER Max Batteries AAA 4 pk, AA 8 pk or 9V 2 pk



**11.99**

GLAD Waste Bags 20-40 pk selected



**100 PTS** when you buy 2

**5.99**

COMPLIMENTS Dinner Napkins 100 pk



**19.99**

CHARMIN Bathroom Tissue 12=48 rolls



**100 PTS** when you buy 3

**3.33**

WHISKAS Temptations Cat Treats 180 g



**10.99**

PEDIGREE Dry Dog Food 2 kg or MILK-BONE Dog Treats or Brushing Chews 557-708 g



**12.99**

PURINA Tidy Cats Cat Litter 2.72 kg or ONE Dry Dog Food 1.72-1.81 kg



**26.99**

PEDIGREE Dry Dog Food 6.35-8 kg

# health, beauty & baby



**6.99** **100 PTS** when you buy 2

SENSODYNE or Pronamel Whitening Toothpaste 110-135 mL selected



**2/\$32**

NATIVE Deodorant 75 g selected



**2/23.99**

NATIVE Shampoo, Conditioner or Body Wash 177-532 mL selected



**400 PTS** when you buy 2

**3.99**

NIVEA Body Wash 500 mL selected



**200 PTS** when you buy 1

**14.49**

U BY KOTEX Pads, Liners or Tampons 30-150 pk selected



**7.99** **400 PTS** when you buy 2

AVEENO Shampoo or Conditioner 354 mL or LISTERINE Mouthwash 500 mL-1 L selected



**15% off**

ORAL-B Battery Powered Toothbrushes or CREST 3D White Whitening 2-Step Toothpaste selected 1-2 pk or 148 mL selected



**8.99**

NIVEA Skin Care Products selected



**55.99**

SIMILAC or GOOD START Infant Formula 837-859 g or 1.02 kg or Ready To Feed 15 pk



**750 PTS** when you buy 2

**28.99**

HUGGIES Giga Diapers 36-128 pk



**BUY MORE SAVE MORE**

**3.49** go when you buy 2 or more

**150 PTS** when you buy 2

COMPLIMENTS Baby Wipes 64-72 pk 3.99 ea



**250 PTS** when you buy 1

**49.99**

ENFAMIL A+ NeuroPro Infant Formula 553-587 g

# pharmacy

Only available at pharmacy locations. \*Select products only available when a pharmacist is on duty.



**250 PTS** when you buy 2

**19.99**

TYLENOL Pain Relief 40-200 pk or MOTRIN Muscle & Body 40 pk selected\*



**10% off** **200 PTS** when you buy 2

ZARBEE'S Baby or Children's Cough Syrup 59-118 mL or Chest Rub 42 g



**10% off** **150 PTS** when you buy 2

CLEAN & CLEAR Products selected



**300 PTS** when you buy 2

**10% off**

ADVIL Pain Relief 40-150 pk\*



**200 PTS** when you buy 2

**21.79**

IMODIUM 20-24 pk selected



**10% off** **200 PTS** when you buy 2

DRIXORAL Sinus Spray 15-25 mL selected, ALEVE Pain Relief 110 or 170 pk or ASPIRIN 81mg Tablets 180 pk\*



**300 PTS** when you buy 1

**39.99**

A&D Blood Pressure Monitor UA-660CN 1 pk



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**DIGITAL EXCLUSIVE**

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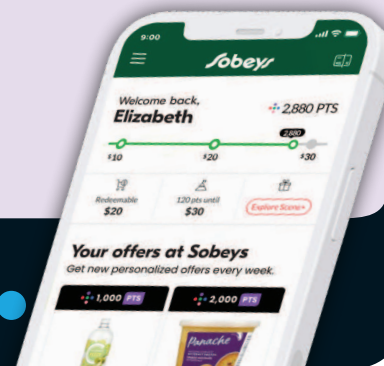


**SAVE**  
**\$2.79**

LOAD THIS OFFER  
AND SAVE \$2.79 ON  
BEST BUY Napkins  
500 pk

Get  
**800 PTS**  
when you buy 2

COMPLIMENTS Laundry  
Scent Booster Beads 422 g



Offer valid May 7th to May 13th, 2026 at all Sobeys locations in Ontario. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

# Cheers to Mom!



**15<sup>99</sup>**

CORONA Extra Lager  
6x330 mL bottles



**16<sup>99</sup>**

COORS Original Lager  
6x473 mL tall cans



**13<sup>99</sup>**

MICHELOB Ultra  
6x355 mL sleek cans



**15<sup>99</sup>**

PERONI Nastro Azzurro  
6x330 mL bottles

**26<sup>99</sup>**

MOTT'S Clamato Caesar  
Variety Pack 12x341 mL



**8<sup>99</sup>**

SMIRNOFF ICE  
Light Original  
4x355 mL



**16<sup>99</sup>**

STONELEIGH Sauvignon Blanc  
or RUFFINO Prosecco 750 mL

\*PLEASE DRINK RESPONSIBLY. You must be 19 years or older to purchase alcohol. Available at select stores



# Your destination for variety and value



**99¢** /lb Green Cabbage product of Canada, Canada no 1, 2.18/kg



**1.19** /lb Rutabaga product of Canada Canada no 1, 2.62/kg



**4.99** Parsnips product of Canada 454 g



**3.99** /lb COMPLIMENTS Fresh AIR-CHILLED Chicken Drumsticks 8.80/kg



**2.47** /lb

Bartlett Pears product of Argentina extra fancy grade or Bosc Pears product of USA extra fancy grade 5.45/kg



**1.99** Fresh Parsley, Mint, Cilantro or Italian Parsley Bunches product of Mexico or USA



**200 PTS** when you buy 2  
**STARTING AT 12.49**

NOBLE PREMIUM Bison Cubes, Inside Round Steak, Rib Eye, Striploin or Top Sirloin Steak 226 g



**11.99** COMPLIMENTS NATURALLY SIMPLE Haddock or Cod Fillets 400 g



**6.29** BRANSTON Original Pickle Relish 360 g



**6.99** HAYWARDS Traditional Pickled Onions 375 mL



**5.49** HP Sauce 255 mL



**1.99** OLD JAMAICA Ginger Beer 330 mL



**4.99** ROBINSONS Fruit Beverages selected 1 L



**100 PTS** when you buy 2  
**5.49** S&F Smoked Sardines (Sprats) in Oil 270 g



**100 PTS** when you buy 3  
**3.99** RÜGEN FISCH Herring Fillets in Tomato Sauce 200 g



**5.99** DIEM Mild Ajvar 720 mL



**4.49** BELEVINI Tomato Juice no sugar added 1 L



**40 PTS** when you buy 2  
**1.79** HAPPY SWING Wafer Rolls selected 150 g



**2.79** ROSHEN Wafer Cookies selected 142 g



**1.29** BELEVINI Petit Beurre Biscuits 185 g

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

# Treats for Mom



150 PTS  
when you buy 3  
**4.29**

FERRERO ROCHER Bars 90 g or Bueno Minis 96 g



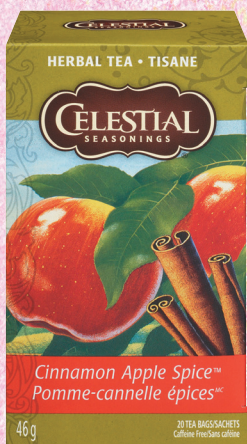
**3.49**

TOFFIFEE Chocolates 123 g



BUY MORE SAVE MORE  
**5.99**

ea when you buy 2 or more  
LINDT Excellence Bars 50-100 g 8.29 ea



**4.99**

CELESTIAL SEASONINGS or TWININGS Tea 20 pk selected varieties



**6.49**

TAZO Tea Concentrates 946 mL



**2/\$7**

CARR'S Table Water Crackers 125-150 g, BOULANGERIE GRISSOL Melba Toast, Canape or Baguettes 120-200 g



**2/\$9**

STACY'S Pita Chips 208-227 g, SMARTFOOD Popcorn 150-220 g or SUNCHIPS 205 g

100 PTS  
when you buy 1  
**4.99**

COMPLIMENTS Exceptional Chocolate Chip Cookies 280 g



# So sweet

Premium bakery

Shop our wide assortment of premium bakery items to treat Mom this Mother's Day!



MEMBERS SAVE \$5

9.99 MEMBER PRICING

14.99

without Scene+ Card

Single Layer Shortcakes 905-950 g



16.99

Chocolate Dipped Strawberries 10 pk 550 g



21.99

Dessert Cake Double Chocolate Fudge 1.4 kg



6.99

WITHENSHAW Scones frozen 550 g



BAKED IN STORE

100 PTS when you buy 2

5.99

All-Butter Danishes 4 pk 420 g



BAKED IN STORE

100 PTS when you buy 2

5.99

All-Butter Croissants or Pastries 4 pk 275-400 g



# So ready to entertain

## We make it easy!

*Let's start with apps!*



### Beautiful Bites!

Our most popular cheeses cubed for easy nibbling. Mild Cheddar, Provolone, Creamy Havarti, Swiss and Marble Cheddar.

Small serves 8-10  
Large serves 15-20



### Take the Wrap!

An appetizing assortment of freshly prepared wraps, including Chicken Caesar, Crispy Chicken, Turkey Club, Buffalo Chicken and Seven Grain Veggie.

Ask in store for full selection.

Small serves 5  
Large serves 10



### Nature's Bounty!

A beautifully presented variety of Fresh Berries, Pineapple, Red and Green Seedless Grapes, Kiwi, Cantaloupe, Watermelon and Honeydew.

Small serves 20



*Family faves everyone will enjoy!*

### Dessert Bars!

Our Hand-cut Squares are a welcome addition to any table.

Small serves 15  
Large serves 20

Get **1,000** PTS

When you spend \$75

or

Get **2,500** PTS

When you spend \$150 or more

That's like  
**\$25**  
toward your groceries

Shop our selection of  
**60+**  
Made-to-order trays!

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# So. authentic

Savour the Flavour of Cheese

These cheeses proudly carry an **AOP** (Appellation D'Originee Protegee) or **DOP** (Denominazione di Origine Protetta) protected designation, which means they are made the traditional way, right in the heart of the region where they were born—full of flavour and heritage.



**6.99**  
/100 g

Gruyere  
product of Switzerland

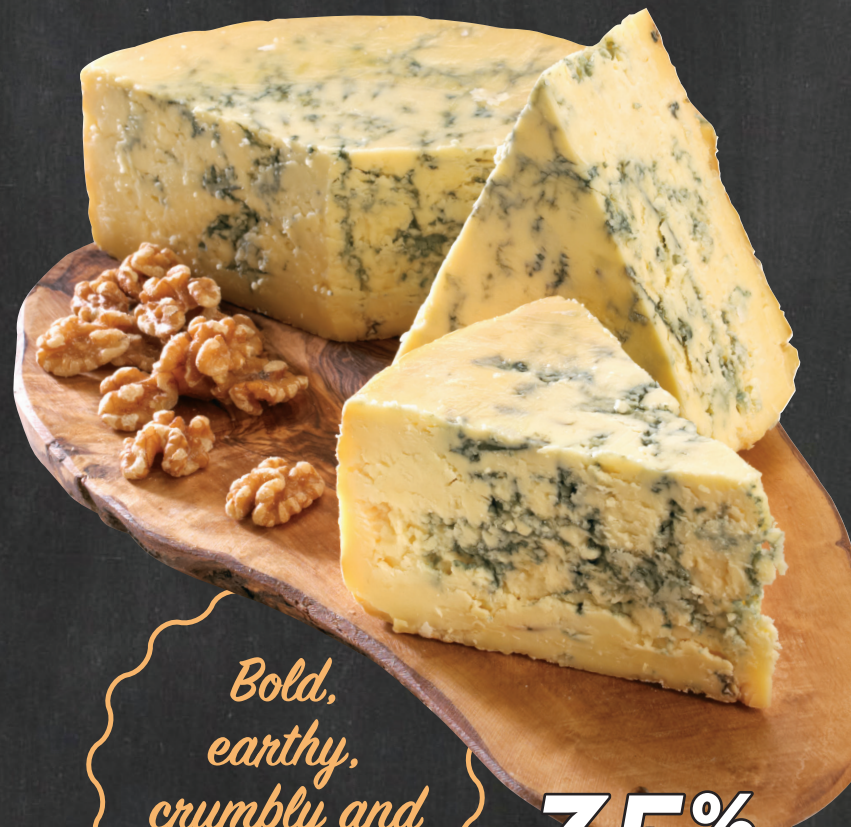
*Nutty,  
savoury  
and rich*

*Buttery,  
creamy  
with hint of  
mushroom*



**20% off**

ENTREMONT Brie  
product of France  
prices as marked



*Bold,  
earthy,  
crumbly and  
creamy*

**35% off**

COOMBE CASTLE  
King James Royal  
Blue Stilton  
prices as marked

# Stock up on BBQ essentials

National BBQ Day  
May 16

**Wendy's**



FRESH, NEVER FROZEN CANADIAN BEEF  
BŒUF CANADIEN FRAIS, JAMAIS CONGELÉ



4  
PATTIES  
PER PACK  
GALETTE  
PAR  
EMBALLAGE  
EXCLUSIVE

PRODUCT OF CANADA  
PRODUIT DU CANADA  
Net Weight / Poids Net  
454 g (4 patties / galettes x 114 g)

UNCOOKED | NON CUIT  
GROUND BEEF PATTIES  
GALETTES DE BŒUF HACHÉ

150 PTS  
when you buy 1

**11<sup>99</sup>**

WENDY'S Fresh Never Frozen 100% Canadian Ground Beef Patties no fillers or additives 4 pk 454 g



**5<sup>99</sup>**  
/lb

Fresh Pork Tenderloin Kabobs with Vegetables 13.21/kg

READY  
FOR  
YOU



**19<sup>99</sup>**  
/lb

Fresh Beef Kabob With Vegetables cut by your meat expert from Canada AAA grade beef 44.07/kg



**11<sup>99</sup>**

TRUE NORTH Delicious Salmon Burgers 568 g or COMPLIMENTS Atlantic Salmon Burgers 512 g



**9<sup>99</sup>**  
/lb

Fresh Boneless Skinless Chicken Breast or Thigh Kabobs with Vegetables 22.02/kg

Made with 100% Canadian Flour



BAKED  
IN STORE

**\$4**

Hot Dog or Burger Buns 8 pk



100 PTS  
when you buy 2

**4<sup>99</sup>**

COMPLIMENTS Cheese Slices 210-230 g



**4<sup>99</sup>**

MONTANA'S BBQ Sauce 350 mL or HIDDEN VALLEY Salad Dressing 473 mL

# PROMISE GLUTEN FREE

Promise Gluten Free brings decades of baking expertise to enjoy gluten free living without compromise! Perfect for everyday enjoyment, our product range makes living gluten free delicious and easy.

- Real taste and soft texture
- Wholesome and high in fibre
- Vegan-friendly options
- Everyday favourites and indulgent treats
- Trusted quality

## Wholesome and tasty Gluten Free items!

PROMISE Gluten Free Bagels  
4 pk 280 g



PROMISE Gluten Free Rolls  
260 g



**MIX & MATCH**



PROMISE Gluten Free Brioche Hot Dog or Hamburger Buns  
4 pk 260-280 g

PROMISE Gluten Free Pitas  
4 pk 248 g



Get **100** PTS  
When you buy 2

OR

Get **300** PTS  
When you buy 3



PROMISE Gluten Free Tortillas 4 pk 168 g



PROMISE Gluten Free Loaves  
400-480 g



PROMISE Gluten Free Muffins  
4 pk 240 g



PROMISE Gluten Free English Muffins 4 pk 240 g

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the Scotiabank Scene+ Visa Card.\*

APPLY NOW



\*Conditions Apply



**New**  
.....  
MADE WITH  
REAL TEA

# mio

**60% less sugar.\***  
**100% of the flavour.**



**LEARN MORE**

\*Than regular iced tea per 1 ½ cups (375 mL)