

WST ZONE 1

**IGA**

Hometown Proud 

Locally OWNED & OPERATED BY **PROUD CANADIANS**



**Striploin Grilling Steak**  
cut by your meat expert from  
Canada AAA grade beef

**BUY 1, GET 1 FREE**  
of equal or lesser value



Locals love **LONG WEEKENDS**



**7<sup>99</sup>**

**Lobster Tails 3-4 oz**  
sold frozen or previously frozen



**Family Size Boneless Pork Loin**  
Centre Cut Chops cut in-store by  
your local meat expert 8.80/kg

**3<sup>99</sup>**  
/lb



**6<sup>99</sup>**

**COMPLIMENTS Cooked or Raw Shrimp 31-40 ct 340 g**

**Strudel Fingers, Turnovers or Mini Strudel 4-6 pk**  
228-272 g

**2/\$7**



Baked IN-STORE



**1 LB**

**100 PTS**  
when you buy 2

**3<sup>49</sup>**

**Strawberries Clamshell product**  
of USA or Mexico no 1 grade 1 lb



**3 PK**

**3<sup>99</sup>**

**COMPLIMENTS Rainbow Pepper**  
product of Western Canada or Mexico 3 pk

**SCAN HERE FOR OUR FULL DIGITAL FLYER**

Never miss a deal, more savings online



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**6<sup>44</sup>**

**NESCAFÉ or MAXWELL HOUSE Instant Coffee**  
100-170 g



**5<sup>99</sup>**

**CHAPMAN'S Premium or No Sugar Added Ice Cream, Frozen Yogurt or Sorbet**  
selected 1-2 L



**2<sup>75</sup>**

**300 PTS**  
when you buy 4  
**LAY'S Potato Chips**  
200-235 g



**3<sup>97</sup>**

**KRAFT Singles**  
410 g



**7<sup>99</sup>**

**COCA-COLA or PEPSI Soft Drinks**  
12x355 mL



**MEMBERS SAVE \$1.50**  
**5<sup>99</sup>**  
MEMBER PRICING

**7<sup>49</sup>** without Scene+ Card  
**Cupcakes**  
chocolate, vanilla, confetti or assorted  
6 pk 325-335 g



**200 PTS**  
when you buy 4

**2<sup>47</sup>**

**DEMPSTER'S White or Whole Wheat, Texas Toast or Sandwich Bread**  
570-675 g or Hamburger or Hot Dog Buns 12 pk

**HAPPY VICTORIA DAY**

[west.iga.ca](http://west.iga.ca)

**MAY 2026**  
PRICES EFFECTIVE FROM  
MAY 14-20

|         |        |        |        |        |        |        |
|---------|--------|--------|--------|--------|--------|--------|
| THUR 14 | FRI 15 | SAT 16 | SUN 17 | MON 18 | TUE 19 | WED 20 |
|---------|--------|--------|--------|--------|--------|--------|

Please see local store or online for holiday hours

*Locals love*

# LONG WEEKEND BARBECUES



**14<sup>99</sup>**

**COMPLIMENTS Burgers selected**  
680-907 g

**TRADITIONAL BEEF BURGERS**  
BURGERS DE BOEUF TRADITIONNELS  
8 x 113 g (4 oz) / NET 907 g

**PRIME RIB BEEF BURGERS**  
BURGERS DE BOEUF CÔTE DE BOEUF  
UNCOOKED / NON CUITS  
6 x 142 g (5 oz) / NET 852 g

**2<sup>99</sup> /lb**

**Tomatoes on the Vine**  
product of Western Canada or Mexico 6.59/kg

**11<sup>99</sup>**

**Prepared Fresh Daily Fruit or Vegetable Carousel** 900 g-1.3 kg

**Prepared FRESH**

**10<sup>99</sup>**

**COMPLIMENTS Smoked Sausage**  
900 g

**SPICY MAPLE-FLAVOURED SMOKED SAUSAGES**  
SAUCISSES FUMÉES SAUCEUR D'ÉRABLE ÉPICÉ  
900 g

**CHEESE SMOKED SAUSAGES**  
SAUCISSES FUMÉES FROMAGE  
900 g

**6<sup>99</sup>**

**COMPLIMENTS Apple, Apple Crumble or Pumpkin Pies** 650-750 g or Crumb Cakes 465 g

**PUMPKIN CITRILLE**  
465 g

**APPLE CRUMBLE SAUCISSES AUX POMMES**  
465 g

**2<sup>99</sup>**

**BULL'S-EYE BBQ Sauce** 425 mL,  
**DIANA Sauces** 500 mL,  
**Marinades** 375 mL, **HEINZ Flavouring Mayo** 340 mL or **KRAFT Salad Dressing** 425 mL

**BULL'S-EYE BOLD ORIGINAL**

**HEINZ PICKLE CORNICHONS MAYONNAISE**

**8<sup>99</sup>**

**ARMSTRONG Cheese** 600 g,  
**Shreds** 450-500 g or **SAPUTO Mozzarellissima** 690 g

**ARMSTRONG TRIPLE CHEDDAR**

**SAPUTO MOZZARELLISSIMA**

**8<sup>99</sup>**

**MR. FREEZE, CRUSH, POPSICLE or DR. PEPPER Jumbo Freeze Pops** 27 pk or **HERSHEY'S S'MORES** 18 pk

**HERSHEY'S S'MORES**

**4<sup>49</sup>**

**SUMMER FRESH Dips, Hummus or Queso** 200-227 g

**Tzatziki**

**TREMPETTE**

**200 PTS when you buy 2**

**5<sup>99</sup>**

**COMPLIMENTS Feta** 200 g

**2/\$5**

**COMPLIMENTS Pasta** 900 g or **HUNT'S Thick & Rich Pasta Sauce, Tomato Sauce** 680 mL or **Tomato Paste** 369 mL

**HUNT'S Tomato Paste**

**HUNT'S Thick & Rich**

**3<sup>49</sup>**

**DANONE Oikos Greek Yogurt** 4 pk

**OIKOS**

**2<sup>99</sup>**

**NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Snacks** selected 120-230 g

**NATURE VALLEY TRAIL MIX**

**BETTY CROCKER**

**3<sup>99</sup>**

**GENERAL MILLS Premium or Core Cereal** 300-437 g or **KELLOGG'S Cereal** 210-525 g selected (excludes Family Size) while supplies last

**CHEERIOS**

**CORN FLAKES**

**Cinnamon Toast Crunch**

**35<sup>99</sup>**

**TIM HORTONS Single Serve Coffee Pods** 48 pk

**TIM HORTONS**

**6<sup>99</sup>**

**100 PTS when you buy 1**

**BECCEL Margarine** 637-850 g

**BECCEL**

**2<sup>99</sup> without Scene+ Card**

**249 MEMBER**

**CHRISTIE Snacking or Mini Crackers or Mini Cookies** 144-200 g

**RITZ bits SANDWICHES cheese**

**OREO mini**

**RITZ original**

**2<sup>99</sup> without Scene+ Card**

**249 MEMBER**

**CLOVER LEAF Albacore White Tuna** 170 g

**CLOVER LEAF SOLID WHITE TUNA**

**CLOVER LEAF FLAKED WHITE TUNA**

**11<sup>99</sup>**

**300 PTS when you buy 2**

**ROYALE Bathroom Tissue** 24-48 rolls, Paper Towel 6-12 rolls or Facial Tissue 12 pk

**ROYALE**

**Scene+ BIG BONUS**

**300 PTS when you buy 3**

**3<sup>33</sup>**

**QUAKER Instant Oatmeal** 232-344 g or **Quick or Old Fashioned Oats** 900 g-1 kg

**QUAKER**

**QUAKER INSTANT OATMEAL MAPLE & BROWN SUGAR**

**QUAKER QUICK OATS**

*That's like \$3 toward your groceries*

**Scene+ BIG BONUS**

**500 PTS when you buy 3**

**4<sup>99</sup>**

**KRAFT Peanut Butter** 500 g or **Cheez Whiz** 450 g

**KRAFT**

**CHEEZ WHIZ**

**SMOOTH CRÉMEUX**

*That's like \$5 toward your groceries*

- ALBERTA**  
Banff IGA 318 Marten Street, Banff, AB  
Beaverlodge IGA 1040 - 1st Avenue, Beaverlodge, AB  
Blackfalds IGA 6005 Parkwood Road, Blackfalds, AB  
Blairmore IGA 11001 - 20 Ave - Crowsnest Mall, Blairmore, AB  
Clareholm IGA 4920 - 1 Street West, Clareholm, AB  
Devon IGA 51 Superior Street, Devon, AB  
Drayton Valley IGA 4341 - 50 Street, Drayton Valley, AB  
Eastview IGA 3839 - 40 Avenue, Red Deer, AB  
Foodland IGA 302 Maple Avenue SE, Medicine Hat, AB
- Lakeview IGA 6449 Crowchild Trail S.W., Calgary, AB  
Penhold IGA 1350 Robinson Avenue, Penhold, AB  
Provost IGA 5003 - 50 Avenue, Provost, AB  
Redwater IGA 5028 - 49 Avenue, Redwater, AB  
Spirit River IGA 4804 - 50 Street, Spirit River, AB  
Taber IGA 5112 - 48 Avenue, Taber, AB  
Three Hills IGA 119 - 4 Avenue N, Three Hills, AB  
Three Sisters Parkway IGA 300 Cascade Drive, Canmore, AB  
Tofield IGA 4902 - 51 Avenue, Tofield, AB  
Whitecourt IGA 4802 - 51 Street, Whitecourt, AB
- BRITISH COLUMBIA**  
Chetwynd IGA 5001 - 50 Avenue, Chetwynd, BC  
Fort Nelson IGA 4823 - 50 Avenue, Fort Nelson, BC  
Golden IGA 624-9 Avenue North, Golden, BC
- SASKATCHEWAN**  
Emerald Park IGA 20E Great Plains Road, Emerald Park, SK  
Save-U IGA 209 - 1st Avenue, Niipawin, SK
- ONTARIO**  
Red Lake IGA Highway 105 & Discovery Rd, Red Lake, ON
- MANITOBA**  
Altona IGA 2nd Street NE, Altona, MB  
Main Street IGA 1650 Main Street, Winnipeg, MB  
Russell IGA 154 Main Street, Russell, MB  
Ste. Rose IGA 608 Central Avenue, Ste. Rose Du Lac, MB  
Windsor Park IGA 650 Elizabeth Rd, Winnipeg, MB

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**7<sup>99</sup>**

**SCHNEIDERS Juicy Jumbos Wiensers or Smoked Sausages 375-450 g**



**6<sup>99</sup>**

**JOHNSONVILLE Sausages** breakfast, dinner, recipe starters or smoked 250-500 g selected



**2<sup>99</sup>**

**COMPLIMENTS Wiensers 450 g selected**



**9<sup>49</sup>**

**50 PTS** when you buy 1

**SUMMER FRESH Salad 650-800 g**



Made with 100% Canadian Flour

Baked IN-STORE

**Dinner, Tray or Butter Topped Rolls 12 pk 425-535 g**

**3<sup>99</sup>**

Baked IN-STORE



**5<sup>99</sup>**

**Mini Cookies 24 pk 312 g**



**200 PTS** when you buy 400 g

**1<sup>79</sup>** /100 g

**Grab & Go All Rolled Up Wraps sold by 100 g**



BUY 1 AT \$6.99

BUY 2 OR MORE

**5<sup>99</sup>** ea

**COMPLIMENTS Pecan or Raisin Butter Tarts 510 g**

**SUPER SUNDAES**



**5<sup>99</sup>**

**COMPLIMENTS Ice Cream 1.5 L selected**



**5<sup>99</sup>**

**BEN & JERRY'S Ice Cream 473 mL selected**



**4<sup>99</sup>**

**SMUCKER'S Ice Cream Toppings 428 mL assorted**



**2<sup>99</sup>**

**COMPLIMENTS Ice Cream Cones or Cuplets 18 pk selected**



**3<sup>29</sup>**

**HARIBO Candy 170-175 g**



**100 PTS** when you buy 1

**NESTLÉ Pouches 76-203 g**

**2 | Scene 1,000 PTS = \$10 OF FREE GROCERIES**

Locals love

**LONG WEEKENDS**



**3.99**

**THE LITTLE POTATO COMPANY**  
Kits product of Canada  
454 g



**7.49**

Corn product of USA  
no 1 grade 4 pk

**200 PTS**  
when you buy 2

**4.99**

**PRODUCT OF CANADA**  
**COMPLIMENTS ORGANIC**  
Mushrooms Caps 170 g



**7.99**

**STRUB'S Pickles**  
1 L selected



**BUY 1 AT \$7.49**  
**BUY 2 OR MORE**  
**\$5**  
ea

**WILDLY DELICIOUS**  
Sauce 350 mL



**4.49**

**LIGHTLIFE**  
Plant-Based Smart  
Jumbo Dogs 380 g

**300 PTS**  
when you buy 3

**6.79**

**COMPLIMENTS**  
Sliced Cheeses  
150-170 g



**4.49**  
/100 g

**200 PTS**  
when you buy 300 g  
or more

**COMPLIMENTS Montreal Smoked Meat,**  
Roast Beef, Corned Beef or Pastrami



**3.49**

**COMPLIMENTS**  
Sweet Pickled  
Onions 375 mL or  
**CLUB HOUSE La Grille**  
Marinades 350 mL

**300 PTS**  
when you buy 4

**2/\$9**

**TOSTITOS** Tortilla  
Chips 205-300 g  
(excludes Simply)



**100 PTS**  
when you buy 2

**3.99**

**COMPLIMENTS**  
Deluxe  
Hamburger or  
Sausage Buns  
6-12 pk



**9.99**

**SZN SPICE CO.**  
Burger Binders,  
Seasonings or  
Spices 220-360 g



**100 PTS**  
when you buy 2

**5.99**

**ARMSTRONG**  
Cheese Slices  
220-240 g



**13.99**

**CORONA Cero**  
Alcohol-Free Beer  
6x330 mL



**3.49**

**KRAFT Philadelphia**  
Dips 227 g



**7 DAYS ONLY! MAY 14 - 20, 2026**

**Scene+  
LOAD  
& SCORE**

**LOAD THIS OFFER AND GET 10% BACK IN POINTS FOR EVERY \$40 THAT'S 400 PTS FOR EVERY \$40 SPENT**

Offer available to be loaded at MyGroceryOffers.ca from May 14-20, 2026. Offer redeemable at IGA locations in Western Canada. Limit of 1 offer per Scene+ account. Spend must be made in a single transaction. See below for full terms and conditions.

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& SCORE**

Receive 400 Scene+ points for every \$40 in eligible grocery purchases in a single transaction before applicable taxes and charges and after deducting any discounts or coupons. Scene+ card must be valid and registered. Offer valid and available to be loaded from May 14-20, 2026 and valid at IGA locations in Western Canada. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ card. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, Western Union and any other non-discountable product excluded by law. Tim Hortons, Starbucks, McCafé products and fluid dairy may be excluded in certain regions. No base Scene+ points earned. Digital Offer has no cash value. Scene+ registered digital or physical card must be presented at time of transaction. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. We reserve the right to rescind the offer, if we determine, in our sole discretion, there is abuse of the offer or unauthorized or ineligible use of the offer and is subject to change without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

**100% FRESH** *guarantee\**

Storewide satisfaction or your money back.



**MEMBERS SAVE \$1**  
**4.99** MEMBER PRICING  
**5.99** without Scene+ Card

**Large Cantaloupe** product of USA no 1 grade



**2/\$5**

**Red Mangoes or Bulk Avocados** product of Mexico



**2.47** /lb

**PRODUCT OF CANADA Ambrosia Apples** Canada extra fancy grade 5.45/kg



**2 LB**

**200 PTS** when you buy 2

**7.49**

**ORRI Clementines or Mandarins** 907g 2 lb bag product of Israel



**100 PTS** when you buy 2

**4.99**

**COMPLIMENTS Caesar Salad Kit** 280 g product of USA



**8.99**

**PRODUCT OF CANADA Fiddleheads** 170 g



**1.27** /lb

**PRODUCT OF CANADA Green Cabbage** Canada no 1 2.80/kg



**1.99**

**PRODUCT OF WESTERN CANADA Long English Cucumbers** Canada no 1 grade

**MEAT**



**100 PTS** when you buy 2

**7.99**

**SCHNEIDERS Bacon** 100-375 g



**5.99**

**COMPLIMENTS Boneless Ham Slices** 375 g



**50 PTS** when you buy 2 packages

**Store-Made Beef Burgers** plain, seasoned or inclusion made in-store by your local meat expert

**GET 10% OFF BEEF**  
WHEN YOU BUY 2 OR MORE OF THE SAME CUT



**12.99** /lb

**Eye of Round Roasts** cut in-store by your meat expert from Canada AAA grade beef 28.64/kg



**MEMBERS SAVE \$1**  
**7.99** MEMBER PRICING  
**8.99** without Scene+ Card

**WATSON RIDGE or TA'AM HALAL** Boxed and Breaded Poultry 800 g selected



**14.99**

**COMPLIMENTS Buffalo-Style Chicken Wings** 800 g selected



**4.99** /lb

**Pork Side Ribs Centre Portion Removed** cut in-store by your meat expert 11.00/kg



**5.99** /lb

**Pork Side Ribs Centre Portion Strips** cut in-store by your meat expert 13.21/kg



**75 PTS** when you buy 1

**9.99**

**JANES Boxed and Breaded Fish** 450-510 g selected



**6.99**

**COMPLIMENTS Cod, Haddock or Salmon Loins** 227 g



**4.99** /lb

**COMPLIMENTS Family Size Chicken Drumsticks or Thighs** AIR-CHILLED 11.00/kg



**5.99** /lb

**PANACHE Flattened Chicken** 13.21/kg

**DELI** Available at most stores



**Sliced FRESH**

**MEMBERS SAVE 20¢/100 G**  
**4.79** /100 g MEMBER PRICING  
**4.99** without Scene+ Card

**MASTRO** Genoa Salami, Soppressata, Salami with Prosciutto, or Hot Calabrese selection varies by store



**400 PTS** when you buy 2

**10.99**

**COMPLIMENTS Family Size Sliced Deli Meats** 400 g selected



**100 PTS** when you buy 2

**6.49**

**COMPLIMENTS Halloumi-Style Cheese** 200 g



**8.99**

**TRE STELLE Mozzarella Ball** 340 g

Made with **KitKat** / Fait avec

**TREATS & DESSERTS**  
FOR A LIMITED TIME while supplies last



**14.99**

**Single Layer Dessert Cake** made with KitKat® 516 g



**MEMBERS SAVE \$1**  
**5.99** MEMBER PRICING  
**6.99** without Scene+ Card

**Gourmet Cookies** made with KitKat® 6 pk 475 g



**BUY 1, GET 1 FREE** of equal or lesser value

**6.99**

**Brownies** made with KitKat® 585 g or **Brownie Cakes** made with KitKat® 382 g



**Baked IN-STORE**

**6.99**

**All Butter Danish** made with KitKat® 420-450 g

**KITCHEN** Available at most stores



**MEMBERS SAVE 50¢**  
**3.49** MEMBER PRICING  
**3.99** without Scene+ Card

**COMPLIMENTS Snack Hummus** 4 pk 228 g



**200 PTS** when you buy 2

**7.00**

**AI Pastor Pulled Pork Flatbread or Other Selected Varieties** 230-305 g

**LIMITED TIME ONLY**

**FLORAL** Available at most stores



**100 PTS** when you buy 1

**16.99**

**GROWN IN BRITISH COLUMBIA Gerbera** assorted colours 10 stem bunch

**BULK**



**100 PTS** when you buy 2

**4.99**

**COMPLIMENTS Candies** 350-400 g selected

**4** | Scene+ **1,000 PTS = \$10 OF FREE GROCERIES**



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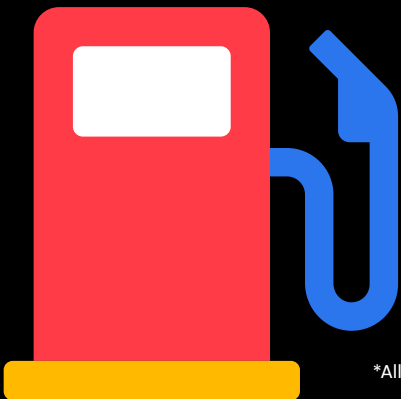


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**FROZEN & DAIRY**

**4.49** NATREL Lactose Free Ice Cream 473 mL

**100 PTS** when you buy 2  
**SCHNEIDERS** Breakfast Sandwiches or Egg Bites 204-288 g

**4.49** LUCERNE or DAIRYLAND Sour Cream 450-500 mL

**MEMBERS SAVE 50¢**  
**3.99** MEMBER PRICING  
**4.49** without Scene+ Card  
KRAFT Cool Whip Aerosol Whip Cream Topping 225 g

**3.99** MCCAIN Superfries Bistro, Smiles or Tasti-Taters 454-800 g

**12.99** EL MONTEREY Taquitos 567-588 g

**5.49** COMPLIMENTS Pure Orange Juice 1.36-1.54 L  
**100 PTS** when you buy 2

**6.99** DAIRYLAND Salted Butter 454 g

**DRINKS, SNACKS & PANTRY**

**2.99** SUNRYPE Apple Juice 1L

**17.99** GOOD HOST Iced Tea Crystals 2.35 kg  
**300 PTS** when you buy 1

**9.99** RED BULL Energy Drinks 4x250 mL

**MEMBERS SAVE 30¢**  
**1.49** MEMBER PRICING  
**1.79** without Scene+ Card  
COMPLIMENTS Sparkling or Fizzy Flavoured or Unflavoured Water 503 mL-1 L

**27.99** STARBUCKS Coffee Pods 24 pk or VAN HOUTTE Coffee Pods 30 pk

**15.99** NESCAFÉ Gold Espresso 200 g

**2/\$7** LECLERC Celebration Cookies 200-350 g

**2/\$7** DARE Ultimate Cookies 290-300 g  
**500 PTS** when you buy 4

**2/\$9** MISS VICKIE'S Kettle Chips 190-200 g

**2.99** COMPLIMENTS Crispy Rice Squares 176 g, Granola Bars 131-175 g, Fruit Bars 300 g or Protein Bars 160 g  
**150 PTS** when you buy 3

**3/3.99** JELL-O Jelly Powder 9.1-85 g  
**50 PTS** when you buy 3

**9.99** KELLOGG'S Jumbo Cereal 700 g-1.1 kg  
**100 PTS** when you buy 2

**6.99** ROBIN HOOD Flour selected 2.5 kg

**7.99** YELLOWSTONE Seasoning Blends 135-160 g, MATHESON FOOD COMPANY Rubs 160 g or LA MAISON ORPHÉE Baking Mixes 425-500 g

**3.59** MAPLE LEAF Flakes of Ham, Turkey or Chicken 156 g

**2.29** COMPLIMENTS Canned Tomatoes 796 mL or Stewed Tomatoes 540 mL

**5.99** EAST SIDE MARIO'S Pasta Sauce 410-650 mL  
**50 PTS** when you buy 1

**7.99** TRE STELLE Parmesan Shaker 200 g  
**50 PTS** when you buy 1

**3.49** COMPLIMENTS Bagels 6 pk  
**100 PTS** when you buy 2

**2.88** VH Sauces 341-355 mL or Soya Sauce 380 mL selected varieties

**HOUSEHOLD**

**3.69** BLUE BUFFALO Wet Dog Food 354 g

**2/\$9** LYSOL All-Purpose or Multi-Purpose Cleaners 650 mL-1.2 L, Toilet Cleaners 710 mL, Shower Foam 538 g or Dual Action Wipes 35 pk selected

**5.49** ZIPLOC Bags selected 10-100 pk

**5.99** COMPLIMENTS Dinner Napkins 100 pk  
**100 PTS** when you buy 2

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**DAIRY & FROZEN**



**50 PTS**  
when you buy 4

**4/\$5** YOPLAIT YOP Drinkable Single Yogurt 200 mL



**100 PTS**  
when you buy 2

**3/49** INTERNATIONAL DELIGHT Creamers 425 mL



**5/49** LUCERNE OR DAIRYLAND Chocolate Milk 1.89-2 L



**100 PTS**  
when you buy 2

**3/99** COMPLIMENTS Cheddar Flavour Slices 400 g



**4/99** NANA Banana-Based Frozen Dessert 500 mL selected



**2/99** BEST BUY Frozen Vegetables 750 g or COMPLIMENTS Perogies 907 g



**100 PTS**  
when you buy 2

**4/99** GAY LEA Spreadables Butter 227 g



**6/49** KRAFT Parmesan Shaved or Aged Cheese 141 g



**4/99** KRAFT Cool Whip Frozen Whipped Topping 1 L



**100 PTS**  
when you buy 2

**3/99** HEINZ Hot Bites 198 g



**2/49** MICHELINA'S Frozen Entrées 128-284 g



**5/29** HEALTHY CHOICE Gourmet Steamers 269-306 g

**DRINKS & SNACKS**



**2/19** HERSEY'S King Size Bars assorted 62-85 g

**5/79** HERSEY'S Bagged Chocolate assorted 160-290 g

**1/49** HERSEY'S Single Bars assorted 34-58 g



**100 PTS**  
when you buy 2

**8/99** BUBLY Sparkling Water Mini Cans or PEPSI Soft Drinks Mini Cans 6x222 mL



**100 PTS**  
when you buy 1

**8/99** GATORADE Powder Sticks 10 pk or Crystals 560 g



**100 PTS**  
when you buy 3

**1/99** COMPLIMENTS Rice Crackers 100 g



**200 PTS**  
when you buy 2

**4/49** COMPLIMENTS Honey Graham Wafers 408 g



**2/99** PRINGLES Super Stacks 148-156 g



**5/99** COMPLIMENTS Roasted Peanuts 700 g



**2/99** COMPLIMENTS Tortilla Chips 250-280 g or Kettle Chips 200 g



**9/99** WELCH'S Fruit Snack 616 g or SUNKIST Fruit Snacks Club Pack 792 g

**SNACKS & PANTRY**



**100 PTS**  
when you buy 2

**5<sup>99</sup>** ST. DALFOUR Jam  
225 mL



**100 PTS**  
when you buy 1

**8<sup>99</sup>** PANACHE 100% Pure Maple Syrup  
375 mL



**2/\$5** COMPLIMENTS Canned Fruit 398 mL



**7<sup>99</sup>** KRAFT Pizza Kit  
850 g



**3<sup>99</sup>** KRAFT Jet Puffed Marshmallows 400 g or BETTY CROCKER Frosting 340-450 g selected



**100 PTS**  
when you buy 2

**4<sup>49</sup>** COMPLIMENTS Sweetened Condensed Milk 300 mL or Graham Crumbs 400 g



**3<sup>99</sup>** VACHON Snacks 248-336 g



**2<sup>29</sup>** COMPLIMENTS Broth 900 mL



**3<sup>99</sup>** BARILLA Gluten Free Pasta 340 g or CATELLI Protein Pasta 340 g



**2<sup>99</sup>** FRENCH'S Flavoured Mustards  
325 mL



**3<sup>99</sup>** DEMPSTER'S 7" Tortillas 240-340 g or TIA ROSA Tortillas 220-328 g



**2/\$6** TILDA Ready to Heat Rice 250 g selected

**NATURAL, HEALTH & HOUSEHOLD**



**7<sup>99</sup>** RISE Organic Kombucha 1 L or SILK High Protein 1.42 L



**200 PTS**  
when you buy 6

**3/\$5** COMPLIMENTS ORGANIC Baby Pouches 128 mL



**100 PTS**  
when you buy 2

**4<sup>29</sup>** COMPLIMENTS Foil Wrap 50 ft or Heavy Duty 25 ft



**200 PTS**  
when you buy 1

**KINGSFORD Charcoal Briquets** 3.62-7.26 kg or Match Light Briquets 3.62 kg



**4<sup>49</sup>** ea  
BUY 1 AT \$4.99  
BUY 2 OR MORE

**SIMPLY Snacks** selected varieties 156-241 g



**100 PTS**  
when you buy 2

**STARTING AT 6<sup>99</sup>** SENSODYNE Whitening, Pronamel or Clinical Repair Toothpaste 75-135 mL selected



**13<sup>49</sup>** NATIVE Body Wash 532 mL or Hair Products 177-487 mL selected



**STARTING AT 5<sup>79</sup>** HEAD & SHOULDERS, PANTENE, AUSSIE or OLD SPICE Shampoo or Conditioner 308-475 mL selected



**7<sup>49</sup>** OXI CLEAN Stain Remover Sprays 354-636 mL or Gel 183 mL



**23<sup>99</sup>** PURINA Tidy Cats Litter 5.44 kg



**8<sup>99</sup>** PURINA Dentalife Dog Treats or Chews 404-595 g



**8<sup>99</sup>** WHISKAS Dry Cat Food, GREENIES Dog Treats 170-228 g or PURINA Kitten or Cat Chow 1.6-2 kg

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# FRESH FLORAL

SELECTION MAY VARY BY STORE



BUY 1 AT \$24.99  
BUY 2 OR MORE  
**22<sup>99</sup>**  
ea

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Strawberry Hanging  
Basket 11"

GROWN IN  
BRITISH COLUMBIA  
Assorted Annuals  
6 pk

BUY 1 AT \$4.99  
BUY 2 OR MORE  
**4<sup>59</sup>**  
ea



BUY 1 AT \$14.99  
BUY 2 OR MORE  
**12<sup>99</sup>**  
ea

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Wave Petunias  
assorted colours 6 pk



**5<sup>99</sup>**

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Basil 6" pot



**3<sup>99</sup>**

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Succulents  
assorted varieties  
3.5" Pot



BUY 1 AT \$3.99  
BUY 2 OR MORE  
**3<sup>59</sup>**  
ea

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Premium Vegetable, Herb or  
Tomato Plants assorted varieties  
4" Pot



BUY 1 AT \$12.99  
BUY 2 OR MORE  
**11<sup>49</sup>**  
ea

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Premium Annual Bowls  
8" assorted varieties  
and colours



BUY 1 AT \$4.99  
BUY 2 OR MORE  
**4<sup>49</sup>**  
ea

GROWN IN BRITISH COLUMBIA  
Assorted Annuals 4" pot



**25<sup>99</sup>**

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Strawberry Edible  
Window Box 20"



**300 PTS**  
when you buy 1

**49<sup>99</sup>**

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Thriller Spiller Bowl  
assorted colours 15"



**39<sup>99</sup>**

GROWN IN  
BRITISH COLUMBIA  
or ALBERTA  
Jungle Lux  
Planter assorted 11"



BUY 1 AT \$11.99  
BUY 2 OR MORE  
**\$11**  
ea

GROWN IN  
BRITISH COLUMBIA  
Pelargoniums  
(Martha Washington)  
assorted colours 6"

Scene+  
**DIGITAL  
EXCLUSIVE**

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OFFER VALID MAY 14-20, 2026

Activate your offers at [MyGroceryOffers.ca](https://MyGroceryOffers.ca)



Get **200 PTS**  
when you buy 1

BEST BUY Ice Milk 4 L selected



**SAVE \$7.50**  
when you buy 1

**COMPLIMENTS ORGANIC**  
Extra Virgin Olive Oil 500 mL

Card must be registered. Offer valid and available to be loaded May 14-20, 2026 at all participating IGA locations in Western Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

X01\_IGA\_WK03\_DIG\_WST\_Z1



**2/6<sup>50</sup>**

**MONSTER ENERGY® Beverages**  
444-473 mL

**29<sup>99</sup>**

**MONSTER ENERGY® Beverages**  
12x473 mL

**10<sup>99</sup>**

**MONSTER ENERGY® Beverages**  
4x473 mL

**15<sup>99</sup>**

**MONSTER ENERGY® Beverages**  
8x355 mL

**5 – 230 CALORIES**

\*Subject to availability, while supplies last. Plus applicable taxes, deposits, fees and levies. Single units at regular price. This product may not be suitable for everyone. Please read the label for instructions.

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**Summers are made with Strawberry Lemonade**

Also available in Zero Sugar



**50 PTS**  
when you buy 1

**CANADA DRY®**  
6x222 mL  
Selected

**5<sup>49</sup>**



**NEW LIMITED TIME FLAVOUR**

**2/\$6**

**CANADA DRY®**  
500 mL  
Selected



**100 PTS**  
when you buy 1

**2/\$6**

**CANADA DRY®**  
2 L  
Selected

Offer valid from May 14<sup>th</sup> to May 20<sup>th</sup> 2026 at participating IGA West, Foodland, and Thrifty Foods locations in Canada. Canada Dry is a registered trademark of Canada Dry Mott's Inc.



**HIGH IN PROTEIN Marble Cheddar Cheese**



**5<sup>99</sup>**

**ARMSTRONG Cheese Slices** 220-240 g, Sticks 210 g, Swirls 283-340 g, Nibblers 200 g or Combos 180 g



**8<sup>99</sup>**

**ARMSTRONG Shredded Cheese** 450-500 g or Cheese Block 600 g

\*Winner Cheese category. Survey of 4,000 people by Kantar.

# World Bee Day

MAY 20, 2026



**8<sup>99</sup>**

**BEEMAID Honey**  
500 g



**10<sup>99</sup>**

**COMPLIMENTS Honey**  
750 g-1 kg



## Tiny Creatures. Big Impact!

Bees do more than make delicious honey. They power our ecosystem by pollinating millions of flowers. That includes pollinating one third of the foods we eat every day!



## Explore New Sweet & Spicy Honey Infusions!

**7<sup>99</sup>**

**COMPLIMENTS Hot Honey**  
375 g

## Canadian Hive Heroes

Meet Dani Glennie! She's a second-gen beekeeper from Langenburg, Saskatchewan, proudly continuing the work her mother started on their family farm. As a BeeMaid Honey co-op member, Dani specializes in raising nucs and queens to build strong, healthy hives and ensure a successful honey harvest each season.



# REAL GOOD CANADIAN BREAD *portofino*<sup>TM</sup>

At PORTOFINO Bakery, our breads are intentionally crafted to promote strong gut health, reduced sodium and sugar consumption, and increased fibre. Taste the difference with our Signature Sourdough loaf. REAL. GOOD. BREAD.



Get **250** PTS  
When you buy 2

or

Get **400** PTS  
When you buy 3

**4.99**

**PORTOFINO Breads**  
585-810 g or Brioche Burger Buns 6 pk

## *Fact*

- handcrafted - no compromises
- small batch
- long fermentation
- all natural

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