

It's here!



SHOP NOW

\$12

PC[®] JERK CHICKEN BURGERS
FROZEN, 852 G
BURGER DE POULET JERK PC^{MD}
21714192_EA



Must Try!

\$13

PC[®] SHRIMP SIZZLE WHEEL
SELECTED VARIETIES, FROZEN, 300 G
CREVETTES LA ROUE À GRILLER PC^{MD}
21704047_EA/21704114_EA



Must Try!

5⁷⁵

PC[®] BLUE MENU[®] PASSIONFRUIT
GUAVA SPARKLING WATER
12X355 ML
EAU PÉTILLANTE FRUIT DE LA PASSION
ET GOYAVE PC^{MD} MENU BLEU^{MD}
21703743_C12



PREPARED IN CANADA

App exclusive offer

Optimum[™]

\$5

Get 1,000 pts

\$1 back in points

PC[®] FLATBREAD
SELECTED VARIETIES, FROZEN
330-395 G
PAIN PLAT PC^{MD}
21013452_EA/21648988_EA
**Must be a registered PC Optimum[™] member to load and get this offer.
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer

Optimum[™]

\$5

Get 1,000 pts

\$1 back in points

PC[®] SCOOP SHOP
ICE CREAM
SELECTED VARIETIES
FROZEN, 946 ML
21706621_EA
CRÈME GLACÉE DÉLICIES
DU BAR LAITIER PC^{MD}
**Must be a registered PC Optimum[™] member to load and get this offer.
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



Must Try!

TEAM SAVINGS

For fans who live for matchdays and long weekends.

4 DAYS ONLY!

\$20

THURS-SUN
LARGE VEGETABLE OR FRUIT PLATTER
 PREPARED IN-STORE, 1.34-1.87 KG
GRAND PLATEAU DE LEGUMES OU FRUITS
 20081718_EA/20121599_EA



Optimum

2/\$7
OR 3.99 EA

Get **500 pts**
When you buy 2

WONDER OR D'ITALIANO BUNS
 SELECTED VARIETIES AND SIZES
PETITS PAINS WONDER OU D'ITALIANO
 20626949_EA/20305135_EA



SAVE UP TO 46%

\$5.99

LARSEN HAM SLICES 375 G OR WIENERS 900 G
 SELECTED VARIETIES
TRANCHES DE JAMBON OU SAUCISSES FUMÉES LARSEN
 20163601_EA/20416522_EA



SALE

1.99

BULL'S-EYE BBQ SAUCE 425 ML
OR DIANA SAUCE 500 ML
OR KRAFT SALAD DRESSING 425 ML
 SELECTED VARIETIES
SAUCE BBQ
BULL'S EYE OU SAUCE DIANA
OU VINAIGRETTE KRAFT
 20547834005_EA/21184617_EA



Optimum

Members Price*
\$6

Non-Members
\$11

Members Save
\$5

PC® DE-ALCOHOLIZED LAGER BEER
 SELECTED VARIETIES, 12X355 ML
BIÈRE DÉALCOOLISÉE PC®
 20121729_C12/20325253_C12
 **Must be a registered PC Optimum™ member to load and get this offer. *Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



HAPPY VICTORIA DAY! SEE IN-STORE FOR HOLIDAY HOURS

It's here!



REAL ATLANTIC SUPERSTORE™
PROUDLY CANADIAN

SALE
\$10 LB/EA

FRESH ATLANTIC SALMON SKIN-ON FILLETS CLUB SIZE, 22.05/KG OR **SHRIMP SKEWERS** PLAIN OR MARINATED, FROZEN OR PREVIOUSLY FROZEN, 10'S
FILETS DE SAUMON DE L'ATLANTIQUE FRAIS AVEC PEAU OU **BROCHETTES DE CREVETTES**
207200653_KG/21687446_EA



4 DAYS ONLY!
THURSDAY, MAY 14TH TO SUNDAY, MAY 17TH, 2026

9.88 LB
21.78/KG

T-BONE OR WING STEAK CUT FROM UNGRADED BEEF
BIFTECK D'ALOYAU OU DE CÔTE D'ALOYAU
21497212_KG/21497213_KG

CLUB SIZE



SALE
2.99 LB
6.59/KG

NO NAME* OR HALAL CHICKEN DRUMSTICKS FRESH
CUISSES DE POULET SANS NOM* OU HALAL
20004494_KG/21646527_KG



CLUB SIZE

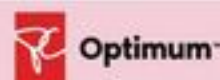
\$6

SEEDLESS WATERMELON PRODUCT OF MEXICO OR U.S.A.
MELON D'EAU SANS PÉPINS
20087326001_EA



11 LB AVERAGE

App exclusive offer



\$18

Get **2,000** pts

\$2 back in points



PC* BURGERS SELECTED VARIETIES, FROZEN, 1.02-1.36 KG
BURGERS PC^{MD} 20862651_EA/20941230_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

4.50

PC* MUSHROOMS WHOLE CREMINI 454 G OR **PC* MUSHROOMS WHOLE WHITE** 454 G, PRODUCT OF CANADA
CHAMPIGNONS ENTIERS CREMINI PC^{MD} OU CHAMPIGNONS BLANCS ENTIERS PC^{MD}
207613722_EA

PRODUCT OF CANADA

SAVE UP TO 35%

64¢

BULK CORN PRODUCT OF U.S.A.
MAÏS EN VRAC
2013170001_EA

SAVE UP TO 51%

\$4

SCOTSBURN PREMIUM ICE CREAM SELECTED VARIETIES, FROZEN, 1.5 L
CRÈME GLACÉE DE QUALITÉ SUPÉRIEURE SCOTSBURN
21043231_EA/21034400_EA

SAVE UP TO 42%

\$4

PHILADELPHIA CREAM CHEESE OR DIPS 227/250 G, **KRAFT SINGLES** 410 G OR **CHEEZWHIZ** 450 G
SELECTED VARIETIES
FROMAGE À LA CRÈME OU TREMPETTES PHILADELPHIA, SINGLES OU CHEEZ WHIZ KRAFT
20641267_EA/21188654_EA

PREPARED IN CANADA

SALE

2.99

LAY'S POTATO CHIPS SELECTED VARIETIES, 177-235 G
CROUSTILLES LAY'S
21241032_EA/21664543_EA

SALE

\$5

GIUSEPPE PIZZA 439-785 G OR **PC* WOOD FIRED PIZZA** 351-413 G
SELECTED VARIETIES, FROZEN
PIZZA GIUSEPPE OU PIZZA CUITE AU FEU DE BOIS PC^{MD}
20904584_EA/21540407_EA

12.99

COCA-COLA, SPRITE OR CANADA DRY SOFT DRINKS OR PEPSI SOFT DRINKS SELECTED VARIETIES 24X355 ML
BOISSONS GAZEUSES COCA-COLA, SPRITE, CANADA DRY OU FANTA OU BOISSONS GAZEUSES PEPSI
20308197001_C24
20306687002_C24

SALE

\$3

PC* NATURAL SPRING WATER 24X500 ML
EAU DE SOURCE NATURELLE PC^{MD}
20137898_C24

PREPARED IN CANADA

SAVE UP TO 37%

\$10

KING COLE ORANGE PEKOE TEA 120/216'S OR **TETLEY ORANGE PEKOE TEA BAGS** 216'S
SELECTED VARIETIES
THÉ EN SACHETS ORANGE PEKOE KING COLE OU SACHETS DE THÉ ORANGE PEKOE RED ROSE
21250568_EA/21611946_EA

SAVE UP TO 48%

\$14

CASHMERE BATHROOM TISSUE 20-60 ROLLS OR **SPONGE TOWELS PAPER** 6-12 ROLLS OR **SCOTTIES FACIAL TISSUE** 12'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE CASHMERE OU ESSUIE-TOUT SPONGETOWELS OU MOUCHOIRS SCOTTIES
21188655_EA
21627740_EA/21371391_EA

PREPARED IN CANADA

App exclusive offer Get **20,000** pts **\$20** back in points for every \$100* spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

\$24

HUGGIES 16X BABY WIPES SELECTED VARIETIES 960-1152'S
LINGETTES POUR BÉBÉS 16X HUGGIES
21083819_EA/21541191_EA

LIMIT 4 OVER LIMIT PAY 29.99 EA

\$35

HUGGIES ECONO PACK DIAPERS SELECTED VARIETIES SIZE N-7, 60-200'S
COUCHES EMBALLAGE ÉCONO HUGGIES
21456748_EA/21456654_EA

LIMIT 4 OVER LIMIT PAY 41.99 EA

5/\$10 OR 2.49 EA

BABY GOURMET ORGANIC PURÉE POUCHES 128 ML OR **ORGANIC JARS** 113 ML
SELECTED VARIETIES
SACHETS DE PURÉE BIOLOGIQUE OU POTS D'ALIMENTS BIOLOGIQUE BABY GOURMET
20368074009_EA/21292141_EA

6+ MONTHS

ONE DAY ONLY!
WEDNESDAY, MAY 20TH

\$32

Get **5,000** pts **\$5** back in points

LIMIT 6, OVER LIMIT PAY 41.99 EA

PAMPERS SWADDLERS 360° OR CRUISERS 360° ECONO PACK SELECTED VARIETIES, SIZE 3-7, 66-132'S
SWADDLERS 360° OU CRUISERS 360° PAMPERS EMBALLAGE ÉCONO
21551506_EA/21612019_EA



DEAL DROP

Limited-time
deals on
PC® home
& more.

LIMIT 4
OVER LIMIT PAY 42.00 EA

\$21

PC® HONEYCOMB
10" SKILLET

21492019_EA



LIMIT 4
OVER LIMIT PAY 48.00 EA

\$24

PC® HONEYCOMB
12" SKILLET

21492022_EA



LIMIT 4
OVER LIMIT PAY 60.00 EA

\$30

PC® HONEYCOMB
13.3" WOK
SKILLET

21339634_EA



SAVE 3.99
\$16

ROBIN HOOD OR FIVE ROSES ALL PURPOSE FLOUR 10 KG
FARINE TOUT USAGE ROBIN HOOD OU FIVE ROSES
20134743_EA/20251651_EA

PREPARED IN CANADA **CLUB SIZE**

App exclusive offer

Get **6,000 pts** **\$6** back in points
When you spend \$15* or more

ON REESE'S BRANDED PRODUCTS ALL SIZES AND VARIETIES SUR LES PRODUITS DE MARQUE REESE'S
20320606002_EA/20683743_EA
21103497_EA/21184633_EA
Offer inclusive to all products with Reese's brand. This offer cannot be combined with product, department or total store offers including 20x offers.
**Must be a registered PC Optimum™ member to load and get this offer.
*Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

\$6

DAIRY ISLE BUTTER 454 G, PC CHEESE BARS 300/400 G OR SHREDS 250/300/320 G
SELECTED VARIETIES
BEURRE DAIRY ISLE, BARRES DE FROMAGE OU FROMAGE RÂPÉ
PC^{MD}
21060183_EA/21102314_EA

PREPARED IN CANADA

SAVE UP TO 1.49
\$7

SIGGI'S SKYR TUBS 650/750 G OR DANONE ACTIVIA 12X100 G
SELECTED VARIETIES
CONTENANTS SKYR SIGGI'S OU ACTIVIA DANONE
203034720031_EA
21353874_EA

PREPARED IN CANADA

SAVE UP TO 43%
1.69

ALLEN'S COCKTAILS 1L OR OASIS, DEL MONTE OR ARIZONA JUICE OR ICED TEA 960 ML
SELECTED VARIETIES
COCKTAIL ALLEN'S OU OASIS, DEL MONTE OU JUUS OU THÉ GLACÉ ARIZONA
20333722005_EA
20307424002_EA

PREPARED IN CANADA

MULTI SAVE
3/9.99 OR 4.49 EA

GENERAL MILLS RETAIL SIZE CEREAL
SELECTED VARIETIES, 300-437 G
CÉRÉALES FORMAT VENTE AU DÉTAIL
GENERAL MILLS
21104055_EA/21104058_EA

SAVE UP TO 39%
4.50

PC VINEGAR OR BALSAMIC GLAZE 250-500 ML OR MEZZETTA PEPPERS 296-375 ML
SELECTED VARIETIES
VINAIGRE OU GLAÇAGE BALSAMIQUE PC^{MD} OU PIMENTS MEZZETTA
20052442_EA
20884600_EA

SAVE UP TO 33%
2.50

PREGO PASTA SAUCE 645 G/ML
SELECTED VARIETIES
SAUCE POUR PÂTES PREGO
20325820001_EA
21340384_EA

\$2

DELVERDE PASTA 250/450 G
SELECTED VARIETIES
PÂTES DELVERDE
20317975004_EA
20317975007_EA

\$3

QUAKER CRISPY MINIS OR RICE CAKES
SELECTED VARIETIES, 90-199 G
CRISPY MINIS OU GALETTES DE RIZ QUAKER
20163208902_EA
20303020005_EA

SAVE UP TO 31%
\$5

HUNGRY-MAN ENTRÉES 360-455 G OR HEALTHY CHOICE STEAMERS 269-306 G OR SIMPLY 255-283 G
SELECTED VARIETIES FROZEN
REPAS HUNGRY-MAN OU PLATS CUISINÉS STEAMERS OU SIMPLEMENT HUNGRY-MAN VAPEURS HEALTHY CHOICE
20296014003_EA
21043166_EA

SAVE UP TO 41%
2.50

CLOVER LEAF SOLID TUNA 170 G OR HOLIDAY CANNED LUNCHEON MEAT 340 G
SELECTED VARIETIES
THON EN MORCEAUX CLOVER LEAF OU PAIN DE VIANDE EN CONSERVE HOLIDAY
20326358001_EA
20618778_EA

LUNCHEON MEAT
20326358001_EA

CLOVER LEAF SOLID WHITE TUNA ALBACORE IN WATER 4

\$26

STARBUCKS K-CUPS 24'S
SELECTED VARIETIES
STARBUCKS
21013199_EA/21122965_EA

Optimum

Get **850** **1,000 pts** **\$1** back in points

PC ORGANICS FROZEN FRUIT
SELECTED VARIETIES, 600 G
FRUITS SURGÉLÉS PC^{MD} BIOLOGIQUE
20431483002_EA/21357574_EA

SAVE 34%
\$25

PC NUTRITION FIRST DOG FOOD 7 KG
SELECTED VARIETIES
NOURRISSURE POUR CHIENS PC^{MD} NUTRITION PREMIÈRE
213047261EA/21305879_EA

PREPARED IN CANADA **PRICE DROP**

\$21

TIDE LAUNDRY DETERGENT 3.46-3.9L, TIDE POWER PODS 45'S, TIDE PODS OR GAIN FLINGS 57-76'S, DOWNY OR GAIN BEADS 853 G
SELECTED VARIETIES
DÉTURGENT À LESSIVE TIDE, POWER PODS TIDE OU PODS TIDE OU FLINGS GAIN, PERLES DOWNY OU GAIN
21593676_EA/21625891_EA

Optimum

Get **7,500 pts** **\$7.50** back in points
When you spend \$15*

SHOUT STAIN REMOVERS DÉTACHANTS SHOUT
20071729_EA
21688090_EA

Optimum

Get **24.99** **2,000 pts** **\$2** back in points

PC SUPER ABSORBENT PAPER TOWELS 12 ROLLS
ESSUIE-TOUT SUPER ABSORBANTS PC^{MD}
21558605_EA

PREPARED IN CANADA **CLUB SIZE**

PRICE DROP⁺ SO YOU CAN SAVE MORE

\$2

PC GARDEN STIX 142 G
SELECTED VARIETIES
BÂTONNETS AUX LÉGUMES DU JARDIN PC^{MD}
21204151_EA/212042431_EA

PREPARED IN CANADA

2.50

GENERAL MILLS BETTY CROCKER OR MOTT'S FRUITSACTIONS FRUIT SNACKS 128-227 G
SELECTED VARIETIES
COLLATIONS AUX FRUITS BETTY CROCKER GENERAL MILLS OU FRUITSACTIONS MOTT'S
20318474001_EA
20686716001_EA

\$9

POPPY SODA 4X355 ML
SELECTED VARIETIES
SODA POPPI
21606285_EA/21606294_EA

SAVE UP TO 39%
\$3

BREYERS CLASSIC FROZEN DESSERT 1.4 L
SELECTED VARIETIES
DESSERT GLACÉ CLASSIQUE BRÉYERS
21651628_EA/21651683_EA

PREPARED IN CANADA

FRESH PROMISE: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of Sun Life. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Sun Life. PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pc optimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; ** Valid for full program duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit www.atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. Quantities and/or selection of items may be limited and may not be available in all stores. Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Savings on items advertised. **Valid in-store only.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. **#PRICE DROP** offer valid in-store at participating locations between May 14 - May 27, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



FRESH PROMISE

If it's not fresh, it's free.

*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

3.99
LB
8.80/KG

PC[®] BLACK OR EXTRA LARGE RED SEEDLESS GRAPES
PRODUCT OF CHILE
RAISINS NOIRS OU TRÈS GROS RAISINS ROUGES SANS PÉPINS

PC^{MD}
20711275001_KG/20159199001_KG

GABLE SEEDLESS
BLACK SEEDLESS GRAPES
RAISINS NOIRS SANS PÉPINS

SWEET CELEBRATION
RED SEEDLESS GRAPES
RAISINS ROUGES SANS PÉPINS

\$5

STRAWBERRIES
PRODUCT OF MEXICO OR U.S.A.
454 G
FRAISES

20049778001_EA

MULTI SAVE

2/\$3
OR 2.00 EA

RED MANGO
PRODUCT OF MEXICO
MANGUE ROUGE

20059635001_EA

\$3

SNOW OR SUGAR SNAP PEAS
PRODUCT OF CHINA
POIS MANGE-TOUT OU SUGAR SNAP

21023553001_EA/21023581001_EA

\$5

FARMER'S MARKET[™] MINI CUCUMBERS
PRODUCT OF CANADA, 6'S
MINI-CONCOMBRE DÉLICÉS DU MARCHÉ^{MC}

20737570001_EA

PRODUCT OF CANADA

\$3

BROCCOLI CROWNS
PRODUCT OF MEXICO OR U.S.A.
COURONNES DE BROCOLI

21121560001_EA

\$6

FARMER'S MARKET[™] ORANGES
PRODUCT OF MOROCCO, SPAIN OR EGYPT, 3 LB
ORANGES DÉLICÉS DU MARCHÉ^{MC}

20162945001_EA

1.36 kg (3lb)

6.49

VIDALIA ONIONS
PRODUCT OF U.S.A.
NO. 1 GRADE, 3 LB
OIGNONS VIDALIA

20083454001_KG

VIDALIA SWEET ONIONS
LITTLE BEAR

\$6

GUACAMOLE 270 G OR PICO DE GALLO SALSA
170 G, PREPARED IN-STORE
GUACAMOLE OU SALSA PICO DE GALLO

21657916_EA/21552223_EA

\$26

PC[®] SIGNATURE GIFT BOUQUET
BOUQUET-CADEAU SIGNATURE PC^{MD}

21751715_EA

\$28

5 INCH ORCHID ORCHIDÉE 5 PO

20603981_EA

\$10

8 STEM TULIPS
ASSORTED COLOURS
8 TULIPES SUR TIGE

21723469_EA

3.99
LB
8.80/KG

NO NAME[®] OR HALAL CHICKEN THIGHS
FRESH
HAUTS DE CUISSE DE POULET SANS NOM[®] OU HALAL

20055863_KG
21646525_KG

CHICKEN POULET

CLUB SIZE

CANADIAN POULTRY

SAVE UP TO 3.00
LB

14.99
LB
33.05/KG

BEEF SHORT RIBS KOREAN STYLE
CUT FROM CANADA
AA GRADE BEEF
BOUTS DE CÔTES DE BŒUF À LA CORÉENNE

20810384_KG

SAVE UP TO 2.00

\$5

BREADED PORK LOIN SCHNITZEL
PREPARED IN-STORE, 300 G
ESCALOPE DE LONGE DE PORC PANÉE

21588065_EA

ALWAYS LOW PRICE

\$13

PC[®] BONELESS, SKINLESS CHICKEN BREAST
AIR CHILLED, 3'S
UP TO 630 G
POITRINE DE POULET DÉOSSÉE SANS PEAU

PC^{MD}
21340952_EA

CHICKEN POULET

CANADIAN POULTRY

\$7

PC[®] PORK SAUSAGES
SELECTED VARIETIES, 375/500 G
SAUCISSES DE PORC PC^{MD}

21584342_EA/21584304_EA

WILD ITALIAN WILD ITALIENNES SAUCISSES

MAPLE À L'ÉRABLE

CANADIAN PORK

\$5

NO NAME[®] BACON
SELECTED VARIETIES, 375 G
BACON SANS NOM[®]

21750394_EA

bacon

SAVE UP TO 2.00

\$6

ASIAN INSPIRATIONS ENTRÉES
SELECTED VARIETIES
FROZEN, 400 G
PLATS CUISINÉS ASIAN INSPIRATIONS

21047373_EA/21047530_EA

GINGER BEEF

THAI CHICKEN

\$5

FRESH ATLANTIC SALMON PORTIONS
PLAIN OR MARINATED
SELECTED VARIETIES, 100 G
PORTIONS DE SAUMON DE L'ATLANTIQUE

20636762_EA

SAVE UP TO 3.99

11.50

PC[®] SMOKED SALMON
SELECTED VARIETIES
FROZEN, 150 G
SAUMON FUMÉ PC^{MD}

20055009_EA/20108286_EA

SMOKED WILD SOCKEYE SALMON

SAUMON SOCKEYE SAUVAGE FUMÉ

\$5
LB
11.02/KG

CAPTAIN JAC FLAVORED SEAFOOD FLAKES
FLOCONS DE PRODUIT DE LA MER AROMATISÉ AU CRABE CAPTAIN JAC

21396015_KG

TEAM SAVINGS

For fans who rep their table and their team.

MULTI SAVE

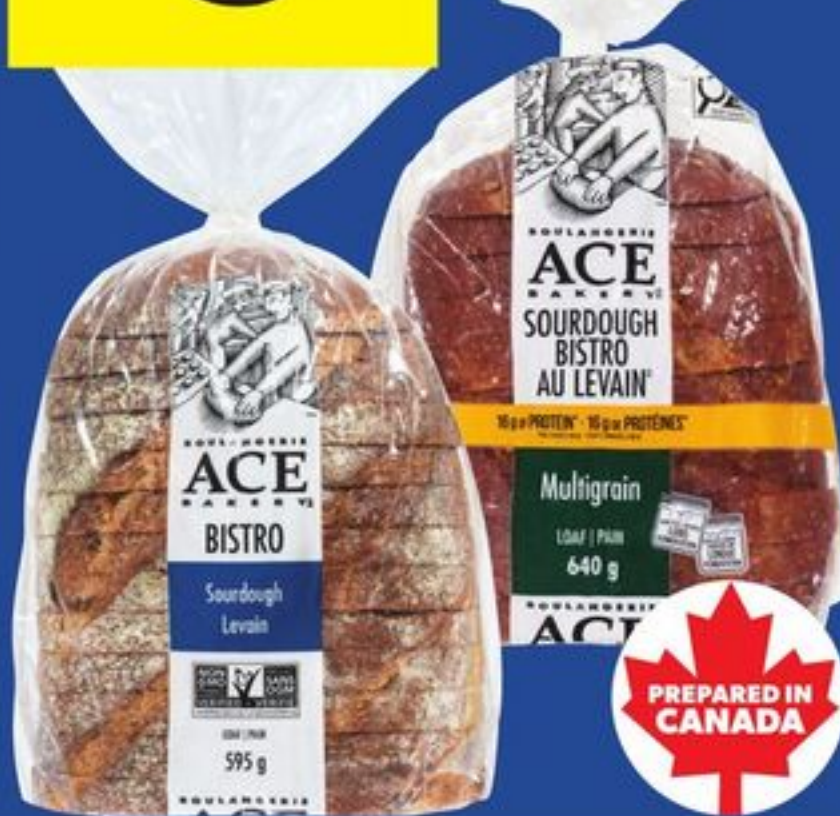
2/\$8
OR 4.79 EA

KAISER OR PANINI ROLLS
SELECTED VARIETIES, 6'S
PETITS PAINS KAISER OU PANINI
21579824_EA/21579825_EA



\$5

ACE BISTRO LOAVES
SELECTED VARIETIES
545-640 G
MICHES BISTRO ACE
21616156_EA/21707813_EA



3.50

GARLIC LOAF
330 G
PAIN À L'AIL
21020061_EA



SAVE 1.50

8.50

FARMER'S MARKET™ PIES
SELECTED VARIETIES, 580 G-1 KG
TARTES DÉLICIES DU MARCHÉ™
21297366_EA/21297367_EA



\$7

FARMER'S MARKET™ COOKIES
SELECTED VARIETIES, 12'S
BISCUITS DÉLICIES DU MARCHÉ™
20566294_EA/20566295_EA



\$5

FARMER'S MARKET™ CUPCAKES
SELECTED VARIETIES, 284-318 G
PETITS GÂTEAUX DÉLICIES DU MARCHÉ™
21634708_EA/21635894_EA



3.75

PC® OR BLUE MENU® TORTILLAS
10 INCH, SELECTED VARIETIES
342/650 G
TORTILLAS PC™ OU MENU BLEU™
20182857_EA



\$12

PC® BASQUE CHEESECAKE
SELECTED VARIETIES
FROZEN, 600 G
GÂTEAU AU FROMAGE BASQUE PC™
21609491_EA



\$5

FURLANI TEXAS TOAST 16X40 G OR **GARLIC KNOTS** 296 G
SELECTED VARIETIES, 16'S
TOAST À L'AIL STYLE TEXAS OU NŒUDS À L'AIL FURLANI
20041579_EA



SAVE 2.49

\$8

BALDERSON CHEDDAR 250/280 G OR **GOUDA** 200 G
SELECTED VARIETIES
CHEDDAR OU GOUDA BALDERSON
21495455_EA/21495561_EA



SAVE 1.49

5.50

KAUKAUNA SHARP OR SMOKY CHEDDAR
SELECTED VARIETIES, 170 G
CHEDDAR FORT OU FUMÉ KAUKAUNA
21468074_EA/21468099_EA



SAVE UP TO 1.79

4.50

CHRIS BROTHERS SLICED MEATS
SELECTED VARIETIES, 175/250 G
VIANDES TRANCHÉES CHRIS BROTHERS
20347646_EA/20380156_EA



\$12

PC® CHICKEN BREAST STRIPS
375 G
LANIÈRES DE POITRINE DE POULET PC™
20786418_EA



SAVE UP TO 1.99

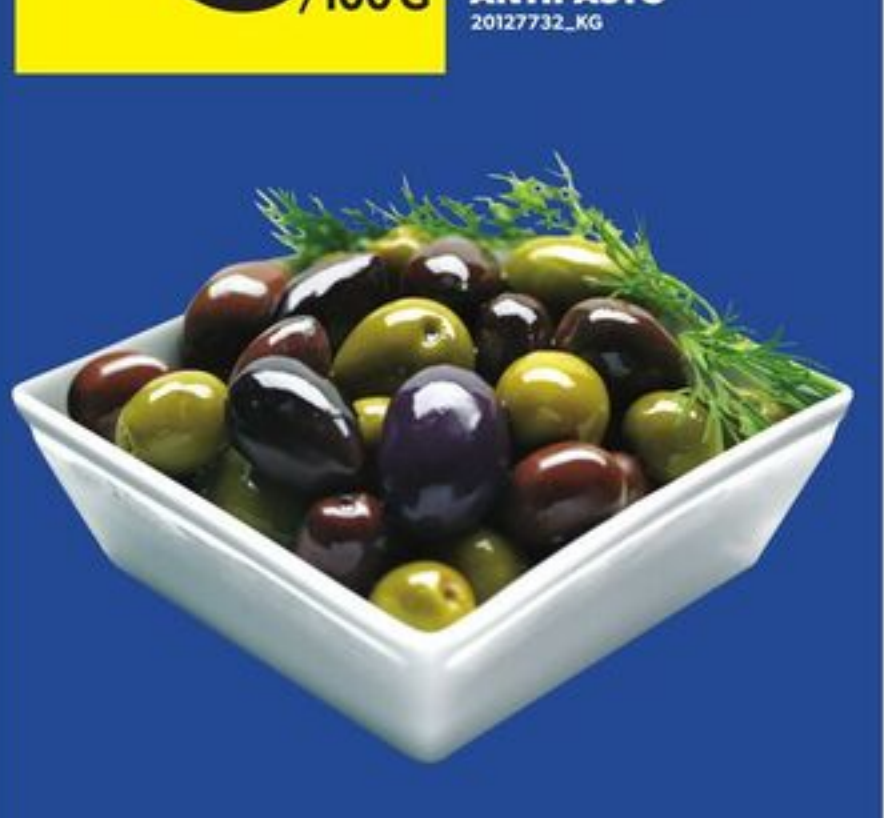
\$6

BRANDT LIVER SAUSAGE CHUB OR KOLBASSA SAUSAGE
SELECTED VARIETIES, 250 G
SAUCISSON DE FOIE OU SAUCISSON KOLBASSA BRANDT
20317795_EA/20353446_EA



\$3 /100 G

OLIVE OR ANTIPASTO BAR
VARIABLE WEIGHT
SELECTED VARIETIES
BAR À OLIVES OU ANTIPASTO
20127732_KG



Members Price™

\$30 (Members) / **\$35** (Non-Members)

Members Save \$5

BENTO KAZOKU PLATTER
53 PIECES, SERVES 6, 1.2 KG
PLATEAU KAZOKU BENTO
21637774_EA

*Must be a registered PC Optimism™ member to load and get this offer.
†Open your PC Optimism™ app or visit pcoptimism.ca to get the offer.

App exclusive offer

From \$9 Get **3,000 pts** **\$3** back in points

12" TAKE AND BAKE PIZZA
PREPARED IN-STORE
SELECTED VARIETIES, 510-739 G
PIZZA 12 PO CUIRE À LA MAISON
21456415_EA/21456401_EA

*Open your PC Optimism™ app or visit pcoptimism.ca to get the offer.

FROM \$20

SANDWICH OR WRAP PLATTERS
PREPARED IN-STORE, 1.2-1.7 KG
PLATEAUX DE SANDWICHES OU ROULÉS
21218193_EA/21558137_EA

HAPPY EID AL-ADHA

Low prices for joyful celebrations.



\$13

MEDJOO DATES
PRODUCT OF U.S.A., 2 LB TUB
20001686_EA



\$12

SUFRA HALAL CHICKEN LEGS
BACK ATTACHED, FRESH, UP TO 1.28 KG
21616972_EA



\$23

BRAR'S DESI GHEE
20669883_EA



1.6 KG

3.49

PRAN SAMOSA OR VEGETABLE SPRING ROLLS
SELECTED VARIETIES, FROZEN, 400 G
21054846_EA



SAVE 28%

\$10

QUALITY BASMATI RICE
20787290_EA



8 LB

EASY MEALS ON A BUDGET

\$16

IN-STORE PREPARED ONE PAN FAMILY MEALS
440-960 G, SERVES 4
21738484_EA/21738486_EA



\$8

IN-STORE PREPARED BOWLS
SELECTED VARIETIES
350/400 G
21666110_EA/21738434_EA



\$8

IN-STORE MADE ORIGINAL OR MARRY ME CHICKEN SALAD
400 G
21734661_EA/21738407_EA



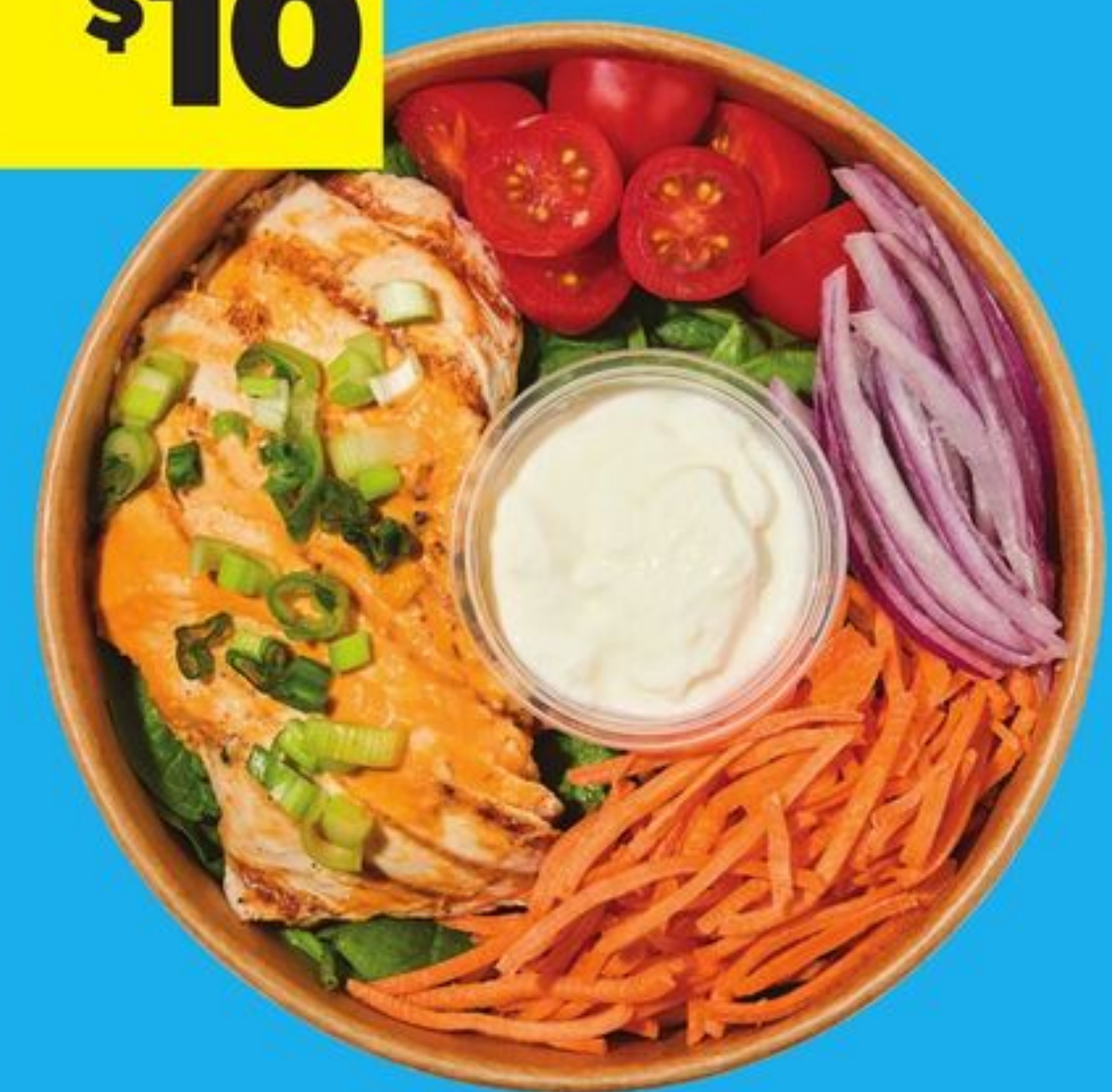
\$8

IN-STORE PREPARED SINGLE SERVE MEALS
SELECTED VARIETIES
135-410 G
21738433_EA



\$10

IN-STORE MADE LOADED BOWLS
345-380 G
21738472_EA



TEAM SAVINGS: LOCAL ICONS

For fans who cheer loudly and eat proudly Canadian.

5⁹⁹

**FARMER'S MARKET™
RUSSET POTATOES**
PRODUCT OF CANADA
CANADA NO. 1 GRADE
10 LB
2060102001_EA



8⁹⁹

**NO NAME™
SMOKED SAUSAGES**
SELECTED VARIETIES
CLUB PACK, 900 G
20734142_EA



\$10

SUNRISE BEEF BURGERS
FROZEN, 500 G
20074623_EA



6⁵⁰

**CANADIAN COVE
FRESH PEI MUSSELS**
907 G
21556624_EA



**MULTI
SAVE**

2/7⁵⁰
OR 4.19 EA

**COUNTRY HARVEST
BAGELS 450 G OR
BREAD 600-605 G
SELECTED VARIETIES**
21178571_EA/21693323_EA



3⁵⁰

Get **2,000** pts
When you buy 2

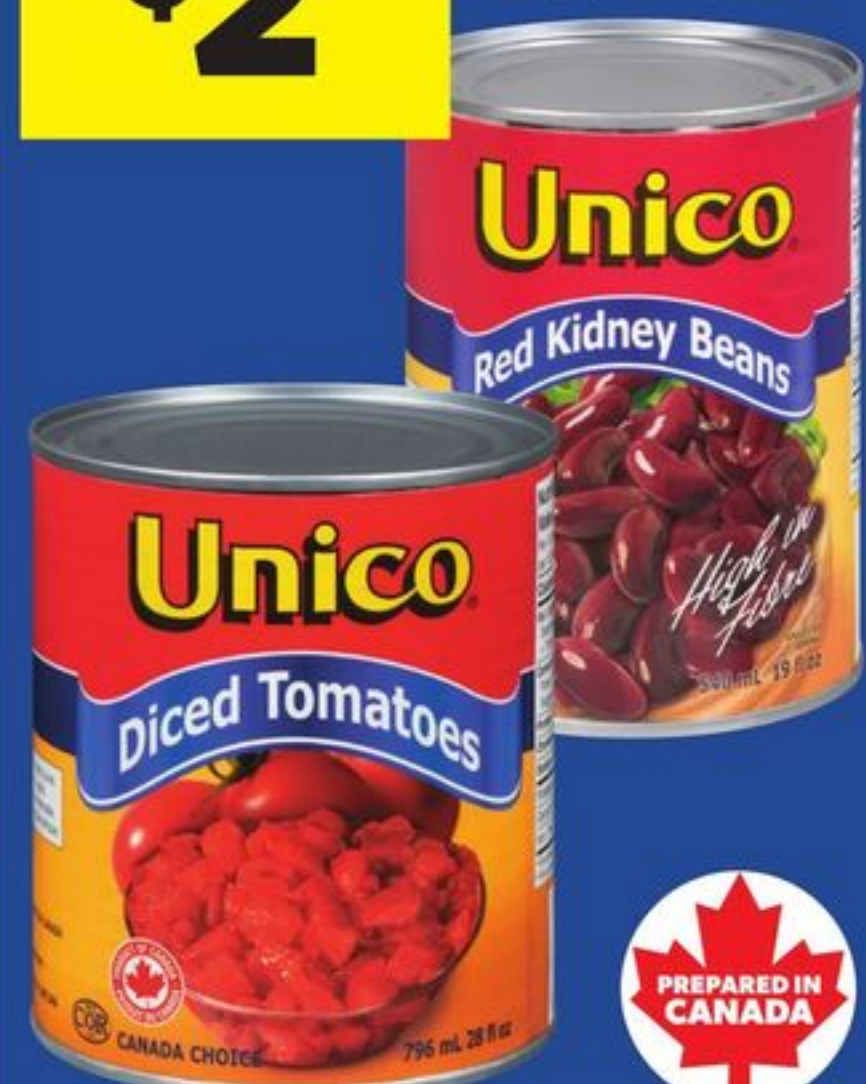
\$2 back in points

**JUMBO HAMBURGER
OR HOT DOG BUNS**
BAKED IN-STORE
SELECTED VARIETIES
8'S
20711617_EA/20711614_EA



\$2

**UNICO BEANS 540 ML OR
TOMATOES 796 ML**
SELECTED VARIETIES
20313447001_EA/20314629001_EA



1²⁵

UNICO TOMATO PASTE
SELECTED VARIETIES, 156 ML
20000527_EA/20679191_EA



Get **2,500** pts
When you buy 4

\$2.50 back in points

HEINZ PASTA OR BEANS
SELECTED VARIETIES, 398 ML
20040380003_EA/2017728001_EA



4⁵⁰

PC® VINAIGRETTE
SELECTED VARIETIES, 350 ML
21072462_EA/21683167_EA



\$6

**MATT & STEVE'S
THE EXTREME BEAN
PICKLED BEANS 500 ML,
PICKLE SPEARS OR
BABY DILLS 750 ML**
SELECTED VARIETIES
20618220_EA/21498289_EA



**MULTI
SAVE**

2/\$9
OR 4.99 EA

**RUFFLES
POTATO CHIPS**
SELECTED VARIETIES, 180-200 G
21241052_EA/21241053_EA



\$16

**JUST US! ORGANIC
WHOLE BEAN AND
GROUND COFFEE**
SELECTED VARIETIES, 340 G
20095523003_EA/20309024002_EA



3⁵⁰

**MADE GOOD GRANOLA
BARS 120 G, CRISPY
SQUARES 132 G, SOFT
BAKED MINI COOKIES
24-120 G, GRANOLA BITES
24 G, SOFT BAKED OAT
BARS OR ORGANIC
CRUNCHY GRANOLA
SQUARES 150 G**
SELECTED VARIETIES
21722850_EA/21352121_EA



\$6

NO NAME™ NAPKINS
CLUB SIZE
500'S
20306897_EA





Insiders Report™

PC®'s top produce picks

SHOP NOW

\$7

PC® MIXIANY CHERRY TOMATOES ON THE VINE
PRODUCT OF CANADA, 340 G
21720721001_EA



Must Try!



\$3

PC® CRIMSON PEACH MANGO
PRODUCT OF MEXICO
21729495001_EA



Must Try!

Optimum™
App exclusive offer

\$6

Get 1,500 pts

\$150 back in points

PC® CHOPPED SALAD KITS
PRODUCT OF U.S.A.
SELECTED VARIETIES
282-396 G
6047390_EA/4627187_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



\$2

PC® NAM DOK MAI MANGO
PRODUCT OF MEXICO
21729547001_EA

Must Try!

\$6

PC® LUSCIOUS LOVELIES STRAWBERRY-TYPE TOMATOES ON THE VINE
PRODUCT OF CANADA, 340 G
21720704001_EA



Must Try!



\$8

PC® SUKKARI OR SAFAWI
PRODUCT OF SAUDI ARABIA
SELECTED VARIETIES
400 G
21706738001_EA/21706824001_EA



Must Try!

\$15

PC® MY SIP
SELECTED VARIETIES, 700 ML
21686035_EA/21686084_EA



Must Try!

\$5

PC® SIPPETS
SELECTED VARIETIES
21686175_EA/21686176_EA



Must Try!

\$15

PC® GREENS & GRAINS SALAD CONTAINER
SELECTED VARIETIES
21635139_EA/21635333_EA



Must Try!

\$115

LIMIT 3
OVER LIMIT PAY
165.00 EA



PC® THE PERFECTLY PORTABLE TABLETOP GRILL
INTEGRATED CARRY HANDLE, MARINADE TRAY AND CUTTING BOARD
21670419_EA



New!

\$645

LIMIT 3
OVER LIMIT PAY
795.00 EA



PC® THE ULTIMATE PROPANE GRILL
4 1/2" x 1" BURNERS
21670484_EA



New!

UP TO 20% OFF

PC® FLAT TOP TOOLS
SELECTED VARIETIES
21668531_EA



New!



Insiders Report™

Sip. Snack. Save.

SHOP NOW

2.50

PC® WORLD OF FLAVOURS POTATO CHIPS
SELECTED VARIETIES, 200 G
21712080_EA/21712032_EA



New!

2.50

PC® KETTLE COOKED OR KETTLE RIPPLED POTATO CHIPS
SELECTED VARIETIES, 200 G
21422931_EA/21687125_EA



5.50

PC® PEANUTS 700 G OR CASHEWS 200 G
SELECTED VARIETIES
2005799003_EA/21054943_EA



\$5

PC® HUMMUS SQUEEZE BOTTLES
SELECTED VARIETIES
255 ML
21732723_EA/21732733_EA
21732656_EA



Must Try!

\$5

PC® ORGANICS LEMONADE
1.36 L
21687663_EA



\$3

PC® LEMONADE
SELECTED VARIETIES, 1.89 L
20773870001_EA/20957804_EA



PREPARED IN CANADA

7.50

PC® DE-ALCOHOLIZED WINE
SELECTED VARIETIES, 750 ML
21403389_EA/21403385_EA



\$3

PC® GUAVA LEMONADE
1.89 L
21706967_EA



Must Try!

6.75

PC® COLA ZERO
SELECTED VARIETIES
12X355 ML
21747386_C12
21747413_C12



New!

5.75

PC® BLUE MENU™ OR PC® SPARKLING WATER
SELECTED VARIETIES, 12X355 ML
21747415_C12
21747404_C12



PREPARED IN CANADA

5.75

PC® SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21703791_C12



New!

PREPARED IN CANADA

\$7

PC® SINGLE SERVE K-CUPS
SELECTED VARIETIES, 12'S
20585472_EA/21696559_EA



8.50

PC® SINGLE ORIGIN GROUND COFFEE
SELECTED VARIETIES, 340 G
21380541_EA/21668472_EA



New!

\$5

PC® INSTANT COFFEE
SELECTED VARIETIES, 80/100 G
21499826_EA/21500188_EA





Your barbecue's favourites

SHOP NOW

Insiders Report™

\$7

PC[®] ROYAL BLUAROMA BLUEBERRIES
PRODUCT OF MEXICO, PERU OR MOROCCO, 278 G
20573077_EA



3⁹⁹

PC[®] LITTLE GEMS[™] RED, YELLOW OR MIXED MINI POTATOES
PRODUCT OF CANADA
CANADA NO. 1 GRADE, 680 G
21247300001_EA/21247299001_EA



\$7

PC[®] SWEET MARVELS GRAPE TOMATOES
PRODUCT OF CANADA, 340 G
21720619001_EA



New!



3⁵⁰

PC[®] ELOTE STREET CORN DIP
200 G
21706608_EA



New!

\$15

PC[®] BLACK LABEL WAGYU BURGERS
SELECTED VARIETIES
FROZEN, 568 G
20766235_EA/21522754_EA



\$14

PC[®] RIBS
SELECTED VARIETIES
FROZEN, 500-680 G
20071715_EA/21394197_EA



\$15

PC[®] THE ULTIMATE ATLANTIC SALMON BURGERS
FROZEN, 500 G
21638144_EA



SAVE UP TO 1.29

\$7

PC[®] BRIE
SELECTED VARIETIES, 165-200 G
20787327_EA



5⁵⁰

PC[®] FRESH SALSA
SELECTED VARIETIES
300/350 G/430 ML
20959575_EA/21648968_EA



ALWAYS LOW PRICE
\$5⁵⁰

PC[®] BRIOCHE BURGER BUNS, HOT DOG BUNS OR LOAF
SELECTED VARIETIES, 270-400 G
21050280_EA/21094319_EA



\$12

PC[®] CREAM PIE
SELECTED VARIETIES
FROZEN, 730 G
21586299_EA



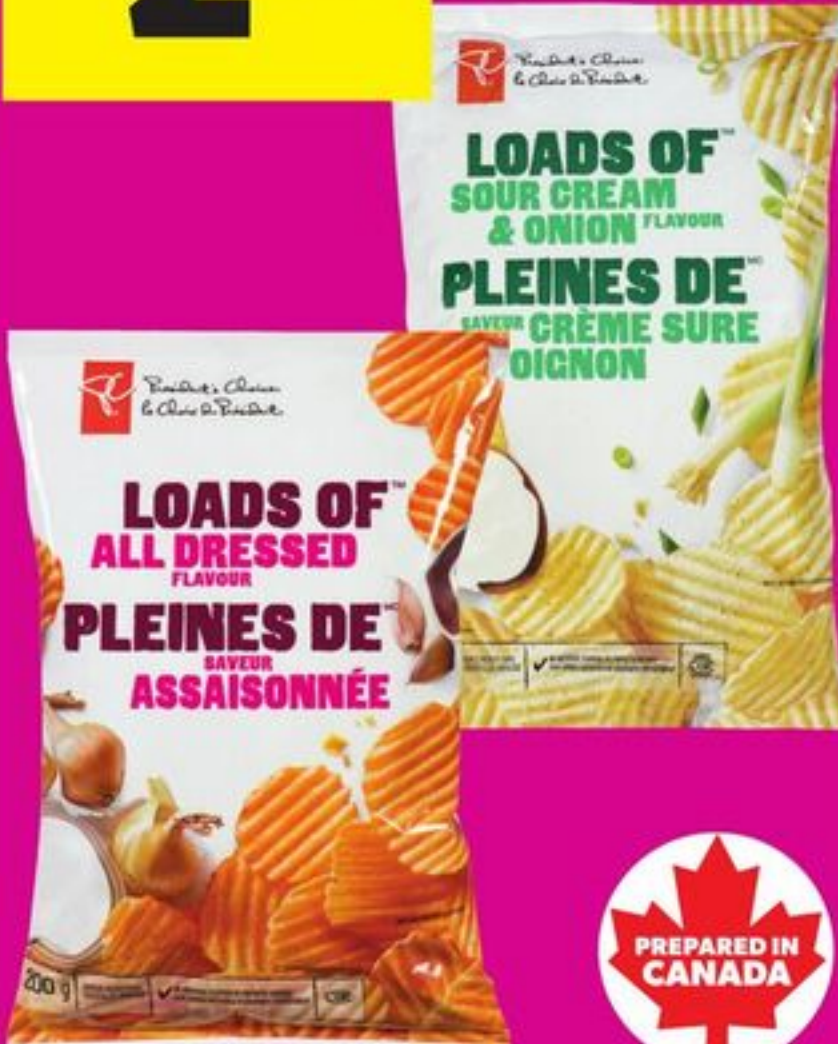
4⁵⁰

PC[®] HAZELNUT SPREADS
SELECTED VARIETIES, 375 ML
20792384_EA



2⁵⁰

PC[®] LOADS OF[™] FLAVOUR POTATO CHIPS
SELECTED VARIETIES, 200 G
20840911002_EA/20840911004_EA



3⁴⁹

PC[®] MINI POPPADOMS
SELECTED VARIETIES, 113 G
21605321_EA/21605358_EA



3⁵⁰

PC[®] WINE GUMS OR LICORICE ALLSORTS
SELECTED VARIETIES, 175-200 G
20878994_EA/20879245_EA





Sip. Snack. Save.

SHOP NOW

Insiders Report™

\$6

PC[®] SHREDS
SELECTED VARIETIES, 250-320 G
21060183_EA/21060201_EA



\$5

PC[®] LOADS OF NOVELTIES ICE CREAM BARS
SELECTED VARIETIES
FROZEN, 288 ML/4'S
21575391_EA/21707047_EA



4⁵⁰

PC[®] ORANGE JUICE
SELECTED VARIETIES, 1.36 L
21716997_EA/21717114_EA



\$5

PC[®] FROZEN RISOTTO OR GNOCCHI 350-400 G
OR PC[®] ASIAN ENTREES OR SOUPS 300 G
SELECTED VARIETIES, FROZEN
21546584_EA/21565996_EA



5⁷⁵

PC[®] FUNCTIONAL SODA
SELECTED VARIETIES, 6X355 ML
21650369_C06/21650434_C06



7⁵⁰

PC[®] OLIVES
SELECTED VARIETIES
375/750 ML
20317800_EA/20319890_EA



MULTI SAVE

2/\$8

OR 4.49 EA

PC[®] OR BLUE MENU[®] SALAD DRESSINGS 475 ML
OR PC[®] CROUTONS 140 G
SELECTED VARIETIES
20628488006_EA/20796248001_EA



5⁵⁰

PC[®] SALSA
SELECTED VARIETIES, 650 ML
20309646001_EA/20309646003_EA



3⁵⁰

PC[®] ORGANICS PLANT-BASED PUFFS
SELECTED VARIETIES, 142 G
21716046_EA/21716109_EA



\$1

PC[®] NUTRITION FIRST GRAIN FREE CANNED CAT FOOD
SELECTED VARIETIES, 85 G
21359608_EA/21359618_EA



\$7

PC[®] NUTRITION FIRST DOG TREATS
SELECTED VARIETIES, 160-270 G
21722109_EA/21722496_EA



\$14

PC[®] NUTRITION FIRST CAT FOOD
SELECTED VARIETIES, 2 KG
21303268_EA



BUY 2 GET 1 FREE

LIFE AT HOME[™] CANDLES
SELECTED VARIETIES
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE
10.00-21.00
21684212_EA/21686688_EA



BUY 3 GET 1 FREE

PC[®] TRITAN STEMLESS GLASS
SELECTED VARIETIES, 20 OZ
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE
4.00
21058707_EA/21058706_EA
21058708_EA/21058705_EA



\$25

PC[®] PICNIC BOWL
21692266_EA/21692441_EA



TEAM SAVINGS

For fans who love low blocks and low prices.

5⁹⁹

**MAPLE LODGE FARMS
ULTIMATE CHICKEN
WIENERS OR ZABIHA
HALAL SUPREME
WIENERS**
SELECTED VARIETIES, 900 G
20671791_EA



\$3

**NO NAME[®] HOT DOG
OR HAMBURGER BUNS**
SELECTED VARIETIES, 344/360 G
21509434_EA



10⁹⁹
LB
24.23/KG

**EXTRA LEAN
GROUND BEEF**
20798252_KG



**CLUB
SIZE**

\$4

ICEBERG LETTUCE
PRODUCT OF MEXICO OR U.S.A.
NO. 1 GRADE
20135326001_EA



2/\$10
OR 5.99 EA

PC[®] CHEESE SLICES
SELECTED VARIETIES, 210 G
21405953_EA/21406181_EA



**4 DAYS
ONLY!**

\$20

**THURS-SUN
LARGE VEGETABLE
OR FRUIT PLATTER**
PREPARED IN-STORE
1.34-1.87 KG
20081718_EA/20121599_EA



\$4

**KING'S
HAWAIIAN ROLLS**
SELECTED VARIETIES, 12'S
21489831_EA



2/\$7
OR 3.99 EA

CHEEZ-IT CRACKERS
SELECTED VARIETIES, 191/200 G
21214559_EA/21214560_EA



Members Price[™]
\$8
Non-Members
\$12
Members Save \$4

SCHNEIDERS PEPPERETTES
SELECTED VARIETIES, 225-375 G
21738537_EA/21738540_EA

**Must be a registered PC Optimum[™] member to load and get this offer.
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer



4⁷⁵

**LECLERC
CÉLÉBRATION
COOKIES**
SELECTED VARIETIES, 200-350 G
21680135_EA/21682304_EA



**SAVE
28%**

2⁵⁰

**NO NAME[®]
MARSHMALLOWS**
SELECTED VARIETIES, 400 G
20304972001_EA/21023141_EA



Get **3,000** pts
When you spend \$10*

\$3 back in points

FRENCH'S MUSTARD
325-550 ML, SAUCE 400 ML,
KETCHUP 750 ML-1 L,
FRANK'S REDHOT SAUCE 354-680 ML,
THICK SAUCE 354 ML,
CHOLULA HOT SAUCE 150 ML
OR STUBB'S BBQ SAUCE 450 ML
SELECTED VARIETIES
20187632001_EA/21021268_EA



\$30

Get **5,000** pts

\$5 back in points

**30 PIECE WINGS &
WEDGES BUCKET**
1.2 KG
21541872_EA/21541877_EA



**SERVES
6**

App exclusive offer

**FROM
\$9**

Get **3,000** pts

\$3 back in points

**12" TAKE AND
BAKE PIZZA**
SELECTED VARIETIES
510-739 G
21456415_EA/21456401_EA

**Must be a registered PC Optimum[™] member to load and get this offer.
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer

\$30

Get **5,000** pts

\$5 back in points

PARTY PLATTERS
SELECTED VARIETIES, 592 G-1 KG
21217539_EA/21217577_EA

**Must be a registered PC Optimum[™] member to load and get this offer.
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



Earn 10,000 pts



When you spend \$50+ on select BBQ essentials*. Online only.

Use code **BBQ10**

Shop now



*Offer valid from May 14 to 27, 2026. Conditions apply. See site for details.

TEAM SAVINGS

For fans who love low blocks and low prices.

MULTI SAVE

2/\$15
OR 8.29 EA

BUBLY SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21097177_C12/21651534_C12



10⁹⁹

CORONA ZERO 0.0% ALCOHOL-FREE BEER
6X330 ML
21650191_C06



MULTI SAVE

2/\$7
OR 4.29 EA

MONSTER ENERGY, FULL THROTTLE, NOS OR REIGN ENERGY DRINKS
SELECTED VARIETIES
355-473 ML
20938249_EA/20938521_EA



MULTI SAVE

2/\$5
OR 2.99 EA

GATORADE FIERCE OR ZERO SPORTS DRINK
SELECTED VARIETIES, 710 ML
20305775001_EA/20305775003_EA



11⁴⁹

PERONI NON-ALCOHOLIC BEER
SELECTED VARIETIES, 6X330 ML
21622480_C06



18⁹⁹

COORS EDGE NON-ALCOHOLIC BEER WITH NATURAL FLAVOURS DOUBLE BREWED
SELECTED VARIETIES, 12X355 ML
21105236_C12



7⁹⁹

MAISON PERRIER SPARKLING WATER BEVERAGES
SELECTED VARIETIES, 8X330 ML
21576465_C08/21575556_C08



MULTI SAVE

2/4⁵⁰
OR 2.50 EA

PC® 100% JUICE
SELECTED VARIETIES, 1L
21080947_EA/21080958_EA



2/\$6
OR 3.49 EA

GLACEAU VITAMIN WATER BEVERAGES
SELECTED VARIETIES, 591 ML
20333194006_EA/20562362003_EA



\$8

CAFFÈ BORBONE NESPRESSO COMPATIBLE CAPSULES 10'S OR NESCAFÉ GOLD INSTANT COFFEE
80-100 G
SELECTED VARIETIES
21733119_EA/21733204_EA
21074565_EA



6⁴⁹

NESCAFÉ ESPRESSO CONCENTRATES
500 ML
21665027_EA/21665148_EA



\$12

STARBUCKS CREMA INSTANT COFFEE 202 G OR ROYNEST PREMIUM MATCHA
50/150 G
SELECTED VARIETIES
21734975_EA/21721603_EA



6⁵⁰

LAVAZZA CREMA GUSTO OR ROSSA GROUND COFFEE
250 G, CAFÉ AGGA NESPRESSO COMPATIBLE CAPSULES 10'S OR TORANI SYRUPS 375 ML
SELECTED VARIETIES
21553714_EA/21307021_EA
217045476_EA



\$16

JUMPING BEAN K-CUPS
SELECTED VARIETIES, 20'S
21210620_EA/21210719_EA



4⁹⁹

NESCAFÉ SWEET & CREAMY INSTANT SACHETS 16/18'S OR LIPTON PYRAMID TEA BAGS 20'S
SELECTED VARIETIES
21363371_EA/21736352_EA



GREEN THUMBS UP

100% CANADIAN GROWERS

GARDEN CENTRE OPEN

Victoria Day 7am-6pm **SHOP NOW**

RECYCLE YOUR POTS FOR POINTS
APR 30 - JUN 17

Optimum™
Get **100 pts** for every empty pot or flat you return to our garden centre*

*For every empty plant pot or flat returned to participating RASS Garden Centre's, you will earn the points indicated. Offer expires after one use and cannot be used on previous or subsequent transactions. We reserve the right to limit number of pots or flats returned. We are not obligated to award points based on errors or misprints. No cash value.

Optimum™
4 DAYS ONLY!
Thursday, May 14th to Sunday, May 17th, 2026
Get **20,000 pts** **\$20** back in points
for every \$100* spent in the Garden Centre

Forest Glen Greenhouses was started in 1985 by Lee and Judy Thompson with a small backyard operation located in **Brookfield, NS**. Now, joined by their daughter, Megan and son in law, Jason, the family business has grown into a seven-acre, gutter connect greenhouse facility. Forest Glen specializes in growing annuals, perennials, vegetables, herbs, mums and poinsettias



\$15
PC[®] ANNUAL PLANTER
SELECTED VARIETIES, 8.5 INCH
21001606_EA



PRODUCT OF CANADA

\$5
PC[®] GIGANTICO™ ANNUALS
SELECTED VARIETIES, 4 PACK
21570281_EA



PRODUCT OF CANADA

MULTI SAVE
5/\$25 OR 5.50 EA
PC[®] GIGANTICO™ ANNUALS, HERBS OR VEGETABLES
SELECTED VARIETIES, 4.33 INCH
21350302_EA/21352664_EA/21350301_EA



PRODUCT OF CANADA

\$30
PC[®] DELUXE ANNUAL PLANTER
SELECTED VARIETIES
11 INCH
20753963_EA



PRODUCT OF CANADA

\$20
PC[®] HERBIN WHISKEY BARREL
SELECTED VARIETIES
10 INCH
20753948_EA



PRODUCT OF CANADA

MULTI SAVE
2/\$55 OR 32.00 EA
PC[®] JUMBO ANNUAL HANGING BASKET
SELECTED VARIETIES
12 INCH
20753924_EA



PRODUCT OF CANADA

\$9
PC[®] SUPER GIGANTICO™ ANNUALS
SELECTED VARIETIES
6 INCH
21352513_EA



PRODUCT OF CANADA

MULTI SAVE
2/\$40 OR 23.00 EA
PC[®] DELUXE ANNUAL HANGING BASKET
SELECTED VARIETIES
11 INCH
20753918_EA



PRODUCT OF CANADA

\$20
PC[®] VEGETABLES IN CAGE
SELECTED VARIETIES
10 INCH
20753957_EA



PRODUCT OF CANADA

MULTI SAVE
2/\$9 OR 5.00 EA
PERENNIALS
SELECTED VARIETIES
9 CM
21347591_EA



PRODUCT OF CANADA

MULTI SAVE
2/\$16 OR 9.00 EA
PERENNIALS
SELECTED VARIETIES
13 CM
21347592_EA



PRODUCT OF CANADA

MULTI SAVE
2/\$14 OR 8.00 EA
PC[®] POTTING SOIL
25 L
21349090_EA



PRODUCT OF CANADA

MULTI SAVE
2/\$14 OR 8.00 EA
PC[®] VEGETABLE OR HERB SOIL
25 L
21349109_EA



PRODUCT OF CANADA

MULTI SAVE
2/\$14 OR 8.00 EA
PC[®] ENRICHED LAWN SOIL
25 L
21349080_EA



PRODUCT OF CANADA

948
NO NAME[®] ALL-PURPOSE SOIL
50 L
21358664_EA



PRODUCT OF CANADA

MULTI SAVE
3/\$12 OR 4.50 EA
NO NAME[®] CEDAR MULCH AVAILABLE IN NATURAL, BLACK OR RED, 42.5 L
21358573_EA



PRODUCT OF CANADA

FROM \$12
GRASS SEED
SELECTED VARIETIES AND SIZES
21156919_EA



\$9
MIRACLE GRO SHAKE 'N FEED TOMATO, FRUIT & VEGETABLE
453 G
21567431_EA




MULTI SAVE
2/\$7 OR 3.99 EA
PC[®] YARD WASTE BAGS
SELECTED VARIETIES
5'S
20429980_EA



FROM \$5
PLANT FOOD FERTILIZER
SELECTED VARIETIES AND SIZES
21157038_EA



FROM \$13
GARDEN DÉCOR, POTS
SELECTED VARIETIES AND STYLES
21569526_EA



FROM \$4
GARDEN TOOLS
SELECTED VARIETIES
21625523_EA



FROM \$8
GARDEN WATERING ACCESSORIES
20278904_EA



PERFECTLY PRICED PATIO FAVES



\$215
LIMIT 3
OVER LIMIT PAY 295.00 EA

PC[®] ALMOST SMOKELESS WOOD-BURNING FIRE PIT
INCLUDES STAINLESS STEEL GRILL,
2 YEAR LIMITED WARRANTY
21526029_EA

\$415
LIMIT 3
OVER LIMIT PAY 495.00 EA

PC[®] PELLET SMOKER
21601376_EA

- 28 Burgers or 5 Racks of Ribs
- Wood Pellets
- 5 Year Limited
- 486 Sq Inches

\$545
LIMIT 3
OVER LIMIT PAY 695.00 EA

PC[®] THE URBAN GRILL
3 BURNERS +1 REAR BURNER
21670523_EA

50,000 BTU
20 Burgers Propane
5 Year Limited 498 Sq Inches

\$275
LIMIT 3
OVER LIMIT PAY 345.00 EA

LIFE AT HOME[™] GREENWOOD WOVEN 3 PIECE CHAT SET
21670462_EA

\$295
LIMIT 3
OVER LIMIT PAY 395.00 EA

LIFE AT HOME[™] CURVED GAZEBO OR PERGOLA
21670328_EA/21670346_EA

UP TO **30% OFF**

LIFE AT HOME[™] OUTDOOR PATIO CUSHIONS
SELECTED VARIETIES
21669896_EA/21670051_EA

UP TO **30% OFF**

LIFE AT HOME[™] OUTDOOR STRING LIGHTS, STAKE LIGHTS AND LANTERNS
SELECTED VARIETIES
21601409_EA/21675895_EA
21600099_EA

BUY 1 GET 1 50% OFF

EVERYDAY ESSENTIALS[™] GRILL TOOLS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
8.00
21670367_EA/21670392_EA

UP TO **20% OFF**

PC[®] HARD COOLERS
21684324_EA/21684345_EA

\$69
LIMIT 4
OVER LIMIT PAY 79.00 EA

EVERYDAY ESSENTIALS[™] CLUB CHAIR
21685991_EA/21685780_EA

Get **6,000 pts**
For every \$18* spent

\$6 back in points

OFF![®]/RAID INSECT REPELLENT
20001279001_EA/20111889_EA

BUY 1 GET 1 50% OFF

POOL ACCESSORIES
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
4.00-75.00
21470340_EA/21637145_EA

UP TO **25% OFF**

BUBBLES MACHINES AND BLASTERS
SELECTED VARIETIES
21621763_EA/21694050_EA

TEAM SAVINGS

For fans who love low blocks and low prices.

MULTI SAVE

2/\$7
OR 4.00 EA

PC® BASMATI OR JASMINE RICE
SELECTED VARIETIES, 750 G
20961107_EA/20961292_EA



MULTI SAVE

3/\$9
OR 3.79 EA

KELLOGG'S NUTRI GRAIN BARS
295 G, **RICE KRISPIES BARS** 176 G, **SPECIAL K CRISPY BARS** 125 G
OR POP TARTS 384 G
SELECTED VARIETIES
20126567001_EA/20313984001_EA



MULTI SAVE

3/9.99
OR 4.49 EA

KELLOGG'S RETAIL SIZE CEREAL
SELECTED VARIETIES, 269-355 G
21652110_EA/21652128_EA



\$3

CAVENDISH FARMS CLASSIC FRIES
SELECTED VARIETIES
FROZEN, 800 G
215898372_EA
21602936_EA



SAVE UP TO 4.00
\$16

FILIPPO BERIO OLIVE OIL 750 ML
OR DENIGRIS BALSAMIC VINEGAR
250 ML
SELECTED VARIETIES
21193747_EA
21635208_EA



2.75

HABITANT SOUPS 796 ML
OR PC® BLUE MENU® SOUP 500 ML
SELECTED VARIETIES
20299690002_EA
21545172_EA



\$3

Get **1,000** pts
When you buy 3
\$1 back in points

SWISS CHALET SOUP OR MONTANA'S SOUP
SELECTED VARIETIES, 540 ML
21313335_EA/21690570_EA



4.99

MONTANA'S BBQ SAUCE
350 ML **OR THE KEG DRESSING**
475 ML
SELECTED VARIETIES
21387446_EA
21670482_EA



\$5

KRAFT SHAKE & BAKE COATING MIX
SELECTED VARIETIES
142-160 G
21548016_EA
21603339_EA



MULTI SAVE

2/\$7
OR 4.29 EA

CHRISTIE MINI COOKIES
SELECTED VARIETIES
144-200 G
21584976_EA
21585155_EA



\$7

KELLOGG'S EGGO WAFFLES 560 G
OR PROTEIN WAFFLES 280 G
OR PANCAKES 560 G
SELECTED VARIETIES
FROZEN
20099736004_EA
21639327_EA



\$3

NO NAME® VEGETABLES
SELECTED VARIETIES,
FROZEN, 750 G
20312260_EA
20316412_EA



\$5

NO NAME® FISH
SELECTED VARIETIES
FROZEN, 454 G
21672264_EA
21672358_EA



SAVE 1.50

4.50

NESTLÉ COFFEMATE COFFEE ENHANCER
SELECTED VARIETIES
828/946 ML
21091311_EA
21564632_EA



2.75

MAPLE LEAF FLAKED MEAT
SELECTED VARIETIES
156 G
20298273001_EA
20298273002_EA



4.49

OCEAN SPRAY CRANBERRY COCKTAIL
1.89 L, **100% JUICE BLENDS**
1.77 L **OR MOTT'S CLAMATO** 1.89 L
SELECTED VARIETIES
20318955002_EA
20300006008_EA



MULTI SAVE

2/\$8
OR 4.79 EA

MIO, KOOL-AID, TANG, COUNTRY TIME, KRAFT OR CRYSTAL LIGHT LIQUID WATER ENHANCERS OR DRINK MIXES
SELECTED VARIETIES
48 ML/22-45 G
20663423_EA
2056519001_EA



\$15

COTTONELLE FRESH CARE FLUSHABLE WET WIPES 168'S
OR ULTRA CLEAN OR ULTRA COMFORT TOILET PAPER 12'S
SELECTED VARIETIES
21477027_EA/21665900_EA



\$22

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24 TRIPLE ROLLS=72 SINGLE ROLLS
21189845_EA
21443640_EA



**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

\$7

NO NAME[®] NATURALLY IMPERFECT LEMONS
PRODUCT OF SOUTH AFRICA
OR U.S.A., 3 LB
21124487001_EA

Naturellement imparfait
lemons - citrons
Freshness and quality... in all shapes and sizes.
Fraîcheur et qualité... sous toutes les formes.
1.36 kg (3 lb)

**CLUB
SIZE**

\$5

FARMER'S MARKET[™] AVOCADO BAG
PRODUCT OF MEXICO, 5'S
21644936001_EA

**CLUB
SIZE**

10⁹⁹
LB
24.23/KG

BONELESS BEEF STEW
CUT FROM CANADA AA GRADE
BEEF OR HIGHER
20766562_XG

**CLUB
SIZE**

\$6
LB
13.23/KG

NO NAME[®] OR HALAL CHICKEN WINGS
FRESH
20168158_XG

**CLUB
SIZE**

**CANADIAN
POULTRY**

4⁹⁹
LB
11.00/KG

PORK SHOULDER BLADE STEAKS
20837875_XG

**CLUB
SIZE**

\$26

NO NAME[®] CHICKEN WINGS
SELECTED VARIETIES
FROZEN, 1.8 KG
21045698_EA/21045704_EA

no name[®] sans nom[®]

honey garlic
chicken wings
100% poulet d'origine canadienne

ailles de poulet
miel et ail

no name[®] sans nom[®]

salt & pepper
chicken wings
100% poulet d'origine canadienne

ailles de poulet
sel et poivre

**CLUB
SIZE**

**PREPARED IN
CANADA**

14⁹⁹

SUNRISE LARGE WAX BOLOGNA
2 KG
20997095_EA

**CLUB
SIZE**

**PREPARED IN
CANADA**

\$11

NO NAME[®] BREADED CHICKEN NUGGETS, BURGERS OR STRIPS
SELECTED VARIETIES
FROZEN, 1.81 KG
21178763_EA

CLUB SIZE • FORMAT CLUB

no name[®] sans nom[®]

chicken strips
breaded chicken cutlets
FULLY COOKED • ENTièrement cuites
escaloppes de poulet panées
lanières de poulet

**CLUB
SIZE**

**PREPARED IN
CANADA**

\$13

ATLANTIC CHOICE SAUSAGES
SELECTED VARIETIES, 1 KG
21332587_EA/21332589_EA

**CLUB
SIZE**

**PREPARED IN
CANADA**

SAVE 1.99

\$15

PC[®] DELI CHEESE SLICES
SELECTED VARIETIES
500 G
20217638_EA/20249826_EA

CLUB SIZE • FORMAT CLUB

CREAMY AVARTI CRÉMEUX

EN TRANCHES

35% M.G. 41% MOISTURE

PREPARED IN CANADA

**CLUB
SIZE**

\$12

ZIGGY'S SLICED DELI MEATS
SELECTED VARIETIES, 600 G
21596514_EA/21668501_EA

CLUB PACK • FORMAT CLUB

smoked black forest ham
Porc fumé épicé
1/2 de porc fumé de viande
jambon forêt-noire
fumé

smoked turkey breast
porc fumé épicé
1/2 de porc fumé de viande
poitrine de dinde
fumée

smoked black forest ham
Porc fumé épicé
1/2 de porc fumé de viande
jambon forêt-noire
fumé

**CLUB
SIZE**

**PREPARED IN
CANADA**

\$20

PARIS ALL BUTTER CROISSANTS
FROZEN, 30'S
21687364_C01

**CLUB
SIZE**

\$6

PC[®] TRADITIONAL NAAN DIPPERS
400 G
20999700_EA

**CLUB
SIZE**

**PREPARED IN
CANADA**

**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

\$25

PC® ORGANIC CASHEWS
SELECTED VARIETIES, 1.13 KG
21517458_EA



**CLUB
SIZE**

\$12

iöGO
SELECTED VARIETIES, 2 KG
20636092_EA/20690267_EA



**PREPARED IN
CANADA**

**CLUB
SIZE**

950

Get **1,000**
pts

\$1
back in
points

SHREDDIES JUMBO CEREAL
SELECTED VARIETIES, 1.24 KG
21201395_EA



**CLUB
SIZE**

\$15

PC® OR BLUE MENU® LASAGNA OR MAC & CHEESE
SELECTED VARIETIES
FROZEN, 2/2.27 KG
20134930_EA/21178593_EA



**PREPARED IN
CANADA**

**CLUB
SIZE**

16⁵⁰

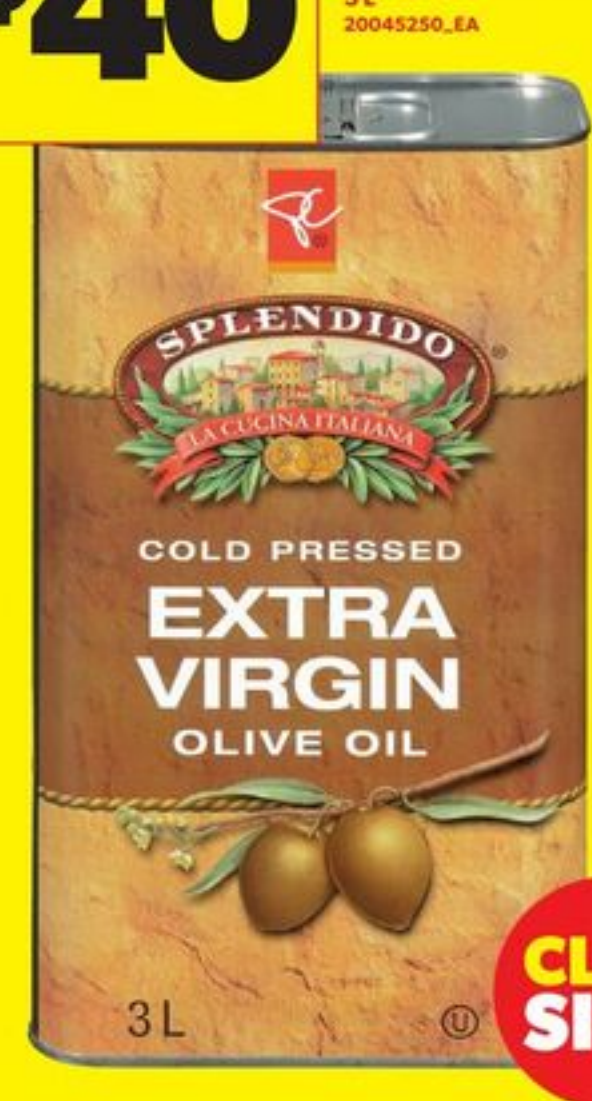
PC® FROZEN FRUIT
SELECTED VARIETIES
FROZEN, 1.5/2 KG
21099410_EA/21381732_EA



**CLUB
SIZE**

\$40

PC® SPLENDIDO™ COLD-PRESSED EXTRA VIRGIN OLIVE OIL
3 L
20045250_EA



**CLUB
SIZE**

\$8

PC® PICKLED HOT BANANA PEPPER RINGS OR NO NAME® PICKLES
2 L
20081534_EA/20313906_EA



**CLUB
SIZE**

\$5

NO NAME® COOKIES
SELECTED VARIETIES, 907 G
20318678001_EA/20318678002_EA



**PREPARED IN
CANADA**

**CLUB
SIZE**

5⁹⁹

FRITO LAY VALUE SIZE POTATO CHIPS
SELECTED VARIETIES, 325-535 G
21663088_EA/21663836_EA



**PREPARED IN
CANADA**

**CLUB
SIZE**

\$6

PC® CRANBERRY COCKTAIL
2.84 L
21637707_EA



**CLUB
SIZE**

\$11

NO NAME® ICE CREAM SANDWICHES OR BARS
SELECTED VARIETIES
FROZEN, 24/30'S
20347400002_EA/21013432_EA



**PREPARED IN
CANADA**

**CLUB
SIZE**

15⁹⁹

GOGO SQUEEZ FRUIT SNACK
SELECTED VARIETIES, 20X90 G
21547719_EA/21547693_EA



**CLUB
SIZE**

\$11

NO NAME® PLASTIC WRAP
SELECTED VARIETIES, 305 M
20149806_EA



**PREPARED IN
CANADA**

**CLUB
SIZE**

\$10

NO NAME® LIQUID DISH DETERGENT
SELECTED VARIETIES, 5 L
21012774_EA



**PREPARED IN
CANADA**

**CLUB
SIZE**

**ALWAYS
LOW PRICE**

\$8

LIFE BRAND® UNSCENTED EPSOM SALTS
SELECTED VARIETIES
4 KG
21668050_EA



**CLUB
SIZE**

HAPPY EID AL-ADHA

Low prices for joyful celebrations.



248
LB
5.47/KG

GINGER ROOT
PRODUCT OF CHINA
20179038001_KG



\$3

DRIED MANGO
PRODUCT OF VIETNAM, 113 G
21700165_EA



\$15

SUFRA® HALAL BEEF STEW
454 G
21395711_EA



\$12

PC® HALAL SHAWARMA CHICKEN STRIPS
300 G
21711098_EA



SAVE 5.00

DAAWAT TRADITIONAL BASMATI RICE
4 KG
20896606_EA

14.99



\$2

PUCK THICKENED CREAMY PRODUCT
160 G
21449248_EA



\$4

CRISPY COOKIES
SELECTED VARIETIES, 350 G
20820419_EA/20820681_EA



7.50

ARZ BAKLAVA
200 G
20693560_EA



2.50

SURATI SNACKS
SELECTED VARIETIES, 250/341 G
20303745002_EA/20303745004_EA



\$14

PILLSBURY 100% WHOLE WHEAT FLOUR CHAKKI ATTA
9.07 KG
21663582_EA



45¢

MAGGI MASALA NOODLES
SELECTED VARIETIES, 70 G
20802664_EA



5.50

SURAJ DRY BEANS
SELECTED VARIETIES, 1.8 KG
20558756_EA/20558758_EA



\$7

TATA LOOSE BLACK TEA
SELECTED VARIETIES, 450 G
21407291_EA/21407294_EA



HAPPY EID AL-ADHA

Low prices for joyful celebrations.



2⁸⁸
LB
6.35/KG

LONG EGGPLANT
PRODUCT OF MEXICO
20159013001_KG



\$5
LB
11.02/KG

OKRA
PRODUCT OF GUATEMALA,
HONDURAS OR U.S.A.
20091263001_KG



\$10

SAMOSA PLATTER WITH TAMIRAND SAUCE
1.37 KG
21558737_EA



9⁹⁹
LB
22.02/KG

NEW ZEALAND SHORT CUT LAMB LEG
FROZEN
20142553_KG



INCLUDES HALAL

\$5

SURAJ NAAN FLATBREADS
SELECTED VARIETIES, 10'S
20342261_EA/20343319_EA



\$12

IRINI EXTRA VIRGIN OLIVE OIL
750 ML
20021287_EA



\$3

DABUR NECTAR
SELECTED VARIETIES,
1L
21399816_EA
21399828_EA



\$7

SHER BESAN
1.81 KG
20869922_EA



1⁷⁵

KURKURE SNACKS
SELECTED VARIETIES, 115 G
21361077_EA/20659742_EA



5⁴⁹

HEREFORD CORNED BEEF
HALAL, 340 G
21416495_EA



2⁵⁰

BRITANNIA GOOD DAY COOKIES 372 G
SELECTED VARIETIES
21023105_EA/21205822_EA



3⁵⁰

LAY'S INTERNATIONAL FLAVORS
SELECTED VARIETIES, 200 G
21663082_EA/20659742_EA



SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

2.25 LB
4.96/KG

JAPANESE OR PURPLE UBE YAMS
PRODUCT OF CANADA
20524922001_KG/20849858001_KG

PRODUCT OF CANADA

\$2 LB
4.41/KG

CHINESE JUMBO CARROT
PRODUCT OF CHINA
OR **NAPA CABBAGE**
PRODUCT OF MEXICO
20851084001_KG
20015025001_KG

\$3 LB
6.61/KG

BABY OR SHANGHAI BOK CHOY
PRODUCT OF MEXICO OR U.S.A.
20082279001_KG/2003245001_KG

SAVE 3.00

\$7

PC® MINI SAMOSAS
SELECTED VARIETIES, FROZEN,
288/345 G
20581030_EA/20603356_EA

VEGETABLE SAMOSAS AUX LÉGUMES

Mini CHICKEN SAMOSAS AU POULET

\$9

PMC SWIMMING CRAB
WILD CAUGHT, RAW, FROZEN,
680 G
21594562_EA

PMC Premier Marine Canada

Swimming Crab Crabe Nageant
Cut Crab with Claws
Crabes Coupés avec Pinces

Raw - Crues
Wild Caught
État Sauvage

Net Weight / Poids Net : 680g
Keep Frozen / Garder Congelé (-18°C)

Product of China
Produit de la Chine

3.50

CRISPY ROTI
SELECTED VARIETIES, 750 G
21195569_EA/21195567_EA

High Source of Fibre
15 Roti Bread
Pain Wrap
NET 750g

ROTI Whole Wheat Blé Entier

CRISPY Bigger - 15 Pack
ROTI Original Originale

PREPARED IN CANADA

1.88

LAPID'S CHOICE FRIED PORK RIND
SELECTED VARIETIES, 78 G
20688318001_EA/20688318002_EA

CRICHARON

PREPARED IN CANADA

1.50

GRACE COCONUT MILK
SELECTED VARIETIES, 400 ML
20047774_EA

Grace QUALITY SINCE 1922

Coconut Milk

400 mL

GREAT FOR MILK, CAKES, CANDIES, ICE CREAM, COFFEE, JAM, SAUCES, CARAMELS, ETC.

1.75

LA COSTENA CHIPOTLE PEPPER SAUCE
220 ML OR **SUPLIGEN INSTANT BREAKFAST BEVERAGE VANILLA FLAVOUR** 250 ML
SELECTED VARIETIES
20823424_EA/21381630_EA

Supligen INSTANT BREAKFAST BEVERAGE
BOISSON INSTANTANÉE POUR LE PETIT DÉJEUNER
Vanille Flavour / Caramel Vanille

La Costeña CHIPOTLE PEPPER SAUCE SAUCE PÉPANTE CHIPOTLES SAUCE

7.49

KOPIKO COFFEE MIX
SELECTED VARIETIES, 825/900 G
21238713_EA/21238723_EA

KOPIKO Brown Coffee

KOPIKO Blanca

3.28

UFC COCONUT
1L
20570506_EA

UFC Refresh

Coconut Water
Eau de noix de coco

1L

5.25

GRACE CORNED BEEF
SELECTED VARIETIES,
340 G
20325345002_EA
20583459_EA

Grace Corned Beef Boeuf Salé

Grace Corned Beef Boeuf Salé

2.50

VALENTINA HOT SAUCE
SELECTED VARIETIES,
370 ML
20056649001_EA/20056649002_EA

Valentina MEXICAN HOT SAUCE SAUCE PIQUANTE MEXICAINE

3.25

PAN CORN MEAL OR FLOUR
SELECTED VARIETIES,
1KG
20945695_EA
20945705_EA

PAN PRE-COOKED YELLOW CORN MEAL

PAN FLOUR

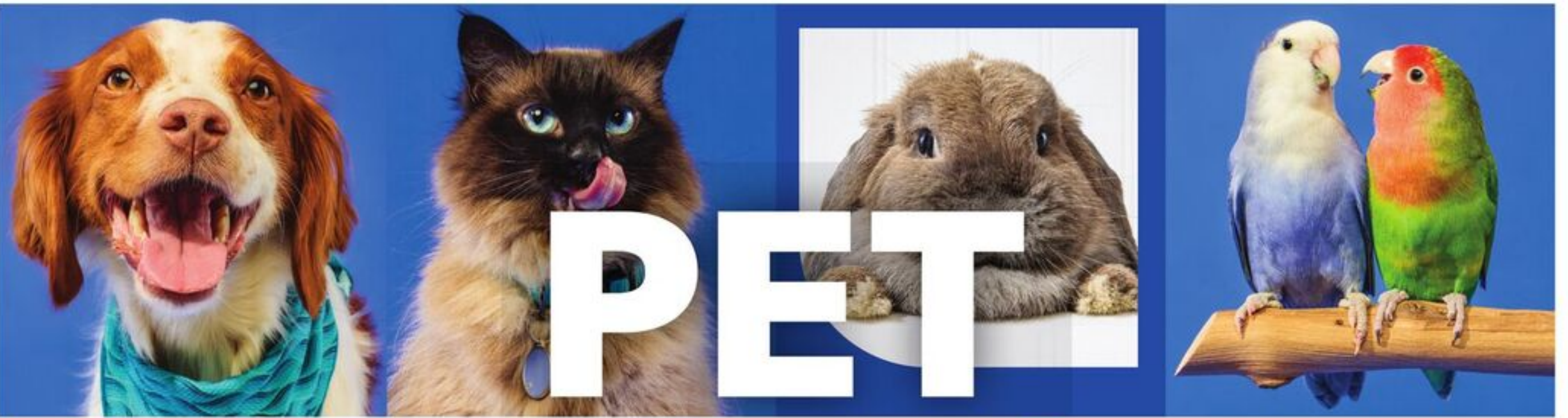
4.75

GRACE JAMAICAN JERK BBQ SAUCE OR MARINADE
SELECTED VARIETIES,
350/480 ML
20037395_EA
20122943_EA

Grace JAMAICAN JERK MARINADE

Grace JAMAICAN JERK SAUCE BBQ A LA JERK BBQ SAUCE

PREPARED IN CANADA



PET

SAVE 4.00

TIDY CAT LIGHTWEIGHT LITTER
7.71 KG
20913423_CA

\$29

50% LIGHTER
24 DAY
LIGHTWEIGHT
24/7 PERFORMANCE
7.71 kg

\$8

FRISKIES PARTY MIX
SELECTED VARIETIES, 510 G
21733038_EA

SUPER VALUE ECONOMIES
Friskies Party Mix
with real chicken and flavours of liver and turkey
avec du vrai poulet et des saveurs de foie et de dinde
CROQUANTS ORIGINAL CRUNCH
510 g

SAVE 3.00

FRISKIES CAT FOOD
SELECTED VARIETIES, 32'S
21186868_CA

\$27

32 CANS

\$11

FANCY FEAST CAT FOOD
SELECTED VARIETIES, 12'S
20153246002_EA

FANCY FEAST
Medleys
12 CANS

\$10

WHISKAS CAT FOOD
SELECTED VARIETIES, 1.5/2 KG
21588889_EA

40% MORE MEATY SELECTIONS
whiskas
MEATY SELECTIONS
HIGH QUALITY PROTEIN
PREPARED IN CANADA

\$14

PC NUTRITION FIRST CAT FOOD
SELECTED VARIETIES, 2 KG
21303270_EA

NUTRITION FIRST-PREMIERE
Senior Chats âgés
PREPARED IN CANADA

\$30

PURINA ONE DOG FOOD
SELECTED VARIETIES, 6-7 KG
20339412_EA

PURINA ONE
LAMB & RICE FORMULA • FORMULE AGNEAU ET RIZ
REAL LAMB IS THE ONLY AGNEAU COMING 1st INGREDIENT

SAVE 4.99

ALPO DOG FOOD
16 KG
20112174_EA

\$38

ALPO
Cookout Classics Grillades classiques
PREPARED IN CANADA

\$9

ZUKES DOG TREATS
SELECTED VARIETIES, 170 G
21661750_EA

Zuke's
MINI-Naturals
CHICKEN RECIPE RECETTE AU POULET
PREPARED IN CANADA

\$26

PEDIGREE DOG FOOD
SELECTED VARIETIES, 6.8/8/8 KG
20039397001_EA

Pedigree
VITALITY+
ORIGINAL ROASTED CHICKEN AND VEGETABLE FLAVOUR
100% COMPLETE & BALANCED FOR HEALTH & VITALITY OF ADULT DOGS

\$11

MILKBONE SOFT & CHEWY DOG TREATS
SELECTED VARIETIES, 708 G
20018670_EA

MILK-BONE
Soft & Chewy Tendres et fondants
chicken recipe recette au poulet
PREPARED IN CANADA

\$9

MILK-BONE COMFORT CHEWS DOG TREATS
SELECTED VARIETIES, 210/312 G
21620394_EA

MILK-BONE
COMFORT CHEWS
Bar with Beef Barre avec boeuf
NO BANNOCHE SANS CUR BRUIT
PREPARED IN CANADA

MULTI SAVE

3/750
OR 2.99 EA

PEDIGREE DOG FOOD
SELECTED VARIETIES, 375 G
21359642_EA/21359778_EA

CHOPPED GROUND DINNER REPAS HACHÉ
With Chicken Avec poulet
CHOPPED GROUND DINNER REPAS HACHÉ
With Beef Avec boeuf
CHOPPED GROUND DINNER REPAS HACHÉ
With Turkey Avec dinde
100% COMPLETE & BALANCED FOR HEALTH & VITALITY OF ADULT DOGS

\$25

PC NUTRITION FIRST DOG FOOD
SELECTED VARIETIES, 7 KG
21304726_EA

NUTRITION FIRST-PREMIERE
Chicken, Brown Rice & Pea Recipe
Formule au poulet, au riz brun et aux pois
PREPARED IN CANADA

\$22

Get 4,000 pts

\$4 back in points

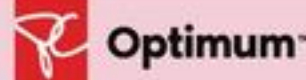
Optimum

BLUE BUFFALO DOG FOOD
SELECTED VARIETIES, 2.2 KG
21360571_EA

BLUE
Life Protection Formula
PREPARED IN CANADA

CUDDLY DEALS, TINY PRICES

App exclusive offer



Get **20,000** pts

\$20 back in points

for every \$100* spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

2/\$9
OR 5.29 EA

LITTLE BELLIES COOKIES 130 G OR BARS 85 G
SELECTED VARIETIES
21606746_EA/21664853_EA

ORGANIC-BIOLOGIQUE
OAT & RAISIN
ABC COOKIES
BISCUITS ABC AVOINE & RAISINS SECS

ORGANIC-BIOLOGIQUE
FRUITY BARS
BARRES FRUITÉES

12+ MONTHS

2/550
OR 3.29 EA

SIMPLY GOURMET PUFFIES OR CRUNCHERS
SELECTED VARIETIES, 32 G
21597451_EA/21671989_EA

Simply Gourmet

puffies

crunchers

Zesty Veggie
Dolce aux légumes

8+ MONTHS

2/\$11
OR 6.49 EA

GERBER ORGANIC OR NESTLÉ CERELAC BABY CEREAL
SELECTED VARIETIES, 200-208 G
21671033_EA/21666216_EA

Gerber Organic Biologique
Rice • Riz

Nestlé Cerelac
Savoury Cereals
Céréales salées

6+ MONTHS

2/\$18
OR 9.99 EA

PEDIASURE COMPLETE
SELECTED VARIETIES, 4X235 ML
20322414001_EA/20322414002_EA

PediaSure Complete

Vanilla • Vanille

Chocolate • Chocolat

6550

LIMIT 4 OVER LIMIT PAY 74.99 EA

ENFAMIL A+ NEUROPRO AND GENTLEASE POWDER REFILLS
SELECTED VARIETIES, 862/890 G
21589079_EA/21589205_EA

Enfamil A+ NEUROPRO

GENTLEASE

50% MORE! DE PLUS!

\$60

LIMIT 4 OVER LIMIT PAY 76.49 EA

SIMILAC 360 TOTAL CARE POWDER LARGE TUB STEP 1 & 2
SELECTED VARIETIES, 859 G
21697863_EA/21697866_EA

Similac 360 Total Care

47% MORE! DE PLUS!

\$35

LIMIT 4 OVER LIMIT PAY 39.99 EA

MILLIE MOON LUXURY DIAPERS
SELECTED VARIETIES AND SIZES
21590508_EA/21590526_EA

Millie Moon Luxury Diapers

\$27

LIMIT 4 OVER LIMIT PAY 31.99 EA

GOODNITES NIGHTTIME BEDWETTING UNDERWEAR SIZES XS-XL, 28-44'S OR PAMPERS NINJAM NIGHTTIME UNDERWEAR SIZES S/M, 44'S
SELECTED VARIETIES
20963841_EA/21308932_EA

goodnites

NINJAM

2788

LIMIT 4 OVER LIMIT PAY 34.88 EA

KIDDICARE ECONO PACK DIAPERS
SELECTED VARIETIES AND SIZES
21726965_EA/21727012_EA

Kiddicare

\$25

LIMIT 4, OVER LIMIT PAY 29.99 EA

PAMPERS 12X SENSITIVE BABY WIPES
1008'S
21719427_EA

Pampers sensitive

\$25

LIMIT 4 OVER LIMIT PAY 29.99 EA

MILLIE MOON CLUB PACK DIAPERS
SELECTED VARIETIES AND SIZES
21520442_EA/21520456_EA

Millie Moon Luxury Diapers

\$28

LIMIT 4 OVER LIMIT PAY 32.99 EA

HUGGIES LITTLE SNUGLERS, LITTLE MOVERS, OVERNITES OR SKIN ESSENTIALS SUPER BIG PACK DIAPERS
SIZES N-7, SELECTED VARIETIES
21172502_EA/21371019_EA

Huggies

850

LIMIT 4 OVER LIMIT PAY 10.99 EA

JOHNSON & JOHNSON 800 ML OR DOVE 591 ML BABY NEEDS
SELECTED VARIETIES
21017298_EA/21112434_EA

Johnson's baby moisture

babyDove

UPTO 20% OFF

SUDOCREM, PENATEN, ZINCOFAX, BABY BUTZ OR VASELINE PETROLEUM JELLY BABY NEEDS
SELECTED VARIETIES AND SIZES
20603040001_EA/21302986_EA

PENATEN

Zincofax

450

LIMIT 4 OVER LIMIT PAY 4.99 EA

Q-TIPS COTTON SWABS
SELECTED VARIETIES, 300-500'S
20323077001_EA/21665088_EA

Q-tips

KIDDICARE DIAPERS FOR LESS

The ultra-absorbent and super-soft diapers have arrived.

Now exclusively here!



Potty Training Made FUN

BLUEY

Pampers
easy ups™

Peppa Pig™



BBC STUDIOS LUDO © Ludo Studio

\$27

Get 2,000 pts

\$2 back in points

Pampers® Easy-Ups™ Club Pack training pants* selected varieties, 46-74's
21089367_EA/21089365_EA

© 2026 ABD Ltd/Hasbro/HCPL Ltd.

BIG PACK = BIGGER SAVINGS!



\$49

Get 3,000 pts

\$3 back in points

Pampers® Cruisers™ 360° Ultra Value Pack Selected Varieties
21732613_EA

new

\$49

Get 3,000 pts

\$3 back in points

Pampers® Swaddlers™ Ultra Value Pack Selected Varieties
21455875_EA

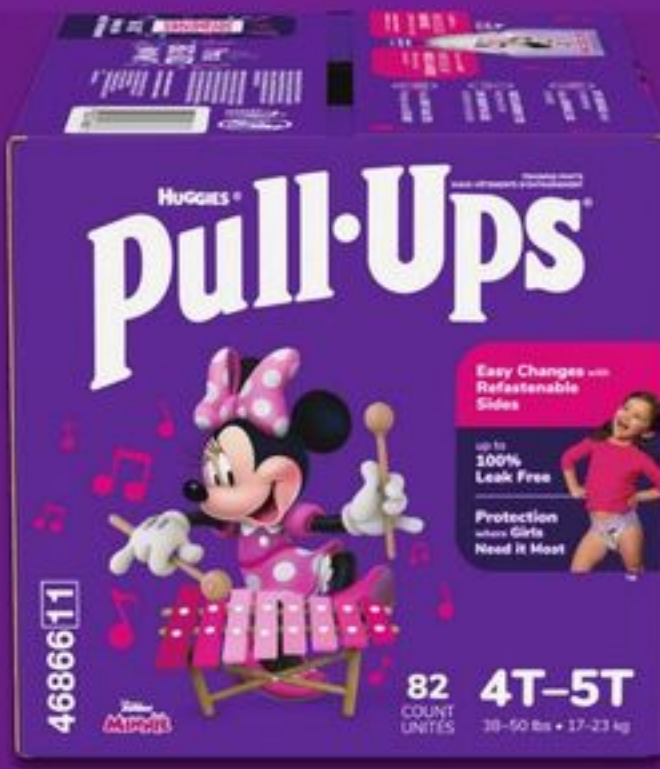


© 2026 P&G

vs. Pampers® Cruisers™ 360° Huge Pack

vs. Pampers® Swaddlers™ Huge Pack

PULL-UPS SIMPLIFY THE POTTY TRAINING JOURNEY



\$37

Get 4,000 pts

\$4 back in points

Pull-Ups Econo Pack Training Pants selected varieties, 66-104's
21021427_EA/21021423_EA

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Up to 100% LEAK FREE protection where Boys and Girls need it most

New Adventures in taste, shape & texture

2/\$6 OR \$3.99 EA.

Organic Little Bellies Pick-Me Sticks
21540212_EA



2/\$6 OR \$3.99 EA.

Organic Little Bellies Pick-Me Sticks
21540211_EA



RA DA HABA 2

Aquaphor

Baby™

Recommandé par les PEDIATRES / PEDIATRICIAN

Recommandé par les PEDIATRES / PEDIATRICIAN

Recommandé par les PEDIATRES / PEDIATRICIAN

Recommandé par les PEDIATRES / PEDIATRICIAN

Recommandé par les PEDIATRES / PEDIATRICIAN

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Recommandé par les PEDIATRES / PEDIATRICIAN

Recommandé par les PEDIATRES / PEDIATRICIAN



GENTLE CARE FOR BABY'S SENSITIVE SKIN

Get 5,000 pts

\$5 back in points

BABY AQUAPHOR EUCERIN BABY NEEDS SELECTED VARIETIES AND SIZES
21482321_EA/21482428_EA

When you spend \$20*

SHOP BEAUTY FOR LESS

\$9

LIMIT 4 OVER LIMIT PAY 12.99 EA

MARC ANTHONY OR CAKE HAIRCARE
SELECTED VARIETIES AND SIZES
20298861001_EA/21649017_EA

THE CURL CRUSH™
TOTALLY-TO-DIE-FOR CURL JELLY soft and nourishing humidity blocking curl defining

STRICTLY CURLS™
Curl Emu Cream Controls Frizz Softens and defines coarse curls. Amends Oil + Shea Butter. CRÈME Curl Emu Controls les frisottis Assouplit et définit les boucles sèches. Huile d'amand + beurre de karité.

#1 Selling Curl Cream
Crème frisante la plus vendue

\$9

LIMIT 4 OVER LIMIT PAY 12.99 EA

BATISTE DRY SHAMPOO
SELECTED VARIETIES, 200 ML
20850398_EA/20945832_EA

BATISTE ORIGINAL
Instant Hair Refresh

DIVINE DARK
Instant Hair Refresh

\$6

LIMIT 4 OVER LIMIT PAY 9.99 EA

GARNIER BELLE HAIR COLOUR
SELECTED VARIETIES
20317076001_EA/20317076020_EA

Belle Color™
ColorEase Crème Crème Couleur Facile

Belle Color™
ColorEase Crème Crème Couleur Facile

\$8

LIMIT 4 OVER LIMIT PAY 11.49 EA

GARNIER WHOLE BLENDS SHAMPOO, CONDITIONER 650 ML OR TREATMENT 150-250 ML
SELECTED VARIETIES AND SIZES
20941779_EA/20941824_EA

WHOLE BLENDS™
Coconut Oil & Cocoa Butter Huile de coco et beurre de cacao

SMOOTHING SHAMPOO SHAMPOING LISSANT

SMOOTHING CONDITIONER REVITALISANT LISSANT

\$8

LIFE BRAND PURAVIDA SHAMPOO OR CONDITIONER
SELECTED VARIETIES, 532 ML
21705330_EA/21705966_EA

puraVida™
FREE FROM SILICONE, SULFATES, PARABENS & DYES. SANS SILICONE, SULFATES, PARABÈNES NI COLORANTS.

puraVida™
FREE FROM SILICONE, SULFATES, PARABENS & DYES. SANS SILICONE, SULFATES, PARABÈNES NI COLORANTS.

UP TO 20% OFF

AUSSIE SHAMPOO, CONDITIONER 778 ML OR STYLING PRODUCTS
SELECTED VARIETIES AND SIZES
21187363_EA/2157546_EA

aussie HAIR INSURANCE
LEAVE-IN CONDITIONER REVITALISANT SANS RINÇAGE

aussie Miracle VOLUME
CONDITIONER | REVITALISANT

UP TO 20% OFF

OLAY SERUM, REGENERIST MOISTURIZER OR FACIAL CLEANSER
SELECTED VARIETIES AND SIZES
20327057001_EA

OLAY REGENERIST

REGENERIST MICRO-SCULPTING CREAM
HYDRATING MOISTURIZER

OLAY REGENERIST
MICRO-SCULPTING CREAM CRÈME MICRO-SCULPTANTE

Get 5,000 pts
When you buy 2

\$5 back in points

Optimum™

BUBBLE MOISTURIZERS OR TONERS
SELECTED VARIETIES AND SIZES
21707424_EA/21708067_EA

BUBBLE

POWER WAVE
Super Hydrating Moisturizer Crème super hydratante 1.7 FL OZ 50 mL

BUBBLE

COSMIC SILK
Hydrating Milky Toner Lotion tonique lactée hydratante 3.4 FL OZ 100 mL

\$6

LIMIT 4 OVER LIMIT PAY 7.49 EA

VASELINE HAND AND BODY LOTIONS
SELECTED VARIETIES
200-295 ML
2053944003_EA/2053944004_EA

Vaseline Intensive Care™ dry skin repair
48H MOISTURE / HYDRATION PRÉVENT DRYNESS / PRÉVIENT LE DÈSÈCHÈMEMENT

Vaseline Intensive Care™ cocoa radiant®
48H MOISTURE / HYDRATION PRÉVENT DRYNESS / PRÉVIENT LE DÈSÈCHÈMEMENT

UP TO 20% OFF

EUCERIN AND AQUAPHOR BODY CARE PRODUCTS
SELECTED VARIETIES AND SIZES
20856891_EA/21085698_EA

Aquaphor™
HEALING OINTMENT ONGUENT REPARATEUR

Advanced Hydration Hydratation Supérieure
For dry, cracked skin Pour peau sèche ou craquelée

Eucerin™
DRY SKIN PEAU SÈCHE

COMPLETE REPAIR™
Moisturizing Lotion Lotion Hydratante

LOOK GOOD, FEEL GREAT, SPEND LESS.

\$6

LIMIT 6 OVER LIMIT PAY 7.49 EA

SOFTSOAP LIQUID HAND SOAP REFILL
SELECTED VARIETIES, 1.47 L
21715457_EA/21715576_EA

3⁵⁰

LIMIT 6 OVER LIMIT PAY 4.79 EA

IRISH SPRING BAR SOAP 3X104 G OR SOFTSOAP LIQUID HAND SOAP PUMPS 332 ML
SELECTED VARIETIES
21436450_EA/21644764_EA

\$7

LIMIT 6 OVER LIMIT PAY 8.49 EA

OLD SPICE 73-144 G, SECRET 68-116 G OR GILLETTE 122 G DEODORANT
SELECTED VARIETIES
20701678_EA/21221095_EA

4⁵⁰

LIMIT 6 OVER LIMIT PAY 6.49 EA

AXE DEODORANT 76/85 G, BODY SPRAY 113 G, BODY WASH OR HAIR CARE 473 ML
SELECTED VARIETIES
21042611_EA/21438255_EA

\$5

LIMIT 6 OVER LIMIT PAY 6.29 EA

SENSODYNE OR PRONAMEL BASE TOOTH PASTE 75/100 ML, POLIDENT TABLETS 36-40'S OR POLIGRIP 40 G
SELECTED VARIETIES
2030179003_EA/20756075_EA

7⁵⁰

LIMIT 4 OVER LIMIT PAY 9.99 EA

LISTERINE MULTI-BENEFITS, 1L OR CLASSIC 1.5L MOUTHWASH
SELECTED VARIETIES
20701283_EA/21091810_EA

\$6

LIMIT 6 OVER LIMIT PAY 6.99 EA

COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTH PASTE 70-150 ML, KIDS MANUAL TOOTHBRUSHES 2'S, HELLO TOOTH PASTE 82-98 ML OR COLGATE PERIOGARD TOOTH PASTE 70 ML
SELECTED VARIETIES
21777027_EA/21584840_EA

UP TO 25% OFF

BAND-AID BANDAGES OR POLYSPORIN OINTMENT
SELECTED VARIETIES AND SIZES
21337878_EA/21520494_EA

UP TO 20% OFF

WEBBER NATURALS VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21448486_EA/21449178_EA

UP TO 15% OFF

Get 3,000 pts
When you spend \$30*

3 back in points

GAVISCON LARGE SIZE TABS 50-60'S, LIQUID 340-600 ML OR HYDRALYTE HYDRATION PRODUCT 10-20'S
SELECTED VARIETIES AND SIZES
20804741_EA/20986019_EA

Get 5,000 pts
When you spend \$20*

\$5 back in points

ALEVE OR ASPIRIN PAIN RELIEF PRODUCTS
SELECTED VARIETIES AND SIZES
21362879_EA/20067407002_EA

\$18

LIMIT 4 OVER LIMIT PAY 21.99 EA

DEPEND UNDERWEAR OR POISE PADS
SELECTED VARIETIES AND SIZES
21099790_EA/21301866_EA

\$12

LIMIT 4 OVER LIMIT PAY 13.99 EA

ALWAYS PADS 7-92'S OR LINERS 92-96'S
SELECTED VARIETIES
20873987_EA/21284428_EA

SHOP HOME FOR LESS

UP TO 25% OFF

PC® ORGANICS SHEET SETS
SELECTED VARIETIES
21638540_EA/21638798_EA

UP TO 30% OFF

LIFE AT HOME™ RUGS
SELECTED VARIETIES
21681898_EA/21681952_EA

UP TO 20% OFF

PC® COOKWARE OR COOKWARE SETS
SELECTED VARIETIES
2126783_EA/2126789_EA
21578866_EA

BUY 1 GET 1 50% OFF

EVERYDAY ESSENTIALS™ COOKWARE OR COOKWARE SETS
SELECTED VARIETIES
20800507_EA/21345661_EA
21423311_EA

BUY 3 GET 1 FREE

LIFE AT HOME™ OUTDOOR DINNERWARE, SERVEWARE OR DRINKWARE
SELECTED VARIETIES
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE
21692655_EA/21692440_EA

UP TO 20% OFF

PC® SOFT GRIP GADGETS, THERMOMETER OR SCALES
SELECTED VARIETIES
21190090_EA/21190094_EA
21219111_EA/21352759_EA

2/\$5
OR 3.50 EA

NO NAME™ AIR FRYER LINERS
SELECTED VARIETIES, 30'S
21639239_EA/21639383_EA

UP TO 20% OFF

PC® PORTION PREPPERS
SELECTED VARIETIES
21638393_EA/21638398_EA

UP TO 20% OFF

THERMOS FOOD JARS, TUMBLERS OR MUGS
SELECTED VARIETIES
21335134_EA/21335976_EA

FROM \$24

HAMILTON BEACH APPLIANCES OR GARMENT CARE
21036261_EA/21646963_EA

5.50

EVERYDAY ESSENTIALS™ JUMBO PILLOW
21667755_EA

\$6

SODASTREAM PEPSI OR CLASSIC SYRUPS OR FLAVOURS
SELECTED VARIETIES
440 ML
21406583_EA/21406599_EA

LIMIT 8 OVER LIMIT PAY 8.00 EA

UP TO 25% OFF

SHOWER CURTAINS OR ACCESSORIES
SELECTED VARIETIES
21682288_EA/20247948002_EA

JOE FRESH LONG WEEKEND DEALS!

4 DAYS ONLY!

20%
off

Adult Styles*



Regular Price Only
Ends May 17



NOW
\$12

REG. \$15

Canada
T-Shirt



NOW
\$20

REG. \$25

Canada Minnie
Mouse T-Shirt



NOW
\$12

REG. \$15

Canada Raglan
Shirt



NOW
\$12

REG. \$15

Maple Leaf
Tank



NOW
\$12

REG. \$15

Canada
Raglan Shirt



NOW
\$12

REG. \$15

Canada
T-Shirt



NOW
\$12

REG. \$15

Canada
Raglan Shirt



NOW
\$12

REG. \$15

Canada
Tank



NOW
\$12

REG. \$15

Canada
T-Shirt



NOW
\$20

REG. \$25

Adult Peanuts Snoopy
Canada T-Shirt

EVEN MORE ONLINE & IN-STORE

SHOP NOW

*Visit www.joefresh.com/offerdetails for full details.

A recipe worth Gathering for

Easy Layered Greek Dip

Prep: 15 mins Servings: 20 servings

Ingredients

- 1 cup Crumbled Feta Cheese, divided
- 1 pkg (250 g) Philadelphia Brick Cream Cheese, softened
- ¼ cup Kraft Extra Virgin Olive Oil Greek Feta Dressing
- 1 tbsp zest and juice from 1 lemon
- 2 tbsp chopped fresh mint, divided
- 1 cup chopped English cucumbers
- ¼ cup chopped red onions
- ¼ cup sliced Kalamata olives
- 1 cup sliced grape tomatoes

Instructions

1. Reserve 2 tbsp. feta for later use. Process remaining feta with cream cheese, dressing, lemon zest, lemon juice and 1 tbsp. mint in food processor until smooth; spread onto large platter.
2. Top with layers of cucumbers, onions, olives and tomatoes; sprinkle with reserved feta and remaining mint.

Visit kraftheinz.com for this recipe and more!



Philadelphia Cream Cheese Product
Philadelphia Cream Cheese Lactose Free Product selected varieties 227 - 250 g 20866924010_EA **\$4**

Philadelphia Whipped Cream Cheese
Philadelphia Whipped Cream Cheese selected varieties 227 g 20866816002_EA **\$4**

Philadelphia Dips
Philadelphia Dips selected varieties 227 g 20299760001_EA **\$4**

Philadelphia Cream Cheese Lactose Free Product
Philadelphia Cream Cheese Lactose Free Product selected varieties 227 - 250 g 21674963_EA **\$4**

Kraft Singles Process Cheese Product
Kraft Singles Process Cheese Product 410 g **\$4**

Cheez Whiz Cheese Spread
Cheez Whiz Cheese Spread 450 g **\$4**

Velveeta Process Cheese Product
Velveeta Process Cheese Product 450 g selected varieties 21188654_EA **\$4**

*Based on the 2026 BrandSpark™ Canadian Trust Study.

MARC ANGELO

#1 IMPORTED ITALIAN BRAND



ANTIPASTO QUATTRO
150 g
21706582_EA **\$12**

EUROPEAN CHARCUTERIE
85 g
21706423_EA **\$8**

PROSCIUTTO AND ASSORTED VARIETIES
85 g
21706090_EA **\$8**

ASSORTED SALAMI CHUBS
300 g
21021491_EA **\$13**

MADE BETTER to TASTE BETTER



Original
21316018_EA

Lactose-Free
21002993_EA

Lactose-Free Garlic & Chives
21731137_EA

Herbs & Spices
21177728_EA

NEW Tre Stelle

2/\$8 OR \$4.99 EA.

Get 1,850 back in points When you buy 2

\$185 back in points

Tre Stelle Cream Cheese

MARC ANGELO

BBQ Season is Back



FRESH FULLY COOKED CHICKEN BURGERS
• 450 g
21741560_EA/21741671_EA **\$9**

BACON WRAPPED CHICKEN OR BEEF MEDALLIONS
• 340 - 452 g
21025464_EA/21378258_EA **\$15**

HOT OR MILD ITALIAN GROUND SAUSAGE MEAT
• 375 g
21726446_EA/21726511_EA **\$5**

ALL MARCANGELO FROZEN BAGS
• 600 g - 1.4 kg
20799828_EA/20799699_EA **\$14**

FRESH FLAVOUR FOR ALL YOUR LONG WEEKEND ACTIVITIES



2/\$6 OR \$5 EA. **Traditional Hummus** 260 g 20501132_EA

2/\$6 OR \$5 EA. **Roasted Garlic Humm!** 283 g 21687331_EA

2/\$10 OR \$7 EA. **Roasted Red Pepper Protein Hummus** 3 x 100 g 21703711_EA

2/\$10 OR \$7 EA. **Chili Spiced Oil Humm!** 482 g 21687273_EA

fontaine santé

YOU COULD WIN 1 MILLION PC Optimum™ Points Prizes

BUY ANY 4 participating Kraft Heinz products and SCAN your PC Optimum™ card to enter



Heinz Ketchup Selected Varieties 750 mL - 1 L 20069080_EA **\$6**

Heinz Picnic Trio Selected Varieties 3 x 375 mL 20552158_EA **\$5**

Heinz Mayonnaise-style Sauces Selected Varieties 340 mL 21734588_EA/21734967_EA **\$2.99**

Pure J.L. KRAFT Dressing & Marinade Selected Varieties 355 mL 21581737_EA/21581659_EA **\$6**

MiO, Kool Aid & Crystal Light liquids or single-serve drink mix 48 mL Selected Varieties 20749494001_EA/20663423_EA **2/\$8** OR \$4.79 EA.

*NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends June 24, 2026 at 11:59 PM ET. Members can get an entry when they purchase four or more on any eligible Kraft Heinz at participating Retail Canadian Superstore, Real Atlantic Superstore, Your Independent Grocer, Fortinos, City Market, Zehrs, Loblaws, Valu-mart, Dominion, Provigo, No Frills, Maxi, Wholesale Club, Shoppers Drug Mart, Pharmaprix locations and scan their PC Optimum card at the time of purchase. Twenty Prizes of 1,000,000 PC Optimum points, that's like \$1,000 CDN in value when redeemed each. Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit <https://www.pcoptimum.com/contest-kraftheinzsummer>

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Pick your cherry favourite



Coca-Cola cherry

Coca-Cola cherry

Diet Coke cherry

vitaminwater cherry

smartwater cherry

MONSTER ENERGY cherry

Cherry flavoured.
Coca-Cola Ltd., used under license.

2/\$17* OR \$8.99 EA. **Coca-Cola® beverages** selected varieties 12x355 mL 21392782_C12

\$9.99* **Fuze® iced tea** selected varieties 12x341 mL 21723528_C12

2/\$6* OR \$3.49 EA. **vitaminwater® beverages** selected varieties 591 mL 20333194006_EA

2/\$7* OR \$4.49 EA. **smartwater® beverages** selected varieties 1 L 20154181_EA

2/\$7* OR \$4.29 EA. **Monster Energy® beverages*** selected varieties 444-473 mL 21747704_EA

Valid from May 14th to May 20th, 2026
* Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.
† This product may not be suitable for everyone. Please read the label for instructions.
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TEAM SAVINGS

For fans who love low blocks and low prices.

4.40 /100 G
PC® SPLENDIDO PARMIGIANO REGGIANO CHEESE
PRODUCT OF ITALY, DELI CUT
20377023_KG



ALWAYS LOW PRICE
\$5 /200 G



3.25 /100 G
FROM OUR CHEFS SERVICE CASE HAM
SELECTED VARIETIES
21696032_KG



\$4

ZIGGY'S SLICED MEATS
SELECTED VARIETIES
175 G
21592461_EA
21590279_EA



\$7

BOURSIN
SELECTED VARIETIES
150 G
20116794_EA
20591214_EA



2/\$11
OR \$6.50 EA

DAIYA DAIRY FREE CHEESE 170-227G
OR GUSTA VEGGIE BURGER 300 G
SELECTED VARIETIES
21660590_EA/21706716_EA



Optimum

Members Price
\$3

Non-Members
\$4

Members Save
\$1

PC® NAAN DIPPERS
SELECTED VARIETIES
SIZE
21092033_EA
**Must be a registered PC Optimum™ member to load and get this offer. *Open your PC Optimum™ app or visit pcoptimum.ca to get the offer



Optimum

Members Price
\$8

Non-Members
\$10

Members Save
\$2

FIESTA DIP TRAY
SELECTED SIZES
425G
21291689_EA
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Optimum

Get **3,000** pts
When you spend \$12*

\$3 back in points

SNACK FACTORY PRETZEL CRISPS
200 G
OR CHOCOLATE PRETZEL 155 G
21576333_EA
21676303_EA



KREMA

The rich and creamy yogurt you deserve



\$6

OLYMPIC KREMA YOGURT, 650 G
SELECTED VARIETIES
2058072001_EA/21567006_EA

\$4
NEW
iöGO nano CREAMY YOGURT POUCH, 4 X 90 G
SELECTED VARIETIES
21797970_EA/21709941_EA

\$4
NEW
iöGO nano YOGURT WITH FLAVOURED PEARLS, 4 X 100 G
SELECTED VARIETIES
21797970_EA/21709941_EA

\$4.50
SOURCE OF VITAMIN A & D
iöGO nano DRINKABLE YOGURT, 6 X 93 ML
SELECTED VARIETIES
21690945_EA/2060968001_EA

\$9
iöGO CREAMY, 0% OR LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
20609583001_EA/21622847_EA

\$12
iöGO CREAMY YOGURT
2 KG
SELECTED VARIETIES
20630092_EA

2/\$8 OR \$4.99 EA.
siggi's SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21659074_EA/21589925_EA

\$4
Astro BALKAN YOGURT
750 G
SELECTED VARIETIES
201852800100_EA/20171653001_EA

Our butchers cut quality meat in your store every day!



gourmet beef burgers
20775785_KG
21550474_KG



marinated top sirloin beef, chicken or pork kebabs
20636713_KG
20636715_KG



marinated beef flank steak
20648756_KG



marinated beef short ribs
20797535_KG

LIBERTÉ PROTEIN & TASTE



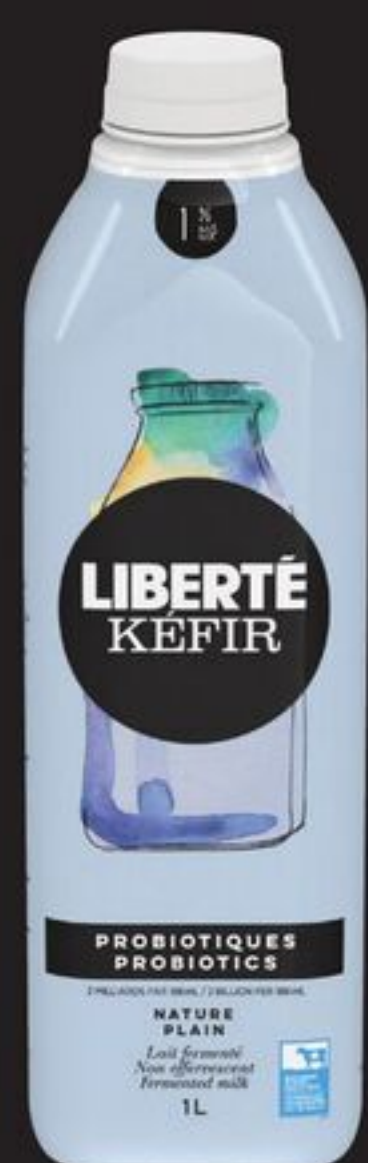
4⁵⁰ Liberté Méditerranée[®] or Liberté Grec[®] selected varieties
4 x 100 g

20801752003_EA
21685700_EA

5⁵⁰

Liberté Kefir[®] selected varieties
1 L

21216416_EA



\$5

Yoplait[®] Source[®] tubs selected varieties
630 g

21391318001_EA



\$5

Yoplait[®] Source[®] Protein[®]
650 g



21587047_EA
21720809_EA



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BETTER TEAR, SO MUCH SOFTER[®]
*vs. leading 1000-sheet brand

\$18 Charmin Bath Tissue, 12=48 roll, soft
21707532_EA

4X STRONGER WHEN WET[®]
*vs. Leading Canada 2-ply bath tissue

\$18 Charmin Bath Tissue, 12=48 roll, strong
21636641_EA

2X MORE ABSORBENT, SO YOU CAN USE LESS

*vs leading US ordinary brand

\$8

Bounty Paper Towel, Select A Size, 2=5 Roll
21670279_EA



MORE PAPER PER ROLL!^{}**
**compared to regular rolls

MORE PAPER PER PACK!^{*}**
***compared to smaller count pack

\$18

Bounty Paper Towel, Select A Size, 6=12 roll
21670280_EA



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Connect all you want.
Earn points for all you need.

Earn 20,000 pts
after 2 months of service



Mrs. MEYER'S[®] CLEAN DAY

INDOOR CARE for OUTDOOR PEOPLE



\$5

Mrs. Meyer's dish soap
473 mL
21583420_EA

\$20

Mrs. Meyer's laundry selected varieties
1.8 L
21583444_EA

\$12

Mrs. Meyer's concentrated multi surface cleaner refills selected varieties
946 mL
21106584_EA

\$6

Mrs. Meyer's multi surface cleaner
473 mL
21046908_EA