

APP EXCLUSIVE OFFER

*Open your PC Optimium™ app or visit pcoptimum.ca to get the offer

GET **5,000** pts

for every \$25* spent on fresh or frozen seafood

20720065_KG/21240991_EA

\$5 back in points

Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

\$8 LB/EA.

BAY SCALLOPS \$8 LB 17.64/KG
FROZEN 80-120 PER LB OR
PC® PACIFIC LARGE WHITE SHRIMP
\$8 EA, RAW OR COOKED PEELLED OR RAW ZIPPERBACK®
31-40 PER LB 400 G FROZEN
PÉTONCLES DE BAIE OU GROSSES
CREVETTES BLANCHES DU
PACIFIQUE PC®
21093213_KG
20788888_EA
20789931_EA

11.88 LB

4 DAY SALE
THURSDAY, MAY 7TH TO
SUNDAY, MAY 10TH

BONELESS BEEF RIB STEAK
CUT FROM MEXICAN BEEF
26.19/KG
BIFTECK DE CÔTE DE
BŒUF DÉOSSÉ
21497218_KG

2.99 LB



NO NAME® CHICKEN
DRUMSTICKS OR
THIGHS
FAMILY SIZE
6.59/KG
PILONS OU HAUTS DE
CUISSÉ DE POULET
SANS NOM®
20004094_KG
20058163_KG



\$20

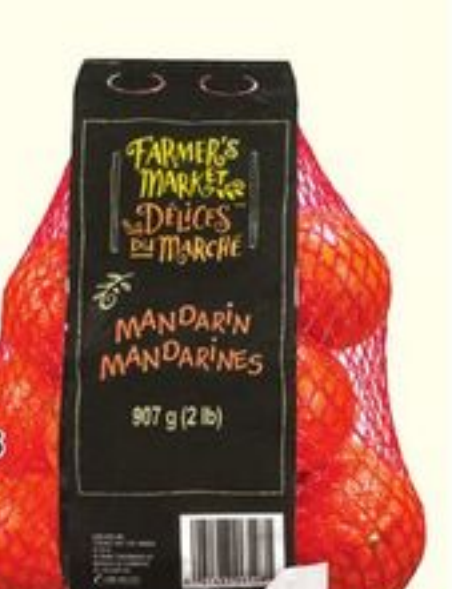
4 DAY SALE
THURSDAY, MAY 7TH TO
SUNDAY, MAY 10TH

LARGE VEGETABLE
OR FRUIT PLATTER
PREPARED IN-STORE
1.34-1.87 KG
GRAND PLATEAU
DE LÉGUMES OU
FRUITS
20081718_EA
20121599_EA



\$4

FARMER'S MARKET™
MANDARINS 2 LB
PRODUCT OF MOROCCO
OR SPAIN OR
FARMER'S MARKET™
GREENHOUSE PEPPERS
3'S PRODUCT OF CANADA
MANDARINES OU
POIVRONS DE SERRE
DÉLICÉS DU MARCHÉ™
20099819001_EA
20085851001_EA



SAVE 98¢
WHEN YOU BUY 2

2/\$7

OR \$3.99 EA.

WONDER BREAD OR BUNS
OR D'ITALIANO BUNS
SELECTED VARIETIES AND SIZES
20276206_EA
20297455_EA
20673736_EA



SAVE UP TO \$1.99

\$6

BOURSIN 150 G OR
PC® SPLENDIDO®
SLICED MEATS 100 G
SELECTED VARIETIES
BOURSIN
OU VIANDES
TRANCHÉES PC®
SPLENDIDO®
20116794_EA
21049131_EA



SAVE UP TO \$2.29

6.50

PC® ORANGE JUICE
2.5 L OR **SIGGI'S SKYR®**
TUBS 650/750 G
SELECTED VARIETIES
JUS D'ORANGE PC®
OU YOGOURT
SKYR SIGGI'S
21531644_EA
21533865_EA



\$17



KICKING HORSE
ORGANIC WHOLE
BEAN COFFEE
SELECTED VARIETIES
454 G
CAFÉ EN GRAINS
BIOLOGIQUE
KICKING HORSE
20322468001_EA
20322468006_EA



\$10



PC® 100% PURE
MAPLE SYRUP
500 ML
SIROP D'ÉRABLE
100% PUR PC®
20049221_EA



SAVE \$1.51

4.98

BLACK DIAMOND
CHEESE BARS 400 G,
SHREDS 300-320 G OR
PC® SHREDS 250-320 G
SELECTED VARIETIES
21060207_EA
21279221_EA



\$5

HEINZ KETCHUP
OR BICK'S PICKLES
SELECTED VARIETIES
750 ML-1L
KETCHUP HEINZ
OU CORNICHONS
BICK'S
20069080_EA
21675037_EA



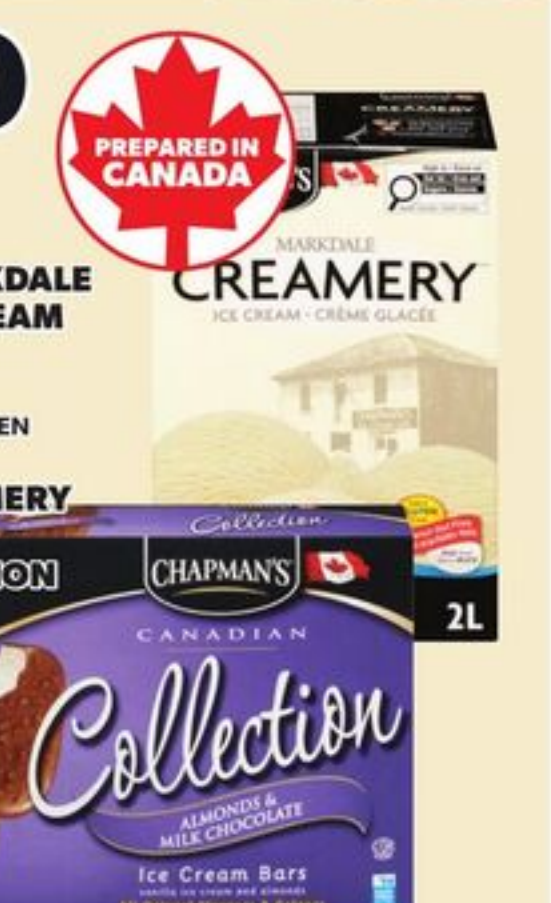
3.50

DR. OETKER
RISTORANTE OR
CASA DI MAMA
PIZZA 320-410 G,
PC® FOCACCIA OR
FLATBREAD PIZZA
330-456 G SELECTED
VARIETIES, FROZEN
PIZZA RISTORANTE
OU CASA DI MAMA
DR. OETKER, PIZZA
FOCACCIA OU PAIN
PLAT PC®
2029610001_EA
21013452_EA



4.50

CHAPMAN'S MARKDALE
CREAMERY ICE CREAM
2 L OR **COLLECTION**
NOVELTIES 6/8'S
SELECTED VARIETIES, FROZEN
CRÈME GLACÉE
MARKDALE CREAMERY
OU FRIANDISES
GLACÉES COLLECTION
CHAPMAN'S
20315236001_EA
20323757001_EA



7.99

COCA-COLA, CANADA DRY OR
PEPSI SOFT DRINKS
SELECTED VARIETIES
12X355 ML
PLUS DEPOSIT OR TAXES
WHERE APPLICABLE
BOISSONS
GAZEUSES
COCA-COLA,
CANADA DRY
OU PEPSI
20318694002_C12
203223361002_C12



2.50

PC® KETTLE
COOKED, LOADS
OF™ FLAVOUR
OR WORLD OF
FLAVOUR
POTATO CHIPS
SELECTED VARIETIES
200 G
CROUSTILLES
CUITES À LA
MARMITE, PLEINES
DE M°C OU SAVEURS
DU MONDE PC®
21422931_EA
2084091004_EA



SAVE UP TO 56%

6.50

CASHMERE BATHROOM
TISSUE 12 DOUBLE ROLLS,
SPONGETOWELS PAPER
TOWELS 3-6 ROLLS OR
SCOTTIES FACIAL TISSUE
6'S SELECTED VARIETIES
21204730_EA
21676130_EA



Mother's day made beautiful - Sunday, May 10th

\$16



FARMER'S MARKET™
BAR CAKES
SELECTED VARIETIES
675-770 G
21500693_EA
21500702_EA



FROM \$32

GET **7,000** pts
\$7 back in points

PC® PREMIUM OR
ELITE MOTHER'S
DAY BOUQUET
21087827_EA
21087772_EA



\$24

PREMIUM FRESH
BOUQUET
EACH
BOUQUET FRAIS
DE LA FERME
DE QUALITÉ
SUPÉRIEURE
21478148_EA



Optimum™

Get more on
More savings, more deals, more points
This week only! May 7th-13th**

More days
More days
More days

For more deal offers visit
www.yourindependentgrocer.ca
or scan



Flyer prices effective from Thursday, May 7th to Wednesday, May 13th, 2026. SEE BACK PAGE FOR DETAILS.

4⁵⁰

SIGGI'S SKYR 4X100 G,
PURE LEAF DRINKS 1.75 L OR
TROPICANA ZERO SUGAR
DRINKS 1.36 L
SELECTED VARIETIES
SKYR SIGGI'S, BOISSONS
PURE LEAF OU BOISSONS
ZÉRO SUCRE TROPICANA
20755752002_EA
21589925_EA

\$10

STARBUCKS GROUND
COFFEE 311/340 G, **K-CUPS** 10'S,
CREMA 202 G OR
INSTANT COFFEE 90 G
SELECTED VARIETIES
CAFÉ MOULU, K-CUPS,
CREMA OU CAFÉ
INSTANTANÉ STARBUCKS
20703838002_EA
20811040003_EA

3⁷⁵

PREPARED IN CANADA

SCOTSBURN OR
BAXTER CREAM
SELECTED VARIETIES
1L
CRÈME SCOTSBURN
OU BAXTER
20082602_EA/21025932_EA

Optimum

Members-Only Price™
5⁵⁰

Non-members
7⁹⁹

Members save **\$2.49**

matmeal Crisp

PROTEIN

FAMILY SIZE

15g with milk

Honey Nut Cheerios
REAL HONEY

APPLE CRISP

GENERAL MILLS
FAMILY SIZE
CEREAL
SELECTED VARIETIES
475-778 G
CÉRÉALES
FORMAT FAMILIAL
GENERAL MILLS
2103495_EA
21667658_EA

\$3

MADE GOOD
SNACK BARS
SELECTED VARIETIES
120-150 G
BARRES DE COLLATION
MADE GOOD
21722916_EA
21723241_EA

MADE GOOD
ORGANIC CRUNCHY
GRANOLA SQUARES
100% WHOLE GRAIN OATS
100% REAL FRUIT
100% REAL SWEETENERS

MADE GOOD
ORGANIC GRANOLA BITES
100% WHOLE GRAIN OATS
100% REAL FRUIT
100% REAL SWEETENERS

trail mix

\$5

PC® ICE CREAM
SHOP ICE CREAM
SELECTED VARIETIES
FROZEN
946 ML
CRÈME GLACÉE
DÉLICIES DU BAR
LAITIER PC®
21706410_EA
21706473_EA

1⁹⁹

DIANA BBQ SAUCE
500 ML, **BULLS-EYE**
BBQ SAUCE 425 ML
OR **KRAFT SALAD**
DRESSING 425 ML
SELECTED VARIETIES
SAUCE BBQ
DIANA, SAUCE
BBQ BULLS-EYE
OU VINAIGRETTE
KRAFT
20547834005_EA
21184617_EA
21584850_EA

\$5

CHRISTIE PREMIUM
PLUS CRACKERS
SELECTED VARIETIES
450/481 G
CRAQUELINS
PREMIUM PLUS
CHRISTIE
21109001_EA
21109004_EA

PREMIUM PLUS
UNSALTED TOPS

PREMIUM PLUS
SALTED TOPS

1³⁵

MICHELINA'S
DINNER ENTRÉES
156-284 G OR
SWANSON
POT PIE 200 G
SELECTED VARIETIES
FROZEN
PLATS CUISINÉS
MICHELINA'S OU
PÂTES SWANSON
20320525001_EA
21208614_EA

SAVE \$1.02
WHEN YOU BUY 3

3/4⁹⁸

OR \$2 EA.

BARILLA PASTA
SELECTED VARIETIES
410 G
PÂTES BARILLA
21404904_EA
21404912_EA

FARFALLE

Barilla

SPAGHETTI

SAVE 31%

13⁸⁸

ROOSTER®
JASMINE RICE
8 KG
RIZ PARFUMÉ AU
JASMIN ROOSTER®
20121871_EA

NEW CROP
A.A.A. PREMIUM SCENTED RICE
RIZ PARFUMÉ A.A.A. DE PREMIÈRE QUALITÉ
A.A.A. PREMIÈRE QUALITÉ
GAO THOM THÏÔNG HẠNG
MILAGROSA

6⁷⁵

PC® SOFT DRINKS
SELECTED VARIETIES
12X355 ML
BOISSONS GAZEUSES PC®
20218887027_C12
20690671001_C12

Low Sodium
CLUB SODA

COLA

\$4

NESTLÉ CELLO
CHOCOLATE POUCHES
SELECTED VARIETIES
76-210 G
CHOCOLATEN
SACHETS DE
CELLOPHANE
NESTLÉ
21569498_EA
21648229_EA

DRUMSTICK
NEW! NOVELTY!
WITH CHOCOLATE COME
FLOUTÉS CHOCOLATÉS BRÛLÉS

SMARIES

2/\$5

OR \$4.29 EA.

TWIZZLERS OR
JOLLY RANCHER
CANDY
SELECTED VARIETIES
283-454 G
FRIANDISES
TWIZZLERS OU
CORDES JOLLY
RANCHER
20022328004_EA
21689823_EA

Twizzlers
twists torsades

JOLLY RANCHER
ROPEB-CORDES

90¢

FANCY FEAST 85 G OR
FRISKIES 156 G
WET CAT FOOD
SELECTED VARIETIES
NOURRITURE
HUMIDE POUR
CHATS FANCY
FEAST OU FRISKIES
20302296001_EA
20316703_EA

\$11

TIDE DETERGENT
1.62-1.86 L, 18-31'S,
DOWNY OR
GAIN FABRIC
SOFTENER 1.66-2.63 L,
DOWNY,GAIN
BEADS 303-379 G OR
CASCADE LARGE
BAGS 21/26/30'S
SELECTED VARIETIES
21550428_EA
21593782_EA

SAVE UP TO 39%

\$12

COTTONELLE
BATHROOM TISSUE
SELECTED VARIETIES
12=48 ROLLS
PAPIER
HYGIÉNIQUE
COTTONELLE
21665900_EA
21665993_EA

Cottonelle
ULTRA

Cottonelle
COMFORT

2/\$40

OR \$23 EA.

PC® DELUXE
ANNUAL HANGING
BASKET
SELECTED VARIETIES
11 INCH
PANIER SUSPENDU
D'ANNUELLES DE
LUXE PC®
20753916_EA

PRODUCT OF CANADA

MAY

HIT OF THE MONTH

LOWEST PRICES. BEST DEALS.

Prices effective May 1 - 31, 2026
As compared to other major grocery retailers within your local areas. While quantities last. See in-store for details.

LIMIT 6 AFTER LIMIT \$3 EA.

TAKI'S ROLLED TORTILLA CHIPS
SELECTED VARIETIES
260-280 G
COUSTILLES DE TORTILLA R OULÉES TAKIS
21602195_EA/21715466_EA

\$2²⁵

LIMIT 6 AFTER LIMIT \$4 EA.

KRAFT MIRACLE WHIP
SELECTED VARIETIES
650-890 ML
MIRACLE WHIP
KRAFT
20298681001_EA

\$3

LIMIT 6 AFTER LIMIT \$2.50 EA.

MARGANGELO CHICKEN OR PORK SOUVLAKI 2 PACK
120 G
SELECTED VARIETIES
SOUVLAKI DE POULET OU PORC MARGANGELO
20902208_EA/21095022_EA

\$1⁸⁸

PREPARED IN CANADA

LIMIT 6 AFTER LIMIT \$5.99 EA.

HEAD MEN'S & WOMEN'S SOCKS
3'S
CHAUSSETTES POUR HOMMES ET FEMMES HEAD
21721517_EA
21721507_EA

\$4

Independent

CUSTOMER RELATIONS 1-866-727-0771. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-727-0771 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from April 9 - May 13, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YA YN BACK

PEFC
PEFC01-31-106
PEFC Certified
www.pefc.org

freshness you can taste

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$6

BLUEBERRIES PINT, PRODUCT OF MEXICO, PERU OR U.S.A. OR **PC® GREENHOUSE GROWN STRAWBERRIES** 340 G, PRODUCT OF CANADA, NO. 1 GRADE **BLEUETS OU FRAISES CULTIVÉES EN SERRE** PC^{MD} 20080137001_EA 21027142001_EA

\$4

FARMER'S MARKET™ GRAPE TOMATOES PRODUCT OF CANADA OR MEXICO 283 G **TOMATES RAISINS DÉLICIES DU MARCHÉ**^{PC} 21367883001_EA

\$6

CAULIFLOWER PRODUCT OF MEXICO OR U.S.A. EACH **CHOU-FLEUR** 20135377001_EA

5⁵⁰

FARMER'S MARKET™ AVOCADO BAG PRODUCT OF MEXICO 5'S **SAC D'AVOCATS DÉLICIES DU MARCHÉ**^{PC} 21644936001_EA

\$5

BLACKBERRIES OR RASPBERRIES PRODUCT OF MEXICO OR U.S.A. HALF PINT **MÛRES OU FRAMBOISES** 20051015001_EA 20128938001_EA

2⁵⁰ LB

SWEET POTATOES PRODUCT OF U.S.A. 5.51/KG **PATATES DOUCES** 20127708001_KG

SAVE \$1 LB

3⁵⁰ LB

HONEYCRISP APPLES PRODUCT OF ATLANTIC CANADA, CANADA FANCY GRADE 7.72/KG **POMMES HONEYCRISP** 20132621001_KG

\$4

FARMER'S MARKET™ MINI CUCUMBERS PRODUCT OF CANADA 3'S **MINI-CONCOMBRES DÉLICIES DU MARCHÉ**^{PC} 20737570001_EA

petals of appreciation for Mom

\$26

HYDRANGEA IN UPGRADE, HORTENSIA EN CONTENANT SUPÉRIEUR 21733663_EA

\$24

20 STEM TULIPS EACH, 20 TULIPES SUR TIGE 21293990_EA

\$30

MOTHER'S DAY TEAPOT EACH, THÉIÈRE DE LA FÊTE DES MÈRES 20762093_EA

\$22

MULTIFLORA ORCHID SELECTED VARIETIES, 3.5 INCH ORCHIDÉE MULTIFLORA 21664305_EA

feeling protein power-fuel

8⁵⁰

EXTRA LEAN GROUND BEEF GRASS FED 450 G **BŒUF HACHÉ EXTRA-MAIGRE** 21675592_EA

18⁵⁰ LB **PREPARED IN-STORE**

TOP SIRLOIN BEEF KEBAB CUT FROM CANADA AA GRADE BEEF OR HIGHER 40.79/KG **BROCHETTE DE HAUT DE SURLONGE DE BŒUF** 21462765_KG

\$15 **AIR CHILLED**

PC® WHOLE CHICKEN AIR CHILLED UP TO 1.7KG **POULET ENTIER** PC^{MD} 21658901_EA

SAVE \$1 **PREPARED IN CANADA**

\$7

PC® PORK SAUSAGE SELECTED VARIETIES 375-500 G **SAUCISSES DE PORCS** PC^{MD} 21584342_EA 21584308_EA

9⁵⁰

LOU'S BACK BACON DOUBLE SMOKED 375 G **BACON DE DOS LOU'S** 20285003_EA

\$19

BEYOND MEAT PLANT-BASED BURGERS 678 G OR **GROUND BEEF** 908 G FROZEN **BURGERS OU HACHÉ-VÉGÉ DE BŒUF À BASÉ DE PLANTES BEYOND MEAT** 21378994_EA 21702916_EA

find your catch in seafood

3⁵⁰

SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS SELECTED VARIETIES, READY-TO-EAT 227 G **GOBERGE À SAUVEUR DE CRABE OU HOMARD** SEAQUEST® FLOCONS OU MORCEAUX 20609832_EA

\$11

PC® SHRIMP APPETIZERS SELECTED VARIETIES, FROZEN 294-454 G **HORS-D'ŒUVRE DE CREVETTES** PC^{MD} 20080117_EA 20135874_EA

\$12

PC® BLACK TIGER SHRIMP RAW ZIPPERBACK® 16-20 PER LB 400 G OR **WILD ATLANTIC COLD WATER SHRIMP** COOKED PEELLED 150-200 PER LB 340 G FROZEN **CREVETTES TIGRÉES NOIRES OU CREVETTES NORDIQUES SAUVAGES DÉCORTIQUÉES** PC^{MD} 20021832_EA 20801192_EA

bakery deals rising daily

6⁵⁰



FARMER'S MARKET™
MUFFINS
SELECTED VARIETIES
6'S



5⁵⁰



FARMER'S MARKET™
BUTTER CROISSANTS
OR BUNS
SELECTED VARIETIES
260-336 G



\$6

GET 1,000⁺ back in points

FARMER'S MARKET™
LOAF Cakes, Whole or Sliced
OR SIMPLE JOY SLICED LOAF CAKES
SELECTED VARIETIES
344-400 G



4⁵⁰



SARA LEE LITTLE BITES OR VACHON SNACK CAKES
SELECTED VARIETIES AND SIZES
LITTLE BITES SARA LEE OU PETITS GÂTEAUX VACHON



SAVE 98¢ WHEN YOU BUY 2



2/\$8

OR \$4.49 EA.
COUNTRY HARVEST BREAD OR BAGELS
SELECTED VARIETIES AND SIZES
PAIN OU BAGELS COUNTRY HARVEST



\$3



SURAJ® NAAN
SELECTED VARIETIES 5'S
NAAN SURAJ®



Optimum Members-Only Price \$7

Members save \$1



Non-members \$8

MAPLE LEAF NATURAL SELECTIONS, SCHNEIDERS DELI SLICED MEATS
SELECTED VARIETIES 150-175 G
CHARCUTERIES TRANCHÉES NATURAL SELECTIONS MAPLE LEAF OU SCHNEIDERS



SAVE UP TO \$1



\$7

PC® DOUBLE CREAM BRIE
SELECTED VARIETIES 170-200 G
BRIE DOUBLE CRÈME PC®



\$7



CASTELLO HAVARTI, CHEDDAR OR BLUE CHEESE
SELECTED VARIETIES 125-200 G
HAVARTI, CHEDDAR OU BLEU CASTELLO



\$7



CHRIS BROTHERS SMOKED BONELESS SLICED HAM
SELECTED VARIETIES 300 G
JAMBON FUMÉ DÉOSSÉ TRANCHE
CHRIS BROTHERS



\$30

GET 5,000⁺ back in points

PARTY PLATTER
SELECTED VARIETIES 592 G-1 KG
PLATEAU DE CÉLÉBRATION



2/\$7



OR \$4 EA.
PC® DIPS OR HUMMUS 200-227 G OR
NAAN CRISPS 170 G
SELECTED VARIETIES
TREMPETTES OU HUMMUS OU BOUCHÉES NAAN PC®



on the run, we got you

\$16

14 PIECE WINGS
HOT OR CHILLED, SAUCED TO ORDER
861-933 G
14 MORCEAUX D'AILES



9⁹⁹

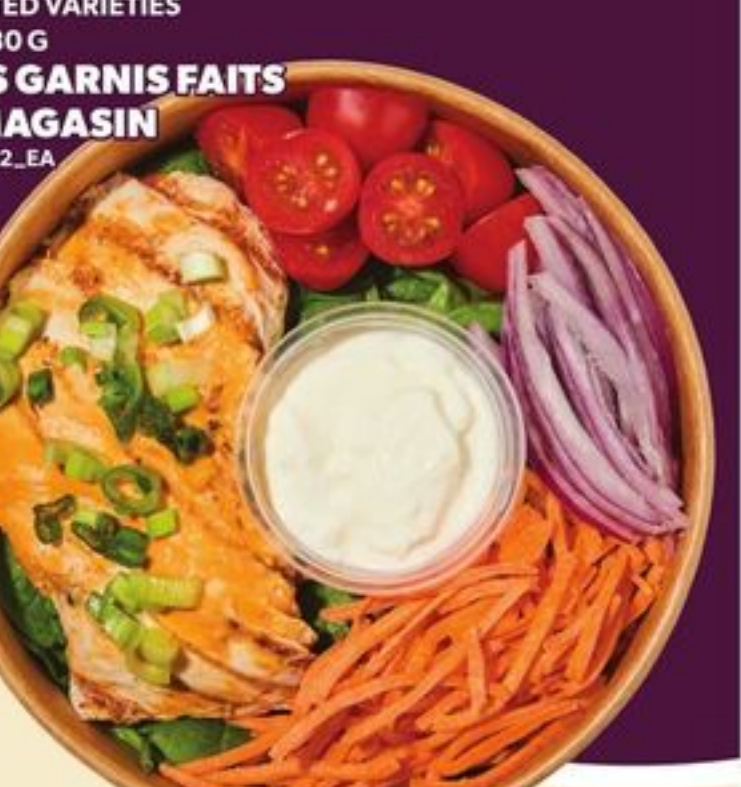


OLIVIERI FAMILY PACK PASTA
SELECTED VARIETIES 500-700 G
SAUCE EN EMBALLAGE FAMILIAL OLIVIERI



\$10

IN-STORE MADE LOADED BOWLS
SELECTED VARIETIES 345-380 G
BOLS GARNIS FAITS EN MAGASIN



Family meals

FROM **\$16** NEW

IN-STORE PREPARED ONE PAN FAMILY MEALS
SELECTED VARIETIES 820-960 G
REPAS FAMILIAUX EN UN PLAT PRÉPARÉ EN MAGASIN





Get more on

More savings, more deals, more points
This week only! May 7-13**

Moredays Moredays Moredays Moredays

Moredays

Members get **5,000^(pts)** for every *10* spent on

\$5 back in points

KELLOGG'S CEREAL
SELECTED VARIETIES
317-525 G
20647161_EA
21652093_EA

special K original

Kellogg's VERY HIGH FIBRE
MADE WITH 100% WHOLE GRAIN
MINI-WHEATS!
ORIGINAL

Moredays

Members get **3,000^(pts)** for every *10* spent on

\$3 back in points

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR **FROSTINGS** 340-450 G
SELECTED VARIETIES
20562641009_EA
21547837_EA

Betty Crocker Whipped VANILLA

Betty Crocker Super Moist
Rainbow Bit • Brisures arc-en-ciel
cake mix • mélange à gâteau

Moredays

Members get **1,500^(pts)** for every *7* spent on

\$1.50 back in points

KNORR OR LIPTON SOUP MIX
SELECTED VARIETIES
40-338 G
20308188002_EA
20308188007_EA

Lipton Tomato Vegetable
Tomate et légumes

Moredays

Members get **1,000^(pts)** when you buy 2

\$1 back in points

4²⁵

CHRISTIE CRACKERS
SELECTED VARIETIES
162-200 G
21030647_EA
21547034_EA

RITZ original

triscuit ORIGINAL
MADE WITH SEA SALT

Moredays

Member Only Price* **\$4**

Members save **\$1**

Non-Members \$5

DORITOS FLAVOURED TORTILLA CHIPS OR TOSTITOS TORTILLA CHIPS
SELECTED VARIETIES
210-295 G
21050581_EA
21693042_EA

Tostitos ROUNDS-ROUNDES

Moredays

Members get **5,000^(pts)** for every *10* spent on

\$5 back in points

KNORR GRAVY AND SAUCE MIX 22-48 G, **BASE FLAVOUR PASTES** 113 G, **BOUILLON CUBES OR POWDERS** 63-250 G OR **LIQUID CONCENTRATE** 250 ML
SELECTED VARIETIES
20320060_EA
2032323001_EA
21683454_EA

Knorr ALFREDO
PASTA SAUCE MIX
MÉLANGE À SAUCE POUR PÂTES

Knorr OXO Chicken Poulet
16 Sachets
72 g

Knorr ROASTED CHICKEN
POULET ROTI

Moredays

Members get **1,000^(pts)** when you buy 3

\$1 back in points

3⁷⁹

SWISS CHALET OR MONTANA'S READY TO SERVE SOUP
SELECTED VARIETIES
540 ML
21313335_EA
21690570_EA

MONTANA'S BBQ & BAR
RIBS
CÔTES LEVÉES
avec légumes

SWISS CHALET
VEGETABLE SOUP
SOUPE VEGETARIENNE

Moredays

Members get **2,000^(pts)** when you buy 2

\$2 back in points

\$4

CHRISTIE PEEK FREANS COOKIES 275-350 G OR **CADBURY FINGERS CHOCOLATEY COOKIE BISCUITS**
114-125 G
SELECTED VARIETIES
20679968_EA
21631880_EA

Christie FAMILY DIGESTIVE
Biscuits

Cadbury FINGERS

Moredays

Members get **1,000^(pts)**

\$1 back in points

17⁹⁹

GOGO SQUEEZ FRUIT SAUCE POUCHES
SELECTED VARIETIES
20X90 G
21547671_EA
21547693_EA

GoGo SQUEEZ

Moredays

Members get **1,000^(pts)**

\$1 back in points

\$10

CAVENDISH FRIES, ONION RINGS, WEDGES OR HASHBROWNS
1-2.25 KG OR **PC® VEGETABLES** 1.75 KG
SELECTED VARIETIES
FROZEN
20827761_EA
21096317_EA

Broccoli Florets
FLEURONS DE BROCCOLI

Cavendish Flavour CRISP
CLASSIC / CLASSIQUE

Moredays

Members get **500^(pts)**

3⁵⁰

CHRISTIE KIDS COOKIES
SELECTED VARIETIES
144-200 G
21584976_EA
21581555_EA

OREO mini
MADE WITH REAL COCOA

Christie Mini Chips Ahoy!
CHOCOLATE CHIPS

Moredays

Member Only Price* **3⁵⁰**

Non-Members \$4

MOTT'S FRUITSATIONS APPLE SAUCE
SELECTED VARIETIES
4X104/111 ML
20324241001_EA
20324241008_EA

Mott's Fruitsations

Moredays

Members get **1,000^(pts)**

\$1 back in points

\$7

WHISKAS TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21012108_EA

Whiskas Temptations

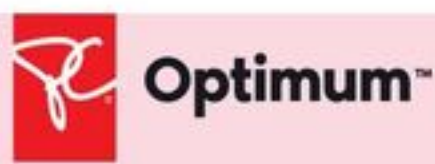
Moredays

Members get **150^(pts)**

89[¢]

WHISKAS WET CAT FOOD POUCH
SELECTED VARIETIES
85 G
21659470_EA
21659652_EA

whiskas Favourites / Favoris



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This week only! May 7-13**

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APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Members get **1,500 pts** back in points

\$150 back in points

\$6

CANTALOUPE
PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL (EACH)
20167017001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **8,000 pts** back in points

\$8 back in points

PREPARED IN CANADA

17⁹⁹

PC® OLD FASHIONED STYLE BACON
1 KG
20115704_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Member Only Price™

3⁵⁰ Members save \$1

4⁵⁰ Non-Members

PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES, FROZEN
212-365 G
20312253001_EA
20987543_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts** for every \$10* spent on

\$4 back in points

CHRISTIE COOKIES
SELECTED VARIETIES
224-303 G
21358407_EA
21361508_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts** for every \$10* spent on

\$4 back in points

SILK NON-DAIRY BEVERAGES
SELECTED VARIETIES
890 ML-1.89 L
203155090001_EA
21357595_EA
21731288_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts** for every \$10* spent on

\$4 back in points

ANGIE'S POPCORN OR PUFFS
SELECTED VARIETIES
102-397 G
20770751_EA
20817095_EA
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Moredays
APP EXCLUSIVE OFFER

Members get **8,000 pts** for every \$20* spent on

\$8 back in points

NATURE VALLEY, FIBRE 1 OR CHEX
SELECTED VARIETIES AND SIZES
20849323_EA
21675986_EA
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Moredays
APP EXCLUSIVE OFFER

Members get **2,500 pts** back in points

\$2⁵⁰ back in points

PREPARED IN CANADA

5⁷⁵

PC® BLUE MENU® OR PC® SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21747415_C12
21747404_C12
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **8,000 pts** for every \$16* spent on

\$8 back in points

SWIFFER STARTER KITS
SELECTED VARIETIES
21625788_EA
21625498_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Optimum

GET **10,000 pts** for every \$100* spent on

\$10 back in points

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May 7 - 13

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- Unlimited grocery delivery or pickup
- Earn 2% back in pts with eligible pickup orders**

Learn more

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** Offer valid until May 20, 2026. Conditions apply, see site for details.

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Esso Mobil

App exclusive mystery offer

Earn up to 10¢/L in pts

Reveal your exclusive mystery offer in the App, then fuel up at Esso™ or Mobil™ stations!
4 days only! May 7-10

Optimum™

SURPRISE OFFER
This week only
Thursday, May 7th - Wednesday, May 13th

You could get **30%** or **20%** or **10%** back in pts

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Available for new and existing PC Optimum™ members.



for all your
**household
paper
essentials**

21⁹⁹

APP EXCLUSIVE OFFER*

GET **3,000^{pts}** **\$3** back in points

**PC® BATHROOM
TISSUE**
30=100 ROLLS
21450846_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$9

**PC® BATHROOM
TISSUE**
SELECTED VARIETIES
12=24 ROLLS
21450718_EA



24⁹⁹

APP EXCLUSIVE OFFER*

GET **3,000^{pts}** **\$3** back in points

PC® PAPER TOWEL
12 ROLLS
21558605_EA



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\$8

APP EXCLUSIVE OFFER*

GET **1,000^{pts}** **\$1** back in points

**PC® DINNER
NAPKINS**
2 PLY
180 COUNT
20084398_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$9

PC® FACIAL TISSUES
6'S
20181283_EA

