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SPECIALS BY EMAIL.

Ambrosia NATURAL FOODS

Canadian Family Owned & Operated Since 1979

HAPPY
Mother's
Day

MAY
SUPER SPECIALS



VISIT WWW.AMBROSIA.CA
TO SHOP ONLINE & GET IT
DELIVERED TO YOUR DOOR!

EVERY-DAY LOW PRICED HEALTH FOODS | CERTIFIED ORGANIC PRODUCE | ALL NATURAL HEALTH & BEAUTY
VITAMINS & SUPPLEMENTS | NATURAL & ORGANIC GROCERIES | QUALITY BULK FOODS | HEALTHY EATING



SAVE
\$1.30/lb

6.49
/lb

**BULK NATURAL WHOLE
ALMONDS** Product of California



SAVE
\$2.11/lb

8.88
/lb

**BULK ORGANIC DRIED TURKISH
APRICOTS** Product of Turkey



SAVE
\$1.27

2.22
ea

TONICA ORGANIC KOMBUCHA
355ml



SAVE
\$1.00

2.99
ea

KETTLE BRAND POTATO CHIPS
Select Varieties



SAVE
80¢

2.99
ea

**SMART SWEETS LOW-SUGAR
CANDY** Select Varieties



SAVE
\$1.55

4.44
ea

**NAIRNS GLUTEN-FREE OAT
COOKIES** 160g



SAVE
\$1.25

4.44
ea

**KING ISLAND PURE COCONUT
WATER** 1L



SAVE
\$1.50

4.99
ea

**JOVIAL ORGANIC CASSAVA
PASTA** 227g



SAVE
\$1.44

5.55
ea

**JOVIAL ORGANIC BROWN RICE
PASTA** Select Varieties



SAVE
\$2.94

5.55
ea

ELMHURST DAIRY-FREE BEVERAGE
946ml



SAVE
\$2.46

13.33
ea

**HERBATINT PERMANENT HAIR
COLOUR GEL** 170ml



SAVE
\$8.00

19.99
ea

**GREAT LAKES WELLNESS BOVINE
COLLAGEN** 284g



SAVE
\$5.57

22.22
ea

**NATURAL CALM MAGNESIUM
POWDER** 226g



SAVE
\$6.74

35.55
ea

NEW ROOTS WILD OMEGA-3
120 Soft Gels



SAVE
\$12.01

38.88
ea

A. VOGEL PROSTATE 1 60 Caps



20%
OFF

AOR ADVANCED B COMPLEX
180 Veg Caps

FOLLOW US



LOCAL DELIVERY
AVAILABLE THROUGH:



LESLIEVILLE

1557 Queen Street East
queen@ambrosia.ca
+1 (416) 257-1557

NOW OPEN!

NEWMARKET

17555 Yonge Street
newmarket@ambrosia.ca
+1 (289) 903-1755

THORNHILL

55 Doncaster Avenue
thornhill@ambrosia.ca
+1 (905) 881-7811

VAUGHAN

57 Northview Blvd.
vaughan@ambrosia.ca
+1 (905) 264-2510

TORONTO

1725 Avenue Road
avenue@ambrosia.ca
+1 (647) 748-1725

STORE HOURS Mon-Fri: 9:00am - 9:00pm | Saturday: 9:00am - 6:00pm | Sunday: 10:00am - 6:00pm

PRICES VALID FROM MAY 1-31, 2026 AND ONLY WHILE QUANTITIES LAST. SOME PRICES MAY BE AVAILABLE ONLY IN-STORE. PICTURES MAY NOT BE EXACTLY AS SHOWN (WE RESERVE ALL RIGHTS AND LIMIT QUANTITIES)



A healthy
serving of natural
metabolic support.

Available in store and online.





NUTS TO YOU *plus*



DAIYA GLUTEN-FREE PLANT-BASED PIZZA Select Varieties
7⁷⁷ ea



DAIYA PERSONAL SIZE PIZZA 2-Pack
8⁸⁸ ea



BOB'S RED MILL ORGANIC GLUTEN-FREE ROLLED OATS Assorted Varieties
9⁹⁹ ea



CHOSEN FOODS AVOCADO OIL MAYONNAISE Select Varieties
12²² ea



NUTS TO YOU ALMOND BUTTER 735g
13³³ ea



ACROPOLIS ORGANICS EXTRA VIRGIN OLIVE OIL 1L
37⁷⁷ ea



DESERT ESSENCE SHAMPOO OR CONDITIONER Assorted Varieties
8⁸⁸ ea



NATURE'S WAY SPIRULINA 100 Caps
13⁹⁹ ea



NATURE'S WAY VALERIAN ROOT 180 Caps
16⁴⁹ ea



NOW WHOLE PSYLLIUM HUSKS 454g
16⁴⁹ ea



NOW B12 WITH FOLIC ACID 250 ctabs
19⁹⁹ ea



HIMALAYA WHITENING HYDROXYAPATITE TOOTHPASTE 113g
11¹¹ ea



HIMALAYA MORINGA - 500MG 60 Veg Caps
17⁹⁹ ea



HIMALAYA ORGANIC ASHWAGANDHA 60 Caplets
22²² ea



FLORA IRON+ 445ml
22²² ea

PULP & PRESS™





VEGAN COLLAGEN BOOSTER!

Discover Europe's #1 supplement for healthy hair, smoother skin & stronger nails

Accept NO artificial imitations - insist on the 100% PURE **World Famous Original!**

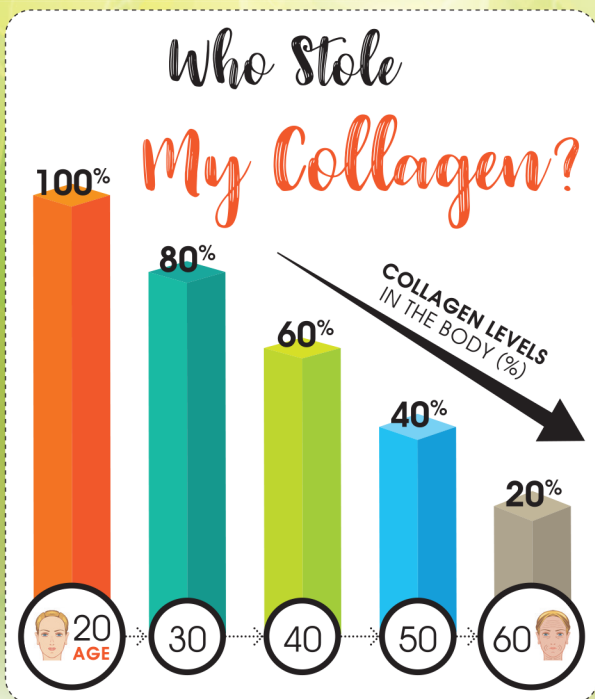
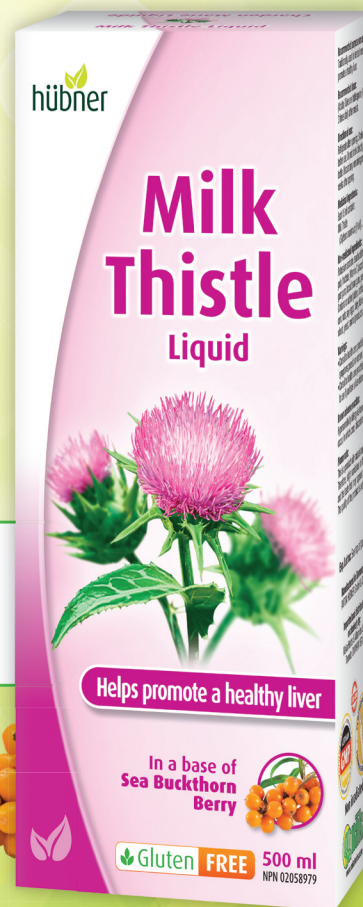


Detoxify and Revitalize your liver with liquid

Milk Thistle

- Detoxify your liver
- Improve mood
- Cholesterol support
- Chronic fatigue support

Also featuring the benefits of **SEA BUCKTHORN BERRY**



- Ease joint pain & inflammation
- Helps support bone density
- Supports healthy skin, hair & nails

