

# FRESH CO

## THE BIG % EVENT

**NOW**  
**2.99**  
/lb or ea



**Cherries**  
Product of USA  
No. 1 Grade 6.59/kg or  
**Honeydew Melon**  
Product of Guatemala  
Cerises ou melon miel

**SAVE 37%**  
**\$5**



**Fresh Chicken Thighs or Drumsticks**  
Bone-In  
reg 8.00  
Poulet

**SAVE UP TO 23%**  
**\$5**



**Häagen-Dazs Ice Cream 400-450 mL**  
or **Novelties 3-4 pk Nestlé Real Dairy**  
or **Confectionery Frozen Dessert**  
1.5 L **Drumstick** or **Novelties 4-10 pk**  
reg 5.99-6.49  
Crème glacée, nouveautés ou desserts glacés

**SAVE UP TO 35%**  
**10.99**



**Compliments Beef, Chicken or Turkey Burgers**  
Frozen 680-907 g or  
**Smoked Sausages**  
900 g reg 12.99-16.99  
Burgers ou saucisses

**SAVE 50%**  
**1.50**



**Coca-Cola or Pepsi Soft Drinks**  
2 L Selected  
Varieties  
reg 2.99  
LIMIT OF 4  
AFTER LIMIT \$2.49  
Boissons gazeuses

**SAVE 33%**  
**2.99**



**Black Diamond Cheese Slices 410 g**  
Fromage

**SAVE 38%**  
**2.29**



**Dempster's Hot Dog or Hamburger Buns**  
8 pk reg 3.69  
Pains à hot-dog ou à hamburger

**SAVE UP TO 41%**  
**2.75**



**Lay's Potato Chips**  
177-235 g or  
**Smartfood** 150-220 g  
reg 3.99-4.69  
Croustilles ou mais soufflé

**150 PTS**  
when you buy 2

**SAVE 33%**  
**2.99**



**Summer Fresh Dips or Hummus**  
200-227 g or  
**Salsa** 227 mL reg 4.49  
Tremettes, hummus ou salsa

**SAVE 43%**  
**1.99**



**Fruitopia Drinks or Minute Maid Lemonade 1.75 L or I Can't Believe It's Not Butter! 400 g**  
Boissons ou tartinaide

**NOW**  
**6.99**



**Green Ocean Basa Fillets**  
Frozen 907 g or  
**Argentinian Raw Shrimp** 11-15 ct  
Frozen 300 g  
Filets de basa ou crevettes

**SAVE UP TO 45%**  
**10.99**



**Cashmere Bathroom Tissue**  
30-50 rolls or **SpongeTowels**  
6-12 rolls reg 18.99-19.99  
Mouchoirs ou essuie-tout

**SAVE 35%**  
**12.88**



**Kim Phat Jasmine Rice 8 kg**  
reg 19.99  
Riz

**GET UP TO**  
**1,750 PTS** \*

**WHEN YOU LOAD THIS OFFER**  
APRIL 30 - MAY 20, 2026

LOAD THIS OFFER AND GET 250 PTS ON 3 TRANSACTIONS OF \$50 AND GET 1,000 PTS BONUS FOR USING THESE OFFERS\*

\*See back page for full terms & conditions. Card must be registered and offer must be loaded, eligible \$50+ transactions must be made on 3 separate days

**SPEND \$50+**


1<sup>st</sup> shop GET 250 PTS

2<sup>nd</sup> shop GET 250 PTS

3<sup>rd</sup> shop GET 1,250 PTS




PRODUCT SELECTION MAY VARY BY LOCATION



**Flyer in effect May 14-20, 2026.**

Prices in effect in Ontario, Excludes Thunder Bay.



**SAVE UP TO 27%**  
**\$5**

**Heinz Ketchup**  
750 mL-1 L or  
**Kraft Miracle Whip**  
650-890 mL  
Ketchup ou tartinaide

**SAVE UP TO 26%**  
**16<sup>99</sup>**

**Folgers K-Cups**  
30 pk or  
**Ground Coffee**  
544-816 g  
reg 21.99-22.99  
Café

**SAVE 16%**  
**4<sup>99</sup>**

**Compliments Cheese Bars** 400 g or  
**Shredded Cheese** 226-320 g  
Fromage

**SAVE UP TO 28%**  
**\$5**

**Compliments Sliced Cheese** 160-170 g or  
**Halloumi, Camembert, Brie** 170-200 g  
reg 5.99-6.99  
Fromage

**SAVE 38%**  
**2<sup>99</sup>**

**Tostitos**  
205-300 g  
Croustilles

**SAVE 24%**  
**1<sup>29</sup>**

**Dare Breaktime Cookies** 250 g  
reg 1.69  
Biscuits

**SAVE 28%**  
**5<sup>99</sup>**

**McCain Pizza Pockets** 6 pk reg 8.29  
Pizzas pochettes

**SAVE 38%**  
**\$4**

**Armstrong Natural Cheese Slices**  
220-240 g  
Fromage

**SAVE 19%**  
**36<sup>99</sup>**

**Pampers Super Econo Pack Diapers** 66-174 pk reg 43.99  
Couches

**SAVE UP TO 37%**  
**3<sup>77</sup>**

**Healthy Choice Gourmet Steamers**  
269-306 g or **Hungry-Man Dinners**  
360-455 g reg 5.29-5.99  
Repas surgelés

**SAVE 31%**  
**4<sup>49</sup>**

**Cadbury Dairy Milk Chocolate Bar**  
180 g reg 6.49  
Chocolat

**SAVE 46%**  
**\$2**

**Christie Kids Cookies**  
Selected Varieties  
180 g reg 3.69  
Biscuits

**Scene 1,000 PTS = \$10 OF FREE GROCERIES**

**100 PTS** when you buy 2  
**SAVE UP TO 28%**  
**6<sup>44</sup>**

**Nescafé Rich Instant Coffee** 100-170 g or  
**Sweet & Creamy** 18 pk  
reg 7.99-8.99  
Café

**100 PTS** when you buy 2  
**SAVE 16%**  
**6<sup>29</sup>**

**Gatorade**  
6x591 mL or 8x355 mL  
reg 7.49  
Boissons désaltérantes

**100 PTS** when you buy 2  
**SAVE 16%**  
**6<sup>29</sup>**

**Bubly** 12x355 mL or  
**Montellier** 10x355 mL  
reg 7.49  
Eau pétillante

**200 PTS** when you buy 3  
**SAVE 25%**  
**2<sup>99</sup>**

**Kellogg's Eggo Waffles** 270-330 g  
reg 3.99  
Gaufres

**100 PTS** when you buy 2  
**SAVE 11%**  
**6<sup>99</sup>**

**Sigg's Yogurt**  
650-750 g  
Yogourt

**100 PTS** when you buy 2  
**SAVE UP TO 20%**  
**3<sup>99</sup>**

**Ocean Spray Cocktail** 1.89 L or  
**100% Juice** 1.77 L  
reg 4.49-4.99  
Cocktail ou jus

**100 PTS** when you buy 3  
**SAVE UP TO 65%**  
**\$2**

**Aylmer Accents** 540 mL,  
**Hunt's Manwich** 398 mL or  
**Hunt's Tomato Sauce** 680 mL  
reg 2.79-3.29  
Légumes mijotés ou sauce

**100 PTS** when you buy 2  
**SAVE 20%**  
**3<sup>99</sup>**

**Softsoap Hand Soap**  
332 mL reg 4.99  
Savon à mains

**100 PTS** when you buy 2  
**SAVE UP TO 36%**  
**6<sup>99</sup>**

**Colgate Total Mouthwash** 1 L,  
**PerioGard** or **Pro Relief Toothpaste**  
70-120 mL, 360 or **Bluey Toothbrush**  
reg 7.99-10.99  
Rince-bouche, dentifrice ou brosse à dents

**300 PTS** when you buy 3  
**SAVE 25%**  
**2<sup>99</sup>**

**Nature Valley Sweet & Salty, Protein or Fibre 1 Bars** 125-226 g reg 3.99  
Barres

**150 PTS** when you buy 3  
**SAVE 21%**  
**2<sup>75</sup>**

**Quaker Crispy Minis** 100 g or  
**Rice Cakes** 127-199 g  
reg 3.49  
Craquelins de riz

**Scene DIGITAL EXCLUSIVE**  
MAY 14-20, 2026  
\*terms and conditions apply

Load this offer and get **20% off** for every pack of **Strawberries**  
Product of Mexico or USA, No. 1 Grade 454 g  
Fraises

**20% off**

Load this offer and get **50 pts** for every **Tre Stelle Cream Cheese** 200 g  
Fromage à la crème

**50 pts**

**NICOTINE POUCHES**  
NICOTINE REPLACEMENT THERAPY

**ZONNIC** can help you quit smoking.

120 pouches for **\$64.95** +TAX

Ask your pharmacist.

**18+** This product may not be right for you. Always read and follow the label.

**WARNING:** This product contains nicotine. Nicotine is highly addictive. Only to be used by adults who are trying to quit smoking.

Offer valid April 30 - May 23, 2026. Offer must be loaded to registered Scene+ Card prior to transaction. Minimum \$50 spend must be made in a single transaction. Limit (1) 250 points allotment per transaction, and three (3) total allotments on three (3) separate transactions. 1,000 points bonus to be awarded within 4 weeks of the end of the offer period and qualifying purchases must be made on different days. Offer excludes taxes, rental fees, event tickets, third party sellers, pre-paid cards, postal products and services, Western Union, MasterCard, Starbucks, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco, lottery, photo finishing and other products that are excluded by law. Offer valid at all FreshCo and Chain FreshCo stores in Canada.

The Scene+ Loyalty Program is available at all participating FRESHCO locations within ONTARIO. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, MasterCard, Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental products, fuel and other goods and services which are non-discountable or excluded by law. For Full Scene+ Terms & Conditions or to redeem your points, visit https://www.sceneplus.ca/terms-and-conditions. All offers are subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobey's Capital Incorporated. Offers valid Thursday, May 20, 2026 to Wednesday, May 26, 2026. Prices in effect while supplies last. We reserve the right to limit quantities. No ratchets except as advertised. All price savings shown in this flyer are measured against our lowest regular retail prices offered at our stores in the applicable trade area. Guarantee does not apply to items owned, operated or franchised by Sobey's Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lowest prices", "low prices" and other similar statements in our ads is as compared to the full-savory banners operated by Sobey's Capital Incorporated. See in-store or FreshCo.com for full details of our Guarantees. All Guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may not be discounted by law (the "limitations"). **LOWEST PRICE GUARANTEE:** Subject to the limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for 1¢ less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario, No Frills, Food Basics, Real Canadian Superstore, and Walmart British Columbia, Alberta, Saskatchewan, and Manitoba; No Frills, Real Canadian Superstore, Walmart and Save-On-Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. **DOUBLE FRESH GUARANTEE:** Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 90 days of purchase and we will refund the purchase price and provide you with an identical replacement product while supplies last. **IN-STOCK GUARANTEE:** Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in this store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICES IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY**

**NOW**  
**3.99**  
ea or /lb

**Blackberries** 170 g Product of Mexico or  
**Red Seedless Grapes** Product of Chile No. 1 Grade 8.80/kg  
Mûres ou raisins

**NOW**  
**3.99**  
ea or /lb

**Asparagus**  
Product of Ontario,  
Canada No. 1, 8.80/kg or  
**Sweet Vidalia Onions** 3 lb  
Product of USA No. 1 Grade  
Asperges ou oignons

**NOW**  
**1.99**  
/lb

**Bartlett Pears**  
Product of Argentina Fancy Grade  
or **Forelle Pears** Product of South  
Africa Fancy Grade 4.39/kg  
Poires

**NOW**  
**1.79**  
/lb

**Seedless Oranges** Product of  
Morocco or Spain 3.95/kg  
Oranges

**NOW**  
**1.79**  
/lb

**Pink Lady Apples**  
Product of USA Extra Fancy Grade  
or **Red Prince Apples** Product of  
Ontario Extra Fancy Grade 3.95/kg  
Pommes

**NOW**  
**2.49**  
/lb

**Sweet Green Bell Peppers** Product  
of USA or **Green or Grey Zucchini**  
Product of USA or Mexico 5.49/kg  
Poivrons

**50 PTS**  
when you buy 2

**NOW**  
**1.49**

**Seedless Cucumbers**  
Product of Ontario, Canada No. 1  
Concombres

**50 PTS**  
when you buy 1

**NOW**  
**2.49**

**Mini Seedless Cucumbers** 6 pk  
Product of Ontario, Canada No. 1  
or **Grape Tomatoes** 283 g  
Product of Canada or Mexico  
Concombres ou tomates

**50 PTS**  
when you buy 1

**NOW**  
**2.49**

**Compliments**  
**Whole White or Brown Mushrooms**  
227 g Product of Ontario  
Champignons

**50 PTS**  
when you buy 1

**NOW**  
**3.99**

**Compliments**  
**Baby Arugula, Spinach or**  
**Spring Mix** 142 g or **Fresh Attitude**  
**Salad Kits** 155-185 g Product of USA  
Roquette, épinards, mélange printanier ou  
salades avec garnitures

**NOW**  
**16.99**  
/lb

**Angus Beef**  
**Boneless Top Sirloin Grilling Steaks**  
Cut From Canada AA Beef or Higher 37.45/kg  
Bœuf

**NOW**  
**\$8**

**Boneless Tenderized Pork Cutlets**  
Côtelettes de porc

**SAVE UP TO \$1.99**  
**\$5**

**Maple Lodge or Zabiba Halal Chicken Sausages**  
375-500 g or **Chicken Sticks** 300 g  
Saucisses ou bâtonnets de poulet

**SAVE \$4**  
**9.99**

**Schneiders Original Juicy Jumbos**  
or **Red Hots Wieners** 900 g  
Saucisses fumées

**SAVE \$3**  
**\$11**

**MarcAngelo Bacon Wrapped Beef** or  
**Chicken Medallions** 340-452 g  
Bœuf, médaillons de poulet

**SAVE \$3**  
**12.99**

**Janes Ultimates**  
**Chicken Wings** Frozen 754 g  
Ailes de poulet

**SAVE \$5**  
**13.99**

**High Liner**  
**Pan-Sear Fish** Frozen 500-540 g  
Poisson

**SAVE UP TO \$3.50**  
**4.99**

**Castello**  
**Havarti** 170-200 g,  
**Tre Stelle Ricotta**  
400-475 g or  
**Halloumi Cheese**  
200 g  
Fromage

**100 PTS**  
when you buy 2

**SAVE \$2**  
**7.99**

**Piller's**  
**Deli Meats Duo Club Size** 300-350 g  
Charcuteries

**SAVE UP TO \$4**  
**8.99**

**Tre Stelle**  
**Parmigiano Reggiano**  
or **Grana Padano**  
**Cheese** 200 g  
Fromage

**Scene+ MEMBER PRICING**  
**SAVE \$1**  
**2.49**  
without Scene+ Card

**Dempster's**  
**White or Whole Wheat**  
**Bread** 675 g  
Pain

**NOW**  
**2.49**

**Hostess**  
**Snack Cakes**  
167-231 g  
Gâteaux

**SAVE 90¢**  
**3.29**

**Dempster's**  
**Bagels** 5-6 pk  
Selected  
Varieties  
Bagels

**SAVE 70¢**  
**3.49**

**Dempster's**  
**Tortillas**  
426-640 g  
Selected  
Varieties  
Tortillas

**SPEND \$100 IN BOSTON PIZZA GIFT CARDS & GET 1,500 SCENE+ POINTS!**

Offer valid during May 14 - 20, 2026. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability

**SAVE UP TO \$1.50**  
**3.99**

**Christie Family Size Crackers**  
Selected Varieties  
345-454 g  
Craquelins



**SAVE \$1.50**  
**5.49**

**Kellogg's Family Size Cereal**  
450-650 g reg 6.99  
Céréales



**SAVE UP TO \$2.99**  
**\$4**

**Club House La Grille Seasoning**  
120-203 g or  
Seasoning Blends  
111-161 g  
Assaisonnement



**150 PTS**  
when you buy 3

**SAVE UP TO \$1.20**  
**3.79**

**Quaker Instant Oatmeal or Protein**  
232-344 g  
reg 4.49-4.99  
Gruau



**Scene+ MEMBER PRICING**  
**NOW 4.99**  
without Scene+ Card

**Compliments Frozen Fruit**  
300-600 g  
Fruits surgelés



**NOW 1.79**

**Clover Leaf Skipjack 170 g or Flavoured Tuna 85 g**  
Thon



**100 PTS**  
when you buy 2

**SAVE 50¢**  
**4.29**

**Coca-Cola Soft Drinks Mini Cans**  
6x222 mL  
Boissons gazeuses



**500 PTS**  
when you buy 3

**Minute Maid, Five Alive or Fuze Iced Tea Beverages**  
8x200 mL or 10x200 mL  
Boissons



**Scene+ MEMBER PRICING**  
**NOW 4.19**  
without Scene+ Card

**Philadelphia Cream Cheese** 227-250 g  
Fromage à la crème



**SAVE \$1**  
**3.99**

**Simply Beverages**  
1.54 L  
Boissons



**SAVE \$1**  
**3.99**

**Tropicana Beverages** 1.36 L  
Boissons



**SAVE \$1**  
**3.99**

**Que Pasa Tortilla Chips**  
156-350 g  
Croustilles



**SAVE \$1.30**  
**2.99**

**Allen's Apple Juice** 1.89 L  
Jus



**SAVE \$3**  
**7.49**

**Orville Redenbacher Microwave Popcorn** 10 pk 700-820 g  
Maïs soufflé



**100 PTS**  
when you buy 2

**SAVE \$1.30**  
**3.99**

**Mott's Clamato or Garden Cocktail**  
1.89 L  
Boissons



**100 PTS**  
when you buy 2

**SAVE UP TO 80¢**  
**3.49**

**Humpty Dumpty or Old Dutch Snacks**  
265-300 g or  
Old Dutch Crunch  
200 g  
Grignotines



**SAVE \$2**  
**3.99**

**Violife Vegan Cheddar Style Shreds or Slices**  
200-227 g  
Cheddar végétalien



**SAVE 70¢**  
**1.79**

**Knorr Sidekicks**  
120-153 g  
Repas surgelés



**SAVE \$1.74**  
**7.25**

**Mediterranean Blend Extra Virgin Olive Oil and Sunflower Oil** 1 L  
Huile



**SAVE 50¢**  
**2.49**

**Nestlé Chocolate Bars**  
90-120 g  
Selected Varieties  
Barres de chocolat



**100 PTS**  
when you buy 2

**SAVE UP TO \$2.30**  
**4.99**

**Axe Deodorant or Body Spray 76-113 g, Shampoo or Body Wash 473 mL**  
Déodorant, vaporisateur corporel, shampooing ou gel douche



**NOW 90¢**

**Friskies 156 g or Fancy Feast 85 g Wet Cat Food**  
Nourriture humide pour chats



**500 PTS**  
when you buy 2

**SAVE UP TO \$6**  
**22.99**

**Tide Liquid Detergent**  
3.46-3.9 L or  
Pods 45-76 pk  
reg 25.99-28.99  
Détergent



**MORE WAYS TO SAVE!** **HOT PRICE** **Scene+** **Locked & Low** Look for these specially-marked items throughout our stores



# SUMMER BBQ

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

200 PTS when you buy 1

NOW \$15

**Fruit or Vegetable Tray**  
1.36-1.45 kg  
Plateau de fruits ou de légumes



NOW \$2

**Compliments Garden Salad**  
340 g or **Coleslaw** 397 g  
Product of USA  
Salade jardinière ou salade de chou



50 PTS when you buy 1

NOW \$2

**Compliments Baby Carrots**  
Product of USA 340 g  
Carottes



NOW 4.99

**Corn Tray 4 pk**  
Product of USA  
No. 1 Grade or **Mini Baby Bell Peppers**  
4 pk Produce of Mexico or Canada  
Mais ou poivrons



SAVE 50¢

3.49



**The Little Potato Co. Trays** 454 g Assorted  
Product of Ontario, Canada No. 1  
Barquettes de pommes de terre

SAVE UP TO \$2.50

4.99



**Castello Blue Cheese** 125 g or **Boursin** 150 g  
Fromage

200 PTS when you buy 2

SAVE \$2 4.99



**Brandt Kolbassa Chubs** 250 g  
Saucisson kolbassa

100 PTS when you buy 1

SAVE 50¢ 7.99



**Summer Fresh Pasta Salads** 750-800 g  
Salade de pâtes

100 PTS when you buy 1

SAVE \$2 12.99



**Bothwell Cheese Variety Pack** 450 g  
Fromage

SAVE 70¢

3.29



**Compliments Buns** 6-8 pk  
Petits pains

NOW 3.99



**Panjimi Naan** 600 g or **Mini Naan** 500 g  
Naan

SAVE \$1 \$5



**Charlotte's Cake Poppers** 280 g  
Gâteaux Poppers

50 PTS when you buy 1

NOW \$5



**Compliments Two-Bite Snacks** 319-370 g,  
**Coconut Macaroon Bites** 300 g or **Mini Muffins** 336 g  
Grignotines TWO-BITE, bouchées de macarons ou mini muffins



# GARDEN DEALS



COLOUR AND SELECTION MAY VARY BY STORE. AVAILABLE AT MOST LOCATIONS. WHILE SUPPLIES LAST. WEATHER PERMITTING.

**NOW**  
**4/\$10**  
or \$2.50 ea



Herbs or Vegetables  
4" Pot  
Fines herbes ou légumes

**NOW**  
**4/\$12**  
or \$3 ea



Flowering Annuals  
4" Pot  
Plantes annuelles à fleurs

**NOW**  
**4/\$6**  
or \$1.50 ea



4 Cell Vegetables  
Légumes

**NOW**  
**3/\$48**  
or \$16 ea



11" Premium Hanging Baskets  
Paniers

**NOW**  
**7<sup>99</sup>**



Citrosa  
6" Pot  
Citrosa

**NOW**  
**2/\$18**  
or \$9 ea



6 Pack Annuals  
Annuelles

**NOW**  
**12<sup>49</sup>**



Premium Annuals  
8" Pot  
Annuelles

**NOW**  
**3/\$48**  
or \$16 ea



Assorted Mixed Planters  
11" Pot  
Jardinières assorties

**NOW**  
**2/\$54**  
or \$27 ea



13" Deluxe Hanging Baskets  
Paniers

**NOW**  
**2/\$54**  
or \$27 ea



Assorted Mixed Planters  
13" Pot  
Jardinières assorties

**NOW**  
**4/\$11**  
or \$2.75 ea



Compliments Black Earth Top Soil 25 L  
Terreau

**NOW**  
**4/\$12**  
or \$3 ea



Compliments Farmyard Compost 25 L  
Composte

**NOW**  
**17<sup>99</sup>**



Boston Fern 11"  
Fougère



# FROZEN TREATS



WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE 80¢

4.99

**Compliments**  
Ice Cream Bars 6 pk  
reg 5.79  
Barres à la crème glacée



SAVE \$1.20

4.29

**Compliments Moxii Ice Pops**  
75 mL reg 5.49  
Sucettes glacées



SAVE 50¢

4.99

**Compliments Dough'chi Bites** 6 pk reg 5.49  
Crème glacée



SAVE \$1  
6.49

**NanaShake Nana Pops**  
Selected Varieties 240 mL reg 7.49  
Barres de dessert glacées



SAVE \$1  
9.99

**Baskin Robbins Ice Cream** 946 mL  
or **Novelties** 4x125 mL reg 10.99  
Crème glacée ou nouveautés



SAVE \$2.50  
6.99

**Kawartha Ice Cream** 1.5 L reg 9.49  
Crème glacée



SAVE \$1  
8.99

**Sorbelicious Dubai Frozen Dessert Bars** 600 mL  
Barres de dessert glacées



NOW \$10

**Parlour Vanilla Caramel Dipped Bars** 16 pk  
Barres à la crème glacée



NOW \$10

**Nestlé Drumsticks Promo Pack** 10 pk  
Cornets pour crème glacée



NOW \$10

**Nestlé Share Pack** 9 pk  
Barres de dessert glacées



NOW \$10

**iögo Nanö Frozen Yogurt Pops** 16 pk  
Yogourt glacé



BUY A GENERAL MILLS PARTICIPATING PRODUCT FOR A CHANCE TO

## WIN

CANADA SOCCER MERCH AND FREE GENERAL MILLS PRODUCTS!

†Must redeem online. Offer ends July 31, 2025. See participating products for details.

5.47

**General Mills Cereal**  
Selected Varieties  
526-778 g



#1 MOST TRUSTED

3.99

**Old El Paso Taco Kits**  
250-510 g



#1 MOST TRUSTED

2.99

**Nature Valley Granola Bars or Betty Crocker Fruit Snacks**  
Selected Varieties  
128-230 g



\*Voted most trusted Mexican Food Products brand by Canadian shoppers, 2026 BrandSpark™ Canadian Trust Study.  
\*\*Voted most trusted Granola Bar brand (in a tie) by Canadian shoppers, 2026 BrandSpark™ Canadian Trust Study.

# NON-ALCOHOLIC BEVERAGES

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE UP TO \$1.29  
**\$4**



Mott's Mr. & Mrs. T Cocktail Mix I L, Rose's Cordial or Grenadine 739 mL  
Boissons

SAVE 50¢  
**2.49**



Sober Carpenter Non-Alcoholic Beer 473 mL Can  
Bière sans alcool

SAVE \$1.80  
**6.49**



Partake Brewing Non-Alcoholic Beer 4x355 mL Cans  
Bière sans alcool

SAVE \$1.50  
**5.99**



Grolsch Non-Alcoholic Beer 4x500 mL Cans  
Bière sans alcool

100 PTS when you buy 1  
SAVE \$1  
**7.99**



Mott's Clamato Non-Alcoholic Caesar 4x341 mL  
Caesar sans alcool

NOW  
**\$9**



Compliments De-Alcoholized Beer 12x355 mL Cans  
Bière sans alcool

SAVE \$2  
**19.99**



Corona Sunbrew 0% Alcohol Free Beer 12x355 mL Cans  
Bière sans alcool

SAVE \$2  
**16.99**



Molson Exel Lager Non-Alcoholic Beer 24x355 mL Cans  
Bière sans alcool

SAVE UP TO \$2.99  
**\$10**



Guinness Non-Alcoholic Beer 4x440 mL,  
Heineken 0.0% Non-Alcoholic Beer,  
Corona Sunbrew 0% Non-Alcoholic Beer or  
Peroni Non-Alcoholic Beer 6x330 mL,  
Michelob Ultra Zero Non-Alcoholic Beer,  
Athletic Brewing Non-Alcoholic Beer,  
Sleeman Zero Electrolytes Non-Alcoholic Beer or  
Sapporo 0% Non-Alcoholic Beer 6x355 mL  
Bière sans alcool

# HOUSEHOLD SAVINGS

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE \$2

11.99

**Gain Liquid Detergent**  
2.39-2.6 L or  
**Fabric Softener**  
2.63 L  
reg 13.99  
Détergeant ou  
assouplissant  
textile



SAVE \$3

4.99

**Tide Simply Liquid Detergent** 946 mL  
reg 7.99  
Détergent



400 PTS  
when you buy 2

SAVE \$1

4.99

**Bounce Dryer Sheets**  
40-80 pk  
reg 5.99  
Feuilles assouplissantes



SAVE \$6

13.99

**Bounty Paper Towels**  
6=12 pk  
reg 19.99  
Essuie-tout



100 PTS  
when you buy 1

SAVE \$1.50  
12.99

**Fleecy Fabric Softener**  
4.7 L reg 14.49  
Assouplissant textile



SAVE UP TO \$5

12.99

**Purex or Sunlight** 4-4.43 L or  
**Persil Detergent** 1.86 L reg 15.99-17.99  
Détergent



SAVE UP TO \$3

10.99

**Glad Garbage Bags** 20-60 pk  
Selected Varieties  
reg 12.99-13.99  
Sacs à ordures



NOW  
4.29



**Compliments Leaf & Lawn Bags** 5 pk  
Sacs

100 PTS  
when you buy 2

SAVE UP TO \$2.50  
5.49

**Lysol Disinfecting Wipes** 75 pk or  
**Spray** 950 g or  
**Flat Wipes** 84 pk reg 6.99-7.99  
Lingettes ou vaporisateur désinfectants



NOW  
4.49



**Febreze Air Freshener**  
230-250 g  
Désodorisant

100 PTS  
when you buy 2

SAVE UP TO \$1.80  
4.49

**Pine-Sol** 1.41 L or  
**Clorox Bleach** 2.4 L reg 5.99-6.29  
Nettoyant ou eau de Javel



NOW  
\$6



**Compliments Bath Tissue** 12=24 rolls  
Papier hygiénique

SAVE \$4  
8.99



**Palmolive Dish Soap** 4.27 L reg 12.99  
Savon à vaisselle

IT HAS TO BE  
**FOR EVERY BURGER** **HEINZ**  
ESTD 1869



**NOW \$5**

**Heinz Ketchup**  
750 mL-L or  
**Miracle Whip Spread**  
650-890 mL  
Any Variety



**Scene+ MEMBER PRICING**  
**NOW 3.49**  
without Scene+ Card

**Bull's-Eye BBQ Sauce** 425 mL  
**Diana Sauce** 500 mL or  
**Kraft Salad Dressings** 425 mL  
Any Variety

**BOLD FLAVOUR MEETS MAYO**

**NOW 2.99**

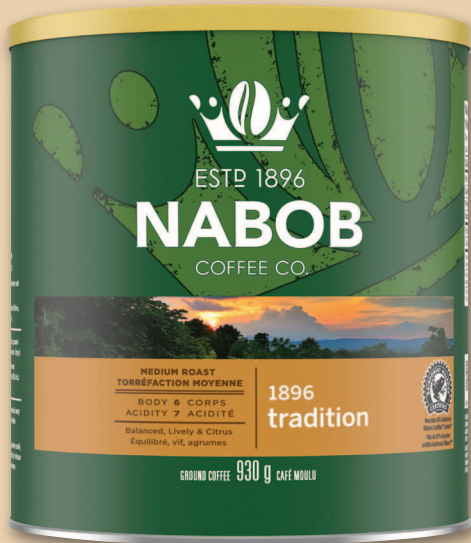
**Heinz**  
Mayonnaise-Style Sauces  
340 mL  
Any Variety



Winner Condiments category. Survey of 4,000 people by Kantar.



**Products locked down from March 5 – September 2**



**Scene+ MEMBER PRICING**  
**NOW 22.99**  
without Scene+ Card

**Nabob**  
Roast & Ground  
Coffee  
915-930 g  
Any Variety



**100 PTS**  
when you buy 2

**NOW \$3**

**Mio Hydrate or Energy,**  
Tang, Kool-Aid, Country  
Time & Crystal Light  
Powdered Drink Mix or  
Liquid Enhancers  
24-45 g or 48 mL  
Any Variety



**NOW \$3**

**Kool-Aid**  
Jammers Fruit  
Beverage  
10x180 mL  
Any Variety



**SO MANY REESE'S,  
SO LITTLE TIME.**

**NOW 1.79**

**Hershey's King Size Bars**  
Assorted Varieties  
62-85 g



**NOW 99¢**

**Hershey's**  
Single Bars  
Assorted Varieties  
34-58 g



**NOW 4.49**

**Hershey's**  
Packaged Candy  
Assorted  
Varieties  
160-232 g

# SUN CARE & PEST CONTROL

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



NOW  
**15<sup>79</sup>**

**Coppertone Sunscreen**  
74-259 mL or 156 g  
Selected Varieties  
Écran solaire



NOW  
**13<sup>29</sup>**

**Hawaiian Tropic Sunscreen** 240-480 mL or 170 g  
Selected Varieties  
Écran solaire



NOW  
**10<sup>99</sup>**

**Banana Boat Sunscreen**  
150-315 mL or 170-226 g  
Selected Varieties  
Écran solaire



NOW  
**8<sup>99</sup>**

**Compliments Sunscreen** 177-222 mL  
Selected Varieties  
Écran solaire



NOW  
**9<sup>99</sup>**

**Compliments Sunscreen SPF 50**  
315 mL  
Écran solaire



NOW  
**5<sup>99</sup>**

**Compliments After Sun Gel**  
473 mL  
Gel après-soleil



NOW  
**11<sup>99</sup>**

**Off! Deep Woods Insect Repellent**  
100 mL or 113-230 g  
Selected Varieties  
Chasse-moustiques



NOW  
**10<sup>49</sup>**

**Raid Insect Killer**  
350 g  
Selected Varieties  
Insecticide



NOW  
**11<sup>99</sup>**

**PiActive Insect Repellent**  
150 g or 175 mL  
Selected Varieties  
Chasse-moustiques

# HEALTH & BABY BARGAINS

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

600 PTS when you buy 2

SAVE \$13  
26<sup>99</sup>

**Huggies Snug & Dry or Little Movers Diapers** 42-104 pk Couches



SAVE \$7<sup>50</sup>

26<sup>99</sup>

**Huggies Pull Ups 48-74 pk or Goodnites Youth Pants 28-44 pk** Selected Varieties Sous-vêtements



400 PTS when you buy 2

SAVE \$7<sup>50</sup>  
26<sup>99</sup>

**Pampers Easy Ups** 46-66 pk Sous-vêtements d'entraînement



200 PTS when you buy 2

SAVE \$3<sup>30</sup>  
8<sup>99</sup>

**Pampers Baby Wipes** 168-216 pk Lingettes



400 PTS when you buy 2

SAVE \$5  
19<sup>99</sup>

**Pampers Baby Wipes** 504 pk Lingettes



SAVE \$1

3<sup>99</sup>

**Huggies Baby Wipes** 56-64 pk Lingettes



100 PTS when you buy 2

SAVE \$1<sup>80</sup>  
2<sup>49</sup>

**Nestlé Gerber Baby Snacks** 42 g or Arrowroot Biscuits 155 g Grignottes ou biscuits pour bébé



SAVE \$1

5<sup>99</sup>

**Head & Shoulders Shampoo or Conditioner** 315-370 mL Selected Varieties Shampoing ou revitalisant



150 PTS when you buy 2

SAVE \$5  
7<sup>99</sup>

**Soft Soap Hand Soap Refill** 1.47 L Savon liquide



SAVE UP TO \$3<sup>50</sup>

5<sup>49</sup>

**Dove Deodorant or Antiperspirant** 45-74 g, Shampoo or Conditioner 355 mL, Body Wash 325 mL or Soap Bars 3 pk Selected Varieties Déodorant, shampoing, revitalisant, nettoyant pour le corps ou pains de savon



SAVE \$1

7<sup>99</sup>

**Old Spice Body Wash** 709 mL Selected Varieties Nettoyant pour le corps



200 PTS when you buy 2

NATIVE

**Native Deodorant** 75 g Déodorant



SAVE UP TO \$2<sup>50</sup>

8<sup>49</sup>

**Secret Clinical Deodorant** 45 g or Gillette Gel Deodorant Twin Pack 2x108 g Selected Varieties Déodorant



SAVE \$2

3<sup>99</sup>

**Lady or Mennen Speed Stick Deodorant or Antiperspirant** 45-85 g Selected Varieties Déodorant ou antisudorifique



100 PTS when you buy 2

SAVE UP TO \$1<sup>80</sup>  
3<sup>99</sup>

**Crest Whitening with Scope or Pro-Health Toothpaste** 100-130 mL Selected Varieties Dentifrice



SAVE UP TO \$1

1<sup>99</sup>

**Colgate Total** 70 mL or Kids Toothpaste 75 mL Selected Varieties Dentifrice



SAVE UP TO \$1<sup>50</sup>

5<sup>49</sup>

**U by Kotex Premium Pads, Liners** 14-50 pk or Tampons 16 pk Selected Varieties Serviettes, protège-dessous ou tampons



200 PTS when you buy 2

SAVE UP TO \$1<sup>80</sup>  
9<sup>99</sup>

**U by Kotex Pads** 22-36 pk, Liners 80-129 pk or Tampons 30-32 pk Selected Varieties Serviettes, protège-dessous ou tampons



200 PTS when you buy 2

SAVE UP TO \$2<sup>50</sup>  
5<sup>99</sup>

**Poise Pads** 16-30 pk or Liners 44-54 pk Selected Varieties Serviettes ou protège-dessous



# DRAGON BOAT FESTIVAL DEALS



端午節優惠

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

**NOW**  
**2.99**

**Soyganic Medium Firm 454 g or Extra Firm Tofu 350 g**  
Tofu

**NOW**  
**99¢/lb**

**Flat Cabbage**  
Product of USA  
No. 1 Grade 2.18/kg  
Chou

**NOW**  
**99¢/lb**

**Bok Choy or Napa Cabbage**  
Product of USA 2.18/kg  
Pak-choi ou chou potager

**NOW**  
**1.49/lb**

**Purple or White Flesh Sweet Potatoes**  
Product of Canada  
Canada No. 1, 3.28/kg  
Patates douces

**SAVE \$2.01**  
**7.98**

**Samyang Buldak Spicy Noodles 5 pk**  
Selected Varieties reg 9.99  
Nouilles instantanées

**SAVE \$2.01**  
**7.98**

**Woo Yang All Mozzarella or Potato & Mozzarella Corn Dogs 400 g** reg 9.99  
Saucisses enrobées de pâte

**SAVE 61¢**  
**4.88**

**Watson Assorted Premium Fish Balls or O'Food Assorted Fried Fish Balls 500 g** reg 5.49  
Boulettes de poisson

**SAVE \$1.01**  
**8.98**

**Crafty Ramen Frozen Ramen 500-520 g**  
Selected Varieties reg 9.99  
Ramen surgelés

**SAVE \$1.01**  
**4.98**

**Nissin Instant Noodles Packet 500 g**  
Selected Varieties reg 5.99  
Nouilles instantanées

**SAVE \$1.01**  
**5.98**

**Mini Crush Fruit Jelly 1.4 kg** reg 6.99  
Gelée de fruits

**SAVE \$1.01**  
**2.98**

**S&B Golden Curry Mix 92 g**  
Selected Varieties reg 3.99  
Mélange à curry

**SAVE \$1.01**  
**3.88**

**O'Food Luncheon Meat 340 g** reg 4.99  
Pain de viande

**SAVE \$1.14**  
**2.75**

**Lay's Potato Chips Honey Butter 200 g** reg 3.89  
Croustilles

**NOW**  
**98¢**

**Vida Sparkling Water 325 mL**  
Selected Varieties reg 1.29  
Eau pétillante

**NOW**  
**2.48**

**Hata Ramune Soda 200 mL**  
Selected Varieties reg 2.79  
Boisson gazeuse

**NOW**  
**1.28**

**Glico Pocky Biscuit Sticks 33-40 g**  
Selected Varieties reg 1.49  
Bâtonnets de biscuits



# FLAVOURS OF THE PHILIPPINES

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE \$8<sup>11</sup>  
**16<sup>88</sup>**



**Golden Panda Scented Rice 8 kg** reg 24.99  
Riz parfumé

SAVE UP TO \$2<sup>51</sup>  
**5<sup>48</sup>**



**M.Y. San SkyFlakes Saltine Crackers 800 g** or **Boy Bawang Garlic Cornick 500 g**  
reg 6.99-7.99  
Craquelins salés ou cornick



SAVE UP TO \$1<sup>01</sup>  
**2<sup>98</sup>**



**Golden Saba Steamed Saba Bananas 454 g** or **Lucky Me! Instant Noodles or Chow Mein 6 pk Selected Varieties**  
reg 3.49-3.99  
Bananes saba cuites à la vapeur, nouilles instantanées ou chow mein



SAVE UP TO \$1<sup>01</sup>  
**1<sup>98</sup>**



**Maggi Magic Sarap Seasoning Mix 96 g**, **Super Q Golden Bihon Cornstarch Sticks 454 g** or **Sunasia Chicharron 70 g**  
reg 2.49-2.99  
Mélange d'assaisonnements, bâtonnets de féculé de maïs ou chicharron

NOW  
**4<sup>99</sup>**  
/lb



**Guava**  
Product of Taiwan  
11.00/kg  
Goyave

NOW  
**4<sup>99</sup>**  
/lb



**Cherimoya**  
Product of Brazil  
11.00/kg  
Chérimole

NOW  
**1<sup>29</sup>**  
/lb



**Plantain**  
Product of Guatemala  
2.84/kg  
Plantain

SAVE UP TO 51¢  
**98¢**



**Ding Dong Mixed Nuts Snack** or **Boy Bawang Cornick 100 g**  
Selected Varieties reg 1.29-1.49  
Grignotine de noix mélangées ou cornick

SAVE 51¢  
**98¢**



**Regent Sweet Corn or Cheese Ring Snack 60 g** reg 1.49  
Maïs sucré ou grignotine d'anneaux au fromage

SAVE \$1<sup>31</sup>  
**3<sup>98</sup>**



**Lady's Choice Sandwich Spread 470 mL** reg 5.29  
Tartinade à sandwich

SAVE \$1<sup>01</sup>  
**3<sup>48</sup>**



**Magnolia Cheeze Block 165 g** reg 4.49  
Bloc Cheeze

SAVE \$2<sup>01</sup>  
**5<sup>98</sup>**



**UFC Filipino Style Tomato Sauce 1 kg** reg 7.99  
Sauce tomate

SAVE \$1<sup>51</sup>  
**5<sup>48</sup>**



**UFC Filipino Style Sweet Spaghetti Sauce 1 kg** reg 6.99  
Sauce à spaghetti

SAVE \$1<sup>01</sup>  
**2<sup>48</sup>**



**Datu Puti Regular Vinegar 1 L** reg 3.49  
Vinaigre

NOW  
**88¢**



**AA-1 Sardines 155 g** or **Knorr Tamarind Soup Base 40 g**  
reg 99¢-1.29  
Sardines ou base à soupe

SAVE 51¢  
**4<sup>48</sup>**



**Mang Pedro's Chicharron 142 g** reg 4.99  
Chicharron

SAVE \$1<sup>11</sup>  
**3<sup>88</sup>**



**Silver Swan Soy Sauce 1 L** reg 4.99  
Sauce soya

NOW  
**2<sup>88</sup>**



**White King Puto Mix 400 g** reg 3.29  
Mélange Puto

SAVE \$1<sup>11</sup>  
**8<sup>88</sup>**



**Viva Hotdog 600 g** Selected Varieties reg 9.99  
Saucisses à hot dog

# LONG WEEKEND CHEERS

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

**NOW**  
**29<sup>99</sup>**

 **Corona Extra Lager**  
12x330 mL Bottles  
Bière



**NOW**  
**14<sup>99</sup>**

 **Bud Light or Coors Light Lager**  
6x473 mL Tall Cans  
Bière



**NOW**  
**18<sup>99</sup>**

 **Sapporo Premium Lager**  
6x500 mL Tall Cans  
Bière



**NOW**  
**20<sup>99</sup>**



**Flying Monkeys Juicy Ass IPA**  
6x473 mL Tall Cans  
Bière

**NOW**  
**25<sup>99</sup>**

**NEW**  
at FreshCo



**Coors Seltzer Slushie Variety Pack 7%** 12x355 mL  
Boisson alcoolisée à la vodka

**NOW**  
**17<sup>99</sup>**

**NEW**  
at FreshCo



**Cottage Springs Vodka Soda Freezie Mix Pack** 8x355 mL  
Boisson gazeuse à la vodka FREEZIE

**NOW**  
**2<sup>99</sup>**



**White Claw Blackberry, Blueberry, or Natural Lime**  
473 mL Tall Can  
Boisson alcoolisée à la vodka



PLEASE DRINK RESPONSIBLY. YOU MUST BE 19 YEARS OLD TO PURCHASE ALCOHOL. PRICE MATCHING IS NOT APPLICABLE TO ALCOHOL. AVAILABLE AT SELECTED ONTARIO STORES. ASSORTMENT VARIES BY LOCATION.

# EXCEPTIONAL *Made easy*



**NOW**  
**3.99**

**Mastro or San Daniele Sliced Dry Cured Meats**  
100-150 g  
Selected Varieties



**NOW**  
**6.99**

**Mastro Chubs 300 g or Gran Piatto 200 g**  
Selected Varieties



**NOW**  
**9.99**

**Mastro Baby Genoa**  
600 g  
Selected Varieties



**NOW**  
**3.49**

**Mastro or San Daniele Sliced Cooked Meats**  
125-175 g  
Selected Varieties

May 14-20, 2026

# Snack happy this spring

NOW  
**299**

**The Laughing Cow**  
8 pk 133 g



NOW  
**349**

**GoGo squeeZ**  
4 pk 360 g



NOW  
**299**

**Cheese Dippers**  
4 pk 140 g



Valid from May 14<sup>th</sup> to May 20<sup>th</sup> 2026



# Roll into grilling season.



**NOW**  
**349**

King's  
Hawaiian  
Rolls 12 pk



May 14-20, 2026

# GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with  
the Scotiabank Scene+ Visa Card.\*

APPLY NOW



\*Conditions Apply

