



Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials*

Prices Good Through
May 12, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
6	7	8	9	10	11	12



Whole Beef Tenderloin
19.99 per lb.

save at least \$7.00 per lb. with your VIC card

80% Lean Ground Chuck
5.49 per lb.

save at least \$1.00 per lb. with your VIC card



Smithfield Boston Butt
1.49 per lb.

save at least \$1.00 per lb. with your VIC card



Value Pack

8 pc. Fresh Foods Market
Double-Dipped Fried or Baked Chicken
7.99 each

Hot Or Cold

save big with your VIC card



Pint Sunset Tomatoes
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



Farmers Market Iceberg Head Lettuce
BUY 1 GET 1 FREE

each item rings at half price with your VIC card

4.2 oz. North Atlantic Lobster Tails or per lb. Farm Raised Peeled & Deveined
16 - 25 ct. White Shrimp
7.99

save big with your VIC card



1 lb. Farmers Market Strawberries
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



Farmers Market Jumbo Cantaloupes
2 \$5 for

save big on 2 with your VIC card

Mother's Day

with Harris Teeter



Bakery Specials for the week



30.7 oz. Fresh Foods Market Bundt Cakes
18.99 each

save at least \$1.00 each with your VIC card



Fresh Foods Market 5 inch Patti Cake
9.99 each

save at least \$2.00 each with your VIC card



6 ct. Fresh Foods Market Decorated Cupcakes
5.99 each

save at least 50¢ each with your VIC card



11 oz. Fresh Foods Market Heart Cheesecake for 2
4.99 each

save at least \$2.00 each with your VIC card



Fresh Foods Market 10 inch Fruit Tart
15.99 each

save at least \$7.00 each with your VIC card

15% Off Half Case Wine Sale

Offers valid Thursday, May 7 - Sunday, May 10, 2026

All Wines - Mix or Match - Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles

16 oz. Private Selection Spaghetti or 6 - 15 oz. Harris Teeter Diced Tomatoes
BUY 2 GET 2 FREE

when you buy 4 with your VIC card or regular price each

14.5 - 15.25 oz. Harris Teeter Corn or Green Beans
BUY 2 GET 2 FREE

when you buy 4 with your VIC card or regular price each

12 pk. 12 oz. Coca-Cola Products
BUY 1 GET 1 FREE

each item rings at half price with your VIC card

5 - 8 oz. Lay's, 7 - 8 oz. Lay's Kettle or 6.25 - 7.75 oz. Smartfood
BUY 1 GET 1 FREE

each item rings at half price with your VIC card

12 - 16 oz. Smithfield Bacon
BUY 1 GET 1 FREE

each item rings at half price with your VIC card

11 oz. HT Traders Bag Coffee or 10 ct. Green Mountain K-Cup Coffee
BUY 1 GET 1 FREE

each item rings at half price with your VIC card

8 oz. Kraft Shredded Cheese
BUY 1 GET 1 FREE

each item rings at half price with your VIC card

48 oz. Tillamook Ice Cream or 14 oz. Häagen-Dazs Ice Cream or 16 oz. Private Selection Ice Cream or Sorbet
BUY 1 GET 1 FREE

each item rings at half price with your VIC card

eVIC Members Only Sale

Offers valid Thursday, May 7 - Sunday, May 10, 2026

Not an e-VIC Member? Register for e-VIC at www.harristeeter.com. VIC card/Alt ID and email address required. e-VIC status effective the first Wednesday after enrollment. Some restrictions apply.

eVIC members only weekly limit 4
12 Mega Roll Charmin Bath Tissue or 6 Double Plus Roll Bounty Paper Towels
13.97

save at least \$4.08 over our already low VIC price when you buy 4

All items must be purchased in a single transaction with your VIC card.

eVIC members only weekly limit 4
8.9 - 12 oz. Select Varieties General Mills Cereal
2.47

save at least \$2.12 over our already low VIC price when you buy 4

All items must be purchased in a single transaction with your VIC card.

eVIC members only weekly limit 4
750 ml. Avissi, La Marca, Banshee Brut or Domaine Alante
12.97

save at least \$8.08 over our already low price when you buy 4

All items must be purchased in a single transaction with your VIC card.

eVIC members only weekly limit 4
12 pk. White Claw, Happy Dad, Topo Chico or Truly Hard Seltzer
14.97

save at least \$4.08 over our already low price when you buy 4

All items must be purchased in a single transaction with your VIC card.

Friday, May 8th

4X FRIDAYS on all qualifying items

download the digital coupon available to clip May 6 - 8, 2026 ONLY

SAVE UP TO \$1.00 PER GALLON*

Senior Discount Thursdays
Seniors 60 and older get a **5% DISCOUNT**

Please notify your cashier if you qualify

* Supplies are limited. Offer valid Friday, May 8, 2026, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. Terms and conditions apply.

Mother's Day with Harris Teeter.



Don't
forget the
**GREETING
CARDS!**



Blooms as beautiful as her

[SHOP FLORAL](#)

Big Savings

Start here



6 pk. .5 ltr.
Pepsi Products

BUY 2 GET 3 FREE

limit
10

when you buy 5 with your VIC card or regular price each **VIC SAVINGS**



8 pk.
Entenmann's Donuts or Cakes
or 27 oz.
Arnold Wide Pan Breads



BUY 1 GET 1 FREE

each item rings at half price with your VIC card **VIC SAVINGS**



6 - 12 oz.
Stouffer's or Lean Cuisine Entrees

4 for \$10

when you buy 4 or regular price each

MUST PURCHASE 4

VIC SAVINGS

15% Off Half Case Wine Sale

Offers valid Thursday, May 7 through Sunday, May 10, 2026

All Wines • Mix or Match • Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles

750 ml.
Seaglass, Murphy Goode or Rodney Strong



10.99 -15%

9.34 each

Final Price each when you buy any 6 - 750 ml. btl. or 3 - 1.5 ltr. btl. purchase during 4 DAY SALE, MAY 7 - 10, 2026.

Drink Responsibly - Must be 21 to Purchase

750 ml.
Decoy, Meiomi, Banshee or Josh Reserve



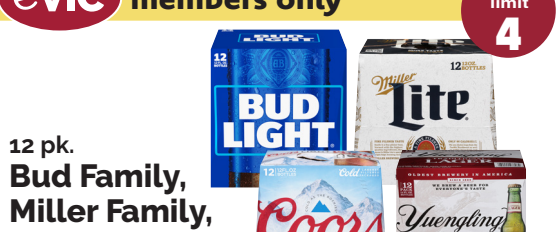
18.99 -15%

16.14 each

Final Price each when you buy any 6 - 750 ml. btl. or 3 - 1.5 ltr. btl. purchase during 4 DAY SALE, MAY 7 - 10, 2026.

Drink Responsibly - Must be 21 to Purchase

eVIC members only weekly limit **4**



12 pk.
Bud Family, Miller Family, Coors Family or Yuengling

10.97

save at least \$4.12 over our already low price when you buy 4 **2/\$24** non e-vic member price

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

Drink Responsibly - Must be 21 to Purchase

Spark up Your Summer

with Harris Teeter



Elevate Everything



4.4 - 6 oz.
Private Selection Classic Crackers

2 for \$4

save at least \$1.98 on 2 with your VIC card



12 oz.
Private Selection Macaroni & Cheese



2.79 each

save at least 70¢ each with your VIC card



8 oz.
Private Selection New Zealand Butter



2 for \$7

save big on 2 with your VIC card



16 oz.
Private Selection Cookie Dough



3.79 each

save at least 50¢ each with your VIC card



13 oz.
Private Selection Preserves



3.99 each

save big with your VIC card



5 - 6.8 oz.
Private Selection Caramels or Truffles



4.99 each

save at least 80¢ each with your VIC card



12 oz.
Private Selection Proof & Bake Croissants



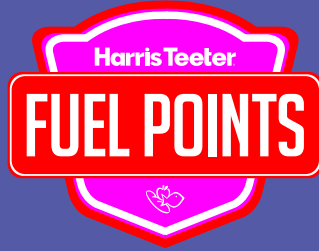
5.49 each

save big with your VIC card



Mother's Day [🌸] with Harris Teeter

X



ON GIFT CARDS WITH DIGITAL COUPON



SHOP NOW

redeem at



OFFER VALID THROUGH 5/16/20

CLIP YOUR COUPON THROUGH YOUR eVIC eMAIL, THE APP OR WEBSITE

MORE WAYS TO EARN:

POINT

POINTS

POINTS

0 x^ 9 g -,x O ^E 9 9 ^-s x O ^s x^s ^ E9 g -,x ^ w ^-s ^- 9 5xg -,x ^E 9 xcE9 s-,... 9 ^s x^s

Terms & conditions apply. Visit harristeeter.com/fuelpoints for complete details.

WED	THU	FRI	SAT	SUN	MON	TUE
6	7	8	9	10	11	12

Mother's Day

with Harris Teeter



Available in Assorted Colors
Rose Blossom Mixed Bouquet

12.99 each

save BIG



Assorted Colors
Mom Deserves only the BEST!
Beautiful Opulence Bouquet

49.99 each

save BIG



Assorted Color Mixes
Mother's Day Bouquet

14.99 each

save at least \$1.00 each with your VIC card



Farmers Market
Chocolate Covered Strawberries

19.99 each

save BIG with your VIC card



5.1 oz.
Lindor Truffles

6.99 each

save BIG with your VIC card

from our meat department



Whole Beef Tenderloin

21.99 per lb.

save at least \$6.00 per lb. with your VIC card



Filet Mignon Steak

22.99 per lb.

save at least \$10.00 per lb. with your VIC card

16 oz. Verde Organic 93% Lean Ground Beef **9.99** per lb.

16 oz. Villari Prime Pork Chops or Ribeye Chops **2 \$12** for

19 oz. Carando Italian Dinner Links **4.99** each

16 oz. Hillshire Farm Family Size Lunchmeat **7.99** each

21.2 oz. Schweid Brisket Burger **10.99** each

48 oz. Harris Teeter 85% Lean Ground Turkey **11.99** each

Top Sirloin Filet Steak **12.99** per lb.

32 oz. Bubba Burgers **14.99** each



10 - 12 oz. **Nathan's Beef Franks**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

7 - 8 oz. Prime Fresh Lunchmeat **BUY 1 GET 1 FREE**

12 - 24 oz. Bob Evans Sides & Singles **2 \$8** for

12 oz. Johnsonville Breakfast Links & Patties **BUY 1 GET 1 FREE**

15 oz. Ball Park Meat Franks **BUY 1 GET 1 FREE**

15 oz. Ball Park Meat Franks **BUY 1 GET 1 FREE**

15 oz. Ball Park Meat Franks **BUY 1 GET 1 FREE**

15 oz. Ball Park Meat Franks **BUY 1 GET 1 FREE**

15 oz. Ball Park Meat Franks **BUY 1 GET 1 FREE**

from our seafood department



3 oz. Heart Shaped Eastern Shore Style Crab Cakes

2 for \$7

save big on 2 with your VIC card



21 - 30 ct. Fresh Wild Caught White Shrimp

12.99 per lb.

save big per lb. with your VIC card

50 ct. Fresh Farm Raised Littleneck Virginia Clams **15.99** each

7 - 10 oz. Fishermans Market Seafood Dips **2.99** each

Wild Caught Tuna Steaks **10.99** per lb.

51 - 60 ct. EZ Peel Farm Raised White Shrimp **4.99** per lb.

Wild Caught Snapper Fillets **11.99** per lb.

Wild Caught Dungeness Crab Clusters **17.99** per lb.

Wild Caught Snapper Fillets **11.99** per lb.

Wild Caught Dungeness Crab Clusters **17.99** per lb.

from our grocery department

10 - 13.25 oz. Nature's Path Organic Cereal **BUY 1 GET 1 FREE**

2.47 oz. Kodiak Overnight Oats **2 \$6** for

7 - 7.1 oz. Harris Teeter Protein Bars or 6.3 - 8.9 oz. Chewy Granola Bars **2 \$5** for

18.2 - 18.7 oz. Harris Teeter Raisin Bran or 12 oz. Honeybear **2 \$6** for

8.46 - 12 oz. Nature's Bakery Fig Bars **4.79**

10 ct. Dunkin' K-Cup Coffee **7.99**

12 oz. Dunkin' K-Cup Coffee **9.99**

27 oz. Dave's Killer Bread Widepan **6.49**

15 oz. Wishbone Salad Dressing or 20 oz. Hunt's Best Ever Ketchup **2 \$5** for

5.75 - 6 oz. Harris Teeter Black Olives **2 \$4** for

2.75 - 3.5 oz. McCormick Grill Mates Seasonings **2 \$6** for

11.5 - 12 oz. Harris Teeter Morsels **2 \$8** for

6.5 - 8 oz. Harris Teeter Kettle Chips or 6 oz. HT Traders Popcorn **2 \$5** for

27 oz. Dave's Killer Bread Widepan **6.49**

4 pk. 11.5 oz. Yerba Madre Multi Pack **8.99**

6 oz. Annie's Organic Shells Dinner **2 \$6** for

24 oz. HT Traders Pineapple Spears or 35 oz. Mandarin Oranges **4.99**

30 - 32 oz. HT Traders Rice Canister **4.99**

45 - 50 ct. Mentos Bottled Gum **3.99**

4.1 - 5.32 oz. Ghirardelli Chocolate Squares **5.79**

30 - 32 oz. HT Traders Rice Canister **4.99**

45 - 50 ct. Mentos Bottled Gum **3.99**

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4.1 - 5.32 oz. Ghirardelli Chocolate Squares **5.79**

45 - 50 ct. Mentos Bottled Gum **3.99**

4.1 - 5.32 oz. Ghirardelli Chocolate Squares **5.79**

45 - 50 ct. Mentos Bottled Gum **3.99**

4.1 - 5.32 oz. Ghirardelli Chocolate Squares **5.79**

30 oz. Liquid or 19 ct. Pacs All Laundry Detergent **4.99**

144 ct. Dude Wipes **12.49**

20 oz. Palmolive Dish Detergent **2.79**

25 - 68 ct. Select Varieties Glad Trash Bags **8.99**

25 - 68 ct. Select Varieties Glad Trash Bags **8.99**

4 oz. Good'n'Fun Dog Treats **BUY 1 GET 1 FREE**

24 ct. Sheba Perfect Portions **25.99**

24 ct. Sheba Perfect Portions **25.99**

24 ct. Sheba Perfect Portions **25.99**

24 ct. Sheba Perfect Portions **25.99**

* Supplies are limited

beverages

6 pk. .5 Ltr.
**Powerade
Power Water**



2 \$9
for

save big on 2 with your VIC card

10 pk. 7.5 oz.
**Coca-Cola
Mini Cans**



**BUY 2 GET 1
FREE**

when you buy 3 with your VIC card or regular price each

18.5 oz.
**Gold Peak Tea,
700 ml.
Smartwater
or 20 oz.
Vitaminwater**



4 \$5
for

save big on 4 with your VIC card

3 Ltr.
**Deer Park
Purified Water**



2 \$3
for

save at least \$1.58 on 2 with your VIC card

15 oz.
**ReaLemon or
ReaLime Juice**



2 \$4
for

save at least \$1.98 on 2 with your VIC card

24 pk. 16.9 oz.
**Harris Teeter
Purified Water**



3 \$10
for

save big on 3 with your VIC card

6 ct.
**Minute Maid
Apple Juice**



4.79

save at least \$1.20 each with your VIC card

18 ct.
**Sunny D
Tangy Drink**



5.99

save at least \$1.60 each with your VIC card

6 pk.
**Clearly
Canadian
Sparkling Water**



6.99

save at least \$1.50 each with your VIC card

6 pk.
**Oatly!
Oatmilk**



8.49

save at least \$1.50 each with your VIC card

snacks

7.5 - 12.4 oz.
**Cheez-It
or Snap'd**



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

7.5 - 8.75 oz.
**Chex Mix,
Gardetto's
or Bugles**



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

6 oz.
**Planters
Peanuts**



3 \$5
for

save big on 3 with your VIC card

9.25 - 10.75 oz.
Doritos



2 \$7
for

when you buy 2 or regular price each

MUST PURCHASE 2

3.5 - 13.7 oz.
**Nabisco
Snack Crackers,
Ritz or
Toasted Chips**



2 \$7
for

save at least \$3.58 on 2 with your VIC card

**Kettle,
Air Fried &
Avocado Oil
or Late July
Tortillas**



2 \$7
for

save big on 2 with your VIC card

9.5 - 15.25 oz.
**Nabisco Oreo
or Chips Ahoy!**



2 \$7
for

save at least \$3.58 on 2 with your VIC card

6.25 - 7.63 oz.
Baked Lay's



2 \$7
for

save at least \$2.98 on 2 with your VIC card

10 ct.
**Cape Cod or
Snyder's Pretzels
Multipacks**



5.99

save big with your VIC card

27.5 oz.
**Pepperidge
Farm Goldfish**



7.99

save big with your VIC card

health & beauty

3.4 oz.
**Sensodyne
Clinical White
Toothpaste**



1.00
off

save big with your VIC card

12 oz.
**Oikos
Protein Shakes**



2 \$6
for

save big on 2 with your VIC card

18 oz.
**Tree Hut
Sugar Scrubs**



2.00
off

save big with your VIC card

26.2 oz.
**Aussie
Shampoo
or Conditioner**



2.00
off

save big with your VIC card

home essentials

While Supplies Last. Not Available in All Stores.

Select **OXO
Kitchen Gadgets**



20% off

save big with your VIC card

9.75 - 21.5 oz.
**Yankee
or WoodWick
Candles**



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

dairy and frozen

4.7 oz.
**Breakstone's
Cottage Doubles
or 8 oz.
Sour Cream**



4 \$5
for

save big on 4 with your VIC card

12 oz.
**Harris Teeter
Snack Cheese**



2 \$6
for

save big on 2 with your VIC card

16 oz.
**Fage
Greek Yogurt**



2 \$7
for

save big on 2 with your VIC card

48 oz.
**Califia Farms
Almondmilk**



2 \$7
for

save big on 2 with your VIC card

4 pk.
**Dannon
Light + Fit
or Danimals
Yogurt**



3.99

save big with your VIC card

24 oz.
**Daisy
Cottage Cheese**



3.99

save big with your VIC card

8 pk.
**Activia
Probiotic Dailies
or 18.6 oz.
Oikos Pro Shots**



4.99

save big with your VIC card

4 pk.
**Siggi's
Skyr Yogurt
Cups or Pouches**



2 \$10
for

save big on 2 with your VIC card

64 oz.
Oatly! Oatmilk



4.99

save big with your VIC card

16 oz.
**Tillamook
Ice Cream**



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

3 ct.
**Häagen-Dazs
Ice Cream Bars**



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

14 - 24 oz.
**Celentano
Pasta**



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

10 oz.
Beyond Meat



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

16 oz.
Select Varieties
**Harris Teeter
Frozen Fruit
or 16 oz. French
Toast Sticks**



2 \$6
for

save big on 2 with your VIC card

9.15 oz.
**Healthy Choice
Simply Steamers
or Marie Callender's
Dinners or
15 oz. Pot Pies**



2 \$7
for

save big on 2 with your VIC card

48 oz.
**Harris Teeter
Premium
Ice Cream**



2 \$7
for

save big on 2 with your VIC card

13.6 oz.
**Jimmy Dean
Breakfast
Sandwiches**



6.49

save big with your VIC card

20 - 26 oz.
**Tyson
Chicken Strips,
Wings or Bites**



8.99

save big with your VIC card

* Supplies are limited



Fresh ways
to wow
Mom



Premium Custom Designed
Floral Arrangements
Starting at
39.99

Mother's Day
Floral Bouquet
14.99

save at least \$1.00 each
with your VIC card



16 oz.
Fever Tree
Espresso Martini
5.49

save big
with your VIC card

eVIC members only



8 oz.
Kerrygold
Stick Butter
3.47

save at least \$6.18 over our already
low VIC price when you buy 6
non e-vic member price **2/\$9**
All items must be purchased
in a single transaction with your VIC card.



4 ct.
Dole
Fruit Cups
2/\$6

save big on 2
with your VIC card



8 oz. Select Varieties
Bigelow
Pea Flower Tea
2/\$8

save big on 2
with your VIC card



12 ct.
Pete & Gerry's
Organic
Large Brown Eggs
4.99

save big
with your VIC card



46 oz.
Tropicana
Orange Juice
2/\$7

save big on 2
with your VIC card



6 inch
Stargazer Lily
22.99

save at least \$2.00 each
with your VIC card



16 oz.
Ghirardelli Sauces
5.99

save big
with your VIC card



8 pk.
Fever Tree
Tonic Water & Club Soda
5.49

save at least \$2.00 each
with your VIC card



48 oz.
Califia
Refreshers
3.99

save big
with your VIC card



25.4 oz.
Tost Tea
Beverage
7.99

save at least \$1.00 each
with your VIC card



52 oz.
Farmers Market
Fresh Orange Juice
6.99

save at least \$1.00 each
with your VIC card



750 ml.
Domaine Chandon Brut
and Brut Rose
22.99 each

Drink Responsibly - Must be 21 to Purchase



38 oz.
Natural Bliss Creamer
2/\$8

MUST PURCHASE 2



5 oz.
Red's
Breakfast Burritos
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



16 oz.
Pompeian
Olive Oil
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



33.8 oz.
Harris Teeter
Mixers and Seltzers
5/\$5

save big on 5
with your VIC card



4 oz.
Harris Teeter
Baking Nuts
2/\$6

save big on 2
with your VIC card



9 - 9.5 oz. Farmers Market
Chocolate Almonds
or Pecans
5.99

save at least \$1.00 each
with your VIC card



4 lb.
Dixie Crystals
Sugar
3.49

save big
with your VIC card



11 - 16 oz.
RoRo's Rolls
4.99

save big
with your VIC card



2 ct.
HT Traders
Desserts
2/\$10

save big on 2
with your VIC card



10 - 12 oz.
Ghirardelli
Morsels
6.39

save big
with your VIC card



8 oz.
Tru Fru
6.69

save big
with your VIC card



50 ct.
Harris Teeter
Plastic Cups
4.49

save at least \$1.50 each
with your VIC card



8 - 10 ct.
Kodiak Waffles
5.29

save big
with your VIC card



12 ct.
Bakery Fresh
Mini Cinnamon Rolls
5.99

save at least \$1.00 each
with your VIC card



24 oz.
Log Cabin
Syrup
2/\$6

save big on 2
with your VIC card



7.4 oz.
Nature's Path
Waffles
2/\$6

save big on 2
with your VIC card



* Supplies are limited



The best bites for the best mom

[GET BRUNCH RECIPES >](#)

Long term Savings



Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.

NEW

Long term

VIC SAVINGS

Savings



15 oz. Harris Teeter Small Sweet Peas

2 \$3 for

save at least 19¢ on 2 with your VIC card



12 oz. Capri Sun Juice Bottle

2 \$3 for

save big on 2 with your VIC card



3.5 oz. Private Selection Capote Capers

1.99

save at least 40¢ each with your VIC card



9 oz. Simple Truth Organic Tortilla Chips

2 \$4 for

save big on 2 with your VIC card



6 oz. Private Selection Artichoke Hearts

2 \$4 for

save big on 2 with your VIC card



8 oz. 4C Panko Bread Crumbs

2 \$4 for

save big on 2 with your VIC card



14.5 oz. Glory Collard Greens

2 \$4 for

save big on 2 with your VIC card



15 oz. Private Selection Basil Pesto Alfredo

2.99

save at least 30¢ each with your VIC card



5.6 - 6 oz. HT Traders Olives

2 \$6 for

save big on 2 with your VIC card



20 ct. Simple Truth Organic Herbal Tea Bags

2 \$6 for

save at least \$1.38 on 2 with your VIC card



5.34 oz. Edwards Sundae Singles

3 \$10 for

save big on 3 with your VIC card



12 oz. Lawry's Marinades

2 \$7 for

save big on 2 with your VIC card



32 oz. Dannon Yogurt

3.69

save at least 60¢ each with your VIC card



18 - 20 oz. Simple Truth Protein Pancake Mix

3.99

save at least 60¢ each with your VIC card



12 oz. Stouffer's Supreme Shells & Cheese

2 \$8 for

save at least 98¢ on 2 with your VIC card



15.66 oz. Red Lobster Cheddar Bay Biscuits

4.99

save big with your VIC card



14.8 oz. Delizza Belgian Mini Eclairs

5.99

save at least \$2.30 each with your VIC card



10 ct. Kauai K-Cup Coffee

5.99

save at least \$3.00 each with your VIC card



30 oz. Harris Teeter Refined Coconut Oil

7.99

save big with your VIC card



24 oz. HT Traders Raw Honey

6.99

save at least \$1.00 each with your VIC card



1 ct. SinuCleanse Neti Pot

3.00 off

save big with your VIC card



120 ct. Kleenex Ultra Facial Tissue

2 \$4 for

save big on 2 with your VIC card



20 ct. 16 oz. Harris Teeter Hot Cups with Lids

5.59

save big with your VIC card



12 oz. Woolite Fabric & Upholstery Cleaner

4.99

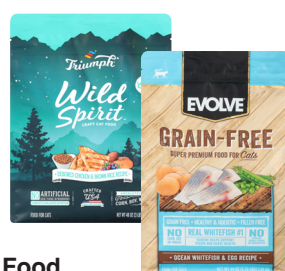
save at least \$1.50 each with your VIC card



12 ct. Abound Wet Dog Food

13.49

save at least \$1.50 each with your VIC card



2.75 - 3 lb. Evolve Dry Cat Food

9.49

save at least \$1.00 each with your VIC card



5 lb. Supreme Source Dry Dog Food

9.99

save at least \$3.00 each with your VIC card



8 ct. Fancy Feast Gems Cat Food

15.99

save at least \$4.00 each with your VIC card



Look Inside for More GREAT SAVINGS!

wine & beer *not available at all stores

harris teeter
fine wines club

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

Drink Responsibly - Must be 21 to Purchase

15% Off Half Case Wine Sale

Offers valid Thursday, May 7- Sunday, May 10, 2026

All Wines · Mix or Match · Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles

HOT DEAL!

750 ml.
J Lohr
7 Oaks Cabernet

17.99
-15%



15.29 each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 7 - 10, 2026.

HOT DEAL!

750 ml.
Sonoma-Cutrer
Chardonnay

25.99
-15%



22.09 each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 7 - 10, 2026.



6 pk.
New Belgium, Sierra Nevada or Wicked Weed

HOT DEAL!

10.99 each



8 pk.
Guinness
or 12 pk. **Michelob Ultra**

HOT DEAL!

14.99 each

750 ml.
Cook's Brut
or **Castello Del Poggio**
Prosecco

9.99
-15%



8.49 each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 7 - 10, 2026.

750 ml.
La Vieille Ferme Rose or Chateau Ste. Michelle
Chardonnay

10.99
-15%



9.34 each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 7 - 10, 2026.



6 pk.
Athletic, Corona, Modelo or Victory

9.99 each



12 pk.
Twisted Tea, Pacifico or Kona

16.99 each

750 ml.
Josh Prosecco
or **Mionetto Prosecco**

13.99
-15%



11.89 each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 7 - 10, 2026.

750 ml.
A to Z Pinot Noir or Prati
by R. Mondavi
Sonoma Cabernet

17.99
-15%



15.29 each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 7 - 10, 2026.



12 pk.
Angry Orchard, Leinenkugel's or Stone

17.99 each



4 pk.
Edmunds Oast
or 6 pk. **Coast Brewing**

11.99 each

Long term Savings



Keeping prices **LOWER, LONGER,** on 1,000s of items you buy every day.



Harris Teeter Split Chicken Breasts

2.49 per lb.



SMART Chicken Boneless Chicken Breast Cutlets

4.99 per lb.



Ranch Steak

7.99 per lb.



Farmers Market Large Lemons or Navel Oranges

4 for \$2



Farmers Market Green Kiwi Fruit

4 for \$2



Farmers Market Mangos

4 for \$5



2.2 oz. Min. Wt.
North Atlantic Lobster Tails

\$5 each



White or Yellow
Fresh Foods Market American Cheese

6.99 per lb.



16 oz.
Bakery Fresh Glazed Apple Fritters

5.49 each

Stock-up and save on Summer favorites

4 pk. 12 oz. Celsius Sparkling Energy Drink
or 12 pk. 12 oz. Gatorade Sports Drinks
or 12 pk 500 ml Propel Fitness Water

BUY 2 GET 3 FREE limit 10

when you buy 5 with your VIC card or regular price each

16 oz. Bush's Baked Beans

BUY 2 GET 1 FREE

when you buy 3 with your VIC card or regular price each

12 oz. Harris Teeter Flavored Mustards

4/\$5

save big on 4 with your VIC card

20 oz. Harris Teeter Yellow Mustard or 24 oz. Harris Teeter Ketchup

2/\$3

save big on 2 with your VIC card

eVIC members only weekly limit 4

30 oz. Hellmann's Mayonnaise

4.97

save at least \$4.08 over our already low VIC price when you buy 4

non e-vic member price **5.99**

All items must be purchased in a single transaction with your VIC card.

52 oz. Simply Lemonade, Minute Maid Lemonade or Gold Peak Tea

2/\$5

save big on 2 with your VIC card

16 - 24 oz. Vlasic Pickles

2/\$5

save big on 2 with your VIC card

5 oz. Harris Teeter Cooking Spray

2.69

save big with your VIC card

8 pk. Wonder Buns

2.99

save big with your VIC card

14 - 16 oz. Harris Teeter Chunk Cheese

3.99

save at least \$2.00 each with your VIC card

2 - 3 oz. HT Traders Rubs

3.99

save big with your VIC card

24 pk. Dasani Bottled Water

2/\$9

save big on 2 with your VIC card

2.25 oz. Mario Sliced Ripe Olives

2/\$3

save big on 2 with your VIC card

50 - 75 sq. ft. Harris Teeter Heavy Duty or Nonstick Aluminum Foil

3.99

save at least 80¢ each with your VIC card

12 - 16 lb. Kingsford or Match Light Charcoal

8.99

save big with your VIC card



Graduation with Harris Teeter

eVIC members only weekly limit 10

12 oz. Alani Nu Energy Drink or 12 oz. Celsius Sparkling Energy Drinks

1.97

non e-vic member price **2/\$5**

save at least \$5.30 over our already low VIC price when you buy 10

All items must be purchased in a single transaction with your VIC card.

24 oz. Simple Truth Lightly Breaded Chicken

8.99

save big with your VIC card

71 - 138 oz. Town House, Club or Toasteds Crackers

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

6 pk. 12 oz. Bubbl'r Sparkling Water

BUY 2 GET 3 FREE

when you buy 5 with your VIC card or regular price each

7 - 10 oz. Harris Teeter Gummy Candy

2.59

save at least 30¢ each with your VIC card

Farmers Market Large Vegetable Tray with Ranch Dip

8.99

save big with your VIC card

7 - 16 oz. Cape Cod, Waves, Family Size Goldfish, Snyder's Family Size Pretzels, Specialty & Rounds or Pieces & Twists

2/\$7

save big on 2 with your VIC card

20.66 oz. Red Baron Pizza

3.99

save big with your VIC card

6 - 10.6 oz. Divina Olives

4.99

save big with your VIC card

NEW

9 - 12 ct. Harris Teeter Appetizers

5.49

save big with your VIC card

5 - 8 oz. Fresh Foods Market Pre-Sliced Meats & Cheese

5.99

save big with your VIC card

48 - 54 oz. HT Traders Cakes

19.99

save at least \$3.00 with your VIC card

SAVE UP TO \$20

SAVE \$10*

Harris Teeter pickup & delivery

on your first two Pickup & Delivery orders of \$100 or more.

*New or first-time orders placed on harristeeter.com. Coupon required; some restrictions apply. See website for details.

Make every day a little more delicious

KraftHeinz



231 - 29.3 oz.
Maxwell House Coffee

19.5 oz.
Heinz Blend of Veggies
or 32 oz. **Heinz Ketchup**

10 oz.
Heinz 57
or **A.1. Steak Sauce**

19 - 30 oz.
Kraft Miracle Whip

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **VIC** **14.99**
WITH **eVIC** **- \$4.00**

Final Price with Coupon **10.99**
Use up to 1 time.

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **VIC** **3.99**
WITH **eVIC** **- \$1.00**

Final Price with Coupon **2.99**
Use up to 1 time.

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **VIC** **4.99**
WITH **eVIC** **- \$2.00**

Final Price with Coupon **2.99**
Use up to 1 time.

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **VIC** **4.99**
WITH **eVIC** **- \$2.00**

Final Price with Coupon **2.99**
Use up to 1 time.



17.5 - 18 oz.
Kraft BBQ Sauce

10 - 12 qt.
Crystal Light Water Enhancers

10 pk. 6 oz.
Capri Sun Juice

12 oz.
Gluten Free Velveeta Shells or Kraft Dinners

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



12 oz.
Jet-Puffed Marshmallows

0.6 - 6 oz.
Jell-O Pudding or Gelatin Desserts

8 oz.
Philadelphia Brick Cream Cheese

7.5 - 8 oz.
Philadelphia Soft Cream Cheese

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

3/\$5
save at least 33¢ on 3 with your VIC card

2/\$6
save at least \$1.39 on 2 with your VIC card

2/\$8
save at least 99¢ on 2 with your VIC card



10.7 - 12 oz.
Kraft American Singles

8.8 - 10.7 oz.
Oscar Mayer Fun Pack Lunchables

2.52 oz.
Oscar Mayer Fully Cooked Bacon

10 oz.
Devour Frozen Meals

2/\$6
save at least \$1.99 on 2 with your VIC card

2/\$6
save at least 99¢ on 2 with your VIC card

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

2/\$7
save at least 69¢ on 2 with your VIC card



22 - 32 oz.
Ore-Ida Frozen Potatoes

7 oz.
Bagel Bites Frozen Appetizers

9 oz.
Smart Ones Frozen Entrees

8 oz.
Cool Whip Frozen Dessert Topping

4.49
save at least \$2.50 each with your VIC card

2/\$4
save at least \$1.19 on 2 with your VIC card

5/\$10
save at least 99¢ on 2 with your VIC card

2/\$4
save at least \$1.49 on 2 with your VIC card

SHOP YOUR WAY!

Download the App to:

Choose Pickup or Delivery or Plan your next Trip In-Store - View Fuel Points Balance
View Weekly Ad & eVIC offers - Download Digital Coupons

* Supplies are limited

Feed every morning, fuel every day



12 - 17.3 oz.
Kellogg's Large Size Cereal
2/\$10

save big on 2 with your VIC card



7 - 8 oz.
Tillamook Shredded or Sliced Cheese
2/\$7

save at least \$1.69 on 2 with your VIC card



11 - 12 oz.
Bear Naked Granola
2/\$7

save at least \$2.19 on 2 with your VIC card



11 oz.
Special K Granola
2/\$8

save at least \$1.49 on 2 with your VIC card



12.3 - 18 oz.
Kashi Cereal
4.99

save at least \$1.00 each with your VIC card



8 - 9 oz.
Ben's Original Ready Rice
2/\$4

save at least 49¢ on 2 with your VIC card



32 oz.
Galbani Ricotta or String Cheese
4.99

save at least \$2.00 each with your VIC card



64 oz.
Horizon Organic Milk or DHA Omega-3 Milk
5.49

save at least \$1.00 each with your VIC card



6 oz.
Yoplait Yogurt
10/\$6

save at least 18¢ on 10 with your VIC card



5 oz.
Oui by Yoplait French Style Yogurt
3/\$4

save at least 46¢ on 3 with your VIC card



8 ct.
GoGurt
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



32 oz.
Yoplait Yogurt
2/\$5

save at least \$1.49 on 2 with your VIC card



4.25 oz.
Carr's Crackers
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



13 oz.
SuperPretzel Soft Pretzels
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



20 ct.
GoGo Squeeze
11.99

save at least \$6.00 each with your VIC card



4 ct.
Dogsters Dog Treats
2/\$6

save at least \$2.69 on 2 with your VIC card

Celebrate Mom with creamy favorites

Chobani. ♥ La Colombe.

eVIC members only weekly limit **16**

4.5 oz.
Chobani Flip Single Serve
5.3 oz.
Chobani Zero Sugar Single Serve
6.7 oz.
Chobani 20g Protein Single Serve
.97
save at least \$4.48 over our already low VIC price when you buy 16
All items must be purchased in a single transaction with your VIC card.



32 oz.
Chobani Multi Serve
2/\$10
save at least \$1.49 on 2 with your VIC card

10 oz.
Chobani 20g Drinks
2/\$5
save at least 50¢ on 2 with your VIC card

32 oz.
Chobani 20g Multi Serve
2/\$10
save at least \$1.99 on 2 with your VIC card

24 oz.
Chobani Coffee Creamers
2/\$9
save at least \$1.49 on 2 with your VIC card

48 oz.
La Colombe Cold Brew Coffee
2/\$9
save at least \$2.49 on 2 with your VIC card

4X Harris Teeter **FUEL POINTS** ON GIFT CARDS WITH DIGITAL COUPON OFFER VALID 4/29 - 5/12/26

redeem at: Harris Teeter Fuel, Amoco

partner logos: Bath & Body Works, Starbucks, Ulta, JCPenney, Gift Card

QR code: SCAN TO DOWNLOAD

* Supplies are limited. Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward®. N.A. Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward®. N.A. Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

Live Naturally



8 oz. Simple Truth Organic White or Baby Bella Mushrooms
2 for \$7
 save big on 2 with your VIC card



12 oz. Select Varieties Harris Teeter Non-Steam or Steamable Vegetables
3 for \$5
 save big on 3 with your VIC card



16 oz. Simple Truth Organic Whole Wheat Penne Pasta
2 for \$3
 save at least 98c on 2 with your VIC card



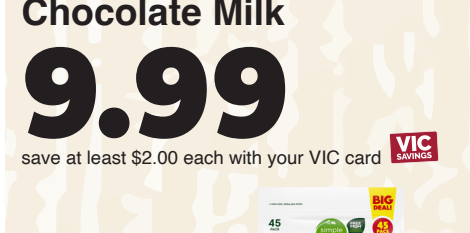
5 oz. Simple Truth Organic Parmesan Cheese Cup
2 for \$6
 save big on 2 with your VIC card



16 oz. Simple Truth Organic Peanut Butter or 16.5 oz. Spreads
4.49
 save at least \$1.00 each with your VIC card



2.5 oz. Simple Truth Organic Beef Jerky
4.99
 save at least \$1.00 each with your VIC card



12 pk. Simple Truth Organic Chocolate Milk
9.99
 save at least \$2.00 each with your VIC card



45 ct. Simple Truth Free & Clear Laundry Pacs or Dish Pacs
9.49
 save big with your VIC card

Mother's Day Celebrate Mom with Produce savings for her Special Day!



Farmers Market Chocolate Covered Strawberries
 save big with your VIC card
Small 8.99 each



Farmers Market Yogurt Parfaits
 • Vanilla • Strawberry • Greek • Acai
2 for \$7
 save big on 2 with your VIC card



16 oz. Farmers Market Fruit Medley
4.49 each
 save big with your VIC card



50 oz. White Label Orange or Apple Juice
7.99 each
 save big with your VIC card



16 oz. Farmers Market Watermelon, Cantaloupe or Honeydew
4.99 each
 save big with your VIC card



12 oz. Farmers Market Pinkglow & Pineapple Chunks or 11 oz. Pineapple, Mango, Strawberry Chunks
4.99 each
 save big with your VIC card



12 oz. Farmers Market Pinkglow Pineapple Chunks or 11 oz. Strawberry & Pineapple Chunks
5.99 each
 save big with your VIC card

Dinner with Mom



5 lb. Bag Farmers Market Russet Potatoes
4.99 each
 save big with your VIC card



12 oz. Farmers Market Ready Veggies Green Beans
BUY 1 GET 1 FREE
 each item rings at half price with your VIC card



Select Fresh Express Chopped Salad Kits
3.99 each
 save big with your VIC card



Farmers Market Broccolini
2.99 each
 save big with your VIC card

floral



Assorted Colors Dozen Roses
18.99 each
 save big



Beautiful Seasonal Garden Vase Arrangement
69.99 each
 save big



10" Pot Hanging Basket Boston Fern
19.99 each
 save at least \$5.00 each with your VIC card



12 oz. Natalie's Juice
2 for \$5
 save big on 2 with your VIC card



Farmers Market Honey Crisp Apples
2.99 per lb.
 save big per lb. with your VIC card



16 oz. Gold or Red Kiwi
5.99 each
 save big with your VIC card



3 lb. Bag Farmers Market Mandarins
5.99 each
 save big with your VIC card



Farmers Market Yellow, Orange or Red Bell Peppers
3 for \$5
 save big on 3 with your VIC card



Farmers Market White Corn
4 for \$2
 save big on 4 with your VIC card



1 lb. Bag Farmers Market Baby Carrots
3 for \$5
 save big on 3 with your VIC card



6.7 - 10.5 oz. Select Fresh Express Salad Kits
3.99 each
 save big with your VIC card

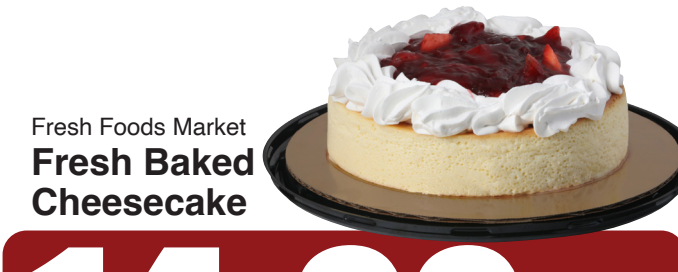
big savings from our fresh foods market



Fresh Foods Market 8 inch Dessert Cakes
19.99 each
 save at least \$5.00 each with your VIC card



Boar's Head Maple Glazed Honey Coat Turkey Breast
13.99 per lb.
 save big per lb. with your VIC card



Fresh Foods Market Fresh Baked Cheesecake
14.99 each
 save at least \$1.00 each with your VIC card



Fresh Foods Market Rotisserie Chicken Salad
5.99 per lb.
 save big per lb. with your VIC card



Fresh Foods Market 12 inch Decorated Message Cookies
10.99 each
 save at least \$2.00 each with your VIC card



8 oz. Galbani Fresh or Sliced Mozzarella Ball
BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

Prices In This Ad Effective May 6 - 12, 2026 In The Following Stores Only:
 * Supplies are limited

•CHARLESTON •BEAUFORT •SUMMERVILLE •JOHNS ISLAND
 •MT. PLEASANT •ISLE OF PALM •FLORENCE •FOLLY
 •JAMES ISLAND •HILTON HEAD •GREENVILLE •GREER
 None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.



12 - 16.3 oz.
Betty Crocker Delights Cake Mix, Favorites Brownie Mix or Ready to Serve Frosting
BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

7.5 - 8.75 oz.
Chex Snack Mix or Salty Premium Snacks
BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

14.1 oz.
Pillsbury All Ready Pie Crusts
BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

11 - 16 oz.
Nature Valley Protein Granola
2/\$7
 save at least \$2.49 on 2 with your VIC card

9.2 - 10.8 oz.
Ghost High Protein Cereal
7.99
 save at least \$2.00 each with your VIC card

8.9 - 12 oz.
General Mills Cereal
2/\$6
 save at least \$2.19 on 2 with your VIC card

22 oz.
Cascadian Farm Organic Granola Family Size Cereal
6.99
 save at least \$3.00 each with your VIC card

5 lb.
Gold Medal All Purpose or Unbleached Flour
2/\$6
 save at least \$2.49 on 2 with your VIC card

6 oz.
Annie's Organic Macaroni & Cheese
2/\$6
 save at least 79¢ on 2 with your VIC card

28 oz. Can
Muir Glen Tomatoes or Tomato Paste Tube
2/\$6
 save at least \$1.69 on 2 with your VIC card

4.8 - 8 oz.
Betty Crocker Fruit Snacks
2/\$6
 save at least \$2.29 on 2 with your VIC card

1.6 - 1.7 oz.
LaraBar Fruit & Nut Bars
10/\$10
 save at least 89¢ on 10 with your VIC card

5 - 6 ct.
Nature Valley Granola Bars
2/\$6
 save at least \$1.99 on 2 with your VIC card

16 - 16.5 oz.
Pillsbury Ready to Bake Cookie Dough
2/\$7
 save at least \$1.99 on 2 with your VIC card

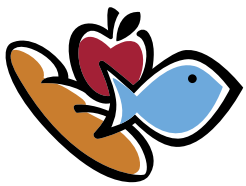
8 - 16.3 oz.
Pillsbury Grands! Biscuits, Cinnamon Rolls, Crescents or Grands! Crescents
2/\$5
 save at least \$1.49 on 2 with your VIC card

10 - 12 oz.
Pillsbury Pie Crusts
2/\$6
 save at least \$1.79 on 2 with your VIC card

6 ct.
Pillsbury Toaster Strudel
2/\$5
 save at least \$1.49 on 2 with your VIC card

50 ct.
Totino's Pizza Rolls
2/\$9
 save at least \$4.19 on 2 with your VIC card

40 oz.
Betty Crocker Bisquick
2/\$8
 save at least \$2.39 on 2 with your VIC card



Harris Teeter
YOUR NEIGHBORHOOD MARKET

WEEKLY SPECIALS*

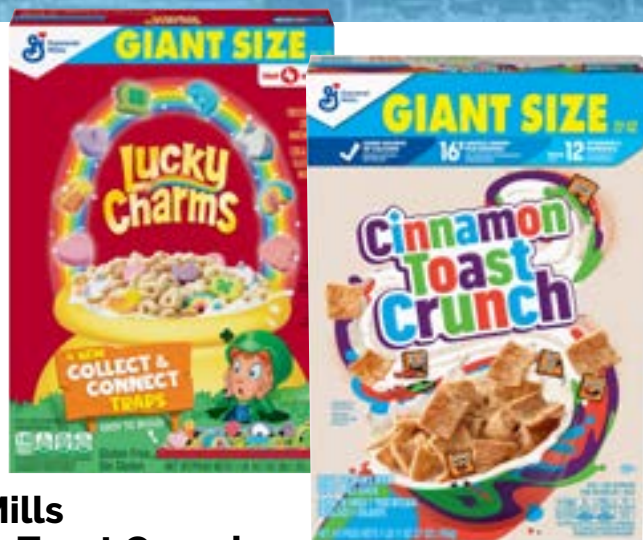
PRICES VALID THROUGH 5.12.26

* Supplies are limited



Harris Teeter

Harris Teeter, An Official Grocery Store of Charlotte FC



27 oz.
General Mills
Cinnamon Toast Crunch
or 26.1 oz.
Lucky Charms Giant Size Cereal

8 pk. 20 oz.
Powerade
Sports Drinks

5 - 8 oz.
Lay's, 7 - 8 oz. **Lay's Kettle**
or 6.25 - 7.75 oz. **Smartfood**

6.99

BUY 2 GET 2
FREE

BUY 1 GET 1
FREE

save big with your VIC card

when you buy 4 with your VIC card or regular price each

each item rings at half price with your VIC card

12 oz.
ZOA
Zero Sugar
Energy Drink



30 oz.
All Free & Clear
Liquid Laundry Detergent



34 oz.
Persil Original
Liquid Laundry Detergent



2/\$4

4.99

3.99

save big on 2 with your VIC card

save at least \$2.40 each with your VIC card

save at least \$3.00 each with your VIC card