

Mother's day made beautiful

Sunday, May 10th



FROM
\$35

GET
7,000[®]
\$7
back
in points

**PREMIUM OR ELITE
MOTHER'S DAY
BOUQUET**

EACH
21436301_EA,
21436302_EA



\$47

**VANDERPUMP
GARDENS, VILLA
ROSA BOUQUET**

EACH
21729140_EA



\$25

**HYDRANGEA
IN UPGRADE**

EACH
21733663_EA



2/\$36

OR
\$20 EA.

**PC® DELUXE
ANNUAL HANGING
BASKET**

SELECTED VARIETIES
11 INCH
20753916_EA
20753947_EA



\$30

GET
2,000[®]
\$2
back
in points

**LARocca 8 INCH
OCCASION CAKES**

SELECTED VARIETIES
11-11.7 KG
21389057_EA
21645576_EA



BUY ONE (1)

BIG COOKIE
SELECTED VARIETIES
12" S
\$12
21361517_EA

+ ONE (1)

10 STEM TULIPS
\$12
20823978_EA

FOR \$20



weekly deals

SAVE UP TO \$2.49

\$6

MARCANGELO ITALIAN DELI MEATS SLICED 85 G OR BOURSIN SOFT CHEESE 150 G
SELECTED VARIETIES
20116794_EA
21706089_EA



SAVE 98¢ WHEN YOU BUY 2



2/\$7

OR \$3.99 EA.

WONDER BREAD OR BUNS OR D'ITALIANO BUNS
SELECTED VARIETIES AND SIZES
20276296_EA
20305135_EA
20627103_EA



\$5

HEINZ KETCHUP 750 ML-1 L OR BICK'S PICKLES 1000 ML
SELECTED VARIETIES
20069080_EA
21675037_EA



2⁵⁰

PC® KETTLE COOKED, LOADS OF FLAVOUR OR WORLD OF FLAVOUR POTATO CHIPS
SELECTED VARIETIES
200 G
21422931_EA
20840911004_EA



12⁹⁹

COCA-COLA OR PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
20306687002_C24
20308197001_C24



PROUDLY CANADIAN

Zehrs™

SAVE 36%

7.99 LB

BEEF BRISKET PORTION
CUT FROM CANADA AAA OR USDA
SELECT GRADE BEEF OR HIGHER
17.61/KG
2027882051_KG



HOT PRICE

INCLUDES HALAL

4.99 LB

CHICKEN BREASTS
BONELESS SKINLESS
INCLUDES HALAL
FAMILY SIZE
11.00/KG
20028450_KG
21034240_KG



SAVE UP TO \$2

\$8

PC® PACIFIC LARGE
WHITE SHRIMP
RAW OR COOKED, PEELED
OR RAW ZIPPERBACK®
31-40 PER LB 400 G OR
HIGH LINER WILD
CAUGHT PACIFIC
SALMON FILLETS
400 G FROZEN
20791381_EA
21093881_EA



HOT PRICE

\$3



PC® GREENHOUSE GROWN
STRAWBERRIES
PRODUCT OF CANADA
CANADA NO. 1 GRADE
340 G
2102714200L_EA



SAVE UP TO \$4.99

\$19

PC® PACIFIC WHITE
SHRIMP RING WITH
MILD COCKTAIL SAUCE
568 G OR IFC COOKED
CANADIAN SNOW CRAB
CLUSTERS 500 G FROZEN
20147098_EA
21615011_EA



HOT PRICE

67¢

BICOLOUR
SWEET CORN
PRODUCT OF U.S.A.
EACH
2013170901_EA



HOT PRICE

\$3

FARMER'S MARKET™
AVOCADO BAG
PRODUCT OF MEXICO
5'S
2164493600L_EA



\$20

4 DAY SALE
THURSDAY, MAY 7TH TO
SUNDAY, MAY 10TH

LARGE VEGETABLE
OR FRUIT PLATTER
PREPARED IN-STORE
1.34-1.87 KG
20081718_EA
20121599_EA



6.50



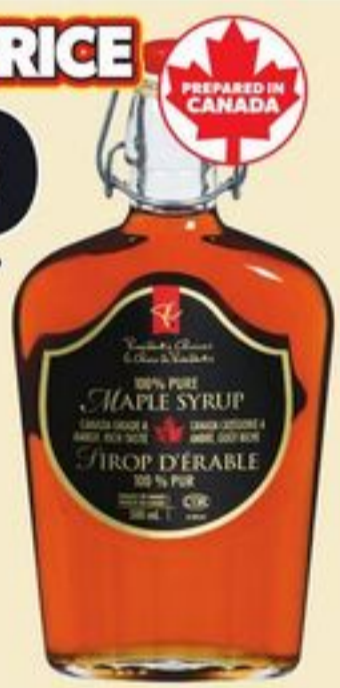
PC® ORANGE JUICE 2.5 L OR
SIGGI'S YOGURT TUB
650-750 G SELECTED VARIETIES
21533892_EA
21531644_EA



HOT PRICE

\$10

PC® MAPLE SYRUP
GRADE A AMBER
500 ML
20049221_EA



\$17



KICKING HORSE
ORGANIC WHOLE
BEAN COFFEE
SELECTED VARIETIES
454 G
21702012_EA
2032246800E_EA



HOT PRICE

3.50

DR. OETKER
RISTORANTE OR
CASA DI MAMA
PIZZA 320-410 G,
PC® FOCACCIA OR
FLATBREAD PIZZA
330-456 G
SELECTED VARIETIES
FROZEN
2029610000L_EA
21013452_EA



HOT PRICE

4.98

BLACK DIAMOND
CHEESE BARS 400 G OR
SHREDS 300-320 G OR
PC® SHREDS 250-320 G
SELECTED VARIETIES
21068207_EA
21279221_EA



SAVE \$1.02
WHEN YOU BUY 3

3/4.98
OR \$2 EA.

BARILLA PASTA
SELECTED VARIETIES
410 G
21404904_EA
21404912_EA



SAVE 26%

13.88

ROOSTER®
SCENTED
JASMINE RICE
5 KG
20121871_EA



SAVE UP TO 56%

6.50

CASHMERE BATHROOM
TISSUE 12 DOUBLE ROLLS,
SPONGETOWELS PAPER
TOWELS 3-G ROLLS OR
SCOTTIES FACIAL TISSUE
6'S SELECTED VARIETIES
21204739_EA
21678183_EA



Optimum™

Get more on
More savings, more deals, more points
This week only! May 7th-13th**

More days
Moredays
Moredays

For more deal offers visit
www.zehrs.ca or scan



Flyer prices effective from Thursday, May 7th to Wednesday, May 13th, 2026. SEE BACK PAGE FOR DETAILS.



APP EXCLUSIVE OFFER

GET **5,000** pts

\$5 back in points

for every \$25* spent on fresh and/or frozen seafood

2072066_00/21040991_EA/21687446_EA

*Open your PC Optimum® app or visit pcoptimum.ca to get the offer



\$4

PREPARED IN CANADA

SIGGI'S SKYR YOGURT 4X100 G
OR **IOGO NANO DRINKS** 6X93 ML
SELECTED VARIETIES
20609687001_EA
21589921_EA

siggi's STRAWBERRY FRAISE

siggi's STRAWBERRY FRAISE

SAVE UP TO 46%

1.35

MICHELINA'S ENTRÉES 196-284
SWANSON POT PIES 200 G
SELECTED VARIETIES
FROZEN
20320525001_EA
21208614_EA

Swanson Chicken Pot Pie

Michelinina's Macaroni and Cheese

\$5

BEN & JERRY'S OR HALO TOP 473 ML OR **MAGNUM BARS** 3/4'S
SELECTED VARIETIES
FROZEN
21047007_EA
21428403_EA

HALO TOP 150 CALORIES

BEN & JERRY'S half baked

\$10

STARBUCKS GROUND COFFEE 311/340 G,
K-CUPS 10'S, **CREMA** 202 G
OR **INSTANT COFFEE** 90 G
SELECTED VARIETIES
20547343001_EA
20546682005_EA

STARBUCKS CAFFÈ VERONA

STARBUCKS PIKE PLACE ROAST

SAVE UP TO \$1.25

3.50

PREPARED IN CANADA

NEILSON CREAM
SELECTED VARIETIES
473 ML/1 L
20122609_EA
20776431_EA

NEILSON whipping cream

half & half cream

Optimum

Members-Only Price

5.50

Members save **\$2.49**

meal crisp

PROTEIN 15g

GENERAL MILLS FAMILY SIZE CEREAL
SELECTED VARIETIES
475-778 G
21105503_EA
21667658_EA

Cheerios

\$5

CHRISTIE PREMIUM PLUS CRACKERS
SELECTED VARIETIES
450/481 G
303-379 G OR
CASCADE LARGE BAGS 21/26/30'S
SELECTED VARIETIES
21550428_EA
21592782_EA

PREMIUM PLUS UNSALTED TOPS

PREMIUM PLUS SALTED TOPS

\$5

PC® FROZEN FRUIT
SELECTED VARIETIES
300-600 G
21496426_EA

RED RASPBERRIES
FRUITS
JUGES

STRAWBERRIES
FRAISES
SALÉES - TRANCHÉES

3.49

PREPARED IN CANADA

LANTIC WHITE GRANULATED SUGAR
SELECTED VARIETIES
2 KG
20450333_EA

Lantic granulated sugar
SUCRE granulé

\$11

TIDE DETERGENT 1.62 L/55 FL OZ,
DOWNY OR GAIN FABRIC SOFTENER
1.66-2.63 L, **DOWNY OR GAIN BEADS**
303-379 G OR
CASCADE LARGE BAGS 21/26/30'S
SELECTED VARIETIES
21550428_EA
21592782_EA

Tide

Downy

SAVE UP TO 39%

\$12

COTTONELLE BATHROOM TISSUE 12=48 ROLLS
12=48 ROLLS
21665900_EA
21665993_EA

Cottonelle ULTRA CLEAN

Cottonelle ULTRA COMFORT

90¢

FANCY FEAST 85 G OR
FRISKIES 156 G
CAT FOOD
SELECTED VARIETIES
20302296001_EA
20316703_EA

Fancy Feast

Friskies pâté

MAY **HIT OF THE MONTH** **LOWEST PRICES. BEST DEALS.** Prices effective May 1 - 31, 2026. As compared to other major grocery retailers within your local areas. While quantities last. See in-store for details.

TAKI'S ROLLED TORTILLA CHIPS
SELECTED VARIETIES
260-280 G
21602795_EA
21715444_EA

\$2.25

KRAFT MIRACLE WHIP
SELECTED VARIETIES
650-890 ML
20294441001_EA

\$3

MARCANGELO CHICKEN OR PORK SOUVLAKI
2 PACK
120 G
SELECTED VARIETIES
20901204_EA/21095022_EA

\$1.88

HEAD MEN'S & WOMEN'S SOCKS
3'S
21721517_EA
21721507_EA

\$4

Zehrs CUSTOMER RELATIONS 1-866-541-6315. VISIT zehrs.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at zehrs.ca for your store's hours and to see which Zehrs® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See zehrs.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from April 9 - May 13, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.



ZEH BACK

FRESH PROMISE

freshness you can taste

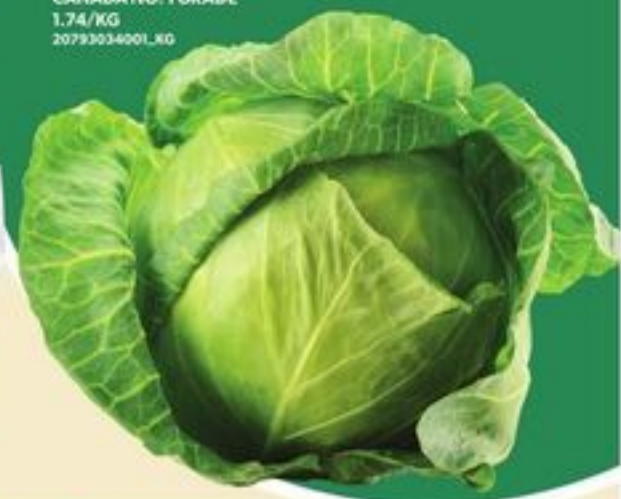
If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Zehrs store locations or online at zehrs.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Zehrs store where purchase originated. The Fresh Promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

79¢ LB



GREEN CABBAGE
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
1.74/KG
2079303400L_KG



\$5

PINT

BLUEBERRIES PINT,
PRODUCT OF MEXICO, PERU
OR U.S.A. OR
RASPBERRIES 340 G,
PRODUCT OF MEXICO OR U.S.A.
2008013700L_EA
2012893800L_EA



3.99 LB

EXTRA LARGE

**PC® EXTRA LARGE
RED SEEDLESS
GRAPES**
PRODUCT OF CHILE,
NO. 1 GRADE
9.80/KG
2010919900L_KG



5.50



**FARMER'S MARKET™
GREENHOUSE
PEPPERS**
PRODUCT OF CANADA
3'S
2008585300L_EA



**SAVE \$1
WHEN YOU BUY 2**

2/\$3

OR
\$2 EA.
**ATAULFO OR
RED MANGO**
PRODUCT OF MEXICO
201210900L_EA
2009843300L_EA



\$7

PC® BLUEBERRIES
9.8 OZ, PRODUCT OF MEXICO,
PERU OR MOROCCO OR
**RÉSERVE
BLACKBERRIES**
10 OZ, PRODUCT OF MEXICO
20973077_EA
2172493200L_EA



\$2 LB

**SWEETVIDALIA
ONIONS**
PRODUCT OF U.S.A.
NO. 1 GRADE
4.41/KG
2008345400L_KG



\$2 LB

SWEET POTATOES
PRODUCT OF U.S.A.
4.41/KG
2012770800L_KG



\$8

**PC® ORRI
MANDARINS**
PRODUCT OF ISRAEL
2 LB
2090764700L_EA



petals of appreciation for Mom

\$22

**20
STEM
TULIPS**
21293990_EA



\$22

**PREMIUM
FARM FRESH
BOUQUET**
EACH
21679148_EA



\$40

**UPGRADED
MOTHER'S DAY
ORCHID**
EACH
21732680_EA



\$18

**MINI ROSE
IN CLAY POT**
EACH
21124787_EA



\$13

**GRASS FED MEDIUM
GROUND BEEF**
900 G
21673509_EA



feeling protein power-fuel

18.50 LB

**PREPARED
IN-STORE**

**TOP SIRLOIN BEEF
KEBAB**
PLAIN, CUT FROM CANADA
AA GRADE BEEF OR USDA
SELECT GRADE BEEF OR
HIGHER
40.79/KG
21462765_KG



**SAVE
31%**

6.50 LB

CHICKEN THIGHS
BONELESS, SKINLESS
FAMILY SIZE
14.33/KG
20162170_KG



\$7



PC® PORK SAUSAGE
SELECTED VARIETIES
375/500-G
21584342_EA
21584308_EA



17.99

APP EXCLUSIVE OFFER
GET **8,000** **\$8**
back in points

**PC® OLD-FASHIONED
STYLE BACON**
SELECTED VARIETIES
1KG
20052024L_KG



\$10

**SWISS CHALET,
MONTANA'S OR
PC® PORK BACK
RIBS OR LOU'S
ENTRÉES**
SELECTED VARIETIES,
FULLY COOKED
375-650 G
20078077_EA
21688161_EA



find your catch in seafood

\$3

**SEAQUEST® CRAB
OR LOBSTER
FLAVOURED
POLLOCK FLAKES
OR CHUNKS**
SELECTED VARIETIES,
READY-TO-EAT
227 G
20699832_EA
20749798_EA



\$4



**FRESH ATLANTIC
SALMON PORTIONS**
MARINATED
SELECTED VARIETIES
113 G
20948217_EA



\$11

**PC® SHRIMP
APPETIZERS**
SELECTED VARIETIES,
FROZEN
294/425 G
20015242EA_Varieties: Chien
20973220EA_Varieties: Chien



a little sweet, a little savory, all for Mom



SAVE UP TO \$1.79
\$7



4.50 /100 G

APPLEWOOD SMOKED CHEDDAR
IN-STORE DELI CUT
20076601_KG

PC® DOUBLE CREAM BRIE
SELECTED VARIETIES
170-200 G
20787327_EA



\$7

CASTELLO HAVARTI, CHEDDAR OR BLUE CHEESE
SELECTED VARIETIES
125-200 G
20428574_EA
21180066_EA



3.25 /100 G

FROM OUR CHEFS™ SERVICE CASE HAM
SELECTED VARIETIES
21096032_KG



Optimum
Members-Only Price
10.50
Non-members
11.50

Members save **\$1**

PC® SPLENDIDO® DELI SALAMI CHUBS
SELECTED VARIETIES
225 G
21440786_EA
21440787_EA



\$5

BRETAGNE PÂTE
SELECTED VARIETIES
150 G
20287717_EA
20310083_EA



Optimum
Members-Only Price
\$7
Non-members
\$8

Members save **\$1**

LESLEY STOWE RAINCOAST CRISPS
150 G OR **WILDLY DELICIOUS JELLY** 185 ML
SELECTED VARIETIES
21025538_EA
21030996_EA



FROM \$14

GET **2,500** back in points
\$2.50

\$30

GET **5,000** back in points
\$5

\$20/25

CHARCUTERIE BOARDS
SELECTED VARIETIES
278-330 G
21405536_EA
21405571_EA



PARTY PLATTER
SELECTED VARIETIES
592 G-1 KG
21217539_EA
21217577_EA



SANDWICH OR WRAP PLATTERS
PREPARED IN-STORE
1.2-1.7 KG
21558135_EA
21558137_EA



Optimum
Members-Only Price
\$30
Non-members
\$35

Members save **\$5**

BENTO KAZOKU PLATTER
53 PIECES
1.2 KG
21637774_EA



SERVES 6-10

\$9-10

PREPARED IN-STORE

12 INCH TAKE AND BAKE PIZZA
SELECTED VARIETIES
510-739 G
21456401_EA
21456415_EA



\$12

FILIPPO BERIO OIL FLAVOR PIZZA, GARLIC, BASIL OR CHILLI
SELECTED VARIETIES
250 ML
21732618_EA
21732713_EA



try with

7.50



8 INCH PIES
SELECTED VARIETIES
635-750 G
21297466_EA
21297475_EA



4.50



CHAPMAN'S MARKDALE CREAMERY ICE CREAM
2 L OR COLLECTION NOVELTIES 6/8'S
SELECTED VARIETIES FROZEN
2031523601_EA
20315237001_EA



4.50

LINDT EXCELLENCE CHOCOLATE BARS
SELECTED VARIETIES
80-100 G
20312527001_EA
20312527009_EA



\$6

PREPARED IN-STORE

IN-STORE CÉLÉBRATION CUPCAKES
CHOCOLATE OR WHITE
6'S
20379763_EA
20392676_EA



\$2

SMALL CANNOLI
SELECTED VARIETIES
EACH
20752722_EA



\$6

GET **1,000** back in points
\$1

FARMER'S MARKET™ LOAF CAKES, WHOLE OR SLICED OR SIMPLE JOY SLICED LOAF CAKES
SELECTED VARIETIES
244-400 G
20489382_EA
21480954_EA



bakery deals rising daily

4⁵⁰ **BAKED IN-STORE**

3⁵⁰ **BAKED IN-STORE**

ACE BAGUETTE
SELECTED VARIETIES
325-400 G
2037107_EA
2194348_EA



\$4 **BAKED IN-STORE**

CINNAMON RAISIN BREAD
468 G
20729432_EA



CHOCOLATE CROISSANTS 4'S OR BUTTER CROISSANTS 6'S
21927027_EA
21943299_EA



6⁵⁰ **PREPARED IN CANADA**

FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES
6'S
21283356_EA
21283357_EA



\$7 **PREPARED IN CANADA**

FARMER'S MARKET™ SQUARES
SELECTED VARIETIES
400/450 G
21216499_EA
21216523_EA



7⁵⁰ **PREPARED IN CANADA**

FARMER'S MARKET™ HOMESTYLE TARTS
SELECTED VARIETIES
6/12'S
21629191_EA
21721791_EA



\$3 **PREPARED IN CANADA**

SURAJ® NAAN
SELECTED VARIETIES
5'S
21050380_EA
21051353_EA



4⁵⁰ **GET 1,000[™] \$1 back in points**

STONEMILL BREAD
SELECTED VARIETIES AND SIZES
20371337_EA
20434401_EA

Stonemill
SOURDOUGH
MULTIGRAIN RYE

Stonemill
SOURDOUGH
CRANBERRY PUMPKIN SEED

PREPARED IN CANADA



4⁵⁰ **PREPARED IN CANADA**

SARA LEE LITTLE BITES OR VACHON SNACK CAKES
SELECTED VARIETIES AND SIZES
20963606_EA
21716306_EA

Little Bites
Mini Bars

JOS LOLLI'S



7⁵⁰ **PREPARED IN CANADA**

TRE STELLE RICOTTA 475 G OR BOCCONCINI OR FETA 200 G
SELECTED VARIETIES
20003436_EA
20093452_EA



in the mood for deli-cious

SAVE UP TO \$1

\$7

CATHEDRAL CITY CHEDDAR
SELECTED VARIETIES
200 G
21245346_EA
21434515_EA

CATHEDRAL CITY
ENGLISH CHEDDAR ANGLAIS
MATURE / AFFINE

CATHEDRAL CITY
ENGLISH CHEDDAR ANGLAIS
VINAGE

Optimum
Members-Only Price
\$7
Non-members **\$8**

Members save \$1

PREPARED IN CANADA

Natural Selections
SCHNEIDER'S DELI SLICED MEAT
SELECTED VARIETIES
150-175 G
20065285_EA
20082322_EA



\$6 **PREPARED IN CANADA**

SAN DANIELE MORTADELLA, MASTRO PROSCIUTTO COTTO OR ROSEMARY HAM DELI SLICED MEAT
SELECTED VARIETIES
125-175 G
20576743_EA
21673542_EA



2/\$7 **PREPARED IN CANADA**

OR \$4 EA.

PC® HUMMUS OR DIPS
SELECTED VARIETIES
200-227 G
21681330_EA



2/\$7 **PREPARED IN CANADA**

OR \$4 EA.

PC® NAAN CRISPS
SELECTED VARIETIES
170 G
21683470_EA

Yves & Thomas
NAAN CRISPS
SEA SALT - SEL DE MER
CRAQUELINS DE NAANS



on the run, we got you

2/\$8 **GET 1,000[™] \$1 back in points when you buy 2**

OR \$5 EA.

FRIED TORTILLA CHIPS
383 G
21534610_EA



9⁹⁹ **PREPARED IN CANADA**

OLIVIERI FAMILY PACK PASTA
SELECTED VARIETIES
500-700 G
20311094_EA
21021889_EA

Oliveri
SKILLET NOCCHI
POELES
CLASSIC CLASSIQUE



\$10

IN-STORE MADE LOADED BOWLS
345-380 G
21738472_EA



Family meals

FROM \$16 **NEW**

IN-STORE PREPARED ONE PAN FAMILY MEALS
820-960 G
21738484_EA





Get more on

More savings, more deals, more points
This week only! May 7-13*

More days More days More days More days More days

More days

Members get **5,000** back in points for every '10' spent on

\$5 back in points

\$5

KELLOGG'S CEREAL
SELECTED VARIETIES
317-525 G
20015041_EA
21607207_EA

VERY HIGH FIBRE
MINI-WHEATS!
MADE WITH 100% WHOLE GRAIN
ORIGINAL
440 g

VECTOR
HIGH PROTEIN
WITH GRINDNEY ISLAND'S CHICKEN
430 g

More days

Members get **3,000** back in points for every '10' spent on

\$3 back in points

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR **FROSTINGS** 340-450 G
SELECTED VARIETIES
20542641007_EA
21547837_EA

Betty Crocker Whipped CREAM CHEESE

Betty Crocker Super Moist
Rainbow Bit • Bismarck arc-en-ciel
avec mini-macaron & gelée

More days

Members get **1,500** back in points for every '7' spent on

\$1.50 back in points

KNORR OR LIPTON SOUP MIX
SELECTED VARIETIES
40-338 G
20297514001_EA
20306189002_EA

Knorr VEGETABLE LÉGUMES
SOUP MIX / MÉLANGE À SOUPE

Lipton Tomato Vegetable
Tomate et légumes

More days

Members get **1,000** when you buy 2

\$1 back in points

4²⁵

CHRISTIE CRACKERS
SELECTED VARIETIES
162-200 G
21030647_EA
21547034_EA

RITZ original
180 g

triscuit ORIGINAL
MADE WITH REAL BUTTER
200 g

More days

Member Only Price **\$4**
Non-Members **\$5**

Members save **\$1**

DORITOS FLAVOURED TORTILLA CHIPS OR TOSTITOS TORTILLA CHIPS
SELECTED VARIETIES
205-295 G
21605981_EA
21693042_EA

Doritos ORIGINAL NACHO

Tostitos ROUNDS-ROUNDES

More days

Members get **5,000** back in points for every '10' spent on

\$5 back in points

KNORR GRAVY AND SAUCE MIX 22-48 G, **BASE FLAVOUR PASTES** 113 G, **BOUILLON CUBES OR POWDERS** 63-250 G OR **LIQUID CONCENTRATE** 250 ML
SELECTED VARIETIES
20297436001_EA
20312312001_EA
21693454_EA

Knorr ALFREDO
PASTA SAUCE MIX / MÉLANGE À SAUCE POUR PÂTES

Knorr CHICKEN / POULET

Knorr ROASTED CHICKEN / POULET ROTI

More days

Members get **500** back in points

3⁵⁰

CHRISTIE KIDS COOKIES
SELECTED VARIETIES
144-200 G
21584975_EA
21585047_EA

OREO mini
MADE WITH REAL EGGS
18 x 25 g (100 g)

6 SNACK PAKS

More days

Members get **1,000** when you buy 3

\$1 back in points

3⁷⁹⁻³⁸⁹

SWISS CHALET OR MONTANA'S READY TO SERVE SOUP
SELECTED VARIETIES
540 ML
21313333_EA
21690570_EA

SWISS CHALET

MONTANA'S BBQ & BAR

More days

Members get **2,000** when you buy 2

\$2 back in points

5⁴⁹

CHRISTIE PEEK FREANS COOKIES 275-350 G OR **CADBURY FINGERS CHOCOLATEY COOKIE BISCUITS** 114-125 G
SELECTED VARIETIES
20488021_EA
21631887_EA

Christie Crème de Fruit

Cadbury FINGERS

More days

Members get **1,000** back in points

\$1 back in points

17⁹⁹

GOGO SQUEEZ FRUIT SAUCE POUCHES
SELECTED VARIETIES
20X90 G
21547971_EA
21547993_EA

GoGo SQUEEZ

More days

Members get **1,000** back in points

\$1 back in points

\$10

CAVENDISH FRIES, ONION RINGS, WEDGES OR HASHBROWNS 1-2.25 KG OR **PC® VEGETABLES** 1.75 KG
SELECTED VARIETIES FROZEN
85 G
20827761_EA
21696317_EA

Broccoli Florets
FLEURONS DE BROCCOLI
845 LIGES (2 x 175 kg)

Cavendish Flavour CRISP
CLASSIC / CLASSIQUE
2 kg

More days

Members get **1,000** back in points

\$1 back in points

4⁴⁹⁻⁸⁴⁹

RAINCOAST CANNED FISH
SELECTED VARIETIES
142-160 G
20691309001_EA
20317500002_EA

RAINCOAST WILD PINK SALMON
SALMON ROSÉ SAUVAGE
NO SALT ADDED • SANS SEL AJOUTÉ

RAINCOAST WILD ALBACORE TUNA
THON BLANC SAUVAGE
NO SALT ADDED • SANS SEL AJOUTÉ

More days

Member Only Price **3⁵⁰**
Non-Members **\$4**

MOTT'S FRUITSACTIONS APPLE SAUCE
SELECTED VARIETIES
6 X 304 ML
20324240011_EA
20324240027_EA

MOTT'S FruitSations APPLE SAUCE

MOTT'S FruitSations STRAWBERRY KIWI Unsweetened

More days

Members get **150** back in points

89¢

WHISKAS CAT FOOD POUCHES
SELECTED VARIETIES
85 G
21699520_EA
21699626_EA

whiskas Favourites / Favoris

More days

Members get **1,000** back in points

\$1 back in points

\$7

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21021208_EA

Temptations VALUE 454 g / ÉCONOMIQUE



Get more on

More savings, more deals, more points
This week only! May 7-13*

More days More days More days More days More days

More days
APP EXCLUSIVE OFFER
Members get **1,500 pts** back in points
\$5
CANTALOUPE
PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL
EACH
2016707001_EA
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

More days
APP EXCLUSIVE OFFER
Member Only Price™
3.50
Non-Members **4.50**
Members save **\$1**
PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES, FROZEN
212-365 G
2031253001_EA
20987543_EA
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

More days
APP EXCLUSIVE OFFER
Members get **4,000 pts** for every '10' spent on
\$4 back in points
CHRISTIE COOKIES
SELECTED VARIETIES
224-303 G
21358407_EA
21361506_EA
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

More days
APP EXCLUSIVE OFFER
Members get **4,000 pts** for every '10' spent on
\$4 back in points
SILK NON-DAIRY BEVERAGES
SELECTED VARIETIES
890 ML 1.89 L
2031509001_EA
21357995_EA
21731288_EA
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

More days
APP EXCLUSIVE OFFER
Members get **4,000 pts** for every '10' spent on
\$4 back in points
ANGIE'S POPCORN OR PUFFS
SELECTED VARIETIES
102-397 G
20778751_EA
20810709_EA
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

More days
APP EXCLUSIVE OFFER
Members get **8,000 pts** for every '20' spent on
\$8 back in points
NATURE VALLEY FIBRE 1 OR CHEX
SELECTED VARIETIES
AND SIZES
20887250_EA
21499403_EA
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

More days
APP EXCLUSIVE OFFER
Members get **2,500 pts** for every '5' spent on
\$2.50 back in points
PC® BLUE MENU® OR PC® SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21747415_C12
21747404_C12
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

More days
APP EXCLUSIVE OFFER
Members get **8,000 pts** for every '16' spent on
\$8 back in points
SWIFFER STARTER KITS
SELECTED VARIETIES
21625788_EA
21625498_EA
Open your PC Optimum™ app or visit pc optimum.ca to get the offer.

GET **10,000 pts** for every '100' spent on
\$10 back in points
ANY COMBINATION OF DOORDASH AND PLAYSTATION STORE GIFT CARDS

Offer valid in-store only. Subject to availability; selections may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on DoorDash and PlayStation Store gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.

JOE FRESH
Optimum App exclusive offer
More days™
May 7 - 13
Members get **20,000 pts** for every \$75 spent on apparel*

Visit www.joefresh.com

Get your first year of PC Express Pass for **\$2/month**

- Unlimited grocery delivery or pickup
- Earn 2% back in pts with eligible pickup orders**

Learn more
Use code **PASS76**

** Offer valid until May 20, 2026. Conditions apply, see site for details.

**More days
More days**

Optimum More days™ Esso Mobil
App exclusive mystery offer
Earn up to 10¢/L in pts

Reveal your exclusive mystery offer in the App, then fuel up at Esso™ or Mobil™ stations!
4 days only! May 7-10

SURPRISE OFFER
1 week only!
Thursday, May. 7th to Wednesday, May. 13th

You could get **30%** or **20%** or **10%** back in pts

Open the App to get your offer!
Available for new and existing PC Optimum™ members.

100% CANADIAN GROWERS

OUR GARDEN CENTRE IS NOW OPEN!



Linwell Gardens

With a farm in Beamsville, Ont. Linwell Gardens has been a family run business for over 30 years having left the original family greenhouse in 1989. All plants are rooted and grown in Canada, as Linwell sells exclusively to Canadian retailers. With a focus on annual cuttings from January - March, spring annual bedding plants from March - June and poinsettias from July - December - Linwell Gardens works closely with world class breeders to bring new and improved plants to gardeners across Canada.

2/\$20
OR \$11 EA.

PC® PERENNIALS
SELECTED VARIETIES
13 CM
21350463_EA



\$30

KIMBERLY QUEEN FERN
30 INCH
2124923_EA



\$15

PC® ANNUAL PLANTER
SELECTED VARIETIES
8.5 INCH
2100946_EA



BUY 5 OR MORE \$5 EA.

PC® GIGANTICO™ ANNUALS
SELECTED VARIETIES, 4.33 INCH
2132664_EA



YOUR SPOT FOR RECYCLING FLATS AND POTS

Empty pots We recycle pots by shipping them to the greenhouse to be crushed.

Plastic Shredded plastic makes pellets for new pots and flats.

April 30th to June 17th, 2026

RECYCLE YOUR POTS FOR POINTS

100^{pts}

For every empty pot, flat, pot or return to our garden centre.

For every empty pot, flat, pot or return to participating Loblaws Companies Limited Garden Centre, you will earn the points indicated. Offer expires after use and cannot be used in previous or subsequent transactions. We reserve the right to limit number of pots or flats returned. We are not obligated to award points based on price or quantity. No cash value.

BUY 5 OR MORE \$5 EA.

PC® GIGANTICO™ HERBS AND VEGETABLES
SELECTED VARIETIES
4.33 INCH
21330720_EA



BUY 5 OR MORE \$5 EA.

PC® GIGANTICO™ TROPICALS
SELECTED VARIETIES
4.33 INCH
21350305_EA



2/\$36
OR \$20 EA.

PC® DELUXE ANNUAL HANGING BASKET
SELECTED VARIETIES
11 INCH
20753918_EA



\$32

PC® DIPLADENIA HANGING BASKET
SELECTED VARIETIES
11 INCH
21436462_EA



\$22

PC® BOSTON FERN HANGING BASKET
10 INCH
20643440_EA



\$32 **7,000^{pts}** **\$7**

MOTHER'S DAY UNIT OFFER WINDOW BOXES
SELECTED VARIETIES
20753925_EA



7 DAYS
MAY 7TH TO 13TH

2/\$36
OR \$20 EA.

PC® STRAWBERRY HANGING BASKET
SELECTED VARIETIES
11 INCH
20753916_EA



\$9

PC® SUPER GIGANTICO™ ANNUALS
SELECTED VARIETIES
6 INCH
21332513_EA



\$30

PC® DELUXE ANNUAL PLANTER
SELECTED VARIETIES
11 INCH
20753963_EA



SAVE \$1.50 \$26

PC® JUMBO ANNUAL HANGING BASKET
SELECTED VARIETIES
12 INCH
20753924_EA



\$18

PC® CALLA LILY
7 INCH
21370028_EA



\$33

DAVID AUSTIN® ROSES
SELECTED VARIETIES
3 GALLON
21277196_EA



\$24

PC® ROSES
SELECTED VARIETIES
2 GALLON
20756987_EA



\$30-45

ASSORTED TROPICAL PLANTS
10 INCH
21097270_EA



\$7

PC® NATIVE PERENNIALS
4 INCH
21290441_EA



3/\$12
OR \$4.50 EA.

NO NAME® CEDAR MULCH
AVAILABLE IN NATURAL, BLACK OR RED
42.5 L
21358573_EA



4/\$13
OR \$3.50 EA.

PC® BLACK EARTH SOIL
25 L
21357792_EA



\$10

PC® FLOWER & GARDEN BED SOIL
50 L
21363856_EA



2/\$26
OR \$15 EA.

PC® PERENNIALS
SELECTED VARIETIES
15 CM
21350466_EA



2/\$10
OR \$5.50 EA.

PC® PERENNIALS
SELECTED VARIETIES
9 CM
21350463_EA



Shop the **World** in our aisles



\$16

SUFRA® HALAL CHICKEN DRUMSTICKS
UP TO 1.7 KG OR
THIGHS
UP TO 1.9 KG
21914885_EA
21917106_EA



HALAL

\$10 LB

BEEF RIB FINGER MEAT
BONELESS, CRYOVAC
22.05/KG
20142159_KG



\$25

STEWING GOAT
BONE-IN, FROZEN
1 KG
20143053_EA



\$7

SEAQUEST® BAY SCALLOPS UNCOOKED
100-150 PER LB 400 G OR
ASC BASA STEAKS
UNCOOKED 1 KG
FROZEN
20190465_EA
21558527_EA



2.88 LB

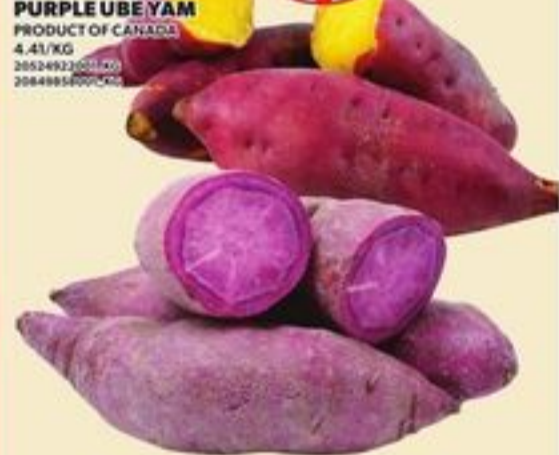
ROMA TOMATOES
PRODUCT OF CANADA OR MEXICO
6.35/KG
2044338100L_KG



\$2 LB



JAPANESE OR PURPLE UBE YAM
PRODUCT OF CANADA
4.41/KG
20524822000L_KG
20648855000L_KG



2.88 LB

GINGER ROOT
PRODUCT OF CHINA
6.35/KG
20179038001_KG



\$30

ALPHONSO MANGO CASE
PRODUCT OF INDIA
6'S
2015170100L_C02



\$3 EA./LB

LARGE DRAGONFRUIT
PRODUCT OF VIETNAM
53 EA. OR
BABY OR SHANGHAI BOK CHOY
PRODUCT MEXICO OR U.S.A.
53 LB OR 6.61/KG
2008227900L_KG
2016439500L_EA



6.99

HANDI MEATEOR BEEF SAMOSAS
SELECTED VARIETIES,
FROZEN
300 G
21692043_EA



9.99

NANAK GAJAR HALWA
SELECTED VARIETIES,
FROZEN
850 G
216622061_EA



1.75

VITA MALT
SELECTED VARIETIES
330 ML
20191955_EA
20795408_EA



4.99

GLICO POCKY BISCUIT STICK BAG
SELECTED VARIETIES
12'S 144 G
21964079_EA
21964087_EA



3.49

INDOMIE INSTANT NOODLES
SELECTED VARIETIES
5'S 400-425 G
20686719_EA
21094981_EA



3.49

ORIO TURTLE CHIPS
SELECTED VARIETIES
160 G
21704482_EA
21704480_EA



3.75

LA COSTENA SAUCES
SELECTED VARIETIES
455 ML
20319656002_EA
20319656004_EA



1.50

GRACE COCONUT MILK 400 ML OR
LA COSTENA CHIPOTLE SAUCE
220 G
20061774_EA
20823424_EA



1.69

WAHAHA YOGHURT DRINK
SELECTED VARIETIES
4'S 400 ML
21091972_EA
21582076_EA



your one-stop grocery shop

\$7

KELLOGG'S EGGO WAFFLES 16'S OR **PROTEIN WAFFLES** 8'S
SELECTED VARIETIES
FROZEN
21639330_EA
20099730004_EA



\$3

POST CEREAL
SELECTED VARIETIES
311-525 G
21627181_EA
21648226_EA



\$6

QUAKER MUFFIN OR COOKIE MIX
SELECTED VARIETIES
900 G
20301064001_EA
21612041_EA



\$5

CLUB HOUSE FAMILY SIZE, LA GRILLE OR ONE STEP SEASONING
SELECTED VARIETIES
13-248 G
20900764_EA
203060090001_EA
20321740001_EA



SAVE \$1.58 WHEN YOU BUY 2

2/\$7

OR \$4.29 EA.

MAPLE LEAF FLAKES
SELECTED VARIETIES
156 G
20298273001_EA
20298273005_EA



\$7

GOLD SEAL SOCKEYE SALMON
213 G
21186414_EA



2/\$8

OR \$4.49 EA.

PC® SALAD DRESSING 475 ML OR **CROUTONS** 140 G
SELECTED VARIETIES
20628489001_EA
20196248001_EA



\$8

BOTTICELLI PASTA SAUCE
SELECTED VARIETIES
370/710 ML
21544485_EA
21545179_EA



SAVE \$1 WHEN YOU BUY 2

2/\$5

OR \$3 EA.

UNICO PASTA SAUCE
SELECTED VARIETIES
680 ML
20326537001_EA
20326537003_EA



\$7

GIUSEPPE EASY PIZZI
SELECTED VARIETIES
FROZEN
560-600 G
21359564_EA
21162407_EA



3⁵⁰

MCCAIN FRIES OR HASHBROWNS
800 G OR **CHEEMO PEROGIES** 745-907 G
SELECTED VARIETIES
FROZEN
20527199_EA
21521173_EA



SAVE UP TO \$2.49

8⁵⁰

HIGH LINER FISH OR SHRIMP
SELECTED VARIETIES
FROZEN
315-700 G
20303200001_EA
20303200003_EA



2/\$7

OR \$3.99 EA.

CHEEZ-IT BAKED SNACK CRACKERS
SELECTED VARIETIES
191/200 G
2119232001_EA
2119232002_EA



SAVE \$1.48 WHEN YOU BUY 2

2/5⁵⁰

OR \$3.49 EA.

CLIF BUILDERS PROTEIN BARS
SELECTED VARIETIES
56-68 G
20303133002_EA
21541067_EA



\$5

PC® ICE CREAM SHOP ICE CREAM
SELECTED VARIETIES
FROZEN
946 ML
21706410_EA
21706473_EA



SAVE 98¢ WHEN YOU BUY 2

2/\$17

OR \$8.99 EA.

COCA-COLA OR CANADA DRY SOFT DRINKS
SELECTED VARIETIES
12X355 ML
20338694001_EA
20338694002_EA



SAVE 98¢ WHEN YOU BUY 2

2/\$7

OR \$3.99 EA.

PC® LEMONADE
SELECTED VARIETIES
1.89 L
20773870001_EA
20957804_EA



Optimum Members-Only Price

2⁷⁵

Non-members **3⁵⁰**

CADBURY CHOCOLATES
SELECTED VARIETIES
80-100 G
21648577_EA/21658430_EA



\$12

COTTONELLE FLUSHABLE WIPES
SELECTED VARIETIES
4'S
21477027_EA



\$21

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24-72 ROLLS
2189845_EA/21443648_EA



Optimum Members-Only Price

15⁹⁹

Non-members **17⁹⁹**

Members save \$2

WHISKAS CAT FOOD
SELECTED VARIETIES
12'S
20548822_EA





for all your
**household
paper
essentials**

21⁹⁹

APP EXCLUSIVE OFFER*

GET **3,000^{pts}** **\$3** back in points

**PC® BATHROOM
TISSUE**
30=100 ROLLS
21450846_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$9

**PC® BATHROOM
TISSUE**
SELECTED VARIETIES
12=24 ROLLS
21450718_EA



24⁹⁹

APP EXCLUSIVE OFFER*

GET **3,000^{pts}** **\$3** back in points

PC® PAPER TOWEL
12 ROLLS
21558605_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$8

APP EXCLUSIVE OFFER*

GET **1,000^{pts}** **\$1** back in points

**PC® DINNER
NAPKINS**
2 PLY
180 COUNT
20084398_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$9

PC® FACIAL TISSUES
6'S
20181283_EA



MKT FLAP PAPER



APP EXCLUSIVE OFFER

Get 6,000 pts

\$6 back in points

for every \$25* spent on cosmetics, haircare and skincare

21295791_EA/21505267_EA/21607043_EA



\$8

LIMIT 4 AFTER LIMIT 8.99 EA.

TRESEMME HAIR CARE OR STYLING PRODUCTS SELECTED VARIETIES AND SIZES



\$8

LIMIT 4 AFTER LIMIT 9.99 EA.

HERBAL ESSENCES PURE PLANTS SHAMPOO, CONDITIONER 400 ML OR STYLING PRODUCTS SELECTED VARIETIES AND SIZES



\$9

LIMIT 4 AFTER LIMIT 11.49 EA.

OGX, MAUI OR AVEENO HAIR CARE SELECTED VARIETIES AND SIZES



GET 6,000 pts when you spend \$15* on \$6 back in points

NICE N EASY, NATURAL INSTINCTS OR COLOR STRONG HAIR COLOUR SELECTED VARIETIES



SAVE UP TO 20%

NEUTROGENA SKIN OR SUN CARE PRODUCTS SELECTED VARIETIES AND SIZES



SAVE UP TO 20%

NIVEA BODY LOTIONS OR CREAMS SELECTED VARIETIES AND SIZES



SAVE UP TO 25%

NATIVE BODY WASH 532/650 ML, DEODORANT 75 G OR BODY SPRAY 99 G SELECTED VARIETIES



4.50

LIMIT 4 AFTER LIMIT 5.99 EA.

NIVEA BODY WASH 500 ML OR DEODORANT 50 ML/51/52 G SELECTED VARIETIES



SAVE UP TO 25%

DOVE BAR SOAP 12X106 G OR BODY WASH 905/950 ML SELECTED VARIETIES



7.50

LIMIT 4 AFTER LIMIT 8.49 EA.

CREST PRO HEALTH GUM DETOXIFY TOOTHPASTE 110 ML, ORAL-B FLOSS TWIN PACK, CREST SCOPE OUTLAST AND PROHEALTH ADVANCED RINSE 1 L OR ORAL-B BATTERY TOOTHBRUSH SELECTED VARIETIES AND SIZES



6.50

LIMIT 4 AFTER LIMIT 7.49 EA.

SENSODYNE OR PRONAMEL TOOTHPASTE SELECTED VARIETIES



5.50

LIMIT 4 AFTER LIMIT 5.99 EA.

COLGATE TOTAL OR SENSITIVE PRO-RELIEF TOOTHPASTE, COLGATE 360 OR PERIOGARD MANUAL TOOTHBRUSHES EA. OR COLGATE KIDS MOUTHWASH 500 ML SELECTED VARIETIES AND SIZES



\$7

LIMIT 4 AFTER LIMIT 8.49 EA.

BIC OR SOLEIL DISPOSABLE RAZORS SELECTED VARIETIES



3.50

LIMIT 4 AFTER LIMIT 4.29 EA.

SPEED STICK PREMIUM DEODORANT 45/85 G OR SOFTSOAP LIQUID HAND SOAP 332 ML SELECTED VARIETIES



\$5

LIMIT 4 AFTER LIMIT 5.99 EA.

AXE BODY SPRAY 113 G, DEODORANT 76/85 G OR BODY WASH 473 ML SELECTED VARIETIES



live well, spend less

SAVE UP TO
15%

CENTRUM MULTIVITAMINS, CALTRATE BONE HEALTH SUPPLEMENTS OR EMERGEN-C VITAMINS
SELECTED VARIETIES AND SIZES
20997330_EA
20997357_EA



SAVE UP TO
15%

YOUTHEORY HEALTH 45-80'S OR OLLY 25-90'S VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21289985_EA/21546942_EA



SAVE UP TO
20%

BOOST READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
20986361_C06
20990880_C06



\$23 **LIMIT 4**
AFTER LIMIT 25.99 EA.

REACTINE 24-36'S, CLARITIN 15-30'S, ALLEGRA 30'S OR BENADRYL 25 MG 100'S CAPLETS, TABLETS OR GELS
SELECTED VARIETIES AND SIZES
21367017_EA/20308018001_EA



\$15

TYLENOL TABLETS, CAPLETS OR GELCAPS
SELECTED VARIETIES
60-150'S
20040611_EA/21032531_EA



SAVE UP TO
15%

BAND-AID BANDAGES OR POLYSPORIN OINTMENT
SELECTED VARIETIES AND SIZES
20380066001_EA
21335482_EA



\$12

ALWAYS LINERS 92-96'S, PADS 7-92'S, OR TAMPAX TAMPONS 22-26'S
SELECTED VARIETIES
21025063_EA/21374609_EA



\$13

GET 4,000 **\$4**
when you buy 2 **back**
in points

U BY KOTEX LINERS 54-120'S, PADS 30-44'S OR TAMPONS 30/32'S
SELECTED VARIETIES
21724886_EA/21734867_EA



\$18

TENA PADS, UNDERWEAR OR BRIEFS
SELECTED VARIETIES AND SIZES
20957897_EA/21099265_EA



5/\$10
OR \$2.49 EA.

BABY GOURMET ORGANIC FRUIT OR VEGETABLE BABY FOOD POUCHES 113/128 ML OR JARS 113 ML
SELECTED VARIETIES
2061654001_EA/21123983_EA



2/\$11
OR \$5.99 EA.

GERBER INFANT CEREAL
SELECTED VARIETIES
227 G
20358329002_EA
20358329007_EA



\$38 **LIMIT 4**
AFTER LIMIT 42.99 EA.

ENFAGROW A+ TODDLER NUTRITIONAL SUPPLEMENTAL
SELECTED VARIETIES
907 G
21694898_EA/21694972_EA



\$35 **GET 2,000** **\$2**
LIMIT 4
AFTER LIMIT 41.99 EA. **back**
in points

HUGGIES ECONO PACK DIAPERS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS
SELECTED VARIETIES
SIZE N-7, 60-200'S
21456748_EA/21663768_EA



\$37 **LIMIT 4**
AFTER LIMIT 43.99 EA.

HUGGIES PULL-UPS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS
SELECTED VARIETIES
68-112'S
21021427_EA/21089704_EA



\$70 **LIMIT 4**
AFTER LIMIT 89.99 EA.

SIMILAC 360 TOTAL CARE READY TO FEED INFANT FORMULA
SELECTED VARIETIES
16X235 ML
21702863_CN/21702882_C16



outdoor living

\$545 **LIMIT 3**
AFTER LIMIT \$645 EA.

LIFE AT HOME™
5 PIECE SHELburnE DINING SET
1 YEAR WARRANTY
21677618_EA



\$345 **LIMIT 3**
AFTER LIMIT \$395 EA.

EVERYDAY ESSENTIALS™
5+1 BURNER GRILL
21670512_EA



67,000 BTU
28 Burgers Propane
2 Year Limited 479 Sq Inches

\$55 **LIMIT 3**
AFTER LIMIT \$75 EA.

EVERYDAY ESSENTIALS™
PORTABLE GRILL
WITH LOCKING LID AND FOLDING LEGS
21672427_EA



12,000 BTU
12 Burgers Propane
1 Year Limited 224 Sq Inches

SAVE UP TO 25%

LIFE AT HOME™
OUTDOOR STRING LIGHTS
SELECTED VARIETIES
21599224_EA/21600117_EA



\$125 **LIMIT 3**
AFTER LIMIT \$175 EA.

LIFE AT HOME™
OUTDOOR PRIVACY SCREENS
SELECTED VARIETIES
21599479_EA



SAVE UP TO 30%

LIFE AT HOME™
SEAT CUSHIONS
SELECTED VARIETIES
21649888_EA/21649779_EA



SAVE UP TO 20%

EVERYDAY ESSENTIALS™
ADULT CHAIRS
SELECTED VARIETIES
21685538_EA
21685991_EA



SAVE UP TO 20%

PC® SOFT COOLERS
SELECTED VARIETIES
21644126_EA/21644193_EA



SAVE UP TO 30%

EVERYDAY ESSENTIALS™
RUGS
SELECTED VARIETIES
21684270_EA/21684296_EA



SAVE UP TO 15%

OFF! OR RAID
INSECT REPELLENT
SELECTED VARIETIES
2011889_EA/2109447_EA



SAVE UP TO 25%

BUBBLES MACHINES
OR BLASTERS
EXCLUDING BUBBLE WANDS
21561684_EA/21694050_EA



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FIFA World Cup
2026™ Canada Jersey
\$35



Toddler FIFA
World Cup 2026™
Canada 2-Piece Set
\$35



Adult FIFA
World Cup 2026™
England Jersey
\$35



Kid FIFA World Cup
2026™ Canada
Cap **\$16**



Baby FIFA World Cup
2026™ Portugal
Romper **\$22**



Kid FIFA World Cup
2026™ Germany
Jersey **\$24**



Adult FIFA World
Cup 2026™ Italy
Lounge Short **\$25**



\$25

FIFA World Cup
2026™ Canada
Muscle Tank



\$35

Toddler FIFA World
Cup 2026™ Brazil
2-Piece Set



\$25

FIFA World Cup
2026™ Trophy
T-Shirt

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Celebrate Mom

WITH A GOURMET HAPPY HOUR

- \$3.50** /100g
JARLSBERG
Cheese
21388103_KG
- \$3** /100g
AGROPUR GRAND CHEDDAR
1 year, 5 years
21180100_KG
21194213_KG
- \$12**
MONSIEUR GUSTAV
Double crème
325g
21396602_EA
- \$6**
MONSIEUR GUSTAV
Double crème
Camembert
125g
21618007_EA
20091813_EA
- \$8**
L'EXTRA
Brie, Camembert
NOTRE-DAME
Brie
170g
21153819_KG
20091813_EA
- \$3.50** /100g
L'EXTRA
Brie
Double crème
21153808_KG
21128230_KG
- \$7**
ENTREMONT
Brie, Camembert
227g
21602807_EA
21602836_EA
- \$4** /100g
ENTREMONT
Brie
21732884_KG
- \$8**
KERRYGOLD
Dubliner
Reserve Cheddar
198g
20891805_EA
20091813_EA
- \$5** /100g
CAMBOZOLA
Cheese
20001969_KG
- \$10**
SNOWDONIA
Beech Wood
Black Bomber
200g
21628091_EA
21622796_EA

Lactantia

FOR MILK CONNOISSEURS

- \$5.75** LACTANTIA
PURIFILTRE
MILK, 2L
SELECTED VARIETIES
21424891_EA
- \$6** LACTANTIA
LACTOSE-FREE
MILK, 2L
SELECTED VARIETIES
21441429_EA
- \$3.25** BFIT
HIGH PROTEIN
MILKSHAKE, 460 ML
SELECTED VARIETIES
21345511_EA
21345500_EA

PRODUCT MADE IN CANADA

CDHF

*per 400 mL serving

Our butchers cut quality meat in your store every day!

- gourmet beef burgers**
20775785_KG
21550474_KG
- marinated top sirloin beef, chicken or pork kebabs**
20636713_KG
20636715_KG
- marinated beef flank steak**
20648756_KG
- marinated beef short ribs**
20797535_KG

BOLD FLAVOUR MEETS MAYO

NEW Heinz Mayonnaise-style Sauces selected varieties 340 mL 21735038_EA **\$2.99**

NEW Bull's-Eye BBQ Sauce selected varieties 425 mL 21735390_EA **\$4**

NEW Diana Sauce selected varieties 500 mL 21735502_EA **\$4**

SIP THE FLAVOUR, SEE THE TROPHY

Scan for a chance to WIN* a trip to the FIFA World Cup 26™ Trophy Tour and more prizes!

Naturally Flavoured Iced Tea

fuze and tea

*NO PURCHASE NECESSARY. Void outside Canada & where prohibited. Open to legal residents of Canada, who are 18+ & legal age of majority or older in their jurisdiction of residence. Ends at 11:59 pm ET on 5/31/26, with 13 entry periods. Entry by 11:59 pm ET on 4/26/26 for the Trip. (1) Trip: CAD\$5,390.35. (2) Prize: CAD\$125.7 per entry period. 1st entry period 13 APR - CAD\$100. Odds depend on number of eligible entries received. Much skill best required. For Official Rules, visit <https://www.fuze.com/fuzelegal>. Sponsor: Coca-Cola Ltd. © The Coca-Cola Company, used under license.

- \$9.99**** Fuze® iced tea selected varieties 12x341 mL 21645563_C12
- 2/\$5**** or \$2.99 **POWERADE®** beverages selected varieties 710 mL 20853723_EA
- 2/\$6**** or \$3.49 **Glaceau vitaminwater®** beverages selected varieties 591 mL 20562362003_EA
- 2/\$17**** or \$8.99 **Diet Coke®** beverages selected varieties 12x355 mL 21730741_C12
- SEE IN-STORE FOR RETAILS** **Monster Energy®** beverages* selected varieties 4x473 mL 20937631_C04

Valid from April 16th to April 23rd, 2026
** Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.
† This product may not be suitable for everyone. Please read the label for instructions.
‡ The trademarks that appear are the property of their respective trademark owners.

BETTER TEAR, SO MUCH SOFTER

*vs. leading 1000-sheet brand

\$18 Charmin Bath Tissue, 12=48 roll, soft 21707532_EA

4X STRONGER WHEN WET

*vs. Leading Canada 2-ply bath tissue

\$18 Charmin Bath Tissue, 12=48 roll, strong 21636641_EA

50% MORE ABSORBENT

*vs. leading ordinary brand.

\$18 Bounty Paper Towel, Select A Size, 6=12 roll 21670280_EA

THICKER AND MORE ABSORBENT

*vs. the leading US 2-ply napkin

\$11 Bounty Napkin 400's 21053171_EA

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