

# ROUSES MARKETS

PRICES GOOD WEDNESDAY, MAY 13<sup>TH</sup>, 2026 - WEDNESDAY, MAY 20<sup>TH</sup>, 2026

# CONGRATS CLASS OF 2026!

ORDER EARLY → CAKES • PARTY TRAYS • FLOWERS

**SAVE**  
up to \$2.98  
When You Buy 2



— ONLY —  
**2/\$3**

3 LB BAG U.S. #1  
**Yellow Onions**

**SAVE**  
72¢  
LB



— ONLY —  
**97¢**  
LB

USDA GRADE A  
SANDERSON FARMS  
**Whole Chicken**

LIMIT 2

**SAVE**  
\$3.00



— ONLY —  
**\$8.99**

42 OZ PACK  
**Hillshire Farm Smoked Sausage**

**SAVE**  
up to \$7.87  
When You Buy 3



— ONLY —  
**3/\$11**

6 PACK HALF LITERS  
**Coke, Pepsi or 7-Up**

LIMIT 6



DON'T FORGET THE FIXINS'

YOU'RE EITHER LOCAL OR YOU'RE NOT

Donny Rouse, CEO, 3<sup>rd</sup> Generation

# LIVE & BOILED CRAWFISH

Hot Boiled Louisiana Crawfish available 11 AM - 7 PM daily.

While supplies last. Weather permitting. Not available at all stores. Check Rouses for Market Prices on Crawfish.

Live Crawfish sold in sacks by the pound.

**SAVE**  
\$2.00



18 COUNT MULTIPACK  
**Frito Lay Chips**

**\$8.99**

**SAVE**  
\$4.11



GALLON  
**Rouses Vegetable Oil**

**\$6.88**

**SAVE**  
71¢



5.3 OZ  
**Chobani Yogurt**

**88¢**

**SAVE**  
up to \$3.58  
When You Buy 2



8 - 18.71 NABISCO  
**FAMILY SIZE Chips Ahoy or Oreo Cookies**

**2/\$8**

**SAVE**  
up to 41¢



5 OZ CAN  
**Starkist Chunk Light Tuna**

**88¢**

**SAVE**  
up to \$2.96  
When You Buy 4



14.5 - 15 OZ CAN SELECTED  
**Del Monte Vegetables**  
Corn, Sweet Peas or Green Beans

**4/\$5**

**SAVE**  
up to \$5.98  
When You Buy 2



36.3 - 38.8 OZ  
**Wild Mike's SUPER SIZED Ultimate Pizza**

**2/\$12**

**SAVE**  
up to \$4.00



15 - 18 COUNT PACK  
**Powerade or Body Armor**

**\$9.99**

**SAVE**  
up to \$5.00



8 ROLL  
**Viva Towels**  
OR 12 - 18 ROLL SELECTED  
**Scott Bath Tissue**

**\$9.99**

**SAVE**  
\$3.00



8 PACK 12 OZ  
**Surfside or Sun Cruiser Variety**

**\$13.99**

**SAVE**  
\$3.00



750 ML SELECT  
**Crown Royal Whiskey**

**\$23.99**



## NOW ACCEPTED ONLINE!

SNAP/EBT is now accepted online for Curbside Pickup and for delivery through Instacart, DoorDash, and UberEats.

ROUSES MARKETS  
CURBSIDE PICKUP

DOORDASH

Instacart

Uber Eats



# 4 DAY SALE

Prices Good May 14 - 17, 2026

**MAY**

THUR	FRI	SAT	SUN
14	15	16	17

**SAVE**  
\$2.01 LB



**ROUSES MARKET VALUE PACK**

BONE-IN VALUE PACK  
**Pork Sirloin Chops**

**LIMIT 2**

**ONLY 98¢ LB**

**SAVE**  
\$2.32 LB



**USDA GRADE A SANDERSON FARMS VALUE PACK**

**Chicken Wings**

**VALUE PACK!**

**ONLY \$1.47 LB**

**SAVE**  
up to \$1.56  
When You Buy 3



**Eat Right WITH ROUSES**

FRESH  
**Green Bell Peppers**

**LIMIT 9**

**ONLY 3/\$1**

**SAVE**  
up to \$4.98  
When You Buy 2



**Eat Right WITH ROUSES**

SWEET  
**Cantaloupe, Honeydew or Personal Size Watermelon**

**ONLY 2/\$5**

**SAVE**  
\$7.11 LB



**ALASKA SEAFOOD**  
Wild, Natural & Sustainable

WILD-CAUGHT  
**Alaska Snow Crab Clusters**

16 OZ  
Drago's Charbroiling Sauce **\$6.88**

**ONLY \$9.88 LB**

**SAVE**  
\$3.00 LB



SLICED TO ORDER  
**Rouses Black Forest Ham**

SLICED TO ORDER GREAT LAKES Yellow or White American Cheese **\$5.99 LB**

**ONLY \$6.99 LB**

**SAVE**  
up to 67¢



10 - 15 OZ CAN  
**Rotel Tomatoes or Van Camp's Pork and Beans**

**ONLY 88¢**

**SAVE**  
\$1.41



GALLON  
**Arizona Tea or Juice**

**ONLY \$2.88**

**SAVE**  
up to \$12.45  
When You Buy 5



8.375 - 12.75 OZ SELECTED  
**Stouffer's Entrées**

**MIX & MATCH!**

**ONLY 5/\$10**

**SAVE**  
\$2.90



42 COUNT POWER PAKS OR 96 - 105 OZ LIQUID  
**Arm & Hammer Laundry Detergent**

**ONLY \$6.99**

**SAVE**  
up to \$1.82



12 COUNT BOX  
**Rouses Single Serve Pods Coffee**

**ONLY \$4.47**



4 PACK 16 OZ  
**Cheech & Chong's THC Seltzer**

**BUY 1, GET 1 BOGO FREE!**  
**SAVE UP TO \$7.99 (MUST BUY 2)**

Look for these tags for savings storewide!

AS ADVERTISED WEEKLY SPECIALS

ROUSES REMARKABLE BUY

ROUSES RECOMMENDS

BEST VALUE

ROUSES 05126 SPADEA PAGE 1 FRONT ALL VERSIONS

Look for these tags for savings storewide!

AS ADVERTISED WEEKLY SPECIALS

ROUSES REMARKABLE BUY

ROUSES RECOMMENDS

BEST VALUE

ROUSES 05126 SPADEA PAGE 3 BACK LFX, NO, NS, B, DSPH, BR, LC

Prices Good May 14 - 17, 2026



REANDRE

# OUR CHOICE IS ANGUS CHOICE

The marbling in USDA Angus Choice adds flavor and makes your steak richer, juicier and more tender.



**SAVE \$150 LB**

**CHAIRMAN'S RESERVE**  
100% PREMIUM  
USDA ANGUS CHOICE BEEF  
Boneless  
Chuck Roast

**\$6.99 LB**



**SAVE up to \$5.98**  
When You Buy 2

**LIMIT 4**

14.4 - 27.2 OZ PACK  
**Smithfield**  
Marinated Pork Loin

**2/\$10**



**USDA CHOICE**

**SAVE \$100 LB**

**USDA CHOICE ANGUS BEEF**  
Bone-In Beef Short Ribs  
24 OZ SELECTED  
Main St. Bistro Sides **\$2.99**

**\$7.99 LB**

## ENTIRE LINE BELL & EVANS CHICKEN 20% OFF

IN OUR MEAT DEPARTMENT



FRESH MADE IN STORE  
**Rouses Stuffed Chicken Breast or Hamburger Patties**  
STARTING AT **\$4.99 LB**  
GREAT ON THE GRILL  
10 OZ FRESH MADE Beef, Chicken or Pork Kabobs **2/\$10**



12 OZ PACK  
**Bar-S Franks**  
**97¢**



7 - 9 OZ PACK  
**Oscar Mayer Deli Fresh Cold Cuts**  
**\$3.99**



12 OZ PACK  
**Tony Chachere's Smoked Sausage**  
**\$2.99**  
LOUISIANA LOCAL



12 - 16 OZ PACK  
**Oscar Mayer Bacon**  
**\$5.99**



7 OZ  
**Jimmy Dean Breakfast Bowl**  
**\$2.99**



2.34 LB BOX  
**Bar-S Corn Dogs**  
**\$5.99**

## ROUSE IN-HOUSE SEAFOOD



ALASKA WILD-CAUGHT  
**Halibut Steak**  
**\$19.99 LB**



ALASKA WILD-CAUGHT  
**Halibut Fillet**  
**\$24.99 LB**  
**SAVE \$300 LB**



FRESH BOILED IN STORE 14 OZ  
**Boiled Alaska Dungeness Crab & Louisiana Shrimp with Potatoes & Corn**  
**ONLY \$13.99**



ALASKA WILD-CAUGHT  
**Flounder Fillet**  
**\$6.99 LB**



4 COUNT BAG  
**Trident Alaska Salmon Burgers**  
**\$7.99**



10 OZ PACK  
**49th Star Alaska Cod Fillets**  
**\$8.99**



2 LB BLEND OF SURIMI & SNOW CRAB  
**Alaskan Snow Legs**  
**\$13.99**

PROUDLY FEATURING  
**Boar's Head**  
PREMIUM DELI MEATS AND CHEESES  
AVAILABLE AT SELECT LOCATIONS

SLICED TO ORDER  
**Boar's Head Muenster Cheese**  
**\$8.49 LB**

SLICED TO ORDER  
**Boar's Head Sweet B's Honey BBQ Chicken Breast**  
**\$12.99 LB**

SLICED TO ORDER  
**Boar's Head Maple Glazed Honey Coated Turkey Breast**  
**\$13.99 LB**

12 COUNT  
**Boar's Head Italian Pinwheels Tray**  
**\$13.99**

## ROUSE IN-HOUSE DELI & COLD CUTS



19 OZ  
**Chicken Bites**  
**\$5.00**



FRESH MADE!  
FRESH MADE IN STORE  
6 COUNT ASSORTED  
**Finger Sandwiches**  
**\$5.49**



SELECTED VARIETIES  
**Rouses Chicken Salad**  
Rotisserie, Cranberry Almond or Smoked  
**\$7.99 LB**



SLICED TO ORDER  
**Baby Swiss Cheese**  
**\$7.99 LB**



11 OZ BAG  
**Deli Tortilla Chips**  
**\$3.00**



PROUDLY CHEESE WISCONSIN  
**BelGioioso Cheese**  
8 OZ BALL, PEARLS, LOG  
OR 7 - 8 OZ  
**Pine River Cheese Spread**  
**\$4.49**



SLICED TO ORDER  
**Rouses Regular or Cajun Roast Beef**  
**\$10.99 LB**



16 OZ  
**La Mexicana Salsa**  
**\$5.99**

## ROUSE IN-HOUSE BAKERY



**NEW!**  
**BAKERY FRESH!**  
Buy the Slice **\$4.99!**  
**Hummingbird Towering Cake**  
**\$29.99**



**FRESH BAKED!**  
24 COUNT  
**Mini Cookies**  
Chocolate Chip, Oatmeal Raisin or Pecan Shortbread  
**\$4.99**



**BAKERY FRESH!**  
18.5 - 24 OZ PACK  
**Boulangerie Ace Bakery French Loaf or Gourmet Buns**  
**\$4.49**



**FRESH BAKED!**  
12 COUNT  
**Strawberry or Apple Fruit Bites**  
**\$4.99**

ON SALE THIS WEEK **SAVE \$1.00**  
**Ninja Roll**  
**\$9.99**

ON SALE THIS WEEK **SAVE \$1.00**  
**Orange Chicken & Fried Rice Mongolian Bowl**  
**\$7.99**

**Yummi Sushi TUESDAY \$5.00**

# NEW ITEM!

**What's New at Rouses!?!  
Tried and true starts at New! Look out for  
new items throughout our store!**

**SAVE up to 97¢**  
When You Buy 3

**ONLY 3/\$5**

16.9 OZ  
**10K Thirst Quencher**

**SAVE up to \$158**

**ONLY \$3.99**

4 - 5 OZ  
**Khlood Protein Popcorn**

**SAVE up to \$138**  
When You Buy 2

**2/\$3**

12 - 12.5 OZ  
**Mike's Amazing Mustard**

**SAVE \$2.00**

**\$2.99**

32 OZ  
**Mike's Amazing Vegetable Oil or Canola Oil**

**SAVE \$1.76**

**\$4.99**

12 OZ  
**Whipnotic Whipped Topping**

**SAVE up to 98¢**  
When You Buy 2

**2/\$8**

15 OZ  
**Slate Ultra Protein Milkshake**

12 OZ SQUEEZE  
**Kraft Mayo Mayonnaise Dressing Made With A1**

**\$3.99**

5.3 - 5.8 OZ  
**Chef Boyardee Skillet Meals**

**2/\$3**

**Limited Edition!**

GALLON  
**Tampico Old Fashioned Lemonade**

**3/\$5**

12 - 20 COUNT BOX  
**Crav'n Ice Cream Sandwiches or Bars**

**\$3.99**

## GULF COAST LOCAL

**May is CELIAC AWARENESS Month!**  
Celiac disease is a condition that causes an immune system response in patients when gluten is eaten. Rouses offers a variety of gluten free items which makes it easier for customers that are choosing to follow a gluten free diet to find what they need and save money too.

**SAVE up to \$11.40**

**LOUISIANA LOCAL**

**ONLY \$18.99**

32 COUNT PODS OR 32 OZ BAG  
**Community Coffee**

**SAVE \$1.50**

**ONLY \$6.49**

8 OZ  
**Primal Kitchen Salad Dressing**

**SAVE \$5.00**

**\$10.99**

12 PACK 20 OZ  
**Evamor Water**

**SAVE 80¢**

**\$4.49**

8 OZ  
**Cajun Two Step Seasoning**

**SAVE up to 76¢**

**\$3.39**

8 OZ  
**Banza Chickpea Pasta**

**SAVE up to \$1.10**

**\$4.49**

22 OZ  
**Bob's Red Mill Gluten Free Baking Flour**

12 OZ  
**The Crab Man Plus Sauce**

**\$7.99**

12 OZ  
**We Dat's Buffalo Wing Sauce**

**\$4.99**

8 OZ  
**Nutrail Protein Nut Granola**

**\$7.99**

12 OZ  
**Kraft Deluxe Gluten Free Mac & Cheese or Velveeta Gluten Free Shells & Cheese**

**2/\$9**

16 OZ  
**Sno-Balls To Go**

**2/\$5**

16 OZ  
**Uncle Marlin's BBQ Sauce**

**\$8.99**

32 OZ  
**Bob's Gluten Free Rolled Oats**

**\$6.99**

14 - 14.5 OZ  
**Amy's Gluten Free Soup**

**\$3.79**

**CURBSIDE CONVENIENCE**

Shop curbside pickup through Rouses Markets App or [orderonline.rouses.com](http://orderonline.rouses.com)

Download on the App Store  
GET IT ON Google Play

## COOL SAVINGS ON DAIRY



16 - 32.6 OZ 2-PACK  
Pillsbury  
Grands Biscuits,  
Cinnamon Rolls or Crescent Rolls  
**2/\$10**



16 OZ QUARTERS  
Blue Bonnet  
Spread  
**97¢**

## FABULOUS FROZEN FOOD FINDS



7.2 OZ  
Pillsbury  
Toaster Scrambles  
**2/\$5**



14 OZ CONTAINER  
Baskin Robbins  
Ice Cream  
**\$3.99**



4 - 4.5 OZ  
Sargento  
Balanced Breaks  
**3/\$10**



52 OZ  
Rouses Premium  
Orange Juice  
**2/\$9**



10 - 15 OZ SELECTED  
Birds Eye  
Entrées  
**\$2.99**



13.44 OZ  
Big Mozz  
Mozzarella Sticks  
**\$6.99**



8 OZ  
Tillamook  
Chunk or Shredded  
Cheese  
**\$3.99**



28 - 32 OZ  
Starbucks or  
Natural Bliss  
Creamer  
**\$4.99**



20 OZ  
Alexia  
Sweet Potato Fries  
**\$4.99**



26 OZ PACK  
Farm Rich  
Meatballs  
**\$7.99**

**"TWO THINGS: BEST QUALITY, BEST PRICE!"** - Anthony J. Rouse Sr., Founder



10 COUNT  
La Banderita  
Flour Tortillas  
**BOGO FREE!**  
BUY 1, GET 1 FREE!  
SAVE UP TO \*\$2.99  
(MUST BUY 2)



32 OZ PACK  
SELECTED  
Luxury  
Pasta  
**2/\$6**



6 - 12 COUNT  
Maruchan  
Ramen Noodles  
**2/\$7**



18 OZ PACK  
Thomas  
Bagels  
**2/\$6**



15.3 - 15.5 OZ  
Rib Rack Squeeze  
BBQ Sauce  
**\$3.99**



12 OZ  
Tony Chachere's  
Marinade  
**\$3.29**  
LOUISIANA LOCAL



12 OZ  
Frank's  
Red Hot Sauce  
or Wing Sauce  
**\$3.99**



6 COUNT BOX  
Kind  
Granola Bars  
**\$4.99**



## SATISFY THOSE CRAVINGS WITH SAVINGS ON SNACKS & BEVERAGES



6 - 12 COUNT PACK  
Act II  
Popcorn  
**2/\$7**



19 - 26 OZ  
Utz  
Barrel  
**\$6.99**



6 PACK HALF LITERS  
Pure Leaf  
Tea  
**\$5.99**



12 OZ  
Firt  
Energy Drink  
**3/\$7**



15 - 15.75 OZ  
Tostitos  
Dips  
**2/\$7**



3.5 - 4 OZ  
Golden Flake  
Pork Skins  
**2/\$4**



8 PACK 12 OZ  
Topo Chico  
Saboros  
**\$7.49**



4 PACK 16 OZ CANS  
Monster  
Energy Drinks  
**\$7.99**

## ROUSE AROUND THE HOUSE

## PET SUPPLIES

## BABY CARE

## FAMILY HEALTH & WELLNESS



7.3 - 8.3 OZ  
Glade  
Air Fresheners  
**\$1.47**



5.6 OZ  
Pup-Peroni  
Dog Treats  
**2/\$8**



8 OZ  
Gerber Rice, Oatmeal  
or Multigrain Cereal  
**\$2.99**



10.4 - 12 OZ BOTTLE  
Pantene Shampoo  
or Conditioner  
**2/\$9**



32 OZ SPRAY  
Lysol  
All Purpose Cleaner  
**\$3.99**



8 LB BAG  
World's Best  
Cat Litter  
**\$8.99**



112 - 216 COUNT  
Pampers  
Baby Wipes  
**\$6.99**



2.5 - 3 OZ  
Bio-Freeze  
Pain Relief  
**\$9.99**



30 OZ  
Clorox Bathroom or  
Disinfecting Cleaner  
**\$4.99**



14 LB BAG  
Beneful  
Dog Food  
**\$16.99**



16 - 44 COUNT SELECTED  
Pampers  
Easy Ups, Swaddlers  
or Baby Dry Diapers  
**\$9.99**



90 - 100 COUNT  
Advil, Aleve or Tylenol  
Pain Relievers  
**\$9.99**

WEEKLY AD EMAILS



NEVER MISS A SALE

Sign up for emails and have Weekly Ads and Special Offers sent directly to your inbox.



Scan here or visit our website  
[www.rouses.com](http://www.rouses.com)



# CELEBRATING 100+ YEARS OF CITY PRODUCE



**SAVE 60¢ LB**

WASHINGTON STATE  
**Honeycrisp Apples**  
**\$1.99**  
LB

The Honeycrisp Apple is juicy, sweet and slightly tart in flavor. Wonderful for eating fresh, but also great in salads, for baking and cooking.

5 LB BAG

**Rouses Red or Gold Potatoes**

**\$2.99**



Rouses Potatoes are grown for quality. They're great for all your favorite potato recipes including mashed, boiled, fried - we could go on and on!

4 COUNT PACK

**Corn On-The-Cob**

**\$3.99**



Bi-color corn is the best of both worlds together. A mix of both white and yellow kernels on one cob resulting in a more complex and sweeter taste.

FRESH  
**Large Hass Avocado**

**\$1.19**



These creamy, ripe avocados are great for making delicious creations like avocado toast and guacamole. They are considered very heart-healthy.

RED RIPE PURE FLAVOR

**Tomatoes On-The-Vine**

**\$1.99**  
LB



Leaving these plump, ripe tomatoes on the vine lets them retain their incredible flavor and delightful firmness longer.

## DURHAM ELLIS CHOCOLATES



Chocolate Covered Nuts, Raisins, Bananas, Malt Balls, Toffee Squares or Espresso Beans

FRESH CUT IN STORE  
**Seedless Watermelon Half**

**\$4.49**



**ENTIRE LINE 20% OFF**

**Celebrate The Graduates Of The Class Of 2026!**  
Pick up a gift snack box, flowers, arrangement or balloons for your favorite grad in your local Rouses floral department!

## FRESH & FUN FLORAL BOUQUETS & ARRANGEMENTS

SLEEVED  
**Dozen Rose Bouquet with One Stem Baby's Breath & Fern**  
**\$18.99**

4.5 INCH WITH POT COVER  
**Fleurette With Graduation Pick**  
**\$6.99**

SLEEVED **World Bee Day is May 20th!**  
**Bee Happy Bouquet**  
**\$16.99**

## LARGEST SELECTION & LOWEST PRICES ON BEER, WINE & SPIRITS

750 ML  
**Daou Cabernet or La Crema Sonoma Pinot Noir**  
**\$21.99**

30 PACK 12 OZ  
**Busch Light or Natural Light**  
**\$23.99**

1.75 LITER  
**Captain Morgan's Spiced Rum**  
**\$26.99**

750 ML 1792  
**Small Batch Bourbon**  
**\$22.99**

750 ML  
**Peju Legacy Sauvignon Blanc**  
**\$18.99**

4 PACK 12 OZ  
**Nutri Vodka Seltzer**  
**\$7.99**

750 ML  
**Hornitos or Don Ramon Tequila**  
**\$24.99**

750 ML  
**Corazon Blanco Tequila**  
**\$19.99**

750 ML  
**J Lohr Estate Seven Oaks Cabernet Sauvignon**  
**\$14.99**

12 PACK 12 OZ  
**Truly Hard Seltzer**  
**\$15.49**

1.75 LITER  
**Skyy Vodka**  
**\$19.99**

1.75 LITER  
**Platinum 7X Vodka**  
**\$14.99**

750 ML  
**Octopoda Cabernet Franc or Cotes de Provence Rose**  
**\$11.99**

4 PACK 12 OZ  
**Urban South Driftee THC Seltzer**  
**\$9.99**

1.75 LITER  
**Seagram's 7 Whiskey**  
**\$20.99**

8 PACK 355 ML  
**Svedka Vodka Water**  
**\$15.99**

## CHEERS TO THE GRADUATES!

750 ML  
**Veve Clicquot Yellow Label**  
**\$55.99**

750 ML SELECTED  
**Mumm Sparkling Wine**  
**\$17.99**

750 ML  
**Della Natura Prosecco or Montmartre Brut**  
**\$9.99**

750 ML  
**Andre Sparkling Wine**  
**\$6.99**

Stay in Touch with Rouses • www.rouses.com • @RousesMarkets • facebook.com/rousesmarkets • #Rouses  
Prices good at Youngsville, Lafayette, New Iberia, Houma, Thibodaux, Morgan City, Lockport, Golden Meadow, Larose & Plattenville Locations

PRICES GOOD MAY  
SUN MON TUES WED THUR FRI SAT  
17 18 19 20 13 14 15 16

Two things: Best Quality, Best Price — Anthony J. Rouse, Founder

We accept: Cash • Check • Debit • Credit • EBT • WIC