

# BECAUSE MOM DESERVES THE BEST



FROM  
**\$36**

Get  
**7,000**  
pts

**\$7**  
back in  
points

**PC® PREMIUM OR ELITE MOTHER'S DAY BOUQUET**  
21087827\_EA/21087772\_EA



**MULTI SAVE**

**2/\$40**  
OR 23.00 EA

**PC® DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES, 11 INCH  
20753918\_EA



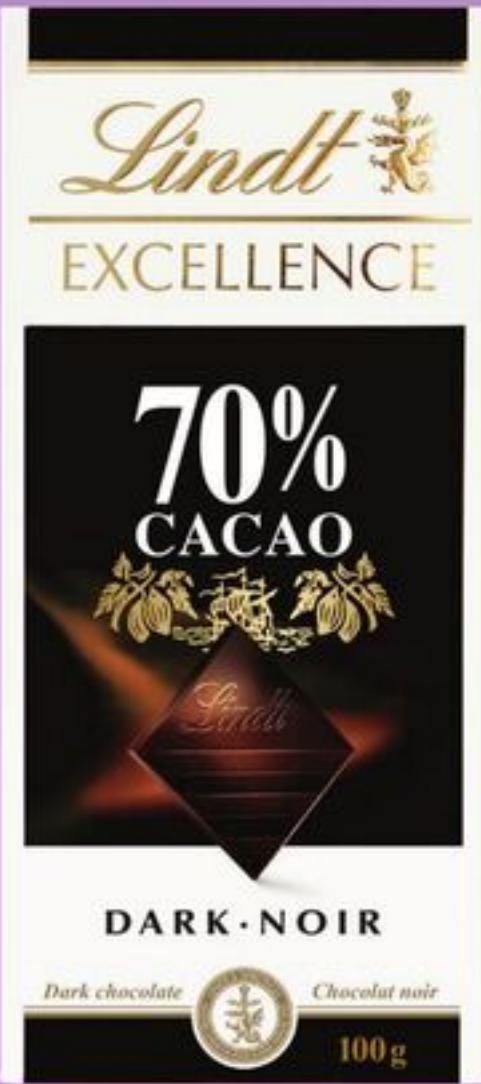
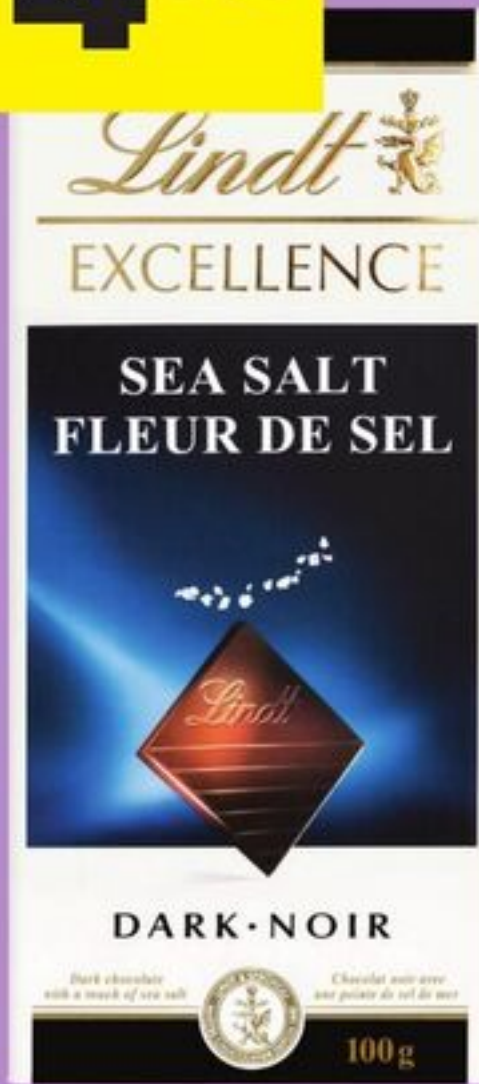
**\$26**

**PREMIUM FARM FRESH BOUQUET**  
21478148\_EA

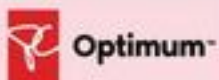


**4<sup>50</sup>**

**LINDT EXCELLENCE CHOCOLATE BARS**  
SELECTED VARIETIES, 80-100 G  
20312527009\_EA/20312527009\_EA



**App exclusive offer**



Get  
**5,000**  
pts

For every \$25\* spent

**\$5**  
back in  
points

**FRESH OR FROZEN SEAFOOD**

20728065\_KG/21230953\_KG/20789931\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



# More days More days More days More days



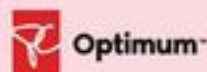
## Get more points

More savings, more deals, more points  
This week only! May 7-13\*\*



Scan  
for more  
**More days**  
deals!

### App exclusive offer



19<sup>49</sup>

Get  
**8,000**  
pts

\$8  
back in  
points

#### PC<sup>®</sup> OLD FASHIONED BACON

1 KG

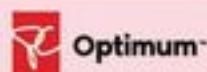
20115704\_EA

\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.  
\*Open your PC Optimum<sup>™</sup> app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.



1 KG

### App exclusive offer



Get  
**8,000**  
pts

\$8  
back in  
points

When you spend \$20\*

#### NATURE VALLEY, FIBRE 1 OR CHEX ITEM

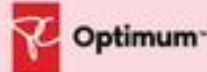
SELECTED VARIETIES

20887566\_EA/21675909\_EA

\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.  
\*Open your PC Optimum<sup>™</sup> app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.



### App exclusive offer



Get  
**4,000**  
pts

\$4  
back in  
points

When you spend \$10\*

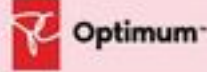
#### CADBURY CHOCOLATE BARS 80-100 G OR MAYNARDS CANDY 150-154 G, CHRISTIE OREO, CHIPS AHOY, FUDGE-O OR NUTTER BUTTER CHRISTIE COOKIES 224-303 G

SELECTED VARIETIES

21545554\_EA/21648577\_EA  
21358407\_EA/21361508\_EA



### App exclusive offer



6<sup>49</sup>

Get  
**3,000**  
pts

\$3  
back in  
points

When you spend \$11\*

#### KELLOGG'S FAMILY SIZE CEREAL

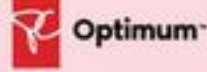
SELECTED VARIETIE

450-650 G

21430748\_EA/21469784\_EA



### App exclusive offer



Members Price<sup>™</sup>  
**\$10**

Non-Members  
**\$15**

Members Save  
**\$5**

#### TIDE DETERGENT 1.62-1.86 L, 18-31'S, DOWNY OR GAIN FABRIC SOFTENER 1.66-2.63 L, DOWNY OR GAIN BEADS 303-379 G

SELECTED VARIETIES  
21593782\_EA/21550428\_EA

\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer. \*Open your PC Optimum<sup>™</sup> app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.



**GREEN THUMBS UP**  
OUR GARDEN CENTRE IS  
OPENING SOON!

**DOMINION**  
PROUDLY CANADIAN

**HOT DEAL**  
**2.99**  
LB  
6.59/KG

**CHICKEN LEG QUARTERS**  
BACK ATTACHED  
20783907\_KG



INCLUDES HALAL CLUB SIZE

**4 DAYS ONLY!**  
THURSDAY, MAY 7<sup>TH</sup> TO SUNDAY, MAY 10<sup>TH</sup>, 2026

**11.88**  
LB  
26.19/KG

**RIB STEAK**  
BONELESS, CUT FROM  
UNGRADED BEEF  
21497218\_KG



CLUB SIZE

**SALE**  
**\$8**  
LB/EA

**FROZEN BAY SCALLOPS** 80-120 PER LB, 17.64/KG OR  
**PC PACIFIC LARGE WHITE SHRIMP RAW OR  
COOKED PEELER OR RAW ZIPPERBACK**  
31-40 PER LB, 400 G, FROZEN  
2109321\_KG/20788888\_EA/20789931\_EA



**SALE**  
**\$3**

**RASPBERRIES**  
PRODUCT OF MEXICO  
OR U.S.A., 170 G  
20128938001\_EA

**HOT DEAL**  
**\$4**

**SUNRISE SLICED BOLOGNA  
OR LARSEN WIENERS**  
SELECTED VARIETIES 375-450 G  
20806936\_EA/21093446\_EA



PREPARED IN CANADA

**RED MANGOES**  
PRODUCT OF MEXICO  
20059635001\_EA

**SALE**  
**1.25**



**MULTI SAVE**  
**2/\$7**  
OR 3.99 EA

**WONDER BREAD OR  
WONDER OR D'ITALIANO BUNS**  
SELECTED VARIETIES AND SIZES  
20305135\_EA/20626949\_EA



**HOT DEAL**  
**1.25**

**OASIS 100% JUICE  
BLENDS, DEL MONTE  
NECTAR, HYDRAFRUIT  
OR ARIZONA TEA** 960 ML  
OR ALLEN'S JUICE OR  
COCKTAILS 1L  
SELECTED VARIETIES  
20336722001\_EA/20336722008\_EA



PREPARED IN CANADA

**SAVE 1.50**  
**4.98**

**BLACK DIAMOND CHEESE  
BARS 400 G, SHREDS 300-320 G OR  
PC SHREDS 250-320 G**  
SELECTED VARIETIES  
21060207\_EA/21279221\_EA



PREPARED IN CANADA

**SAVE UP TO 1.49**  
**6.50**

**STOK COLD BREW  
COFFEE** 1.42L OR  
**SIGGI'S SKYR  
TUBS** 650/750 G  
SELECTED VARIETIES  
21037379\_EA  
21353865\_EA



PREPARED IN CANADA

**SALE**  
**\$4**

**TOSTITOS TORTILLA CHIPS**  
SELECTED VARIETIES, 215-295 G  
21050575\_EA/21050581\_EA



**SAVE UP TO 56%**  
**6.50**

**CASHMERE BATHROOM  
TISSUE** 12 DOUBLE  
ROLLS, **SPONGE  
TOWELS** 3-6 ROLLS  
OR **SCOTTIES  
FACIAL TISSUE**  
6'S  
SELECTED VARIETIES  
21204739\_EA/21676183\_EA



PREPARED IN CANADA

**MULTI SAVE**  
**3/4.98**  
OR 2.00 EA

**BARILLA PASTA**  
SELECTED VARIETIES  
410 G  
21404904\_EA  
21405047\_EA



**SAVE UP TO 45%**  
**\$3**

**CRAVE OR  
KRAFT DINNER  
ENTRÉES** 200-340 G OR  
**SMART ONES  
ENTRÉES** 241-283 G  
SELECTED  
VARIETIES  
FROZEN  
21085515\_EA  
21553329\_EA



**HOT DEAL**  
**2.99**

**BIBIGO STEAMED  
DUMPLINGS**  
SELECTED VARIETIES  
FROZEN, 187 G  
21592062\_EA



**SAVE 26%**  
**13.88**

**ROOSTER JASMINE RICE**  
8 KG  
20121871\_EA



**Express**

Subscribe & Earn up to **20% back** in pts\*

Subscribe online

Schedule your frequency

Earn up to 20% in points on popular essentials\*

\*Terms and conditions apply, see site for details.

**4.50**

**SIGGI'S SKYR**  
4X100 G, **PURE LEAF** 1.75 L  
OR **TROPICANA ZERO**  
**SUGAR** 1.36 L **DRINKS**  
SELECTED VARIETIES  
2075752002\_EA/21589925\_EA

**\$8**

**NUTELLA HAZELNUT SPREAD**  
725 G  
20436105\_EA

**UP TO 50% OFF**

**JAMIESON VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
20343239001\_EA/20704494\_EA

**3.49**

**LANTIC WHITE GRANULATED SUGAR**  
SELECTED VARIETIES  
2 KG  
20145033\_EA

**\$9**

**SAPORITO VEGETABLES, CANOLA OIL**  
3 L OR **MEZZETA OLIVES** 398 ML  
210366021\_EA/21629402\_EA

**\$6**

**MARCANGELO ITALIAN DELI MEATS SLICED**  
85 G OR **BOURSIN** 150 G  
SELECTED VARIETIES  
20116794\_EA/21706089\_EA

**6.99**

**CHRIS BROTHERS BOLOGNA CHUBB**  
1.5 KG  
21359449\_EA

**SAVE UP TO 3.49**

**HIGHLINER FISH OR SHRIMP**  
SELECTED VARIETIES  
FROZEN, 315-700 G  
20298836001\_EA  
20303200001\_EA

**8.50**

**\$4**

**GREEN GIANT VEGETABLES**  
400-750 G OR **PILLSBURY PIZZA POPS**  
380 G  
SELECTED VARIETIES  
FROZEN  
21022270\_EA  
21436023\_EA

**SAVE UP TO 3.99**

**CLUB HOUSE FAMILY SIZE, LA GRILLE OR ONE STEP SEASONING**  
SELECTED VARIETIES  
13-248 G  
20180764\_EA  
20308006001\_EA  
20321740001\_EA

**\$5**

Get **1,500** pts

**\$150** back in points

When you spend \$7\*

**LIPTON OR KNORR SOUP MIX**  
SELECTED VARIETIES  
40-339 G  
20297514001\_EA  
20315085002\_EA

**\$4**

**OCEAN SPRAY CRANBERRY COCKTAIL OR 100% JUICE BLEND**  
SELECTED VARIETIES  
1.77/1.89 L  
20300006008\_EA  
20982463\_EA

**\$10**

**STARBUCKS GROUND COFFEE**  
311/340 G, **K-CUPS**  
10'S, **CREMA**  
202 G OR **INSTANT COFFEE** 99 G  
SELECTED VARIETIES  
20703838002\_EA  
20548682004\_EA

**3.75**

**SCOTSBURN OR BAXTER CREAM**  
SELECTED VARIETIES  
1 L  
20082602\_EA

**1.25**

**JARRITOS**  
SELECTED VARIETIES  
370 ML  
20147354007\_EA  
20147354011\_EA

**SAVE UP TO 20%**

**COTTONELLE BATHROOM TISSUE**  
SELECTED VARIETIES  
12-48 ROLLS  
21665900\_EA  
21665993\_EA

**\$12**

**MULTI SAVE**

**COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
12X355 ML  
20318649002\_C12  
20322361002\_C12

**2/\$16**  
OR 8.49 EA

**\$15**

**FINISH ULTRAMAX 30'S, ULTIMATE 40'S, QUANTUM 45'S, ALL IN 1 MAX 55'S, CASCADE 30-48'S, GAIN LAUNDRY 4.25L/42'S, GAIN/DOWNY FABRIC SOFTENER 2.4-3.29 L, BEADS 515 G OR BOUNCE SHEETS 250'S**  
SELECTED VARIETIES  
20959627\_EA  
20660832001\_EA

**90¢**

**FRISKIES 156 G OR FANCY FEAST 85 G CAT FOOD**  
SELECTED VARIETIES  
20302294001\_EA  
20139657006\_EA

**PRICE DROP<sup>+</sup> so you can save more**

**3/\$9**  
OR 3.79 EA

**BEN'S BISTRORICE**  
SELECTED VARIETIES,  
240/250 G  
21404852\_EA/21405139\_EA

**3.50**

**PC SALSA**  
SELECTED VARIETIES  
650 ML  
20309646001\_EA  
20309646005\_EA

**\$1**

**LARABAR FRUIT AND NUT ENERGY BAR**  
SELECTED VARIETIES  
45-48 G  
20031362007\_EA  
20781404\_EA

**1.50**

**CESAR DOG FOOD**  
SELECTED VARIETIES,  
100 G  
20323206007\_EA  
20323206009\_EA

†† From May 7-13, 2026, at 2,400+ locations in Canada, the PC Optimum<sup>™</sup> Moredays<sup>™</sup> event will provide PC Optimum<sup>™</sup> members with the opportunity to earn PC Optimum<sup>™</sup> points through special offers and promotions across locations where PC Optimum<sup>™</sup> points can be earned. For a list of participating locations and complete program details, please visit [www.pc optimum.ca/moredays](http://www.pc optimum.ca/moredays). **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Dominion locations or online at [newfoundlandgrocerystores.ca](http://newfoundlandgrocerystores.ca). If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Dominion where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the phone number below.** No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank is a licensee of marks. PC Optimum<sup>™</sup> program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum<sup>™</sup> program members. Membership is free. To register as a PC Optimum<sup>™</sup> member, see in-store or visit [pc optimum.ca](http://pc optimum.ca). We are not obligated to award points based on errors or misprints. No cash value. See [newfoundlandgrocerystores.ca](http://newfoundlandgrocerystores.ca) for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions or no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum<sup>™</sup> and non-PC Optimum<sup>™</sup> members. Taxes applicable on the purchase amount after discounts. PC Optimum<sup>™</sup> member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Dominion locations that DO NOT participate in this flyer, visit [www.newfoundlandgrocerystores.ca](http://www.newfoundlandgrocerystores.ca) or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu of providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now", "Savings", etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. **PRICE DROP** offer valid in-store at participating locations between April 9 - May 13, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



# FRESH PROMISE

## If it's not fresh, it's free.

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Dominion locations or online at newfoundlandgrocerystores.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Dominion where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

**\$9**

**SEEDLESS WATERMELONS**  
PRODUCT OF U.S.A. OR MEXICO  
20067326001\_EA



**11 LB AVERAGE**


**7<sup>50</sup>**

**RESERVE BLACKBERRIES**  
PRODUCT OF MEXICO, 283 G  
21724952001\_EA



**\$6**

**FARMER'S MARKET™ MANDARINS**  
PRODUCT OF MOROCCO OR SPAIN, 2 LB  
20099819001\_EA



**CLUB SIZE**

**SAVE UP TO 1.00 LB**

**3<sup>99</sup> LB**  
8.80/KG

**GREENHOUSE EXTRA LARGE RED, YELLOW OR ORANGE SWEET PEPPERS**  
PRODUCT OF CANADA  
20007535001\_KG/20166880001\_KG



**PRODUCT OF CANADA**

**\$7**

**FARMER'S MARKET™ NAVEL ORANGES**  
PRODUCT OF MOROCCO, SPAIN OR EGYPT, 3 LB  
20162945001\_EA



**1.36 kg (3lb)**

**\$3**

**PC™ LIVE LETTUCE GREEN, RED OR TRIO**  
PRODUCT OF CANADA, 1'S  
21178855\_EA/21506580\_EA



**PRODUCT OF CANADA**


**\$3 LB**  
6.61/KG

**EGGPLANT**  
PRODUCT OF MEXICO  
20155799001\_EA



**2<sup>25</sup> LB**  
4.96/KG

**JAPANESE OR PURPLE UBE YAM** PRODUCT OF CANADA OR CARIBBEAN  
**SWEET POTATO** PRODUCT OF HONDURAS  
20169868001\_KG/20524922001\_KG



**4 DAYS ONLY!**

**\$20**

**THURSDAY 7TH-SUNDAY 10TH LARGE VEGETABLE OR FRUIT PLATTER, PREPARED IN-STORE**  
1.34-1.87 KG  
20081718\_EA/20121599\_EA



**\$26**

**PC™ DOZEN ROSES WITH BABY'S BREATH AND GREENS**  
ASSORTED COLOURS, DOZEN  
21529061\_EA/20581749\_EA



**\$30**

**MOTHER'S DAY TEAPOT**  
20762093\_EA



**\$24**

**MINI ROSE IN CLAY POT**  
21524787\_EA



**8<sup>49</sup> LB**  
18.72/KG

**LEAN GROUND BEEF**  
20798281\_KG



**CLUB SIZE**

**3<sup>49</sup> LB**  
7.69/KG

**PORK SHOULDER PICNIC SPLIT**  
21018388\_KG



**\$26**

**COUNTRY RIBBON CHICKEN BREAST BONELESS, SKINLESS, FROZEN**  
2 KG  
20856866\_EA



**CANADIAN POULTRY**

**\$7**

**ATLANTIC CHOICE™ SAUSAGES**  
SELECTED VARIETIES, 375-500 G  
21332592\_EA/21332594\_EA



**PREPARED IN CANADA**

**14<sup>99</sup>**

**ATLANTIC MEATS PORK RIBLETS PAIL**  
2 KG  
21094884\_EA



**PREPARED IN CANADA**

**SAVE UP TO 5.00**

**\$18**

**MONTANA'S SMOKY BBQ ANGUS BEEF BURGER**  
FROZEN, 906 G  
21665099\_EA



**PREPARED IN CANADA**

**\$23**

**PC™ BLACK TIGER SHRIMP RING WITH MILD COCKTAIL SAUCE OR FROZEN LOBSTER TAILS**  
FROZEN, 2-3 OZ, 4'S  
20979150\_EA/21240991\_EA



**13<sup>99</sup> LB**  
30.84/KG

**LIVE LOBSTERS**  
1-1.25 LBS EACH  
20035376\_EA



**FIRST OF THE SEASON**

**\$23**

**IFC COOKED CANADIAN SNOW CRAB CLUSTERS**  
500 G  
21615011\_EA



**CANADIAN SEAFOOD**

# SUPER FRESH

**SAVE 1.00**  
**\$4**

**SOURDOUGH OR PUMPERNICKEL BREAD**  
BAKED IN-STORE  
SELECTED VARIETIES, 574 G  
20132458\_EA/20653517\_EA



PREPARED IN CANADA

**3<sup>50</sup>**

**CINNAMON RAISIN BREAD**  
BAKED IN-STORE, 468 G  
20729432\_EA



PREPARED IN CANADA

**\$7**

**FARMER'S MARKET™ SQUARES**  
SELECTED VARIETIES, 400-450 G  
21216501\_EA/21216499\_EA



PREPARED IN CANADA

**\$4**

**ACE BAGUETTE**  
BAKED IN-STORE  
SELECTED VARIETIES  
325-400 G  
20171071\_EA/21314348\_EA



PREPARED IN CANADA

**4<sup>50</sup>**

**CHOCOLATE CROISSANTS**  
BAKED IN-STORE, 4'S  
21527027\_EA



PREPARED IN CANADA

**\$16**

**FARMER'S MARKET™ BAR CAKES**  
SELECTED VARIETIES, 675-770 G  
21500612\_EA/21500763\_EA



PREPARED IN CANADA

**\$12**

**PC® PROFITEROLES OR MINI ECLAIRS**  
SELECTED VARIETIES  
625/710 G  
21713388\_EA/21713701\_EA



FROM **5<sup>50</sup>**

**LA FOURNÉE DORÉE SLICED BRIOCHE BREAD**  
500 G OR **CHOCOLATE CROISSANTS** 360 G  
SELECTED VARIETIES  
20978205\_EA/20978540\_EA



**\$4**

**PC® CINNAMON RAISIN BREAD**  
SELECTED VARIETIES, 675 G  
20639729\_EA



PREPARED IN CANADA

**SAVE UP TO 1.99**  
**\$7**

**CASTELLO HAVARTI, CHEDDAR OR BLUE CHEESE**  
SELECTED VARIETIES, 125-200 G  
20428574\_EA/21158086\_EA



**SAVE UP TO 1.99**  
**7<sup>50</sup>**

**TRE STELLE RICOTTA OR FETA** 200 G  
SELECTED VARIETIES  
20024992\_EA/20093652\_EA



PREPARED IN CANADA

**\$3** /100 G

**PC® TRADITIONAL BLACKFOREST HAM**  
DELI SERVICE CASE  
SELECTED VARIETIES  
20301724\_KG



PREPARED IN CANADA

Optimum™

Members Price: **10<sup>50</sup>** Non-Members **11<sup>50</sup>** Members Save **\$1**

**PC® SPLENDIDO™ DELI SALAMI CHUBS**  
SELECTED VARIETIES, 225 G  
21449780\_EA/21449787\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



Optimum™

Members Price: **\$7** Non-Members **\$8** Members Save **\$1**

**LESLEY STOWE RAINCOAST CRISPS 150 G OR WILDLY DELICIOUS JELLY 185 ML**  
SELECTED VARIETIES  
21025538\_EA  
21030996\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



PREPARED IN CANADA

Optimum™

**\$14** Get **2,500** pts **\$250** back in points

**CHARCUTERIE BOARDS**  
SELECTED VARIETIES, 278-330 G  
21405538\_EA/21405571\_EA



**\$30**

**30 PIECE WINGS & WEDGES BUCKET**  
1.2-2 KG  
21541872\_EA  
21541877\_EA



**SERVES 6**

**9<sup>99</sup>**

**OLIVIERI FAMILY PACK PASTA**  
SELECTED VARIETIES, 500-700 G  
20311594\_EA/21021889\_EA



PREPARED IN CANADA

**\$10**

**IN-STORE MADE LOADED BOWLS**  
345G-380 G  
21738472\_EA



**Earn 6,000 pts**



When you spend \$20+ on select in-store bakery items\*. Online only.

Use code **B6K**

[Shop now](#)



\*Offer valid from April 30 to May 13, 2026. Conditions apply. See site for details.

no name®

just low prices  
(so switch)

2<sup>50</sup>

NO NAME® BAGELS  
SELECTED VARIETIES, 6'S  
21217967\_EA



NO NAME® PEANUT BUTTER  
SELECTED VARIETIES, 1 KG  
20296985001\_EA/20296985003\_EA

5<sup>50</sup>



\$6

NO NAME® SODA CRACKERS  
907 G  
20795290\_EA



\$10

NO NAME® ALL PURPOSE FLOUR  
SELECTED VARIETIES, 10 KG  
20022248\_EA



2/4<sup>50</sup>

OR 2.69 EA

NO NAME® DRINKS  
SELECTED VARIETIES, 2 L  
20320439005\_EA  
20320439006\_EA



no name®

# imperfect shape perfect taste (and price)

5<sup>50</sup>

**NO NAME® NATURALLY IMPERFECT™ LIMES**  
PRODUCT OF MEXICO  
680 G  
21673921001\_EA



**NO NAME® NATURALLY IMPERFECT ZUCCHINI**  
PRODUCT OF MEXICO, 2.5 LB  
**OR NO NAME® NATURALLY IMPERFECT LEMONS**  
PRODUCT OF SOUTH AFRICA OR U.S.A.  
21294808001\_EA/21673921001\_EA

7<sup>50</sup>



\$7

**NO NAME® NATURALLY IMPERFECT™ AVOCADOS**  
PRODUCT OF MEXICO, CLUB SIZE  
21699907001\_EA



\$4



**NO NAME® NATURALLY IMPERFECT™ MINI CUCUMBERS**  
PRODUCT OF CANADA, CLUB SIZE  
21606679001\_EA

\$8

**NO NAME® NATURALLY IMPERFECT™ APPLES**  
PRODUCT OF CANADA, CANADA NO. 2 GRADE  
2086985001\_EA



**MAY**

**HIT  
OF THE  
MONTH**

**\$1.88**

**MARCANGELO CHICKEN  
OR PORK SOUVLAKI**

SELECTED VARIETIES, 2'S, 120 G  
20902208\_EA/21095022\_EA



**LIMIT 6  
AFTER LIMIT  
2.50 EA.**

**\$2.25**

**TAKIS ROLLED  
TORTILLA CHIPS**

SELECTED VARIETIES, 260 G  
21602195\_EA/21715466\_EA



**LIMIT 6  
AFTER LIMIT  
3.00 EA.**

**\$3**

**KRAFT MIRACLE WHIP**

SELECTED VARIETIES, 650-890 ML  
20298681001\_EA



**LIMIT 6  
AFTER LIMIT  
4.00 EA.**

**\$4**

**HEAD MEN'S OR WOMEN'S SOCKS**

3 PK  
21721517\_EA/21721507\_EA



**LIMIT 6  
AFTER LIMIT  
5.99 EA.**

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
Valid from May 1 - 31, 2026. While quantities last. See in-store for details.

# RISE & CELEBRATE MOM

**5<sup>99</sup>**

**BUTTERBALL TURKEY BACON**  
SELECTED VARIETIES, 375 G  
20016865\_EA



**5<sup>50</sup>**

**BURNBRAE NESTLAID WHITE EGGS**  
SELECTED VARIETIES, 12'S  
20816075001\_EA



**12<sup>49</sup>**

**PC 100% PURE MAPLE SYRUP**  
CANADA GRADE A AMBER  
RICH TASTE, 500 ML  
20049221\_EA



**\$8**

**MCCAIN SUPERFRIES**  
FAMILY SIZE, SELECTED  
VARIETIES, FROZEN, 1.45-1.8 KG  
20861230\_EA/21049522\_EA



**5<sup>50</sup>**

**FRUIT PARFAIT**  
PREPARED IN-STORE  
221-251 G  
20139618\_EA/20083678\_EA



**7<sup>50</sup>**

**PC ROYAL BLUEAROMA BLUEBERRIES**  
PRODUCT OF MEXICO, PERU  
OR MOROCCO  
278 G  
20573077\_EA



**4<sup>50</sup>**

**GAY LEA REAL WHIPPED CREAM**  
SELECTED VARIETIES, 225 G  
20048223001\_EA/20048223002\_EA



**5<sup>49</sup>**

Get **7<sup>50</sup>** pts

**PEARL MILLING PANCAKE MIX 905 G**  
OR SYRUP 710 ML  
SELECTED VARIETIES  
21384609\_EA/21391619\_EA



**\$4**

**DANONE ACTIVIA EXPERT 4X100 G OR PILLSBURY READY TO BAKE DOUGH 454/468/496 G**  
SELECTED VARIETIES  
20301101001\_EA/21687900\_EA



**SAVE 1.00**

**\$9**

**PC ORGANICS PEANUT BUTTER**  
1 KG  
21047266\_EA



**7<sup>75</sup>**

**STARBUCKS COFFEE ENHANCER**  
SELECTED VARIETIES, 828 ML  
21358473\_EA/21436900\_EA



**\$8**

**LAVAZZA ORO OR DECAFF GROUND COFFEE 250 G OR STARBUCKS NESPRESSO COMPATIBLE CAPSULES 10'S**  
SELECTED VARIETIES  
20145899\_EA/21240793\_EA



**6<sup>50</sup>**

**FARMER'S MARKET™ MUFFINS**  
SELECTED VARIETIES, 6'S  
21283356\_EA/21283357\_EA



**\$6**

Get **1,000** pts

**\$1** back in points

**IN-STORE BAKED DANISHES OR CINNAMON BUNS**  
SELECTED VARIETIES, 6'S  
21467540\_EA/21476309\_EA



**2/\$8**  
OR 4.50 EA

**BAGELS 6'S OR MINI BAGELS 8'S**  
BAKED IN-STORE  
SELECTED VARIETIES, 6'S  
21016649\_EA/21738180\_EA



# BLOOMING WITH GRATITUDE



**\$28**

**HYDRANGEA IN UPGRADE**  
21733663\_EA

**\$24**

**20 STEM TULIPS**  
21293990\_EA

**\$30**

**MOTHER'S DAY GARDEN**  
SELECTED VARIETIES  
20963750\_EA

**\$34**

**TEAPOT ORCHID**  
21735629\_EA

**\$26**

**SIGNATURE MOTHER'S DAY BOUQUET**  
21087813\_EA  
21087812\_EA

**\$10**

**FERRERO ROCHER COLLECTION CHOCOLATES** 156 G OR **JEWEL** 200 G BOX  
20098034\_EA/20981575\_EA

**7.50**

**PC CHOCOLATE GOLD BAR CHOCOLATE**  
SELECTED VARIETIES, 300 G  
21679968\_EA/21689854\_EA

**\$4**

**NESTLÉ CELLO CHOCOLATE POUCHES**  
SELECTED VARIETIES, 76-203 G  
21556200\_EA/21556311\_EA

**SAVE 1.58**  
**WHEN YOU BUY 2**

**2/\$5**  
OR 3.29 EA

**HERSHEY'S TWIZZLERS LICORICE** 311-454 G  
OR **JOLLY RANCHER ROPE** 283 G  
SELECTED VARIETIES  
20022528004\_EA/21689823\_EA

**Earn 7,000 pts**

When you spend \$25+ on select Mother's Day flowers\*. Online only.

Use code **MA7**

**Shop now**

**Express™**

\*Offer valid from April 30 to May 13, 2026. Conditions apply. See site for details.



# Get more on

More savings, more deals, more points  
This week only! May 7-13\*\*

# More days More days More days More days More days

### App exclusive offer



550

Get 1,500 pts

\$150 back in points

**CANTALOUPE**  
PRODUCT OF GUATEMALA,  
HONDURAS OR BRAZIL  
2016707001\_EA  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer



575

Get 2,500 pts

\$250 back in points

**PC® BLUE MENU OR  
PC® SPARKLING WATER**  
SELECTED VARIETIES, 12X355 ML  
21747415\_C12/21747404\_C12  
\*Open your PC Optimum™ app or visit  
pcoptimum.ca to get the offer.



### App exclusive offer



Members Price\*\*  
350

Non-Members  
450

Members  
Save \$1

**PC® OR BLUE MENU® ENTRÉES**  
SELECTED VARIETIES, FROZEN, 212-365 G  
20312253001\_EA/21364244\_EA  
\*\*Must be a registered PC Optimum™  
member to load and get this offer.  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer



Get 4,000 pts

\$4 back in points

When you spend \$10\*

**ANY SILK**  
890 ML-1.89 L  
20315090001\_EA  
21357595\_EA  
21731288\_EA  
\*Open your PC Optimum™  
app or visit pcoptimum.ca  
to get the offer.



### App exclusive offer



Get 4,000 pts

\$4 back in points

For every \$10\* spent

**ANY ANGIE'S  
POPCORN  
OR PUFFS**  
SELECTED VARIETIES  
102-397 G  
20770751\_EA/20811709\_EA  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer



Get 8,000 pts

\$8 back in points

When you spend \$16\*

**SWIFFER  
STARTER KITS**  
SELECTED VARIETIES  
21625788\_EA  
21625498\_EA  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer

# More days™

May 7 - 13

Plus, Score Major Points!

Members get  
**20,000**  
pts

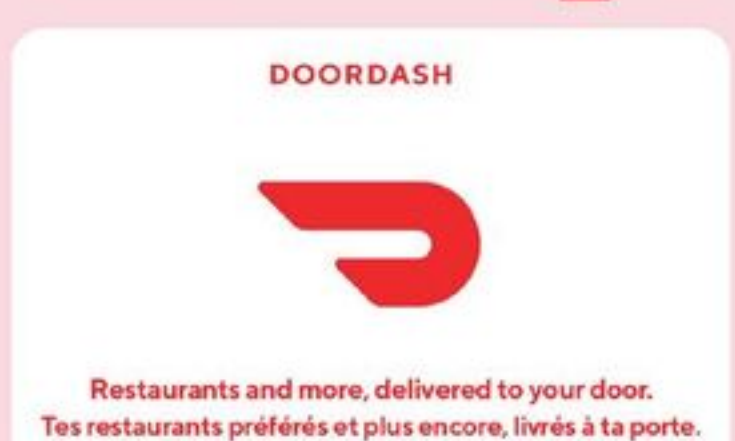
for every  
\$75 spent  
on apparel\*

\*\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Get 10,000 pts  
For every \$100\* spent

\$10 back in points

**ON ANY COMBINATION  
OF DOORDASH AND  
PLAYSTATION STORE  
GIFT CARDS**



Restaurants and more, delivered to your door.  
Tes restaurants préférés et plus encore, livrés à ta porte.



Redeem for anything on PlayStation®Store: games, add-ons, subscriptions and more. A utiliser pour tout achat à PlayStation®Store: jeux, extensions, abonnements et plus.

OFFER VALID IN-STORE ONLY. SUBJECT TO AVAILABILITY; SELECTION MAY VARY BY REGION AND STORE. PLEASE CHECK YOUR LOCAL STORE FOR AVAILABILITY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. SEE GIFT CARD FOR DETAILS, TERMS & CONDITIONS. OFFER APPLIES TO EVERY \$100 SPENT ON DOORDASH AND PLAYSTATION STORE GIFT CARDS IN A SINGLE TRANSACTION. CANNOT BE COMBINED WITH ANY OTHER GIFT CARD OFFERS. NOT VALID ON PRIOR PURCHASES. PC OPTIMUM POINTS CANNOT BE REDEEMED TOWARD THE PURCHASE OF GIFT CARDS. MUST BE A REGISTERED PC OPTIMUM MEMBER. ALL TRADEMARKS ARE THE PROPERTY OF THEIR RESPECTIVE OWNERS.

# More days More days More days

## More days™

App exclusive mystery offer

### Earn up to 10¢/L in pts

Reveal your exclusive mystery offer in the App, then fuel up at Esso™ or Mobil™ stations!

May 7-10





# Get more on

More savings, more deals, more points  
This week only! May 7-13\*\*

# More days More days More days More days More days

**Members Price** **\$3** **Non-Members** **350**

**PC<sup>®</sup> ORGANICS WHOLE WHITE OR CREMINI MUSHROOMS**  
PRODUCT OF CANADA, 227 G  
21021565\_EA/21021499\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PRODUCT OF CANADA**

**2/\$12** OR 7.00 EA

**Get 1,000 pts** When you buy 2 **\$1 back in points**

**BOLTHOUSE FARMS SMOOTHIES OR JUICE**  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
946 ML  
20301788\_EA/20316397\_EA

**6<sup>99</sup>** **Get 1,000 pts** **\$1 back in points**

**STRUB'S PICKLES**  
SELECTED VARIETIES, 1L  
21671597\_EA

**Members Price** **\$12** **Non-Members** **\$13** **Members Save \$1**

**PC<sup>®</sup> BBQ PORK BACK RIBS**  
SELECTED VARIETIES  
FULLY COOKED, 500 G  
21284538\_EA/21284542\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**Members Price** **\$15** **Non-Members** **\$16** **Members Save \$1**

**PC<sup>®</sup> BLACK LABEL WAGYU BURGERS**  
SELECTED VARIETIES  
FROZEN, 568 G  
20762335\_EA  
21522754\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**\$7** **Get 2,000 pts** **\$2 back in points**

**ULTIMATE DINNER OR BREAKFAST CHICKEN SAUSAGES**  
SELECTED VARIETIES  
375/500 G  
21378310\_EA  
21539969\_EA

**PREPARED IN CANADA**

**\$4** **Get 1,000 pts** **\$1 back in points**

**NATURAL RYE BREAD**  
500 G  
21689866\_EA

**PREPARED IN CANADA**

**Members Price** **\$10** **Non-Members** **\$12** **Members Save \$2**

**PC HOT SMOKED CANDIED OR SPICY SALMON STRIPS**  
150 G  
20976930\_EA/20977683\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**Members Price** **\$11** **Non-Members** **\$12** **Members Save \$1**

**PC<sup>®</sup> PEI MUSSELS IN CREAMY WHITE WINE SAUCE**  
FROZEN, 907 G  
20838560\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**2/\$8** or 5.00 EA **Get 1,000 pts** When you buy 2 **\$1 back in points**

**FRIED TORTILLA CHIPS**  
383 G  
21534615\_EA

**\$32** **Get 2,000 pts** **\$2 back in points**

**LA ROCCA 8 INCH CAKES**  
SELECTED VARIETIES  
1.1-1.7 KG  
21496165\_EA  
21496166\_EA

**PREPARED IN CANADA**

**Members Price** **350** **Non-Members** **450** **Members Save \$1**

**VACHON SNACK CAKES**  
SELECTED VARIETIES, 282-324 G  
20963606\_EA

**PREPARED IN CANADA**

**Members Price** **\$7** **Non-Members** **\$8** **Members Save \$1**

**MAPLE LEAF NATURAL SELECTIONS OR SCHNEIDER'S DELI SLICED MEATS**  
SELECTED VARIETIES  
150-175 G  
20065285\_EA/20582322\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**Members Price** **\$13** **Non-Members** **14<sup>50</sup>** **Members Save \$150**

**PC<sup>®</sup> DOUBLE CREAM BRIE**  
450 G  
20787166\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**\$30** **Get 5,000 pts** **\$5 back in points**

**PARTY PLATTER**  
SELECTED VARIETIES  
592 G - 1 KG  
21217539\_EA  
21217577\_EA



# Get more on

More savings, more deals, more points  
This week only! May 7-13\*\*

# More days More days More days More days More days

**Optimum**

Get **3,000** pts  
When you spend \$10\*

**\$3** back in points

**BETTY CROCKER SUPER MOIST CAKE MIX** 375-404 G OR **FROSTINGS** 340-450 G  
SELECTED VARIETIES  
20562641005\_EA/21547838\_EA

**Optimum**

Get **3,000** pts  
When you spend \$10\*

**\$3** back in points

**CLOVER LEAF SELECTED VARIETIES** 85-240 G  
20018177001\_EA  
20318426001\_EA

**Optimum**

Get **5,000** pts  
When you spend \$10\*

**\$5** back in points

**KNORR GRAVY OR SAUCE MIX** 22-48 G,  
**BASE FLAVOUR PASTES** 113 G, **BOUILLON CUBES OR POWDERS** 63-250 G OR **LIQUID CONCENTRATE** 250 ML  
SELECTED VARIETIES  
20323323001\_EA/21290143\_EA  
21683454\_EA

**Optimum**

Members Price: **999**  
Non-Members: **1,000** pts  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**FLOURISH PROTEIN PANCAKE OR WAFFLE MIX**  
430 G OR **SYRUP** 375 ML  
SELECTED VARIETIES  
21375781\_EA  
21693002\_EA

**Optimum**

Members Price: **\$10**  
Non-Members: **1,000** pts  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**KELLOGG'S JUMBO SIZE CEREAL**  
SELECTED VARIETIES, 700 G-1.05 KG  
20072706\_EA  
21651842\_EA

**Optimum**

Members Price: **\$4**  
Non-Members: **499**  
Get **499** pts  
When you spend \$10\*

**SUN-MAID RAISIN MINI PACKS**  
SELECTED VARIETIES  
14'S, 196 G  
20617713\_EA  
\*\*Must be a registered PC Optimum member to load and get this offer.

**Optimum**

Members Price: **\$24**  
Non-Members: **2,000** pts  
Get **2,000** pts  
When you spend \$10\*

**\$2** back in points

**LAVAZZA WHOLE BEAN COFFEE**  
SELECTED VARIETIES, 1 KG  
21556082\_EA/21556201\_EA

**Optimum**

Members Price: **\$4**  
Non-Members: **\$5**  
Members Save **\$1**  
Get **\$5** back in points

**DORITOS TORTILLA CHIPS** 210/235 G OR **MISS VICKIES KETTLE COOKED POTATO CHIPS** 190/200 G  
SELECTED VARIETIES  
21240628\_EA  
21693042\_EA  
\*\*Must be a registered PC Optimum member to load and get this offer.

**Optimum**

Members Price: **350**  
Non-Members: **500** pts  
Get **500** pts  
When you spend \$10\*

**CHRISTIE MINI COOKIES**  
SELECTED VARIETIES, 144-200 G  
21584976\_EA  
21585155\_EA

**Optimum**

Members Price: **2,000** pts  
Non-Members: **\$2** back in points  
Get **2,000** pts  
When you buy 2

**CHRISTIE PEEK FREANS COOKIES** 275-350 G OR **CADBURY FINGERS** 114/225 G  
SELECTED VARIETIES  
20680381\_EA  
21631880\_EA

**Optimum**

Members Price: **1,000** pts  
Non-Members: **\$1** back in points  
Get **1,000** pts  
When you buy 2

**CHRISTIE CRACKERS**  
SELECTED VARIETIES, 175-304 G  
21030647\_EA  
21547034\_EA

**Optimum**

Members Price: **FROM 449**  
Non-Members: **1,000** pts  
Members Save **\$1**  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**RAINCOAST CANNED FISH**  
SELECTED VARIETIES, 142-160 G  
20031301001\_EA/21450375\_EA

**Optimum**

Members Price: **\$4**  
Non-Members: **1,000** pts  
Members Save **\$1**  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**MOTT'S CLAMATO COCKTAIL**  
SELECTED VARIETIES, 1.89 L  
20318955002\_EA/20318955003\_EA

**Optimum**

Members Price: **\$39**  
Non-Members: **5,000** pts  
Members Save **\$5**  
Get **5,000** pts  
When you spend \$10\*

**\$5** back in points

**MCCAFÉ K-CUPS**  
SELECTED VARIETIES, 48'S  
21238592\_EA

**Optimum**

Members Price: **\$8**  
Non-Members: **2,000** pts  
Members Save **\$2**  
Get **2,000** pts  
When you spend \$10\*

**\$2** back in points

**YORKSHIRE TEA**  
80'S  
20752199\_EA

**Optimum**

Members Price: **\$7**  
Non-Members: **1,000** pts  
Members Save **\$1**  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**WHISKAS TEMPTATIONS CAT TREATS**  
SELECTED VARIETIES, 454 G  
21105449\_EA

**Optimum**

Members Price: **89c**  
Non-Members: **150** pts  
Members Save **\$1**  
Get **150** pts  
When you spend \$10\*

**\$1** back in points

**WHISKAS WET CAT FOOD POUCH**  
SELECTED VARIETIES, 85 G  
21609520\_EA

**Optimum**

Members Price: **4,000** pts  
Non-Members: **\$4** back in points  
Get **4,000** pts  
When you spend \$15\*

**\$4** back in points

**LYSOL LAUNDRY DISINFECTANT**  
1.2 L  
21487308\_EA

**Optimum**

Members Price: **4,000** pts  
Non-Members: **\$4** back in points  
Get **4,000** pts  
When you spend \$20\*

**\$4** back in points

**METHOD CLEANERS, LAUNDRY OR DISH DETERGENT**  
SELECTED VARIETIES AND SIZES  
21736870\_EA



# GREEN THUMBS UP

## OUR GARDEN CENTRE IS NOW OPEN!

SHOP NOW



Get  
**100**  
pts

Optimum

for every  
empty pot  
or flat you  
return to  
our garden  
centre\*

**RECYCLE  
YOUR POTS  
FOR POINTS**  
APR 30 - JUN 17

\*For every empty plant pot or flat returned to participating Dominion Garden Centre's, you will earn the points indicated. Offer expires after one use and cannot be used on previous or subsequent transactions. We reserve the right to limit number of pots or flats returned. We are not obligated to award points based on errors or misprints. No cash value.

**2/\$40**  
OR 23.00 EA

**PC<sup>®</sup> DELUXE FLOWER  
HANGING BASKET**  
SELECTED VARIETIES, 11 INCH  
20753947\_EA



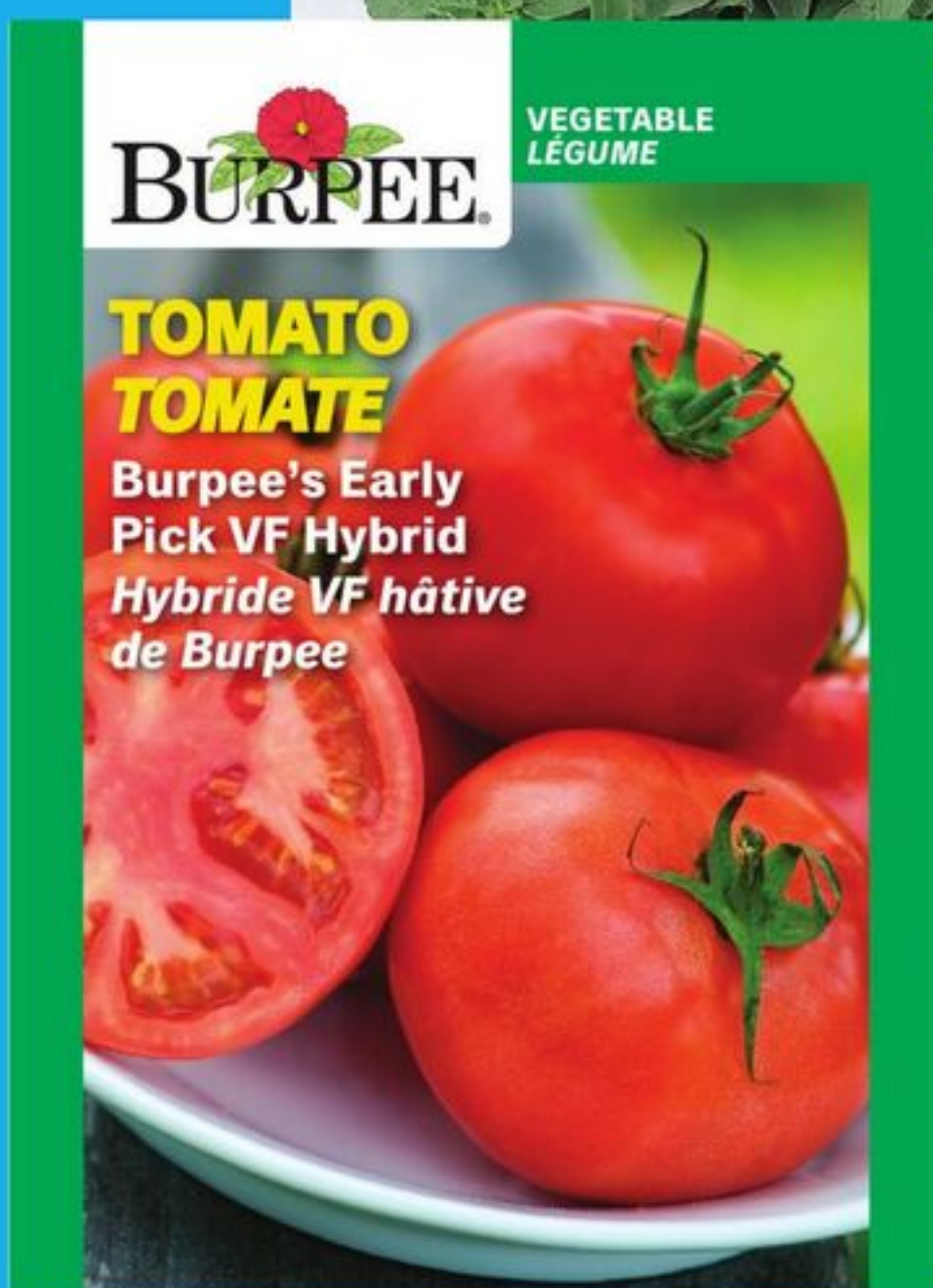
FROM  
**\$10**

**SPRING BULBS**  
SELECTED VARIETIES  
PLANT NOW FOR SUMMER BLOOMS  
21423977\_EA/21635808\_EA/21426050\_EA/21515290\_EA



FROM  
**1.99**

**BURPEE OR MCKENZIE SEEDS**  
SELECTED VARIETIES  
20752876\_EA



**3/\$12**  
OR 4.50 EA

**NO NAME<sup>®</sup>  
CEDAR MULCH**  
AVAILABLE IN NATURAL,  
BLACK OR RED, 42.5 L  
21358531\_EA/21358536\_EA/21358573\_EA



**4/\$14**  
OR 3.75 EA

**PC<sup>®</sup> BLACK EARTH SOIL**  
25 L  
21357792\_EA



**9.48**

**NO NAME<sup>®</sup>  
ALL-PURPOSE SOIL**  
50 L  
21358664\_EA



# TEAM SAVINGS: WEEKEND OVERTIME

For fans who live  
for matchdays and  
long weekends.

**\$11**  
LB  
24.24/KG

**EYE OF ROUND ROAST**  
CUT FROM CANADA AA GRADE  
BEEF OR HIGHER  
20798494\_KG



**12<sup>99</sup>**

**PC® SMOKIES™**  
SELECTED VARIETIES, 1 KG  
20732535\_EA



**\$4**

**PC® GIGANTICO™**  
**HAMBURGER OR**  
**HOT DOG BUNS**  
SELECTED VARIETIES, 6-8'S  
20371958\_EA



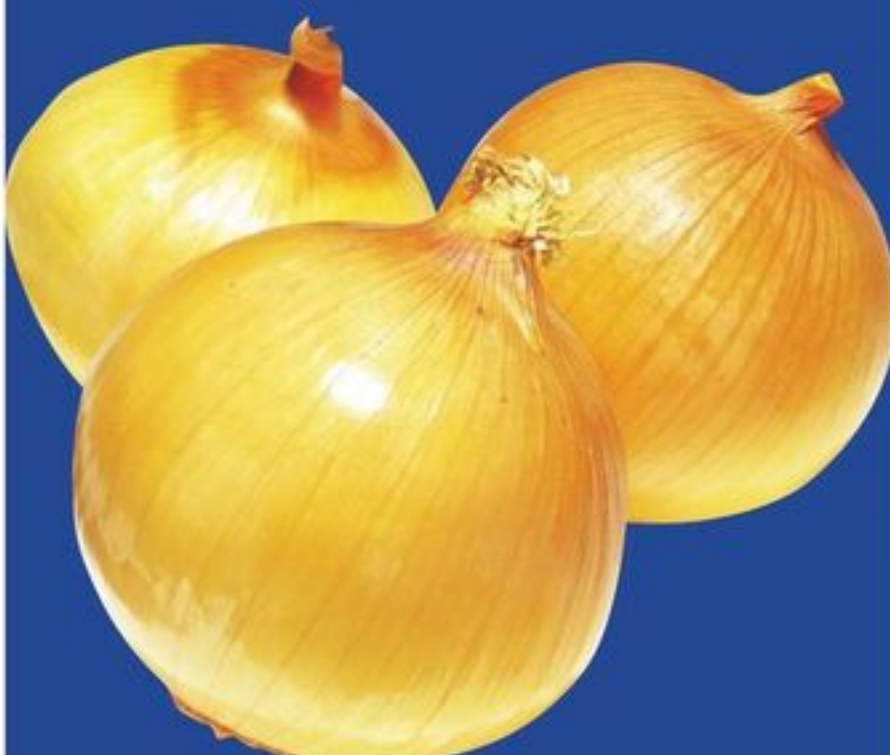
**\$6**

**PC® GREENHOUSE**  
**GROWN**  
**STRAWBERRIES**  
PRODUCT OF CANADA, 340 G  
21027142001\_EA



**2<sup>99</sup>**  
LB  
6.59/KG

**SWEET**  
**VIDALIA ONIONS**  
PRODUCT OF U.S.A.  
NO. 1 GRADE  
20083454001\_KG



**6<sup>50</sup>**

**CROWNLESS**  
**PINEAPPLE**  
PRODUCT OF COSTA RICA  
20110813001\_EA



**9<sup>49</sup>**

**ARMSTRONG**  
**CHEESE SLICES**  
SELECTED VARIETIES, 500 G  
21703729\_EA/21703874\_EA



**5<sup>50</sup>**

**HELLMANN'S SAUCES**  
SELECTED VARIETIES  
340-445 ML  
21169836\_EA/21591067\_EA



**\$6**

**EXTREME BEAN**  
500-750 ML OR UNICO  
**GREEN OLIVES** 750 ML  
SELECTED VARIETIES  
20114943\_EA/20618220\_EA



FROM  
**\$10**

**12" TAKE**  
**AND BAKE PIZZA**  
SELECTED VARIETIES, 510-739 G  
21456415\_EA/21456401\_EA



**\$8**

**MEDIUM**  
**PREMIUM SALADS**  
SELECTED VARIETIES, 330 G  
21607930\_EA



**\$5**

**PC® SCOOP SHOP**  
**ICE CREAM**  
SELECTED VARIETIES  
FROZEN, 946 ML  
21706459\_EA/21706563\_EA



**\$5**

**MI TIERRA**  
**TORTILLA CHIPS**  
SELECTED VARIETIES, 280 G  
21716107\_EA/21716122\_EA



Get  
**1,000**  
pts

When you buy 2

\$1  
back in  
points

**HUMPTY DUMPTY**  
**SNACKS** 250-290 G,  
**OLD DUTCH**  
**POTATO CHIPS**  
200/235 G OR  
**RESTAURANTE**  
**TORTILLA**  
**CHIPS** 275/290 G  
SELECTED VARIETIES  
21445100\_EA/21646697\_EA



**2/\$7**  
OR 3.99 EA

**CHEEZ-IT CRACKERS**  
SELECTED VARIETIES, 191/200 G  
21214559\_EA/21214560\_EA



# TEAM SAVINGS

For fans who love low blocks and low prices.

**SAVE .98**  
WHEN YOU BUY 2  
**2/\$7**  
OR 3.99 EA

**PC LEMONADE DRINKS**  
SELECTED VARIETIES, 1.89 L  
20773870001\_EA/20957804\_EA



**10<sup>99</sup>**

**MICHELOB ULTRA ZERO NON-ALCOHOLIC BEER**  
SELECTED VARIETIES, 6X355 ML  
21706873\_C06



**22<sup>99</sup>**

**GATORADE CLUB PACK OR POWERADE SPORTS DRINK**  
SELECTED VARIETIES, 24X591 ML  
20954130\_C24/20325703\_C24



**9<sup>99</sup>**

**HEINEKEN 0.0% ALCOHOL FREE BEER**  
SELECTED VARIETIES, 6X330 ML  
21099500\_C06/21100011\_C06



**10<sup>99</sup>**

**CORONA CERO**  
SELECTED VARIETIES  
6X330 ML  
21650191\_C06



**SAVE 1.98**  
WHEN YOU BUY 2  
**2/\$7**  
OR 4.49 EA

**GLACEAU SMARTWATER**  
SELECTED VARIETIES, 1L  
20154181\_EA

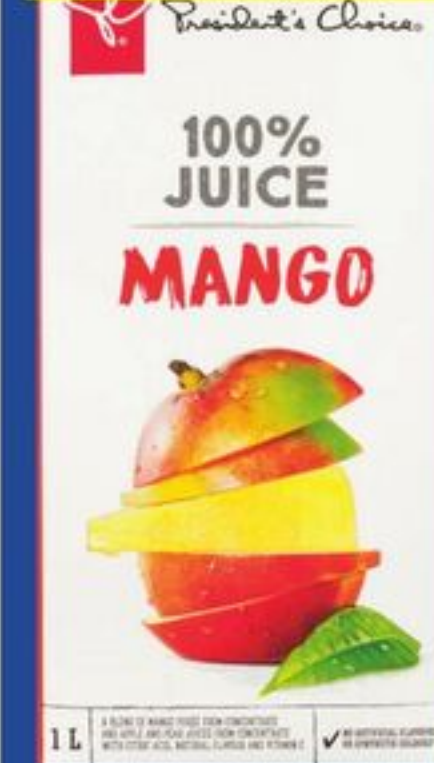


**SAVE 1.58**  
WHEN YOU BUY 2  
**2/\$8**  
OR 4.79 EA

**MIO LIQUID WATER ENHANCER, COUNTRY TIME, TANG, CRYSTAL LIGHT OR KOOL-AID LIQUID DRINK MIX**  
SELECTED VARIETIES, 48 ML  
20662690\_EA/21634119\_EA



**SAVE .50**  
WHEN YOU BUY 2  
**2/450**  
OR 2.50 EA



**PC 100% JUICE**  
SELECTED VARIETIES, 1L  
21080954\_EA/21080958\_EA

**SAVE .98**  
WHEN YOU BUY 2  
**2/\$17**  
OR 8.99 EA

**PEPSI SOFT DRINKS**  
SELECTED VARIETIES, 12X355 ML  
20322361001\_C12/20322361002\_C12



**SAVE 1.58**  
WHEN YOU BUY 2  
**2/\$15**  
OR 8.29 EA

**BUBLY SPARKLING WATER**  
SELECTED VARIETIES, 12X355 ML  
21097772\_C12/21651534\_C12



**6<sup>99</sup>**

**NESTEA LEMON**  
SELECTED VARIETIES, 12X341 ML  
21689167\_C12



**\$11**

**GUINNESS NON-ALCOHOLIC DRAUGHT 0.05%**  
SELECTED VARIETIES, 4X440 ML  
21567137\_C04



**7<sup>99</sup>**

**MAISON PERRIER SPARKLING WATER**  
SELECTED VARIETIES, 8X330 ML  
21509060\_C08/21575556\_C08



**9<sup>99</sup>**

**ASAHI SUPER DRY 0.0%**  
SELECTED VARIETIES, 6X330 ML  
21622600\_C06



no name®

just low prices (so switch)

\$15

NO NAME® CHICKEN WINGS  
SELECTED VARIETIES  
FROZEN, 908 G  
21045309\_EA/21045311\_EA

no name® sans nom®

honey garlic  
chicken wings  
17% MEAT PROTEIN - CUT UP - TIPS REMOVED - FULLY COOKED  
17% DE PROTÉINES DE VIANDE - DÉPIECES  
POINTES ENLEVÉES - ENTÈREMENT CUITES  
ailes de poulet  
miel et ail



GLUTEN-FREE  
SANS GLUTEN



no name® sans nom®

salt & pepper  
chicken wings  
17% MEAT PROTEIN - CUT UP - TIPS REMOVED - FULLY COOKED  
17% DE PROTÉINES DE VIANDE - DÉPIECES  
POINTES ENLEVÉES - ENTÈREMENT CUITES  
ailes de poulet  
sel et poivre



GLUTEN-FREE  
SANS GLUTEN

2  
PACKETS  
SACS  
DE 300 G

908 g

GLUTEN-FREE  
SANS GLUTEN

\$9

NO NAME® MEATBALLS  
SELECTED VARIETIES  
FROZEN, 680 G  
21537713\_EA/21538491\_EA

no name® sans nom®

Italian  
meatballs FULLY COOKED  
made with seasoned pork, beef and chicken  
ENTÈREMENT CUITES  
boulettes de viande  
italiennes



GLUTEN-FREE  
SANS GLUTEN



no name® sans nom®

beef  
meatballs FULLY COOKED  
boulettes de  
bœuf ENTÈREMENT CUITES



GLUTEN-FREE  
SANS GLUTEN

680 g 42

8<sup>99</sup>

NO NAME® GARLIC  
COIL SAUSAGE  
750 G  
20090793\_EA



\$5

NO NAME® SAUSAGE CHUBS  
SELECTED VARIETIES  
500 G  
20015818\_EA



15<sup>99</sup>

NO NAME® HONEY HAM  
CLUB PACK  
1.3 KG  
20858028\_EA



1<sup>99</sup>

NO NAME® CHICKEN WIENERS  
450 G  
20058192\_EA



\$3

NO NAME® HAMBURGER OR  
HOTDOG BUNS  
SELECTED VARIETIES, 8'S  
21509434\_EA/21509514\_EA



3<sup>50</sup>

NO NAME® GARLIC TOAST  
16'S  
21361140\_EA



6<sup>50</sup>

NO NAME® CHEESECAKE  
SELECTED VARIETIES, 510 G  
21089151\_EA



2<sup>89</sup>

NO NAME® BREAD  
WHITE OR WHOLE WHEAT, 520 G  
21509610\_EA



2<sup>50</sup>

NO NAME® ENGLISH MUFFINS  
SELECTED VARIETIES, 6'S  
21216413\_EA



1<sup>99</sup>

NO NAME® PITA  
SELECTED VARIETIES, 250 G  
21315734\_EA



no name®

just low prices (so switch)

**5<sup>50</sup>**

**NO NAME® JAM**  
SELECTED VARIETIES, 500 ML  
20032552001\_EA/20032552002\_EA

raspberry jam with pectin  
confiture de framboises avec pectine

strawberry  
with pectin  
confiture de fraises avec pectine

PREPARED IN CANADA

**4<sup>50</sup>**

**NO NAME® MARGARINE**  
907 G  
20073675\_EA

100% vegetable oil  
margarine  
huile d'huile végétale à 68%

PREPARED IN CANADA

**3<sup>25</sup>** Get **500 pts**

**Optimum**

**NO NAME® 100% WHOLE GRAIN OATS**  
SELECTED VARIETIES, 900 G/1 KG  
20923828\_EA/20923994\_EA

large flake oats  
avoine en gros flocons

quick oats  
100% whole grain Canadian oats  
grains canadiens à grains entiers à 100%  
grauau rapide

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® SPICES**  
SELECTED VARIETIES, 15-250 G  
20617758\_EA/20618677\_EA

ground cinnamon

garlic powder  
poudre d'ail

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® APPLE OR ORANGE JUICE**  
SELECTED VARIETIES, 1.75 L  
21665646\_EA/21671461\_EA

pulp free 100% juice blend orange

apple juice from concentrate  
vitamin C added

PREPARED IN CANADA

**2/\$10** OR 5.79 EA

**NO NAME® CHEESE SLICES**  
SELECTED VARIETIES, 210/230 G  
21611215\_EA/21614277\_EA

marble cheddar cheese slices  
tranches de fromage cheddar marbré

old cheddar cheese slices  
tranches de fromage cheddar fort

PREPARED IN CANADA

**1<sup>50</sup>**

**NO NAME® BROTH**  
SELECTED VARIETIES, 900 ML  
21189608\_EA/21189611\_EA

chicken broth · bouillon poulet

beef broth · bouillon bœuf

PREPARED IN CANADA

**\$3**

**NO NAME® VEGETABLES**  
SELECTED VARIETIES, FROZEN, 750 G  
20312260\_EA/20316412\_EA

green peas  
assorted sizes  
grosseurs assorties  
petits pois

California blend  
mixed vegetables · mélange de légumes à la californienne

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® OLIVES**  
SELECTED VARIETIES,  
375/398 ML  
20323294\_EA/20325649\_EA

sliced ripe olives  
olives mûres en tranches

stuffed manzanilla  
with pimento paste  
olives Manzanilla farcies avec pâte de piment

PREPARED IN CANADA

**2/\$6** OR 3.49 EA

**NO NAME® CROUTONS**  
145 G OR SALAD DRESSINGS 475 ML  
SELECTED VARIETIES  
20628489001\_EA/21096223\_EA

Caesar croutons · croûtons césar

Caesar dressing vinaigrette César

PREPARED IN CANADA

**\$6**

**NO NAME® INSTANT COFFEE**  
SELECTED VARIETIES, 150 G  
20149246\_EA/21180125\_EA

instant coffee  
café instantané

decaffeinated instant coffee  
café instantané décaféiné

PREPARED IN CANADA

**\$4**

**NO NAME® ICE MILK**  
SELECTED VARIETIES  
FROZEN, 1.65 L  
21610174\_EA/21610238\_EA

napolitaine

chocolat

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® PIZZA**  
SELECTED VARIETIES  
FROZEN, 350-411 G  
21541441\_EA/21541444\_EA

pizza croûte mince spinach

thin crust pizza croûte mince pepperoni

PREPARED IN CANADA

**\$17**

**NO NAME® NATURALLY IMPERFECT™ FRUIT**  
SELECTED VARIETIES  
FROZEN, 2 KG  
21033164\_EA/21480144\_EA

Naturally Imperfect™  
Naturellement imparfaits™  
blueberries · bleuets

berry blend  
mélange de petits fruits

PREPARED IN CANADA

**\$5**

**NO NAME® PEROGIES**  
SELECTED VARIETIES  
FROZEN, 2 KG  
20323762001\_EA

potato & cheddar  
perogies · perogies  
sauveur pommes de terre et cheddar

PREPARED IN CANADA

# HAPPY EID AL-ADHA

Low prices for joyful celebrations.



**5.50**  
LB  
12.13/KG

**OKRA**  
PRODUCT OF U.S.A.  
20091263001\_KG



**\$2**

**RED MANGO**  
PRODUCT OF MEXICO  
20059635001\_EA



**\$4**  
LB  
8.82/KG

**CHICKEN THIGHS**  
FRESH, CLUB SIZE  
20707407\_KG

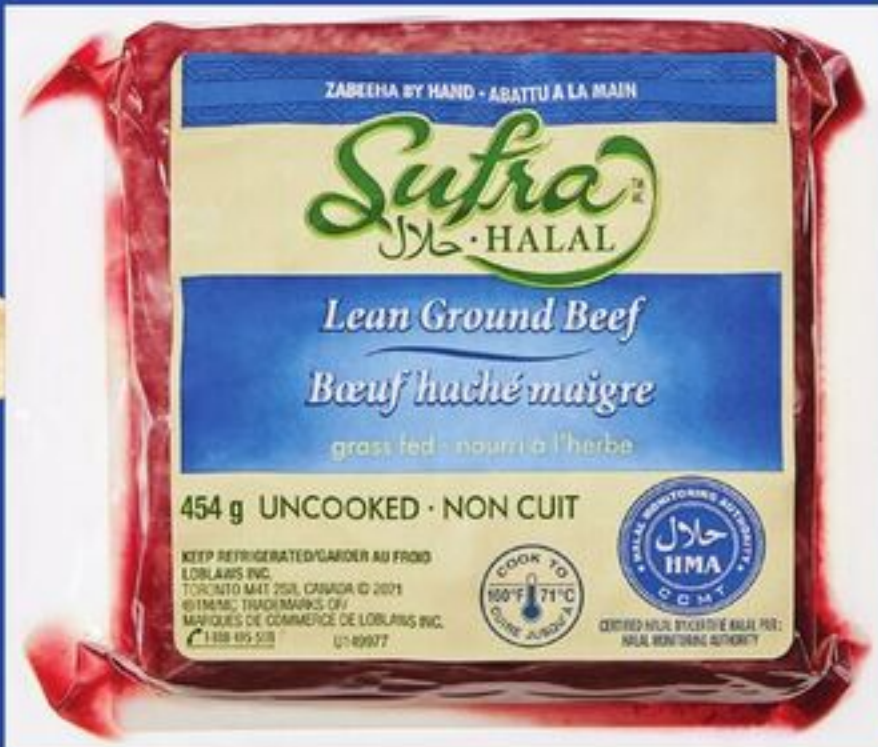


INCLUDES HALAL



**8.99**

**SUFRA® HALAL LEAN GROUND BEEF**  
454 G  
21397283\_EA



**\$18**

**TRADITIONAL BAKLAVA**  
800 G  
21160115\_EA



**2.50**

**COCONUT**  
PRODUCT OF INDIA OR DOMINICAN REPUBLIC  
20005774001\_EA



**\$10**

**SAMOSA PLATTER WITH TAMIRAND SAUCE**  
1.37 KG  
21558737\_EA



**2/4.88**  
OR 2.89 EA

**ROOSTER TOFU**  
SELECTED VARIETIES, 454 G  
21474765\_EA



**\$4**

**SURAJ® GINGER GARLIC PASTE**  
750 G  
21088575\_EA



**\$12**

**BROOKE BOND RED LABEL TEA**  
900 G  
21077684\_EA



**SAVE 2.00**

**9.99**

**TILDA BASMATI RICE**  
SELECTED VARIETIES, 4 LB  
20013920\_EA/20436365\_EA



**\$6**

**SURAJ® SOOJI FINE FLOUR**  
2 KG  
21071270\_EA



**SAVE 1.50**

**3.99**

**KFI COOKING SAUCES**  
SELECTED VARIETIES,  
375/395 ML  
20419490001\_EA/20419490003\_EA



**2.50**

**RUBICON JUICES**  
SELECTED VARIETIES, 1 L  
20029236001\_EA/20296770001\_EA



# HAPPY EID AL-ADHA

Low prices for joyful celebrations.



**2<sup>88</sup>**  
LB  
6.35/KG

**GINGER ROOT**  
PRODUCT OF CHINA  
20179038001\_KG



**1<sup>50</sup>**

**MINT BUNCH**  
PRODUCT OF MEXICO  
OR COLOMBIA  
20193326001\_KG



**\$13**

**HALAL BBQ SEASONED  
ROTISSERIE CHICKEN  
FULLY COOKED**  
900 G  
21719807\_EA



**\$2**

**ZABIHA HALAL  
CHICKEN WIENERS  
OR ZABIHA HALAL  
CHICKEN BOLOGNA**  
SELECTED VARIETIES, 375-450 G  
20006571\_EA



**\$5**

**SURAJ<sup>®</sup> NAAN**  
SELECTED VARIETIES, 10'S  
20342261\_EA



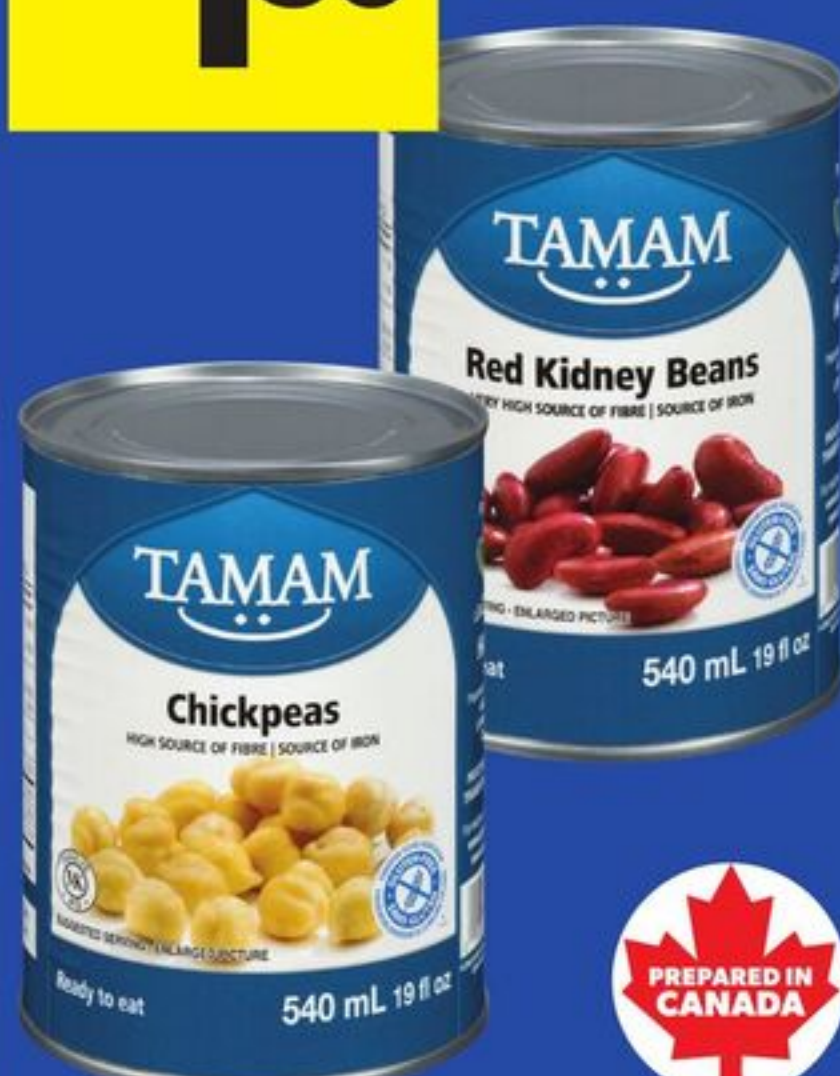
**\$3**

**ZINDA COUSCOUS**  
SELECTED VARIETIES, 907 G  
20013708\_EA/20822580\_EA



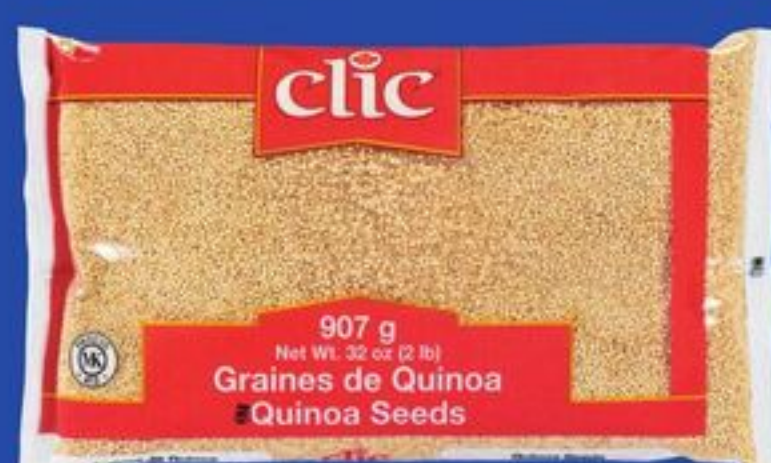
**1<sup>50</sup>**

**TAMAM  
CANNED BEANS**  
SELECTED VARIETIES, 540 ML  
21214481\_EA/21214570\_EA



**\$5**

**CLIC QUINOA GRAINS**  
907 G  
20051508\_EA



**\$14**

**KRITI GOLD EXTRA  
VIRGIN OLIVE OIL**  
750 ML  
20572876\_EA



**4<sup>50</sup>**

**VEEBA SAUCES**  
SELECTED VARIETIES, 300 ML  
21632689\_EA/21632743\_EA



**1<sup>75</sup>**

**PUCK THICKENED  
CREAMY PRODUCT**  
160 G  
21449248\_EA



**1<sup>50</sup>**

**PRAN NOODLE SOUPS**  
SELECTED VARIETIES, 280 G  
21685517\_EA/21685721\_EA



**\$5**

**TAMAM TAHINI SMALL  
454 G OR SLICED PICKLE  
TURNIPS 1 KG**  
21217262\_EA/21237887\_EA



**3<sup>50</sup>**

**MAGGI SAUCE**  
SELECTED VARIETIES,  
340 ML  
20687724\_EA  
20693317\_EA



**\$5**

**NESTLÉ INSTANT  
TEA MIX**  
SELECTED VARIETIES, 200 G  
21665987\_EA



# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

**3<sup>25</sup>**  
LB  
7.17/KG

**BABY BOK CHOY**  
PRODUCT OF MEXICO OR U.S.A.,  
OR **SHANGHAI BOK CHOY**  
PRODUCT OF MEXICO  
20082279001\_KG/20032454001\_KG

**3<sup>88</sup>**

**LARGE DRAGONFRUIT**  
PRODUCT OF VIETNAM  
20168395001\_EA

**13<sup>88</sup>**

**T&T SLICED ROLLS BEEF OR LAMB**  
340 G  
21570350\_EA/21570410\_EA  
21570476\_EA

**5<sup>49</sup>**  
LB  
12.10/KG

**CHICKEN GIZZARDS, HEARTS OR LIVERS**  
FROZEN  
20707741\_KG

CANADIAN POULTRY

**\$9**

**SEAQUEST WHOLE TILAPIA 1.36 KG OR WHOLE POMPANO**  
800 G  
21591947\_EA/21592084\_EA

**5<sup>88</sup>**  
LB  
12.96/KG

**PORK BELLY PORTION**  
20793502\_KG

**\$2**

**T&T TROPICAL CAKE**  
SELECTED VARIETIES, 180 G  
20826539\_EA/20826539\_EA

PREPARED IN CANADA

**\$2**

**WAHAHA YOGURT DRINK**  
SELECTED VARIETIES, 4'S, 400 ML  
21091972\_EA/21382076\_EA

**9<sup>99</sup>**

**JAYONE SEASONED AND ROASTED SEAWEED**  
120 G  
20699445\_EA

**3<sup>49</sup>**

**INDOMIE INSTANT NOODLES**  
SELECTED VARIETIES  
5'S, 400-425 G  
20686719\_EA/21094081\_EA

**3<sup>99</sup>**

**COCON NATA DE COCO PUDDING MIX**  
700 G  
20180623\_EA

**3<sup>29</sup>**

**MARUKOME INSTANT MISO SOUP MIX**  
SELECTED VARIETIES, 27/29 G  
20999038\_EA/20999104\_EA

**12<sup>88</sup>**

**KNORR CHICKEN BOUILLON MIX**  
SELECTED VARIETIES, 1 KG  
20154074\_EA

**\$7**

**KEWPIE MAYONNAISE**  
465 ML  
21644268\_EA

**4<sup>79</sup>**

**NISSIN INSTANT NOODLES**  
SELECTED VARIETIES, 5'S, 500 G  
21437173\_EA/21438999\_EA

# SUPER YOUR EVERYDAY

**750**

**YOPLAIT SOURCE OR CREAMY**  
SELECTED VARIETIES  
16X100 G  
20120316002\_EA  
20310980001\_EA



**3/\$9**  
OR 3.79 EA

**KELLOGG'S RICE KRISPIES BARS** 160-200 G,  
**POPARTS** 384 G,  
**SPECIAL K BARS** 125 G OR  
**NUTRI-GRAIN BARS** 175-295 G  
SELECTED VARIETIES  
20126567001\_EA  
20313984001\_EA



**850**

**QUEEN ST. BAKERY FROZEN BREADS, ENGLISH MUFFINS**  
SELECTED VARIETIES  
464-520 G  
215759664\_EA  
21699221\_EA



**3/999**  
OR 4.49 EA

**GENERAL MILLS RETAIL SIZE CEREAL**  
SELECTED VARIETIES  
297-430 G  
21104055\_EA/21104058\_EA



**449**

**QUAKER, CAPTAIN CRUNCH, HARVEST CRUNCH OR LIFE OAT CEREAL, OATMEAL OR CORN SQUARES**  
SELECTED VARIETIES  
288-510 G  
21082500\_EA  
21239228\_EA



**\$6**

**QUAKER MUFFIN OR COOKIE MIX**  
SELECTED VARIETIES  
900 G  
20301064001\_EA  
21611930\_EA



**\$25**

**PC ORGANICS CASHEWS**  
SELECTED VARIETIES  
1.13 KG  
21917458\_EA



**\$10**

**PC BLUE MENU LIQUID EGG WHITES**  
REFRIGERATED  
1 KG  
20821364001\_EA



**\$5**

**HELUVA GOOD! FRENCH ONION SOUR CREAM DIP**  
680 G  
20312788001\_EA



**\$7**

**BLACK DIAMOND CHEESE SNACKS**  
SELECTED VARIETIES  
12/16'S/252/336 G  
20763661\_EA  
20986474\_EA



**\$7**

**BECEL MARGARINE**  
SELECTED VARIETIES  
637/850 G  
20297818002\_EA  
21279389\_EA



**2/\$5**  
OR 3.29 EA

**SNACK PACK PUDDING OR JUICY GELS**  
SELECTED VARIETIES  
4'S  
20310707006\_EA  
2031315001\_EA



**425**

**CHRISTIE GOOD THINS CRACKERS**  
SELECTED VARIETIES  
100 G  
21023024\_EA  
21023029\_EA



**2/\$8**  
OR 4.99 EA

**DARE BEAR PAWS** 168- 240 G,  
**WAGON WHEELS** 315/360 G,  
**WHIPPETS** 200-285 G, **ULTIMATE OR VIVA PUFFS COOKIES** 290/300 G  
SELECTED VARIETIES  
20974343\_EA  
21080791\_EA



**649**

**NESCAFÉ COFFEE CONCENTRATE**  
SELECTED VARIETIES  
500 ML  
21665027\_EA  
21665148\_EA



**\$6**

**TWINING'S SUPERBLEND TEA 18'S OR TETLEY TEA 40/48'S**  
SELECTED VARIETIES  
20711553\_EA  
21427843\_EA



**\$12**

**COTTONELLE FLUSHABLE WIPES**  
SELECTED VARIETIES  
4'S  
21477027\_EA



**2/\$12**  
OR 6.99 EA

**LYSOL DISINFECTANT SPRAY** 350 G,  
**DISINFECTING WIPES** 75-84'S  
OR ALL PURPOSE CLEANER 950 ML  
SELECTED VARIETIES  
21449826\_EA  
21669300\_EA



**\$6**

**NO NAME FREEZER BAG RESEALABLE**  
30/40'S  
20298374\_EA  
20155482\_EA



Members Price **15.99** Non-Members **17.99** Members Save **\$2**

**WHISKAS WET CAT FOOD**  
SELECTED VARIETIES, 12'S  
20945387\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.





**CUDDLY DEALS, TINY PRICES**



**\$2**

**PAMPERS 1X BABY WIPES**  
SELECTED VARIETIES, 56-72'S  
20708133\_EA

**LIMIT 4**  
OVER LIMIT PAY  
3.49 EA

**PRICE DROP**

**2/\$11**  
OR 5.99 EA

**AMARA ORGANIC SMOOTHIE MELTS OR FRUIT BITES**  
SELECTED VARIETIES, 23 G  
21426240\_EA/21536119\_EA

**8+ MONTHS**

**\$3**

**PC ORGANICS MINI CEREAL BARS**  
SELECTED VARIETIES, 160 G  
20431341\_EA/20431441001\_EA

**LIMIT 6**  
OVER LIMIT PAY  
3.50 EA

**12+ MONTHS**

**\$50**

**ENFAMIL A+ NEUROPRO OR GENTLEASE POWDER**  
SELECTED VARIETIES, 553/587 G  
21589117\_EA/21589230\_EA

**LIMIT 4**  
OVER LIMIT PAY  
54.99 EA

**\$37**

**ENFAGROW A+ TODDLER NUTRITIONAL SUPPLEMENT**  
SELECTED VARIETIES, 907 G  
21694972\_EA/21694898\_EA

**LIMIT 4**  
OVER LIMIT PAY  
42.99 EA

**\$70**

**SIMILAC 360 TOTAL CARE READY TO FEED INFANT FORMULA**  
SELECTED VARIETIES, 16X235 ML  
21702863\_C16/21702882\_C16

**LIMIT 4**  
OVER LIMIT PAY  
89.99 EA

**\$29**

**PAMPERS SUPER BIG PACK DIAPERS**  
SIZES N-8, SELECTED VARIETIES  
21370844\_EA/21455660\_EA

**LIMIT 4**  
OVER LIMIT PAY  
34.99 EA

**\$27**

**LIMIT 4, OVER LIMIT PAY 31.99 EA**

Get **2,000** pts

**\$2** back in points

**PAMPERS EASY UPS CLUB PACK TRAINING PANTS**  
SELECTED VARIETIES, 46-74'S  
21089365\_EA/21089367\_EA

**\$35**

**LIMIT 4, OVER LIMIT PAY 41.99 EA**

Get **2,000** pts

**\$2** back in points

**HUGGIES ECONO PACK DIAPERS**  
SIZE N-7, SELECTED VARIETIES  
60-200'S  
21456748\_EA/21663768\_EA

**\$25**

**LIMIT 4, OVER LIMIT PAY 32.99 EA**

Get **2,000** pts

**\$2** back in points

**WATERWIPES**  
SELECTED VARIETIES, 360'S  
21549611\_EA

**\$27**

**LIMIT 4**  
OVER LIMIT PAY  
32.99 EA

**HUGGIES PULL-UPS CLUB PACK TRAINING PANTS OR GOODNITES**  
28-74'S  
21021522\_EA/21371199\_EA

**\$25**

**LIMIT 4, OVER LIMIT PAY 29.99 EA**

Get **2,000** pts

**\$2** back in points

**MILLIE MOON PACK DIAPERS**  
CLUB SIZE, SELECTED VARIETIES  
AND SIZES  
21520442\_EA/21520456\_EA

**4/\$7**  
OR 2.29 EA

**GERBER BABY FOOD JARS 159-162 ML OR ORGANIC BABY FOOD POUCHES 99 G/128 ML**  
SELECTED VARIETIES  
21024932\_EA/21466948\_EA

**\$20**

**LIMIT 4**  
OVER LIMIT PAY  
23.99 EA

**HUGGIES simply clean**  
HUGE VALUE  
grande valeur  
enorme valor

**704**

**UP TO 20% OFF**

**PHILIPS OR DR. BROWN'S FEEDING OR NURSING ACCESSORIES**  
SELECTED VARIETIES  
21436447\_EA/21601463\_EA

## KIDDICARE DIAPERS FOR LESS

The ultra-absorbent and super-soft diapers have arrived.

Now exclusively here!



# SHOP BEAUTY FOR LESS

Optimum™

Get **2,000** pts

When you spend \$10\*

\$2 back in points



**MONDAY HAIR CARE, BODY WASH OR BODY SCRUB**  
SELECTED VARIETIES AND SIZES  
21703931\_EA/21706301\_EA

Optimum™

Get **5,000** pts

When you buy 2

\$5 back in points



**JOHN FRIEDA HAIR CARE**  
SELECTED VARIETIES AND SIZES  
20757892002\_EA/20757892003\_EA

Optimum™

Get **6,000** pts

When you spend \$15\*

\$6 back in points



**NICE N EASY, NATURAL INSTINCTS OR COLOR STRONG HAIR COLOUR**  
SELECTED VARIETIES  
21082764\_EA/21084326\_EA

Optimum™

Get **5,000** pts

When you spend \$20\*

\$5 back in points



**METHOD SHAMPOO, CONDITIONER, BODY WASH OR DEODORANT**  
SELECTED VARIETIES AND SIZES  
21640748\_EA/21647725\_EA

Optimum™

Get **4,000** pts

When you spend \$20\*

\$4 back in points



**TRESEMME HAIR CARE OR STYLING PRODUCTS**  
SELECTED VARIETIES AND SIZES  
198-311 G/168-828 ML  
21169663\_EA

Optimum™

Get **3,000** pts

When you buy 2

\$3 back in points



**HEAD & SHOULDERS HAIR CARE**  
SELECTED VARIETIES, 835 ML  
21505259\_EA

Optimum™

UP TO **15%** OFF

Get **2,000** pts

\$2 back in points



**O'KEEFFE'S SKINCARE**  
SELECTED VARIETIES AND SIZES  
20910310\_EA/21723681\_EA

Optimum™

Get **3,000** pts

When you spend \$30\*

\$3 back in points



**CETAPHIL CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
20318025\_EA/21013201\_EA

Optimum™

UP TO **15%** OFF

Get **3,000** pts

\$3 back in points



**ST. IVES SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21086101\_EA/21429055003\_EA

Optimum™

Get **5,000** pts

When you buy 2

\$5 back in points



**CERAVE CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
21276738\_EA/21276745\_EA



## Celebrate Mom

WITH A GOURMET HAPPY HOUR

- \$6** MONSIEUR GUSTAV Double crème, Camembert 125 g  
21619307\_EA/21619313\_EA
- \$8** L'EXTRA Brie NOTRE-DAME Brie 170 g  
21528319\_EA/20177193\_EA
- \$7** ENTREMONT Brie, Camembert 227 g  
21692867\_EA/21692836\_EA
- \$8** KERRYGOLD Dubliner, Reserve Cheddar 198 g  
20591635\_EA/20359976\_EA
- \$3.50** /100 g JARLSBERG Cheese 21388103\_KG
- \$4** /100 g AGROPUR GRAND CHEDDAR 5 years 21194213\_KG
- \$3.50** /100 g L'EXTRA Brie 21157608\_KG
- \$5** /100 g CAMBOZOLA Cheese 20001969\_KG

## Marie Morin

INDULGE WITH OUR CHEF-STYLE GOURMET CREATIONS

**3.50** Marie Morin Crème Brûlée, Salted Caramel Cheesecake or Chocolate Ganache 90 - 103 g  
2185251\_EA/2185250\_EA

Prepared in Canada

- \$5.75** General Mills™ Family Size Cereals 455-725 g  
21103492\_EA 21103495\_EA
- \$3** Nature Valley™ Granola Bars 120-230 g, Betty Crocker™ and Motts Fruit Snacks 128-226 g, Pillsbury™ Soft Baked Bars 150 g or Cereal Treat Bars 120 g  
20887250\_EA/21031310\_EA
- \$3** Nature Valley™ Sweet & Salty 170-210 g, Fibre 1 Bars, Nature Valley Protein Bars or Nature Valley Biscuits 125-190 g  
20686988001\_EA/21714114\_EA
- 2/\$10** OR \$6.49 EA. Old El Paso™ Dinner Kits 250-510 g selected varieties  
20795534\_EA 21777322\_EA
- 3/4.98** OR \$2.19 EA. Old El Paso™ Seasoning 24 g selected varieties  
21675151\_EA 21049495\_EA
- \$3.75** Annie's™ Super! Mac 170 g or Annie's™ Vegan Mac 170 g  
21687300\_EA 21687279\_EA
- \$4** Pillsbury™ Grand Cinnamon Rolls 496 g or Pillsbury™ Ready to Bake Cookies 454 g  
21619335\_EA 20301101001\_EA
- \$3.50** Pillsbury™ Strudel 6's or Scramble 204-326 g  
20772664001\_EA/20301101002\_EA

**NEW** Celebrating 40 Years of Pillsbury™ Toaster Strudel

FOR BUDGET FRIENDLY MEALS **COOK WITH Prego™**

SCAN HERE FOR PREGO™ TEXAS TOAST PIZZAS

**KID FRIENDLY**

## BOLD FLAVOUR MEETS MAYO

**NEW** Heinz Mayonnaise-style Sauces selected varieties 340 mL  
21735038\_EA **\$2.99**

- \$5** PACE® CHUNKY SALSA SELECTED VARIETIES 645 ML  
20307531002\_EA 20307531001\_EA
- 3.50** PREGO® PASTA SAUCE SELECTED VARIETIES 645 ML  
20325820001\_EA 21340617\_EA

- NEW** Bull's-Eye BBQ Sauce selected varieties 425 mL  
21735390\_EA **\$4**
- NEW** Diana Sauce selected varieties 500 mL  
21735502\_EA **\$4**

## BRING THE Fiesta HOME!

**Wonder** Write Wraps 640 g

**Casa Mendosa** TORTILLAS ORIGINAL 640 g

**Casa Mendosa** TORTILLAS WHOLE WHEAT BLE ENTIER 640 g

**\$5** CASA MENDOSA OR WONDER TORTILLAS SELECTED VARIETIES AND SIZES  
20976626\_EA/20276307\_EA

**SIP THE FLAVOUR,  
SEE THE TROPHY.**



Scan for a chance to WIN\* a trip to the FIFA World Cup 26™ Trophy Tour and more prizes!



Naturally Flavoured Iced Tea



OFFICIAL ICED TEA OF THE FIFA WORLD CUP 26™

\*NO PURCHASE NECESSARY. Void outside Canada & where prohibited. Open to legal residents of Canada, who are 18+ & legal age of majority or older in their jurisdiction of residence. Ends at 11:59 pm ET on 5/31/26, with 13 entry periods. Enter by 11:59 pm ET on 4/26/26 for the Trip. (1) Trip ARV: CAD\$5,398.35; FUZE Prize Packs (25, 2 per entry period, 1 in entry period 13) ARV: CAD\$100. Odds depend on number of eligible entries received. Math skill test required. For Official Rules, visit <https://cokeint.com/fuzelegal>. Sponsor: Coca Cola Ltd. © The Coca Cola Company, used under license.



**\$9.99\*\*** Fuze® iced tea selected varieties 12x341 mL 21645563\_C12



SEE IN-STORE FOR RETAILS

Diet Coke® beverages selected varieties 12x355 mL 21730741\_C12



**2/\$5\*\*** or \$2.99 POWERADE® beverages selected varieties 710 mL 20853723\_EA



**2/\$6\*\*** or \$3.49 Glaceau vitaminwater® beverages selected varieties 591 mL 20562362003\_EA



**\$12.99\*\*** Monster Energy® beverages† selected varieties 4x473 mL 20937631\_C04

Valid from April 16th to April 23rd, 2026

\*\* Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less. † This product may not be suitable for everyone. Please read the label for instructions. ‡ The trademarks that appear are the property of their respective trademark owners.

**BETTER TEAR,  
SO MUCH SOFTER\***  
\*vs. leading 1000-sheet brand

**\$18** Charmin Bath Tissue, 12=48 roll, soft 21707532\_EA

**4X STRONGER WHEN WET\***  
\*vs. Leading Canada 2-ply bath tissue

**\$18** Charmin Bath Tissue, 12=48 roll, strong 21636641\_EA

**50% MORE ABSORBENT\***  
\*vs. leading ordinary brand.

**\$18** Bounty Paper Towel, Select A Size, 6=12 roll 21670280\_EA

**THICKER AND MORE ABSORBENT\***  
\*vs. the leading US 2-ply napkin

**\$11** Bounty Napkin 400's 21053171\_EA

© 2026 P&G

**CLOROX SCENTIVA**  
Cleans like Clorox. Smells Extraordinary.

**\$11** Glad® Black Regular 40 bags 21165477\_EA

**\$5** Clorox® Scentiva™ Bleach 2.4 L 21725566\_EA

**2/\$10** OR \$5.99 EA. Clorox® Scentiva™ Disinfecting Cleaner 709 mL 21734708\_EA

**\$6** Clorox® Scentiva™ Disinfecting Wipes 75's 21734738\_EA

**Poise® Depend®**

STAY PROTECTED IN THE MOMENT

**LIMIT 4 \$18** OVER LIMIT PAY 18.99 EA

DEPEND® Underwear or POISE® Pads selected varieties and sizes 20558843005\_EA/21302119\_EA

© Registered Trademark and Trademark of Kimberly-Clark Worldwide, Inc. ©KCWW.



**Mobile that doesn't break the bank.**

Plans starting from **\$20/month**

