

SPROUTS
FARMERS MARKET

SUPER BOGO SALE

Buy One, Get One FREE* or
Buy One, Get One 50% Off**

May 13th-19th

SHOP NOW

*Of equal or lesser value. Select items only.
**Regular retail. Of equal or lesser value. Select items only.



SPROUTS
FARMERS MARKET

MINI MELONS,
MAJOR
FLAVOR!



Organic
Mini Seedless
Watermelons

BUY ONE, GET ONE
FREE
of equal or lesser value



RESPONSIBLY
SOURCED &
RECIPE READY

Sprouts Frozen
Fish Fillets
Select varieties,
16-32 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Strawberries 1lb.,
Blueberries 11oz. or
Blackberries 5.6oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Khlood
All Items



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Cascadian Farm Organic
Granola Bars,
Granola or Cereal

Select varieties,
7.4-15 oz.



BUY ONE, GET ONE
FREE
of equal or lesser value

Perfect Bar or Remedy
Organics Protein
Beverages

Select varieties,
2.18-2.5 oz.
or 12 fl. oz.



BUY ONE, GET ONE
FREE
of equal or lesser value

+CRV in CA

Make Waves with These

Fin-tastic FISH RECIPES

Save on responsibly sourced seafood with **BOGO 50% off*** all Sprouts frozen fish fillets this week only!



1

Zesty Tropical Salmon & Salsa
[Get Recipe >](#)



2

Savory Soy-Marinated Ahi Tuna
[Get Recipe >](#)



3

Curried Fish & Potato Skewers
[Get Recipe >](#)



Sprouts
Premium Angus
Boneless Beef
Rump Roast



BUY ONE, GET ONE
50% OFF
 regular retail
 of equal or lesser value

Discount taken
 at checkout

Sprouts
Boneless Skinless
Chicken Thighs or
Thin Sliced Breasts

Air-chilled, no added hormones
 or steroids!

NO
 ANTIBIOTICS,
 EVER



BUY ONE, GET ONE
50% OFF
 regular retail
 of equal or lesser value

Discount taken
 at checkout

Sprouts
All-Natural Angus Beef
100% Grass-Fed
Steaks or Roast

No hormones or antibiotics
 added, ever!

NO
 ANTIBIOTICS,
 EVER



10% OFF
 regular retail

Price on package
 reflects discount

Sprouts
All-Natural Grass-Fed 85% Lean
or Grain-Fed 93% Lean Ground Beef

Grass-fed sold in a 2 lb. package
 and Grain-fed sold in a 1 lb. package

ALWAYS FRESH,
 NEVER FROZEN



\$7.99 /LB.

Sprouts
All-Natural Ground Chicken

Air-chilled, no antibiotics
 or hormones added! 16 oz.

NO
 ANTIBIOTICS,
 EVER



BUY ONE, GET ONE
50% OFF
 regular retail
 of equal or lesser value

All-Natural 100% Grass-Fed
Lamb Loin or Shoulder Chops

No added hormones or steroids!
 Pasture-raised



NO
 ANTIBIOTICS,
 EVER

BUY ONE, GET ONE
50% OFF
 regular retail
 of equal or lesser value

Bilinski's

All Items



\$6.99 /EA.

Godshall's Organic
Uncured Turkey Bacon

No steroids or hormones added,
 no added nitrates or nitrites, 8 oz.



BUY ONE, GET ONE
50% OFF
 regular retail
 of equal or lesser value

Copper River
Wild-Caught
Sockeye Salmon

Wild caught in the pristine
 Alaska waters, frozen



WILD-CAUGHT
 FAVORITE



\$17.99 /LB.
 Also available in the service case

Colossal Raw
Peeled and Deveined
Grilling Shrimp

16/20 ct. Farm-raised,
 previously frozen



BUY ONE, GET ONE
50% OFF
 regular retail
 of equal or lesser value

Discount taken
 at checkout

Also available in a 2 lb. bag

Sprouts
Fresh Atlantic Marinated
Salmon Portions

Farm-raised,
 select varieties,
 6 oz.



\$6.99 /EA.
 Available in the service case

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Cuties
 Seedless Mandarins
 3lb. Bag



Gem Avocados
 4ct. Bag



Sweet Corn
 4pk. Tray



Archer
 All Items



Kettle Brand Potato
 Chips or Late July
 Organic Tortilla Chips
 Select varieties, 6-10.1 oz.



Masa Tortilla Chips
 or Vandy Potato Chips
 Select varieties, 5 oz.



C₂O Organic
 Coconut Water
 33.8 fl. oz.



Liquid Death Energy Drinks,
 Sparkling Water or
 Ready to Drink Tea
 Select varieties, 12 fl. oz. or 6 pk., 12 fl. oz.



+CRV in CA

**Ethel's Baking Co. Gluten Free
Dessert Bars or Cookies**

Select varieties, 6-9 oz.



**Ancient Nutrition
Supplements**

Select varieties
and sizes



**Milton's Frozen Cauliflower Crust Pizza
or Yough Frozen Pizza**

Select varieties, 10-13.8 oz.



**Talenti Ice Cream or
Yummy Frozen Chicken
Nuggets or Tenders**

Select varieties,
16 fl. oz. or 18-21.7 oz.



**Sweet Nothings Frozen
Smoothie Bowls or Squeezable
Pops or 'ndulge Frozen
Greek Yogurt Bars**

Select varieties and sizes



**JonnyPops Frozen
Novelties or Freezer Pops**

Select varieties,
6-20 ct.



**Sprouts Gluten Free
Frozen Ravioli or
Protein Pints Ice Cream**

Select varieties,
16 oz. or 1 pint



Sprouts Dates

Select varieties,
12 oz.



**Everyday Dose,
Bulletproof, Javvy or
Laird Superfood Coffee**

Select varieties,
3.5-20 oz.



**Sprouts
Pumpkin or
Sunflower Seeds**

Select varieties,
8-16 oz.



Poppi Prebiotic Soda or Huxley Energy Drinks

Select varieties, 12 fl. oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value
+CRV in CA

Toto or Lenny & Larry's Protein Cookies

Select varieties, 2.15-4 oz.



BUY ONE. GET ONE FREE
of equal or lesser value

Tosi Organic Crispy Puffs or Crunchy Snack Bars

Select varieties, 3 or 5 oz.



BUY ONE. GET ONE FREE
of equal or lesser value

Solaray Women's Health Support

Select varieties and sizes



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Ultima Replenisher Electrolyte Drink Mix

Select varieties, 0.11-3.9 oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Bestie Supplements Stacked Protein Powder

Select varieties, 14.8-17.28 oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Wild Society Protein + Hydration Drink

Select varieties, 16 fl. oz.



BUY ONE. GET ONE FREE
of equal or lesser value

Aura Cacia Organic Essential Oil

Select varieties, 0.25 fl. oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Humble Deodorant

Select varieties, 2.5-2.65 oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Badger Sunscreen or Repellent Spray

Select varieties and sizes



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

ESW Beauty Sheet Mask

Select varieties and sizes



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Burt's Bees Cosmetics, Body or Baby Care

Select varieties and sizes



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Cantaloupe,
Honeydew
or Golden
Pineapples



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Premium
Sweet Red Cherries
2lb. Clamshell



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Zespri
Gold Kiwifruit 1lb.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Golden Apricots



\$3.98 /LB.

Wholesum
Organic Tomatoes
Valentino On-The-Vine 14oz.
or Kaleidos 12oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Sweet Onions
3lb. Bag



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Digs
Baby Potatoes
24oz. Bag
Select varieties



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Taylor Farms
Chopped Salad or
Stir Fry Kits
Select varieties,
11-14 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

**Antonina's Gluten-Free Bakery
Brownies, Cupcakes or Muffins**

Select varieties, 4 pk.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

**Dave's Killer Bread
English Muffins,
Bagels or Bread**

Select varieties,
13.2-27 oz.

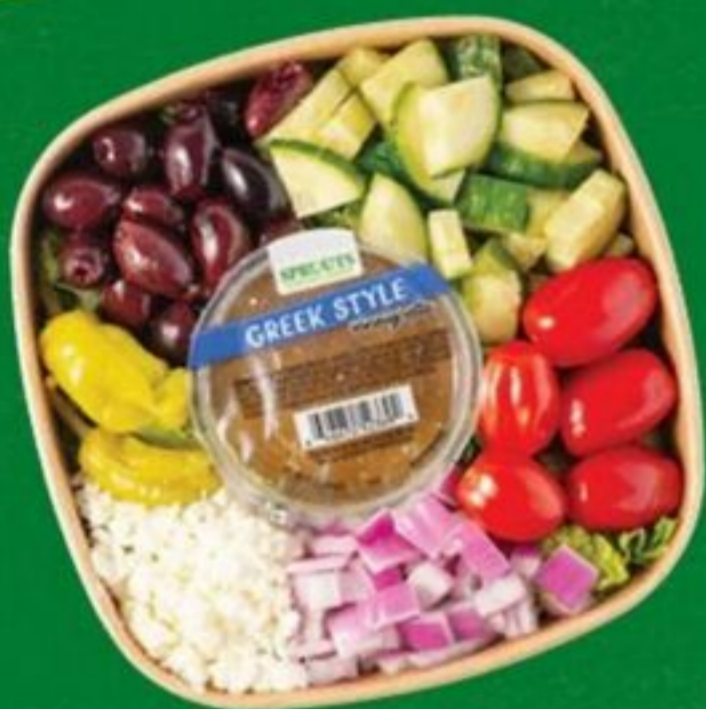


**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

MADE WITH
ORGANIC GREENS

**GRAB & GO
SALADS**

ORDER NOW



**Milton's
Baked Crackers**

Select varieties, 4.5 oz.



**BUY ONE, GET ONE
FREE**
of equal or lesser value

**Kevin's Natural Foods
Entrées or Sides**

Select varieties,
16 or 26 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

**Kingston Creamery
Blue Cheese**

Wedge or Crumbles,
4 oz.



**BUY ONE, GET ONE
FREE**
of equal or lesser value

**Président
Feta Cheese**

Select varieties,
6-20 oz.



**BUY ONE, GET ONE
FREE**
of equal or lesser value

**Société
Roquefort Cheese Wedge**

3.5 oz.



**BUY ONE, GET ONE
FREE**
of equal or lesser value

**Bubbies
Pickles**

Select varieties,
33 fl. oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

FORAGER FINDS

Our Foragers' Favorite Discoveries

WHAT WE LOVE ABOUT THESE BRANDS

ORGANIC WITH
A PREBIOTIC
BOOST



SUPPORTS
HEALTHY
SKIN*

MADE
WITH REAL
INGREDIENTS



11G OF
DAIRY-FREE
PROTEIN



REGENERATIVE
ORGANIC CERTIFIED®



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Magic Spoon Cereal Bars, Cereal or Granola or Nutrail Granola or Elmhurst Plant-Based Milk

Select varieties and sizes



Stellar Snacks Pretzel or Snack Braids

Select varieties, 12 or 16 oz.



R.W. Knudsen Juice

Select varieties, 32-84.5 fl. oz.



Madegood Bars, Minis, Cookies, Crispy Squares, Oat Cups or Crackers

Select varieties, 4.2-8.4 oz.



Chocolove Bars or Bites or Justin's Cups, Candy Pieces or Mini Pouches

Select varieties, 1.4-4.7 oz.



Rib Rack Rubs, Marinades or Sauces or Bachan's Japanese BBQ or Dipping Sauce

Select varieties, 5.5-17 oz.



MNML

All Items



Chosen Foods Dressing, Sauce, Mayonnaise or Avocado Oil

Select varieties and sizes





Nichols Farms
Shelled or In Shell Pistachios
Select varieties, 6-16 oz.



Crack into a
tasty
source of
PROTEIN

**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

BULK, YOUR WAY
WITH QUICK BITES ON-THE-GO!

Mix it up
with
**SMARTER
SNACKS**



Nutty & Fruity
Dubai Chocolates
Select varieties, 6.35-7 oz.

**BUY ONE, GET ONE
FREE**
of equal or lesser value



Santa Fe or Wild West
Remix Snack Mix
Select varieties, 7-32 oz.

**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Himalaya Supplements

Select varieties, 60 caps



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

OWYN Protein

Select varieties and sizes



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

+CRV in CA

PURE & HONEST BODY CARE

Shop better-for-you body care essentials

Arrae Supplements

Select varieties, 40-90 count



20% OFF
regular retail

Garden of Life Supplements

Select varieties and sizes



20% OFF
regular retail

Here We Flo Feminine Hygiene

Select varieties, 5-24 count



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Oceanblue Omega-3 2100

Select varieties, 60-90 softgels



20% OFF
regular retail

MegaFood Women's Health Support

Select varieties and sizes



20% OFF
regular retail

Herbatint

All Items



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Prices valid May 13-19, 2026

AT ANY OF OUR ARIZONA LOCATIONS

Specials not valid at our Sprouts Express on High Street in Phoenix.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

Thinkbaby or Thinksport Sunscreen

Select varieties and sizes



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Explore Spring's Best **BETTER-FOR-YOU PICKS**

[VIEW DEALS](#)

SPROUTS
FARMERS MARKET

DEALS OF THE MONTH

MAY 2026

WARMER WEATHER
COOLER PRICES

Offers valid April 29-May 26, 2026 at Sprouts stores, excluding Chula Vista, CA and Sprouts Express on High Street Phoenix, AZ.

SEE YOU NEXT WEEK!