

# BECAUSE MOM DESERVES THE BEST



FROM  
**\$32**

Get  
**7,000**  
pts

**\$7**  
back in  
points

**PC® PREMIUM OR ELITE MOTHER'S DAY BOUQUET**  
**BOUQUET DE LA FÊTE DES MÈRES DE QUALITÉ SUPÉRIEURE OU ÉLITE PC<sup>MD</sup>**  
21087827\_EA/21087772\_EA



**MULTI SAVE**

**2/\$40**  
OR 23.00 EA

**PC® DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES, 11 INCH  
**PANIER SUSPENDU D'ANNUELLES DE LUXE PC<sup>MD</sup>**  
20753918\_EA



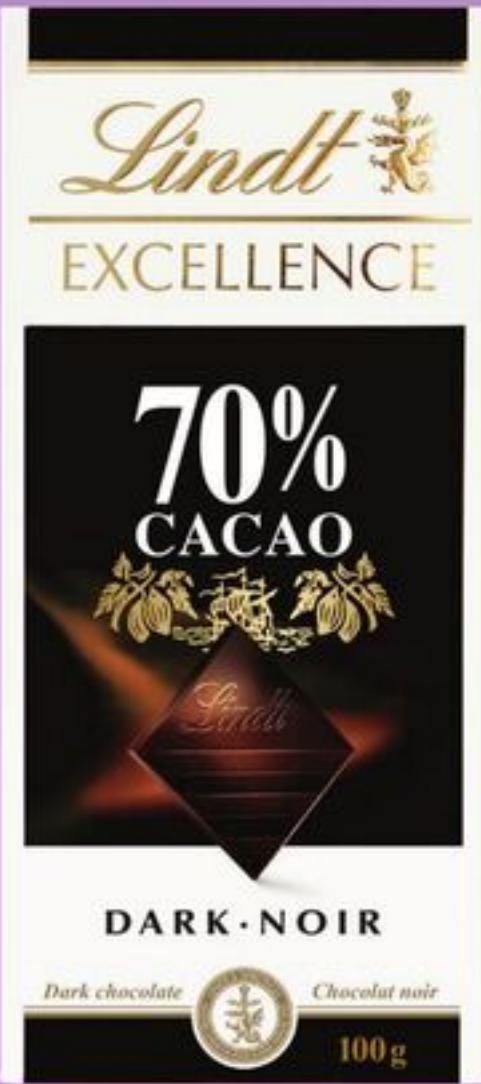
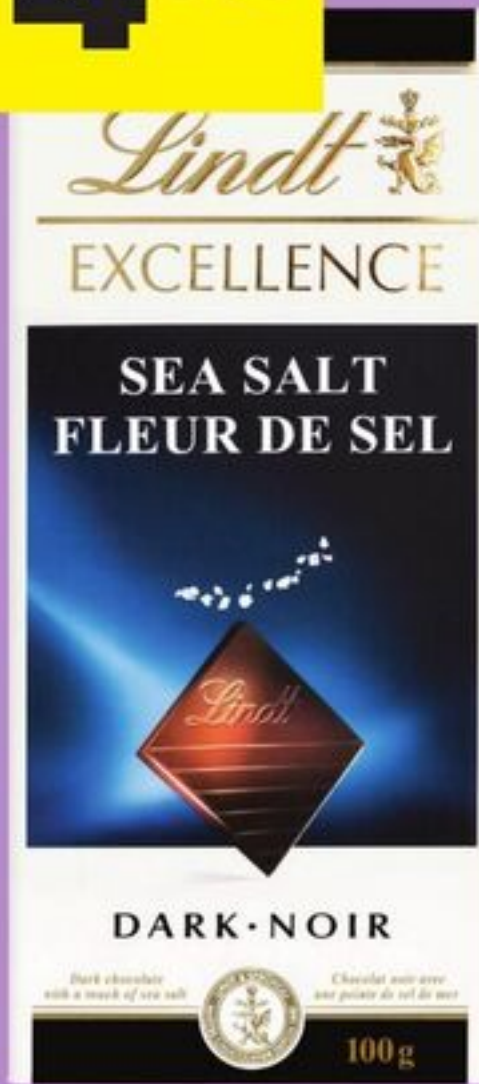
**\$24**

**PREMIUM FARM FRESH BOUQUET**  
**BOUQUET FRAIS DE LA FERME DE QUALITÉ SUPÉRIEURE**  
21478148\_EA



**4.50**

**LINDT EXCELLENCE CHOCOLATE BARS**  
SELECTED VARIETIES, 80-100 G  
**BARRES DE CHOCOLAT LINDT EXCELLENCE**  
20312527005\_EA/20312527009\_EA



**App exclusive offer**



Get  
**5,000**  
pts

**\$5**  
back in  
points

**FRESH OR FROZEN SEAFOOD**  
**FRUITS DE MER FRAIS OU SURGELÉS**  
20720065\_KG/21210093\_KG/20789931\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



# More days Moredays Moredays Moredays



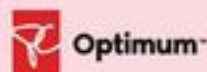
## Get more points

More savings, more deals, more points  
This week only! May 7-13\*\*



Scan  
for more  
**Moredays**  
deals!

### App exclusive offer



**19<sup>49</sup>**

Get  
**8,000**  
pts

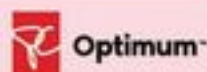
**\$8**  
back in  
points

**PC<sup>®</sup>  
OLD FASHIONED  
BACON  
1 KG  
BACON À  
L'ANCIENNE PC<sup>MD</sup>**

20115704\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.  
\*Open your PC Optimum<sup>™</sup> app or visit pcoptimum.ca to get the offer.



### App exclusive offer



Get  
**8,000**  
pts

**\$8**  
back in  
points

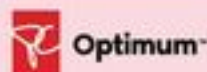
When you  
spend \$20\*

**NATURE VALLEY, FIBRE 1  
OR CHEX ITEM  
SELECTED VARIETIES  
ARTICLE VAL NATURE,  
FIBRE 1 OU CHEX**

20887596\_EA/21675909\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.  
\*Open your PC Optimum<sup>™</sup> app or visit pcoptimum.ca to get the offer.



### App exclusive offer



Get  
**4,000**  
pts

**\$4**  
back in  
points

When you  
spend \$10\*

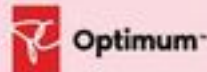
**CADBURY CHOCOLATE BARS 80-100 G  
OR MAYNARDS CANDY 150-154 G,  
CHRISTIE OREO, CHIPS AHOY,  
FUDGE-O OR NUTTER BUTTER  
CHRISTIE COOKIES 224-303 G**

SELECTED VARIETIES  
**BARRES DE CHOCOLAT CADBURY OU  
FRIANDISES MAYNARDS, BISCUITS  
OREO, CHIPS AHOY, FUDGE-O OU  
NUTTER BUTTER CHRISTIE**

21545554\_EA/21648577\_EA/21358407\_EA/213161508\_EA



### App exclusive offer



**6<sup>49</sup>**

Get  
**3,000**  
pts

**\$3**  
back in  
points

When you  
spend \$11\*

**KELLOGG'S  
FAMILY SIZE CEREAL  
SELECTED VARIETIES  
450-650 G**

**CÉRÉALES FORMAT  
FAMILIAL KELLOGG'S**

21430748\_EA/21449784\_EA



### Members Price\*\*

**\$10**

Non-Members  
**\$15**

Members  
Save Up To  
**\$5**

**TIDE DETERGENT 1.62-1.86 L, 18-31'S,  
DOWNY OR GAIN FABRIC  
SOFTENER 1.66-2.63 L, DOWNY  
OR GAIN BEADS 303-379 G**

SELECTED VARIETIES  
**DÉTERGENT TIDE,  
ASSOULISSANT TEXTILE  
DOWNY OU GAIN, PERLES  
DOWNY OU GAIN**

21593782\_EA/21550428\_EA

\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer. \*Open your PC Optimum<sup>™</sup> app or visit pcoptimum.ca to get the offer.



**GREEN THUMBS UP**  
OUR GARDEN CENTRE IS NOW OPEN!

**REAL ATLANTIC SUPERSTORE**  
PROUDLY CANADIAN

**SALE**

NO NAME<sup>®</sup> OR HALAL CHICKEN LEG  
BACK ATTACHED, FRESH  
CUISSÉ DE POULET SANS NOM<sup>®</sup>  
OU HALAL  
20153925\_KG

**2<sup>99</sup>**  
LB  
6.59/KG

**CLUB SIZE**

**4 DAYS ONLY!**  
THURSDAY, MAY 7<sup>TH</sup> TO SUNDAY, MAY 10<sup>TH</sup>, 2026

**11<sup>88</sup>**  
LB  
26.19/KG

**RIB STEAK**  
BONELESS, CUT FROM  
UNGRADED BEEF  
BIFTECK DE  
CÔTE  
21497218\_KG

**CLUB SIZE**

**HOT DEAL**

FROZEN BAY SCALLOPS 80-120 PER LB, 17.64/KG OR  
PC<sup>®</sup> PACIFIC LARGE WHITE SHRIMP RAW OR COOKED  
PEELED OR RAW ZIPPERBACK<sup>®</sup> 31-40 PER LB, 400 G, FROZEN  
PÉTONCLES DE BAIE SURGELÉS OU GROSSES CREVETTES  
BLANCHES DU PACIFIQUE PC<sup>MD</sup> CRUES OU CUITES,  
DÉCORTIQUÉES OU CRUES À DÉCORTIQUAGE ÉCLAIR<sup>MC</sup>  
2109321\_KG/20788888\_EA/20789931\_EA

**\$8** LB/EA

**SALE**

**2<sup>50</sup>**

**RASPBERRIES**  
PRODUCT OF MEXICO  
OR U.S.A., 170 G  
FRAMBOISES  
20128938001\_EA

**HOT DEAL**

SUNRISE SLICED BOLOGNA OR  
LARSEN WIENERS SELECTED VARIETIES, 375-450 G  
BOLOGNE TRANCHE SUNRISE OU  
SAUCISSES FUMÉES LARSEN  
20806936\_EA/21093446\_EA

**\$4**

**PREPARED IN CANADA**

**SALE**

**\$1**

**RED MANGOES**  
PRODUCT OF MEXICO  
MANGUE ROUGE  
20059635001\_EA

**MULTI SAVE**

WONDER BREAD OR  
WONDER OR D'ITALIANO BUNS  
SELECTED VARIETIES AND SIZES  
PAIN WONDER OU PETITS  
PAINS WONDER OU  
D'ITALIANO  
20305135\_EA/20626949\_EA

**2/\$7**  
OR 3.99 EA

**HOT DEAL**

**1<sup>25</sup>**

OASIS 100% JUICE BLENDS,  
DEL MONTE NECTAR,  
HYDRAFRUIT OR ARIZONA  
TEA 960 ML OR ALLEN'S JUICE  
OR COCKTAILS 1 L  
SELECTED VARIETIES  
MÉLANGES DE JUS 100%  
OASIS, NECTAR DEL MONTE,  
HYDRAFRUIT OU THÉ ARIZONA<sup>®</sup>  
OU JUS OU COCKTAILS ALLEN'S<sup>®</sup>  
20336722001\_EA/20336722008\_EA

**PREPARED IN CANADA**

**SAVE UP TO**

**1.50**

**4<sup>98</sup>**

**BLACK DIAMOND CHEESE BARS** 400 G, SHREDS 300-320 G  
OR PC<sup>®</sup> SHREDS 250-320 G  
SELECTED VARIETIES  
BARRÉS DE FROMAGE, FROMAGE  
RÂPÉ BLACK DIAMOND OU  
FROMAGE RÂPÉ PC<sup>MD</sup>  
21060207\_EA/21279221\_EA

**PREPARED IN CANADA**

**SAVE UP TO**

**1.49**

**6<sup>50</sup>**

STOK COLD BREW  
COFFEE 1.42 L OR  
SIGGI'S SKYR  
TUBS 450/750 G  
SELECTED VARIETIES  
CAFÉ INFUSÉ À  
FROID STOK OU  
CONTENANTS  
SKYR SIGGI'S  
21203739\_EA  
21353865\_EA

**PREPARED IN CANADA**

**SALE**

**\$4**

TOSTITOS TORTILLA CHIPS  
SELECTED VARIETIES, 215-295 G  
CROUSTILLES DE TORTILLA  
TOSTITOS  
21050575\_EA/21050581\_EA

**ONLY**

**12<sup>99</sup>**

COCA-COLA OR  
PEPSI SOFT DRINKS  
SELECTED VARIETIES, 24X355 ML  
BOISSONS GAZEUSES  
COCA-COLA OU PEPSI  
20308197001\_C24/20306687002\_C24

EQUIVALENT TO  
**55¢**  
PER CAN

**MULTI SAVE**

BARILLA PASTA  
SELECTED VARIETIES  
410 G  
PÂTES BARILLA  
21404904\_EA  
21405047\_EA

**3/4<sup>98</sup>**  
OR 2.00 EA

**HOT DEAL**

**\$3**

CRAVE OR KRAFT  
DINNER ENTRÉES  
200-340 G OR SMART  
ONES ENTRÉES  
241-283 G, SELECTED  
VARIETIES, FROZEN  
PLATS CUISINÉS  
CRAVE OU KRAFT  
DINNER OU PLATS  
CUISINÉS SMART ONES  
21085515\_EA/21553329\_EA

**HOT DEAL**

**2<sup>99</sup>**

BIBIGO STEAMED  
DUMPLINGS  
SELECTED VARIETIES  
FROZEN, 187 G  
DUMPLINGS  
À LA VAPEUR  
BIBIGO  
21592062\_EA

**SAVE 26%**

**13<sup>88</sup>**

ROOSTER<sup>™</sup>  
JASMINE RICE  
8 KG  
RIZ AU JASMIN  
ROOSTER<sup>™</sup>  
20121871\_EA

Subscribe & Earn up to **20% back** in pts

**pts**

**Express**

- Subscribe online
- Schedule your frequency
- Earn up to 20% in points on popular essentials\*

\*Terms and conditions apply, see site for details.

Flyer prices effective from Thursday, May 7th to Wednesday, May 13th, 2026

**4.50**

**SIGGI'S SKYR**  
4X100 G, **PURE LEAF** 1.75 L  
OR **TROPICANA ZERO SUGAR** 1.36 L **DRINKS**  
SELECTED VARIETIES  
**SKYR SIGGI'S, PURE LEAF**  
OU **BOISSON ZÉRO SUCRE TROPICANA**  
20755752002\_EA/21589925\_EA

**\$8**

**NUTELLA HAZELNUT SPREAD** 725 G  
**TARTINADE AUX NOISETTES NUTELLA**  
20436105\_EA

**UP TO 50% OFF**

**JAMIESON VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
**VITAMINES OU SUPPLÉMENTS JAMIESON**  
20343239001\_EA/20704494\_EA

**3.49**

**LANTIC WHITE GRANULATED SUGAR**  
SELECTED VARIETIES  
2 KG  
**SUCRE BLANC GRANULÉ**  
LANTIC  
20145033\_EA

**SAVE UP TO 2.99**

**\$9**

**SAPORITO VEGETABLES, CANOLA OIL**  
3 L OR **MEZZETA OLIVES** 398 ML  
**HUILE VÉGÉTALE, DE CANOLA**  
**SAPORITO OU OLIVES MEZZETA**  
21036021\_EA/21629402\_EA

**SAVE UP TO 2.49**

**\$6**

**MARCANGELO ITALIAN DELI MEATS SLICED**  
85 G OR **BOURSIN** 150 G  
SELECTED VARIETIES  
**CHARCUTERIES ITALIENNES**  
**TRANCHÉES MARCANGELO**  
OU **BOURSIN**  
20116794\_EA/21706089\_EA

**SAVE UP TO 36%**

**6.99**

**CHRIS BROTHERS BOLOGNA CHUBB**  
1.5 KG  
**SAUCISSON DE BOLOGNE CHRIS BROTHERS**  
21359449\_EA

**SAVE UP TO 3.49**

**8.50**

**HIGHLINER FISH OR SHRIMP**  
SELECTED VARIETIES  
FROZEN, 315-700 G  
**POISSON OU CREVETTES**  
**HIGHLINER**  
20298836001\_EA  
20303200001\_EA

**\$4**

**GREEN GIANT VEGETABLES**  
400-750 G OR **PILLSBURY PIZZA POPS**  
380 G, SELECTED VARIETIES, FROZEN  
**LÉGUMES GÉANT VERT**  
OU **PIZZA POPS PILLSBURY**  
21022770\_EA  
21436023\_EA

**SAVE UP TO 3.99**

**\$5**

**CLUB HOUSE FAMILY SIZE, LA GRILLE**  
OR **ONE STEP SEASONING**  
SELECTED VARIETIES  
13-248 G  
**ASSAISONNEMENT FORMAT FAMILIAL, LA GRILLE**  
OU **UNE ÉTAPE CLUB HOUSE**  
20180764\_EA  
20308006001\_EA  
203321740001\_EA

**Optimum**

Get **1,500** pts  
When you spend \$7\*

**\$150** back in points

**LIPTON OR KNORR SOUP MIX**  
SELECTED VARIETIES  
40-338 G  
**MÉLANGE À SOUPE LIPTON OU KNORR**  
20297514001\_EA/20315085002\_EA

**\$4**

**OCEAN SPRAY CRANBERRY COCKTAIL OR 100% JUICE BLEND**  
SELECTED VARIETIES  
1.77/1.89 L  
**COCKTAIL DE CANNEBERGE**  
OU **MÉLANGE DE JUS À 100% OCEAN SPRAY**  
20300006008\_EA  
20982463\_EA

**\$10**

**STARBUCKS GROUND COFFEE**  
311/340 G, **K-CUPS**  
10'S, **CREMA**  
202 G OR **INSTANT COFFEE** 90 G  
SELECTED VARIETIES  
**CAFÉ MOULU, K-CUPS, CREMA**  
OU **CAFÉ INSTANTÉ STARBUCKS**  
20703838002\_EA  
20548682004\_EA

**SAVE UP TO 1.10**

**3.75**

**SCOTSBURN OR BAXTER CREAM**  
SELECTED VARIETIES  
1 L  
**CRÈME SCOTSBURN**  
OU **BAXTER**  
20082602\_EA

**1.25**

**JARRITOS**  
SELECTED VARIETIES  
370 ML  
**JARRITOS**  
20147354007\_EA  
20147354011\_EA

**SAVE UP TO 20%**

**\$12**

**COTTONELLE BATHROOM TISSUE**  
SELECTED VARIETIES  
12-48 ROLLS  
**PAPIER HYGIÉNIQUE COTTONELLE**  
21665900\_EA  
21665993\_EA

**SAVE UP TO 56%**

**6.50**

**CASHMERE BATHROOM TISSUE** 12 DOUBLE ROLLS, **SPONGE TOWELS PAPER TOWELS** 3-6 ROLLS  
OR **SCOTTIES FACIAL TISSUE** 6'S  
SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE CASHMERE, ESSUIE-TOUT SPONGETOWELS**  
OU **MOUCHOIRS SCOTTIES**  
21204739\_EA/21676183\_EA

**\$15**

**FINISH ULTRAMAX**  
30'S, **ULTIMATE** 40'S, **QUANTUM** 45'S, **ALL IN 1 MAX** 55'S, **CASCADE** 30-48'S, **GAIN LAUNDRY** 4.25 L/42'S, **GAIN/DOWNY FABRIC SOFTENER** 2.4-3.29 L, **BEADS** 515 G OR **BOUNCE SHEETS** 250'S, SELECTED VARIETIES  
**ULTRAMAX, ULTIMATE, QUANTUM, ALL IN 1 MAX FINISH, DÉTERGENT À LESSIVE CASCADE, GAIN, ASSOUPLEISSANT TEXTILE, PERLES GAIN/DOWNY OU FEUILLES BOUNCE**  
20959627\_EA/20660832001\_EA

**90¢**

**FRISKIES**  
156 G OR **FANCY FEAST** 85 G  
**CAT FOOD**  
SELECTED VARIETIES  
**NOURRITURE POUR CHATS FRISKIES OU FANCY FEAST**  
20302296001\_EA  
20139657003\_EA

**PRICE DROP<sup>+</sup> so you can save more**

**3/\$9**

**BEN'S BISTRO RICE**  
SELECTED VARIETIES,  
240/250 G  
**RIZ BISTRO BEN'S**  
21404852\_EA/21405139\_EA

**3.50**

**PC SALSAS**  
SELECTED VARIETIES  
650 ML  
**SALSAS PC<sup>MD</sup>**  
20309646001\_EA  
20309646005\_EA

**\$1**

**LARABAR FRUIT AND NUT ENERGY BAR**  
SELECTED VARIETIES, 45-48 G  
**BARRE D'ÉNERGIE AUX FRUITS ET NOIX LARABAR**  
20031362007\_EA/20781404\_EA

**1.50**

**CESAR DOG FOOD**  
SELECTED VARIETIES,  
100 G  
**NOURRITURE POUR CHIENS CESAR**  
20323206007\_EA  
20323206009\_EA

†† From May 7-13, 2026, at 2,400+ locations in Canada, the PC Optimum<sup>™</sup> Moredays<sup>™</sup> event will provide PC Optimum<sup>™</sup> members with the opportunity to earn PC Optimum<sup>™</sup> points through special offers and promotions across locations where PC Optimum<sup>™</sup> points can be earned. For a list of participating locations and complete program details, please visit [www.pcoptimum.ca](http://www.pcoptimum.ca) or call Customer Relations at 1-866-727-0771. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at [realatlanticsuperstore.ca](http://realatlanticsuperstore.ca). If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores.** For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. MasterCard and the MasterCard Brand are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank is a licensee of marks. PC Optimum<sup>™</sup> program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum<sup>™</sup> program members. Membership is free. To register as a PC Optimum<sup>™</sup> member, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. See [atlanticsuperstore.ca](http://atlanticsuperstore.ca) for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum<sup>™</sup> and non-PC Optimum<sup>™</sup> members. Taxes applicable on the purchase amount after discounts. PC Optimum<sup>™</sup> member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit [www.atlanticsuperstore.ca](http://www.atlanticsuperstore.ca) or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu of providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now", etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. **PRICE DROP** offer valid in-store at participating locations between April 9 - May 13, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



**FRESH  
PROMISE**

**If it's not fresh,  
it's free.**

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

**\$9**

**SEEDLESS  
WATERMELONS**  
PRODUCT OF U.S.A. OR MEXICO  
**MELONS D'EAU SANS  
PÉPINS**  
2006732001\_EA



**11 LB  
AVERAGE**

**\$7**

**RESERVE  
BLACKBERRIES**  
PRODUCT OF MEXICO, 283 G  
**MÛRES RESERVE**  
21724952001\_EA



**SAVE  
UP TO  
1.00**

**\$5**

**FARMER'S MARKET™  
MANDARINS**  
PRODUCT OF MOROCCO OR  
SPAIN, 2 LB  
**MANDARINES DÉLICIES  
DU MARCHÉ<sup>MC</sup>**  
20099819001\_EA



**CLUB  
SIZE**

**SAVE  
UP TO  
1.00**

**3.99**

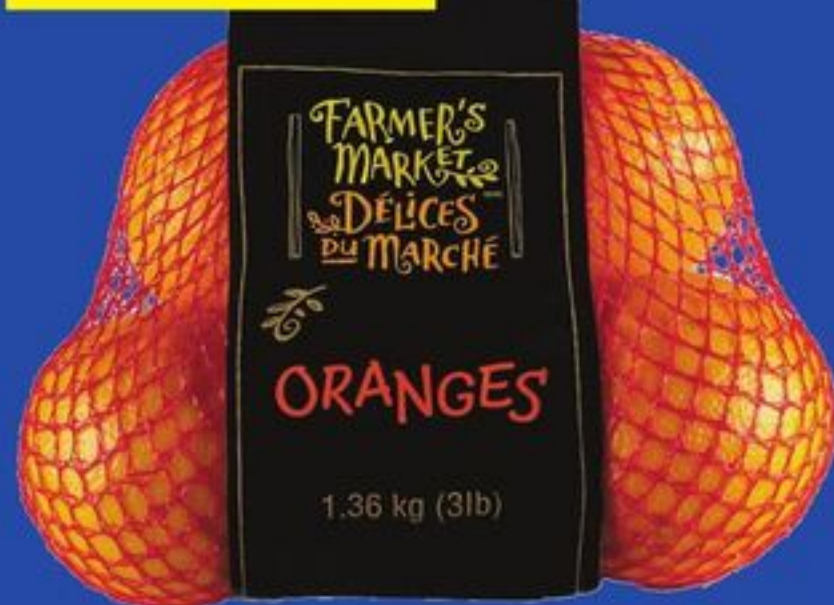
LB  
8.80/KG

**GREENHOUSE EXTRA  
LARGE RED, YELLOW  
OR ORANGE SWEET  
PEPPERS**  
PRODUCT OF CANADA  
**TRÈS GROS POIVRONS  
DE SERRE ROUGES,  
JAUNES OU ORANGE  
DE SERRE**  
20007535001\_KG/20166880001\_KG



**\$6**

**FARMER'S MARKET™  
NAVEL ORANGES**  
PRODUCT OF MOROCCO, SPAIN  
OR EGYPT, 3 LB  
**ORANGES NAVEL  
DÉLICIES DU MARCHÉ<sup>MC</sup>**  
201629452001\_EA



**\$3**

**PC® LIVE LETTUCE  
GREEN, RED OR TRIO**  
PRODUCT OF CANADA  
**LAITUES VIVANTES  
À FEUILLES VERTES,  
ROUGES OU TRIO PC<sup>MD</sup>**  
21178855\_EA/21506580\_EA



**\$3**

LB  
6.61/KG

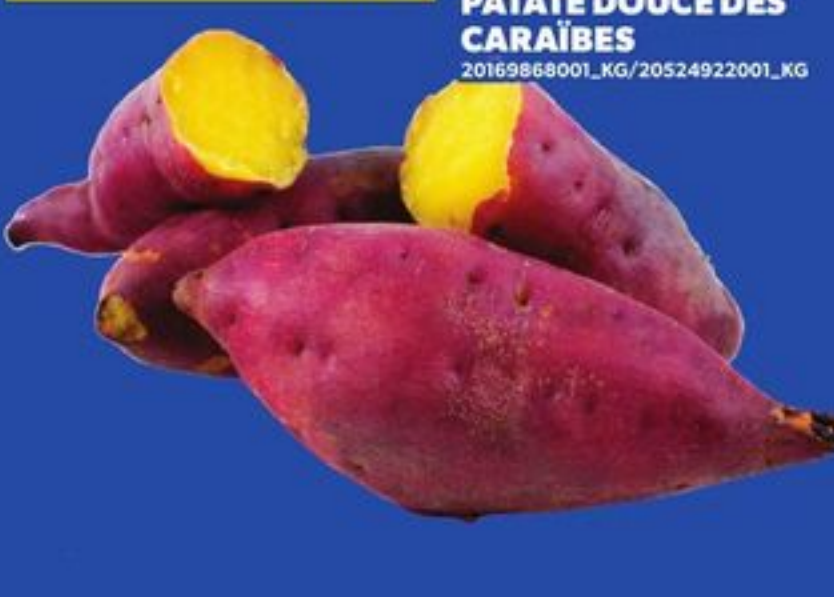
**EGGPLANT**  
PRODUCT OF MEXICO  
**AUBERGINE**  
20155709001\_EA



**\$2**

LB  
4.41/KG

**JAPANESE OR PURPLE  
UBE YAM** PRODUCT OF  
CANADA OR CARIBBEAN  
**SWEET POTATO** PRODUCT  
OF HONDURAS  
**IGNAME JAPONAISE  
OU UBE VIOLET OU  
PATATE DOUCE DES  
CARAÏBES**  
20169869001\_KG/20524922001\_KG



**4 DAYS  
ONLY!**

**\$20**

**THURSDAY 7TH-  
SUNDAY 10TH  
LARGE VEGETABLE  
OR FRUIT PLATTER,  
PREPARED IN-STORE**  
1.34-1.87 KG  
**GROS PLATEAU DE  
LÉGUMES OU FRUITS  
FRAIS**  
20081718\_EA/20121599\_EA



**\$24**

**PC® DOZEN ROSES  
WITH BABY'S BREATH  
AND GREENS**  
ASSORTED COLOURS, DOZEN  
**DOUZAINES DE ROSES  
AVEC GYPSOPHILE ET  
VERDURES PC<sup>MD</sup>**  
21522001\_EA



**\$30**

**MOTHER'S DAY  
TEAPOT  
THÉIÈRE DE LA FÊTE  
DES MÈRES**  
20762093\_EA



**\$22**

**MINI ROSE IN  
CLAY POT  
MINI-ROSIER  
DANS UN POT EN  
ARGILE**  
21524787\_EA



**8.49**

LB  
18.72/KG

**LEAN GROUND BEEF  
BŒUF HACHÉ MAIGRE**  
20798281\_KG



**CLUB  
SIZE**

**3.49**

LB  
7.69/KG

**PORK SHOULDER  
PICNIC SPLIT  
RÔTI D'ÉPAULE DE  
PORC PICNIC SÉPARÉ**  
21018388\_KG



**\$21**

**PC® BONELESS  
SKINLESS CHICKEN  
BREAST**  
5'S, UP TO 1.10 KG  
**POITRINE DE POULET  
DÉSOSÉE SANS PEAU**  
PC<sup>MD</sup>  
21551178\_EA



**\$7**

**ATLANTIC CHOICE®  
SAUSAGES**  
SELECTED VARIETIES, 375-500 G  
**SAUCISSES**  
**ATLANTIC CHOICE<sup>MC</sup>**  
21332592\_EA/21332594\_EA



**14.99**

**ATLANTIC MEATS  
PORK RIBLETS PAIL**  
2 KG  
**SEAU DE CÔTES  
LEVÉES DE PORC**  
**ATLANTIC MEATS**  
21094884\_EA



**SAVE  
UP TO  
5.00**

**\$18**

**MONTANA'S SMOKY  
BBQ ANGUS BEEF  
BURGER**  
FROZEN, 906 G  
**BURGER DE BŒUF  
ANGUS BBQ FUMÉ**  
**MONTANA'S**  
21665099\_EA



**\$23**

**PC® BLACK TIGER  
SHRIMP RING WITH MILD  
COCKTAIL SAUCE OR  
FROZEN LOBSTER TAILS**  
FROZEN, 2-3 OZ, 4'S  
**COURONNE DE  
CREVETTES TIGRÉES  
NOIRES AVEC SAUCE  
COCKTAIL DOUCE**  
**PC<sup>MD</sup> OU QUEUES DE  
HOMARD**  
20979150\_EA/21240991\_EA



**SAVE  
UP TO  
1.99**

**\$11**

**PC® JUMBO WILD  
ARGENTINIAN SHRIMP  
RAW ZIPPERBACK**  
21-30/LB, 340 G OR WILD  
**ATLANTIC COLD WATER  
SHRIMP COOKED PEELED**  
150-200/LB, 340 G, FROZEN  
**CREVETTES ARGENTINES  
SAUVAGES GÉANTES**  
**PC<sup>MD</sup> CRUES, À  
DÉCORTICAGE ÉCLAIR<sup>MC</sup>**  
**OU CREVETTES  
NORDIQUES SAUVAGES  
CUITES, DÉCORTIQUÉES**  
21332386\_EA/20021832\_EA



**\$23**

**CANADIAN  
SNOW CRAB  
CLUSTERS**  
SECTIONS DE  
**CRABE DES  
NEIGES CANADIEN**

**IFC COOKED  
CANADIAN SNOW  
CRAB CLUSTERS**  
500 G  
**GRAPPES DE  
CRABE DES NEIGES  
CANADIEN IFC  
CUITES**  
21615011\_EA



# SUPER FRESH

**SAVE UP TO 1.00**

**\$4**

**SOURDOUGH OR PUMPERNICKEL BREAD**  
BAKED IN-STORE  
SELECTED VARIETIES, 574 G  
**PAIN AU LEVAIN OU PUMPERNICKEL**  
20132458\_EA/20653517\_EA



PREPARED IN CANADA

**3<sup>50</sup>**

**CINNAMON RAISIN BREAD**  
BAKED IN-STORE, 468 G  
**PAIN CANNELLE ET RAISINS**  
20729432\_EA



PREPARED IN CANADA

**\$7**

**FARMER'S MARKET™ SQUARES**  
SELECTED VARIETIES, 400-450 G  
**CARRÉS DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
21216501\_EA/21216499\_EA



PREPARED IN CANADA

**\$4**

**ACE BAGUETTE**  
BAKED IN-STORE  
SELECTED VARIETIES  
325-400 G  
**BAGUETTE ACE**  
2017171\_EA/21314348\_EA



PREPARED IN CANADA

**4<sup>50</sup>**

**CHOCOLATE CROISSANTS**  
BAKED IN-STORE, 4'S  
**CROISSANTS AU CHOCOLAT**  
21527027\_EA



PREPARED IN CANADA

**\$16**

**FARMER'S MARKET™ BAR CAKES**  
SELECTED VARIETIES, 675-770 G  
**GÂTEAUX RECTANGULAIRES DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
21500612\_EA/21500763\_EA



PREPARED IN CANADA

**\$12**

**PC® PROFITEROLES OR MINI ECLAIRS**  
SELECTED VARIETIES  
625/710 G  
**PROFITEROLES OU MINI-ÉCLAIRS PC<sup>MD</sup>**  
21713388\_EA/21713701\_EA



**FROM 5<sup>50</sup>**

**LA FOURNÉE DORÉE SLICED BRIOCHE BREAD**  
500 G OR **CHOCOLATE CROISSANTS** 360 G  
SELECTED VARIETIES  
**PAIN BRIOCHE TRANCÉ OU CROISSANTS AU CHOCOLAT LA FOURNÉE DORÉE**  
20978205\_EA/20978540\_EA



**\$4**

**PC CINNAMON RAISIN BREAD**  
SELECTED VARIETIES, 675 G  
**PAIN À LA CANNELLE AVEC RAISINS PC<sup>MD</sup>**  
20639729\_EA



PREPARED IN CANADA

**SAVE UP TO 1.99**

**\$7**

**CASTELLO HAVARTI, CHEDDAR OR BLUE CHEESE**  
SELECTED VARIETIES, 125-200 G  
**HAVARTI, CHEDDAR OU BLEU CASTELLO**  
20428574\_EA/21158086\_EA



**SAVE UP TO 1.99**

**\$7<sup>50</sup>**

**TRE STELLE RICOTTA OR FETA** 200 G  
SELECTED VARIETIES  
**RICOTTA, BOCCONCINI OU FETA TRE STELLE**  
20024992\_EA/20093692\_EA



PREPARED IN CANADA

**3<sup>25</sup> /100 G**

**FROM OUR CHEFS™ SERVICE CASE HAM**  
SELECTED VARIETIES  
**JAMBONS DU COMPTOIR DE SERVICE CONCOCTÉ PAR NOS CHEFS<sup>MC</sup>**  
216960321KG



PREPARED IN CANADA

**Optimum™**

Members Price: **10<sup>50</sup>** Non-Members: **11<sup>50</sup>** Members Save **\$1**

**PC® SPLENDIDO™ DELI SALAMI CHUBS**  
SELECTED VARIETIES, 225 G  
**SAUCISSONS DE SALAMI DE CHARCUTERIE PC<sup>MD</sup> SPLENDIDO<sup>MD</sup>**  
21449780\_EA/21449787\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**Optimum™**

Members Price: **\$7** Non-Members: **\$8** Members Save **\$1**

**LESLEY STOWE RAINCOAST CRISPS 150 G OR WILDLY DELICIOUS JELLY 185 ML**  
SELECTED VARIETIES  
**CRAQUELINS RAINCOAST CRISPS LESLEY STOWE OU GELÉES WILDLY DELICIOUS**  
21025538\_EA/21030996\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



PREPARED IN CANADA

**Optimum™**

**\$14** Get **2,500 pts** **\$250** back in points

**CHARCUTERIE BOARDS**  
SELECTED VARIETIES, 278-330 G  
**PLANCHES DE CHARCUTERIES**  
21405538\_EA/21405571\_EA



**\$30**

**30 PIECE WINGS & WEDGES BUCKET**  
1.2-2 KG  
**SEAU DE 30 MORCEAUX D'AILES DE POULET ET FRITES EN QUARTIERS**  
21541872\_EA  
21541877\_EA



**SERVES 6**

**9<sup>99</sup>**

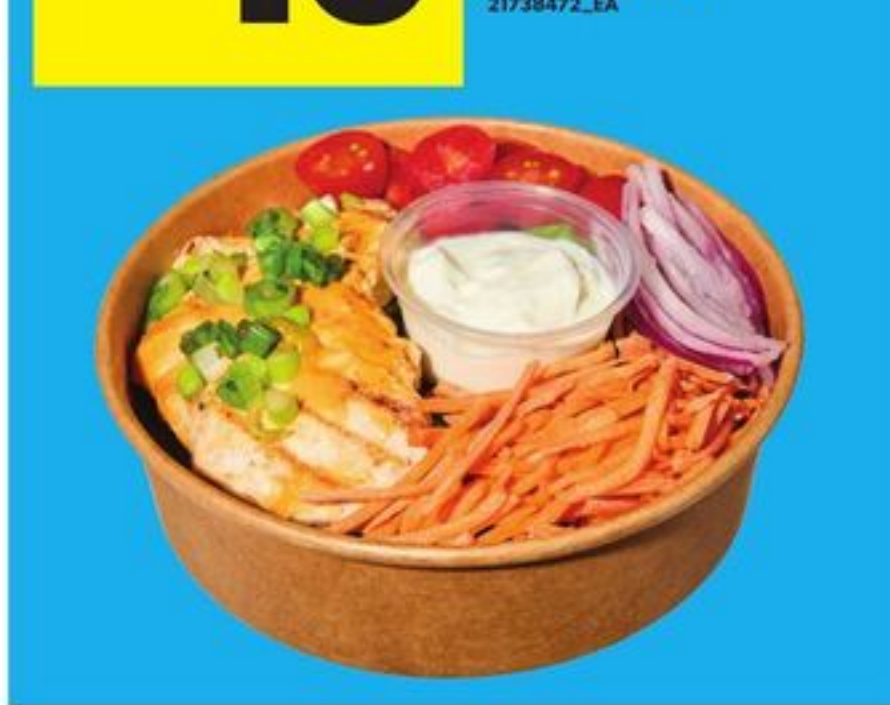
**OLIVIERI FAMILY PACK PASTA**  
SELECTED VARIETIES, 500-700 G  
**SAUCE EN EMBALLAGE FAMILIAL OLIVIERI**  
20311594\_EA/21021889\_EA



PREPARED IN CANADA

**\$10**

**IN-STORE MADE LOADED BOWLS**  
345-380 G  
**BOLS GARNIS FAITS EN MAGASIN**  
21738472\_EA



**Earn 6,000 pts**

When you spend \$20+ on select in-store bakery items\*. Online only.

Use code **B6K**

[Shop now](#)

\*Offer valid from April 30 to May 13, 2026. Conditions apply. See site for details.



no name®

just low prices  
(so switch)

2<sup>50</sup>

NO NAME® BAGELS  
SELECTED VARIETIES, 6'S  
21217967\_EA



NO NAME® PEANUT BUTTER  
SELECTED VARIETIES, 1 KG  
20296985001\_EA/20296985003\_EA

5<sup>50</sup>



\$6

NO NAME® SODA CRACKERS  
907 G  
20795290\_EA



\$10

NO NAME®  
ALL PURPOSE FLOUR  
SELECTED VARIETIES, 10 KG  
20022248\_EA



2/4<sup>50</sup>

OR 2.69 EA

NO NAME® DRINKS  
SELECTED VARIETIES, 2 L  
20320439005\_EA  
20320439006\_EA



no name®

# imperfect shape perfect taste (and price)

\$5

**NO NAME® NATURALLY IMPERFECT™ LIMES**  
PRODUCT OF MEXICO  
680 G

21673921001\_EA



**NO NAME® NATURALLY IMPERFECT ZUCCHINI**  
PRODUCT OF MEXICO, 2.5 LB  
**OR NO NAME® NATURALLY IMPERFECT LEMONS**  
PRODUCT OF SOUTH AFRICA OR U.S.A.  
21294808001\_EA/21673921001\_EA

\$7



CLUB  
SIZE

3 LB

\$7

**NO NAME® NATURALLY IMPERFECT™ AVOCADOS**  
PRODUCT OF MEXICO, CLUB SIZE  
21699907001\_EA



2.2 LB

\$4



**NO NAME® NATURALLY IMPERFECT™ MINI CUCUMBERS**  
PRODUCT OF CANADA, CLUB SIZE  
21606679001\_EA

2 LB



\$7

**NO NAME® NATURALLY IMPERFECT™ APPLES**  
PRODUCT OF CANADA, CANADA NO. 2 GRADE  
20868985001\_EA



6 LB

**MAY**

**HIT OF THE MONTH**

**\$1.88**

**MARCANGELO CHICKEN OR PORK SOUVLAKI**  
SELECTED VARIETIES, 2'S, 120 G  
20902208\_EA/21095022\_EA



**LIMIT 6**  
AFTER LIMIT  
2.50 EA.

**\$2.25**

**TAKIS ROLLED TORTILLA CHIPS**  
SELECTED VARIETIES, 260 G  
21602195\_EA/21715466\_EA



**LIMIT 6**  
AFTER LIMIT  
3.00 EA.

**\$3**

**KRAFT MIRACLE WHIP**  
SELECTED VARIETIES, 650-890 ML  
20298681001\_EA



**LIMIT 6**  
AFTER LIMIT  
4.00 EA.

**\$4**

**HEAD MEN'S OR WOMEN'S SOCKS**  
3 PK  
21721517\_EA/21721507\_EA



**LIMIT 6**  
AFTER LIMIT  
5.99 EA.

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
Valid from May 1 - 31, 2026. While quantities last. See in-store for details.

# RISE & CELEBRATE MOM



**5.99**

**BUTTERBALL TURKEY BACON**  
SELECTED VARIETIES, 375 G  
20016865\_EA



**PREPARED IN CANADA**

**5.50**


**BURNBRAE NESTLAID WHITE EGGS**  
SELECTED VARIETIES, 12'S  
20816075001\_EA



**PRODUCT OF CANADA**

**12.49**

**PC 100% PURE MAPLE SYRUP**  
CANADA GRADE A AMBER  
RICH TASTE, 500 ML  
20049221\_EA



**PREPARED IN CANADA**

**\$8**

**MCCAIN SUPERFRIES**  
FAMILY SIZE, SELECTED VARIETIES, FROZEN, 1.45-1.8 KG  
20861230\_EA/21049522\_EA



**PREPARED IN CANADA**

**5.50**

**FRUIT PARFAIT**  
PREPARED IN-STORE  
221-251 G  
20139618\_EA/20083678\_EA



**\$7**

**PC ROYAL BLUEAROMA BLUEBERRIES**  
PRODUCT OF MEXICO, PERU OR MOROCCO  
278 G  
20573077\_EA



**4.50**

**GAY LEA REAL WHIPPED CREAM**  
SELECTED VARIETIES, 225 G  
20048223001\_EA/20048223002\_EA



**PREPARED IN CANADA**

**5.49** Get **750** pts

**PEARL MILLING PANCAKE MIX 905 G**  
OR **SYRUP 710 ML**  
SELECTED VARIETIES  
21384609\_EA/21391619\_EA



**\$4**

**DANONE ACTIVIA EXPERT 4X100 G OR PILLSBURY READY TO BAKE DOUGH 454/468/496 G**  
SELECTED VARIETIES  
20301101001\_EA/21687900\_EA



**SAVE 1.00**

**PC ORGANICS PEANUT BUTTER 1 KG**  
21047266\_EA

**\$9**



**7.75**

**STARBUCKS COFFEE ENHANCER**  
SELECTED VARIETIES, 828 ML  
21358473\_EA/21436900\_EA



**PREPARED IN CANADA**

**\$8**

**LAVAZZA ORO OR DECAF GROUND COFFEE 250 G OR STARBUCKS NESPRESSO COMPATIBLE CAPSULES 10'S**  
SELECTED VARIETIES  
20145899\_EA/21240793\_EA



**6.50**

**FARMER'S MARKET™ MUFFINS**  
SELECTED VARIETIES, 6'S  
21283356\_EA/21283357\_EA



**PREPARED IN CANADA**

**\$6** Get **1,000** pts **\$1** back in points

**IN-STORE BAKED DANISHES OR CINNAMON BUNS**  
SELECTED VARIETIES, 6'S  
21467540\_EA/21476309\_EA



**PREPARED IN CANADA**

**2/\$8** OR 4.50 EA

**BAGELS 6'S OR MINI BAGELS 8'S**  
BAKED IN-STORE  
SELECTED VARIETIES  
21016649\_EA/21738180\_EA



# BLOOMING WITH GRATITUDE



**\$26** **HYDRANGEA IN UPGRADE**  
21733663\_EA

**\$18**

**15 STEM TULIPS**  
21723965\_EA

**\$30**

**MOTHER'S DAY GARDEN**  
SELECTED VARIETIES  
20962750\_EA

**\$30**

**TEAPOT ORCHID**  
21735629\_EA

**\$24**

**SIGNATURE MOTHER'S DAY BOUQUET**  
21087813\_EA  
21087812\_EA

**\$10**

**FERRERO ROCHER COLLECTION CHOCOLATES** 156 G OR **JEWEL** 200 G BOX  
20998034\_EA/20981575\_EA

**7.50**

**PC CHOCOLATE GOLD BAR CHOCOLATE**  
SELECTED VARIETIES, 300 G  
21679968\_EA/21689854\_EA

**\$4**

**NESTLÉ CELLO CHOCOLATE POUCHES**  
SELECTED VARIETIES, 76-203 G  
21556200\_EA/21556311\_EA

**SAVE 1.58**  
**WHEN YOU BUY 2**

**2/\$5**  
OR 3.29 EA

**HERSHEY'S TWIZZLERS LICORICE** 311-454 G  
OR **JOLLY RANCHER ROPE** 283 G  
SELECTED VARIETIES  
20022528004\_EA/21689823\_EA

**Earn 7,000 pts**

When you spend \$25+ on select Mother's Day flowers\*. Online only.

Use code **MA7**

**Shop now**

**Express™**

\*Offer valid from April 30 to May 13, 2026. Conditions apply. See site for details.



# Get more on

More savings, more deals, more points  
This week only! May 7-13\*\*

# More days More days More days More days More days

### App exclusive offer

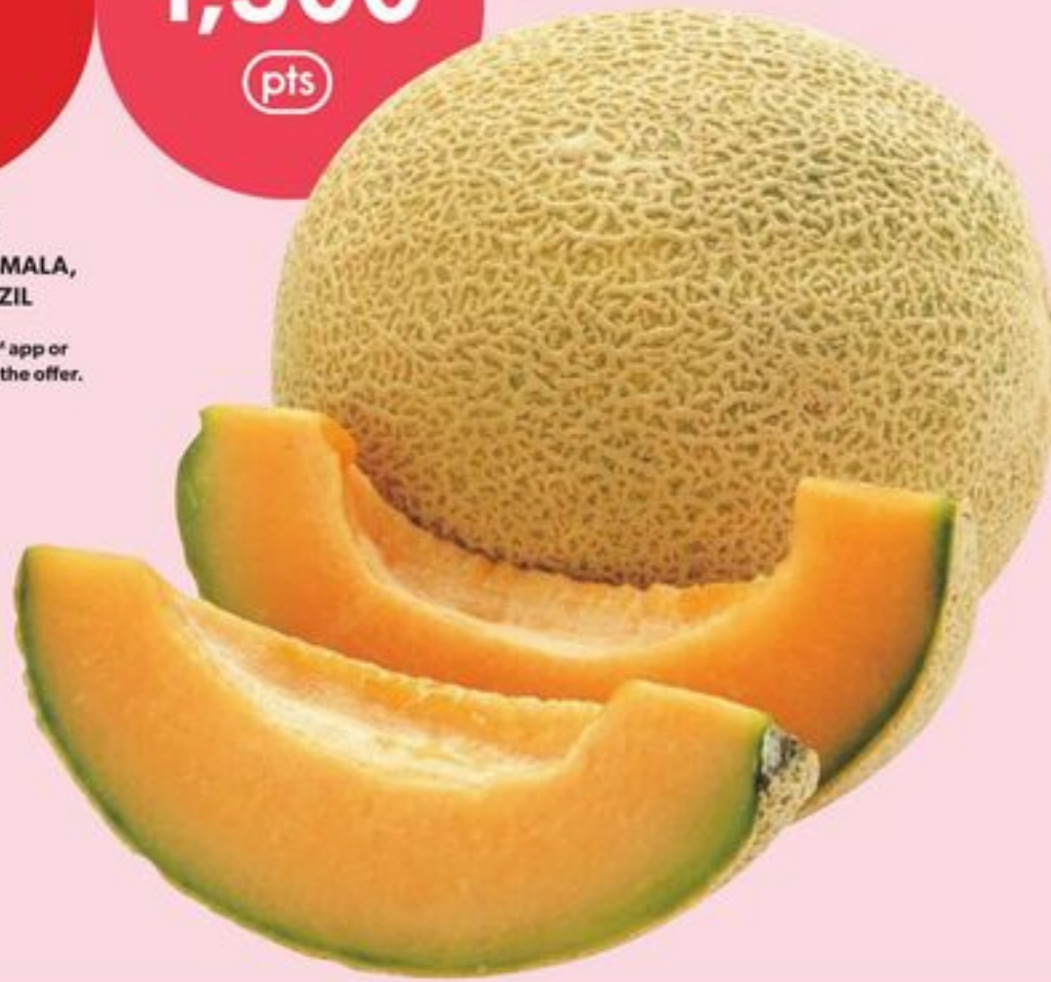


\$5

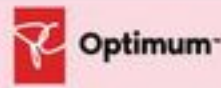
Get 1,500 pts

\$150 back in points

**CANTALOUPE**  
PRODUCT OF GUATEMALA,  
HONDURAS OR BRAZIL  
2016707001\_EA  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer



575

Get 2,500 pts

\$250 back in points

**PC® BLUE MENU OR  
PC® SPARKLING WATER**  
SELECTED VARIETIES, 12X355 ML  
21747415\_C12/21747404\_C12  
\*Open your PC Optimum™ app or visit  
pcoptimum.ca to get the offer.



### App exclusive offer



Members Price\*\*  
350

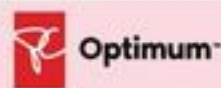
Non-Members  
450

Members  
Save \$1

**PC® OR BLUE MENU® ENTRÉES**  
SELECTED VARIETIES, FROZEN, 212-365 G  
20312253001\_EA/21364244\_EA  
\*\*Must be a registered PC Optimum™  
member to load and get this offer.  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer



Get 4,000 pts

\$4 back in points

When you spend \$10\*

**ANY SILK**  
890 ML-1.89 L  
20315090001\_EA  
21357595\_EA  
21731288\_EA  
\*Open your PC Optimum™  
app or visit pcoptimum.ca  
to get the offer.



### App exclusive offer



Get 4,000 pts

\$4 back in points

For every \$10\* spent

**ANY ANGIE'S  
POPCORN  
OR PUFFS**  
SELECTED VARIETIES  
102-397 G  
20770751\_EA/20811709\_EA  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer



Get 8,000 pts

\$8 back in points

When you spend \$16\*

**SWIFFER  
STARTER KITS**  
SELECTED VARIETIES  
21625788\_EA  
21625498\_EA  
\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



### App exclusive offer

# More days™

May 7 - 13

Plus, Score Major Points!

Members get  
**20,000**  
pts

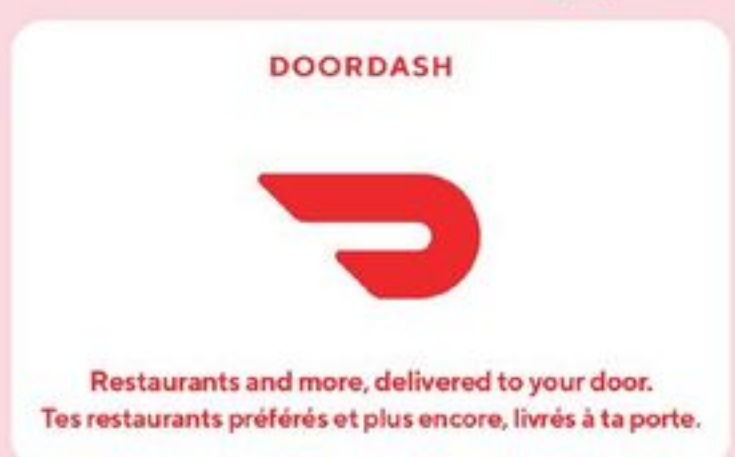
for every  
**\$75** spent  
on apparel\*

\*\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Get 10,000 pts  
For every \$100\* spent

\$10 back in points

**ON ANY COMBINATION  
OF DOORDASH AND  
PLAYSTATION STORE  
GIFT CARDS**



Restaurants and more, delivered to your door.  
Tes restaurants préférés et plus encore, livrés à ta porte.



Redeem for anything on PlayStation®Store: games, add-ons, subscriptions and more. A utiliser pour tout achat à PlayStation®Store: jeux, extensions, abonnements et plus.

OFFER VALID IN-STORE ONLY. SUBJECT TO AVAILABILITY; SELECTION MAY VARY BY REGION AND STORE. PLEASE CHECK YOUR LOCAL STORE FOR AVAILABILITY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. SEE GIFT CARD FOR DETAILS, TERMS & CONDITIONS. OFFER APPLIES TO EVERY \$100 SPENT ON DOORDASH AND PLAYSTATION STORE GIFT CARDS IN A SINGLE TRANSACTION. CANNOT BE COMBINED WITH ANY OTHER GIFT CARD OFFERS. NOT VALID ON PRIOR PURCHASES. PC OPTIMUM POINTS CANNOT BE REDEEMED TOWARD THE PURCHASE OF GIFT CARDS. MUST BE A REGISTERED PC OPTIMUM MEMBER. ALL TRADEMARKS ARE THE PROPERTY OF THEIR RESPECTIVE OWNERS.

# More days More days More days

Optimum  
**More days™**

App exclusive mystery offer

**Earn up to 10¢/L** in pts

Reveal your exclusive mystery offer in the App, then fuel up at Esso™ or Mobil™ stations!

May 7-10





# Get more on

More savings, more deals, more points  
This week only! May 7-13\*\*

# More days More days More days More days More days

**Members Price\*\*** **\$3** **Non-Members** **350**

**PC<sup>®</sup> ORGANICS WHOLE WHITE OR CREMINI MUSHROOMS**  
PRODUCT OF CANADA, 227 G  
21021565\_EA/21021499\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PRODUCT OF CANADA**

**2/\$12** OR 7.00 EA

**Get 1,000 pts** **\$1 back in points**  
When you buy 2

**BOLTHOUSE FARMS SMOOTHIES OR JUICE**  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
946 ML  
20301788\_EA/20316397\_EA

**6<sup>99</sup>** **Get 1,000 pts** **\$1 back in points**

**STRUB'S PICKLES**  
SELECTED VARIETIES, 1L  
21671597\_EA

**Members Price\*\*** **\$12** **Non-Members** **\$13** **Members Save \$1**

**PC<sup>®</sup> BBQ PORK BACK RIBS**  
SELECTED VARIETIES  
FULLY COOKED, 500 G  
21284538\_EA/21284542\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**Members Price\*\*** **\$15** **Non-Members** **\$16** **Members Save \$1**

**PC<sup>®</sup> BLACK LABEL WAGYU BURGERS**  
SELECTED VARIETIES  
FROZEN, 568 G  
20762335\_EA  
21522754\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**\$7** **Get 2,000 pts** **\$2 back in points**

**ULTIMATE DINNER OR BREAKFAST CHICKEN SAUSAGES**  
SELECTED VARIETIES  
375/500 G  
21378310\_EA  
21539969\_EA

**PREPARED IN CANADA**

**\$4** **Get 1,000 pts** **\$1 back in points**

**NATURAL RYE BREAD**  
500 G  
21688966\_EA

**Members Price\*\*** **\$10** **Non-Members** **\$12** **Members Save \$2**

**PC HOT SMOKED CANDIED OR SPICY SALMON STRIPS**  
150 G  
20976930\_EA/20977683\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**Members Price\*\*** **\$11** **Non-Members** **\$12** **Members Save \$1**

**PC<sup>®</sup> PEI MUSSELS IN CREAMY WHITE WINE SAUCE**  
FROZEN, 907 G  
20838560\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**2/\$8** or 5.00 EA **Get 1,000 pts** **\$1 back in points**  
When you buy 2

**FRIED TORTILLA CHIPS**  
383 G  
21534615\_EA

**\$32** **Get 2,000 pts** **\$2 back in points**

**LA ROCCA 8 INCH CAKES**  
SELECTED VARIETIES  
1.1-1.7 KG  
21496165\_EA  
21496166\_EA

**PREPARED IN CANADA**

**Members Price\*\*** **350** **Non-Members** **450** **Members Save \$1**

**VACHON SNACK CAKES**  
SELECTED VARIETIES, 282-324 G  
20963606\_EA

**PREPARED IN CANADA**

**Members Price\*\*** **\$7** **Non-Members** **\$8** **Members Save \$1**

**MAPLE LEAF NATURAL SELECTIONS OR SCHNEIDER'S DELI SLICED MEATS**  
SELECTED VARIETIES  
150-175 G  
20065285\_EA/20582322\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**Members Price\*\*** **\$13** **Non-Members** **14<sup>50</sup>** **Members Save \$150**

**PC<sup>®</sup> DOUBLE CREAM BRIE**  
450 G  
20787166\_EA  
\*\*Must be a registered PC Optimum<sup>™</sup> member to load and get this offer.

**PREPARED IN CANADA**

**\$30** **Get 5,000 pts** **\$5 back in points**

**PARTY PLATTER**  
SELECTED VARIETIES  
592 G - 1 KG  
21217539\_EA  
21217577\_EA



# Get more on

More savings, more deals, more points  
This week only! May 7-13\*\*

# More days More days More days More days More days

**Optimum**

Get **3,000** pts  
When you spend \$10\*

**\$3** back in points

**BETTY CROCKER SUPER MOIST CAKE MIX** 375-404 G OR **FROSTINGS** 340-450 G  
SELECTED VARIETIES  
20562641005\_EA/21547838\_EA

**Optimum**

Get **3,000** pts  
When you spend \$10\*

**\$3** back in points

**CLOVER LEAF SELECTED VARIETIES** 85-240 G  
20018177001\_EA  
20318426001\_EA

**Optimum**

Get **5,000** pts  
When you spend \$10\*

**\$5** back in points

**KNORR GRAVY OR SAUCE MIX** 22-48 G,  
**BASE FLAVOUR PASTES** 113 G, **BOUILLON CUBES OR POWDERS** 63-250 G OR **LIQUID CONCENTRATE** 250 ML  
SELECTED VARIETIES  
20323323001\_EA/21290143\_EA  
21683454\_EA

**Optimum**

Members Price: **999**  
Non-Members: **1,000** pts  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**FLOURISH PROTEIN PANCAKE OR WAFFLE MIX**  
430 G OR **SYRUP** 375 ML  
SELECTED VARIETIES  
21375781\_EA  
21693002\_EA

**Optimum**

Members Price: **\$10**  
Non-Members: **1,000** pts  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**KELLOGG'S JUMBO SIZE CEREAL**  
SELECTED VARIETIES, 700 G-1.05 KG  
20072706\_EA  
21651842\_EA

**Optimum**

Members Price: **\$4**  
Non-Members: **499**  
Get **499** pts  
When you spend \$10\*

**SUN-MAID RAISIN MINI PACKS**  
SELECTED VARIETIES  
14'S, 196 G  
20617713\_EA  
\*\*Must be a registered PC Optimum member to load and get this offer.

**Optimum**

Members Price: **\$24**  
Non-Members: **2,000** pts  
Get **2,000** pts  
When you spend \$10\*

**\$2** back in points

**LAVAZZA WHOLE BEAN COFFEE**  
SELECTED VARIETIES, 1 KG  
21556082\_EA/21556201\_EA

**Optimum**

Members Price: **\$4**  
Non-Members: **\$5**  
Members Save **\$1**  
Get **\$5** back in points

**DORITOS TORTILLA CHIPS** 210/235 G OR **MISS VICKIE'S KETTLE COOKED POTATO CHIPS** 190/200 G  
SELECTED VARIETIES  
21240628\_EA  
21693042\_EA  
\*\*Must be a registered PC Optimum member to load and get this offer.

**Optimum**

Members Price: **350**  
Non-Members: **500** pts  
Get **500** pts  
When you spend \$10\*

**CHRISTIE MINI COOKIES**  
SELECTED VARIETIES, 144-200 G  
21584976\_EA  
21585155\_EA

**Optimum**

Members Price: **2,000** pts  
Non-Members: **\$2** back in points  
Get **2,000** pts  
When you buy 2

**CHRISTIE PEEK FREANS COOKIES** 275-350 G OR **CADBURY FINGERS** 114/225 G  
SELECTED VARIETIES  
20680381\_EA  
21631880\_EA

**Optimum**

Members Price: **1,000** pts  
Non-Members: **\$1** back in points  
Get **1,000** pts  
When you buy 2

**CHRISTIE CRACKERS**  
SELECTED VARIETIES, 175-304 G  
21030647\_EA  
21547034\_EA

**Optimum**

Members Price: **449**  
Non-Members: **1,000** pts  
Members Save **\$1**  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**RAINCOAST CANNED FISH**  
SELECTED VARIETIES, 142-160 G  
20031301001\_EA/21450375\_EA

**Optimum**

Members Price: **\$4**  
Non-Members: **1,000** pts  
Members Save **\$1**  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**MOTT'S CLAMATO COCKTAIL**  
SELECTED VARIETIES, 1.89 L  
20318955002\_EA/20318955003\_EA

**Optimum**

Members Price: **\$39**  
Non-Members: **5,000** pts  
Members Save **\$5**  
Get **5,000** pts  
When you spend \$10\*

**\$5** back in points

**MCCAFÉ K-CUPS**  
SELECTED VARIETIES, 48'S  
21238592\_EA

**Optimum**

Members Price: **\$8**  
Non-Members: **2,000** pts  
Members Save **\$2**  
Get **2,000** pts  
When you spend \$10\*

**\$2** back in points

**YORKSHIRE TEA**  
80'S  
20752199\_EA

**Optimum**

Members Price: **\$7**  
Non-Members: **1,000** pts  
Members Save **\$1**  
Get **1,000** pts  
When you spend \$10\*

**\$1** back in points

**WHISKAS TEMPTATIONS CAT TREATS**  
SELECTED VARIETIES, 454 G  
21105449\_EA

**Optimum**

Members Price: **89c**  
Non-Members: **150** pts  
Members Save **\$1**  
Get **150** pts  
When you spend \$10\*

**\$1** back in points

**WHISKAS WET CAT FOOD POUCH**  
SELECTED VARIETIES, 85 G  
21609520\_EA

**Optimum**

Members Price: **4,000** pts  
Non-Members: **\$4** back in points  
Get **4,000** pts  
When you spend \$15\*

**\$4** back in points

**LYSOL LAUNDRY DISINFECTANT**  
1.2 L  
21487308\_EA

**Optimum**

Members Price: **4,000** pts  
Non-Members: **\$4** back in points  
Get **4,000** pts  
When you spend \$20\*

**\$4** back in points

**METHOD CLEANERS, LAUNDRY OR DISH DETERGENT**  
SELECTED VARIETIES AND SIZES  
21736870\_EA

# GREEN THUMBS UP

100% CANADIAN GROWERS

## OUR GARDEN CENTRE IS NOW OPEN!

SHOP NOW

RECYCLE YOUR POTS FOR POINTS  
APR 30 - JUN 17

Optimum  
Get **100** pts  
for every empty pot or flat you return to our garden centre\*

\*For every empty plant pot or flat returned to participating RASS Garden Centre's, you will earn the points indicated. Offer expires after one use and cannot be used on previous or subsequent transactions. We reserve the right to limit number of pots or flats returned. We are not obligated to award points based on errors or misprints. No cash value.

**5/\$25**  
OR 5.50 EA

**PC GIGANTICO™ ANNUALS**  
SELECTED VARIETIES  
4.33 INCH  
21352664\_EA

PRODUCT OF CANADA

**5/\$25**  
OR 5.50 EA

**PC GIGANTICO™ VEGETABLES OR HERBS**  
SELECTED VARIETIES  
4.33 INCH  
21350302\_EA  
21350301\_EA

PRODUCT OF CANADA

**Forest Glen Greenhouses** was started in 1985 by Lee and Judy Thompson with a small backyard operation located in **Brookfield, NS**. Now, joined by their daughter, Megan and son in law, Jason, the family business has grown into a seven-acre, gutter connect greenhouse facility. Forest Glen specializes in growing annuals, perennials, vegetables, herbs, mums and poinsettias.

**SAVE 1.50**  
**\$26**

**PC JUMBO ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
12 INCH  
20753924\_EA

PRODUCT OF CANADA

**\$22**

**PC BOSTON FERN HANGING BASKET**  
SELECTED VARIETIES  
10 INCH  
20845440\_EA

PRODUCT OF CANADA

**2/\$40**  
OR 23.00 EA

**PC DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
11 INCH  
20753918\_EA

PRODUCT OF CANADA

Optimum  
**\$32** Get **7,000** pts  
**\$7** back in points

**WINDOW BOXES**  
20753920\_EA

PRODUCT OF CANADA

**\$18**

**PC CALLA LILY**  
SELECTED VARIETIES,  
7 INCH  
21570208\_EA

PRODUCT OF CANADA

**\$15**

**PC ANNUAL PLANTER**  
SELECTED VARIETIES  
8.5 INCH  
21001606\_EA

PRODUCT OF CANADA

**\$12**

**HOSTA**  
SELECTED VARIETIES  
1 GALLON  
20135316\_EA

PRODUCT OF CANADA

**\$30**

**PC DELUXE ANNUAL PLANTER**  
SELECTED VARIETIES  
11 INCH  
20753963\_EA

PRODUCT OF CANADA

**29<sup>99</sup>**

**EMERALD CEDAR**  
CONTAINER GROWN  
EMERALD CEDAR,  
4' TO 6'  
20058698\_EA

Our container grown cedars are grown for their great quality, providing an established root system and survival rate as the roots are not cut when harvested.

PRODUCT OF CANADA

**\$9**

**PC SUPER GIGANTICO™ ANNUALS**  
SELECTED VARIETIES  
6 INCH  
21352513\_EA

PRODUCT OF CANADA

**2/\$9**  
OR 9.00 EA

**PERENNIALS**  
SELECTED VARIETIES,  
9 CM  
21347591\_EA

PRODUCT OF CANADA

**2/\$16**  
OR 9.00 EA

**PERENNIALS**  
SELECTED VARIETIES,  
13 CM  
21347592\_EA

PRODUCT OF CANADA

**\$11**

**PC FLOWER AND GARDEN BED SOIL**  
50 L  
21363856\_EA

PRODUCT OF CANADA

**4/\$14**  
OR 3.75 EA

**PC BLACK EARTH SOIL**  
25 L  
21357792\_EA

PRODUCT OF CANADA

**2/\$9**  
OR 4.75 EA

**NO NAME COW MANURE COMPOST**  
12.5 KG  
21001606\_EA

PRODUCT OF CANADA

**3/\$12**  
OR 4.50 EA

**NO NAME CEDAR MULCH**  
AVAILABLE IN NATURAL, BLACK OR RED, 42.5 L  
21349331\_EA/21358573\_EA

PRODUCT OF CANADA

# TEAM SAVINGS: WEEKEND OVERTIME

For fans who live  
for matchdays and  
long weekends.

**\$11**  
LB  
24.24/KG

**EYE OF ROUND ROAST**  
CUT FROM CANADA AA GRADE  
BEEF OR HIGHER  
20798494\_KG



**12<sup>99</sup>**

**PC SMOKIES™**  
SELECTED VARIETIES, 1 KG  
20732535\_EA



**\$4**

**PC GIGANTICO™**  
**HAMBURGER OR**  
**HOT DOG BUNS**  
SELECTED VARIETIES, 6-8'S  
20371958\_EA



**\$5**

**PC GREENHOUSE**  
**GROWN**  
**STRAWBERRIES**  
PRODUCT OF CANADA, 340 G  
21027142001\_EA



**249**  
LB  
5.49/KG

**SWEET**  
**VIDALIA ONIONS**  
PRODUCT OF U.S.A.  
NO. 1 GRADE  
20083454001\_KG



**\$6**

**CROWNLESS**  
**PINEAPPLE**  
PRODUCT OF COSTA RICA  
20110813001\_EA



**949**

**ARMSTRONG**  
**CHEESE SLICES**  
SELECTED VARIETIES, 500 G  
21703729\_EA/21703874\_EA



**550**

**HELLMANN'S SAUCES**  
SELECTED VARIETIES  
340-445 ML  
21169836\_EA/21591067\_EA



**\$6**

**EXTREME BEAN**  
500-750 ML OR UNICO  
**GREEN OLIVES** 750 ML  
SELECTED VARIETIES  
20114943\_EA/20618220\_EA



FROM  
**\$10**

**12" TAKE**  
**AND BAKE PIZZA**  
SELECTED VARIETIES, 510-739 G  
21456415\_EA/21456401\_EA



**\$8**

**MEDIUM**  
**PREMIUM SALADS**  
SELECTED VARIETIES, 330 G  
21607930\_EA



**\$5**

**PC SCOOP SHOP**  
**ICE CREAM**  
SELECTED VARIETIES  
FROZEN, 946 ML  
21706459\_EA/21706563\_EA



**\$5**

**MI TIERRA**  
**TORTILLA CHIPS**  
SELECTED VARIETIES, 280 G  
21716107\_EA/21716122\_EA



Get  
**1,000**  
pts

When you buy 2

**\$1**  
back in  
points

**HUMPTY DUMPTY**  
**SNACKS** 250-290 G,  
**OLD DUTCH**  
**POTATO CHIPS**  
200/235 G OR  
**RESTAURANTE**  
**TORTILLA**  
**CHIPS** 275/290 G  
SELECTED VARIETIES  
21445100\_EA/21646697\_EA



**2/\$7**  
OR 3.99 EA

**CHEEZ-IT CRACKERS**  
SELECTED VARIETIES, 191/200 G  
21214559\_EA/21214560\_EA



# TEAM SAVINGS

For fans who love low blocks and low prices.

**SAVE .98**  
WHEN YOU BUY 2

**2/\$7**  
OR 3.99 EA

**PC LEMONADE DRINKS**  
SELECTED VARIETIES, 1.89 L  
20773870001\_EA/20957804\_EA

President's Choice  
**ORIGINAL LEMONADE**  
1.89 L

President's Choice  
**STRAWBERRY LEMONADE**  
1.89 L

PREPARED IN CANADA

**10<sup>99</sup>**

**MICHELOB ULTRA ZERO NON-ALCOHOLIC BEER**  
SELECTED VARIETIES, 6X355 ML  
21706873\_C06

6 x 355 mL CANS

0.0% alc./vol.

30 CALORIES PER CAN (355 mL)

ALCOHOL-FREE BEER WITH NATURAL FLAVOUR

**ZERO**

**22<sup>99</sup>**

**GATORADE CLUB PACK OR POWERADE SPORTS DRINK**  
SELECTED VARIETIES, 24X591 ML  
20954130\_C24/20325703\_C24

GATORADE  
24 591 mL PACK BOTTLES

ION4<sup>+</sup> ADVANCED ELECTROLYTE SYSTEM  
**POWERADE**  
WITH VITAMINS  
24 591 mL BOTTLES

EQUIVALENT TO **96¢** PER BOTTLE

PREPARED IN CANADA

**9<sup>99</sup>**

**HEINEKEN 0.0% ALCOHOL FREE BEER**  
SELECTED VARIETIES, 6X330 ML  
21099500\_C06/21100011\_C06

6 BOTTLES  
330 mL BOTTLES PER 350 mL CAN

0.0% alc./vol.

ALCOHOL FREE BEER WITH NATURAL FLAVOURS

**Heineken**

**10<sup>99</sup>**

**CORONA CERO**  
SELECTED VARIETIES  
6X330 ML  
21650191\_C06

6 330 mL CANS

0.0% alc./vol.

60 calories

ALCOHOL-FREE BEER WITH NATURAL FLAVOUR AND VITAMIN B6

**Corona Cero**

**SAVE 1.98**  
WHEN YOU BUY 2

**2/\$7**  
OR 4.49 EA

**GLACEAU SMARTWATER**  
SELECTED VARIETIES, 1L  
20154181\_EA

smartwater.  
CALIFORNIA  
mineralized, treated water

**SAVE 1.58**  
WHEN YOU BUY 2

**2/\$8**  
OR 4.79 EA

**MIO LIQUID WATER ENHANCER, COUNTRY TIME, TANG, CRYSTAL LIGHT OR KOOL-AID LIQUID DRINK MIX**  
SELECTED VARIETIES, 48 ML  
20662690\_EA/21634119\_EA

mio  
HYDRATE - HYDRATATION

BERRY BURST

ELECTROLYTE<sup>+</sup> Drink Mix

ZERO SUGAR  
NATURAL FLAVOUR

10 x 3.8 g PACKETS

**SAVE .50**  
WHEN YOU BUY 2

**2/4<sup>50</sup>**  
OR 2.50 EA

**PC 100% JUICE**  
SELECTED VARIETIES, 1L  
21080954\_EA/21080958\_EA

President's Choice  
**100% JUICE MANGO**

President's Choice  
**100% JUICE PINEAPPLE**  
No sugar added.

**SAVE .98**  
WHEN YOU BUY 2

**2/\$17**  
OR 8.99 EA

**PEPSI SOFT DRINKS**  
SELECTED VARIETIES, 12X355 ML  
20322361001\_C12/20322361002\_C12

PEPSI  
12 355 mL CANS

PEPSI DIET  
12 355 mL CANS

PREPARED IN CANADA

**SAVE 1.58**  
WHEN YOU BUY 2

**2/\$15**  
OR 8.29 EA

**BUBLY SPARKLING WATER**  
SELECTED VARIETIES, 12X355 ML  
21097772\_C12, 21651534\_C12

bubly  
sparkling water beverage

blueberry

limebubly.

PREPARED IN CANADA

**6<sup>99</sup>**

**NESTEA**  
SELECTED VARIETIES, 12X341 ML  
21689167\_C12

Real TEA  
**NESTEA**

ZERO SUGAR

ZERO SUGAR  
LIMONADE FLAVOUR  
LIMONADE FLAVOUR

**\$11**

**GUINNESS NON-ALCOHOLIC DRAUGHT 0.05%**  
SELECTED VARIETIES, 4X440 ML  
21567137\_C04

GUINNESS  
NON-ALCOHOLIC DRAUGHT  
0.05% alc./vol.

4 x 440 mL CANS

**7<sup>99</sup>**

**MAISON PERRIER SPARKLING WATER**  
SELECTED VARIETIES, 8X330 ML  
21509060\_C08/21575556\_C08

NEW  
CREATED BY  
**Maison Perrier**  
FRANCE  
FOREVER LEMON

SPARKLING WATER BEVERAGE WITH NATURAL FLAVOUR

0 CALORIES SWEETENERS

8 x 330 ml

**9<sup>99</sup>**

**ASAHI SUPER DRY 0.0%**  
SELECTED VARIETIES, 6X330 ML  
21622600\_C06

ASAHI BREWERS LIMITED  
**Asahi 0.0%**  
辛口

NON-ALCOHOLIC BEER  
DRY, CRISP AND REFRESHING TASTE

6 CANS x 0.0% alc./vol. 330 mL (11.02 FL OZ)

# GREAT OUTDOORS, GREAT PRICES



**\$545**

**LIFE AT HOME™ 5 PIECE SHELBURNE DINING SET**  
1 YEAR WARRANTY  
21677618\_EA

**LIMIT 3**  
OVER LIMIT PAY  
645.00 EA

**\$345**

**EVERYDAY ESSENTIALS™ 5+1 BURNER GRILL**  
21670512\_EA

**LIMIT 3**  
OVER LIMIT PAY  
395.00 EA

67,000 BTU

28 Burgers Propane

2 Year Limited 479 Sq Inches

**\$55**

**EVERYDAY ESSENTIALS™ PORTABLE PROPANE GRILL**  
WITH LOCKING LID AND FOLDING LEGS  
21672427\_EA

**LIMIT 3**  
OVER LIMIT PAY  
75.00 EA

12,000 BTU

12 Burgers Propane

1 Year Limited 224 Sq Inches

**UP TO 25% OFF**

**LIFE AT HOME™ OUTDOOR STRING LIGHTS**  
SELECTED VARIETIES  
21599224\_EA/21600117\_EA

**\$125**

**LIMIT 3**  
OVER LIMIT PAY  
175.00 EA

**LIFE AT HOME™ OUTDOOR PRIVACY SCREENS**  
SELECTED VARIETIES  
21599479\_EA

**UP TO 30% OFF**

**LIFE AT HOME™ SEAT CUSHIONS**  
SELECTED VARIETIES  
21669888\_EA/21669779\_EA

**UP TO 20% OFF**

**EVERYDAY ESSENTIALS™ ADULT CHAIRS**  
SELECTED VARIETIES  
21685538\_EA/21685991\_EA

**UP TO 20% OFF**

**PC™ SOFT COOLERS**  
SELECTED VARIETIE  
21684126\_EA/21684193\_EA

**UP TO 30% OFF**

**EVERYDAY ESSENTIALS™ RUGS**  
SELECTED VARIETIES  
21684270\_EA/21684296\_EA

**UP TO 15% OFF**

**OFF!/RAID INSECT REPELLENT**  
SELECTED VARIETIES  
2011889\_EA/21018447\_EA

**OFF!** DEEP WOODS™ FOR SPORTSMEN MAXIMUM PROTECTION

**Raid** Ant Baits Appâts à Fourmis

**UP TO 25% OFF**

**BUBBLES MACHINES OR BLASTERS**  
EXCLUDING BUBBLE WANDS  
21561684\_EA/21694050\_EA

**BunchO Bubbles** MOTORIZED BUBBLE BLASTER

no name®

just low prices (so switch)

\$15

NO NAME® CHICKEN WINGS  
SELECTED VARIETIES  
FROZEN, 908 G  
21045309\_EA/21045311\_EA

no name® sans nom®

honey garlic  
chicken wings  
17% MEAT PROTEIN - CUT UP - TIPS REMOVED - FULLY COOKED  
17% DE PROTÉINES DE VIANDE - DÉPIECES  
POINTES ENLEVÉES - ENTÈREMENT CUITES  
ailes de poulet  
miel et ail



no name® sans nom®

salt & pepper  
chicken wings  
17% MEAT PROTEIN - CUT UP - TIPS REMOVED - FULLY COOKED  
17% DE PROTÉINES DE VIANDE - DÉPIECES  
POINTES ENLEVÉES - ENTÈREMENT CUITES  
ailes de poulet  
sel et poivre



908 g



\$9

NO NAME® MEATBALLS  
SELECTED VARIETIES  
FROZEN, 680 G  
21537713\_EA/21538491\_EA

no name® sans nom®

Italian  
meatballs FULLY COOKED  
made with seasoned pork, beef and chicken  
ENTÈREMENT CUITES  
boulettes de viande  
italiennes



no name® sans nom®

beef  
meatballs FULLY COOKED  
boulettes de  
bœuf ENTÈREMENT CUITES



680 g 42



8<sup>99</sup>

NO NAME® GARLIC  
COIL SAUSAGE  
750 G  
20090793\_EA



\$5

NO NAME® SAUSAGE CHUBS  
SELECTED VARIETIES  
500 G  
20015818\_EA



15<sup>99</sup>

NO NAME® HONEY HAM  
CLUB PACK  
1.3 KG  
20858028\_EA



1<sup>99</sup>

NO NAME® CHICKEN WIENERS  
450 G  
20058192\_EA



\$3

NO NAME® HAMBURGER OR  
HOTDOG BUNS  
SELECTED VARIETIES, 8'S  
21509434\_EA/21509514\_EA



3<sup>50</sup>

NO NAME® GARLIC TOAST  
16'S  
21361140\_EA



6<sup>50</sup>

NO NAME® CHEESECAKE  
SELECTED VARIETIES, 510 G  
21089151\_EA



2<sup>89</sup>

NO NAME® BREAD  
WHITE OR WHOLE WHEAT, 520 G  
21509610\_EA



2<sup>50</sup>

NO NAME® ENGLISH MUFFINS  
SELECTED VARIETIES, 6'S  
21216413\_EA



1<sup>99</sup>

NO NAME® PITA  
SELECTED VARIETIES, 250 G  
21315734\_EA



no name®

just low prices (so switch)

**5<sup>50</sup>**

**NO NAME® JAM**  
SELECTED VARIETIES, 500 ML  
20032552001\_EA/20032552002\_EA

raspberry jam with pectin  
confiture de framboises avec pectine

strawberry  
with pectin  
confiture de fraises avec pectine

PREPARED IN CANADA

**4<sup>50</sup>**

**NO NAME® MARGARINE**  
907 G  
20073675\_EA

100% vegetable oil  
margarine  
huile d'huile végétale à 68%

PREPARED IN CANADA

**3<sup>25</sup>** Get **500 pts**

**Optimum**

**NO NAME® 100% WHOLE GRAIN OATS**  
SELECTED VARIETIES, 900 G/1 KG  
20923828\_EA/20923994\_EA

large flake oats  
avoine en gros flocons

quick oats  
100% whole grain Canadian oats  
grains canadiens à grains entiers à 100%  
grauau rapide

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® SPICES**  
SELECTED VARIETIES, 15-250 G  
20617758\_EA/20618677\_EA

ground cinnamon

garlic powder  
poudre d'ail

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® APPLE OR ORANGE JUICE**  
SELECTED VARIETIES, 1.75 L  
21665646\_EA/21671461\_EA

pulp free 100% juice blend orange

apple juice from concentrate  
vitamin C added

PREPARED IN CANADA

**2/\$10** OR 5.79 EA

**NO NAME® CHEESE SLICES**  
SELECTED VARIETIES, 210/230 G  
2161215\_EA/21614277\_EA

marble cheddar cheese slices  
tranches de fromage cheddar marbré

old cheddar cheese slices  
tranches de fromage cheddar fort

PREPARED IN CANADA

**1<sup>50</sup>**

**NO NAME® BROTH**  
SELECTED VARIETIES, 900 ML  
21189608\_EA/21189611\_EA

chicken broth · bouillon poulet

beef broth · bouillon bœuf

PREPARED IN CANADA

**\$3**

**NO NAME® VEGETABLES**  
SELECTED VARIETIES, FROZEN, 750 G  
20312260\_EA/20316412\_EA

green peas  
assorted sizes  
grosseurs assorties  
petits pois

California blend  
mixed vegetables · mélange de légumes à la californienne

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® OLIVES**  
SELECTED VARIETIES,  
375/398 ML  
20323294\_EA/20325649\_EA

sliced ripe olives  
olives mûres en tranches

stuffed manzanilla  
with pimento paste  
olives Manzanilla farcies avec pâte de piment

PREPARED IN CANADA

**2/\$6** OR 3.49 EA

**NO NAME® CROUTONS**  
145 G OR SALAD DRESSINGS 475 ML  
SELECTED VARIETIES  
20628489001\_EA/21096223\_EA

Caesar croutons · croûtons César

Caesar dressing vinaigrette César

PREPARED IN CANADA

**\$6**

**NO NAME® INSTANT COFFEE**  
SELECTED VARIETIES, 150 G  
20149246\_EA/21180125\_EA

instant coffee  
café instantané

decaffeinated instant coffee  
café instantané décaféiné

PREPARED IN CANADA

**\$4**

**NO NAME® ICE MILK**  
SELECTED VARIETIES  
FROZEN, 1.65 L  
21610174\_EA/21610238\_EA

napolitaine

chocolat

PREPARED IN CANADA

**3<sup>50</sup>**

**NO NAME® PIZZA**  
SELECTED VARIETIES  
FROZEN, 350-411 G  
21541441\_EA/21541444\_EA

pizza croûte mince spinach

thin crust pizza croûte mince pepperoni

PREPARED IN CANADA

**\$17**

**NO NAME® NATURALLY IMPERFECT™ FRUIT**  
SELECTED VARIETIES  
FROZEN, 2 KG  
21033164\_EA/21480144\_EA

Naturally Imperfect™  
Naturellement imparfaits™  
blueberries · bleuets

berry blend  
mélange de petits fruits

PREPARED IN CANADA

**\$5**

**NO NAME® PEROGIES**  
SELECTED VARIETIES  
FROZEN, 2 KG  
20323762001\_EA

potato & cheddar  
perogies · perogies  
sauveur pommes de terre et cheddar

PREPARED IN CANADA

# HAPPY EID AL-ADHA

Low prices for joyful celebrations.



**\$5** LB  
11.02/KG

**OKRA**  
PRODUCT OF U.S.A.  
20091263001\_EA



**4/\$6**  
OR 1.79 EA

**RED MANGO**  
PRODUCT OF MEXICO  
20059635001\_EA



**\$30**

**SUFRA' HALAL CHICKEN BREAST**  
BONELES, SKINLESS, 7'S,  
UP TO 1.51 KG  
21616967\_EA



**CLUB SIZE**



**8<sup>99</sup>**

**SUFRA' HALAL LEAN GROUND BEEF**  
454 G  
21397283\_EA



**\$18**

**TRADITIONAL BAKLAVA**  
800 G  
21160115\_EA



**2<sup>25</sup>**

**COCONUT**  
PRODUCT OF INDIA OR  
DOMINICAN REPUBLIC  
20005774001\_EA



**\$10**

**SAMOSA PLATTER WITH TAMIRAND SAUCE**  
1.37 KG  
21558737\_EA



**2/4<sup>88</sup>**  
OR 2.89 EA

**ROOSTER TOFU**  
SELECTED VARIETIES, 454 G  
21474765\_EA



**\$4**

**SURAJ' GINGER GARLIC PASTE**  
750 G  
21088575\_EA



**\$12**

**BROOKE BOND RED LABEL TEA**  
900 G  
21077684\_EA



**SAVE 2.00**

**9<sup>99</sup>**

**TILDA BASMATI RICE**  
SELECTED VARIETIES, 4 LB  
20013920\_EA/20436365\_EA



**\$6**

**SURAJ' SOOJI FINE FLOUR**  
2 KG  
21071270\_EA



**SAVE 1.50**

**3<sup>99</sup>**

**KFI COOKING SAUCES**  
SELECTED VARIETIES,  
375/395 ML  
20419490001\_EA/20419490003\_EA



**2<sup>50</sup>**

**RUBICON JUICES**  
SELECTED VARIETIES, 1L  
20029236001\_EA/20296770001\_EA



# HAPPY EID AL-ADHA

Low prices for joyful celebrations.



**2.48**  
LB  
5.47/KG

**GINGER ROOT**  
PRODUCT OF CHINA  
20179038001\_KG



**1.25**

**MINT BUNCH**  
PRODUCT OF MEXICO  
OR COLOMBIA  
201939326001\_KG



**\$13**

**HALAL BBQ SEASONED  
ROTISSERIE CHICKEN  
FULLY COOKED**  
1 KG  
20974684\_EA



**\$2**

**ZABIHA HALAL  
CHICKEN WIENERS  
OR ZABIHA HALAL  
CHICKEN BOLOGNA**  
SELECTED VARIETIES, 375-450 G  
20006571\_EA



**\$5**

**SURAJ NAAN**  
SELECTED VARIETIES, 10'S  
20342261\_EA



**\$3**

**ZINDA COUSCOUS**  
SELECTED VARIETIES, 907 G  
20013708\_EA/20822580\_EA



**1.50**

**TAMAM  
CANNED BEANS**  
SELECTED VARIETIES, 540 ML  
21214481\_EA/21214570\_EA



**\$5**

**CLIC QUINOA GRAINS**  
907 G  
20051508\_EA



**\$14**

**KRITI GOLD EXTRA  
VIRGIN OLIVE OIL**  
750 ML  
20572876\_EA



**4.50**

**VEEBA SAUCES**  
SELECTED VARIETIES, 300 ML  
21632689\_EA/21632743\_EA



**1.75**

**PUCK THICKENED  
CREAMY PRODUCT**  
160 G  
21449248\_EA



**1.50**

**PRAN NOODLE SOUPS**  
SELECTED VARIETIES, 280 G  
21685517\_EA/21685721\_EA



**\$5**

**TAMAM TAHINI SMALL  
454 G OR SLICED PICKLE  
TURNIPS 1 KG**  
21217262\_EA/21237887\_EA



**3.50**

**MAGGI SAUCE**  
SELECTED VARIETIES,  
340 ML  
20687724\_EA  
20693317\_EA



**\$5**

**NESTLÉ INSTANT  
TEA MIX**  
SELECTED VARIETIES, 200 G  
21665987\_EA



# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

**\$3** LB  
6.61/KG

**BABY BOK CHOY**  
PRODUCT OF MEXICO OR U.S.A.,  
OR **SHANGHAI BOK CHOY**  
PRODUCT OF MEXICO  
20082279001\_KG/20032454001\_KG

**3.50**

**LARGE DRAGONFRUIT**  
PRODUCT OF VIETNAM  
20168395001\_EA

**13.88**

**T&T SLICED ROLLS BEEF OR LAMB**  
340 G  
21570350\_EA/21570410\_EA  
21570476\_EA

**\$4** LB  
8.82/KG

**CHICKEN WHOLE**  
FRESH  
20729008\_KG

**CANADIAN POULTRY**

**\$9**

**SEAQUEST WHOLE TILAPIA 1.36 KG OR WHOLE POMPAÑO**  
800 G  
21591947\_EA/21592084\_EA

**5.88** LB  
12.96/KG

**PORK BELLY PORTION**  
20793502\_KG

**\$2**

**T&T TROPICAL CAKE**  
SELECTED VARIETIES, 180 G  
20826539\_EA/20826539\_EA

**PREPARED IN CANADA**

**\$2**

**WAHAHA YOGURT DRINK**  
SELECTED VARIETIES, 4'S, 400 ML  
21091972\_EA/21382076\_EA

**9.99**

**JAYONE SEASONED AND ROASTED SEAWEED**  
120 G  
20699445\_EA

**3.49**

**INDOMIE INSTANT NOODLES**  
SELECTED VARIETIES  
5'S, 400-425 G  
20686719\_EA/21094081\_EA

**3.99**

**COCON NATA DE COCO PUDDING MIX**  
700 G  
20180623\_EA

**3.29**

**MARUKOME INSTANT MISO SOUP MIX**  
SELECTED VARIETIES, 27/29 G  
20999038\_EA/20999104\_EA

**12.88**

**KNORR CHICKEN BOUILLON MIX**  
SELECTED VARIETIES, 1 KG  
20154074\_EA

**\$7**

**KEWPIE MAYONNAISE**  
465 ML  
21644268\_EA

**4.79**

**NISSIN INSTANT NOODLES**  
SELECTED VARIETIES, 5'S, 500 G  
21437173\_EA/21438999\_EA

# SUPER YOUR EVERYDAY

**750**  
YOPLAIT SOURCE OR CREAMY  
SELECTED VARIETIES  
16X100 G  
20120316002\_EA  
20310980001\_EA



**3/\$9**  
OR 3.79 EA  
KELLOGG'S RICE KRISPIES BARS 160-200 G, POP TARTS 384 G, SPECIAL K BARS 125 G OR NUTRI-GRAIN BARS 175-295 G  
SELECTED VARIETIES  
20126567001\_EA  
20313984001\_EA



**850**  
QUEEN ST. BAKERY FROZEN BREADS, ENGLISH MUFFINS  
SELECTED VARIETIES  
464-520 G  
215759664\_EA  
21699221\_EA



**3/999**  
OR 4.49 EA  
GENERAL MILLS RETAIL SIZE CEREAL  
SELECTED VARIETIES  
297-430 G  
21104055\_EA/21104058\_EA



**449**  
QUAKER, CAPTAIN CRUNCH, HARVEST CRUNCH OR LIFE OAT CEREAL, OATMEAL OR CORN SQUARES  
SELECTED VARIETIES  
288-510 G  
21082500\_EA  
21239228\_EA



**\$6**  
QUAKER MUFFIN OR COOKIE MIX  
SELECTED VARIETIES  
900 G  
20301064001\_EA  
21611930\_EA



**\$25**  
PC ORGANICS CASHEWS  
SELECTED VARIETIES  
1.13 KG  
21917458\_EA



**\$10**  
PC BLUE MENU LIQUID EGG WHITES  
REFRIGERATED  
1 KG  
20821364001\_EA



**\$5**  
HELIVA GOOD! FRENCH ONION SOUR CREAM DIP  
680 G  
20312788001\_EA



**\$7**  
BLACK DIAMOND CHEESE SNACKS  
SELECTED VARIETIES  
12/16'S/252/336 G  
20763661\_EA  
20986474\_EA



**\$7**  
BECEL MARGARINE  
SELECTED VARIETIES  
637/850 G  
20297818002\_EA  
21279389\_EA



**2/\$5**  
OR 3.29 EA  
SNACK PACK PUDDING OR JUICY GELS  
SELECTED VARIETIES  
4'S  
20310707006\_EA  
2031315001\_EA



**425**  
CHRISTIE GOOD THINS CRACKERS  
SELECTED VARIETIES  
100 G  
21023024\_EA  
21023029\_EA



**2/\$8**  
OR 4.99 EA  
DARE BEAR PAWS 168-240 G, WAGON WHEELS 315/360 G, WHIPPETS 200-285 G, ULTIMATE OR VIVA PUFFS COOKIES 290/300 G  
SELECTED VARIETIES  
20974343\_EA  
21080791\_EA



**649**  
NESCAFÉ COFFEE CONCENTRATE  
SELECTED VARIETIES  
500 ML  
21665027\_EA  
21665148\_EA



**\$6**  
TWINING'S SUPERBLEND TEA 18'S OR TETLEY TEA 40/48'S  
SELECTED VARIETIES  
20711553\_EA  
21427843\_EA



**\$12**  
COTTONELLE FLUSHABLE WIPES  
SELECTED VARIETIES  
4'S  
21477027\_EA



**2/\$12**  
OR 6.99 EA  
LYSOL DISINFECTANT SPRAY 350 G, DISINFECTING WIPES 75-84'S OR ALL PURPOSE CLEANER 950 ML  
SELECTED VARIETIES  
21449826\_EA  
21669300\_EA



**\$6**  
NO NAME FREEZER BAG RESEALABLE  
30/40'S  
20298374\_EA  
20155482\_EA



Members Price **15.99** Non-Members **17.99** Members Save **\$2**

WHISKAS WET CAT FOOD  
SELECTED VARIETIES, 12'S  
20945387\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.





**CUDDLY  
DEALS,  
TINY  
PRICES**



**\$2**

**PAMPERS 1X  
BABY WIPES**  
SELECTED VARIETIES, 56-72'S  
20708133\_EA

**LIMIT 4  
OVER LIMIT PAY  
3.49 EA**



**PRICE  
DROP**

**2/\$11**  
OR 5.99 EA

**AMARA ORGANIC  
SMOOTHIE MELTS OR  
FRUIT BITES**  
SELECTED VARIETIES, 23 G  
21426240\_EA/21536119\_EA



**8+  
MONTHS**

**\$3**

**PC<sup>®</sup> ORGANICS MINI  
CEREAL BARS**  
SELECTED VARIETIES, 160 G  
20431341\_EA/2043141001\_EA

**LIMIT 6  
OVER LIMIT PAY  
3.50 EA**



**12+  
MONTHS**

**\$50**

**ENFAMIL A+  
NEUROPRO OR  
GENTLEASE POWDER**  
SELECTED VARIETIES, 553/587 G  
21589117\_EA/21589230\_EA

**LIMIT 4  
OVER LIMIT PAY  
54.99 EA**



**\$37**

**ENFAGROW  
A+ TODDLER  
NUTRITIONAL  
SUPPLEMENT**  
SELECTED VARIETIES, 907 G  
21694972\_EA/21694898\_EA

**LIMIT 4  
OVER LIMIT PAY  
42.99 EA**



**\$70**

**SIMILAC 360 TOTAL  
CARE READY TO FEED  
INFANT FORMULA**  
SELECTED VARIETIES, 16X235 ML  
21702863\_C16/21702882\_C16

**LIMIT 4  
OVER LIMIT PAY  
89.99 EA**



**\$29**

**PAMPERS SUPER BIG  
PACK DIAPERS**  
SIZES N-8, SELECTED VARIETIES  
21370844\_EA/21455660\_EA

**LIMIT 4  
OVER LIMIT PAY  
34.99 EA**



**\$27**

**LIMIT 4, OVER LIMIT  
PAY 31.99 EA**

Get **2,000** pts

**\$2** back in points

**PAMPERS EASY UPS CLUB PACK  
TRAINING PANTS**  
SELECTED VARIETIES, 46-74'S  
21089365\_EA/21089367\_EA



**\$35**

**LIMIT 4, OVER LIMIT  
PAY 41.99 EA**

Get **2,000** pts

**\$2** back in points

**HUGGIES ECONO  
PACK DIAPERS**  
SIZE N-7, SELECTED VARIETIES  
60-200'S  
21456748\_EA/21663768\_EA



**\$25**

**LIMIT 4, OVER LIMIT  
PAY 32.99 EA**

Get **2,000** pts

**\$2** back in points

**WATERWIPES**  
SELECTED VARIETIES, 360'S  
21549611\_EA



**\$27**

**LIMIT 4  
OVER LIMIT PAY  
32.99 EA**

**HUGGIES PULL-UPS  
CLUB PACK TRAINING  
PANTS OR GOODNITES**  
28-74'S  
21021522\_EA/21371199\_EA



**\$25**

**LIMIT 4, OVER LIMIT  
PAY 29.99 EA**

Get **2,000** pts

**\$2** back in points

**MILLIE MOON PACK DIAPERS**  
CLUB SIZE, SELECTED VARIETIES  
AND SIZES  
21520442\_EA/21520456\_EA



**4/\$7**  
OR 2.29 EA

**GERBER BABY FOOD  
JARS 159-162 ML OR  
ORGANIC BABY FOOD  
POUCHES 99 G/128 ML**  
SELECTED VARIETIES  
21024932\_EA/21466948\_EA



**\$20**

**LIMIT 4  
OVER LIMIT PAY  
23.99 EA**

**HUGGIES  
simply clean**  
HUGE VALUE  
grande valeur  
enorme valor



**DO NOT FLUSH**  
NE PAS JETER  
AUX TOILETTES

**UPTO  
20%  
OFF**

**PHILIPS OR DR.  
BROWN'S FEEDING  
OR NURSING  
ACCESSORIES**  
SELECTED VARIETIES  
21436447\_EA/21601463\_EA



## KIDDICARE DIAPERS FOR LESS

The ultra-absorbent and super-soft  
diapers have arrived.

Now exclusively here!



# SHOP BEAUTY FOR LESS

Optimum™

Get **2,000** pts

When you spend \$10\*

\$2 back in points



**MONDAY HAIR CARE, BODY WASH OR BODY SCRUB**  
SELECTED VARIETIES AND SIZES  
21703931\_EA/21706301\_EA

Optimum™

Get **5,000** pts

When you buy 2

\$5 back in points



**JOHN FRIEDA HAIR CARE**  
SELECTED VARIETIES AND SIZES  
20757892002\_EA/20757892003\_EA

Optimum™

Get **6,000** pts

When you spend \$15\*

\$6 back in points



**NICE N EASY, NATURAL INSTINCTS OR COLOR STRONG HAIR COLOUR**  
SELECTED VARIETIES  
21082764\_EA/21084326\_EA

Optimum™

Get **5,000** pts

When you spend \$20\*

\$5 back in points



**METHOD SHAMPOO, CONDITIONER, BODY WASH OR DEODORANT**  
SELECTED VARIETIES AND SIZES  
21640748\_EA/21647725\_EA

Optimum™

Get **4,000** pts

When you spend \$20\*

\$4 back in points



**TRESEMME HAIR CARE OR STYLING PRODUCTS**  
SELECTED VARIETIES AND SIZES  
198-311 G/168-828 ML  
21169663\_EA

Optimum™

Get **3,000** pts

When you buy 2

\$3 back in points



**HEAD & SHOULDERS HAIR CARE**  
SELECTED VARIETIES, 835 ML  
21505259\_EA

Optimum™

UP TO **15%** OFF

Get **2,000** pts

\$2 back in points



**O'KEEFFE'S SKINCARE**  
SELECTED VARIETIES AND SIZES  
20910310\_EA/21723681\_EA

Optimum™

Get **3,000** pts

When you spend \$30\*

\$3 back in points



**CETAPHIL CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
20318025\_EA/21013201\_EA

Optimum™

UP TO **15%** OFF

Get **3,000** pts

\$3 back in points



**ST. IVES SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21086101\_EA/21429055003\_EA

Optimum™

Get **5,000** pts

When you buy 2

\$5 back in points



**CERAVE CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
21276738\_EA/21276745\_EA

# Aveeno®

## DISCOVER YOUR FAVOURITE BRANDS HERE

Optimum™

Get **5,000** pts

For every \$25\* spent

**\$5** back in points

on Aveeno haircare, body wash, baby, skin or sun care products

SELECTED VARIETIES AND SIZES  
21505337\_EA/21643905\_EA/20102023001\_EA  
20102023003\_EA/21014673\_EA/20020469\_EA  
20157402001\_EA/20380479001\_EA  
21164560\_EA/21164077\_EA

**body**

Clinically proven, award-winning daily moisturizing body lotion leaves your skin looking healthy and beautiful. Lock in moisture for 24 hours with Aveeno Daily Moisturizing Lotion.



**wash**

Formulated for sensitive skin, this creamy body wash contains prebiotic oat. Cleanse skin to reveal smoother, softer feeling skin. Lightly scented, sulphate-free formula helps moisturize and nourish dry skin



**baby**

Formulated with natural colloidal oatmeal to help moisturize and protect baby's sensitive skin for 24 hours



**face**

With broad spectrum SPF 30 sunscreen, protect your skin from sun damage and hydrate with soy extract. Clinically proven to improve skin tone and texture in just four weeks.



**hair**

Nourishes the scalp and adds moisture to dry, damaged hair. Made with natural oat and almond milk, free from sulfates, parabens and dyes.



UP TO **20% OFF**

**AVEENO SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
20301106\_EA/21352120\_EA



**\$10**

**LIMIT 6 OVER LIMIT PAY 12.99 EA**

**AVEENO BODY WASH**  
SELECTED VARIETIES, 532 ML  
2001529001\_EA/21166752\_EA



UP TO **20% OFF**

**AVEENO BABYNEEDS**  
SELECTED VARIETIES AND SIZES  
21664466\_EWA/20157402002\_EA





# SHOP HOME FOR LESS

**\$99**

**LIMIT 4 OVER LIMIT PAY 169.00 EA**

**NESPRESSO VERTUO POP COFFEE MACHINE**  
BLACK OR WHITE  
21541584\_EA/21691662\_EA

**UP TO 20% OFF**

**BLACK & DECKER KITCHEN OR GARMENT CARE APPLIANCES**  
SELECTED VARIETIES  
20960328\_EA/21680936\_EA

**BUY 1 GET 1 50% OFF**

**EVERYDAY ESSENTIALS™ COOKWARE OR COOKWARE SETS**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
20800507\_EA/21345661\_EA/21425511\_EA

**BUY 1 GET 1 50% OFF**

**EVERYDAY ESSENTIALS™ METAL BAKEWARE OR BAKEWARE SETS**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
20647678\_EA/20649162\_EA/20797353\_EA

**UP TO 25% OFF**

**RUBBERMAID TAKEALONGS FOOD STORAGE CONTAINERS**  
SELECTED VARIETIES  
20159085\_EA/21182978\_EA

**UP TO 25% OFF**

**PC® GLASS FOOD STORAGE CONTAINERS**  
SELECTED VARIETIES  
21339856\_EA/21343710\_EA

**BUY 3 GET 1 FREE**

**LIFE AT HOME™ OUTDOOR DINNERWARE, SERVEWARE OR DRINKWARE**  
SELECTED VARIETIES  
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE  
21692655\_EA/21692518\_EA/21692324\_EA

**\$15**

**LIMIT 4 OVER LIMIT PAY 20.00 EA**

**LIFE AT HOME™ NOVELTY CUSHIONS**  
SELECTED VARIETIES  
21689978\_EA/21689680\_EA

**\$7**

**LIMIT 4 OVER LIMIT PAY 10.00 EA**

**LIFE AT HOME™ KITCHEN TEA TOWELS**  
SELECTED VARIETIES  
21683865\_EA/21683867\_EA

**UP TO 20% OFF**

**PC® KNIVES OR BOARDS**  
SELECTED VARIETIES  
21634988\_EA/21635096\_EA/21635107\_EA

**UP TO 15% OFF**

**ALL SYLVANIA LED A19 LIGHTBULBS**  
SELECTED VARIETIES  
20961950\_EA/20961964\_EA

**\$24\***

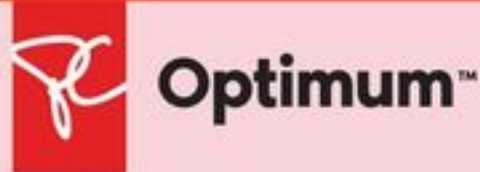
**LIMIT 4 OVER LIMIT PAY 28.00\* EA**

**DURACELL BATTERIES**  
SELECTED VARIETIES, AA 32'S OR AAA 24'S  
21696876\_EA/21696877\_EA

**UP TO 30% OFF**

**LIFE AT HOME™ FAUX PLANTS**  
SELECTED VARIETIES  
21684291\_EA/21684308\_EA

# JOE FRESH



App exclusive offer

**Moredays™**  
May 7 - 13

Plus, Score Major Points!

Members get  
**20,000**  
pts

for every  
\$75 spent  
on apparel\*

\*\*Must be a registered PC Optimum™ member to load and get this offer. \*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

## Get Game-Day Ready



FIFA World Cup  
2026™ Canada Jersey  
**\$35**

OFFICIAL  
LICENSED  
PRODUCT



Toddler FIFA  
World Cup 2026™  
Canada 2-Piece Set  
**\$35**



Adult FIFA  
World Cup 2026™  
England Jersey  
**\$35**



Kid FIFA World Cup  
2026™ Canada  
Cap **\$16**



Baby FIFA World Cup  
2026™ Portugal  
Romper **\$22**



Kid FIFA World Cup  
2026™ Germany  
Jersey **\$24**



Adult FIFA World  
Cup 2026™ Italy  
Lounge Short **\$25**



**\$25**  
FIFA World Cup  
2026™ Canada  
Muscle Tank



**\$35**  
Toddler FIFA World  
Cup 2026™ Brazil  
2-Piece Set



**\$25**  
FIFA World Cup  
2026™ Trophy  
T-Shirt

EVEN MORE ONLINE AT [JOEFRESH.COM](http://JOEFRESH.COM)

SHOP NOW

\* Visit [www.joefresh.com/offerdetails](http://www.joefresh.com/offerdetails) for full details.

## Celebrate Mom

WITH A GOURMET HAPPY HOUR

- \$6**  
**MONSIEUR GUSTAV**  
 Double crème, Camembert  
 125 g  
 21619307\_EA/21619313\_EA
- \$3.50** /100 g  
**JARLSBERG**  
 Cheese  
 21388103\_KG
- \$8**  
**L'EXTRA**  
 Brie  
**NOTRE-DAME**  
 Brie  
 170 g  
 21528319\_EA/20177193\_EA
- \$4** /100 g  
**AGROPUR**  
**GRAND**  
**CHEDDAR**  
 5 years  
 21194213\_KG
- \$7**  
**ENTREMONT**  
 Brie, Camembert  
 227 g  
 21692867\_EA/21692836\_EA
- \$3.50** /100 g  
**L'EXTRA**  
 Brie  
 21157608\_KG
- \$8**  
**KERRYGOLD**  
 Dubliner, Reserve Cheddar  
 198 g  
 20591635\_EA/20359976\_EA
- \$5** /100 g  
**CAMBOZOLA**  
 Cheese  
 20001969\_KG

## Marie Morin

INDULGE WITH OUR CHEF-STYLE GOURMET CREATIONS

**3.50** Marie Morin  
Crème Brûlée, Salted  
Caramel Cheesecake or  
Chocolate Ganache  
90 - 103 g  
2185251\_EA/2185250\_EA

Prepared in Canada

**\$5.75**  
General Mills™  
Family Size Cereals  
455-725 g  
21103492\_EA  
21103495\_EA

**\$3**  
Nature Valley™ Granola Bars  
120-230 g, Betty Crocker™  
and Motts Fruit Snacks  
128-226 g, Pillsbury™  
Soft Baked Bars 150 g or  
Cereal Treat Bars 120 g  
20887250\_EA/21031310\_EA

**\$3**  
Nature Valley™  
Sweet & Salty 170-210 g,  
Fibre 1 Bars, Nature Valley  
Protein Bars or Nature  
Valley Biscuits 125-190 g  
20686988001\_EA/21714114\_EA

**2/\$10**  
OR  
\$6.49 EA.  
Old El Paso™  
Dinner Kits  
250-510 g  
selected varieties  
20795534\_EA  
21777322\_EA

**NEW**

**3/4.98**  
OR  
\$2.19 EA.  
Old El Paso™  
Seasoning 24 g  
selected varieties  
21675151\_EA  
21049495\_EA

**\$3.75**  
Annie's™ Super! Mac 170 g  
or Annie's™ Vegan Mac 170 g  
21687300\_EA  
21687279\_EA

**\$4**  
Pillsbury™  
Grand Cinnamon Rolls 496 g or  
Pillsbury™ Ready to Bake  
Cookies 454 g  
21619335\_EA  
20301101001\_EA

**\$3.50**  
Pillsbury™  
Strudel 6's or  
Scramble 204-326 g  
20772664001\_EA/20301101002\_EA

**Celebrating 40 Years of Pillsbury Toaster Strudel**

FOR BUDGET FRIENDLY MEALS  
**COOK WITH Prego**

**KID FRIENDLY**

SCAN HERE FOR PREGO® TEXAS TOAST PIZZAS

**\$5** PACE® CHUNKY SALSA  
SELECTED VARIETIES  
645 ML  
20307531002\_EA  
20307531001\_EA

**\$3.50** PREGO® PASTA SAUCE  
SELECTED VARIETIES  
645 ML  
20325820001\_EA  
21340617\_EA

## BOLD FLAVOUR MEETS MAYO

**NEW** Heinz Mayonnaise-style Sauces  
selected varieties  
340 mL  
21735038\_EA **\$2.99**

**NEW** Bull's-Eye BBQ Sauce  
selected varieties  
425 mL  
21735390\_EA **\$4**

**NEW** Diana Sauce  
selected varieties  
500 mL  
21735502\_EA **\$4**

# BRING THE Fiesta HOME!

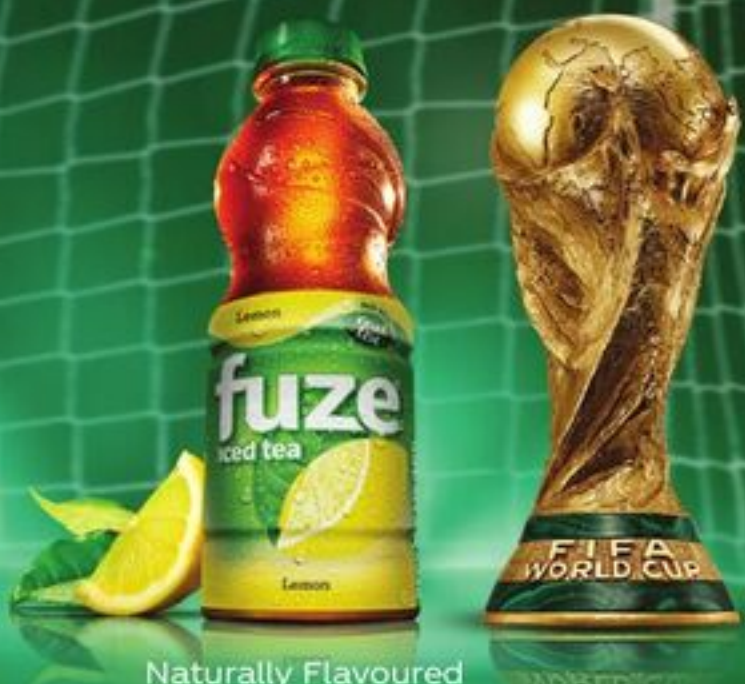
**\$5** CASA MENDOSA OR WONDER TORTILLAS  
SELECTED VARIETIES AND SIZES  
20976626\_EA/20276307\_EA

Wonder Brands Inc.

**SIP THE FLAVOUR,  
SEE THE TROPHY.**



Scan for a chance to WIN\* a trip to the FIFA World Cup 26™ Trophy Tour and more prizes!



Naturally Flavoured Iced Tea



OFFICIAL ICED TEA OF THE FIFA WORLD CUP 26™

\*NO PURCHASE NECESSARY. Void outside Canada & where prohibited. Open to legal residents of Canada, who are 18+ & legal age of majority or older in their jurisdiction of residence. Ends at 11:59 pm ET on 5/31/26, with 13 entry periods. Enter by 11:59 pm ET on 4/26/26 for the Trip. (1) Trip ARV: CAD\$5,398.35; FUZE Prize Packs (25, 2 per entry period, 1 in entry period 13) ARV: CAD\$100. Odds depend on number of eligible entries received. Math skill test required. For Official Rules, visit <https://cokeint.com/fuzelegal>. Sponsor: Coca Cola Ltd. © The Coca Cola Company, used under license.



**\$9.99\*\*** Fuze® iced tea selected varieties 12x341 mL 21645563\_C12



**SEE IN-STORE FOR RETAILS**

Diet Coke® beverages selected varieties 12x355 mL 21730741\_C12



**2/\$5\*\*** or \$2.99 POWERADE® beverages selected varieties 710 mL 20853723\_EA



**2/\$6\*\*** or \$3.49 Glaceau vitaminwater® beverages selected varieties 591 mL 20562362003\_EA



**\$12.99\*\*** Monster Energy® beverages¹ selected varieties 4x473 mL 20937631\_C04

Valid from April 16th to April 23rd, 2026

\*\* Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less. † This product may not be suitable for everyone. Please read the label for instructions. The trademarks that appear are the property of their respective trademark owners.

**BETTER TEAR,  
SO MUCH SOFTER\***  
\*vs. leading 1000-sheet brand

**\$18** Charmin Bath Tissue, 12=48 roll, soft 21707532\_EA

**4X STRONGER WHEN WET\***  
\*vs. Leading Canada 2-ply bath tissue

**\$18** Charmin Bath Tissue, 12=48 roll, strong 21636641\_EA

**50% MORE ABSORBENT\***  
\*vs. leading ordinary brand.

**\$18** Bounty Paper Towel, Select A Size, 6=12 roll 21670280\_EA

**THICKER AND MORE ABSORBENT\***  
\*vs. the leading US 2-ply napkin

**\$11** Bounty Napkin 400's 21053171\_EA

© 2026 P&G

**CLOROX SCENTIVA**  
Cleans like Clorox. Smells Extraordinary.

**\$11** Glad® Black Regular 40 bags 21165477\_EA

**\$5** Clorox® Scentiva™ Bleach 2.4 L 21725566\_EA

**2/\$10** OR \$5.99 EA. Clorox® Scentiva™ Disinfecting Cleaner 709 mL 21734708\_EA

**\$6** Clorox® Scentiva™ Disinfecting Wipes 75's 21734738\_EA

**Poise® Depend®**

STAY PROTECTED IN THE MOMENT

**LIMIT 4 \$18** OVER LIMIT PAY 18.99 EA

DEPEND® Underwear or POISE® Pads selected varieties and sizes 20558843005\_EA/21302119\_EA

© Registered Trademark and Trademark of Kimberly-Clark Worldwide, Inc. ©KCWW.



**Mobile that doesn't break the bank.**

Plans starting from **\$20/month**

