PRESORTED STD
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Detroit Lakes, MN
Permit No. 14

ECRWSSEDDM
POSTAL CUSTOMER

NOW ACCEPTING
VISA
MASTERCARD
DISCOVER
AMERICAN EXPRESS

ATM Machine Available

Store Hours:
MONDAY-FRIDAY 8am to 9pm
SATURDAY-SUNDAY 8am to 6pm

BRUGGEMAN'S SUPERVALU

Mahnomen, MN 56557
Phone: 218-935-2538
www.bruggemanssupervalu.com

NOT ALL ITEMS AVAILABLE AT ALL STORES QUANTITY RIGHTS RESERVED

MINNESOTA STATE LOTTERY

Check Us Out on Facebook

FOOD STAMPS
Bring Your Food Stamps To Bruggeman's SuperValu

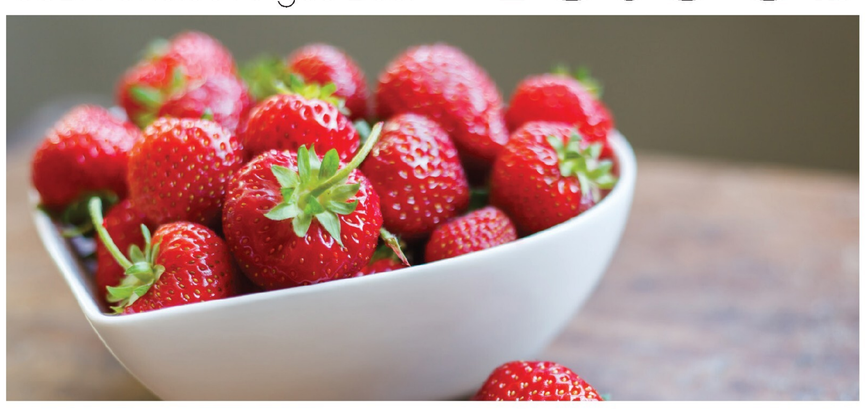
Save Twice as Much with DOUBLE COUPONS SEE DETAILS IN OUR STORE

PRICES EFFECTIVE MAY 4 - 10, 2026

HAPPY Mother's Day

Angus Farm Boneless New York Strip Steak $13.99 lb
USDA Choice Angus Beef

Boneless Center Cut Pork Loin Chops $2.49 lb
Fresh



Strawberries 2/$5
1 lb pkg

Farmer's Promise Russet Potatoes $1.79
5 lb bag

Lean Cuisine Entrées
6-11.5 oz pkg,
Selected Varieties
4/$10

Knorr Rice or Pasta Sides
4-5.8 oz pkg,
Selected Varieties
3/$4

Essential Everyday Fries, Tots or Hash Browns 2/$5
19-32 oz pkg,
Selected Varieties

Essential Everyday Butter Quarters 2/$5
16 oz pkg,
Selected Varieties

Crystal Farms Chunk or Shredded Cheese 2/$5
7-8 oz Chunk or
5.5-8 oz Shredded,
Selected Varieties

Culinary Circle Pizza 2/$10
13.95-28.9 oz pkg,
Selected Varieties

Chobani Creations, Greek, Less Sugar or Zero Sugar Yogurt 5/$5
5.3 oz cup,
Selected Varieties

Blue Bunny Frozen Dairy Dessert $3.99
46-48 oz pkg,
Selected Varieties

Simply Potatoes Hash Browns or Cut Potatoes
20 oz bag,
Selected Varieties
2/$5

Jif Peanut Butter
28 oz jar,
Selected Varieties
$4.49

Smucker's Strawberry Jam
32 oz jar
$3.99

Dunkin' Coffee
11-12 oz bag or
10 ct box K-Cups,
Selected Varieties
$9.99

Folgers Coffee
22.6-25.9 oz can,
Selected Varieties
$11.99

Simply Orange or Fruit Juice
46-52 oz btl,
Selected Varieties
$4.88

Hostess Snack Cakes or Premium Multipack
8.17-16.5 oz pkg,
Selected Varieties
$2.99

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
ALL ITEMS MAY NOT BE AVAILABLE IN ALL STORES.
WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

PAMPER YOUR PETS DURING NATIONAL Pet Month!

Essential Everyday Cat Food
5.5 oz can, Selected Varieties
3/$3

Essential Everyday Dry Dog Food
16 lb bag, Selected Varieties
$14.99

9 Lives Canned Cat Food
4 ct pkg, Selected Varieties
$3.49

Meow Mix Cat Food
3-3.15 lb bag, Selected Varieties
$7.99

Sheba Cat Wet Perfect Portions
2.6-2.65 oz pkg, Selected Varieties
4/$5

Temptations Cat Treats
2.1-3 oz pkg, Selected Varieties
2/$4.44

Milk-Bone Dog Biscuits
24 oz box, Selected Varieties
$4.99

FARGO CLR 0503_SV_FARGO_GT_BK_FINAL

Essential Everyday Chicken Breast
10 oz can
$2.99

Essential Everyday Hamburger Dill Chips
32 oz jar
$2.99

Essential Everyday Olives Black Sliced
2.25-4.25 oz can, Selected Varieties
3/$4

Essential Everyday Pimiento Stuffed Manzanilla Olives
5.75 oz jar
$1.69

Essential Everyday Oyster Crackers
9 oz bag
$1.99

Essential Everyday Barbecue Sauce
18 oz btl, Selected Varieties
$1.99

Essential Everyday Ketchup
38 oz btl
$1.99

Essential Everyday Mustard
20 oz btl
$1.79

Essential Everyday Dressing
16 oz btl, Selected Varieties
2/$4.44

Essential Everyday Ready To Drink Tea
128 oz jug, Selected Varieties
$2.99

Essential Everyday Cereal
12-18 oz box, Selected Varieties
2/$7

GROCERY

Ortega Taco Shells, Taco Sauce, Refried Beans or Seasoning Mix
10-12 ct Shells, 7.5-8 oz Sauce, 16 oz Beans or 3 ct Seasoning, Selected Varieties
2/$4

Kellogg's Cracker Packs or Zesta Saltine Crackers
11-16 oz pkg, Selected Varieties
$3.49

Duncan Hines Cake, Brownie Mix or Ready To Spread Frosting
15.2-15.3 oz Cake Mix 18-18.3 oz Brownie Mix or 14-16 oz Frosting, Selected Varieties
3/$5

Cheez-It Snack Crackers
7 oz box, Selected Varieties
2/$6

Kellogg's Special K Cereal
9.6-12.9 oz pkg, Selected Varieties
$3.99

Old Orchard Juice Blends
64 oz btl, Selected Varieties
$2.99

Chef Boyardee Pasta
14.5-15 oz pkg, Selected Varieties
3/$5

Kraft Mac & Cheese or Velveeta Shells & Cheese Microwave Cups
8 ct pkg, Selected Varieties
$8.49

Maruchan Instant Lunch
2.25 oz pkg, Selected Varieties
5/$3

Rao's Pasta Sauce
15-24 oz jar, Selected Varieties
$6.99

Chi-Chi's Salsa
16 oz jar, Selected Varieties
$2.99

Homestyle Rice Krispies Treats
6 ct pkg
$3.99

Nature Valley or Fiber One Granola, Crunchy Dipped or Muffin Bars or General Mills Cereal Bars
5.76-8.94 oz box, Selected Varieties
$2.99

Kellogg's Pop-Tarts
12 ct box, Selected Varieties
$4.49

Betty Crocker Bottle Decors
1.75-2.3 oz btl, Selected varieties
$1.99

Kellogg's Scooby-Doo Graham Snacks
11 oz box, Selected Varieties
$3.99

Hershey's Syrup
22-24 oz btl, Selected Varieties
$4.99

Gerber Graduates or Lil' Crunchies
1.48 oz pkg, Selected Varieties
2/$5

MIO Liquid Water Enhancer
3.24 oz pkg, Selected Varieties
$5.99

PLU 1250 | REDEEMABLE COUPON | VALID: 05/03/26-05/09/26 | RV00100

Hershey's Baking Chips
8-12 oz pkg, Selected Varieties
2/$7
With Coupon, MUST BUY 2

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES

012500

READY For FISHING

Essential Everyday Cooking Oil
40 oz btl, Selected Varieties
$3.99

Essential Everyday Panko Bread Crumbs
8 oz pkg
$1.69

Essential Everyday Mayonnaise
15 oz jar
$2.99

Essential Everyday Tartar Sauce
12 oz btl
$1.99

Orville Redenbacher's Microwave Popcorn
6-12 ct box, Selected Varieties
$3.99

Pearson's Nut Roll Bite Size
11 oz pkg
$5.99

Shore Lunch Breading & Batter Mix
6-9 oz pkg, Selected Varieties
$2.99

Egg Beaters Real Egg Product
15-16 oz ctn, Selected Varieties
$3.99

Nabisco Chips Ahoy! Cookies
7-13 oz pkg, Selected Varieties
2/$6

Frito Lay Cheetos, Fritos, Funyuns or Tostitos Salsa
6.5-9 oz Cheetos 9.25-10 oz Fritos, 5.25-6.5 oz Funyuns or 15.5 oz Salsa, Selected Varieties
2/$7

Essential Everyday Click 'n Lock Storage or Freezer Bags
28-48 ct pkg, Selected Varieties
$2.99

Essential Everyday Sandwich Bags
30-50 ct pkg, Selected Varieties
2/$3

BAKERY

Gregory's White or Wheat Bread
16 oz pkg
$2.99

Clyde's Donut Holes
12 oz pkg, Selected Varieties
$2.99

Two-Bite Brownies
10.5 oz pkg
$4.99

Angel Food Cake Ring
10 oz pkg
$4.99

DELI

President Brie Wheel
8 oz pkg
$6.99

Jongquist Fiesta Taco Dip
12 oz pkg
$3.99

Red Apple Cheese
7-8 oz pkg, Selected Varieties
$5.49

Kristian Regale Sparkling Beverage
25.4 fl oz btl, Selected Varieties
$5.49

FALTR RCS FARGO CLR 0503_SV_FARGO_PG2_FINAL

DAIRY

Essential Everyday Natural Sliced Cheese
6-8 oz pkg,
Selected Varieties
$2.88

Silk Almond Milk
64 oz ctn,
Selected Varieties
$3.99

International Delight Coffee Creamer
32 oz btl,
Selected Varieties
$3.99

Essential Everyday Singles
12 oz pkg,
Selected Varieties
$2.99

Pillsbury Cookie Dough
16-16.5 oz pkg,
Selected Varieties
$3.99

FROZEN

Essential Everyday Vegetables
12 oz pkg,
Selected Varieties
3/$4

Hot Pockets
4 ct pkg,
Selected Varieties
$4.99

Kellogg's Eggo Waffles
8-10 ct pkg,
Selected Varieties
2/$6

Ben & Jerry's Ice Cream or Bars
14.4-16 oz or 4 ct Bars,
Selected Varieties
2/$9

Essential Everyday Asian Appetizers
5-12.2 oz pkg,
Selected Varieties
$3.99

Totino's Pizza Rolls
50 ct pkg,
Selected Varieties
$4.99

Stone Ridge Creamery Sundae Cones
8 ct pkg,
Selected Varieties
$7.49

HEALTH & BEAUTY

Dove Shampoo or Conditioner
12 oz btl,
Selected Varieties
$4.99

Equaline Mouthwash
16.9 oz btl,
Selected Varieties
$2.99

Speed Stick or Lady Speed Stick Deodorant
2.3-3 oz pkg,
Selected Varieties
2/$5

Equaline Adhesive or Premium Bandages
10-40 ct pkg,
Selected Varieties
$1.99

Equaline Omeprazole Acid Reducer
14 ct box,
Selected Varieties
$4.99

AROUND THE HOME

Tide Laundry Detergent
117-132 oz btl Liquid or 76 ct Pods,
Selected Varieties
$19.99

Angel Soft Bath Tissue
4 ct Mega Rolls
$4.49

Cascade Dishwashing Detergent
19-33 ct pkg,
Selected Varieties
$9.99

Essential Everyday Facial Tissue
160 ct box
$1.99

MEAT

Angus Farms Boneless Bottom Round Steak
USDA Choice Angus Beef
$6.99 lb

Angus Farms Boneless Rump Roast
USDA Choice Angus Beef
$6.79 lb

Gold'n Plump Chicken Leg Quarters
Fresh
$1.59 lb

Boneless Center Cut Pork Loin Roast
Fresh
$2.49 lb

Pork Spare Ribs
USDA Inspected
$2.99 lb

Arctic Shores Jumbo Cooked Shrimp
16 oz pkg, 31-40, Tail-On
$9.99

Bob Evans Side Dishes
12-24 oz pkg.
Selected Varieties
$4.49

Simek's Entrées
32 oz pkg.
Selected Varieties
$9.99

Wholestone Marinated Pork
19.2-24 oz pkg.
Selected Varieties
$6.49

Hormel Ground Pork Chub
1 lb pkg.
Fresh Pork
$3.49

Armour Meatballs
14 oz pkg.
Selected Varieties
$3.99

Johnsonville Breakfast Links, Patties, or Ground Sausage
12-16 oz pkg.
Selected Varieties
$4.49

Cloverdale Sliced Bacon
16 oz pkg.
Selected Varieties
$5.99

Ambassador Natural Casing Wieners
9.75-15 oz pkg.
Selected Varieties
$4.99

Buddig Original Thin Sliced Lunch Meat
2 oz pkg.
Selected Varieties
5/$5

Just Bare Breaded Chicken
24 oz pkg.
Selected Varieties
$11.99

Essential Everyday Boneless Skinless Chicken Breasts
3 lb pkg. Individually Quick Frozen
$9.99

No Name Salmon Fillets
10 oz pkg.
Selected Varieties
$11.99

PRODUCE

English Cucumbers
Fresh
2/$3

Del Monte Pineapple
Sweet
$3.49 ea

Fresh Express Green and Crisp Romaine Iceberg or Premium Romaine
9-11 oz pkg. Selected varieties
$2.29

On The Vine Tomatoes
Ripe
$2.29 lb

Dole Romaine Hearts
3 ct pkg
$3.49

Bolthouse Baby Cut Carrots
1 lb bag
$1.29

Champs Sliced or Caps Portabella Mushrooms
6 oz pkg
2/$6

Bouquets Available at Participating Stores

Pepsi Products
12 pk 12 oz cans,
Selected Varieties
2/$15

Pure Leaf Tea
6 pk 16.9 oz btls,
Selected Varieties
$5.99

Bubbl'r Sparkling Water
6 pk 12 oz cans,
Selected Varieties
2/$13

American Bottling Products
2 ltr btl,
Selected Varieties
2/$4

Country Hearth Kids' Choice Bread
20 oz loaf
White or Whole Grain
$3.59

Barrel 'O Fun Potato Chips
7 oz bag
2/$5

Cass Clay Swiss Chocolate Milk
Gallon
$6.99

Kemp's Ultra Pasteurized Half and Half
qrt
$3.49