

ATL\_NS

**Verified Price Guarantee**

**LOWEST PRICE** on select flyer items or automatically receive the difference in Scene+ points\*

\*Conditions apply. See sobeys.com for details.

# Sobeys



**Verified**  
**3.49** /lb

Boneless Pork Sirloin Chops Family Size or Roasts or Fresh Pork Side Ribs breast bone removed 7.69/kg

**Verified**  
**11.88** /lb

Fresh Boneless Striploin Premium Oven Roast or Family Size Grilling Steak cut by your meat expert from Australian graded beef while supplies last 26.19/kg

Surf & Turf



**Verified**  
**11.99** /lb

CHOOSE CANADIAN SEAFOOD

Live Market Lobsters product of Atlantic Canada subject to availability 26.43/kg



**Verified**  
**11.99** MEMBER PRICING

MEMBERS SAVE \$2  
13.99 without Scene+ Card

COMPLIMENTS Value Size Breakfast or Dinner Pork Sausages or Thick Cut Bacon 1-1.4 kg, MAPLE LEAF or SCHNEIDERS Hams 600-700 g or SUNRISE Bologna 2 kg

We will steam your lobster - just ask us!

**Verified**  
**2.99** /lb



Asparagus product of Atlantic Canada 6.59/kg

FIRST OF THE SEASON

**Verified**  
**7.99**



Large Watermelon product of USA or Mexico no 1 grade 15 lb average

LARGE 15 LB AVERAGE



**Verified**  
**4.94**

HÄAGEN-DAZS Ice Cream 400-450 mL or Novelties 3-4 pk selected



**Verified**  
**3.99**

CHRISTIE Family Size Cookies selected 303-520 g, OREO Cakesters 285 g or RITZ Minis 226-280 g



**Verified**  
**2.47**

DEMPSTER'S Holsum White or Whole Wheat, Texas Toast or Sandwich Bread 570-675 g or Hot Dog or Hamburger Buns 8 pk

200 PTS when you buy 4



**Verified**  
**5.47**

KELLOGG'S Family Size Cereal 450-650 g, GENERAL MILLS Family Size Cereal 516-778 g



**Verified**  
**5.97**

CRACKER BARREL Cheese 340-400 g, Shreds 250-320 g or BLACK DIAMOND Cheestrings 12-16 pk



**Verified**  
**2.75**

LAY'S Potato Chips 200-235 g

300 PTS when you buy 4

**Verified**  
**2.88**

VH Sauces 341-380 mL selected

Scan here for our full digital flyer  
so many deals



See the full flyer at [sobeys.com](http://sobeys.com), in the Sobeys app, or sign up for email to stay in the loop.

\*Verified Prices. For a limited time only. If a brick and mortar supermarket competitor offers a lower price on an identical product, upon purchase of that product, you will automatically receive the difference in Scene+ points. Scene+ digital or physical card must be presented at time of transaction. Only applies to products in flyer marked with the Verified Prices icon. Does not apply to competitor errors or competitor promotions. No cash value. Valid at participating Sobeys stores for the weekly flyer period. Program subject to change without notice. Visit [www.sobeys.com/verified-prices](http://www.sobeys.com/verified-prices) for additional details.

Happy Victoria Day!

Prices and offers in effect May 2026  
Nova Scotia

Victoria Day May 18th  
Please check your local store or online for holiday hours.  
THU 14 FRI 15 SAT 16 SUN 17 MON 18 TUE 19 WED 20

ATL\_NS\_NB\_PEI

# Long Weekend Celebration

Victoria Day May 18th



**14.99** without Scene+ Card  
COMPLIMENTS, JACK ASTOR'S or BELMONT Burgers 678-907 g



**2.99** without Scene+ Card  
COMPLIMENTS ORGANIC Whole White or Cremini Mushrooms product of Canada 227g



**\$3** without Scene+ Card  
KRAFT BBQ Sauce 455 mL



**1.27** without Scene+ Card  
COMPLIMENTS Sparkling or Fizzy Flavoured or Unflavoured Water 503 mL-1 L



**9.49** without Scene+ Card  
COCA-COLA or PEPSI Soft Drinks 12x355 mL

# Scene

## TURN POINTS INTO GROCERIES



200 PTS when you buy 2

3<sup>99</sup>

SUNRISE Sliced Bologna 375 g, MAPLE LEAF, SCHNEIDERS or LARSEN Wieners 375 g or MINA Chicken Wieners 675 g



300 PTS when you buy 2

6<sup>99</sup>

FIELD ROAST Plant-Based Frankfurters or Sausages assorted 340-368 g



150 PTS when you buy 2

2/\$7

MOTT'S Clamato or Garden Cocktail or NESTEA Iced Tea 1.89 L



That's like \$5 toward your groceries

500 PTS when you buy 4

2<sup>77</sup>

QUAKER Dipps or Chewy Granola Bars 120-156 g



200 PTS when you buy 1

28<sup>99</sup>

PAMPERS Super Pack Diapers 42-116 pk

1,000 Points = \$10 of free groceries

**100% fresh GUARANTEE** **Guaranteed fresh or your money back**

**3.49** /lb

COMPLIMENTS Fresh AIR-CHILLED Whole Chicken or Fresh Chicken Legs back attached 7.69/kg

**BUY 2 GET 3RD FREE** of equal or lesser value

JOHNSONVILLE Breakfast, Dinner or Smoked Pork Sausage 250-500 g

Get **400 PTS** When you buy 2  
OR  
Get **800 PTS** When you buy 3 or more

14" Take & Bake Pizza 715-890 g

**READY FOR YOU**

**10.99** MEMBER PRICING

**13.99** without Scene+ Card

MAPLE LEAF PRIME Raised Without Antibiotics Breaded Chicken or Wings or SCHNEIDERS Breaded Chicken 450-700 g

**3.49** /100 g

PANACHE Black Forest, Sugarbush Maple Ham or Oven Roasted Chicken

**SLICED FRESH**

**5.99**

WONDERFUL Pistachios selected 200-225 g

**WE'RE FULL OF compliments**

**300 PTS** when you buy 2

**\$6**

COMPLIMENTS Oranges product of Israel 1.36 kg 3 lb bag

**6.99**

COMPLIMENTS Apple, Apple Crumble or Pumpkin Pie 650-750 g or Crumb Cakes 465 g

**\$8**

**\$22**

COMPLIMENTS Cooked Shrimp in Ring with Sauce 255-737 g assorted

**200 PTS** when you buy 2

**3.99**

COMPLIMENTS Cranberry or Ruby Red Cocktail 1.89 L

**2.99**

**200 PTS** when you buy 3

COMPLIMENTS Syrup 750 mL or Pancake Mix 905 g, Instant Oatmeal 260-344 g or Quick Oats 1 kg

**4.99**

**200 PTS** when you buy 2

COMPLIMENTS Peanut Butter 1 kg, Honey Bear 375 mL or Jam 375-500 mL

**2.99**

COMPLIMENTS Cooking Spray 141-170 g

**4.77**

CRACKER BARREL Cheese Slices 200-240 g or Snacks 168 g

**4.99**

TROPICANA Orange Juice or Juice Blends selected 1.36 L

**2.99**

CLOVER LEAF Albacore White Tuna 170 g

**8.99**

HERSHEY'S S'mores Kits 578-651 g, MR. FREEZE, CRUSH, POPSICLE or DR PEPPER Jumbo Freezies 27 pk while supplies last

**3.49**

DEMPSTER'S Bagels selected 5-6 pk (excludes Protein Bagels)

**2/\$5**

DARE Bear Paws or Wagon Wheels 168-360 g or Veggie Crisps 100 g, CHRISTIE Mini Cookies 144-200 g or PEPPERIDGE FARM Goldfish Crackers or Crisps 156-227 g

**35.99**

TIM HORTONS Single Serve Coffee Pods 48 pk

**6.99**

ROYALE Bathroom Tissue 9-12=24 rolls, Paper Towel 3=6 rolls or Facial Tissue 6 pk

**19.99**

FINISH Dish Tabs 60-105 pk

**100 PTS** when you buy 2

**\$3**

COLGATE Total or Optic White Toothpaste or Toothbrushes 70-150 mL or 3 pk selected

**90¢**

PURINA Friskies or Fancy Feast Wet Cat Food 85-156 g

**SPEND \$125 OR MORE ON GROCERIES, GET**

**Scene+ SPEND & GET 1,000 PTS**

**That's like \$10 toward your groceries**

Valid Thursday, May 14 - Wednesday, May 20, 2026

**DON'T FORGET YOUR COUPON**

Offer also available on the Sobeys app

0 61926 86707 8

Offer valid May 14 to May 20, 2026 at all Sobeys locations in Atlantic Canada. Receive 1,000 Scene+ points when you spend a minimum qualifying purchase of \$125 in a single transaction. No base Scene+ points earned. Printed or digital coupon and Scene+ digital or physical membership card must be presented. Spending \$125 or more awards only one 1,000 Scene+ points allotment. Offer can be redeemed by flyer coupon or through My Grocery Offers. Offer excludes taxes and other goods and services which are non-discountable or excluded by law or as we determine from time to time. Limit of one basket builder offer per Scene+ membership card per visit. Coupon has no cash value and cannot be combined with any other offers. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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# Get fired up for summer!



**4<sup>99</sup>**

Sweet Snaps Peppers product of Canada 340 g or Mini Sweet Peppers product of Mexico or Canada 454 g 1 lb

We offer cored or whole pineapples for the same price

**4<sup>99</sup>**

Whole or Cored Pineapple product of Costa Rica



**2<sup>99</sup>**

Mini Cucumbers product of Canada Canada no 1 grade 6 pk



**9<sup>99</sup>**

COMPLIMENTS Salads 1.7-1.81 kg



**6<sup>99</sup>**

CASTELLO Havarti Blocks 170-200 g or Slices 145-165 g



**1<sup>25</sup>**

In-Store Marinated Raw Shrimp Skewers previously frozen 45 g



READY FOR YOU

Try our new AI Pastor Flavour!



**6<sup>99</sup>**

Prepared In-Store Cooked or Raw Garlic Shrimp Grillers previously frozen 280 g



## Long Weekend Essentials



**2/\$9**

MISS VICKIE'S Kettle Chips 190-200 g



**15<sup>99</sup>**

CADBURY Mini Eggs 700 g or MAYNARDS Candy 90 pk while supplies last



**3<sup>29</sup>**

COMPLIMENTS Mini Light Ice Cream Bars 6 pk selected



**2/\$9**

CHEETOS 170-285 g



**3<sup>99</sup>**

HELUVA GOOD! Dip 250 g



**2<sup>99</sup>**

FRUITE Juice 1.36-1.54 L or FRUITOPIA 1.75 L



**6<sup>99</sup>**

PROPEL Water 6x500 mL



**4<sup>99</sup>**

SMUCKER'S Ice Cream Toppings assorted 428 mL

## Here comes the sun!

Garden Centre locations now open



**14<sup>99</sup>**

Premium Annual Planter 8" grown in New Brunswick



**16<sup>99</sup>**

Lilium or Lavender in Décor Pot grown in Canada



**24<sup>99</sup>**

Window Box Annual Planter 15" grown in New Brunswick



BUY MORE SAVE MORE

**34<sup>99</sup>**

Premium Jumbo Hanging Basket or Planter 13" grown in New Brunswick 37.99 ea



**2/\$46**

Boston Fern Hanging Basket 10" grown in Canada



**19<sup>99</sup>**

Premium Annual Bowl grown in New Brunswick

Give them more with the Grocery Essentials Card



Visit [sobeys.com/giftcards](https://sobeys.com/giftcards) for details



**200 PTS**  
when you spend \$20 or more

**8.99**  
/lb

READY FOR YOU

Fresh Premium Cheesy, Portabella Mushroom & Mozzarella, Bacon & Cheddar or Jalapeno & Cheddar Medium Ground Chuck Beef Burgers 19.82/kg



**\$6**  
ea when you buy 2 or more

COMPLIMENTS Extra Lean Ground Chicken or Extra Lean Minced Turkey 450 g 7.49 ea

# Build a better burger!



**6.99**  
DAILY'S Bacon 375 g



BAKED IN STORE

**\$5**  
Sourdough Buns 4 pk 315-345 g

Made with 100% Canadian flour



BAKED IN STORE

**\$5**  
Gourmet Cheese Hot Dog or Burger Buns 8 pk



**3.99**  
GOODLEAF Microgreens 50 g or Lettuce Blends 113 g product of Canada



**4.77**  
CRACKER BARREL Cheese Slices 200-240 g



**100 PTS**  
when you buy 2

**3.99**  
COMPLIMENTS Deluxe Hamburger or Sausage Buns 6-12 pk



**9.99**  
BBQ PIT BOYS Seasonings 240-408 g or SZN Burger Binders or Seasonings & Spices 220-360 g



**2.99**  
FRENCH'S Flavoured Mustards 325 mL or Yellow Mustard Squeeze 550 mL



**2.99**  
COMPLIMENTS Flavoured Mayo or Burger Sauce 300 mL or Whipped Dressing 445 mL



**4.99**  
FRENCH'S Ketchup 750 mL



**5.49**  
FRENCH'S Crunchy Toppers 170 g



**4.99**  
COMPLIMENTS Pickles 1 L



**3.49**  
ea when you buy 2 or more  
SWEET VALLEY Vegetables or Herbs 3.5" grown in New Brunswick 3.79 ea



**3.99**  
ea when you buy 2 or more  
Assorted Annuals 4" grown in New Brunswick 4.99 ea



**11.99**  
ea when you buy 2 or more  
Annuals 6 pk grown in Canada 12.99 ea



**2/\$24**  
Assorted Perennials, Boxwood or Hostas 1 gallon grown in Canada selection may vary by store



**7.50**  
ea when you buy 2 or more  
COMPLIMENTS Mega Soil 50 L 8.49 ea



**\$4**  
ea when you buy 2 or more  
COMPLIMENTS Cedar Mulch 42.5 L selection may vary by store 4.49 ea

Scene GET PERSONALIZED OFFERS ON PRODUCTS YOU'LL LOVE.

Visit [Sobeys.com/offers](http://Sobeys.com/offers) or the Sobeys app.

# So much value



**2<sup>27</sup>** /lb  
Vidalia Onions or Sweet Potatoes product of USA no 1 grade 5.00/kg

**8<sup>99</sup>** /lb  
Fiddleheads product of Canada 19.82/kg

**2<sup>99</sup>**  
Boston Lettuce In Soil product of Canada

**100 PTS** when you buy 4  
**4/\$4**  
Large Lemons product of South Africa or Limes product of Colombia or Brazil

**5<sup>99</sup>** /lb  
Rhubarb product of Ontario 13.21/kg

**3<sup>99</sup>**  
Raspberries product of USA or Mexico 170 g

**PRICE LOCK**  
**\$4**  
THE LITTLE POTATO CO. Kits product of Canada, Canada no 1 454 g

**680g**  
**7<sup>99</sup>**  
Medley Tomatoes product of Canada or Mexico 680 g

**3<sup>49</sup>** /lb  
Green Peppers product of USA or Mexico 7.69/kg

**2<sup>88</sup>**  
Spinach Bunch product of Mexico

**PRICE LOCK**  
**\$4**  
Large Cantaloupe product of USA or Guatemala no 1 grade

**100 PTS** when you buy 3  
**2/\$5**  
Red Mangoes product of Mexico

**2<sup>47</sup>** /lb  
Granny Smith Apples product of USA extra fancy grade 5.45/kg

**2<sup>47</sup>** /lb  
Bosc Pears product of USA extra fancy grade 5.45/kg

**7<sup>49</sup>**  
BELLEISLE FARMS Coleslaw product of Atlantic Canada 227 g

**200 PTS** when you buy 2  
**5<sup>99</sup>**  
COMPLIMENTS Baby Spinach or Spring Mix product of USA 312 g

**READY FOR YOU**  
**BUY 1 GET 2ND** of equal or lesser value  
**25% OFF**  
Prepared Fresh Daily Taco or Guacamole Dip or Pineapple Salsa assorted sizes

**READY FOR YOU**  
**2/\$24**  
Prepared Fresh Daily Fruit or Vegetable Carousel 900 g-1.3 kg

**PRICE LOCK**  
**\$8** /lb  
Sugar Mangoes product of Colombia 17.64/kg

**Global Market**  
**2/\$5**  
Bulk Persimmon product of Spain

**100 PTS** when you buy 1  
**1 LB**  
**6<sup>99</sup>**  
Organic Lemons product of USA 454 g 1 lb bag

**ORGANIC**  
**5<sup>99</sup>** **200 PTS** when you buy 2  
COMPLIMENTS ORGANIC Mushroom Caps product of Canada 170 g

**4<sup>99</sup>**  
TRADITION Lemonade selected 2.25 L

**PRICE LOCK**  
**\$6**  
FIELD ROAST Plant Based Burgers 184 g

**4<sup>99</sup>**  
COMPLIMENTS Candies selected 350-400 g

**100 PTS** when you buy 2  
**5<sup>99</sup>**  
COMPLIMENTS Peanuts selected 425-500 g

## floral

Available at most stores

**100 PTS** when you buy 1  
**11<sup>99</sup>**  
Assorted Blooming in Linen Pot 4.5" grown in Canada

**2/\$20**  
Vitality Foliage Collection 4.5" grown in Canada

**22<sup>99</sup>**  
Glorious Day Bouquet grown in Canada

**500 PTS** when you buy 1  
**37<sup>99</sup>**  
Springtime Glow Bouquet

Give them more with the Grocery Essentials Card

Visit [sobeys.com/giftcards](http://sobeys.com/giftcards) for details



**9.99** /lb  
Fresh Boneless Top Sirloin Premium Oven Roast or Family Size Steaks cut by your meat expert from Australia graded beef while supplies last 22.02/kg



**11.99** /lb  
Fresh Boneless Sirloin Tip Oven Roast or Family Size Marinating Steak cut by your meat expert from Canada AAA grade beef 26.43/kg



**20% off** HAYTER'S FARM Turkey Products selected varieties



**250 PTS** when you spend \$15 or more  
**3.99** /lb  
Fresh Pork Shoulder Blade Roasts or Steak Family Size or Fresh Pork Shoulder Picnic Roast hock removed 8.80/kg



**400 PTS** when you buy 1  
**5.99** /lb  
Fresh Whole Skinless Pork Belly cryovac 13.21/kg



**6.99** /lb  
**500 PTS** when you buy 1  
Fresh Medium Ground Beef Chuck available only in 5 lb tube 15.41/kg



**13.99** /lb  
Seasoned Lamb Chops Greek spices & lemon or provencal herbs 30.84/kg



**BUY MORE SAVE MORE**  
**\$6** ea when you buy 2 or more  
COMPLIMENTS Lean Ground Pork, LAMB TONIGHT Lean Ground Lamb, JOHNSONVILLE Sausage Meat, NOBLE Premium Lean Ground Bison or FONTAINE Lean Ground Veal 226-454 g starting at 6.99 ea



**5.88** /lb  
Grade A Duck frozen 12.96/kg



So Ready for the Grill

Made with medium chuck ground beef and SZN all dressed seasoning



**8.99** /lb  
**200 PTS** when you spend \$20 or more  
Fresh All Dressed Seasoned Medium Ground Chuck Beef Burgers 19.82/kg



**10.99** /lb  
Fresh Boneless Skinless Chicken Breast or Thigh Kabobs with Vegetables 24.23/kg

**5.99** /lb  
Fresh Pork Tenderloin Kabobs with Vegetables 13.21/kg



**250 PTS** when you spend \$25 or more  
**19.99** /lb  
Fresh Beef Kabobs with Vegetables cut by your meat expert from Canada AAA grade beef 44.07/kg

quick & easy



**100 PTS** when you buy 2  
STARTING AT **3.49**  
COMPLIMENTS Sliced Meats 175 g selected



STARTING AT **6.99**  
LOU'S Bacon or Entrées 375-400 g



STARTING AT **12.99**  
COMPLIMENTS Marinated Pork Loin Roast or Pulled Pork 800-900 g



**16.99**  
SCHNEIDERS Smokies 900 g



**9.99** when you buy 2  
**300 PTS** when you buy 2  
IMPOSSIBLE FOODS Plant-Based Burger Simulated Meat Pack 340 g



**400 PTS** when you buy 2  
**15.99**  
COMPLIMENTS Breaded Chicken 1.47-1.5 kg



**BUY 2 GET 3RD FREE** of equal or lesser value  
COMPLIMENTS or PANACHE Chicken Wings, Meat Appetizers, Meatballs, Egg Rolls or Spring Rolls 252-800 g



**MIX & MATCH**

**GET TO FREE GROCERIES FASTER** when you scan your Scene+ membership card and pay with your Scotiabank Scene+ Visa Card.



\*1,000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1,000. \*Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply. See full list of participating merchants across Canada at Scotiabank.com/participatingstores. \*Visa Int. /Licensed user.

# seafood

**4<sup>99</sup>** **150 PTS**  
when you buy 3 portions

Fresh Atlantic Salmon Portions plain or in-store marinated product of Canada 113 g

**4<sup>99</sup>**

CATCH OF THE DAY Breaded or Battered Fish 350 g

**11<sup>99</sup>** /lb

Haddock Fillets frozen 26.43/kg

**\$23**

OCEAN JEWEL Pacific White Shrimp cooked 50-70 ct per lb 908 g

# Bring on the Grill

**10<sup>99</sup>**

PANACHE Herb & Garlic Shrimp 340 g

**7<sup>99</sup>**

CEDAR BAY Planked Atlantic Salmon applewood orange or hickory maple 141 g

**12<sup>50</sup>**

OCEAN JEWEL Raw Shrimp Skewers 10 pk 454 g

**11<sup>99</sup>**

TRUE NORTH Delicious Salmon Burgers 568 g

# bakery

**14<sup>99</sup>**

Single Layer made with KitKat® Dessert Cake 516 g

**5<sup>99</sup>**

Danish made with KitKat® 4 pk 375 g

**12<sup>99</sup>**

Cheesecake made with KitKat® 6" 626 g

**6<sup>99</sup>** **7<sup>49</sup>**  
MEMBER PRICING without Scene+ Card

Gourmet Cookies made with KitKat® 6 pk 410-475 g

**5<sup>99</sup>** ea when you buy 2 or more

COMPLIMENTS Pecan or Raisin Butter Tarts 510 g 6.99 ea

**4<sup>99</sup>** **100 PTS**  
when you buy 2

Tea Biscuits 6 pk 335-350 g

**7<sup>99</sup>** **100 PTS**  
when you buy 2

Gourmet Cinnamon Buns plain or with cream cheese icing 4 pk 690-750 g

# deli & kitchen

**6<sup>99</sup>** **7<sup>49</sup>**  
MEMBER PRICING without Scene+ Card

COMPLIMENTS Natural Ingredients Sliced Meats selected 175 g

**4<sup>29</sup>** /100 g

PANACHE Oven Roasted Turkey assorted

**6<sup>99</sup>**

SAN DANIELE Prosciutto selected 100 g

**7<sup>99</sup>** **100 PTS**  
when you buy 2

ENTREMONT Brie or Camembert 227 g, KERRYGOLD 198 g, AGROPUR Grand Cheddar 2-3 yr 200 g, OKA 190 g or MANCHEGO 150 g

**6<sup>79</sup>** **100 PTS**  
when you buy 3

TRE STELLE Feta, Halloumi, Bocconcini or Feta Cubes 200 g, Grated Parmesan 125 g, Crumbled Feta 150 g or Ricotta 400-475 g

**2<sup>99</sup>** /100 g

BRANDT Kolbassa Coil

**\$2** **\$3**  
MEMBER PRICING without Scene+ Card

Handheld Savoury Pastries spinach & feta, bacon & egg or other select varieties 76-95 g available chilled

**4<sup>29</sup>** **200 PTS**  
when you buy 2

SUMMER FRESH Dips, Hummus, Queso or Salsa 200-227 g

**2<sup>99</sup>** ea when you buy 2 or more

SUMMER FRESH Snack'n Go Hummus 118 g 3.49 ea

**10<sup>99</sup>**

OLIVIERI Pasta or Skillet Gnocchi 520-700 g



Ready when you are quick and easy!

**7<sup>99</sup>**

Deviled Eggs 12 pk



**100 PTS**  
when you buy 1

**8<sup>99</sup>**

2 Pack Mixed Deli Meat Subs or Select Varieties 430 g

RECIPES, STORIES, TIPS & TRICKS and more, all at Sobeys.com

# drinks & snacks



**8.99**  
MONSTER, REIGN or BANG Energy Drinks 4x473 mL



**6.29**  
FRITO-LAY Value Size Snacks 325-535 g



**2.99** **100 PTS** when you buy 2  
COMPLIMENTS Microwave Popcorn 240-282 g



**2.49** **100 PTS** when you buy 2  
COMPLIMENTS Potato Chips 200 g



**4.49** **200 PTS** when you buy 2  
STARBUCKS Frappuccino or Doubleshot Coffee Drinks 405-444 mL



**4.99**  
WALKER'S Shortbread selected 135-150 g or MCVITIE'S Cookies 300-400 g



**4.99**  
CHRISTIE Family Size Crackers 328-454 g



**4.79**  
OCEAN SPRAY Cranberry Cocktail 1.89 L



**13.99** **100 PTS** when you buy 1  
WERTHER'S ORIGINAL Candy 900 g



**3.29**  
HARIBO Candy 170-175 g



**10.99** **200 PTS** when you buy 2  
NABOB Roast & Ground or Whole Bean Coffee 300-340 g



**3.99**  
KELLOGG'S Special K or Kashi Bars selected 144-200 g

# meal makers



**4.49**  
KELLOGG'S Cereal selected 210-525 g (excludes Family Size)



**3.69**  
MOTT'S Fruitsations 6 pk



**5.99** **100 PTS** when you buy 1  
LOTUS Biscoff Cookie Spread 400 g



**5.49**  
DEMPSTER'S Protein Bagels 5 pk or Protein Tortillas 8.5"



**3.49**  
AYLMER Ready To Serve Soup 540 mL



**3.59**  
MAPLE LEAF Flakes of Ham, Turkey or Chicken 156 g



**3.49**  
LANTIC Sugar Icing, Brown or Yellow 1 kg



**3.99** **200 PTS** when you buy 2  
COMPLIMENTS 7" Tortillas 340 g



**6.99**  
MAZOLA Oil 1.18 L



**2.00** **200 PTS** when you buy 1  
HELLMANN'S Mayonnaise 1.42 L or COMPLIMENTS Value Size Pickles 2 L

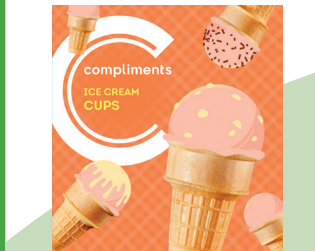


**3.49**  
KRAFT Jet-Puffed Marshmallows 400 g or BETTY CROCKER Frosting selected 340-450 g



**2/\$6**  
TILDA Ready to Heat Rice 250 g

## Here for your budget and lifestyle



**2.99**  
COMPLIMENTS Ice Cream Cones or Cuplets selected 18 pk



**3.49** **100 PTS** when you buy 2  
COMPLIMENTS Fruit Cups 4 pk



**15% off**  
COMPLIMENTS Baking Nuts selected 100 g (excludes Pine Nuts)



**\$2** **100 PTS** when you buy 3  
BEST BUY Baking Mixes 375 g



**1.99**  
COMPLIMENTS Broth 900 mL



**2.29**  
COMPLIMENTS Canned Tomatoes 796 mL or Stewed Tomatoes 540 mL



**12.99**  
COMPLIMENTS Canola Oil 3 L



**4.79**  
COMPLIMENTS Hot Pepper Rings 750 mL or PANACHE Dijon Mustard 500 mL

Scene GET 1,500 PTS FOR EVERY \$100 SPENT IN BOSTON PIZZA GIFT CARDS



Offer valid during May 14 - 20, 2023. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

# frozen & dairy



**4.99**

SCOTSBURN Family Favourites Ice Cream 1.5 L. selected



**4.99**

NANA Frozen Dessert 500 mL, REVELLO or FUDGSICLE Novelties 12 pk selected



**4.99**

TENDERFLAKE Pie Shells, Tart Shells or Puff Pastry 255-397 g or KRAFT Cool Whip Frozen Whipped Topping 1 L



**3.99**

PILLSBURY Toaster Strudel 326 g



**12.49**

SWANSON Oven Easy or Family Skillet Meals 1.19 kg



**7.49** **100 PTS** when you buy 2

DR. OETKER Giuseppe Stuffed Crust or Suprema Pizza 475-771 g



**6.49**

MCCAIN Pizza Pockets 6 pk



**4.49**

GREEN GIANT Riced Veggies or Restaurant Sides 283-340 g or MICHELINA'S Pizza Snack Rolls 496 g



**4.49**

SCOTSBURN, BAXTER, NORTHUMBERLAND or FARMERS Sour Cream 500 mL assortment varies by province



**4.49**

GAY LEA Aerosol Whipped Cream Topping 225 g



**2.99**

I CAN'T BELIEVE IT'S NOT BUTTER! 400-427 g or LACTANTIA Flavoured Butter 125 g



**5.99**

AMOENZA Twists or Stix 228 g or CRACKER BARREL Crumbled Feta 180 g



**4.99** **100 PTS** when you buy 2

NESTLÉ Coffee-Mate Creamer 828-946 mL



**5.49**

SHEPHERD GOURMET Skyr Icelandic Style Yogurt 500 g



**15.99**

SAPUTO Shredded Cheese 1 kg or ARMSTRONG 900 g



**1.99** ea when you buy 2 or more

PILLSBURY Crescent Rolls or Wiener Wraps 200-227 g 2.49 ea

WE'RE FULL OF compliments



**2.99**

COMPLIMENTS Perogies 907 g



**100 PTS** when you buy 2

COMPLIMENTS Flatbread Pizzas 300-310 g



**100 PTS** when you buy 2

COMPLIMENTS Large Omega-3 Eggs or Large Brown Eggs 12 pk



**2.99** **100 PTS** when you buy 2

COMPLIMENTS Cream Cheese or Spread 227-250 g 3.99 ea

# natural health



**4.99**

G.H. CRETORS Popcorn 213-227 g



**5.99**

CROFTER'S Organic Jam 383 mL



**100 PTS** when you buy 2

**2/\$5** CWENCH Sports Drink 500 mL




**3.99**

HUMBLE Rumbles Chips 135 g or SUNRYPE Organic Bites 6x18 g



**8.49** **200 PTS** when you buy 2

ELMHURST Plant-Based Milk or Barista 946 mL



**12.99**

AMY'S KITCHEN Pizza 340-397 g



**6.49**

SILK Protein Beverages 1.75 L



**6.99** **50 PTS** when you buy 1

CARBONAUT Bread 544-550 g, Hamburger or Hot Dog Buns 288-315 g, Tortillas 210-264 g or Pizza Crust 216 g




**5.99** **300 PTS** when you buy 2

METHOD Liquid Dish Soap 473 mL



**200 PTS** when you buy 2

**9.99** KIND 5 pk, Minis or Thins 10 pk



**2/\$7**

PERFECT SPORTS Diesel Whey Protein Bars or HERSHEY'S One Bars 50-60 g



**300 PTS** when you buy 2

**16.99** ONE A DAY Vitamin Gummies 120-130 pk

RECIPES, STORIES, TIPS & TRICKS and more, all at Sobeys.com

# home & pet care



**4.99** ZIPLOC Bags 10-100 pk selected



**4.29** COMPLIMENTS Foil Wrap 50 ft or Heavy Duty 25 ft



**3.49** COMPLIMENTS Summer Napkins 20 pk



**200 PTS** when you buy 1  
**22.99** CASHMERE Bathroom Tissue 24=72 rolls or SPONGETOWELS Ultra Pro Double 8=16 rolls



**6.99** PALMOLIVE EZ-Pump Dish Detergent 828 mL



**4.99** **100 PTS** when you buy 2  
CLOROX Clean-Up or All Purpose Cleaners 946 mL or Bathroom Foam 887 mL



**5.99** GLADE Plug-Ins Scented Oil 1 pk



**6.99** ARM & HAMMER Laundry Detergent 1.42-1.63 L



**8.99** GREENIES Dental Dog Treats 170-228 g



**1.89** BLUE BUFFALO Tasteful Wet Cat Food 155 g



**1.99** PEDIGREE Wet Dog Food 375 g



**100 PTS** when you buy 1  
COMPLIMENTS Cat Litter 7 kg

# health, beauty & baby



**7.99** **100 PTS** when you buy 2  
SENSODYNE Clinical Repair Toothpaste 75 mL selected



**5.99** STARTING AT  
HEAD & SHOULDERS, OLD SPICE or AUSSIE Shampoo or Conditioner 315-475 mL, OLAY or IVORY Body Wash 364-621 mL or SECRET Deodorant 45 g selected



**7.49** TRESSEMMÉ Shampoo, Conditioner or Stylers 180-828 mL or 298-413 g selected



**150 PTS** when you buy 1  
**7.49** STARTING AT  
SOFTSOAP Liquid Hand Soap 1.47 L or HELLO Deodorant 73 g selected



UP TO **20% off**  
GILLETTE, BIC or SCHICK Skintimate or Mach3 Razors or Shave Care 1-15 pk, 75-177 mL or 198-311 g selected



**10.99** STARTING AT  
HEAD & SHOULDERS Classic Clean or Dry Scalp Shampoo 400-835 mL selected



**5.49** STARTING AT  
ALWAYS Pads, Liners or TAMPAX Tampons 10-72 pk selected



**500 PTS** when you buy 2  
**20% off** OMBRELLE Selected Sun Care Products



**78.99** SIMILAC 360 Total Care Ready To Feed Infant Formula 16 pk



**9.99** PEDIASURE Complete 4 pk



**300 PTS** when you buy 1  
**68.99** ENFAMIL A+ NeuroPro Infant Formula Refills 862-890 g



**9.99** PAMPERS Baby Wipes 112-216 pk

# pharmacy

Only available at pharmacy locations. \*Select products only available when a pharmacist is on duty.



**400 PTS** when you buy 2  
**19.99** DEPEND Underwear or POISE Pads selected



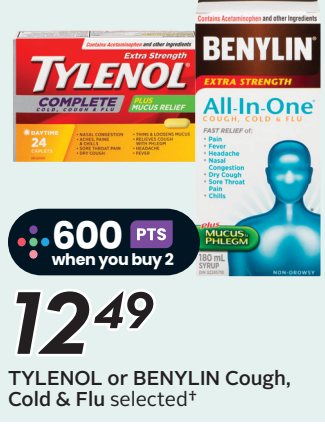
**10% off** **250 PTS** when you buy 2  
BIOTRUE or RENU Twin Pack Contact Solution selected, OCUVITE 50 pk or PRESERVISION 60-120 pk Vitamins selected



**15% off** **600 PTS** when you buy 2  
BAND-AID Premium Bandages or POLYSPORIN Ointment 15 g



**200 PTS** when you buy 2  
**10% off** Children's ADVIL Liquid 24-100 mL or Tablets 20 pk



**600 PTS** when you buy 2  
**12.49** TYLENOL or BENLYN Cough, Cold & Flu selected\*



**600 PTS** when you buy 2  
**14.99** PEPCID Heartburn Relief 25-30 pk

**Need health care or advice? We do that!**

From weight management to diabetes care, pharmacist can help.\*

**360Health** | Sobeys  
PHARMACY & WELLNESS

\*Fee for some services may apply.

**Scene+** JOIN SCENE+ TODAY. [sceneplus.ca/register](http://sceneplus.ca/register)

# Scene+ DIGITAL EXCLUSIVE

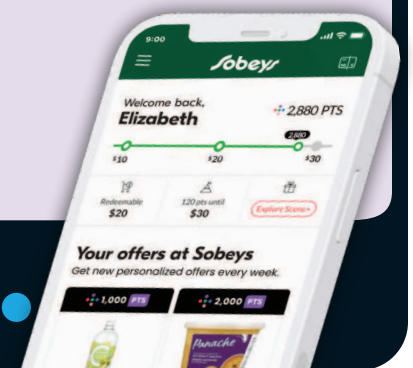
## LOAD IT TO GET IT!

- 1 Download the Sobeys app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the Sobeys app or at [Sobeys.com/offers](https://www.sobeys.com/offers)

Get  
**600** PTS  
when you  
buy 2

WEBBER NATURALS  
Vitamins or Supplements  
selected varieties and sizes



Download on the  
App Store

GET IT ON  
Google Play

Offer valid May 14th to May 20th, 2026 at all Sobeys locations in Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.



# Your destination for variety and value



**3<sup>99</sup>**  
Pomegranates  
product of Peru



**1<sup>99</sup>**  
/lb

Long Squash product of Mexico or Honduras or Red Carrots product of China 4.39/kg



حلال  
Halal

**10% off** SUNGOLD Premium Lamb Loin Chops, Shoulder Steak, Leg Steak or Stew Cubes



**8<sup>88</sup>** EIGHT TREASURES Cooked & Peeled Shrimp 91-120 ct per lb 340 g

**150 PTS**  
when you buy 2

**10<sup>98</sup>**

DAINTY World Classics Basmati Rice 1.6 kg



**16<sup>99</sup>** SHER Desi Style Atta 9.07 kg



**4<sup>49</sup>** TRE STELLE Paneer 300 g



**4<sup>48</sup>**  
THE SPICE TAILOR 3 Step Kits 215-375 mL selected

**1<sup>79</sup>**

MAGGI Masala Noodles Family Pack 280 g



**4<sup>29</sup>**  
SHERBON Mango Juice Drink 2 L



**STARTING AT 2<sup>79</sup>**  
RUBICON Juice 1 L

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

# Stock up on long weekend deals!



**\$3** 150 PTS when you buy 3  
KELLOGG'S Cheez-It Crackers 191-200 g



**3.99**  
HUMPTY DUMPTY Party Mix 250 g or Snacks 200-290 g



**2/\$9** 300 PTS when you buy 4  
TOSTITOS Tortilla Chips 205-300 g



**5.99**  
CHRISTIE HoneyMaid Graham Wafers 400 g



150 PTS when you buy 2  
**2/\$7**  
COMPLIMENTS Lem&Tea or Raspberry Lemonade 1.89 L



100 PTS when you buy 1  
**4.99**  
COMPLIMENTS Lemonade or Iced Tea 2.84 L



BUY MORE SAVE MORE  
**7.25** ea when you buy 3 or more  
CADBURY Singles 33-60 g 1.99 ea



BUY MORE SAVE MORE  
**4.99** ea when you buy 2 or more  
MAYNARDS Large Bag Candy 308-315 g 5.99 ea



**7.99**  
MR. FREEZE No Sugar Freezies 48 pk or TONY'S Chocolonely Chocolate Bar 180 g while supplies last



60 PTS when you buy 1  
**13.99**  
CORONA Cero Alcohol-Free Beer 6x330 mL



**7.49** 50 PTS when you buy 2  
OCEAN SPRAY Sparkling Beverages 6x340 mL



50 PTS when you buy 2  
**\$1**  
BIG 8 Soft Drinks 2 L

# So ready for a Long weekend BBQ



**5<sup>99</sup>** /lb  
PANACHE Flattened Chicken in Various Flavours 13.21/kg



**250 PTS** when you spend \$25 or more  
**19<sup>99</sup>** /lb  
Fresh Boneless Bottom Sirloin Tri Tip Premium Oven Roast or Family Size Grilling Steak cut by your meat expert from Canada AAA grade beef 44.07/kg



**200 PTS** when you buy 1  
**12<sup>99</sup>** /lb  
NAGANO Premium Fresh Pork Loin Hotel Cut Chop 28.64/kg

Made with 100% Canadian Flour



BAKED IN STORE



**3<sup>99</sup>**  
Dinner, Tray or Butter Topped Rolls 12 pk 425-455 g

Made with 100% Canadian Flour

BAKED IN STORE



**100 PTS** when you buy 2  
**4<sup>69</sup>**  
Panini or Calabrese Buns 6 pk 375-480 g

Try our Made with KitKat® Brownie or Brownie Cake for a Limited Time



Place your brownie on the smoker for an extra indulgent treat! Then top with your favourite ice cream

BAKED IN STORE



**2<sup>99</sup>**  
Ciabatta or Artisan Style Baguettes 325-380 g

**BUY 1 GET 1 FREE**  
of equal or lesser value

Brownies 550-585 g or Brownie Cakes 310-390 g



# National Caesar Day

May 14<sup>th</sup>

Add in  
Horseradish  
brine for  
an extra kick!



**2.99**  
HOBBS PICKLES  
90 mL selected

**4.99**

MATT & STEVE'S  
Caesar Mix 1.36 L



**5.49**

MATT & STEVE'S  
Pickle Spears 750 mL



**6.79**

MATT & STEVE'S  
Pickled Asparagus  
500 mL



**4.99**

FRENCH'S  
Worcestershire Sauce  
295 mL



**5.99**

CLUB HOUSE La Grille  
Seasonings 65-248 g or  
Spice Blends selected  
111-203 g



**50 PTS**  
when you buy 2

**2.99**

LOUISIANA  
Hot Sauce 177 mL



# So Local

From Atlantic Canada



Moncton's Pump House Brewery is an award-winning independent brewery known for bold innovation. Since 1999, they've been creating craft favourites, non-alcoholic and seasonal releases.



**Blueberry Ale**

- Blonde, sweet blueberry refresher
- Peppery malts & spicy hops

**Crafty Radler**

- Grapefruit & tangerine soda
- Balanced malt & hops

From New Brunswick

**12<sup>99</sup>**

PUMP HOUSE Non-Alcoholic Crafty Radler or Blueberry Ale 4x473 mL tall cans

**We have 2X as many Canadian-origin products as competing stores\***



\*Sobeys Capital Incorporated and its related conventional and discount banners, offer twice as many Canadian-origin UPC based non-fresh products as compared to leading conventional brick and mortar, drug, online, and discount grocery retailers in Canada according to the latest 12 weeks ending November 15, 2025, using data reported through NielsenIQ's CA-SOBEYS-CROSS CATEGORY database by NielsenIQ's MarketTrack Product Insights. Copyright © 2025, Nielsen Consumer LLC, commissioned by Empire Company Limited. Sobeys calculation based in part on data reported by NIQ through its CA-SOBEYS-CROSS CATEGORY database for Non Fresh | Canadian Origin Stated items for the 12 weeks ending November 15, 2025. Copyright © 2025, Nielsen Consumer LLC.

# World Bee Day

MAY 20, 2026



**8<sup>99</sup>**

BEEMAID HONEY  
500 g



**10<sup>99</sup>**

COMPLIMENTS Honey  
750 g-1 kg



## Tiny Creatures. Big Impact!

Bees do more than make delicious honey. They power our ecosystem by pollinating millions of flowers. That includes pollinating one third of the foods we eat every day!



## Explore New Sweet & Spicy Honey Infusions!

**7<sup>99</sup>**

COMPLIMENTS Hot Honey  
375 g

## Canadian Hive Heroes

Meet Dani Glennie! She's a second-gen beekeeper from Langenburg, Saskatchewan, proudly continuing the work her mother started on their family farm. As a BeeMaid Honey co-op member, Dani specializes in raising nucs and queens to build strong, healthy hives and ensure a successful honey harvest each season.





# Canada's Baby Grocery Store

Big offers for your baby's essentials!

**5.49**  
NESTLÉ Gerbers Cereals 227 g

**\$7** ea when you buy 5 or more  
COMPLIMENTS ORGANIC Baby Pouches 128 mL 1.79 ea

**\$4**  
BABY GOURMET Organic Baby Snacks 40-42 g

**200 PTS** when you buy 1  
**39.99**  
ENFAGROW A+ Powder 907 g

**4.49**  
Q-TIPS Cotton Swabs 400 pk

**22.49**  
HUGGIES Baby Wipes 560-704 pk

**28.99**  
PAMPERS Easy Ups or Ninjamas Super Packs 34-74 pk

**8.99**  
LIVE CLEAN Baby Shampoo & Wash 300 mL

**200 PTS** when you buy 2  
**12.99**  
AVEENO Baby Lotion, Wash & Shampoo 532 mL

**NEW**

**BR**  
BASKIN-ROBBINS

**9.99**

BASKIN-ROBBINS Confectionery Ice Cream 946 mL or Novelties 4x125 mL selection may vary by location

**MADE IN CANADA**

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**Nestlé® Favourites**

**5.99**

NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L, Drumstick or Selected Premium Novelties 4-10 pk selection may vary by location

Your **summer** lineup

**2.99** MINUTE MAID Lemonades 1.75 L

**3.99** MINUTE MAID Zero Sugar Drinks 1.54 L

**4.49** SIMPLY Lemonades 1.54 L

\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less. The trademarks that appear are the property of their respective trademark owners.

**SUPER PREMIUM PLUS** by **CHAPMAN'S**

**3.99**

**200 PTS** when you buy 2

CHAPMAN'S Super Premium Plus Ice Cream 500 mL selection may vary by store location

**WILDLY DELICIOUS** PRESERVE CO. LTD.

**RULE THE GRILL**

**\$5** ea when you buy 2 or more or 6.99 ea

APPLEWOOD & HICKORY SMOKED BBQ SAUCE  
TUMÉE AU BOIS DE CHÊNE ET SAUCE À GRILLADES

SOUVLAKI MARINADE  
LEMON & OREGANO  
CITRON ET ORIGAN

PERI PERI  
CHILI & GARLIC  
CHILI ET AIL

Find Recipes Online [wildlydelicious.com](http://wildlydelicious.com)

**NEW**

**TRY OUR CHIPS FOR FRY LOVERS**

**3.99**

CAVENDISH FARMS Quick Crisp Crinkle Chips 540 g

CAVENDISH FARMS Flavour Crisp Classic Crinkle Cut Fries 650 g

CAVENDISH FARMS Restaurant Style Gourmet Frites 750 g

**WANTA FANTA? COME GET IT.**

**CALL OF DUTY®** **HALO®** **WORLD OF WARCRAFT®**

**XBOX®25**

**E-M** ESRB esrb.org

**NEW**

**100 PTS** when you buy 2

PEPSI Soft Drinks or BUBLY Sparkling Water Mini Cans 6x222 mL

**13.99**

**BUBLY Sparkling Water 24x355 mL**

**new**

**CELSIUS LIVE FIT**

**9.99**

CELSIUS Energy Drinks 4x355 mL

**100 PTS** when you buy 1

**GATORADE Powder Sticks 10 pk**

**NEW!**

**6.99**

**PURE LEAF Iced Tea 6x340 mL any flavour**

**50 PTS** when you buy 1

**Alani NU**

**2/\$6**

ALANI NU Energy Drinks 355 mL

*Tim Hortons*

## Two NEW ways to chill

Tim's® Iced Coffee, Crafted Your Way

TIM HORTONS Ready-to-Drink Black Iced Coffee 1.42 L also available in vanilla or caramel **7<sup>99</sup>**

**NEW!** TIM HORTONS Cappuccino Iced Coffee Syrup 470 mL also available in mocha **7<sup>99</sup>**

© & © Tim Hortons, 2026.

**I ♥ Reese's DAY**  
MAY 18<sup>TH</sup>

SO MANY REESE'S. SO LITTLE TIME.

HERSHEY King Bars assorted varieties 62-85 g **2<sup>19</sup>**

HERSHEY Bagged Chocolate assorted varieties 160-290 g **5<sup>79</sup>**

HERSHEY Single Bars assorted varieties 34-58 g **1<sup>49</sup>**

**200 PTS**  
when you buy any 4 items\*

Offer valid in-store from May 7-20, 2026

**200 PTS** when you buy 2

**3<sup>79</sup>** ea when you buy 2 or more MIO, KOOL-AID or CRYSTAL LIGHT Water Enhancers 48 mL Liquids or Powders 4-10 pk 4.69 ea

\*When you purchase 4 or more of any combination of Dempsters® hot dog and hamburger buns 8pk, Dempsters® breads 570g-675g selected varieties, Mi Tierra™ 280g and Hostess® 178g-231g products in a single transaction.

**New** MADE WITH REAL TEA

**mio** 60% less sugar.\* 100% of the flavour.

**200 PTS** when you buy 2

MIO Iced Tea Powder 540 g **8<sup>99</sup>**

**mio** your water, your way.

**3<sup>79</sup>** ea when you buy 2 or more MIO, KOOL-AID or CRYSTAL LIGHT Water Enhancers 48 mL Liquids or Powders 4-10 pk 4.69 ea

# FROM BREW TO CHILL.

**11<sup>99</sup>** VAN HOUTTE K-Cup® Pods 10-12 pk

**13<sup>99</sup>** VAN HOUTTE Roast & Ground Coffee 340 g

**25<sup>99</sup>** VAN HOUTTE K-Cup® Pods 30 pk

**VAN HOUTTE** REAL. GOOD.

# Sobeys

## Your Wellness, Rewarded

Stock up on your favourites or try something different and get rewarded!



**4/\$10** ANNIE'S Mac & Cheese 149-170 g (excludes Gluten Free, Vegan, or Super! Mac)



**6<sup>99</sup>** NATREL Organic Milk 2 L



**2/\$10** EARTH'S OWN Barista 946 mL



**2/\$6** BLUE DIAMOND Almond Breeze 946 mL



**100 PTS** when you buy 2  
**10<sup>49</sup>** WESCANNA Gluten Free Oats 1 kg



**2/\$6** COVE Organic Kombucha 355 mL



**200 PTS** when you buy 2  
**6<sup>49</sup>** SAMBAZON Bowls berry bliss or superberry 173 g



**100 PTS** when you buy 2  
**7<sup>99</sup>** MID-DAY SQUARES 4 pk



**50 PTS** when you buy 2  
**7<sup>99</sup>** CALIFIA FARMS Organic Almond Beverage 1.4 L



**500 PTS** when you buy 2  
**2/\$40** BIOSTEEL Hydration Powder 16 pk



**150 PTS** when you buy 1  
**10<sup>99</sup>** MUSCLE MILK Protein Shake 4 pk



**3<sup>99</sup>** BAREBELLS Protein Bars 55 g



**15% off** PVL Sports BCAA, Creatine, Domini8 or Glutamine Powders 225-400 g

Prices & offers in effect Thursday, May 14 - Wednesday, May 20, 2026.

\*Scene+ Points and all offers valid from Thursday, May 14 - Wednesday, May 20, 2026. Participating products are those listed in this ad. All products must be purchased in one transaction, excludes taxes, deposits, and other non-discountable items. Redeem at checkout.

# GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with  
the Scotiabank Scene+ Visa Card.\*

APPLY NOW



\*Conditions Apply

